

Manchester Area Cross Country League

at Sherdley Park, St Helens on Saturday 10th November 2012

Under11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	422	Elizabeth Twite	Sale H Manchester	9:13	26	916	Alice Dale	Altrincham & Dist AC	10:59
2	409	Grace De-Campos	Manchester H & AC	9:15	27	913	Emilia Williamson	Liverpool H & AC	11:02
3	421	Bethany Thornton	Sale H Manchester	9:21	28	923	Marie Mannion	Trafford AC	11:09
4	387	Katie Miller	Liverpool H & AC	9:24	29	396	Lauren Ward	Liverpool H & AC	11:10
5	415	Chantelle Johnson	Moston & District H	9:33	30	397	Natasha Wood	Liverpool H & AC	11:11
6	413	Alice Stiles	Manchester H & AC	9:41	31	433	India Hayes	Warrington AC	11:18
7	419	Tess McHugh	Sale H Manchester	9:57	32	385	Holly Leadbetter	Liverpool H & AC	11:22
8	386	Ella McNiven	Liverpool H & AC	10:06	33	918	Freya Handley	E Cheshire H & Tameside AC	11:23
9	431	Neve Maddock	Vale Royal AC	10:08	34	940	Isla Law	Vale Royal AC	11:27
10	395	Alex Townsend	Liverpool H & AC	10:15	35	921	Imogen Hardwood Moss	St Helens Sutton AC	11:28
11	922	Lauren Smith	Sale H Manchester	10:17	36	924	Molly Fannon	Sale H Manchester	11:32
12	435	Lucia Meloni	Warrington AC	10:22	37	436	Charlotte Stokes	Warrington AC	11:39
13	914	Olivia Kenyon	Liverpool H & AC	10:25	38	915	Faith Crossley	Liverpool H & AC	12:00
14	933	Georgia Fazakerley	Manchester H & AC	10:28	39	378	Isla Bellamy	Halton & Frodsham	12:06
15	377	Megan Lewis	E Cheshire H & Tameside AC	10:30	40	912	Alex Tasker	Liverpool H & AC	12:22
16	2030	\$Malita Griffin	Ribble Valley AC	10:34	41	390	Elizabeth Pederson	Liverpool H & AC	12:23
17	932	Isobel Murphy	Liverpool H & AC	10:35	42	380	Daisy Cornell	Liverpool H & AC	12:31
18	2041	\$Eve Gibbons	Dash	10:37	43	388	Holly Murphy	Liverpool H & AC	12:42
19	401	Amelia Newbould	Macclesfield H & AC	10:39	44	911	Lillie Walker	Liverpool H & AC	12:49
20	910	Jessica Spilsbury	Sale H Manchester	10:40	45	402	Tess Newbould	Macclesfield H & AC	12:54
21	399	Eve Cobey	Macclesfield H & AC	10:45	46	379	Nadia Alsamarraie	Liverpool H & AC	13:08
22	381	Beth Doubtfire	Liverpool H & AC	10:47	47	389	Jess Murphy	Liverpool H & AC	13:25
23	391	Annabel Pennington	Liverpool H & AC	10:52	48	404	Florence Thomson	Macclesfield H & AC	13:26
24	384	Sophie Kerr	Liverpool H & AC	10:55	49	383	Gemma Grierson	Liverpool H & AC	13:43
25	909	Clara Parker	Sale H Manchester	10:56	50	382	Holly Downey	Liverpool H & AC	14:48

Under11 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	11 — 1 Elizabeth Twite	3 Bethany Thornton	7 Tess McHugh
2 Liverpool H & AC	22 — 4 Katie Miller	8 Ella McNiven	10 Alex Townsend
3 Manchester H & AC	22 — 2 Grace De-Campos	6 Alice Stiles	14 Georgia Fazakerley
4 Liverpool H & AC 'B'	49 — 13 Olivia Kenyon	16 Isobel Murphy	20 Beth Doubtfire
5 Sale H Manchester 'B'	52 — 11 Lauren Smith	18 Jessica Spilsbury	23 Clara Parker
6 Liverpool H & AC 'C'	68 — 21 Annabel Pennington	22 Sophie Kerr	25 Emilia Williamson
7 Warrington AC	76 — 12 Lucia Meloni	29 India Hayes	35 Charlotte Stokes
8 Macclesfield H & AC	79 — 17 Amelia Newbould	19 Eve Cobey	43 Tess Newbould
9 Liverpool H & AC 'D'	85 — 27 Lauren Ward	28 Natasha Wood	30 Holly Leadbetter
10 Liverpool H & AC 'E'	113 — 36 Faith Crossley	38 Alex Tasker	39 Elizabeth Pederson
11 Liverpool H & AC 'F'	123 — 40 Daisy Cornell	41 Holly Murphy	42 Lillie Walker
12 Liverpool H & AC 'G'	136 — 44 Nadia Alsamarraie	45 Jess Murphy	47 Gemma Grierson

Race 2 - Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	372	Sam Evans	Warrington AC	8:37	16	2044	\$Harry Rhead	Unattached	10:28
2	361	Ben Batho	Stockport H & AC	8:48	17	336	Morgan Frith	Macclesfield H & AC	10:37
3	363	Fabio Carosi	Stockport H & AC	9:03	18	366	Brodie Dunn	Trafford AC	10:47
4	906	Sonny Dean	West Cheshire AC	9:06	19	368	Aaron Doyle	Vale Royal AC	10:49
5	364	Lucas Parker	Stockport H & AC	9:17	20	942	Lewis Rowlinson	Sale H Manchester	10:50
6	369	Edward Pettitt	Vale Royal AC	9:18	21	901	Matthew Housley	Macclesfield H & AC	10:51
7	371	Rory Thompson	Vale Royal AC	9:27	22	370	Lewis Stanley	Vale Royal AC	11:02
8	373	Ben Harrison	Warrington AC	9:37	23	943	Jay Cushen	Vale Royal AC	11:07
9	337	Peter Goodfellow	Macclesfield H & AC	9:42	24	919	Lewis Danher	St Helens Sutton AC	11:22
10	928	Jack Lowrie	St Helens Sutton AC	9:52	25	930	Ethan Sephton	Vale Royal AC	11:26
11	376	Joe Williams	Warrington AC	9:56	26	328	Joseph Dennett	ABC Runners	11:26
12	937	Will Horton	Vale Royal AC	10:01	27	350	Xander Storey	St Helens Sutton AC	11:38
13	346	Jamie Ford	St Helens Sutton AC	10:07	28	345	W Carroll-Nichols	Moston & District H	11:39
14	329	Elliot Livingston	ABC Runners	10:14	29	2043	\$Oliver Murphy	Unattached	11:43
15	946	Charlie Fawkes	Vale Royal AC	10:25	30	334	Sam Thompson	Handforth	17:56

Race 2 - Under 11 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Stockport H & AC	10 — 2 Ben Batho	3 Fabio Carosi	5 Lucas Parker
2 Warrington AC	20 — 1 Sam Evans	8 Ben Harrison	11 Joe Williams
3 Vale Royal AC	25 — 6 Edward Pettitt	7 Rory Thompson	12 Will Horton
4 Macclesfield H & AC	45 — 9 Peter Goodfellow	16 Morgan Frith	20 Matthew Housley
5 St Helens Sutton AC	46 — 10 Jack Lowrie	13 Jamie Ford	23 Lewis Danher
6 Vale Royal AC 'B'	54 — 15 Charlie Fawkes	18 Aaron Doyle	21 Lewis Stanley

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Race 2 - Under 13 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time				
1	559	Aine Cunningham		Sale H Manchester	8:40	27	510	Megan Barnsley	ABC Runners
2	543	Danielle Stringer		Manchester H & AC	8:45	28	588	Heather Corden	Stockport H & AC
3	542	Eleanor Kenny		Manchester H & AC	8:49	29	525	Grace Preston	Liverpool H & AC
4	574	Ellie Twite		Sale H Manchester	8:50	30	547	Alex Bottomley	St Helens Sutton AC
5	523	Lucy Miller		Liverpool H & AC	8:57	31	586	Francesca Carosi	Stockport H & AC
6	564	F Hacker-Davies		Sale H Manchester	9:07	32	601	Ellie Cushen	Vale Royal AC
7	569	Niamh Nugent		Sale H Manchester	9:08	33	522	Amelia McCoy	Liverpool H & AC
8	520	Emily Gray		Liverpool H & AC	9:10	34	516	Mia Alsamaraie	Liverpool H & AC
9	554	Tia Blissett		Sale H Manchester	9:28	35	832	Emily Lucas	Liverpool H & AC
10	837	Natasha Harrison		Stockport H & AC	9:29	36	565	Isabella Hulme	Sale H Manchester
11	584	Georgia Bourke		Stockport H & AC	9:33	37	847	Holly Peltier	Salford Met AC
12	544	Megan Taylor		Manchester H & AC	9:38	38	848	Chiara Young	Sale H Manchester
13	606	Juliet Hodder		Wirral AC	9:44	39	549	Abbie Roberts	St Helens Sutton AC
14	551	Susan Shirling		St Helens Sutton AC	9:49	40	845	Lucy McMullen	Salford Met AC
15	864	Emily Barker		Salford Met AC	9:51	41	589	Grace Garner	Stockport H & AC
16	575	Jemma Vickers		Sale H Manchester	9:53	42	844	Sophie Harrison	Salford Met AC
17	518	Jessica Cook		Liverpool H & AC	9:57	43	583	Bethany Wright	Salford Met AC
18	934	Esme Bridge		Vale Royal AC	9:59	44	567	B Lennon-Butler	Sale H Manchester
19	573	Chloe Taylor		Sale H Manchester	10:03	45	514	Ellie Tron	Halton & Frodsham
20	840	Emma Flynn		Stockport H & AC	10:08	46	545	E Carroll-Nichols	Moston & District H
21	582	Molly Wilson		Salford Met AC	10:09	47	903	Jasmine Gorman	Liverpool H & AC
22	509	Alexandra Barnsley		ABC Runners	10:10	48	548	Ellie Mawdsley	St Helens Sutton AC
23	603	Jasmine Thompson		Vale Royal AC	10:11	49	550	Freya Roberts	St Helens Sutton AC
24	604	Lily Atkins		Wirral AC	10:12	50	929	Chloe Orrick	St Helens Sutton AC
25	558	Claudia Cowan		Sale H Manchester	10:13	51	925	Rosie Dyer	St Helens Sutton AC
26	541	Emily Hughes		Manchester H & AC	10:15				

Race 2 - Under 13 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	11	—	1	Aine Cunningham	4	Ellie Twite	6	F Hacker-Davies	
2	Manchester H & AC	17	—	2	Danielle Stringer	3	Eleanor Kenny	12	Megan Taylor	
3	Liverpool H & AC	30	—	5	Lucy Miller	8	Emily Gray	17	Jessica Cook	
4	Sale H Manchester	'B'	32	—	7	Niamh Nugent	9	Tia Blissett	16	Jemma Vickers
5	Stockport H & AC		41	—	10	Natasha Harrison	11	Georgia Bourke	20	Emma Flynn
6	Vale Royal AC		73	—	18	Esme Bridge	23	Jasmine Thompson	32	Ellie Cushen
7	Salford Met AC		73	—	15	Emily Barker	21	Molly Wilson	37	Holly Peltier
8	Sale H Manchester	'C'	80	—	19	Chloe Taylor	25	Claudia Cowan	36	Isabella Hulme
9	St Helens Sutton AC		83	—	14	Susan Shirling	30	Alex Bottomley	39	Abbie Roberts
10	Liverpool H & AC	'B'	96	—	29	Grace Preston	33	Amelia McCoy	34	Mia Alsamaraie
11	Stockport H & AC	'B'	100	—	28	Heather Corden	31	Francesca Carosi	41	Grace Garner
12	Salford Met AC	'B'	125	—	40	Lucy McMullen	42	Sophie Harrison	43	Bethany Wright
13	St Helens Sutton AC	'B'	147	—	48	Ellie Mawdsley	49	Freya Roberts	50	Chloe Orrick

