

The Ronhill Sale 5k Sizzlers at Wythenshawe Park on Thursday 19th July 2012

Sizzler — PROVISIONAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time				
1	331	Simon Horsfield		Sale Harriers Manchester	14:47	74	513	Neil Walker	Altrincham & District Ac
2	287	?Gareth Raven		Sale Harriers Manchester	14:53	75	15	Tony Davenport	Salford Metropolitan Ac
3	312	James Riley		Bateman Nartin	14:59	76	158	Peter O'Neill	Sale Harriers Manchester
4	333	Ben Riddell		Salford Harriers	15:02	77	274	Ashley Crawford	Unattached
5	354	Tom Jenkins		Hallamshire Harriers Sheffield	15:27	78	187	Steve Shaughnessy	V55 2 Stockport Harriers & Ac
6	251	Luke Betts	JM 1	Chorley	15:35	79	190	SarahLouise Cumber	L40 2 Halifax Harriers & Ac
7	316	Stuart Robinson		Salford Harriers	15:38	80	514	Nick Jackson	V4011 Unattached
8	257	James Wignall		Sale Harriers Manchester	15:39	81	619	Toby Percival	Altrincham & District Ac
9	204	Armand Bush		Hallamshire Harriers Sheffield	15:50	82	524	Andy Pickford	Unattached
10	195	Matthew Hobbs		Hallamshire Harriers Sheffield	15:59	83	411	Jan Nicholls	L40 3 Sale Harriers Manchester
11	248	Paul Mannion	V40 1	Astley & Tyldesley RR	16:09	84	145	Peter Shipley	Sale Harriers Manchester
12	76	Rob Flannery		Sale Harriers Manchester	16:13	85	42	Mark Seed	V45 8 Salford Harriers
13	343	Lewis Eccleston	JM 2	Astley & Tyldesley RR	16:15	86	326	Maurice Oldham	V55 3 Manchester Harriers & Ac
14	339	Mike Flatley	V40 2	Middleton Harriers Ac	16:16	87	399	Robert Elstone	V45 9 Barnsley Athletic Club
15	509	Derek Simpson		Rochdale Harriers & Ac	16:26	88	107	Mark Offord	Dragons Running Club
16	327	Gavin Hill		Unattached	16:28	89	291	Richard Clancy	Unattached
17	591	Gary Rowlinson	V45 1	Sale Harriers Manchester	16:29	90	261	Lyndsay Clarke	L 9 Stockport Harriers & Ac
18	111	Dean Richardson		City Of Stoke AC	16:33	91	307	Chantel Quarless	L 10 Bateman Nartin
19	394	Jason Boothroyd	V40 3	Salford Harriers	16:34	92	405	Troy Topping	V4510 Unattached
20	338	?Ian Jackson	V40 4	Salford Harriers	16:35	93	275	Alan Burton	Manchester Tri Club
21	413	Mark Windsor		Sale Harriers Manchester	16:38	94	515	Nick Barton	Rochdale Harriers & Ac
22	318	Matthew Kelly		Altrincham & District Ac	16:39	95	385	Aron Myers	Wilmslow Running Club
23	102	Howard Mead		Salford Harriers	16:42	96	272	Robin Chan	JM 9 Astley & Tyldesley RR
24	593	Richard Edwards		Sale Harriers Manchester	16:45	97	523	Mike Dixon	Unattached
25	299	Stephen McCarron		Sale Harriers Manchester	16:46	98	253	Phil Quibell	V55 4 Unattached
26	320	Billy McCartney		Salford Harriers	16:47	99	146	Christopher Heys	Sale Harriers Manchester
27	3	Carl Platt		Trentham RC	16:48	100	288	Nick Blanchard	Stockport Harriers & Ac
28	219	David Rich	JM 3	Sale Harriers Manchester	16:50	101	414	Simon Haigh	Unattached
29	51	Carl Barber	V40 5	Sale Harriers Manchester	16:51	102	328	Gavin Browne	E Cheshire H & Tameside Ac
30	244	David Alexander	V40 6	West Cheshire Athletic Club	16:56	103	504	Steven Gavin	V4012 Sale Harriers Manchester
31	247	Glyn Billington		Unattached	16:57	104	206	?Graham Harrison	V50 5 Altrincham & District Ac
