Mid Lancs Cross Country League
at Sefton Park, Liverpool on Saturday 23rd November 2024

Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	3104	Savannah O'Hanlon	Leigh Harriers & Ac	8:00
2	1996	Poppy Baker	Liverpool Harriers & Ac	8:26
3	1841	Teigan Wilcock	Kendal AAC	8:32
4	3037	Holly Coombe	Liverpool Harriers & Ac	8:34
5	200	Cora Alton	Chorley A & T	8:45
6	442	Elsie Duffy	Rossendale Harriers & Ac	8:47
7	3048	Emily Holden	Preston Harriers	8:52
8	2339	Harriet Johns	Preston Harriers	8:52
9	84	Sophie Douglas	Blackburn Harriers & Ac	8:53
10	448	Amalee Morton	Rossendale Harriers & Ac	8:53
11	1998	Caitlin McGuirk	Liverpool Harriers & Ac	8:55
12	1837	Romy Barron	Kendal AAC	8:58
13	1997	Rose Fay	Liverpool Harriers & Ac	9:07
14	201	Amelia Pendlebury	Chorley A & T	9:08
15	661	Ada Cameron	Liverpool Harriers & Ac	9:08
16	2921	Isabella Scanlon	Barrow & Furness Striders	9:09
17	1631	Esme Gamble	Blackpool Wyre & Fylde Ac	9:10
18	1964	Elena Procter	Leven Valley AC	9:10
19	1633	Millie Omahoney	Blackpool Wyre & Fylde Ac	9:16
20	2919	Philippa Pearson	Blackpool Wyre & Fylde Ac	9:16
21	2667	Amelie Roberts	Southport Waterloo Ac	9:22
22	2661	Ava Abrahams	Southport Waterloo Ac	9:24
23	2663	Lily Clare	Southport Waterloo Ac	9:27
24	2920	Maya Zaboklicka	Barrow & Furness Striders	9:27
25	202	Iris Thomson	Chorley A & T	9:27
26	2341	Annie Turner	Preston Harriers	9:28
27	659	Lula Grimes	Liverpool Harriers & Ac	9:29
28	2883	Hannah Nicholls	Wigan & District H & Ac	9:29
29	3050	Lydia Gardiner	Preston Harriers	9:31
30	1632	Alana McMinnis	Blackpool Wyre & Fylde Ac	9:40
31	2000	Nancy Polhill	Liverpool Harriers & Ac	9:46
32	634	Poppy Conley-McQueen	Liverpool Harriers & Ac	9:58
33	2944	Phoebe Burquist	Kirkby Milers AC	10:00
34	81	Pippa Blackburn	Blackburn Harriers & Ac	10:01
35	601	Jacy Jewitt	Barrow & Furness Striders Ac	10:05
36	677	Lucy McNeill	Liverpool Harriers & Ac	10:11
37	445	Ellie Hester	Rossendale Harriers & Ac	10:18
38	1630	Alice Deaville	Blackpool Wyre & Fylde Ac	10:21
39	2072	Hattie Mahood	Liverpool Pembroke Sefton	10:25
40	319	Amelia-Grace Rushton	Clayton-Le-Moors Harriers	10:46
41	317	Zoe Carey	Clayton-Le-Moors Harriers	10:48
42	179	Maya Marshall	Burnley Ac	11:00
43	679	Charlotte Armstrong	Liverpool Pembroke Sefton	11:07
44	1635	Harper Sawbridge	Blackpool Wyre & Fylde Ac	11:42
45	316	Lily Carey	Clayton-Le-Moors Harriers	12:06

Under 11 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	17	—	2 Poppy Baker	4 Holly Coombe	11 Caitlin McGuirk	
2	Preston Harriers	41	—	7 Emily Holden	8 Harriet Johns	26 Annie Turner	
3	Chorley A & T	44	—	5 Cora Alton	14 Amelia Pendlebury	25 Iris Thomson	
4	Rossendale Harriers & Ac	53	—	6 Elsie Duffy	10 Amalee Morton	37 Ellie Hester	
5	Blackpool Wyre & Fylde Ac	56	—	17 Esme Gamble	19 Millie Omahoney	20 Philippa Pearson	
6	Southport Waterloo Ac	66	—	21 Amelie Roberts	22 Ava Abrahams	23 Lily Clare	
7	Clayton-Le-Moors Harriers	126	—	40 Amelia-Grace Rushton	41 Zoe Carey	45 Lily Carey	

Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	1626	Theo Minns	Blackpool Wyre & Fylde Ac	7:25
2	2656	Marcus Larkin	Southport Waterloo Ac	7:35
3	683	Zac Rimmer	Liverpool Pembroke Sefton	7:38
4	196	Ben Maine	Chorley A & T	7:40
5	307	Luca Crawshaw	Clayton-Le-Moors Harriers	7:44
6	2336	Henry Taylor	Preston Harriers	7:45
7	1834	Kit Evans	Kendal AAC	7:49
8	3040	Freddie McDermott	Liverpool Harriers & Ac	7:49
9	313	Harry Lowde	Clayton-Le-Moors Harriers	7:50
10	2655	Thomas Delamere	Southport Waterloo Ac	7:52
11	678	James Smith	Liverpool Harriers & Ac	7:53
12	431	Alexander Ball	Rossendale Harriers & Ac	7:53
13	685	Ivor Holroyd	Liverpool Pembroke Sefton	8:01
14	177	Harry Sutcliffe	Burnley Ac	8:04
15	437	Archie Pilling	Rossendale Harriers & Ac	8:04
16	1994	Alex Bailey-Hall	Liverpool Harriers & Ac	8:06
17	2331	Harry Griffin	Preston Harriers	8:07
18	2947	Patrick Piron	Kirkby Milers AC	8:18
19	2659	Matthew Ndjambula	Southport Waterloo Ac	8:22
20	663	Mohammed Kadar	Liverpool Harriers & Ac	8:25
21	2654	Sam Coughlan	Southport Waterloo Ac	8:27
22	664	Sam Sutton	Liverpool Harriers & Ac	8:28
23	2660	William Paybody	Southport Waterloo Ac	8:34
24	308	Henry Driver	Clayton-Le-Moors Harriers	8:37
25	193	Charlie Benson	Chorley A & T	8:38
26	305	Matthew Bissett	Clayton-Le-Moors Harriers	8:39
27	76	Harry Holden	Blackburn Harriers & Ac	8:44
28	3039	Kian O'Rourke	Liverpool Harriers & Ac	8:47
29	434	Seb Hunt	Rossendale Harriers & Ac	8:48
30	440	Henry Wright	Rossendale Harriers & Ac	8:49
31	1627	Jack Posner	Blackpool Wyre & Fylde Ac	8:49
32	2658	Jack Mainey	Southport Waterloo Ac	8:56
33	662	Forrest Hopley	Liverpool Harriers & Ac	8:56
34	3106	F McOnie-Lownsbrough	Leigh Harriers & Ac	8:56
35	2928	Alexander Parsons	Blackpool Wyre & Fylde Ac	9:00
36	176	Jamie Holder	Burnley Ac	9:02
37	439	Elliott Sanderson	Rossendale Harriers & Ac	9:05
38	1685	Ezra Nuttall-Andoh	Chorley A & T	9:07
39	2657	Harvey Lloyd	Southport Waterloo Ac	9:12
40	346	Max Singleton	Hyndburn Ac	9:16
41	312	George Lowde	Clayton-Le-Moors Harriers	9:22
42	555	Ellis Mitchell	Trawden Athletic Club	9:28
43	1624	Grayson Glickman	Blackpool Wyre & Fylde Ac	9:29
44	2924	Elliot Scanlon	Barrow & Furness Striders	9:32
45	2923	Arlo Meacock	Barrow & Furness Striders	9:39
46	697	Logan Child	Preston Harriers	9:40
47	310	Eli Heys	Clayton-Le-Moors Harriers	9:50
48	660	Sonny Jones	Liverpool Harriers & Ac	9:53
49	2189	Benjamin Nield	Lytham St Annes Rr Club	9:54
50	2187	Arthur May	Lytham St Annes Rr Club	9:55
51	433	Laith Corbishley	Rossendale Harriers & Ac	9:55
52	2334	Archie Moffatt	Preston Harriers	10:00
53	347	Theo Singleton	Hyndburn Ac	10:03
54	684	William Caddick	Liverpool Pembroke Sefton	10:05
55	1684	Ted Cartwright	Chorley A & T	10:07

Under 11 Boys — TEAM RESULTS

1	Southport Waterloo Ac	31	—	2 Marcus Larkin	10 Thomas Delamere	19 Matthew Ndjambula	
2	Liverpool Harriers & Ac	35	—	8 Freddie McDermott	11 James Smith	16 Alex Bailey-Hall	
3	Clayton-Le-Moors Harriers	38	—	5 Luca Crawshaw	9 Harry Lowde	24 Henry Driver	
4	Rossendale Harriers & Ac	56	—	12 Alexander Ball	15 Archie Pilling	29 Seb Hunt	
5	Blackpool Wyre & Fylde Ac	67	—	1 Theo Minns	31 Jack Posner	35 Alexander Parsons	
6	Chorley A & T	67	—	4 Ben Maine	25 Charlie Benson	38 Ezra Nuttall-Andoh	
7	Preston Harriers	69	—	6 Henry Taylor	17 Harry Griffin	46 Logan Child	
8	Liverpool Pembroke Sefton	70	—	3 Zac Rimmer	13 Ivor Holroyd	54 William Caddick	