Race 3 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	500	Luke Gamble	Warrington AC	11:52	24	454	Joshua Lowe	Liverpool H & AC	13:32
2	917	Jack Stubbings	Warrington AC	12:04	25	492	Alexander Doyle	Vale Royal AC	13:35
3	488	Colin Daly	Trafford AC	12:25	26	467	Byren Cookson	Moston & District H	13:45
4	465	Ben Skertchly	Manchester H & AC	12:30	27	438	Benjamin Livingston	ABC Runners	13:50
5	469	Joe Ford	St Helens Sutton AC	12:37	28	445	Jack Thomas	E Cheshire H & Tameside AC	13:57
6	476	Luke Chesters	Sale H Manchester	12:38	29	482	Andrew Toner	Sale H Manchester	14:06
7	448	Chris Larkin	Halton & Frodsham	12:40	30	462	Robert Peal	Macclesfield H & AC	14:12
8	451	Max Brame	Liverpool H & AC	12:43	31	872	Reece Butterworth	Sale H Manchester	14:13
9	464	Matty Fox	Manchester H & AC	12:50	32	470	Ben Oldham	St Helens Sutton AC	14:16
10	493	John Humphries	Vale Royal AC	12:55	33	851	Daniel Martin	E Cheshire H & Tameside AC	14:17
11	463	Connor Fazakerley	Manchester H & AC	12:57	34	2032	\$Jakada Sandiford	Ribble Valley AC	14:23
12	497	Robert Weir	Vale Royal AC	12:59	35	466	Sammy Warne	Manchester H & AC	14:42
13	503	Sam Cross	Wirral AC	12:59	36	484	Dillon Walker	Sale H Manchester	14:43
14	460	Robert Finnis	Macclesfield H & AC	13:13	37	941	Cameron Buchan	Sale H Manchester	14:48
15	443	Louie Haynes	E Cheshire H & Tameside AC	13:14	38	475	Thomas Brown	Sale H Manchester	14:56
16	502	Jacob Brophy	Wirral AC	13:15	39	472	Anthony Walker	St Helens Sutton AC	15:04
17	473	Harry Boyd	Sale H Manchester	13:16	40	907	Rory Willson	West Cheshire AC	15:42
18	489	Mikey Kingston	Trafford AC	13:22	41	945	Khalid Ramadan	Sale H Manchester	15:49
19	2031	\$Josh Forth	Ribble Valley AC	13:22	42	952	Daniel Jakeman	Vale Royal AC	16:00
20	926	James Mackell	St Helens Sutton AC	13:24	43	920	Tom Standish	St Helens Sutton AC	16:13
21	508	Sam Tempest	Wirral AC	13:27	44	856	Daniel Wallace	Wirral AC	16:16
22	444	Ben Lanigan	E Cheshire H & Tameside AC	13:28	45	927	Connor Walley	St Helens Sutton AC	17:52
23	505	Jonathon Head	Wirral AC	13:29	46	468	Peter Davies	St Helens Sutton AC	21:16

Race 3 - Under 13 Boys — TEAM RESULTS

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1	Manchester H & AC	24	—	4	Ben Skertchly	9	Matty Fox	11	Connor Fazakerley	
2	Vale Royal AC	46	—	10	John Humphries	12	Robert Weir	24	Alexander Doyle	
3	Wirral AC	49	—	13	Sam Cross	16	Jacob Brophy	20	Sam Tempest	
4	Sale H Manchester	51	—	6	Luke Chesters	17	Harry Boyd	28	Andrew Toner	
5	St Helens Sutton AC	55	—	5	Joe Ford	19	James Mackell	31	Ben Oldham	
6	E Cheshire H & Tameside AC	63	—	15	Louie Haynes	21	Ben Lanigan	27	Jack Thomas	
7	Sale H Manchester	'B'	99	—	30	Reece Butterworth	34	Dillon Walker	35	Cameron Buchan
8	St Helens Sutton AC	'B'	121	—	37	Anthony Walker	41	Tom Standish	43	Connor Walley

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Race 3 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	730	Katy Whiteoak	Stockport H & AC	12:05	19	698	Shannon Partington	St Helens Sutton AC	14:30
2	682	Katie Lowery	Macclesfield H & AC	12:29	20	711	Aimee Pratt	Sale H Manchester	14:41
3	857	\$Zara Thompson	Sale H Manchester	12:45	21	734	Aileen Kearney	Wirral AC	14:44
4	693	Sophie Hill	Moston & District H	12:51	22	712	Charley Reid	Sale H Manchester	14:46
5	716	Amber Towns	Sale H Manchester	12:52	23	692	Ellie Donohoe	Moston & District H	14:50
6	732	Bethany Foster	Wirral AC	13:01	24	733	Nicola Harris	Wirral AC	15:05
7	681	Dannielle Webb	Liverpool H & AC	13:02	25	670	Emma Dixon	E Cheshire H & Tameside AC	15:15
8	724	Juliet Downs	Stockport H & AC	13:12	26	690	Giovanna Brady	Moston & District H	15:18
9	717	Flora Whyte	Sale H Manchester	13:19	27	951	Millie Maciver	E Cheshire H & Tameside AC	15:22
10	683	Lucy Snelson	Macclesfield H & AC	13:26	28	668	Savannah Morgan	ABC Runners	15:29
11	855	Chloe Lockett	Stockport H & AC	13:26	29	697	Olivia Harwood-Moss	St Helens Sutton AC	15:37
12	935	Lily McGuinness	Stockport H & AC	13:36	30	715	Abi Smith	Sale H Manchester	16:09
13	861	Georgia Plant	Sale H Manchester	13:42	31	691	Ashleigh Davis	Moston & District H	16:22
14	671	Kieia Grady	Halton & Frodsham	14:14	32	689	Caitlin Whitehead	Manchester H & AC	16:32
15	713	Franki Reid	Sale H Manchester	14:15	33	2033	\$Charlotte Moxham	Ribble Valley AC	16:49
16	686	Molly Bogin	Manchester H & AC	14:18	34	699	Emily Roberts	St Helens Sutton AC	17:20
17	669	A Brockley-Langford	E Cheshire H & Tameside AC	14:21	35	695	Alex Glynn	St Helens Sutton AC	17:45
18	696	Lucy Griffiths	St Helens Sutton AC	14:22	36	700	Lauren Wilcock	St Helens Sutton AC	18:14

Race 3 - Under 15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Stockport H & AC	18 —	1 Katy Whiteoak	7 Juliet Downs	10 Chloe Lockett
2 Sale H Manchester	24 —	4 Amber Towns	8 Flora Whyte	12 Georgia Plant
3 Wirral AC	48 —	5 Bethany Foster	20 Aileen Kearney	23 Nicola Harris
4 Moston & District H	50 —	3 Sophie Hill	22 Ellie Donohoe	25 Giovanna Brady
5 Sale H Manchester 'B'	54 —	14 Franki Reid	19 Aimee Pratt	21 Charley Reid
6 St Helens Sutton AC	63 —	17 Lucy Griffiths	18 Shannon Partington	28 Olivia Harwood-Moss
7 E Cheshire H & Tameside AC	66 —	16 A Brockley-Langford	24 Emma Dixon	26 Millie Maciver
8 St Helens Sutton AC 'B'	99 —	32 Emily Roberts	33 Alex Glynn	34 Lauren Wilcock

Race 4 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	626	Donnacha Maguire	Manchester H & AC	16:33	19	641	Daniel Brint	Sale H Manchester	18:20
2	653	Patrick Magner	Stockport H & AC	16:41	20	630	Kyle Anderson	Moston & District H	18:33
3	643	Euan Gilchrist	Sale H Manchester	16:43	21	639	Saeed Absiyeh	Sale H Manchester	18:37
4	613	Luke Piper	E Cheshire H & Tameside AC	16:48	22	631	Daniel Hill	Moston & District H	18:43
5	628	Thomas Taylor	Manchester H & AC	17:01	23	640	Jordan Bezzina	Sale H Manchester	18:46
6	908	Cameron Weaver	West Cheshire AC	17:04	24	956	Patrick O'Brien	E Cheshire H & Tameside AC	19:05
7	866	Shay Ward	Stockport H & AC	17:07	25	953	Tom Smith	Liverpool H & AC	19:20
8	612	George Lewis	E Cheshire H & Tameside AC	17:14	26	2042	\$Alex Gibbons	Dash	19:21
9	2034	\$George Nightingale	Ribble Valley AC	17:21	27	632	Bill Karuga	Moston & District H	19:31
10	648	Jake Spilsbury	Sale H Manchester	17:24	28	841	Grant Anderson	Stockport H & AC	19:39
11	647	Adam Spilsbury	Sale H Manchester	17:27	29	876	Lewis Thurgoland	Stockport H & AC	19:48
12	627	Sam Tarry	Manchester H & AC	17:45	30	868	Nathan Haigh	Macclesfield H & AC	20:05
13	949	Zack Holland	West Cheshire AC	17:49	31	633	Anthony Kelly	Moston & District H	20:52
14	665	Alex McBain	Wirral AC	17:55	32	869	Jack Kitchin	Macclesfield H & AC	21:49
15	931	Alex Jackson	Stockport H & AC	17:58	33	651	Jack McNulty	Salford Met AC	22:22
16	638	Adam Woosey	St Helens Sutton AC	18:04	34	634	George Stott	Moston & District H	22:26
17	636	James Lee	St Helens Sutton AC	18:06	35	2046	\$Philip Wadley	Dash	23:53
18	649	Dylan Stanway	Sale H Manchester	18:14					

Race 4 - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Manchester H & AC	17 —	1 Donnacha Maguire	5 Thomas Taylor	11 Sam Tarry
2 Sale H Manchester	22 —	3 Euan Gilchrist	9 Jake Spilsbury	10 Adam Spilsbury
3 Stockport H & AC	23 —	2 Patrick Magner	7 Shay Ward	14 Alex Jackson
4 E Cheshire H & Tameside AC	35 —	4 Luke Piper	8 George Lewis	23 Patrick O'Brien
5 Sale H Manchester 'B'	55 —	17 Dylan Stanway	18 Daniel Brint	20 Saeed Absiyeh
6 Moston & District H	65 —	19 Kyle Anderson	21 Daniel Hill	25 Bill Karuga

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Race 4 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	2037	\$Amelia Wood	Ribble Valley AC	18:17	13	827	Fiona Nuttall	Wirral AC	20:40
2	826	Emily Kearney	Wirral AC	18:31	14	798	Rachel McGoldrick	St Helens Sutton AC	20:41
3	812	Elizabeth Apsley	Stockport H & AC	18:38	15	828	Heather Nuttall	Wirral AC	21:08
4	2036	\$Lucy Lennon	Ribble Valley AC	19:11	16	797	Maria McGoldrick	St Helens Sutton AC	21:13
5	814	Ellen Downs	Stockport H & AC	19:22	17	799	Hannah Christy	Sale H Manchester	21:21
6	813	Rosa Chrystie-Lowe	Stockport H & AC	19:23	18	825	Lauren Brett	Wirral AC	21:54
7	805	Imani Modahl	Sale H Manchester	19:43	19	790	Danielle Dignan	E Cheshire H & Tameside AC	22:02
8	870	Lucy Scott	Vale Royal AC	19:51	20	957	Millie Powell	Wirral AC	22:29
9	936	Jemma Eyre	Warrington AC	20:00	21	793	Hannah Skaife	Liverpool H & AC	22:31
10	823	Clara Pettit	Vale Royal AC	20:09	22	795	Niamh Kenny	Moston & District H	22:44
11	803	Rachel Hibberd	Sale H Manchester	20:23	23	789	Clare Dignan	E Cheshire H & Tameside AC	23:02
12	821	Sophie Williams	Stockport H & AC	20:34	24	2035	\$Juliet Davies	Ribble Valley AC	23:45