32	293	Katie Brough	L 1	Warrington Athletic Club	16:59	105	266	?Jim O'Connor	V4013 Salford Harriers
33	264	Peter Belcher		Royal Marines	17:01	106	46	Mark Norton	V4014 Altrincham & District Ac
34	255	Chris Donnelly		Sale Harriers Manchester	17:03	107	355	Simon Harlow	Bramhall Runners
35	185	Julian Rose	V45 2	Holmfirth Harriers Ac	17:04	108	180	Jonathan Reeh	Manchester Harriers & Ac
36	592	James Cordon	V40 7	Stockport Harriers & Ac	17:09	109	527	Steve McLean	V50 6 Southport Waterloo Ac
37	276	Hayley Kuter		Unattached	17:12	110	94	Alistair Kell	V4015 Sale Harriers Manchester
38	362	Nicholas Whittle		Sale Harriers Manchester	17:14	111	224	Sandra Lewis	L35 1 Altrincham & District Ac
39	590	Callum Rowlinson	JM 4	Sale Harriers Manchester	17:16	112	292	Sean Cordell	V4016 Salford Harriers
40	62	Mark Brewer		Sale Harriers Manchester	17:17	113	349	Ben Fox	JM 10 Sale Harriers Manchester
41	153	Tom Armstrong		Vale Royal Ac	17:18	114	269	John Lee	V4511 Astley & Tyldesley RR
42	340	Carl Mountain		Bateman Nartin	17:19	115	278	Maria Kelly	L 12 Penny Lane Striders
43	305	Elton Davies		Sale Harriers Manchester	17:20	116	317	Gary Pendlebury	V55 5 Salford Harriers
44	25	Dillon Bezzina	JM 5	Sale Harriers Manchester	17:21	117	528	Trac Peters	L 13 Southport Waterloo Ac
45	241	Liam Browne		E Cheshire H & Tameside Ac	17:22	118	6	Ian Stainthorpe	V50 7 Rochdale Harriers & Ac
46	149	Darren Cottier	V40 8	Bateman Nartin	17:23	119	348	Bill Fox	V55 6 Sale Harriers Manchester
47	237	Paul Quine	V50 1	Bateman Nartin	17:24	120	526	Hannah Lees	L 14 Unattached
48	125	Malcolm Fowler	V45 3	Wilmslow Running Club	17:24	121	373	David Shaw	V4512 Salford Harriers
49	223	?Paul Watson		Altrincham & District Ac	17:25	122	271	Thomas McCormack	Styal Running Club
50	19	David Marsh		Sale Harriers Manchester	17:26	123	507	Nick Bone	Winston Runners
51	203	Charlie Batho	V40 9	Stockport Harriers & Ac	17:31	124	311	Arnold Melling	V65 1 Astley & Tyldesley RR
52	277	Kyle Conway	LJ 1	Sale Harriers Manchester	17:35	125	39	Samantha Jones	L 15 Stockport Harriers & Ac
53	337	Roger Grand		UKA	17:36	126	44	Paul Collins	V4513 Unattached
54	157	Alex Bradford	JM 6	Sale Harriers Manchester	17:37	127	143	David Townley	Stockport Harriers & Ac
55	372	Steven Caldwell		Vale Royal Ac	17:39	128	206	?Graham Harrison	V50 8 Altrincham & District Ac
56	325	Anthony Barbat	V50 2	Wallasey Athletic Club	17:41	129	148	James Hart	Salford Metropolitan Ac
57	77	Stephen Fosbrook		Stockport Harriers & Ac	17:42	130	188	Geoff Cumber	V65 2 Halifax Harriers & Ac
58	268	Gary Stevens		Astley & Tyldesley RR	17:43	131	393	Paul Hollywood	Unattached
59	114	Mike Shaw	V45 4	Stockport Harriers & Ac	17:44	132	199	Andrew O'Connor	V50 9 St Helens Sutton Ac
60	236	Laura Quine	L 3	Bateman Nartin	17:50	133	262	Brandon Holroyd	Holmfirth Harriers Ac
61	265	Graham Chesters	V50 3	Salford Harriers	17:51	134	335	Rob Partridge	Unattached
62	254	Trevor Rayner	V45 5	Salford Harriers	17:52	135	437	Carl Cleghorn	Sale Harriers Manchester
63	140	Tom McNally	V45 6	Stockport Harriers & Ac	17:57	136	315	Richard Brown	Unattached
64	95	Jenny Knass	L 4	Stockport Harriers & Ac	17:58	137	282	Jayne Lawton	L40 4 Stockport Harriers & Ac