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Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2352	Ellie Blackhurst	Preston Harriers	11:33
2	3041	Daisy Rushton	Liverpool Harriers & Ac	11:57
3	2008	Mia Ford	Liverpool Harriers & Ac	12:08
4	2013	Beau Rawcliffe	Liverpool Harriers & Ac	12:13
5	2678	Lucy Delamere	Southport Waterloo Ac	12:22
6	2012	Honor Peers	Liverpool Harriers & Ac	12:23
7	210	Ava Winstanley	Chorley A & T	12:25
8	351	Eva Pearce	Hyndburn Ac	12:28
9	1849	Mila Barron	Kendal AAC	12:30
10	3109	Bee Metcalfe	Leigh Harriers & Ac	12:32
11	1922	Fay Thomas	Lancaster & Morecambe Ac	12:42
12	1644	Saraya Plenderleith	Blackpool Wyre & Fylde Ac	12:45
13	207	Georgina Benson	Chorley A & T	12:55
14	635	Tolu Adebanjo	Liverpool Harriers & Ac	12:58
15	1977	Imogen Moore	Leven Valley AC	13:01
16	2884	Katie-Louise Malley	Wigan & District H & Ac	13:05
17	2005	Pearl Fay	Liverpool Harriers & Ac	13:05
18	642	Nancy Howe	Liverpool Harriers & Ac	13:06
19	2355	Isabel Owers	Preston Harriers	13:07
20	636	Yemi Adebanjo	Liverpool Harriers & Ac	13:11
21	2015	Tillie Wright	Liverpool Harriers & Ac	13:16
22	2007	Mia Feenan	Liverpool Harriers & Ac	13:20
23	638	Scarlett Clausen	Liverpool Harriers & Ac	13:20
24	2003	Phoebe Brew	Liverpool Harriers & Ac	13:21
25	2351	Iona Bell	Preston Harriers	13:22
26	463	Ivy Pilkington	Rossendale Harriers & Ac	13:25
27	2011	Isabella Parry	Liverpool Harriers & Ac	13:29
28	462	Thea Newton	Rossendale Harriers & Ac	13:32
29	208	Winnie Lancaster	Chorley A & T	13:34
30	2009	Lottie Hughes	Liverpool Harriers & Ac	13:37
31	181	Robyn Hall	Burnley Ac	13:39
32	1921	Mia Thistlethwaite	Lancaster & Morecambe Ac	13:43
33	380	Gwyneth Rothwell	Leigh Harriers & Ac	13:46
34	3111	Rae Vaughan	Leigh Harriers & Ac	13:52
35	460	Isabelle Fenn	Rossendale Harriers & Ac	14:00
36	209	Elsa Thomson	Chorley A & T	14:11
37	2949	Melissa Cameron	Kirkby Milers AC	14:14
38	2006	Ava Feenan	Liverpool Harriers & Ac	14:16
39	327	Molly Jackson	Clayton-Le-Moors Harriers	14:19
40	3113	Ella Wormleighton	Leigh Harriers & Ac	14:19
41	1641	Maggie Belfield	Blackpool Wyre & Fylde Ac	14:36
42	1965	Mia Griffiths	Leven Valley AC	14:37
43	2353	Lucy Mitchell	Preston Harriers	14:38
44	330	Freya Thomas	Clayton-Le-Moors Harriers	14:40
45	2929	Abigail McKone	Blackpool Wyre & Fylde Ac	14:40
46	2100	Georgia Piron	Liverpool Pembroke Sefton	14:41
47	1850	Violet Benson	Kendal AAC	14:46
48	464	Carys Sanderson	Rossendale Harriers & Ac	14:46
49	2682	Amelia Salkeld	Southport Waterloo Ac	14:48
50	640	Mya Teshome	Liverpool Harriers & Ac	14:54
51	641	Brooklyn Carrasco	Liverpool Harriers & Ac	14:57
52	1643	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	15:01
53	2948	Isla Matthews	Kirkby Milers AC	15:01
54	3071	Caitlin Webster	Southport Waterloo Ac	15:03
55	2360	Millie Wright	Preston Harriers	15:15
56	639	Emmie Teshome	Liverpool Harriers & Ac	15:17
57	680	Jessica Nicol	Liverpool Pembroke Sefton	15:19
58	3107	Holly Bruce	Leigh Harriers & Ac	15:25
59	2680	Ailsa McCann	Southport Waterloo Ac	15:28
60	182	Isabella Williams	Burnley Ac	15:33
61	1966	Madisyn Strydom	Leven Valley AC	15:34
62	2090	Lucy Armstrong	Liverpool Pembroke Sefton	15:36
63	2098	Bonnie Mahood	Liverpool Pembroke Sefton	15:40
64	606	Myiah Berry	Blackpool Wyre & Fylde Ac	15:55
65	1645	Chloe Senior	Blackpool Wyre & Fylde Ac	15:56
66	2676	Sophie Burns	Southport Waterloo Ac	16:01
67	329	Lucia Mitchell	Clayton-Le-Moors Harriers	16:02
68	328	Lexie McLean	Clayton-Le-Moors Harriers	16:09
69	325	Sophia Cicconi	Clayton-Le-Moors Harriers	16:25
70	3108	Dorothy Crombleholme	Leigh Harriers & Ac	16:40
71	2677	Renee Coulson	Southport Waterloo Ac	17:43
72	2089	Milly Arden	Liverpool Pembroke Sefton	18:47
73	2675	Ella Boyd	Southport Waterloo Ac	22:40

Under 13 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	9	—	2	Daisy Rushton	3	Mia Ford	4	Beau Rawcliffe
2	Preston Harriers	45	—	1	Ellie Blackhurst	19	Isabel Owers	25	Iona Bell
3	Chorley A & T	49	—	7	Ava Winstanley	13	Georgina Benson	29	Winnie Lancaster
4	Leigh Harriers & Ac	77	—	10	Bee Metcalfe	33	Gwyneth Rothwell	34	Rae Vaughan
5	Rossendale Harriers & Ac	89	—	26	Ivy Pilkington	28	Thea Newton	35	Isabelle Fenn
6	Blackpool Wyre & Fylde Ac	98	—	12	Saraya Plenderleith	41	Maggie Belfield	45	Abigail McKone
7	Southport Waterloo Ac	108	—	5	Lucy Delamere	49	Amelia Salkeld	54	Caitlin Webster
8	Leven Valley AC	118	—	15	Imogen Moore	42	Mia Griffiths	61	Madisyn Strydom
9	Clayton-Le-Moors Harriers	150	—	39	Molly Jackson	44	Freya Thomas	67	Lucia Mitchell
10	Liverpool Pembroke Sefton	165	—	46	Georgia Piron	57	Jessica Nicol	62	Lucy Armstrong

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Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2348	Jack Turner	Preston Harriers	11:00
2	1516	Noah Cook	Barrow & Furness Striders	11:02
3	2350	Albert Yates	Preston Harriers	11:11
4	1520	Theo Zaboklicki	Barrow & Furness Striders	11:14
5	2346	Harry Hopkinson	Preston Harriers	11:17
6	2344	Freddy Cheyne	Preston Harriers	11:19
7	2671	James McGrory	Southport Waterloo Ac	11:26
8	2002	Robert Worrall	Liverpool Harriers & Ac	11:36
9	2017	Max Myles	Liverpool Harriers & Ac	11:50
10	1845	Jos Jebb	Kendal AAC	11:51
11	451	Charlie Dobson	Rossendale Harriers & Ac	11:54
12	3115	Oscar Davies	Leigh Harriers & Ac	11:59
13	1637	Jasper Hall	Blackpool Wyre & Fylde Ac	12:01
14	1640	Harry Posner	Blackpool Wyre & Fylde Ac	12:09
15	559	Jack Mitchell	Trawden Athletic Club	12:09
16	206	Thomas Stewart	Chorley A & T	12:10
17	2001	Joseph McKenna	Liverpool Harriers & Ac	12:11
18	1638	Bobby Hastwell	Blackpool Wyre & Fylde Ac	12:11
19	100	Max Unthank	Blackburn Harriers & Ac	12:12
20	3045	Matthew Bennett	Preston Harriers	12:24
21	2669	George Hawthorn	Southport Waterloo Ac	12:30
22	324	Alex Smialek	Clayton-Le-Moors Harriers	12:50
23	2347	Dylan Parker	Preston Harriers	12:55
24	204	William Jenner	Chorley A & T	12:56
25	93	Theo Addy	Blackburn Harriers & Ac	12:57
26	2076	Jack Clancy	Liverpool Pembroke Sefton	12:57
27	1842	Lawrie Belshaw	Kendal AAC	12:58
28	457	Harry Walker	Rossendale Harriers & Ac	13:00
29	2349	Nathaniel White	Preston Harriers	13:07
30	2345	Ruben Harwood	Preston Harriers	13:12
31	2672	Lewis McIlroy	Southport Waterloo Ac	13:13
32	1848	Oliver Wrigley	Kendal AAC	13:14
33	3085	Joshua Waide	Wigan & District H & Ac	13:17
34	2956	George Jackson	Kirkby Milers AC	13:19
35	321	Ethan Carson	Clayton-Le-Moors Harriers	13:19
36	452	Arthur Grenfell	Rossendale Harriers & Ac	13:19
37	3083	Jack Marsh	Wigan & District H & Ac	13:20
38	2080	Thomas Howard	Liverpool Pembroke Sefton	13:23
39	666	Lucas Winfield	Liverpool Harriers & Ac	13:26
40	2073	Jacob Armstrong	Liverpool Pembroke Sefton	13:40
41	454	Archie Little	Rossendale Harriers & Ac	13:41
42	3072	James Silcox	Southport Waterloo Ac	13:48
43	665	Andrew Chadwick	Liverpool Harriers & Ac	13:50
44	2957	Aron Savage	Kirkby Milers AC	13:59
45	687	Bromley Saul Taylor	Liverpool Pembroke Sefton	14:16
46	1913	Joe Maguire	Lancaster & Morecambe Ac	14:18
47	323	Braeden-Lee Robinson	Clayton-Le-Moors Harriers	14:25
48	3120	Oisin Doran	Leigh Harriers & Ac	14:30
49	2926	Dylan Meacock	Barrow & Furness Striders	14:56
50	3116	B McOnie-Lownsbrough	Leigh Harriers & Ac	14:56
51	320	Kaden Anderton	Clayton-Le-Moors Harriers	15:06
52	2951	Ryan Poland	Kirkby Milers AC	15:08
53	2201	Reuben May	Lytham St Annes Rr Club	15:09
54	3082	Ryan Catton	Wigan & District H & Ac	15:20
55	2077	Cruz Edwards	Liverpool Pembroke Sefton	15:24
56	203	Oliver Holden	Chorley A & T	15:38
57	456	Robin Vidler	Rossendale Harriers & Ac	16:00
58	2958	Zak Thompson	Kirkby Milers AC	16:15
59	2938	Owen Walker	Burnley Ac	20:16

Race 4 - Under 13 Boys — TEAM RESULTS

1	Preston Harriers	9	—	1	Jack Turner	3	Albert Yates	5	Harry Hopkinson
2	Liverpool Harriers & Ac	34	—	8	Robert Worrall	9	Max Myles	17	Joseph McKenna
3	Blackpool Wyre & Fylde Ac	45	—	13	Jasper Hall	14	Harry Posner	18	Bobby Hastwell
4	Barrow & Furness Striders	55	—	2	Noah Cook	4	Theo Zaboklicki	49	Dylan Meacock
5	Southport Waterloo Ac	59	—	7	James McGrory	21	George Hawthorn	31	Lewis McIlroy
6	Kendal AAC	69	—	10	Jos Jebb	27	Lawrie Belshaw	32	Oliver Wrigley
7	Rossendale Harriers & Ac	75	—	11	Charlie Dobson	28	Harry Walker	36	Arthur Grenfell
8	Chorley A & T	96	—	16	Thomas Stewart	24	William Jenner	56	Oliver Holden
9	Liverpool Pembroke Sefton	104	—	26	Jack Clancy	38	Thomas Howard	40	Jacob Armstrong
10	Clayton-Le-Moors Harriers	104	—	22	Alex Smialek	35	Ethan Carson	47	Braeden-Lee Robinson
11	Leigh Harriers & Ac	110	—	12	Oscar Davies	48	Oisin Doran	50	B McOnie-Lownsbrough
12	Wigan & District H & Ac	124	—	33	Joshua Waide	37	Jack Marsh	54	Ryan Catton
13	Kirkby Milers AC	130	—	34	George Jackson	44	Aron Savage	52	Ryan Poland

