

Lee Valley Athletics Centre Meridian Way, Edmonton, London N9 OAR

## **SUNDAY 19TH AUGUST**

This event will run under UK Athletics Rules and is a permitted event

## **Masters Events**

2 x 100m Races, 200m, 400m, 800m, 1500m, 3000m, 5000m, 300mH, 400mH, Weights Pentathlon, Long Jump, High Jump, Shot, Discus, Javelin, Pole Vault and 4x100m

Open Events (All age Groups)
100m, 200m, 400m, Long Jump, High Jump, Pole Vault

Masters events open to all men/women age 35+ on day of competition

Prizes to be won and there must be a minimum of 4 athletes per age group to qualify unless they break a record.

FULL ELECTRONIC TIMING OF TRACK EVENTS

Entries close
SUNDAY 5TH AUGUST

Strictly NO late entries accepted

More info at mastersgrandprix1@gmail.com

Contact Darren: 07903971307

race-results.co.uk/results/2018