65	5	Mandy Verman	L40 1	UKA	18:00	138	285	Rob Heggis	Sale Harriers Manchester
66	313	Katherine Walker	LJ 2	Bateman Nartin	18:02	139	344	Scott Liddell	V55 7 Spectrum Striders
67	298	Andrew Parker		Bolton United Harriers & Ac	18:04	140	431	Daniel Boulton	Sale Harriers Manchester
68	49	David Gee	V55 1	Manchester Harriers & Ac	18:06	141	446	Stephanie Stevens	L40 5 Unattached
69	308	Dave Ainsworth	V50 4	Altrincham & District Ac	18:07	142	116	Jerry Smith	V55 8 Sale Harriers Manchester
70	332	Matthew Metcalf	JM 7	Sale Harriers Manchester	18:11	143	250	Andy Williams	Bramhall Runners
71	346	Khalid Absiyeh	JM 8	Sale Harriers Manchester	18:12	144	353	?Keith Boardman	V5010 Northern Veterans Ac
72	365	Matt Whitehead	V45 7	Manchester Harriers & Ac	18:13	145	210	Matt Moran	Stockport Harriers & Ac
73	381	Shane Wolstencroft	V4010	Salford Metropolitan Ac	18:15	146	234	Aidan Raftery	V5011 Unattached

Supported by Kelloggs, Sholtz Energy gels, Sweatshop, Mornflakes Oates, Adactus Housing Association, Yours Housing Group.

Event software © G.J. Fecitt (SportSoft) Tel & Fax: 01204 884887 email graham@race-results.co.uk

Full results will be on the internet tonight at <http://www.race-results.co.uk/>

147	90	Ian Johnson	V55	9	Salford Harriers	20:13	226	280	Tom Daniels	V60	6	Salford Harriers	22:04
148	99	Joanne Lott	L45	1	Trafford Athletic Club	20:14	227	351	Matthew Brooke			Sale Harriers Manchester	22:05
149	286	Emma Finney	L	19	Unattached	20:15	228	228	Amanda Trivett	L35	3	Stockport Harriers & Ac	22:06
150	519	Mark McAfee			Unattached	20:15	229	398	Maureen Wilkins	L45	2	Stockport Harriers & Ac	22:08
151	402	Laura Nash	L	20	Salford Harriers	20:16	230	110	Gareth Redston			Trafford Athletic Club	22:09
152	29	Duncan Shuttleworth	V5012		Unattached	20:16	231	374	Simon Woodward	V5019		City Of Chester TC	22:13
153	13	Anthony Collier	V5510		Styal Running Club	20:17	232	375	Nick Roberts	V4520		Stockport Harriers & Ac	22:15
154	309	Stan Curran	V60	1	Salford Harriers	20:18	233	260	Helen Fraser	L50	7	Stockport Harriers & Ac	22:16
155	314	Daniel Brookes			Unattached	20:20	234	105	Hilary Neal	L35	4	Unattached	22:20
156	8	Jeremy Mirams			Unattached	20:21	235	246	Vin Murphy	V65	5	Salford Harriers	22:21
157	310	Graham Tracey	V4017		Vegetarian C & AC	20:22	236	208	Carole Harrison	L45	3	Altrincham & District Ac	22:25
158	191	Tony Wardle	V4018		South Cheshire Harriers	20:23	237	20	Liz Turton	L55	1	Stockport Harriers & Ac	22:27
159	2	Joanna Robbins	L40	6	Sale Harriers Manchester	20:24	238	93	Jon-Paul Kearns	V4025		Stockport Harriers & Ac	22:29
160	215	Gary Chadwick			Unattached	20:30	239	7	Hilary West	L50	8	Stockport Harriers & Ac	22:33
161	258	Ken Burgess	V65	3	Altrincham & District Ac	20:33	240	406	Pete Hoyle			Middleton Harriers Ac	22:34
162	407	Joseph Watkinson			Unattached	20:36	241	71	Andrew Dooley	V5020		Styal Running Club	22:38
163	345	Ian Welch	V5013		Unattached	20:38	242	213	Rebecca Mills	L	45	Swinton Running Club	22:43
164	179	Alastair Rainsbury			Stockport Harriers & Ac	20:40	243	81	Steve Green	V5516		Unattached	22:44