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Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2477	Lucia Connell	Sedbergh School RC	11:33
2	646	Rebecca Murphy	Liverpool Harriers & Ac	11:37
3	1657	Kristy Leitch	Blackpool Wyre & Fylde Ac	11:49
4	217	Isabel Goodman	Chorley A & T	11:54
5	121	Millie Jordan	Blackburn Harriers & Ac	12:03
6	1655	Aimee Harling	Blackpool Wyre & Fylde Ac	12:09
7	1656	Pollyanna Kershaw	Blackpool Wyre & Fylde Ac	12:14
8	2377	Sophie Mitchell	Preston Harriers	12:16
9	472	Ruby Cleaver	Rossendale Harriers & Ac	12:25
10	1861	Isla Jebb	Kendal AAC	12:27
11	2021	Maisie Williams	Liverpool Harriers & Ac	12:29
12	2022	Evie Worrall	Liverpool Harriers & Ac	12:30
13	2698	Lauren Silcox	Southport Waterloo Ac	12:30
14	129	Agatha Taylor	Blackburn Harriers & Ac	12:37
15	2376	Elsie McKeever	Preston Harriers	12:39
16	2020	Grace Veevers	Liverpool Harriers & Ac	12:45
17	695	I Thompson-Amrith	Preston Harriers	12:46
18	1862	Isla Pearman	Kendal AAC	12:47
19	2694	Sienna Fortune	Southport Waterloo Ac	12:51
20	471	Alice Carr	Rossendale Harriers & Ac	12:53
21	643	Frances O'Brien	Liverpool Harriers & Ac	13:00
22	1857	Cara Bradley	Kendal AAC	13:05
23	2019	Maisie McGuirk	Liverpool Harriers & Ac	13:06
24	221	Maisie Preston	Chorley A & T	13:09
25	473	Lyla Duffy	Rossendale Harriers & Ac	13:11
26	223	Millie Reid	Chorley A & T	13:12
27	222	Isobel Reid	Chorley A & T	13:13
28	1860	Tess Evans	Kendal AAC	13:14
29	1652	Jemima Bradburn	Blackpool Wyre & Fylde Ac	13:17
30	2892	Holly Nicholls	Wigan & District H & Ac	13:18
31	648	Lillian Rotheram	Liverpool Harriers & Ac	13:18
32	2018	Bonita Kewley	Liverpool Harriers & Ac	13:19
33	119	Lottie Hesketh	Blackburn Harriers & Ac	13:19
34	2891	Mia Lacy	Wigan & District H & Ac	13:22
35	644	Mya Burney	Liverpool Harriers & Ac	13:28
36	1978	Rosie Scott	Leven Valley AC	13:29
37	2478	Julia Fielding	Sedbergh School RC	13:30
38	696	Marianna Northwood	Preston Harriers	13:35
39	1658	Isla Macpherson	Blackpool Wyre & Fylde Ac	13:43
40	1864	Lily Slater	Kendal AAC	13:47
41	1976	Katelyn Douglas	Leven Valley AC	13:59
42	219	Eleanor Jenner	Chorley A & T	14:04
43	2480	Elizabeth Harrison	Sedbergh School RC	14:19
44	647	Marissa Phillips	Liverpool Harriers & Ac	14:22
45	3042	Grace Doran	Liverpool Harriers & Ac	14:22
46	1931	Alice Lupton	Lancaster & Morecambe Ac	14:27
47	1932	Rahael Talks	Lancaster & Morecambe Ac	14:35
48	2479	Grace Goligher	Sedbergh School RC	14:38
49	2482	Mariella Mycielska	Sedbergh School RC	14:40
50	1929	Tilly Dowthwaite	Lancaster & Morecambe Ac	14:41
51	2699	Dasiy Wong	Southport Waterloo Ac	14:52
52	2109	Daisy Wells	Liverpool Pembroke Sefton	15:00
53	2931	Akalyna Boynton	Blackpool Wyre & Fylde Ac	15:10
54	675	Savanna Holcroft	Liverpool Harriers & Ac	15:18
55	337	Avalina Cicconi	Clayton-Le-Moors Harriers	15:27
56	2695	Olivia Johnson	Southport Waterloo Ac	15:46
57	3006	Arwen Cresswell	Lancaster & Morecambe Ac	15:49
58	1865	Isabelle Wrigley	Kendal AAC	15:52
59	1930	Olivia Hemingway	Lancaster & Morecambe Ac	16:28
60	2105	Hattie Loughrey	Liverpool Pembroke Sefton	16:37
61	474	Louise Lusty	Rossendale Harriers & Ac	17:10
62	215	Maisie Edwards	Chorley A & T	17:28
63	339	Annabelle Mitchell	Clayton-Le-Moors Harriers	18:17

Race 4 - Under 15 Girls — TEAM RESULTS

1	Blackpool Wyre & Fylde Ac	16	—	3	Kristy Leitch	6	Aimee Harling	7	Pollyanna Kershaw
2	Liverpool Harriers & Ac	25	—	2	Rebecca Murphy	11	Maisie Williams	12	Evie Worrall
3	Preston Harriers	40	—	8	Sophie Mitchell	15	Elsie McKeever	17	I Thompson-Amrith
4	Kendal AAC	50	—	10	Isla Jebb	18	Isla Pearman	22	Cara Bradley
5	Blackburn Harriers & Ac	52	—	5	Millie Jordan	14	Agatha Taylor	33	Lottie Hesketh
6	Rossendale Harriers & Ac	54	—	9	Ruby Cleaver	20	Alice Carr	25	Lyla Duffy
7	Chorley A & T	54	—	4	Isabel Goodman	24	Maisie Preston	26	Millie Reid
8	Sedbergh School RC	81	—	1	Lucia Connell	37	Julia Fielding	43	Elizabeth Harrison
9	Southport Waterloo Ac	83	—	13	Lauren Silcox	19	Sienna Fortune	51	Dasiy Wong
10	Lancaster & Morecambe Ac	143	—	46	Alice Lupton	47	Rahael Talks	50	Tilly Dowthwaite

Mid Lancs Cross Country League
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Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2688	William Delamere	Southport Waterloo Ac	10:02
2	2691	Caleb Still	Southport Waterloo Ac	10:18
3	469	Francis Vidler	Rossendale Harriers & Ac	10:34
4	112	William Grundy	Blackburn Harriers & Ac	10:41
5	2471	George Martin	Sedbergh School RC	10:50
6	2687	Eddy Clark	Southport Waterloo Ac	10:53
7	2367	Jack Mawdsley	Preston Harriers	11:07
8	2371	Samuel Ridgway	Preston Harriers	11:16
9	1647	Archie Belfield	Blackpool Wyre & Fylde Ac	11:24
10	1648	William Kershaw	Blackpool Wyre & Fylde Ac	11:36
11	115	Theo Robinson	Blackburn Harriers & Ac	11:38
12	701	Finley Greenhalgh	Preston Harriers	11:41
13	2383	Samuel Bates	Preston Harriers	11:45
14	213	Benedict Raby	Chorley A & T	11:48
15	113	George Holman	Blackburn Harriers & Ac	11:52
16	466	Thomas Black	Rossendale Harriers & Ac	11:56
17	2889	Zak Manir-Jolley	Wigan & District H & Ac	11:58
18	2971	Lucas Houghton	Kirkby Milers AC	12:06
19	2473	Harry Sewell	Sedbergh School RC	12:09
20	667	Callum Finch	Liverpool Harriers & Ac	12:10
21	2685	Richard Berry	Southport Waterloo Ac	12:11
22	212	Wilf Hudson	Chorley A & T	12:12
23	2886	Alexander Glenn	Wigan & District H & Ac	12:17
24	2690	Daniel Shalliker	Southport Waterloo Ac	12:24
25	2102	Ben Maitland	Liverpool Pembroke Sefton	12:25
26	3088	Dylan Gough	Wigan & District H & Ac	12:25
27	111	Tom Falencki	Blackburn Harriers & Ac	12:32
28	688	Bentley McKintosh	Liverpool Pembroke Sefton	12:36
29	700	Oliver Caslake	Preston Harriers	12:37
30	2686	Spencer Campbell	Southport Waterloo Ac	12:58
31	669	John Leonard	Liverpool Harriers & Ac	13:01
32	1972	Henry Murray	Leven Valley AC	13:04
33	2456	Toby Steel	Rossendale Harriers & Ac	13:10
34	2885	James Darby	Wigan & District H & Ac	13:12
35	333	Oscar Clayton	Clayton-Le-Moors Harriers	13:13
36	2888	Henry Jeffs-Watts	Wigan & District H & Ac	13:15
37	3119	Barnaby Crombleholme	Leigh Harriers & Ac	13:17
38	211	Oliver Bruce	Chorley A & T	13:20
39	3123	Henri Mannion	Leigh Harriers & Ac	13:25
40	2104	William Roberts	Liverpool Pembroke Sefton	13:34
41	2689	Harry Lavery	Southport Waterloo Ac	13:35
42	336	Hussain Webster	Clayton-Le-Moors Harriers	13:59
43	668	Cian Hambleton	Liverpool Harriers & Ac	14:20
44	702	Harvey McChrystal	Preston Harriers	14:25
45	3044	Daniel Chadwick	Liverpool Harriers & Ac	14:30
46	335	Corbyn Thomas	Clayton-Le-Moors Harriers	15:25
47	334	Owen Siguenza	Clayton-Le-Moors Harriers	15:50
48	332	Leo Chatburn	Clayton-Le-Moors Harriers	16:25

Race 5 - Under 15 Boys — TEAM RESULTS

1	Southport Waterloo Ac	9 —	1	William Delamere	2	Caleb Still	6	Eddy Clark
2	Preston Harriers	27 —	7	Jack Mawdsley	8	Samuel Ridgway	12	Finley Greenhalgh
3	Blackburn Harriers & Ac	30 —	4	William Grundy	11	Theo Robinson	15	George Holman
4	Rossendale Harriers & Ac	52 —	3	Francis Vidler	16	Thomas Black	33	Toby Steel
5	Wigan & District H & Ac	66 —	17	Zak Manir-Jolley	23	Alexander Glenn	26	Dylan Gough
6	Chorley A & T	74 —	14	Benedict Raby	22	Wilf Hudson	38	Oliver Bruce
7	Liverpool Pembroke Sefton	93 —	25	Ben Maitland	28	Bentley McKintosh	40	William Roberts
8	Liverpool Harriers & Ac	94 —	20	Callum Finch	31	John Leonard	43	Cian Hambleton
9	Clayton-Le-Moors Harriers	123 —	35	Oscar Clayton	42	Hussain Webster	46	Corbyn Thomas

Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time
1	1984	Marina Bailey	Leven Valley AC	17:52
2	670	Bailey Hughes	Liverpool Harriers & Ac	18:03
3	2395	Sarah Yates	Preston Harriers	18:28
4	653	Valerie Teare	Liverpool Harriers & Ac	18:35
5	2393	Molly Taylor	Preston Harriers	18:43
6	1938	Isabelle Murphy	Lancaster & Morecambe Ac	19:05
7	2706	C XMonahan	Southport Waterloo Ac	19:12
8	1986	Lucy Bell	Leven Valley AC	19:19
9	649	Isabella Doran	Liverpool Harriers & Ac	19:25
10	1987	Ellen Douglas	Leven Valley AC	19:38
11	2478	Julia Fielding	Sedbergh School RC	19:50
12	153	Isabelle Perry	Blackburn Harriers & Ac	19:51
13	2392	Holly Moffatt	Preston Harriers	19:58
14	485	Matilda Duffy	Rossendale Harriers & Ac	19:59
15	1985	I Barrowdale-Smith	Leven Valley AC	20:00
16	650	Eleanor Redmond	Liverpool Harriers & Ac	20:02
17	651	Hannah Robinson	Liverpool Harriers & Ac	20:18
18	1936	Annie Dickinson	Lancaster & Morecambe Ac	20:33
19	2895	Katie Bonner	Wigan & District H & Ac	20:34
20	487	Isla McNally	Rossendale Harriers & Ac	20:45
21	652	Isobel Robinson	Liverpool Harriers & Ac	21:20
22	2708	Amelie Scott	Southport Waterloo Ac	21:35
23	486	Xara Lewis	Rossendale Harriers & Ac	21:38
24	2705	Eva Meredith	Southport Waterloo Ac	21:48
25	2508	Elif Sancar	Sedbergh School RC	21:53
26	1937	Erin Gillan	Lancaster & Morecambe Ac	22:12
27	1988	Sophie Leadbetter	Leven Valley AC	22:20
28	2704	Isla Gray	Southport Waterloo Ac	22:59
29	2898	Nour Kholeif	Wigan & District H & Ac	24:42

Race 5 - Under 17 Women — TEAM RESULTS

1	Liverpool Harriers & Ac	15 —	2	Bailey Hughes	4	Valerie Teare	9	Isabella Doran
2	Leven Valley AC	19 —	1	Marina Bailey	8	Lucy Bell	10	Ellen Douglas
3	Preston Harriers	21 —	3	Sarah Yates	5	Molly Taylor	13	Holly Moffatt
4	Lancaster & Morecambe Ac	50 —	6	Isabelle Murphy	18	Annie Dickinson	26	Erin Gillan
5	Southport Waterloo Ac	53 —	7	C XMonahan	22	Amelie Scott	24	Eva Meredith
6	Rossendale Harriers & Ac	57 —	14	Matilda Duffy	20	Isla McNally	23	Xara Lewis

Mid Lancs Cross Country League
at Sefton Park, Liverpool on Saturday 23rd November 2024

Race 6 - Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2487	Hugo Berry	Sedbergh School RC	14:37
2	1934	Jack Eccles	Lancaster & Morecambe Ac	15:10
3	137	Oliver Gill	Blackburn Harriers & Ac	15:15
4	132	Samuel Aspey	Blackburn Harriers & Ac	15:32
5	671	Max Taylor	Liverpool Harriers & Ac	15:36
6	1981	Will McNally	Leven Valley AC	15:42
7	2700	Liam McCormick	Southport Waterloo Ac	15:49
8	2703	Luke Ward	Southport Waterloo Ac	16:04
9	148	Jack Wood	Blackburn Harriers & Ac	16:12
10	147	Henry Ward	Blackburn Harriers & Ac	16:14
11	2894	Sami Manor-Jolley	Wigan & District H & Ac	16:21
12	1933	Ben Brassington	Lancaster & Morecambe Ac	16:28
13	703	Luke Kane	Preston Harriers	16:28
14	224	Max Winstanley	Chorley A & T	16:30
15	1866	Alfie Addison	Kendal AAC	16:34
16	135	Ethan Cutler	Blackburn Harriers & Ac	16:34
17	1980	Marley Griffiths	Leven Valley AC	16:52
18	1982	Oliver Oldham	Leven Valley AC	16:58
19	1983	John Williamson	Leven Valley AC	16:59
20	383	Lucas Gregory	Leigh Harriers & Ac	17:05
21	2361	Thomas Bates	Preston Harriers	17:09
22	2114	Daniel Procter	Liverpool Pembroke Sefton	17:26
23	2387	Tom Jepson	Preston Harriers	17:38
24	2113	Daniel Liggat	Liverpool Pembroke Sefton	17:41
25	369	Peter Sagar-Moss	Hyndburn Ac	17:48
26	2893	Reuben Goulding	Wigan & District H & Ac	18:00
27	481	Theo Ormrod	Rossendale Harriers & Ac	18:29
28	568	Charlie Reeder	Trawden Athletic Club	18:33
29	2701	Theo Osborne	Southport Waterloo Ac	18:38
30	139	Loucas Lancashire	Blackburn Harriers & Ac	18:50
31	2702	Will Rothwell	Southport Waterloo Ac	18:51
32	567	Max Burke	Trawden Athletic Club	18:59
33	713	Ben Norris	Trawden Athletic Club	19:02
34	2386	George Darbyshire	Preston Harriers	19:33
35	2493	Joseph Haywood	Sedbergh School RC	19:41
36	482	Laurence Vidler	Rossendale Harriers & Ac	19:41
37	2074	Daniel Berry	Liverpool Pembroke Sefton	19:48
38	480	Archie Ogretmen	Rossendale Harriers & Ac	19:49
39	136	Owen Donnelly	Blackburn Harriers & Ac	20:25
40	569	Henry Robinson	Trawden Athletic Club	20:46
41	341	Devon Siguenza	Clayton-Le-Moors Harriers	21:45

Race 6 - Under 17 Men — TEAM RESULTS

1	Blackburn Harriers & Ac	16	—	3	Oliver Gill	4	Samuel Aspey	9	Jack Wood
2	Leven Valley AC	41	—	6	Will McNally	17	Marley Griffiths	18	Oliver Oldham
3	Southport Waterloo Ac	44	—	7	Liam McCormick	8	Luke Ward	29	Theo Osborne
4	Preston Harriers	57	—	13	Luke Kane	21	Thomas Bates	23	Tom Jepson
5	Liverpool Pembroke Sefton	83	—	22	Daniel Procter	24	Daniel Liggat	37	Daniel Berry
6	Trawden Athletic Club	93	—	28	Charlie Reeder	32	Max Burke	33	Ben Norris
7	Rossendale Harriers & Ac	101	—	27	Theo Ormrod	36	Laurence Vidler	38	Archie Ogretmen

Mid Lancs Cross Country League
at Sefton Park, Liverpool on Saturday 23rd November 2024

Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time
1	71	Jessica Warner-Judd	L 1	Blackburn Harriers & Ac	28:59
2	420	Hannah Jarvis	L35 1	Rossendale Harriers & Ac	35:10
3	623	Maddie Clark	L20 1	Lancaster University	35:21
4	2558	Maria Cook	L45 1	Skelmersdale Boundary H	35:36
5	2323	Jamie Robinson	L35 2	Preston Harriers	35:56
6	275	Matilda Burnie	L 6	Clayton-Le-Moors Harriers	36:57
7	2315	Katie Littlefair	L 7	Preston Harriers	37:29
8	70	Rebecca Ward	L40 1	Blackburn Harriers & Ac	38:10
9	2562	Victoria Gilbody	L35 3	Skelmersdale Boundary H	38:22
10	625	Maggie Preece	L20 2	Lancaster University	38:26
11	3102	Lauren Gora	L35 4	Lancaster & Morecambe Ac	38:28
12	288	Kim Kennedy	L40 2	Clayton-Le-Moors Harriers	38:45
13	706	Sophie Murphy	L 13	Rossendale Harriers & Ac	38:50
14	612	Lynn Hamel	L35 5	Kendal AAC	39:00
15	620	Molly Busfield	L20 3	Lancaster University	39:02
16	2063	Rachel Yates	L45 2	Liverpool Pembroke Sefton	39:05
17	2053	Grace Beesley	L 17	Liverpool Pembroke Sefton	39:19
18	422	Sarah Longshaw	L 18	Rossendale Harriers & Ac	39:31
19	2651	Andrea Scarborough	L40 3	Southport Waterloo Ac	39:31
20	2304	Cathy Flitcroft	L60 1	Preston Harriers	39:34
21	190	Laura Livesey	L35 6	Chorley A & T	39:35
22	344	Emma Guilfoyle	L 22	Hyndburn Ac	39:37
23	1955	Elizabeth McNally	L50 1	Leven Valley AC	39:44
24	603	Mary O'Gorman	L 24	Blackburn Harriers & Ac	39:51
25	681	Amelia Newbold	L 25	Liverpool Pembroke Sefton	40:05
26	2876	Kelly Staunton	L 26	Wigan & District H & Ac	40:08
27	2170	Joanna Goorney	L55 1	Lytham St Annes Rr Club	40:25
28	2864	Jayne Collins	L60 2	Wigan & District H & Ac	40:44
29	2179	Leanne Nield	L35 7	Lytham St Annes Rr Club	40:53
30	2059	Amelia Hitchmough	L 30	Liverpool Pembroke Sefton	41:03
31	621	Eleanor Hughes	L20 4	Lancaster University	41:06
32	3130	Katie Sanderson	L45 3	Leigh Harriers & Ac	41:17
33	1823	Caroline Holden	L55 2	Kendal AAC	41:24
34	2965	Jennifer Houghton	L40 4	Kirkby Milers AC	41:34
35	281	Lisa Ellis	L40 5	Clayton-Le-Moors Harriers	41:49
36	1615	Basia Pawelczak	L 36	Blackpool Wyre & Fylde Ac	42:03
37	2061	Lisa Procter	L45 4	Liverpool Pembroke Sefton	42:09
38	276	Susan Burns	L65 1	Clayton-Le-Moors Harriers	42:11
39	2943	Carla Houghton	L 39	Kirkby Milers AC	42:11
40	280	Alison Dugdale	L55 3	Clayton-Le-Moors Harriers	42:14
41	2060	Ali Piron	L40 6	Liverpool Pembroke Sefton	42:18
42	2052	Gwennan Anderson	L45 5	Liverpool Pembroke Sefton	42:26
43	291	Kirstie Millar	L35 8	Clayton-Le-Moors Harriers	42:52
44	2176	Melanie Koth	L50 2	Lytham St Annes Rr Club	42:54
45	414	Joanne Cleaver	L40 7	Rossendale Harriers & Ac	42:59
46	1613	Suzanne Leonard	L50 3	Blackpool Wyre & Fylde Ac	43:03
47	1900	Miriam Maher	L55 4	Lancaster & Morecambe Ac	43:18
48	1612	Laura Lawler	L55 5	Blackpool Wyre & Fylde Ac	43:18
49	2867	Lisa Heyes	L50 4	Wigan & District H & Ac	43:23
50	619	Alana Bodell	L20 5	Lancaster University	44:00
51	626	Charlotte XRoss	L 51	Lancaster University	44:02
52	2055	Katherine Clancy	L40 8	Liverpool Pembroke Sefton	44:06
53	1956	Niamh McNally	L 53	Leven Valley AC	44:12
54	2572	Jemma Taylor	L35 9	Skelmersdale Boundary H	44:37
55	3008	Sophie Steele	L20 6	Lancaster University	44:44
56	1901	Christina McGuire	L60 3	Lancaster & Morecambe Ac	44:47
57	604	Jenny McAndrew	L45 6	Blackburn Harriers & Ac	44:57
58	298	Michelle Sumner	L40 9	Clayton-Le-Moors Harriers	45:01
59	1609	Julie Hall	L45 7	Blackpool Wyre & Fylde Ac	45:06
60	1832	Lisa Wrigley	L45 8	Kendal AAC	45:26
61	292	Tracy Mitchell	L50 5	Clayton-Le-Moors Harriers	45:27
62	296	Julia Rushton	L60 4	Clayton-Le-Moors Harriers	45:36
63	3129	Rachel Pollitt	L 63	Leigh Harriers & Ac	45:45
64	416	Claire Dobson	L40 10	Rossendale Harriers & Ac	45:52
65	1825	Natasha Miller	L40 11	Kendal AAC	45:57
66	430	Shauna Williamson	L 66	Rossendale Harriers & Ac	46:18
67	415	Hena Corbishley	L40 12	Rossendale Harriers & Ac	46:27
68	2962	Nicola Kitts	L35 10	Kirkby Milers AC	46:57
69	283	Rachel Gilmore	L50 6	Clayton-Le-Moors Harriers	47:39
70	1603	Karen Dunford	L55 6	Blackpool Wyre & Fylde Ac	47:41
71	2566	Michelle Loughlin	L55 7	Skelmersdale Boundary H	47:47
72	2166	Xavia Cooper	L45 9	Lytham St Annes Rr Club	47:49
73	2812	Anne Mayers-Smith	L45 10	Wesham Road Runners & Ac	47:57
74	2436	Sarah Denver	L35 11	Red Rose Road Runners	48:02
75	2182	Julia Rolfe	L60 5	Lytham St Annes Rr Club	48:04
76	2576	Anna Williams	L45 11	Skelmersdale Boundary H	48:12
77	2813	Lisa Minns	L60 6	Wesham Road Runners & Ac	48:16
78	614	Alexandra XMounsey	L40 13	Lancaster & Morecambe Ac	48:32
79	2171	Ciara Greene	L 79	Lytham St Annes Rr Club	48:44
80	1957	Colleen Oldham	L45 12	Leven Valley AC	48:46
81	1824	Carolyn Kevan	L65 2	Kendal AAC	48:51
82	1827	Dianne Priestley	L70 1	Kendal AAC	49:12
83	2870	Rachel Lawton	L50 7	Wigan & District H & Ac	49:43
84	3170	Miriam Eaton	L 84	Kirkby Milers AC	49:56
85	707	Leah Quine	L 85	Skelmersdale Boundary H	50:01
86	2551	Sally Adams	L50 8	Skelmersdale Boundary H	50:24
87	2062	Sharon Roberts	L50 9	Liverpool Pembroke Sefton	50:39
88	2054	Tracy Berry	L45 13	Liverpool Pembroke Sefton	50:40
89	2800	Clare Belfield	L40 14	Wesham Road Runners & Ac	51:41
90	285	Helen Harrison	L55 8	Clayton-Le-Moors Harriers	52:10
91	2966	Jayne Russell	L45 14	Kirkby Milers AC	52:36
92	301	Katy Thompson	L70 2	Clayton-Le-Moors Harriers	53:43
93	3009	Sophie Hartley	L20 7	Lancaster University	53:52
94	1992	Jess Bailey	L20 8	Leven Valley AC	53:56
95	300	Sarah Thomas	L35 12	Clayton-Le-Moors Harriers	54:04
96	287	Clare Jackson	L40 15	Clayton-Le-Moors Harriers	54:28
97	279	Carol Clegg	L40 16	Clayton-Le-Moors Harriers	54:36
98	2326	Julie Tyrer	L45 15	Preston Harriers	55:06
99	1898	Anne Carman	L65 3	Lancaster & Morecambe Ac	55:18
100	2313	Agnieszka Kowalczyk	L35 13	Preston Harriers	56:11
101	2455	Sara Steel	L45 16	Rossendale Harriers & Ac	57:08
102	2328	Sue Wickham	L60 7	Preston Harriers	58:19
103	1611	Claire Irons	L40 17	Blackpool Wyre & Fylde Ac	59:32
104	277	Judith Carey	L45 17	Clayton-Le-Moors Harriers	1:04:42
105	2578	Hannah Wilson	L40 18	Skelmersdale Boundary H	1:05:11
106	2571	Hamda Sandison	L 106	Skelmersdale Boundary H	1:05:16
107	3126	Debbie Copper	L40 19	Leigh Harriers & Ac	1:05:42
108	289	Christine Leathley	L75 1	Clayton-Le-Moors Harriers	1:09:37
109	284	Karin Goss	L75 2	Clayton-Le-Moors Harriers	1:09:40
110	2306	Charlotte Gregory	L 110	Preston Harriers	1:09:54
111	273	Sue Allen	L60 8	Clayton-Le-Moors Harriers	1:09:54

Race 6 - Ladies over 18 — TEAM RESULTS

1	Lancaster University	28	—	3	Maddie Clark	10	Maggie Preece	15	Molly Busfield
2	Preston Harriers	32	—	5	Jamie Robinson	7	Katie Littlefair	20	Cathy Flitcroft
3	Rossendale Harriers & Ac	33	—	2	Hannah Jarvis	13	Sophie Murphy	18	Sarah Longshaw
4	Blackburn Harriers & Ac	33	—	1	Jessica Warner-Judd	8	Rebecca Ward	24	Mary O'Gorman
5	Clayton-Le-Moors Harriers	53	—	6	Matilda Burnie	12	Kim Kennedy	35	Lisa Ellis
6	Liverpool Pembroke Sefton	58	—	16	Rachel Yates	17	Grace Beesley	25	Amelia Newbold
7	Skelmersdale Boundary H	67	—	4	Maria Cook	9	Victoria Gilbody	54	Jemma Taylor
8	Lytham St Annes Rr Club	100	—	27	Joanna Goorney	29	Leanne Nield	44	Melanie Koth
9	Wigan & District H & Ac	103	—	26	Kelly Staunton	28	Jayne Collins	49	Lisa Heyes
10	Kendal AAC	107	—	14	Lynn Hamel	33	Caroline Holden	60	Lisa Wrigley
11	Liverpool Pembroke Sefton 'B'	108	—	30	Amelia Hitchmough	37	Lisa Procter	41	Ali Piron
12	Lancaster & Morecambe Ac	114	—	11	Lauren Gora	47	Miriam Maher	56	Christina McGuire
13	Clayton-Le-Moors Harriers 'B'	121	—	38	Susan Burns	40	Alison Dugdale	43	Kirstie Millar
14	Blackpool Wyre & Fylde Ac	130	—	36	Basia Pawelczak	46	Suzanne Leonard	48	Laura Lawler
15	Lancaster University 'B'	132	—	31	Eleanor Hughes	50	Alana Bodell	51	Charlotte XRoss
16	Kirkby Milers AC	141	—	34	Jennifer Houghton	39	Carla Houghton	68	Nicola Kitts
17	Leven Valley AC	156	—	23	Elizabeth McNally	53	Niamh McNally	80	Colleen Oldham
18	Rossendale Harriers & Ac 'B'	175	—	45	Joanne Cleaver	64	Claire Dobson	66	Shauna Williamson
19	Leigh Harriers & Ac	202	—	32	Katie Sanderson	63	Rachel Pollitt	107	Debbie Copper
20	Lytham St Annes Rr Club 'B'	226	—	72	Xavia Cooper	75	Julia Rolfe	79	Ciara Greene
21	Kendal AAC 'B'	228	—	65	Natasha Miller	81	Carolyn Kevan	82	Dianne Priestley
22	Skelmersdale Boundary H 'B'	232	—	71	Michelle Loughlin	76	Anna Williams	85	Leah Quine
23	Blackpool Wyre & Fylde Ac 'B'	232	—	59	Julie Hall	70	Karen Dunford	103	Claire Irons
24	Wesham Road Runners & Ac	239	—	73	Anne Mayers-Smith	77	Lisa Minns	89	Clare Belfield
25	Preston Harriers 'B'	300	—	98	Julie Tyrer	100	Agnieszka Kowalczyk	102	Sue Wickham

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Internet: http://www.race-results.co.uk -- full results will be available for downloading tonight

Race 6 - Ladies over 35 — TEAM RESULTS

1	Skelmersdale Boundary H	41	—	2	Maria Cook	5	Victoria Gilbody	34	Jemma Taylor
2	Clayton-Le-Moors Harriers	49	—	7	Kim Kennedy	20	Lisa Ellis	22	Susan Burns
3	Liverpool Pembroke Sefton	54	—	9	Rachel Yates	21	Lisa Procter	24	Ali Piron
4	Lytham St Annes Rr Club	57	—	14	Joanna Goorney	16	Leanne Nield	27	Melanie Koth
5	Kendal AAC	65	—	8	Lynn Hamel	18	Caroline Holden	39	Lisa Wrigley
6	Lancaster & Morecambe Ac	71	—	6	Lauren Gora	30	Miriam Maher	35	Christina McGuire
7	Rossendale Harriers & Ac	71	—	1	Hannah Jarvis	28	Joanne Cleaver	42	Claire Dobson
8	Preston Harriers	84	—	3	Jamie Robinson	11	Cathy Flitcroft	70	Julie Tyrer
9	Blackpool Wyre & Fylde Ac	98	—	29	Suzanne Leonard	31	Laura Lawler	38	Julie Hall
10	Wigan & District H & Ac	106	—	15	Jayne Collins	32	Lisa Heyes	59	Rachel Lawton
11	Kirkby Milers AC	129	—	19	Jennifer Houghton	45	Nicola Kitts	65	Jayne Russell
12	Wesham Road Runners & Ac	167	—	50	Anne Mayers-Smith	54	Lisa Minns	63	Clare Belfield