Race 4 - Under 17 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Stockport H & AC	9 —	2 Elizabeth Apsley	3 Ellen Downs	4 Rosa Chrystie-Lowe
2 Wirral AC	25 —	1 Emily Kearney	11 Fiona Nuttall	13 Heather Nuttall
3 Sale H Manchester	29 —	5 Imani Modahl	9 Rachel Hibberd	15 Hannah Christy

Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	746	Matthew Shirling	Liverpool H & AC	21:38	18	882	Robert Poole	South Cheshire AC	25:50
2	742	Daniel Jarvis	Liverpool H & AC	22:15	19	773	Alex Minshul	Stockport H & AC	25:51
3	741	Lee Dobson	Liverpool H & AC	22:58	20	743	Chris Manning	Liverpool H & AC	25:56
4	769	Kevin Acton	Stockport H & AC	23:02	21	774	Robert Ward	Stockport H & AC	26:04
5	745	Abdulqani Sharif	Liverpool H & AC	23:22	22	771	Simon Chadwick	Stockport H & AC	26:07
6	867	Richard Evans	Wirral AC	23:43	23	760	Alex Hill	Moston & District H	26:11
7	737	Tom McGuinness	E Cheshire H & Tameside AC	23:44	24	739	Richard McGeachie	Halton & Frodsham	26:58
8	767	Matthew Metcalf	Sale H Manchester	23:51	25	751	Dan Gilfillan	Macclesfield H & AC	27:01
9	758	Jonathon Stewart	Manchester H & AC	23:53	26	759	Nathan Farrell	Moston & District H	27:03
10	744	Kristian Quirk	Liverpool H & AC	23:54	27	2047	\$Mark Jackson	Dash	27:17
11	954	Nathan Tipping	Vale Royal AC	24:55	28	958	Josh Walton	Stockport H & AC	27:34
12	761	Robert McDougall	Moston & District H	25:01	29	947	Marcus Campbell	Sale H Manchester	27:36
13	950	Matthew Westby	Wirral AC	25:06	30	772	Tom Dent	Stockport H & AC	29:10
14	785	Kieran Morgan	Wirral AC	25:15	31	2039	\$Samuel Zak	Ribble Valley AC	29:40
15	779	Robert Powell	Trafford AC	25:18	32	749	Nick Gale	Macclesfield H & AC	30:02
16	763	Khalid Absiyeh	Sale H Manchester	25:23	33	781	David Gerrard	Warrington AC	30:12
17	783	Daniel Richardson	Warrington AC	25:49	34	939	Nathan Finnis	Macclesfield H & AC	31:00

Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Liverpool H & AC	6 —	1 Matthew Shirling	2 Daniel Jarvis	3 Lee Dobson
2 Wirral AC	33 —	6 Richard Evans	13 Matthew Westby	14 Kieran Morgan
3 Liverpool H & AC	35 —	5 Abdulqani Sharif	10 Kristian Quirk	20 Chris Manning
4 Stockport H & AC	44 —	4 Kevin Acton	19 Alex Minshul	21 Robert Ward
5 Sale H Manchester	52 —	8 Matthew Metcalf	16 Khalid Absiyeh	28 Marcus Campbell
6 Moston & District H	61 —	12 Robert McDougall	23 Alex Hill	26 Nathan Farrell
7 Stockport H & AC	78 —	22 Simon Chadwick	27 Josh Walton	29 Tom Dent
8 Macclesfield H & AC	87 —	25 Dan Gilfillan	30 Nick Gale	32 Nathan Finnis

Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time						
1	48	Katherine Walker	U20	1 Liverpool H & AC	26:01	7	190	Misha Nayak-Oliver	U20	7 Sale H Manchester	30:13
2	885	Kate Moulds	U20	2 Vale Royal AC	26:53	8	839	Katie Bowers-Folan	U20	8 St Helens Sutton AC	30:32
3	292	Amelia Pettitt	U20	3 Vale Royal AC	27:21	9	237	Imogen Nutter	U20	9 Stockport H & AC	30:43
4	71	Danielle Wallis	U20	4 Macclesfield H & AC	27:38	10	218	Olivia McDermott	U20	10 Salford Met AC	31:27
5	46	Rebecca Donohue	U20	5 Liverpool H & AC	28:35	11	55	Laura Rogers	U20	11 MMU Harriers	38:55
6	47	Olivia Perez	U20	6 Liverpool H & AC	29:08						

Senior Women aged 17 to 19 — TEAM RESULTS

1 Liverpool H & AC	12 —	1 Katherine Walker	5 Rebecca Donohue	6 Olivia Perez
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Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time					
1	578	Jack Morris	U20	1 Stockport H & AC	33:23	9	486	Glyn Windebank	U20 9 Sale H Manchester	39:03
2	580	Jack Nixon	U20	2 Stockport H & AC	34:44	10	431	Kyle Conway	U20 10 Sale H Manchester	39:04
3	211	Nzimah Akpan	U20	3 Liverpool H & AC	36:15	11	420	Dillon Bezzina	U20 11 Sale H Manchester	39:32
4	475	Callum Rowlinson	U20	4 Sale H Manchester	36:33	12	816	Karl Herod	U20 12 E Cheshire H & Tameside AC	39:33
5	545	Henry Valentine	U20	5 South Cheshire AC	36:34	13	334	Nicholas Howarth	U20 13 Manchester Triathlon	40:07
6	754	Darren Carr	U20	6 Liverpool H & AC	37:10	14	441	Ben Fox	U20 14 Sale H Manchester	41:36
7	451	Matt Holmes	U20	7 Sale H Manchester	37:56	15	222	Luke McCrave	U20 15 MMU Harriers	43:18
8	221	Tom Hindmarch	U20	8 MMU Harriers	38:20	16	814	Mat Jakeman	U20 16 Vale Royal AC	43:27

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	20 —	4 Callum Rowlinson	7 Matt Holmes	9 Glyn Windebank
2 Sale H Manchester	35 —	10 Kyle Conway	11 Dillon Bezzina	14 Ben Fox

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time					
1	296	Katie Brough		Warrington AC	23:47	28	829	Paula Medley	Manchester Frontrunners	32:30
2	19	Olivia Walwyn		Altrincham & Dist AC	23:50	29	7	Sarah Thomas	ABC Runners	32:30
3	170	Gemma Connolly		St Helens Sutton AC	25:50	30	184	Gemma Hardiman	Sale H Manchester	32:43
4	297	Kate Titlow		Warrington AC	26:10	31	137	Deborah Tout	Manchester Triathlon	33:04
5	149	Claire Platt		Manchester Ymca H	26:35	32	163	Rebecca Murphy	Middleton H AC	33:05
6	272	Hannah Griffiths		Trafford AC	27:00	33	257	Rebecca Mills	Swinton RC	33:15
7	234	Samantha Jones		Stockport H & AC	27:36	34	91	Wendy Woodhead	Manchester H & AC	33:16
8	206	Tania Hernandez		Salford H & AC	27:50	35	266	Melissa Davis	Trafford AC	33:32
9	132	Sarah Rhodes		Manchester Triathlon	28:36	36	29	Ruth Todd	Belle Vue Racers	33:47
10	16	Sarah MacInness		Altrincham & Dist AC	28:41	37	27	Carmel Salvidge	Belle Vue Racers	33:56
11	52	Amber Magee		MMU Harriers	29:09	38	75	Stacey Benson	Manchester H & AC	33:57
12	211	Laura Nash		Salford H & AC	29:24	39	264	Ruth Beresford	Trafford AC	34:17
13	262	Liz Austen		Trafford AC	29:32	40	79	Sarah Harrison	Manchester H & AC	34:28
14	128	Emily Newton		Manchester Triathlon	29:45	41	251	Emma Flynn	Swinton RC	34:34
15	185	Sian Holland		Sale H Manchester	29:47	42	148	Emma Parkin	Manchester Ymca H	34:59
16	192	Cara O'Brien		Sale H Manchester	29:59	43	139	Becky Walton	Manchester Triathlon	35:02
17	199	Jennifer Simmons		Sale H Manchester	30:14	44	114	Alexa Good	Manchester Triathlon	35:08
18	960	Iona Harle		Macclesfield H & AC	30:48	45	94	Heather Clarkson	Manchester Frontrunners	35:13
19	183	Belinda Hammond		Sale H Manchester	31:38	46	887	Nina Dixon	MMU Harriers	35:54
20	200	Joanne Street		Sale H Manchester	31:43	47	26	Lara Mason	Belle Vue Racers	36:17
21	252	Julie Hamilton		Swinton RC	31:55	48	21	Leah Evans	Belle Vue Racers	36:49
22	178	Lauren Davies		Sale H Manchester	31:58	49	113	Nicola Fox	Manchester Triathlon	37:04
23	97	Helen Hart		Manchester Frontrunners	32:17	50	123	Catherine Jones	Manchester Triathlon	38:06
24	106	Sophie Barnett		Manchester Triathlon	32:20	51	833	Claire Garrett	Manchester Frontrunners	38:10
25	217	Carolyn Lewtas		Salford Met AC	32:22	52	121	Jennifer Johnson	Manchester Triathlon	38:32
26	36	Nicola Lloyd		Bramhall Runners	32:26	53	31	Emma Aldred	Bramhall Runners	39:08
27	81	Sonya Hynes		Manchester H & AC	32:27	54	95	Natalie Dunderdale	Manchester Frontrunners	43:34

Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time						
1	327	Sarah Kearney	L35	1 Wirral AC	26:02	14	171	Julia Eccleston	L35	14 St Helens Sutton AC	31:40
2	317	Diane McVey	L35	2 Wilmslow RC	26:38	15	243	Amanda Trivett	L35	15 Stockport H & AC	32:05
3	323	Claire Stevinson	L35	3 Wilmslow RC	27:16	16	193	Carla Ousey	L35	16 Sale H Manchester	32:56
4	312	Sharon Johnstone	L35	4 Wilmslow RC	27:29	17	136	Laura Stafford	L35	17 Manchester Triathlon	33:11
5	212	Claire O'Connor	L35	5 Salford H & AC	27:33	18	108	Sally Cooper	L35	18 Manchester Triathlon	33:23
6	282	Sally Woolhouse	L35	6 Trafford AC	27:45	19	298	Julie Wood	L35	19 West Cheshire AC	34:16
7	316	Vicky McKinnon	L35	7 Wilmslow RC	27:55	20	141	Emma Bedford	L35	20 Manchester Ymca H	34:47
8	68	Kristy Readman	L35	8 Macclesfield H & AC	28:19	21	891	Linda Nuamah	L35	21 Manchester H & AC	35:04
9	308	Louisa Harrison	L35	9 Wilmslow RC	28:27	22	173	Cheryl Orrick	L35	22 St Helens Sutton AC	35:14
10	307	Katy Green	L35	10 Wilmslow RC	28:55	23	293	Sula Stanley	L35	23 Vale Royal AC	37:27
11	174	Helen Armitage	L35	11 Sale H Manchester	29:52	24	259	Sharen Roberts	L35	24 Swinton RC	38:26
12	197	Louise Robbins	L35	12 Sale H Manchester	31:13						
13	265	Claire Chaffer	L35	13 Trafford AC	31:14						

Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	208	Beverley Jenkins	L40	1 Salford H & AC	26:15	12	102	Julie Virgin	L40 12 Manchester Frontrunners	31:56
2	191	Jan Nichols	L40	2 Sale H Manchester	27:31	13	301	Melissa Broughton	L40 13 Wilmslow RC	32:11
3	961	Helen Smith	L40	3 Vale Royal AC	28:49	14	240	Sophie Seingier	L40 14 Stockport H & AC	33:13
4	236	Jayne Lawton	L40	4 Stockport H & AC	29:15	15	32	V Chadwick-Dunbar	L40 15 Bramhall Runners	33:37
5	138	Jude Wall	L40	5 Manchester Triathlon	29:23	16	233	Louise Harrison	L40 16 Stockport H & AC	33:40
6	959	Joanna Robbins	L40	6 Sale H Manchester	29:41	17	118	Sonia Harris	L40 17 Manchester Triathlon	33:55
7	304	Janine Ellis	L40	7 Wilmslow RC	30:11	18	322	Huma Rahman	L40 18 Wilmslow RC	34:59
8	254	Lauren Marsden	L40	8 Swinton RC	30:38	19	3	Kath Livingston	L40 19 ABC Runners	37:44
9	43	Emma McQueen	L40	9 E Cheshire H & Tameside AC	31:16	20	6	Emma Shillabeer	L40 20 ABC Runners	38:49
10	884	Louise Hogg	L40	10 St Helens Sutton AC	31:20	21	38	Alison Sheedy	L40 21 Bramhall Runners	38:59
11	231	Gillian Doolan	L40	11 Stockport H & AC	31:29					

Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time						
1	244	Helen Walch	L45	1 Stockport H & AC	27:37	11	246	Maureen Wilkins	L45	11 Stockport H & AC	32:42
2	247	Kerrie Wood-Doyle	L45	2 Stockport H & AC	28:00	12	314	Julie Lucas	L45	12 Wilmslow RC	33:20
3	59	Andrea Frost	L45	3 Macclesfield H & AC	29:19	13	311	Carolyn Hirons	L45	13 Wilmslow RC	33:28
4	101	Catherine Shelley	L45	4 Manchester Frontrunners	30:20	14	144	Steph Goodchild	L45	14 Manchester Ymca H	33:51
5	45	Janine Ridgard	L45	5 E Cheshire H & Tameside AC	30:26	15	140	Michelle Wilder	L45	15 Manchester Triathlon	34:57
6	277	Joanne Lott	L45	6 Trafford AC	30:27	16	162	Catherine Murphy	L45	16 Middleton H AC	35:39
7	273	Sally Howarth	L45	7 Trafford AC	30:58	17	955	Andrea Minshall	L45	17 Stockport H & AC	35:46
8	12	Carole Harrison	L45	8 Altrincham & Dist AC	31:03	18	325	Janet Wyles	L45	18 Wilmslow RC	36:12
9	4	April Morgan	L45	9 ABC Runners	31:31	19	72	Alyson Adams	L45	19 Manchester H & AC	37:03
10	69	Hanny Stockman	L45	10 Macclesfield H & AC	32:21	20	80	Kathryn Holmes	L45	20 Manchester H & AC	37:53

Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time						
1	294	Jacky Thom	L50	1 Vale Royal AC	29:37	7	207	Diane Hooper	L50	7 Salford H & AC	33:01
2	324	Kate Sutton	L50	2 Wilmslow RC	30:02	8	198	Lynda Rowlinson	L50	8 Sale H Manchester	33:26
3	177	Jackie Cordingley	L50	3 Sale H Manchester	30:44	9	232	Helen Fraser	L50	9 Stockport H & AC	34:13
4	319	Nicky Mowat	L50	4 Wilmslow RC	30:52	10	20	Cecilia Boodhoo	L50	10 Belle Vue Racers	37:08
5	305	Christine Geraghty	L50	5 Wilmslow RC	31:20	11	14	Maggie Jones	L50	11 Altrincham & Dist AC	37:29
6	883	Marv Tavener	L50	6 Vale Royal AC	31:50						

Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time								
1	13	Ann-Marie Jones	L55	1	Altrincham & Dist AC	29:04	5	169	Pam Appleton	L55	5	St Helens Sutton AC	37:11
2	23	Annie Hirsch	L55	2	Belle Vue Racers	32:13	6	37	Christine Miles	L55	6	Bramhall Runners	39:54
3	888	Gillian Wolstenholme	L55	3	E Cheshire H & Tameside AC	34:54	7	216	Moirá Farrelly	L55	7	Salford Met AC	42:18
4	245	Hilary West	L55	4	Stockport H & AC	35:56							

Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	44	Angela Oldham	L60	1 E Cheshire H & Tameside AC	31:08
2	295	Carole Williams	L60	2 Vale Royal AC	39:17

Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	10	Jean Dolan	L65	1 Altrincham & Dist AC	35:27
2	64	Pauline Lynch	L65	2 Macclesfield H & AC	40:05
3	78	Mavis Gregory	L65	3 Manchester H & AC	52:43

Senior Women — TEAM RESULTS

1 Wilmslow RC	57 — 9 Diane McVey	12 Claire Stevinson	14 Sharon Johnstone	22 Vicky McKinnon
2 Salford H & AC	81 — 7 Beverley Jenkins	16 Claire O'Connor	21 Tania Hernandez	37 Laura Nash
3 Vale Royal AC	91 — 10 Kate Moulds	13 Amelia Pettitt	29 Helen Smith	39 Jacky Thom
4 Stockport H & AC	92 — 17 Samantha Jones	18 Helen Walch	23 Kerrie Wood-Doyle	34 Jayne Lawton
5 Trafford AC	120 — 11 Hannah Griffiths	20 Sally Woolhouse	38 Liz Austen	51 Joanne Lott
6 Altrincham & Dist AC	120 — 2 Olivia Walwyn	28 Sarah Macilness	31 Ann-Marie Jones	59 Carole Harrison
7 Macclesfield H & AC	134 — 19 Danielle Wallis	24 Kristy Readman	35 Andrea Frost	56 Iona Harle
8 Sale H Manchester	140 — 15 Jan Nichols	40 Joanna Robbins	42 Sian Holland	43 Helen Armitage
9 Wilmslow RC 'B'	146 — 25 Louisa Harrison	30 Katy Green	45 Kate Sutton	46 Janine Ellis
10 Manchester Triathlon	184 — 27 Sarah Rhodes	36 Jude Wall	41 Emily Newton	80 Sophie Barnett
11 St Helens Sutton AC	189 — 3 Gemma Connolly	52 Katie BowersFolan	64 Louise Hogg	70 Julia Eccleston
12 Sale H Manchester 'B'	194 — 44 Cara O'Brien	47 Misha Nayak-Oliver	48 Jennifer Simmons	55 Jackie Cordingley
13 Sale H Manchester 'C'	276 — 61 Louise Robbins	69 Belinda Hammond	71 Joanne Street	75 Lauren Davies
14 Stockport H & AC 'B'	284 — 54 Imogen Nutter	67 Gillian Doolan	76 Amanda Trivett	87 Maureen Wilkins
15 Manchester Frontrunners	287 — 49 Catherine Shelley	74 Julie Virgin	79 Helen Hart	85 Paula Medley
16 E Cheshire H & Tameside AC	288 — 50 Janine Ridgard	60 Angela Oldham	63 Emma McQueen	115 Gillian Wolstenholme
17 Wilmslow RC 'C'	296 — 57 Nicky Mowat	65 Christine Geraghty	77 Melissa Broughton	97 Julie Lucas
18 Trafford AC 'B'	332 — 58 Sally Howarth	62 Claire Chaffer	101 Melissa Davis	111 Ruth Beresford
19 Swinton RC	334 — 53 Lauren Marsden	73 Julie Hamilton	95 Rebecca Mills	113 Emma Flynn
20 Manchester Ymca H	344 — 8 Claire Platt	105 Steph Goodchild	114 Emma Bedford	117 Emma Parkin
21 Manchester Triathlon 'B'	388 — 91 Deborah Tout	93 Laura Stafford	98 Sally Cooper	106 Sonia Harris
22 Manchester H & AC	400 — 84 Sonya Hynes	96 Wendy Woodhead	108 Stacey Benson	112 Sarah Harrison
23 Belle Vue Racers	419 — 78 Annie Hirsch	104 Ruth Todd	107 Carmel Salvidge	130 Lara Mason
24 Stockport H & AC 'C'	432 — 94 Sophie Seingier	103 Louise Harrison	109 Helen Fraser	126 Andrea Minshull
25 ABC Runners	436 — 68 April Morgan	86 Sarah Thomas	138 Kath Livingston	144 Emma Shillabeer
26 Bramhall Runners	478 — 83 Nicola Lloyd	102 V Chadwick-Dunbar	146 Alison Sheedy	147 Emma Aldred
27 Manchester Triathlon 'C'	489 — 116 Michelle Wilder	119 Becky Walton	121 Alexa Good	133 Nicola Fox
28 Manchester H & AC 'B'	544 — 120 Linda Nuamah	132 Alyson Adams	139 Kathryn Holmes	153 Mavis Gregory

Senior Women (Vets) — TEAM RESULTS

1 Wilmslow RC	12 — 3 Diane McVey	4 Claire Stevinson	5 Sharon Johnstone
2 Stockport H & AC	36 — 8 Helen Walch	11 Kerrie Wood-Doyle	17 Jayne Lawton
3 Wilmslow RC 'B'	38 — 10 Vicky McKinnon	13 Louisa Harrison	15 Katy Green
4 Sale H Manchester	49 — 6 Jan Nichols	21 Joanna Robbins	22 Helen Armitage
5 Salford H & AC	59 — 2 Beverley Jenkins	7 Claire O'Connor	50 Diane Hooper
6 Trafford AC	67 — 9 Sally Woolhouse	27 Joanne Lott	31 Sally Howarth
7 Vale Royal AC	76 — 14 Helen Smith	20 Jacky Thom	42 Mary Tavener
8 Wilmslow RC 'C'	77 — 23 Kate Sutton	24 Janine Ellis	30 Nicky Mowat
9 Macclesfield H & AC	77 — 12 Kristy Readman	18 Andrea Frost	47 Hanny Stockman
10 E Cheshire H & Tameside AC	95 — 26 Janine Ridgard	33 Angela Oldham	36 Emma McQueen
11 Sale H Manchester 'B'	112 — 29 Jackie Cordingley	34 Louise Robbins	49 Carla Ousey
12 Altrincham & Dist AC	117 — 16 Ann-Marie Jones	32 Carole Harrison	69 Jean Dolan
13 Manchester Triathlon	124 — 19 Jude Wall	51 Laura Stafford	54 Sally Cooper
14 Stockport H & AC 'B'	131 — 39 Gillian Doolan	44 Amanda Trivett	48 Maureen Wilkins
15 Wilmslow RC 'D'	136 — 38 Christine Geraghty	45 Melissa Broughton	53 Julie Lucas
16 St Helens Sutton AC	146 — 37 Louise Hogg	41 Julia Eccleston	68 Cheryl Orick
17 Stockport H & AC 'C'	171 — 52 Sophie Seingier	58 Louise Harrison	61 Helen Fraser
18 Wilmslow RC 'E'	195 — 56 Carolyn Hiron	66 Huma Rahman	73 Janet Wyles
19 ABC Runners	201 — 40 April Morgan	79 Kath Livingston	82 Emma Shillabeer
20 Manchester H & AC	221 — 67 Linda Nuamah	74 Alyson Adams	80 Kathryn Holmes
21 Bramhall Runners	225 — 57 V Chadwick-Dunbar	83 Alison Sheedy	85 Christine Miles