165	135	Geoff Gilbert	V60	2	Wilmslow Running Club	20:41	244	347	John Hughes	V4521		Stockport Harriers & Ac	22:45
166	403	Daniel McDermott			Hyde Village Striders Rc	20:42	245	156	Lauren Davies	L	46	Sale Harriers Manchester	22:48
167	238	Peter Harrop	JM	11	British Army	20:45	246	279	Roland Bowness	V65	6	Salford Harriers	22:49
168	525	Paul Sweeney			Unattached	20:47	247	433	Paul Walker			Swinton Running Club	22:50
169	290	David Bibby	V4514		Stockport Harriers & Ac	20:48	248	505	Andy Mackie	V5021		Staffs Moorlands AC	22:53
170	430	Andrew Tricky	V4019		Unattached	20:48	249	26	Jonathan Clarke	V4026		Styal Running Club	22:54
171	47	Peter Maher	V5511		Bateman Nartin	20:48	250	61	Mark Brett	V4522		Unattached	22:55
172	245	Fiona Alexander	L40	7	Ripley Running Club	20:48	251	16	Dave Farmer	V65	7	Sale Harriers Manchester	22:57
173	304	Timothy Rainey	V4515		Sale Harriers Manchester	20:48	252	518	Alice Macache	L	47	Manchester Harriers & Ac	22:58
174	443	(No. 443)	L40	8	Swinton Running Club	20:48	253	189	Sonya Hynes	L	48	UKA	22:59
175	212	Louise Robbins	L35	2	Sale Harriers Manchester	20:49	254	109	John Purdy	V4523		Rochdale Harriers & Ac	23:00
176	60	Jim Brett	V5512		Manchester Harriers & Ac	20:53	255	182	Helen Todd	L55	2	Stockport Harriers & Ac	23:02
177	200	Julian Jacobs	V4020		Salford Harriers	20:55	256	521	Eddie Dolan			Unattached	23:03
178	294	Rebecca Donohue	LJ	3	UKA	20:56	257	367	David Hobbs	V5022		Unattached	23:04
179	92	Martin Joyce	V4516		Manchester Harriers & Ac	20:58	258	166	Wendy Woodhead	L	50	Manchester Harriers & Ac	23:04
180	412	D ChrystieLowe	V5513		Stockport Harriers & Ac	20:59	259	336	Tom Temple	V5517		Salford Harriers	23:05
181	363	Michael Jill	V4517		Bolton United Harriers & Ac	20:59	260	89	Alan Jenkinson	V60	7	Styal Running Club	23:06
182	287	?Gareth Raven			Sale Harriers Manchester	21:00	261	103	Michael Morgan			Unattached	23:08
183	342	Steve Foster	V5014		Astley & Tyldesley RR	21:01	262	155	Paul Steane	V5023		Unattached	23:09
184	137	Alan Brady	V60	3	Spectrum Striders	21:02	263	360	Tony Elston			Dragons Running Club	23:11
185	404	Lee Daley	V4021		Winston Runners	21:06	264	168	Stacey Benson	L	51	Manchester Harriers & Ac	23:12
186	392	Fred Davids			Unattached	21:07	265	289	Martin Blackman	V4524		Stockport Harriers & Ac	23:13
187	70	J Cordingley	L50	1	Sale Harriers Manchester	21:08	266	151	Brian Bradshaw	V5024		Sale Harriers Manchester	23:14
188	207	Sarah Mackness	L	27	Altrincham & District Ac	21:10	267	369	Diana Smith	L	52	Unattached	23:18
189	270	Jean Mann	L50	2	Astley & Tyldesley RR	21:17	268	364	Paul Kain	V4027		Unattached	23:18
190	214	Dan Middlebrook			Unattached	21:18	269	324	Mike Harpham			Unattached	23:19
191	417	Nigel Harrison	V4518		Stockport Harriers & Ac	21:19	270	83	Sarah Harrison	L	53	Manchester Harriers & Ac	23:22
192	173	Darren Goodson			Sale Harriers Manchester	21:21	271	118	Mel Smith	V60	8	Unattached	23:24
193	35	Claire Northcote	L50	3	Styal Running Club	21:25	272	220	Paul Arrowsmith	V4028		Uk Netrunner	23:25
194	297	Paul Rankin			Bolton United Harriers & Ac	21:26	273	415	Kerry Cheng	L	54	Unattached	23:29
195	159	Marie O'Connor	L	30	Pudsey Pacers	21:27	274	383	Leon Thompson	V4029		Hyde Village Striders Rc	23:30