Race 6 - Ladies over 45 — TEAM RESULTS

1	Liverpool Pembroke Sefton	23	—	2	Rachel Yates	9	Lisa Procter	12	Gwennan Anderson
2	Clayton-Le-Moors Harriers	43	—	10	Susan Burns	11	Alison Dugdale	22	Tracy Mitchell
3	Lytham St Annes Rr Club	45	—	5	Joanna Goorney	13	Melanie Koth	27	Xavia Cooper
4	Blackpool Wyre & Fylde Ac	50	—	14	Suzanne Leonard	16	Laura Lawler	20	Julie Hall
5	Skelmersdale Boundary H	57	—	1	Maria Cook	26	Michelle Loughlin	30	Anna Williams
6	Wigan & District H & Ac	58	—	6	Jayne Collins	17	Lisa Heyes	35	Rachel Lawton
7	Kendal AAC	62	—	8	Caroline Holden	21	Lisa Wrigley	33	Carolyn Kevan
8	Lancaster & Morecambe Ac	76	—	15	Miriam Maher	18	Christina McGuire	43	Anne Carman
9	Preston Harriers	90	—	3	Cathy Flitcroft	42	Julie Tyrer	45	Sue Wickham

Race 6 - Ladies over 55 — TEAM RESULTS

1	Clayton-Le-Moors Harriers	21	—	5	Susan Burns	6	Alison Dugdale	10	Julia Rushton
2	Kendal AAC	35	—	4	Caroline Holden	15	Carolyn Kevan	16	Dianne Priestley
3	Lancaster & Morecambe Ac	35	—	7	Miriam Maher	9	Christina McGuire	19	Anne Carman

Race 6 - Ladies over 65 — TEAM RESULTS

1	Clayton-Le-Moors Harriers	11	—	1	Susan Burns	4	Katy Thompson	6	Christine Leathley

Race 6 - Vet 70 Men — FINAL RESULTS

Pos	Num	Name		Club	Time
1	2760	John Collier	V70 1	Wesham Road Runners & Ac	45:29
2	2244	Alan Appleby	V75 1	Preston Harriers	46:35
3	1698	Anthony Pritchard	V70 2	Garstang Running Club	53:05
4	1697	Kevin Daniels	V75 2	Garstang Running Club	1:14:34

Race 6 - Vet 70 Men — TEAM RESULTS

1	Garstang Running Club	7	—	3	Anthony Pritchard	4	Kevin Daniels		

Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	623	Maddie Clark	L20 1	Lancaster University	35:21	5	619	Alana Bodell	L20 5	Lancaster University	44:00
2	625	Maggie Preece	L20 2	Lancaster University	38:26	6	3008	Sophie Steele	L20 6	Lancaster University	44:44
3	620	Molly Busfield	L20 3	Lancaster University	39:02	7	3009	Sophie Hartley	L20 7	Lancaster University	53:52
4	621	Eleanor Hughes	L20 4	Lancaster University	41:06	8	1992	Jess Bailey	L20 8	Leven Valley AC	53:56

Race 6 - Ladies under 20 — TEAM RESULTS

1	Lancaster University		6	—	1	Maddie Clark	2	Maggie Preece	3	Molly Busfield
2	Lancaster University	'B'	15	—	4	Eleanor Hughes	5	Alana Bodell	6	Sophie Steele

Mid Lancs Cross Country League
at Sefton Park, Liverpool on Saturday 23rd November 2024

Senior Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	25	Ross Harrison		Blackburn Harriers & Ac	27:31
2	390	Grant Cunliffe		Rossendale Harriers & Ac	28:21
3	401	Joseph Johnston		Rossendale Harriers & Ac	29:12
4	488	William Curry	U20 1	Rossendale Harriers & Ac	29:34
5	403	Benjamin Kirkman		Rossendale Harriers & Ac	29:42
6	3153	Thomas Kneller		Leigh Harriers & Ac	29:56
7	400	Matthew Harris		Rossendale Harriers & Ac	30:02
8	1939	James Brassington	U20 2	Lancaster & Morecambe Ac	30:03
9	387	Jonathan Cleaver	V40 1	Rossendale Harriers & Ac	30:06
10	1943	Ross Campbell		Leven Valley AC	30:14
11	268	Adam Wale	V40 2	Clayton-Le-Moors Harriers	30:24
12	489	Joseph Ormrod	U20 3	Rossendale Harriers & Ac	30:35
13	412	Robert Webb		Rossendale Harriers & Ac	30:35
14	2598	Ben Johnson		Southport Waterloo Ac	30:40
15	407	Andrew Mellor		Rossendale Harriers & Ac	30:43
16	3024	George Booth		Lancaster University	30:45
17	2154	Mike Toft		Lytham St Annes Rr Club	30:59
18	2798	Adam Wilding		Wesham Road Runners & Ac	31:03
19	2615	Francois Rafferty	V55 1	Southport Waterloo Ac	31:06
20	2762	Tom Bamber	V40 3	Wesham Road Runners & Ac	31:09
21	398	Andrew Grenfell	V40 4	Rossendale Harriers & Ac	31:13
22	1547	Noah Cox	U20 4	Blackpool Wyre & Fylde Ac	31:28
23	3021	Matthew Lowe	U20 5	Lancaster University	31:34
24	3032	Sam Fairhurst		Lancaster University	31:39
25	10	Paul Bradshaw		Blackburn Harriers & Ac	31:40
26	1887	Mark Leadbeatter	V45 1	Lancaster & Morecambe Ac	31:41
27	2989	Kevin Polhill	V40 5	Kirkby Milers AC	31:43
28	17	Christopher Davies	V45 2	Blackburn Harriers & Ac	31:43
29	618	Joseph Twigg		Lancaster & Morecambe Ac	31:55
30	24	Stephen Hall	V45 3	Blackburn Harriers & Ac	31:57
31	3162	Adam Teece		Leigh Harriers & Ac	32:06
32	158	Jack Lamb	U20 6	Blackburn Harriers & Ac	32:08
33	388	Michael Corbishley	V40 6	Rossendale Harriers & Ac	32:08
34	2593	David Hamilton	V55 2	Southport Waterloo Ac	32:19
35	2401	Jenson Warren	U20 7	Preston Harriers	32:28
36	3025	Edward Brading		Lancaster University	32:33
37	2636	Mark Wynne	V45 4	Southport Waterloo Ac	32:34
38	2596	George Ingram		Southport Waterloo Ac	32:36
39	2400	Billy Reid	U20 8	Preston Harriers	32:44
40	2627	Alexander Vernon		Southport Waterloo Ac	32:48
41	710	Ian Roberts	V40 7	Skelmersdale Boundary H	32:55
42	2286	Luke Suffolk		Preston Harriers	32:59
43	1	Richard Addy	V45 5	Blackburn Harriers & Ac	33:07
44	2252	Simon Collins	V40 8	Preston Harriers	33:09
45	2770	Thomas Crabtree		Wesham Road Runners & Ac	33:17
46	2983	Ryan Jones		Kirkby Milers AC	33:18
47	2622	Ben Stones		Southport Waterloo Ac	33:20
48	1562	Andrew Harling	V40 9	Blackpool Wyre & Fylde Ac	33:21
49	2050	Nick Turner	V4010	Liverpool Pembroke Sefton	33:22
50	384	Aaron Barker		Rossendale Harriers & Ac	33:22
51	631	Callum Fricker	U20 9	Lancaster University	33:23
52	2044	Alexander Procter	U2010	Liverpool Pembroke Sefton	33:26
53	187	Robert Walsh	V50 1	Chorley A & T	33:32
54	250	Calum Holmes		Clayton-Le-Moors Harriers	33:33
55	2590	John Delamere	V45 6	Southport Waterloo Ac	33:35
56	3028	Hamish Wills		Lancaster University	33:36
57	2419	Daniel Hughes		Red Rose Road Runners	33:39
58	3019	Ed Cox	U2011	Lancaster University	33:56
59	1808	Will Sisson		Kendal AAC	33:59
60	2977	Derri Henderson	U2012	Kirkby Milers AC	34:04
61	3015	George Beevers	U2013	Lancaster University	34:05
62	2156	James Whittle		Lytham St Annes Rr Club	34:12
63	2845	Mark Morgan-Hillam	V50 2	Wigan & District H & Ac	34:15
64	2767	Mark Belfield	V4011	Wesham Road Runners & Ac	34:21
65	1881	James Dalgleish	V50 3	Lancaster & Morecambe Ac	34:22
66	2838	George Heyes		Wigan & District H & Ac	34:23
67	2032	Thomas Harkin	V50 4	Liverpool Pembroke Sefton	34:34
68	2620	Marc Singer		Southport Waterloo Ac	34:40
69	1885	Mark Holgate	V50 5	Lancaster & Morecambe Ac	34:45
70	2048	Oliver Sutcliffe		Liverpool Pembroke Sefton	34:46
71	691	Murray Pattison		Lytham St Annes Rr Club	34:48
72	266	Richard Stevenson	V45 7	Clayton-Le-Moors Harriers	34:58
73	3161	Dave Smith	V45 8	Leigh Harriers & Ac	35:03
74	3029	Morgan Harley		Lancaster University	35:04
75	1942	John Bell		Leven Valley AC	35:24
76	1589	Joshua Smith		Blackpool Wyre & Fylde Ac	35:26
77	392	Ian Duffy	V45 9	Rossendale Harriers & Ac	35:29
78	2839	John Heyes	V55 3	Wigan & District H & Ac	35:34
79	2795	David Taylor		Wesham Road Runners & Ac	35:38
80	2855	Mark Rogers	V55 4	Wigan & District H & Ac	35:40
81	2257	Peter Gibson		Preston Harriers	35:45
82	2531	Phillip Derry	V4510	Skelmersdale Boundary H	35:54
83	2779	Christopher Hastwell	V4012	Wesham Road Runners & Ac	36:03
84	2844	Adam McKenna		Wigan & District H & Ac	36:04
85	2634	Steven Wilkinson	V50 6	Southport Waterloo Ac	36:06
86	3148	Allister Goulding	V55 5	Leigh Harriers & Ac	36:08
87	2155	Jonathan Tuck	V50 7	Lytham St Annes Rr Club	36:09
88	630	Ben Bolton	U2014	Lancaster University	36:10
89	2548	David Stoddern		Skelmersdale Boundary H	36:11
90	2410	Emil Bowe		Red Rose Road Runners	36:14
91	2986	James Ellis	V4013	Kirkby Milers AC	36:20
92	239	Scott Cunliffe	V50 8	Clayton-Le-Moors Harriers	36:25
93	689	Adrian Rogers	V4511	Liverpool Pembroke Sefton	36:28
94	2981	Ben Smith		Kirkby Milers AC	36:34
95	3171	Adam Fitzsimmons		Kirkby Milers AC	36:41
96	1879	John Brassington	V50 9	Lancaster & Morecambe Ac	36:45
97	1950	Ben Oldham	V4512	Leven Valley AC	36:47
98	255	David Motley	V4014	Clayton-Le-Moors Harriers	36:53
99	3143	Joel Denton		Leigh Harriers & Ac	36:56
100	256	Benjamin Nield		Clayton-Le-Moors Harriers	36:58
101	386	Matthew Clawson		Rossendale Harriers & Ac	37:00
102	2936	Dominic Lavelle		Blackpool Wyre & Fylde Ac	37:08
103	633	Addie Tomas Infante		Lancaster University	37:14
104	1679	Christopher Hodgson	V4513	Chorley A & T	37:19
105	629	Sam Sawczuk-Wood	U2015	Lancaster University	37:21
106	404	Stuart Lewis	V4514	Rossendale Harriers & Ac	37:22
107	2260	Steve Hallas	V5010	Preston Harriers	37:26
108	628	Jamieson McLaren	U2016	Lancaster University	37:30
109	2298	Robert Worsey		Preston Harriers	37:32
110	2987	Gary Fisher	V4015	Kirkby Milers AC	37:40
111	132	Samuel Aspey		Blackburn Harriers & Ac	37:48
112	2631	Stephen Ward	V4016	Southport Waterloo Ac	37:54
113	185	Dominic Raby	V5011	Chorley A & T	37:54
114	2781	Daniel Hounslea		Wesham Road Runners & Ac	37:56
115	2777	Carl Groome	V55 6	Wesham Road Runners & Ac	37:58
116	2616	Peter Roome	V60 1	Southport Waterloo Ac	38:00
117	183	Dan Edwards	V4515	Chorley A & T	38:02
118	2268	Christopher McCarthy		Preston Harriers	38:06
119	2265	David Lea	V60 2	Preston Harriers	38:07
120	3168	Thomas Wright		Kirkby Milers AC	38:07
121	2536	Daniel Gilbody		Skelmersdale Boundary H	38:14
122	395	Alex Frost	V55 7	Rossendale Harriers & Ac	38:15
123	2836	Mike Harris	V5012	Wigan & District H & Ac	38:19
124	2602	Ken Lennon	V60 3	Southport Waterloo Ac	38:23
125	2975	Xander Heaton	U2017	Kirkby Milers AC	38:24
126	2997	Mark Ingarfield	V5013	Kirkby Milers AC	38:28
127	2529	Tom Cocks		Skelmersdale Boundary H	38:28
128	1710	Colin Jennings	V5014	Garstang Running Club	38:29
129	2584	Neil Adshead	V60 4	Southport Waterloo Ac	38:36
130	2857	Simon Tubbs	V4516	Wigan & District H & Ac	38:42
131	709	Harry Beaumont	U2018	Skelmersdale Boundary H	38:47
132	2144	Steve Pepper	V4017	Lytham St Annes Rr Club	38:55
133	1561	Stuart Hall	V4517	Blackpool Wyre & Fylde Ac	39:07
134	3158	David Pollitt	V55 8	Leigh Harriers & Ac	39:09
135	2789	William Parkinson		Wesham Road Runners & Ac	39:12
136	2029	John Dickinson	V55 9	Liverpool Pembroke Sefton	39:15
137	1497	Chris Balderson		Blackburn Harriers & Ac	39:19
138	2145	Dominic Read-Garrett		Lytham St Annes Rr Club	39:20
139	2408	Jonathan XBorg		Red Rose Road Runners	39:25
140	493	Adrian Blackledge	V4518	Trawden Athletic Club	39:32
141	2850	Wesley Piper		Wigan & District H & Ac	39:34
142	254	Kieron Mitchell	V5015	Clayton-Le-Moors Harriers	39:38
143	257	Andrew Payne	V5016	Clayton-Le-Moors Harriers	39:41
144	2423	Simon Major		Red Rose Road Runners	39:42
145	3016	Toby Edwards	U2019	Lancaster University	39:46
146	2453	Matthew Ramsden	U2020	Red Rose Road Runners	39:49
147	3	Mark Almond	V5510	Blackburn Harriers & Ac	39:53
148	2824	Sanjay Bisnauthsing		Wigan & District H & Ac	39:53
149	1583	Jonathon Sanderson		Blackpool Wyre & Fylde Ac	39:55
150	2420	Scott Jackson	V4519	Red Rose Road Runners	39:57
151	188	Paul Wareing	V60 5	Chorley A & T	40:03
152	2051	Mitchell Wells	V5017	Liverpool Pembroke Sefton	40:03
153	235	Carl Carey	V5018	Clayton-Le-Moors Harriers	40:05
154	1681	Barry Wheeler	V4018	Chorley A & T	40:10
155	1505	Edward Falkingham		Barrow & Furness Striders	40:10
156	2995	David Matthews	V4520	Kirkby Milers AC	40:15
157	3136	Anthony Bayley		Leigh Harriers & Ac	40:19
158	1949	Chris Moore	V4019	Leven Valley AC	40:19
159	2272	Stephen Mort	V5019	Preston Harriers	40:27
160	2545	Andrew Mowatt	V4521	Skelmersdale Boundary H	40:33
161	3169	Gary English		Kirkby Milers AC	40:39
162	2414	John Carruthers	V60 6	Red Rose Road Runners	40:43
163	3026	Alexander Inkester		Lancaster University	40:46
164	2994	Graham Cushion	V4522	Kirkby Milers AC	40:46
165	2411	Christopher Bridge		Red Rose Road Runners	40:49
166	2432	Stephen Woodruffe	V60 7	Red Rose Road Runners	40:53
167	2608	Carl McMahon	V5020	Southport Waterloo Ac	40:53
168	2033	Mark Hudson	V60 8	Liverpool Pembroke Sefton	40:54