Senior Women — FINAL RESULTS

Pos	Numb	Name	Cat/Pos	Club	Time
1	296	Katie Brough		Warrington AC	23:47
2	19	Olivia Walwyn		Altrincham & Dist AC	23:50
3	170	Gemma Connolly		St Helens Sutton AC	25:50
4	48	Katherine Walker	U20	1 Liverpool H & AC	26:01
5	327	Sarah Kearney	L35	1 Wirral AC	26:02
6	297	Kate Titlow		Warrington AC	26:10
7	208	Beverley Jenkins	L40	1 Salford H & AC	26:15
8	149	Claire Platt		Manchester Ymca H	26:35
9	317	Diane McVey	L35	2 Wilmslow RC	26:38
10	885	Kate Moulds	U20	2 Vale Royal AC	26:53
11	272	Hannah Griffiths		Trafford AC	27:00
12	323	Claire Stevinson	L35	3 Wilmslow RC	27:16
13	292	Amelia Pettitt	U20	3 Vale Royal AC	27:21
14	312	Sharon Johnstone	L35	4 Wilmslow RC	27:29
15	191	Jan Nichols	L40	2 Sale H Manchester	27:31
16	212	Claire O'Connor	L35	5 Salford H & AC	27:33
17	234	Samantha Jones		Stockport H & AC	27:36
18	244	Helen Walsh	L45	1 Stockport H & AC	27:37
19	71	Danielle Wallis	U20	4 Macclesfield H & AC	27:38
20	282	Sally Woolhouse	L35	6 Trafford AC	27:45
21	206	Tania Hernandez		Salford H & AC	27:50
22	316	Vicky McKinnon	L35	7 Wilmslow RC	27:55
23	247	Kerrie Wood-Doyle	L45	2 Stockport H & AC	28:00
24	68	Kristy Readman	L35	8 Macclesfield H & AC	28:19
25	308	Louisa Harrison	L35	9 Wilmslow RC	28:27
26	46	Rebecca Donohue	U20	5 Liverpool H & AC	28:35
27	132	Sarah Rhodes		Manchester Triathlon	28:36
28	16	Sarah MacInness		Altrincham & Dist AC	28:41
29	961	Helen Smith	L40	3 Vale Royal AC	28:49
30	307	Katy Green	L35	10 Wilmslow RC	28:55
31	13	Ann-Marie Jones	L55	1 Altrincham & Dist AC	29:04
32	47	Olivia Perez	U20	6 Liverpool H & AC	29:08
33	52	Amber Magee		MMU Harriers	29:09
34	236	Jayne Lawton	L40	4 Stockport H & AC	29:15
35	59	Andrea Frost	L45	3 Macclesfield H & AC	29:19
36	138	Jude Wall	L40	5 Manchester Triathlon	29:23
37	211	Laura Nash		Salford H & AC	29:24
38	262	Liz Austen		Trafford AC	29:32
39	294	Jacky Thom	L50	1 Vale Royal AC	29:37
40	959	Joanna Robbins	L40	6 Sale H Manchester	29:41
41	128	Emily Newton		Manchester Triathlon	29:45
42	185	Sian Holland		Sale H Manchester	29:47
43	174	Helen Armitage	L35	11 Sale H Manchester	29:52
44	192	Cara O'Brien		Sale H Manchester	29:59
45	324	Kate Sutton	L50	2 Wilmslow RC	30:02
46	304	Janine Ellis	L40	7 Wilmslow RC	30:11
47	190	Misha Nayak-Oliver	U20	7 Sale H Manchester	30:13
48	199	Jennifer Simmons		Sale H Manchester	30:14
49	101	Catherine Shelley	L45	4 Manchester Frontrunners	30:20
50	45	Janine Ridgard	L45	5 E Cheshire H & Tameside AC	30:26
51	277	Joanne Lott	L45	6 Trafford AC	30:27
52	839	Katie Bowers-Folan	U20	8 St Helens Sutton AC	30:32
53	254	Lauren Marsden	L40	8 Swinton RC	30:38
54	237	Imogen Nutter	U20	9 Stockport H & AC	30:43
55	177	Jackie Cordingley	L50	3 Sale H Manchester	30:44
56	960	Iona Harle		Macclesfield H & AC	30:48
57	319	Nicky Mowat	L50	4 Wilmslow RC	30:52
58	273	Sally Howarth	L45	7 Trafford AC	30:58
59	12	Carole Harrison	L45	8 Altrincham & Dist AC	31:03
60	44	Angela Oldham	L60	1 E Cheshire H & Tameside AC	31:08
61	197	Louise Robbins	L35	12 Sale H Manchester	31:13
62	265	Claire Chaffer	L35	13 Trafford AC	31:14
63	43	Emma McQueen	L40	9 E Cheshire H & Tameside AC	31:16
64	884	Louise Hogg	L40	10 St Helens Sutton AC	31:20
65	305	Christine Geraghty	L50	5 Wilmslow RC	31:20
66	218	Olivia McDermott	U20	10 Salford Met AC	31:27
67	231	Gillian Doolan	L40	11 Stockport H & AC	31:29
68	4	April Morgan	L45	9 ABC Runners	31:31
69	183	Belinda Hammond		Sale H Manchester	31:38
70	171	Julia Eccleston	L35	14 St Helens Sutton AC	31:40
71	200	Joanne Street		Sale H Manchester	31:43
72	883	Mary Tavener	L50	6 Vale Royal AC	31:50
73	252	Julie Hamilton		Swinton RC	31:55
74	102	Julie Virgin	L40	12 Manchester Frontrunners	31:56
75	178	Lauren Davies		Sale H Manchester	31:58

Manchester Area Cross Country League

at Sherdley Park, St Helens on Saturday 10th November 2012

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time					
1	820	Antony Ford		Sale H Manchester	32:14	56	308	Lee Bibby	Manchester Triathlon	41:54
2	344	Alex Lawton		Manchester Triathlon	33:42	57	808	Steven Millar	Macclesfield H & AC	42:13
3	193	Patrick Gardiner		E Cheshire H & Tameside AC	33:54	58	458	Kevin Mahon	Sale H Manchester	42:21
4	658	Gareth Turner		Trafford AC	34:09	59	254	Liam Bartlett	Manchester H & AC	42:25
5	518	Stuart Robinson		Salford H & AC	34:26	60	638	Edward Hickling	Trafford AC	42:34
6	725	Damian Nicholls		Wilmslow RC	34:41	61	402	Tom Griffiths	St Helens Sutton AC	42:37
7	457	Mike Kilmartin		Sale H Manchester	35:08	62	422	Daniel Boulton	Sale H Manchester	42:40
8	607	Matthew Clark		Swinton RC	35:09	63	825	Andrew Wilson	St Helens Sutton AC	42:42
9	649	Ben Martin		Trafford AC	35:19	64	272	Chris Sewart	Manchester H & AC	42:46
10	526	Anthony Taylor		Salford H & AC	35:27	65	299	Ian Roberts	Manchester Frontrunners	42:47
11	733	Peter Speake		Wilmslow RC	35:28	66	118	Matt Shillabeer	ABC Runners	42:50
12	507	Robert Hughes		Salford H & AC	35:33	67	449	Christopher Heys	Sale H Manchester	43:11
13	506	Dave Hudson		Salford H & AC	35:50	68	182	Daniel Bamber	E Cheshire H & Tameside AC	43:15
14	157	Andrew Whittingham		Altrincham & Dist AC	35:55	69	177	Simon Harlow	Bramhall Runners	43:18
15	439	Rob Flannery		Sale H Manchester	36:06	70	376	Mark Griffiths	Manchester Ymca H	43:47
16	575	Dean Matkin		Stockport H & AC	36:16	71	421	Simon Bond	Sale H Manchester	43:51
17	126	Colin Banno-Thornton		Altrincham & Dist AC	36:25	72	319	Kevin Cornwall	Manchester Triathlon	43:53
18	514	Howard Mead		Salford H & AC	36:26	73	797	Steve Martin	Knutsford Tri Club	43:59
19	491	Glynn Billington		Salford H & AC	36:29	74	295	Lucas Nightingale	Manchester Frontrunners	44:05
20	411	Greg Williams		St Helens Sutton AC	36:35	75	333	Ewan Holton	Manchester Triathlon	44:24
21	245	Mark Walker		Macclesfield H & AC	36:37	76	830	Bernhard Wagner	Belle Vue Racers	44:38
22	293	James Moles		Manchester Frontrunners	37:06	77	796	John Goggins	Knutsford Tri Club	44:43
23	831	John Sloan		E Cheshire H & Tameside AC	37:12	78	736	Matt Taylor	Wilmslow RC	44:51
24	487	Mark Windsor		Sale H Manchester	37:15	79	171	Stephen Webb	Belle Vue Racers	44:56
25	459	David Marsh		Sale H Manchester	37:35	80	297	J Ramos-Gallego	Manchester Frontrunners	45:18
26	554	Phil Burns		Stockport H & AC	38:23	81	354	John Pegington	Manchester Triathlon	45:29
27	606	Dan Bird		Swinton RC	38:29	82	180	Andy Williams	Bramhall Runners	45:45
28	624	Mark Whittington		Swinton RC	38:34	83	314	Giles Cheshier	Manchester Triathlon	45:47
29	755	David Stephan		Manchester Frontrunners	38:35	84	103	Gary Birch	ABC Runners	45:48
30	329	Rob Harper		Manchester Triathlon	38:39	85	305	Paul Barnard	Manchester Triathlon	45:52
31	158	Duncan Wilson		Altrincham & Dist AC	38:41	86	338	Tim Jacomb	Manchester Triathlon	46:26
32	181	Jonathan Aust		E Cheshire H & Tameside AC	38:56	87	625	Liam Wilkinson	Swinton RC	46:27
33	216	Carl Mountain		Liverpool H & AC	39:02	88	159	Ali Alsaadi	Belle Vue Racers	46:46
34	639	John Howe		Trafford AC	39:07	89	332	Jake Holmes	Manchester Triathlon	46:48
35	481	Steven Townley		Sale H Manchester	39:10	90	371	Sean Bennett	Manchester Ymca H	46:50
36	233	Robert Hasler		Macclesfield H & AC	39:16	91	752	Luke Wookey	Manchester Frontrunners	46:57
37	744	Will Ferguson		Wirral AC	39:27	92	430	Gary Chadwick	Sale H Manchester	46:59
38	123	Michael Zeidan		ABC Runners	39:39	93	340	Christopher Jones	Manchester Triathlon	47:05
39	2050	\$James Cassidy		Unattached	39:42	94	357	Alastair Rainsbury	Manchester Triathlon	47:19
40	356	Andy Quicke		Manchester Triathlon	39:52	95	536	Stuart Mairs	Salford Met AC	47:46
41	467	Peter O'Neil		Sale H Manchester	40:13	96	377	James Gu	Manchester Ymca H	48:36
42	288	Jono Guildford		Manchester Frontrunners	40:14	97	315	Tim Condon	Manchester Triathlon	49:04
43	109	Michael Hodgkinson		ABC Runners	40:15	98	763	Lewis Green	Sale H Manchester	49:29
44	220	JP Fulton		MMU Harriers	40:18	99	365	Ben Tomlinson	Manchester Triathlon	49:37
45	360	Mark Simpson		Manchester Triathlon	40:38	100	178	Ross Kennedy	Bramhall Runners	49:45
46	417	Paul Barrett		Sale H Manchester	40:40	101	756	Adrian Castelli	Manchester Triathlon	50:03
47	271	Jonathan Reeh		Manchester H & AC	40:56	102	819	Darren Goodson	Sale H Manchester	50:10
48	822	Scott Wilson		Macclesfield H & AC	41:05	103	162	James Corrigan	Belle Vue Racers	50:26
49	363	Roger Thomas		Manchester Triathlon	41:07	104	379	Rob Kedian	Manchester Ymca H	52:05
50	326	Rob Halfpenny		Manchester Triathlon	41:16	105	614	Mike Horton	Swinton RC	52:40
51	598	Dave Townley		Stockport H & AC	41:17	106	823	David Larkin	Macclesfield H & AC	52:59
52	775	Mike Neal		Manchester Triathlon	41:39	107	601	Jeremy Woodham	Stockport H & AC	53:04
53	531	Paul Connolly		Salford Met AC	41:48	108	287	Michael Goldie	Manchester Frontrunners	54:26
54	152	Toby Percival		Altrincham & Dist AC	41:49	109	622	Andy Smith	Swinton RC	55:23
55	337	Richard Hyder		Manchester Triathlon	41:52	110	301	John Smith	Manchester Frontrunners	56:50