196	17	Robert Corinaldi	V4022		Bateman Nartin	21:28	275	350	Simon Munday	V4525		Unattached	23:32
197	194	Mark Wheelton	V5015		Macclesfield Harriers & Ac	21:29	276	391	Ben Kirkman			Unattached	23:33
198	440	Ross Kennedy			Unattached	21:30	277	175	Shira Barham	L	55	Unattached	23:34
199	100	Stuart Mairs			Salford Metropolitan Ac	21:31	278	445	Martin Jackson	V4526		Unattached	23:35
200	163	Janet Grint	L50	4	E Cheshire H & Tameside Ac	21:34	279	510	Richard Stringer			Unattached	23:38
201	512	Nicola Lloyd	L	32	Bramhall Runners	21:37	280	55	Stephanie Bennett	L	56	Unattached	23:42
202	296	Keith MacLinder	V4519		Bolton United Harriers & Ac	21:38	281	124	Chris Williams	V4030		Unattached	23:44
203	426	Daniel Wild			Unattached	21:39	282	301	Colin Abbott	V60	9	Unattached	23:45
204	322	Colin Davies	V60	4	Altrincham & District Ac	21:40	283	441	Hugh McKenna	V6010		Altrincham & District Ac	23:46
205	170	Ray Dalby	V5514		Rochdale Harriers & Ac	21:41	284	300	Alan Jones	V4031		Deestridders	23:48
206	249	Simond Bond			Sale Harriers Manchester	21:41	285	302	David Turton	V5518		Stockport Harriers & Ac	23:48
207	183	Arnold Bradshaw	V60	5	Manchester Harriers & Ac	21:42	286	395	Paul Robinson	V4032		Unattached	23:49
208	427	Kev Logue			Unattached	21:42	287	416	Louise Harrison	L4010		Stockport Harriers & Ac	23:49
209	56	Alan Bennett	V5016		Unattached	21:43	288	386	Roy Myers	V6011		Unattached	23:50
210	408	Cara O'Brien	L	33	Sale Harriers Manchester	21:44	289	230	Jimmy Harwood	V4033		Unattached	23:50
211	48	Jacky Thorn	L50	5	Bateman Nartin	21:44	290	38	Fredelina Yong	L	58	Reading Road Runners	23:51
212	506	Nick Pearson			Unattached	21:45	291	319	Mansel Pope	V6012		Altrincham & District Ac	23:52
213	352	Kristian Robinson	V4023		Rochdale Harriers & Ac	21:46	292	87	Stephen Howe	V5025		Unattached	23:54
214	438	Tim Lavin	V5017		Altrincham & District Ac	21:50	293	425	Darren Callaghan			Unattached	23:58
215	429	Suzanne Smith	L	35	Unattached	21:54	294	82	Lewis Green			Unattached	24:01
216	390	Dave Wood	V65	4	Unattached	21:55	295	418	Barbara Dunn	L50	9	Winston Runners	24:04
217	555	Mark Finney	V4024		Sale Harriers Manchester	21:56	296	242	Tony Gavin			Unattached	24:07
218	273	Ray Taylor	V5515		Astley & Tyldesley RR	21:57	297	530	Mike Owen	V4034		Trafford Athletic Club	24:08
219	243	Sidney Sacks	V70	1	Salford Harriers	21:57	298	338	?Ian Jackson	V4035		Salford Harriers	24:09
220	263	Barry Chambers	V5018		Vale Royal Ac	21:58	299	511	Claire Tenzer	L	60	Unattached	24:10
221	28	Mary Taverner	L50	6	Bateman Nartin	21:59	300	503	Paul Curley			Unattached	24:11
222	144	David Vaughan			Unattached	22:00	301	240	Sara Leah	L	61	Stockport Harriers & Ac	24:13
223	223	?Paul Watson			Altrincham & District Ac	22:01	302	389	Graham Kitchen	V5026		Dragons Running Club	24:15
224	97	Paul Lockett			Unattached	22:02	303	387	Sarah Wood	L	62	Stockport Harriers & Ac	24:16
225	139	Helen Reagan	L40	9	Sale Harriers Manchester	22:03	304	370	Christian Hook			Unattached	24:18

Supported by Kelloggs, Sholtz Energy gels, Sweatshop, Mornflakes Oates, Adactus Housing Association, Yours Housing Group.