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: http://www.race-results.co.uk -- full results will be available for downloading tonight

169	1883	Darren Francis	V5021	Lancaster & Morecambe Ac	40:56	196	2046	Neil Roberts	V5512	Liverpool Pembroke Sefton	43:52
170	2413	Stuart Cann	V60 9	Red Rose Road Runners	40:57	197	2527	Paul Casey	V5031	Skelmersdale Boundary H	43:55
171	2790	Philip Quibell	V65 1	Wesham Road Runners & Ac	41:27	198	2038	Jeff McCarthy	V5513	Liverpool Pembroke Sefton	44:18
172	3144	Jason Denton	V5022	Leigh Harriers & Ac	41:49	199	1716	Laurence Shackleton	V5032	Garstang Running Club	44:33
173	1886	Eryl Husband	V65 2	Lancaster & Morecambe Ac	41:54	200	3141	Brian Copper	V4527	Leigh Harriers & Ac	44:47
174	2428	Simon Shaw	V6010	Red Rose Road Runners	41:56	201	4	John Aspey	V5033	Blackburn Harriers & Ac	44:47
175	2129	Chris Cottam		Lytham St Annes Rr Club	41:56	202	2852	Daniel Price		Wigan & District H & Ac	44:47
176	3160	Gary Sanderson	V4523	Leigh Harriers & Ac	42:05	203	189	Mike Wilson	V6015	Chorley A & T	44:50
177	263	Martin Smyth	V5023	Clayton-Le-Moors Harriers	42:11	204	1814	Joe Todd	V4528	Kendal AAC	44:54
178	2589	Mike Cunningham	V6011	Southport Waterloo Ac	42:11	205	3142	Matt Corlett		Leigh Harriers & Ac	45:02
179	2829	David Collins	V6012	Wigan & District H & Ac	42:17	206	22	Keith Gill	V5514	Blackburn Harriers & Ac	45:17
180	3172	Robert Burke		Kirkby Milers AC	42:25	207	2982	Michael Dodd		Kirkby Milers AC	45:25
181	497	Chris Burfitt	V5024	Trawden Athletic Club	42:28	208	245	Paul Hammerton	V4020	Clayton-Le-Moors Harriers	45:47
182	2043	Chris Pedder	V65 3	Liverpool Pembroke Sefton	42:32	209	2546	Nick Paul	V6016	Skelmersdale Boundary H	46:03
183	1543	Peter Bradburn	V5025	Blackpool Wyre & Fylde Ac	42:33	210	2157	Stephen Wise	V6017	Lytham St Annes Rr Club	46:09
184	690	Robbie Edwards	V5026	Liverpool Pembroke Sefton	42:35	211	2454	James Steel	V5034	Rossendale Harriers & Ac	47:12
185	1706	Chris Horner	V5027	Garstang Running Club	42:39	212	2543	Paul Land	V5515	Skelmersdale Boundary H	47:23
186	3145	Joseph Dillon	V5511	Leigh Harriers & Ac	42:42	213	2587	Lee Coupland	V4529	Southport Waterloo Ac	47:57
187	2247	Steven Boardman	V4524	Preston Harriers	42:57	214	2991	Stuart Cameron	V4530	Kirkby Milers AC	49:42
188	2588	Graham Cuddy	V6013	Southport Waterloo Ac	43:15	215	2248	Michael Brown	V65 4	Preston Harriers	50:23
189	2290	Steve Townhill	V4525	Preston Harriers	43:19	216	2771	James Danson	V5516	Wesham Road Runners & Ac	51:14
190	1707	Phil Horner	V5028	Garstang Running Club	43:26	217	2522	Mike Ashton	V4021	Skelmersdale Boundary H	52:03
191	2292	Chris Wales	V5029	Preston Harriers	43:36	218	1704	Graham Hobson	V65 5	Garstang Running Club	52:12
192	2632	Paul Warrington	V4526	Southport Waterloo Ac	43:39	219	2761	Ryan Azzopardi	V4022	Wesham Road Runners & Ac	52:25
193	2284	Joseph Sharples		Preston Harriers	43:43	220	632	Kin Lai		Lancaster University	55:05
194	607	Paul Eaton	V5030	Blackpool Wyre & Fylde Ac	43:46	221	2984	Ben Cross	V4023	Kirkby Milers AC	59:09
195	2412	Philip Butler	V6014	Red Rose Road Runners	43:52	222	2613	Ian Pike	V5517	Southport Waterloo Ac	59:25