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time						
1	674	Stuart Doyle	V40	1 Vale Royal AC	33:49	29	785	David Betteley	V40 29	South Cheshire AC	42:18
2	259	Ed Fazakerley	V40	2 Manchester H & AC	36:04	30	345	Simon Lewis	V40 30	Manchester Triathlon	42:20
3	581	Adrian Nutter	V40	3 Stockport H & AC	36:27	31	150	Mark Norton	V40 31	Altrincham & Dist AC	42:23
4	124	Peter Abraham	V40	4 Altrincham & Dist AC	36:36	32	247	Tim Walton	V40 32	Macclesfield H & AC	42:33
5	562	James Corden	V40	5 Stockport H & AC	37:03	33	115	Tony Morgan	V40 33	ABC Runners	42:48
6	729	Jim Pendlill	V40	6 Wilmslow RC	37:07	34	616	Chris Lomax	V40 34	Swinton RC	42:49
7	740	Andy Whittingham	V40	7 Wilmslow RC	37:08	35	2051	\$George Pierce	V40 35	Liverpool Running Club	42:51
8	827	Anthony Smith	V40	8 St Helens Sutton AC	37:31	36	351	John Murray	V40 36	Manchester Triathlon	42:52
9	416	Carl Barber	V40	9 Sale H Manchester	38:05	37	793	Paul Wilson	V40 37	Swinton RC	43:58
10	156	Paul Watson	V40	10 Altrincham & Dist AC	38:26	38	236	Steve Lomas	V40 38	Macclesfield H & AC	44:06
11	435	Elton Davies	V40	11 Sale H Manchester	38:36	39	567	Darren Hales	V40 39	Stockport H & AC	44:32
12	112	Mark Livingston	V40	12 ABC Runners	38:54	40	151	Craig Partridge	V40 40	Altrincham & Dist AC	44:37
13	147	David Livingstone	V40	13 Altrincham & Dist AC	39:21	41	404	Peter Johnson	V40 41	St Helens Sutton AC	45:07
14	832	Barry Graney	V40	14 St Helens Sutton AC	39:28	42	432	Chris Cook	V40 42	Sale H Manchester	45:08
15	107	Michael Cook	V40	15 ABC Runners	39:39	43	582	Paul Nutter	V40 43	Stockport H & AC	45:44
16	374	Lee Dunn	V40	16 Manchester Ymca H	39:46	44	322	Andrew Don	V40 44	Manchester Triathlon	45:47
17	679	Craig Sephton	V40	17 Vale Royal AC	40:35	45	253	Lloyd Barlow	V40 45	Manchester H & AC	45:48
18	779	Marcus Gregory	V40	18 E Cheshire H & Tameside AC	40:40	46	163	Philip D'netto	V40 46	Belle Vue Racers	45:48
19	826	Ian Brough	V40	19 Vale Royal AC	40:50	47	418	Gaurav Batra	V40 47	Sale H Manchester	46:04
20	812	Paul Gray	V40	20 Liverpool H & AC	41:02	48	717	Richard Lawson	V40 48	Wilmslow RC	46:59
21	191	Tony Faulkner	V40	21 E Cheshire H & Tameside AC	41:04	49	700	Andy Dodd	V40 49	Wilmslow RC	47:12
22	143	Shaun Jackson	V40	22 Altrincham & Dist AC	41:09	50	119	Lee Stinch	V40 50	ABC Runners	47:43
23	2045	\$Stuart Cartledge	V40	23 Dash	41:11	51	170	Jason Stott	V40 51	Belle Vue Racers	47:51
24	807	Albert Castile	V40	24 Salford H & AC	41:12	52	257	Jason Brogan	V40 52	Manchester H & AC	48:18
25	102	Andrew Berry	V40	25 ABC Runners	41:21	53	828	Paul Mellon	V40 53	ABC Runners	48:50
26	516	James O'Connor	V40	26 Salford H & AC	41:40	54	608	Paolo Dale	V40 54	Swinton RC	49:38
27	444	Steve Gavin	V40	27 Sale H Manchester	41:43	55	801	Pete Price	V40 55	Knutsford Tri Club	51:47
28	387	Chris Downs	V40	28 Middleton H AC	42:12						

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	701	Rob Downs	V45	1 Wilmslow RC	35:10	27	298	Roberto Raso	V45 27 Manchester Frontrunners	43:09
2	705	Malcolm Fowler	V45	2 Wilmslow RC	35:23	28	620	Paul Rutherford	V45 28 Swinton RC	43:28
3	241	James Noakes	V45	3 Macclesfield H & AC	37:13	29	367	Shaun Walsh	V45 29 Manchester Triathlon	43:34
4	336	Phil Huntington	V45	4 Manchester Triathlon	37:36	30	592	Michael Slater	V45 30 Stockport H & AC	43:49
5	194	Simon Grundy	V45	5 E Cheshire H & Tameside AC	37:39	31	471	Tim Rainey	V45 31 Sale H Manchester	43:50
6	492	Paul Birkett	V45	6 Salford H & AC	37:43	32	168	Nigel Sedman	V45 32 Belle Vue Racers	43:55
7	565	Kevan Garner	V45	7 Stockport H & AC	37:58	33	169	Simon Stead	V45 33 Belle Vue Racers	44:00
8	632	Dick Byers	V45	8 Trafford AC	38:19	34	368	Simon Wildman	V45 34 Manchester Triathlon	44:19
9	139	Dave Gilchrist	V45	9 Altrincham & Dist AC	38:37	35	623	Rick Waring	V45 35 Swinton RC	44:21
10	761	John Greenall	V45	10 St Helens Sutton AC	38:49	36	628	Robin Beaumont	V45 36 Trafford AC	44:42
11	610	Tony Flanagan	V45	11 Swinton RC	38:52	37	273	Jacques Sharkey	V45 37 Manchester H & AC	45:04
12	574	Graham Marsland	V45	12 Stockport H & AC	39:19	38	317	Neil Cooper	V45 38 Manchester Triathlon	45:29
13	359	Paul Schofield	V45	13 Manchester Triathlon	39:34	39	813	John Moulds	V45 39 Vale Royal AC	45:51
14	680	Stephen Thompson	V45	14 Vale Royal AC	39:40	40	282	Iain Buchan	V45 40 Manchester Frontrunners	46:01
15	741	Rob Wilson	V45	15 Wilmslow RC	39:51	41	552	David Bibby	V45 41 Stockport H & AC	46:12
16	522	Mark Seed	V45	16 Salford H & AC	39:56	42	799	Pete Openshaw	V45 42 Knutsford Tri Club	46:24
17	735	Graham Taylor	V45	17 Wilmslow RC	40:03	43	175	Steve Fairclough	V45 43 Bramhall Runners	46:44
18	207	Glenn Piper	V45	18 E Cheshire H & Tameside AC	40:04	44	738	Allan Turner	V45 44 Wilmslow RC	47:07
19	276	Matt Whitehead	V45	19 Manchester H & AC	40:09	45	688	James Jones	V45 45 West Cheshire AC	47:10
20	339	Tim Johns	V45	20 Manchester Triathlon	40:27	46	586	Nick Roberts	V45 46 Stockport H & AC	47:29
21	821	Tom Annable	V45	21 Vale Royal AC	40:33	47	569	Nigel Harrison	V45 47 Stockport H & AC	47:36
22	829	Digby Harris	V45	22 Macclesfield H & AC	40:40	48	535	Chris Jones	V45 48 Salford Met AC	47:40
23	648	Paul Mannion	V45	23 Trafford AC	40:48	49	383	Steve Symons	V45 49 Manchester Ymca H	48:32
24	732	Ian Smallwood	V45	24 Wilmslow RC	42:11	50	275	William Staniard	V45 50 Manchester H & AC	49:12
25	140	Clive Greatorex	V45	25 Altrincham & Dist AC	42:35	51	313	Andy Chalmers	V45 51 Manchester Triathlon	49:25
26	713	Richard Hiron	V45	26 Wilmslow RC	42:53	52	815	Robert Tipping	V45 52 Vale Royal AC	51:24
						53	2049	\$Sean McCarthy	V45 53 Bolton United Harriers & Ac	51:56

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	718	Graham Macneill	V50	1 Wilmslow RC	36:44	16	706	Paul Garnett	V50 16 Wilmslow RC	42:57
2	795	Dave Clamp	V50	2 Knutsford Tri Club	37:50	17	409	Andrew O'Connor	V50 17 St Helens Sutton AC	43:03
3	203	Gary Matthews	V50	3 E Cheshire H & Tameside AC	38:12	18	687	Neil Carter	V50 18 West Cheshire AC	46:16
4	644	David Keeling	V50	4 Trafford AC	38:51	19	556	Rob Cator	V50 19 Stockport H & AC	47:18
5	209	Stephen Robinson	V50	5 E Cheshire H & Tameside AC	39:05	20	804	Paul StubbsJeffries	V50 20 Knutsford Tri Club	48:16
6	609	Steve Doxey	V50	6 Swinton RC	39:10	21	249	Mark Wheelton	V50 21 Macclesfield H & AC	48:26
7	125	Dave Ainsworth	V50	7 Altrincham & Dist AC	40:44	22	576	Steve Matkin	V50 22 Stockport H & AC	49:01
8	239	John Mooney	V50	8 Macclesfield H & AC	41:10	23	677	Richard Pettitt	V50 23 Vale Royal AC	49:24
9	101	Terry Bates	V50	9 ABC Runners	41:26	24	787	Tom Lavin	V50 24 Altrincham & Dist AC	49:26
10	406	Mark Liptrot	V50	10 St Helens Sutton AC	41:50	25	824	Tony Doyle	V50 25 St Helens Sutton AC	53:12
11	196	Derek Hughes	V50	11 E Cheshire H & Tameside AC	42:10	26	613	Steve Hart	V50 26 Swinton RC	54:21
12	141	Graham Harrison	V50	12 Altrincham & Dist AC	42:30	27	426	Brian Bradshaw	V50 27 Sale H Manchester	55:06
13	635	Mark Evans	V50	13 Trafford AC	42:43	28	277	Dave Wood	V50 28 Manchester H & AC	55:09
14	407	Alan McNally	V50	14 St Helens Sutton AC	42:44	29	618	John Pickup	V50 29 Swinton RC	55:58
15	142	Pete Hill	V50	15 Altrincham & Dist AC	42:45					

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time								
1	720	Tom McGaff	V55	1	Wilmslow RC	38:38	12	672	John Clarke	V55	12	Vale Royal AC	47:42
2	810	Carl Price	V55	2	Swinton RC	39:49	13	373	Geoff Cotterill	V55	13	Manchester Ymca H	48:03
3	590	Steve Shaughnessy	V55	3	Stockport H & AC	40:49	14	380	Mike O'Brien	V55	14	Manchester Ymca H	49:36
4	670	Tony Archer	V55	4	Vale Royal AC	41:14	15	397	Craig Sutherland	V55	15	Middleton HAC	50:24
5	2040	\$Marcus Walker	V55	5	Unattached	42:31	16	699	Chris Cannon	V55	16	Wilmslow RC	50:40
6	442	Bill Fox	V55	6	Sale H Manchester	43:26	17	243	David Shoesmith	V55	17	Macclesfield H & AC	50:53
7	479	Jerry Smith	V55	7	Sale H Manchester	44:01	18	532	Brian Eyre	V55	18	Salford Met AC	50:57
8	568	Tim Hargreaves	V55	8	Stockport H & AC	44:08	19	533	Paddy Farrelly	V55	19	Salford Met AC	51:54
9	558	David Chrystie-Lowe	V55	9	Stockport H & AC	45:02	20	174	Don Bennett	V55	20	Bramhall Runners	53:20
10	742	James Atkin	V55	10	Wirral AC	45:16	21	176	Michael Gibbons	V55	21	Bramhall Runners	54:04
11	413	Miran Aprahamian	V55	11	Sale H Manchester	47:32							