Event software © G.J. Fecitt (SportSoft) Tel & Fax: 01204 884887 email graham@race-results.co.uk

Full results will be on the internet tonight at <http://www.race-results.co.uk/>

305	232	Andrew Bourne	V4036	Unattached	24:19	364	196	Debs Gardner	L4016	Birkenhead Athletic Club	27:31
306	172	Amy Barter	L 63	Stockport Harriers & Ac	24:20	365	84	Glyn Hathaway		Unattached	27:45
307	169	David Gill	V4037	Sale Harriers Manchester	24:24	366	330	Jill Sanders	L4017	Sale Harriers Manchester	27:49
308	152	David Williamson	V4527	Swinton Running Club	24:25	367	67	Liz Cardall	L55 3	Unattached	27:52
309	78	Steven Francom		Unattached	24:26	368	53	Susan Bean	L60 3	Swinton Running Club	27:54
310	436	Michael Ennis		Unattached	24:27	369	160	Claire Wolfendale	L 95	Swinton Running Club	27:57
311	401	Ian Morris	V6013	Unattached	24:29	370	359	Ian Richardson	V4530	Unattached	28:05
312	439	Aileen Davidson	L 64	Unattached	24:34	371	9	Kate O'Brien	L 96	Unattached	28:10
313	252	Robert Miller	V6014	Stockport Harriers & Ac	24:36	372	23	Peter Burton	V4531	Lymm Runners	28:31
314	45	Margaret Trickey	L60 1	Sale Harriers Manchester	24:38	373	40	Jean Bayley	L5013	UKA	28:36
315	303	David Smith	V4038	Unattached	24:39	374	522	Rosalin Miles	L4018	Manchester Harriers & Ac	28:38
316	442	David Wright	V4528	Unattached	24:40	375	419	Jana Bejakoua	L4019	Unattached	28:43
317	508	Lisa Ottiwell	L4011	Swinton Running Club	24:41	376	334	Graham Partridge	V5523	Unattached	28:48
318	295	David Lowe	V4529	Sale Harriers Manchester	24:42	377	161	Jill Clark	L45 6	Hyde Village Striders Rc	28:56
319	176	Jennifer Johnson	L 67	Manchester Triathlon Club	24:44	378	361	Cherry Collison	L 101	Bolton United Harriers & Ac	28:58
320	396	Darren Cooper		Manchester Tri Club	24:45	379	259	Joanne Grace	L 102	Unattached	29:00
321	284	Stephen Whittle	V5519	Chorlton Runners	24:52	380	358	Beth Dum	L 103	Unattached	29:14
322	341	Charles Lowrkaw	V5027	Styal Running Club	24:53	381	162	Sally Gubbins	L 104	Hyde Village Striders Rc	29:32
323	164	Jean Mellor	L4012	Swinton Running Club	24:56	382	502	Helen McCarthy	L 105	Manchester Harriers & Ac	29:37
324	1	Dave Attwell	V70 2	Altrincham & District Ac	24:58	383	106	Stevie Collier	L 106	Styal Running Club	29:41
325	423	Warren Myers		Unattached	25:00	384	434	Jane Ford	L55 4	Unattached	29:45
326	435	Alan Ford	V6015	Unattached	25:03	385	397	James McIntosh	V5031	Unattached	29:56
327	112	John Riley	V70 3	Nvt1	25:05	386	366	Louise Simpson	L 108	Southend Athletics	30:04
328	400	Maria Royal	L5010	Manchester Harriers & Ac	25:06	387	266	?Jim O'Connor	V4041	Salford Harriers	30:11
329	64	Phil Bryan		Unattached	25:18	388	323	Rachel Harpham	L 109	Unattached	30:12
330	321	Amanda McCartney	L 70	Salford Harriers	25:19	389	353	?Keith Boardman	V5032	Northern Veterans Ac	30:21
331	65	Edyta Burgess	L35 5	Unattached	25:22	390	379	Melissa Harrison	L4020	Hyde Village Striders Rc	30:30
332	142	Claire Brennan	L35 6	Unattached	25:26	391	117	Clare Smith	L45 7	Bramhall Runners	30:45
333	88	Paul Hudson	V5520	Bateman Nartin	25:28	392	201	Derek Walton	V6510	Altrincham & District Ac	30:47