Senior Men — TEAM RESULTS

1 Rossendale Harriers & Ac	30 —	2	Grant Cunliffe	3	Joseph Johnston	4	William Curry	5	Benjamin Kirkman	7	Matthew Harris	9	Jonathan Cleaver
2 Rossendale Harriers & Ac 'B'	144 —	12	Joseph Ormrod	13	Robert Webb	15	Andrew Mellor	21	Andrew Grenfell	33	Michael Corbishley	50	Aaron Barker
3 Blackburn Harriers & Ac	159 —	1	Ross Harrison	25	Paul Bradshaw	28	Christopher Davies	30	Stephen Hall	32	Jack Lamb	43	Richard Addy
4 Southport Waterloo Ac	182 —	14	Ben Johnson	19	Francois Rafferty	34	David Hamilton	37	Mark Wynne	38	George Ingram	40	Alexander Vernon
5 Lancaster University	206 —	16	George Booth	23	Matthew Lowe	24	Sam Fairhurst	36	Edward Brading	51	Callum Fricker	56	Hamish Wills
6 Lancaster & Morecambe Ac	293 —	8	James Brassington	26	Mark Leadbeatter	29	Joseph Twigg	65	James Dalgleish	69	Mark Holgate	96	John Brassington
7 Wesham Road Runners & Ac	309 —	18	Adam Wilding	20	Tom Bamber	45	Thomas Crabtree	64	Mark Belfield	79	David Taylor	83	Christopher Hastwell
8 Preston Harriers	348 —	35	Jenson Warren	39	Billy Reid	42	Luke Suffolk	44	Simon Collins	81	Peter Gibson	107	Steve Hallas
9 Kirkby Milers AC	413 —	27	Kevin Polhill	46	Ryan Jones	60	Derri Henderson	91	James Ellis	94	Ben Smith	95	Adam Fitzsimmons
10 Clayton-Le-Moors Harriers	427 —	11	Adam Wale	54	Calum Holmes	72	Richard Stevenson	92	Scott Cunliffe	98	David Motley	100	Benjamin Nield
11 Leigh Harriers & Ac	429 —	6	Thomas Kneller	31	Adam Teece	73	Dave Smith	86	Allister Goulding	99	Joel Denton	134	David Pollitt
12 Liverpool Pembroke Sefton	467 —	49	Nick Turner	52	Alexander Procter	67	Thomas Harkin	70	Oliver Sutcliffe	93	Adrian Rogers	136	John Dickinson
13 Southport Waterloo Ac 'B'	483 —	47	Ben Stones	55	John Delamere	68	Marc Singer	85	Steven Wilkinson	112	Stephen Ward	116	Peter Roome
14 Lancaster University 'B'	489 —	58	Ed Cox	61	George Beevers	74	Morgan Harley	88	Ben Bolton	103	Addie Tomas Infante	105	Sam Sawczuk-Wood
15 Wigan & District H & Ac	494 —	63	Mark Morgan-Hillam	66	George Heyes	78	John Heyes	80	Mark Rogers	84	Adam McKenna	123	Mike Harris
16 Lytham St Annes Rr Club	507 —	17	Mike Toft	62	James Whittle	71	Murray Pattison	87	Jonathan Tuck	132	Steve Pepper	138	Dominic Read-Garrett
17 Blackpool Wyre & Fylde Ac	530 —	22	Noah Cox	48	Andrew Harling	76	Joshua Smith	102	Dominic Lavelle	133	Stuart Hall	149	Jonathon Sanderson
18 Skelmersdale Boundary H	591 —	41	Ian Roberts	82	Phillip Derry	89	David Stoddern	121	Daniel Gilbody	127	Tom Cocks	131	Harry Beaumont
19 Chorley A & T	692 —	53	Robert Walsh	104	Christopher Hodgson	113	Dominic Raby	117	Dan Edwards	151	Paul Wareing	154	Barry Wheeler
20 Red Rose Road Runners	726 —	57	Daniel Hughes	90	Emil Bowe	139	Jonathan X Borg	144	Simon Major	146	Matthew Ramsden	150	Scott Jackson
21 Kirkby Milers AC 'B'	798 —	110	Gary Fisher	120	Thomas Wright	125	Xander Heaton	126	Mark Ingarfield	156	David Matthews	161	Gary English
22 Preston Harriers 'B'	881 —	109	Robert Worsey	118	Christopher McCarthy	119	David Lea	159	Stephen Mort	187	Steven Boardman	189	Steve Townhill
23 Wesham Road Runners & Ac 'B'	970 —	114	Daniel Hounslea	115	Carl Groome	135	William Parkinson	171	Philip Quibell	216	James Danson	219	Ryan Azzopardi
24 Red Rose Road Runners 'B'	1032 —	162	John Carruthers	165	Christopher Bridge	166	Stephen Woodruffe	170	Stuart Cann	174	Simon Shaw	195	Philip Butler
25 Liverpool Pembroke Sefton 'B'	1080 —	152	Mitchell Wells	168	Mark Hudson	182	Chris Pedder	184	Robbie Edwards	196	Neil Roberts	198	Jeff McCarthy
26 Leigh Harriers & Ac 'B'	1096 —	157	Anthony Bayley	172	Jason Denton	176	Gary Sanderson	186	Joseph Dillon	200	Brian Copper	205	Matt Corlett

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	488	William Curry	U20 1	Rossendale Harriers & Ac	29:34
2	1939	James Brassington	U20 2	Lancaster & Morecambe Ac	30:03
3	489	Joseph Ormrod	U20 3	Rossendale Harriers & Ac	30:35
4	1547	Noah Cox	U20 4	Blackpool Wyre & Fylde Ac	31:28
5	3021	Matthew Lowe	U20 5	Lancaster University	31:34
6	158	Jack Lamb	U20 6	Blackburn Harriers & Ac	32:08
7	2401	Jenson Warren	U20 7	Preston Harriers	32:28
8	2400	Billy Reid	U20 8	Preston Harriers	32:44
9	631	Callum Fricker	U20 9	Lancaster University	33:23
10	2044	Alexander Procter	U2010	Liverpool Pembroke Sefton	33:26
11	3019	Ed Cox	U2011	Lancaster University	33:56
12	2977	Derri Henderson	U2012	Kirkby Milers AC	34:04
13	3015	George Beevers	U2013	Lancaster University	34:05
14	630	Ben Bolton	U2014	Lancaster University	36:10
15	629	Sam Sawczuk-Wood	U2015	Lancaster University	37:21
16	628	Jamieson McLaren	U2016	Lancaster University	37:30
17	709	Harry Beaumont	U2017	Skelmersdale Boundary H	38:47
18	3016	Toby Edwards	U2018	Lancaster University	39:46
19	2453	Matthew Ramsden	U2019	Red Rose Road Runners	39:49

Senior Men under 20 — TEAM RESULTS

1 Lancaster University	25 —	5 Matthew Lowe	9 Callum Fricker	11 Ed Cox	
2 Lancaster University 'B'	42 —	13 George Beevers	14 Ben Bolton	15 Sam Sawczuk-Wood	

Senior Men (Vets) over 40 — TEAM RESULTS

1	Rossendale Harriers & Ac	43	—	1	Jonathan Cleaver	5	Andrew Grenfell	10	Michael Corbishley	27	Ian Duffy			
2	Southport Waterloo Ac	45	—	3	Francois Rafferty	11	David Hamilton	12	Mark Wynne	19	John Delamere			
3	Lancaster & Morecambe Ac	90	—	6	Mark Leadbeatter	22	James Dalgleish	24	Mark Holgate	38	John Brassington			
4	Blackburn Harriers & Ac	96	—	8	Christopher Davies	9	Stephen Hall	14	Richard Addy	65	Mark Almond			
5	Clayton-Le-Moors Harriers	103	—	2	Adam Wale	25	Richard Stevenson	36	Scott Cunliffe	40	David Motley			
6	Wesham Road Runners & Ac	103	—	4	Tom Bamber	21	Mark Belfield	31	Christopher Hastwell	47	Carl Groome			
7	Wigan & District H & Ac	129	—	20	Mark Morgan-Hillam	28	John Heyes	29	Mark Rogers	52	Mike Harris			
8	Liverpool Pembroke Sefton	138	—	17	Nick Turner	23	Thomas Harkin	37	Adrian Rogers	61	John Dickinson			
9	Kirkby Milers AC	140	—	7	Kevin Polhill	35	James Ellis	44	Gary Fisher	54	Mark Ingarfield			
10	Chorley A & T	154	—	18	Robert Walsh	41	Christopher Hodgson	46	Dominic Raby	49	Dan Edwards			
11	Preston Harriers	181	—	15	Simon Collins	43	Steve Hallas	50	David Lea	73	Stephen Mort			
12	Leigh Harriers & Ac	202	—	26	Dave Smith	33	Allister Goulding	60	David Pollitt	83	Jason Denton			
13	Skelmersdale Boundary H	222	—	13	Ian Roberts	30	Phillip Derry	74	Andrew Mowatt	105	Paul Casey			
14	Blackpool Wyre & Fylde Ac	269	—	16	Andrew Harling	59	Stuart Hall	92	Peter Bradburn	102	Paul Eaton			
15	Red Rose Road Runners	299	—	66	Scott Jackson	75	John Carruthers	77	Stephen Woodruffe	81	Stuart Cann			
16	Garstang Running Club	355	—	55	Colin Jennings	94	Chris Horner	99	Phil Horner	107	Laurence Shackleton			

Senior Men (Vets) over 50 — TEAM RESULTS

1	Southport Waterloo Ac	13	—	1	Francois Rafferty	2	David Hamilton	10	Steven Wilkinson
2	Wigan & District H & Ac	21	—	4	Mark Morgan-Hillam	8	John Heyes	9	Mark Rogers
3	Lancaster & Morecambe Ac	26	—	5	James Dalgleish	7	Mark Holgate	14	John Brassington
4	Chorley A & T	50	—	3	Robert Walsh	16	Dominic Raby	31	Paul Wareing
5	Liverpool Pembroke Sefton	65	—	6	Thomas Harkin	27	John Dickinson	32	Mitchell Wells
6	Preston Harriers	68	—	15	Steve Hallas	19	David Lea	34	Stephen Mort
7	Clayton-Le-Moors Harriers	70	—	13	Scott Cunliffe	28	Kieron Mitchell	29	Andrew Payne
8	Leigh Harriers & Ac	79	—	11	Allister Goulding	26	David Pollitt	42	Jason Denton
9	Red Rose Road Runners	111	—	35	John Carruthers	36	Stephen Woodruffe	40	Stuart Cann
10	Wesham Road Runners & Ac	129	—	17	Carl Groome	41	Philip Quibell	71	James Danson
11	Garstang Running Club	131	—	24	Colin Jennings	52	Chris Horner	55	Phil Horner
12	Blackburn Harriers & Ac	158	—	30	Mark Almond	63	John Aspey	65	Keith Gill
13	Skelmersdale Boundary H	195	—	60	Paul Casey	66	Nick Paul	69	Paul Land

Senior Men (Vets) over 60 — TEAM RESULTS

1	Southport Waterloo Ac	8	—	1	Peter Roome	3	Ken Lennon	4	Neil Adshead
2	Red Rose Road Runners	22	—	6	John Carruthers	7	Stephen Woodruffe	9	Stuart Cann