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time								
1	596	Robert Taylor	V60	1	Stockport H & AC	39:58	8	2048	\$Peter Charnock	V60	8	Unattached	50:45
2	551	Len Best	V60	2	Stockport H & AC	40:53	9	165	Barry Guy	V60	9	Belle Vue Racers	50:52
3	189	Francis Day	V60	3	E Cheshire H & Tameside AC	41:13	10	789	Hugh McKenna	V60	10	Altrincham & Dist AC	53:47
4	739	Andy Watts	V60	4	Wilmslow RC	43:04	11	232	David Hancock	V60	11	Macclesfield H & AC	53:55
5	381	Jon Paramor	V60	5	Manchester Ymca H	47:20	12	675	Paul Hudson	V60	12	Vale Royal AC	54:44
6	710	Patrick Grannan	V60	6	Wilmslow RC	47:59	13	179	John Leah	V60	13	Bramhall Runners	58:06
7	135	Colin Davies	V60	7	Altrincham & Dist AC	50:13	14	778	Alan Thomas	V60	14	Salford Met AC	59:16

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	149	Jeffrey Norman	V65	1 Altrincham & Dist AC	44:35
2	715	Tony Hulme	V65	2 Wilmslow RC	45:25
3	678	Colin Rathbone	V65	3 Vale Royal AC	49:16

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	704	Trevor Faulkner	V70	1 Wilmslow RC	59:57

Manchester Area Cross Country League

at Sherdley Park, St Helens on Saturday 10th November 2012

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time								
1	820	Antony Ford		Sale H Manchester	32:14	83	359	Paul Schofield	V45	13	Manchester Triathlon		39:34
2	578	Jack Morris	U20	1 Stockport H & AC	33:23	84	107	Michael Cook	V40	15	ABC Runners		39:39
3	344	Alex Lawton		Manchester Triathlon	33:42	85	123	Michael Zeidan			ABC Runners		39:39
4	674	Stuart Doyle	V40	1 Vale Royal AC	33:49	86	680	Stephen Thompson	V45	14	Vale Royal AC		39:40
5	193	Patrick Gardiner		E Cheshire H & Tameside AC	33:54	87	2050	\$James Cassidy			Unattached		39:42
6	658	Gareth Turner		Trafford AC	34:09	88	374	Lee Dunn	V40	16	Manchester Ymca H		39:46
7	518	Stuart Robinson		Salford H & AC	34:26	89	810	Carl Price	V55	2	Swinton RC		39:49
8	725	Damian Nicholls		Wilmslow RC	34:41	90	741	Rob Wilson	V45	15	Wilmslow RC		39:51
9	580	Jack Nixon	U20	2 Stockport H & AC	34:44	91	356	Andy Quicke			Manchester Triathlon		39:52
10	457	Mike Kilmartin		Sale H Manchester	35:08	92	522	Mark Seed	V45	16	Salford H & AC		39:56
11	607	Matthew Clark		Swinton RC	35:09	93	596	Robert Taylor	V60	1	Stockport H & AC		39:58
12	701	Rob Downs	V45	1 Wilmslow RC	35:10	94	735	Graham Taylor	V45	17	Wilmslow RC		40:03
13	649	Ben Martin		Trafford AC	35:19	95	207	Glenn Piper	V45	18	E Cheshire H & Tameside AC		40:04
14	705	Malcolm Fowler	V45	2 Wilmslow RC	35:23	96	334	Nicholas Howarth	U20	13	Manchester Triathlon		40:07
15	526	Anthony Taylor		Salford H & AC	35:27	97	276	Matt Whitehead	V45	19	Manchester H & AC		40:09
16	733	Peter Speake		Wilmslow RC	35:28	98	467	Peter O'Neil			Sale H Manchester		40:13
17	507	Robert Hughes		Salford H & AC	35:33	99	288	Jono Guildford			Manchester Frontrunners		40:14
18	506	Dave Hudson		Salford H & AC	35:50	100	109	Michael Hodgkinson			ABC Runners		40:15
19	157	Andrew Whittingham		Altrincham & Dist AC	35:55	101	220	JP Fulton			MMU Harriers		40:18
20	259	Ed Fazakerley	V40	2 Manchester H & AC	36:04	102	339	Tim Johns	V45	20	Manchester Triathlon		40:27
21	439	Rob Flannery		Sale H Manchester	36:06	103	821	Tom Annable	V45	21	Vale Royal AC		40:33
22	211	Nzimah Akpan	U20	3 Liverpool H & AC	36:15	104	679	Craig Sephton	V40	17	Vale Royal AC		40:35
23	575	Dean Matkin		Stockport H & AC	36:16	105	360	Mark Simpson			Manchester Triathlon		40:38
24	126	Colin Banno-Thornton		Altrincham & Dist AC	36:25	106	829	Digby Harris	V45	22	Macclesfield H & AC		40:40
25	514	Howard Mead		Salford H & AC	36:26	107	779	Marcus Gregory	V40	18	E Cheshire H & Tameside AC		40:40
26	581	Adrian Nutter	V40	3 Stockport H & AC	36:27	108	417	Paul Barrett			Sale H Manchester		40:40
27	491	Glynn Billington		Salford H & AC	36:29	109	125	Dave Ainsworth	V50	7	Altrincham & Dist AC		40:44
28	475	Callum Rowlinson	U20	4 Sale H Manchester	36:33	110	648	Paul Mannion	V45	23	Trafford AC		40:48
29	545	Henry Valentine	U20	5 South Cheshire AC	36:34	111	590	Steve Shaughnessy	V55	3	Stockport H & AC		40:49
30	411	Greg Williams		St Helens Sutton AC	36:35	112	826	Ian Brough	V40	19	Vale Royal AC		40:50
31	124	Peter Abraham	V40	4 Altrincham & Dist AC	36:36	113	551	Len Best	V60	2	Stockport H & AC		40:53
32	245	Mark Walker		Macclesfield H & AC	36:37	114	271	Jonathan Reeh			Manchester H & AC		40:56
33	718	Graham Macneill	V50	1 Wilmslow RC	36:44	115	812	Paul Gray	V40	20	Liverpool H & AC		41:02
34	562	James Corden	V40	5 Stockport H & AC	37:03	116	191	Tony Faulkner	V40	21	E Cheshire H & Tameside AC		41:04
35	293	James Moles		Manchester Frontrunners	37:06	117	822	Scott Wilson			Macclesfield H & AC		41:05
36	729	Jim Pendrill	V40	6 Wilmslow RC	37:07	118	363	Roger Thomas			Manchester Triathlon		41:07
37	740	Andy Whittingham	V40	7 Wilmslow RC	37:08	119	143	Shaun Jackson	V40	22	Altrincham & Dist AC		41:09
38	754	Darren Carr	U20	6 Liverpool H & AC	37:10	120	239	John Mooney	V50	8	Macclesfield H & AC		41:10
39	831	John Sloan		E Cheshire H & Tameside AC	37:12	121	2045	\$Stuart Cartledge	V40	23	Dash		41:11
40	241	James Noakes	V45	3 Macclesfield H & AC	37:13	122	807	Albert Castle	V40	24	Salford H & AC		41:12
41	487	Mark Windsor		Sale H Manchester	37:15	123	189	Francis Day	V60	3	E Cheshire H & Tameside AC		41:13
42	827	Anthony Smith	V40	8 St Helens Sutton AC	37:31	124	670	Tony Archer	V55	4	Vale Royal AC		41:14
43	459	David Marsh		Sale H Manchester	37:35	125	326	Rob Halfpenny			Manchester Triathlon		41:16
44	336	Phil Huntington	V45	4 Manchester Triathlon	37:36	126	598	Dave Townley			Stockport H & AC		41:17
45	194	Simon Grundy	V45	5 E Cheshire H & Tameside AC	37:39	127	102	Andrew Berry	V40	25	ABC Runners		41:21
46	492	Paul Birkett	V45	6 Salford H & AC	37:43	128	101	Terry Bates	V50	9	ABC Runners		41:26
47	795	Dave Clamp	V50	2 Knutsford Tri Club	37:50	129	441	Ben Fox	U20	14	Sale H Manchester		41:36
48	451	Matt Holmes	U20	7 Sale H Manchester	37:56	130	775	Mike Neal			Manchester Triathlon		41:39
49	565	Kevan Garner	V45	7 Stockport H & AC	37:58	131	516	James O'Connor	V40	26	Salford H & AC		41:40
50	416	Carl Barber	V40	9 Sale H Manchester	38:05	132	444	Steve Gavin	V40	27	Sale H Manchester		41:43
51	203	Gary Matthews	V50	3 E Cheshire H & Tameside AC	38:12	133	531	Paul Connolly			Salford Met AC		41:48
52	632	Dick Byers	V45	8 Trafford AC	38:19	134	152	Toby Percival			Altrincham & Dist AC		41:49
53	221	Tom Hindmarch	U20	8 MMU Harriers	38:20	135	406	Mark Liptrot	V50	10	St Helens Sutton AC		41:50
54	554	Phil Burns		Stockport H & AC	38:23	136	337	Richard Hyder			Manchester Triathlon		41:52
55	156	Paul Watson	V40	10 Altrincham & Dist AC	38:26	137	308	Lee Bibby			Manchester Triathlon		41:54
56	606	Dan Bird		Swinton RC	38:29	138	196	Derek Hughes	V50	11	E Cheshire H & Tameside AC		42:10
57	624	Mark Whittington		Swinton RC	38:34	139	732	Ian Smallwood	V45	24	Wilmslow RC		42:11
58	755	David Stephan		Manchester Frontrunners	38:35	140	387	Chris Downs	V40	28	Middleton HAC		42:12
59	435	Elton Davies	V40	11 Sale H Manchester	38:36	141	808	Steven Millar			Macclesfield H & AC		42:13
60	139	Dave Gilchrist	V45	9 Altrincham & Dist AC	38:37	142	785	David Betteley	V40	29	South Cheshire AC		42:18
61	720	Tom McGaff	V55	1 Wilmslow RC	38:38	143	345	Simon Lewis	V40	30	Manchester Triathlon		42:20
62	329	Rob Harper		Manchester Triathlon	38:39	144	458	Kevin Mahon			Sale H Manchester		42:21
63	158	Duncan Wilson		Altrincham & Dist AC	38:41	145	150	Mark Norton	V40	31	Altrincham & Dist AC		42:23
64	761	John Greenall	V45	10 St Helens Sutton AC	38:49	146	254	Liam Bartlett			Manchester H & AC		42:25
65	644	David Keeling	V50	4 Trafford AC	38:51	147	141	Graham Harrison	V50	12	Altrincham & Dist AC		42:30
66	610	Tony Flanagan	V45	11 Swinton RC	38:52	148	2040	\$Marcus Walker	V55	5	Unattached		42:31
67	112	Mark Livingston	V40	12 ABC Runners	38:54	149	247	Tim Walton	V40	32	Macclesfield H & AC		42:33
68	181	Jonathan Aust		E Cheshire H & Tameside AC	38:56	150	638	Edward Hickling			Trafford AC		42:34
69	216	Carl Mountain		Liverpool H & AC	39:02	151	140	Clive Greatorex	V45	25	Altrincham & Dist AC		42:35
70	486	Glyn Windebanks	U20	9 Sale H Manchester	39:03	152	402	Tom Griffiths			St Helens Sutton AC		42:37
71	431	Kyle Conway	U20	10 Sale H Manchester	39:04	153	422	Daniel Boulton			Sale H Manchester		42:40
72	209	Stephen Robinson	V50	5 E Cheshire H & Tameside AC	39:05	154	825	Andrew Wilson			St Helens Sutton AC		42:42
73	639	John Howe		Trafford AC	39:07	155	635	Mark Evans	V50	13	Trafford AC		42:43
74	609	Steve Doxey	V50	6 Swinton RC	39:10	156	407	Alan McNally	V50	14	St Helens Sutton AC		42:44
75	481	Steven Townley		Sale H Manchester	39:10	157	142	Pete Hill	V50	15	Altrincham & Dist AC		42:45
76	233	Robert Hasler		Macclesfield H & AC	39:16	158	272	Chris Sewart			Manchester H & AC		42:46
77	574	Graham Marsland	V45	12 Stockport H & AC	39:19	159	299	Ian Roberts			Manchester Frontrunners		42:47
78	147	David Livingstone	V40	13 Altrincham & Dist AC	39:21	160	115	Tony Morgan	V40	33	ABC Runners		42:48
79	744	Will Ferguson		Wirral AC	39:27	161	616	Chris Lomax	V40	34	Swinton RC		42:49
80	832	Barry Graney	V40	14 St Helens Sutton AC	39:28	162	118	Matt Shillabeer			ABC Runners		42:50
81	420	Dillon Bezzina	U20	11 Sale H Manchester	39:32	163	2051	\$George Pierce	V40	35	Liverpool Running Club		42:51
82	816	Karl Herod	U20	12 E Cheshire H & Tameside AC	39:33	164	351	John Murray	V40	36	Manchester Triathlon		42:52