334	12	Sid Bailey	V5521	Deestriders	25:37	393	10	Geoff Howarth	V75 1	Northern Veterans Ac	30:48
335	138	Caroline Baba	L 73	Manchester Harriers & Ac	25:44	394	63	Karen Brownsell	L35 9	Unattached	30:49
336	380	James Walsh	V5522	Unattached	25:49	395	410	Claire Thomond	L 113	Unattached	30:54
337	141	Marinda Breddy	L4013	Sale Harriers Manchester	25:54	396	444	(No. 444)		Rochdale Harriers & Ac	31:00
338	165	Andrea Williams	L 75	Manchester Harriers & Ac	25:56	397	501	(No. 501)	L 114	Unattached	31:08
339	221	Alexandra Vesty	L 76	Unattached	25:57	398	283	Emma White	L 115	Unattached	31:10
340	30	Barbara Shuttleworth	L5011	Unattached	25:59	399	409	Jacqueline Jones	L4021	Hyde Village Striders Rc	31:22
341	428	Paul Smith	V4039	Unattached	26:00	400	101	Jan Makinson	L5014	Unattached	31:41
342	217	Jenny Miles	L60 2	Sale Harriers Manchester	26:06	401	68	Margaret Carleton	L55 5	Winston Runners	31:47
343	233	Mahvish Pirzada	L 79	Unattached	26:13	402	424	Gillian Mandy	L 119	Unattached	31:59
344	147	Mike Howe	V70 4	Unattached	26:17	403	115	Jean Skitt	L65 1	Manchester Harriers & Ac	32:10
345	79	Mike Gibson	V5028	Sale Harriers Manchester	26:30	404	432	Kate Law	L 121	Unattached	32:37
346	218	Rosa Elliott	L5012	Sale Harriers Manchester	26:32	405	18	Ashlin Corinaldi	L4022	Unattached	32:38
347	130	Gail Hill	L35 7	Wilmslow Running Club	26:33	406	41	David Sinnott	V6018	Saddleworth Runners Club	33:05
348	209	Catherine Dodsworth	L4014	Dragons Running Club	26:35	407	421	David Wilson	V5524	Hyde Village Striders Rc	33:30
349	43	Tim Birch	V6016	Northern Veterans Ac	26:38	408	121	Martin Wheeldon	V6019	Wilmslow Running Club	33:33
350	216	Kirsty Lyons	L 83	Manchester Harriers & Ac	26:41	409	371	Sharon Toolin	L 123	Hyde Village Striders Rc	33:47
351	239	John Leah	V6017	Bramhall Runners	26:45	410	517	Nigel Breddy	V4042	Unattached	35:16
352	281	John Gregory	V5029	Unattached	26:49	411	376	Sharon Hyde	L 124	Hyde Village Striders Rc	35:53
353	229	Darren Russell	V4040	Unattached	26:51	412	378	Andrew Taylor	V4532	Hyde Village Striders Rc	35:57
354	267	Mike Wakelin	V5030	Trafford Athletic Club	26:59	413	377	Shelley Pascoe	L 125	Hyde Village Striders Rc	36:07
355	256	David Gregory	V65 8	Manchester Harriers & Ac	27:05	414	205	Peter Baugh	V6511	Unattached	36:10
356	420	Charles Guill	V65 9	Unattached	27:07	415	235	Tommy Malone	V5525	Sale Harriers Manchester	36:13
357	167	Linda Borkin	L 84	Run England	27:14	416	150	Ivan Macintyre	V5526	Unattached	36:37
358	516	Catherine O'Grady	L 85	Unattached	27:18	417	73	Claire Evans	L4023	Unattached	37:29
359	231	Sandra Harwood	L4015	Unattached	27:19	418	384	Lisa Leatherall	L4024	Unattached	40:04
360	58	Terrie Blammon	L35 8	Unattached	27:20	419	74	Annette Fairclough	L5015	Winston Runners	40:04
361	422	Susan Parker	L45 4	Hyde Village Striders Rc	27:25	420	529	Stuart Edwards	V4043	Unattached	41:19
362	119	Sally Stevens	L 89	Unattached	27:26	421	368	David Todd	V6512	Road Runners Club	43:57
363	24	Mary Burton	L45 5	Lymm Runners	27:29						