165	713	Richard Hiron	V45 26	Wilmslow RC	42:53	234	340	Christopher Jones		Manchester Triathlon	47:05
166	706	Paul Garnett	V50 16	Wilmslow RC	42:57	235	738	Allan Turner	V45 44	Wilmslow RC	47:07
167	409	Andrew O'Connor	V50 17	St Helens Sutton AC	43:03	236	688	James Jones	V45 45	West Cheshire AC	47:10
168	739	Andy Watts	V60 4	Wilmslow RC	43:04	237	700	Andy Dodd	V40 49	Wilmslow RC	47:12
169	298	Roberto Raso	V45 27	Manchester Frontrunners	43:09	238	556	Rob Cator	V50 19	Stockport H & AC	47:18
170	449	Christopher Heys		Sale H Manchester	43:11	239	357	Alastair Rainsbury		Manchester Triathlon	47:19
171	182	Daniel Bamber		E Cheshire H & Tameside AC	43:15	240	381	Jon Paramor	V60 5	Manchester Ymca H	47:20
172	177	Simon Harlow		Bramhall Runners	43:18	241	586	Nick Roberts	V45 46	Stockport H & AC	47:29
173	222	Luke McCrave	U20 15	MMU Harriers	43:18	242	413	Miran Arahamian	V55 11	Sale H Manchester	47:32
174	442	Bill Fox	V55 6	Sale H Manchester	43:26	243	569	Nigel Harrison	V45 47	Stockport H & AC	47:36
175	814	Mat Jakeman	U20 16	Vale Royal AC	43:27	244	535	Chris Jones	V45 48	Salford Met AC	47:40
176	620	Paul Rutherford	V45 28	Swinton RC	43:28	245	672	John Clarke	V55 12	Vale Royal AC	47:42
177	367	Shaun Walsh	V45 29	Manchester Triathlon	43:34	246	119	Lee Stinch	V40 50	ABC Runners	47:43
178	376	Mark Griffiths		Manchester Ymca H	43:47	247	536	Stuart Mairs		Salford Met AC	47:46
179	592	Michael Slater	V45 30	Stockport H & AC	43:49	248	170	Jason Stott	V40 51	Belle Vue Racers	47:51
180	471	Tim Rainey	V45 31	Sale H Manchester	43:50	249	710	Patrick Grannan	V60 6	Wilmslow RC	47:59
181	421	Simon Bond		Sale H Manchester	43:51	250	373	Geoff Cotterill	V55 13	Manchester Ymca H	48:03
182	319	Kevin Cornwall		Manchester Triathlon	43:53	251	804	Paul Stubbs Jeffries	V50 20	Knutsford Tri Club	48:16
183	168	Nigel Sedman	V45 32	Belle Vue Racers	43:55	252	257	Jason Brogan	V40 52	Manchester H & AC	48:18
184	793	Paul Wilson	V40 37	Swinton RC	43:58	253	249	Mark Wheelton	V50 21	Macclesfield H & AC	48:26
185	797	Steve Martin		Knutsford Tri Club	43:59	254	383	Steve Symons	V45 49	Manchester Ymca H	48:32
186	169	Simon Stead	V45 33	Belle Vue Racers	44:00	255	377	James Gu		Manchester Ymca H	48:36
187	479	Jerry Smith	V55 7	Sale H Manchester	44:01	256	828	Paul Mellon	V40 53	ABC Runners	48:50
188	295	Lucas Nightingale		Manchester Frontrunners	44:05	257	576	Steve Matkin	V50 22	Stockport H & AC	49:01
189	236	Steve Lomas	V40 38	Macclesfield H & AC	44:06	258	315	Tim Condon		Manchester Triathlon	49:04
190	568	Tim Hargreaves	V55 8	Stockport H & AC	44:08	259	275	William Staniard	V45 50	Manchester H & AC	49:12
191	368	Simon Wildman	V45 34	Manchester Triathlon	44:19	260	678	Colin Rathbone	V65 3	Vale Royal AC	49:16
192	623	Rick Waring	V45 35	Swinton RC	44:21	261	677	Richard Pettitt	V50 23	Vale Royal AC	49:24
193	333	Ewan Holton		Manchester Triathlon	44:24	262	313	Andy Chalmers	V45 51	Manchester Triathlon	49:25
194	567	Darren Hales	V40 39	Stockport H & AC	44:32	263	787	Tom Lavin	V50 24	Altrincham & Dist AC	49:26
195	149	Jeffrey Norman	V65 1	Altrincham & Dist AC	44:35	264	763	Lewis Green		Sale H Manchester	49:29
196	151	Craig Partridge	V40 40	Altrincham & Dist AC	44:37	265	380	Mike O'Brien	V55 14	Manchester Ymca H	49:36
197	830	Bernhard Wagner		Belle Vue Racers	44:38	266	365	Ben Tomlinson		Manchester Triathlon	49:37
198	628	Robin Beaumont	V45 36	Trafford AC	44:42	267	608	Paolo Dale	V40 54	Swinton RC	49:38
199	796	John Goggins		Knutsford Tri Club	44:43	268	178	Ross Kennedy		Bramhall Runners	49:45
200	736	Matt Taylor		Wilmslow RC	44:51	269	756	Adrian Castelli		Manchester Triathlon	50:03
201	171	Stephen Webb		Belle Vue Racers	44:56	270	819	Darren Goodson		Sale H Manchester	50:10
202	558	David Chrystie-Lowe	V55 9	Stockport H & AC	45:02	271	135	Colin Davies	V60 7	Altrincham & Dist AC	50:13
203	273	Jacques Sharkey	V45 37	Manchester H & AC	45:04	272	397	Craig Sutherland	V55 15	Middleton HAC	50:24
204	404	Peter Johnson	V40 41	St Helens Sutton AC	45:07	273	162	James Corrigan		Belle Vue Racers	50:26
205	432	Chris Cook	V40 42	Sale H Manchester	45:08	274	699	Chris Cannon	V55 16	Wilmslow RC	50:40
206	742	James Atkin	V55 10	Wirral AC	45:16	275	2048	\$Peter Charnock	V60 8	Unattached	50:45
207	297	J Ramos-Gallego		Manchester Frontrunners	45:18	276	165	Barry Guy	V60 9	Belle Vue Racers	50:52
208	715	Tony Hulme	V65 2	Wilmslow RC	45:25	277	243	David Shoesmith	V55 17	Macclesfield H & AC	50:53
209	317	Neil Cooper	V45 38	Manchester Triathlon	45:29	278	532	Brian Eyre	V55 18	Salford Met AC	50:57
210	354	John Pegington		Manchester Triathlon	45:29	279	815	Robert Tipping	V45 52	Vale Royal AC	51:24
211	582	Paul Nutter	V40 43	Stockport H & AC	45:44	280	801	Pete Price	V40 55	Knutsford Tri Club	51:47
212	180	Andy Williams		Bramhall Runners	45:45	281	533	Paddy Farrelly	V55 19	Salford Met AC	51:54
213	322	Andrew Don	V40 44	Manchester Triathlon	45:47	282	2049	\$Sean McCarthy	V45 53	Bolton United Harriers & AC	51:56
214	314	Giles Cheshier		Manchester Triathlon	45:47	283	379	Rob Kedian		Manchester Ymca H	52:05
215	103	Gary Birch		ABC Runners	45:48	284	614	Mike Horton		Swinton RC	52:40
216	253	Lloyd Barlow	V40 45	Manchester H & AC	45:48	285	823	David Larkin		Macclesfield H & AC	52:59
217	163	Philip D'netto	V40 46	Belle Vue Racers	45:48	286	601	Jeremy Woodham		Stockport H & AC	53:04
218	813	John Moulds	V45 39	Vale Royal AC	45:51	287	824	Tony Doyle	V50 25	St Helens Sutton AC	53:12
219	305	Paul Barnard		Manchester Triathlon	45:52	288	174	Don Bennett	V55 20	Bramhall Runners	53:20
220	282	Iain Buchan	V45 40	Manchester Frontrunners	46:01	289	789	Hugh McKenna	V60 10	Altrincham & Dist AC	53:47
221	418	Gaurav Batra	V40 47	Sale H Manchester	46:04	290	232	David Hancock	V60 11	Macclesfield H & AC	53:55
222	552	David Bibby	V45 41	Stockport H & AC	46:12	291	176	Michael Gibbons	V55 21	Bramhall Runners	54:04
223	687	Neil Carter	V50 18	West Cheshire AC	46:16	292	613	Steve Hart	V50 26	Swinton RC	54:21
224	799	Pete Openshaw	V45 42	Knutsford Tri Club	46:24	293	287	Michael Goldie		Manchester Frontrunners	54:26
225	338	Tim Jacomb		Manchester Triathlon	46:26	294	675	Paul Hudson	V60 12	Vale Royal AC	54:44
226	625	Liam Wilkinson		Swinton RC	46:27	295	426	Brian Bradshaw	V50 27	Sale H Manchester	55:06
227	175	Steve Fairclough	V45 43	Bramhall Runners	46:44	296	277	Dave Wood	V50 28	Manchester H & AC	55:09
228	159	Ali Alsaadi		Belle Vue Racers	46:46	297	622	Andy Smith		Swinton RC	55:23
229	332	Jake Holmes		Manchester Triathlon	46:48	298	618	John Pickup	V50 29	Swinton RC	55:58
230	371	Sean Bennett		Manchester Ymca H	46:50	299	301	John Smith		Manchester Frontrunners	56:50
231	752	Luke Wookey		Manchester Frontrunners	46:57	300	179	John Leah	V60 13	Bramhall Runners	58:06
232	430	Gary Chadwick		Sale H Manchester	46:59	301	778	Alan Thomas	V60 14	Salford Met AC	59:16
233	717	Richard Lawson	V40 48	Wilmslow RC	46:59	302	704	Trevor Faulkner	V70 1	Wilmslow RC	59:57

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Salford H & AC	109 —	7 Stuart Robinson	15 Anthony Taylor	17 Robert Hughes	18 Dave Hudson	25 Howard Mead	27 Glynn Billington
2 Wilmslow RC	119 —	8 Damian Nicholls	12 Rob Downs	14 Malcolm Fowler	16 Peter Speake	33 Graham Macneill	36 Jim Pendrill
3 Stockport H & AC	143 —	2 Jack Morris	9 Jack Nixon	23 Dean Matkin	26 Adrian Nutter	34 James Corden	49 Kevan Garner
4 Sale H Manchester	144 —	1 Antony Ford	10 Mike Kilmartin	21 Rob Flannery	28 Callum Rowlinson	41 Mark Windsor	43 David Marsh
5 Altrincham & Dist AC	252 —	19 Andrew Whittingham	24 Colin Banno-Thornton	31 Peter Abraham	55 Paul Watson	60 Dave Gilchrist	63 Duncan Wilson
6 E Cheshire H & Tameside AC	280 —	5 Ipatrick Gardiner	39 John Sloan	45 Simon Grundy	51 Gary Matthews	68 Jonathan Aust	72 Stephen Robinson
7 Trafford AC	318 —	6 Gareth Turner	13 Ben Martin	52 Dick Byers	65 David Keeling	73 John Howe	109 Paul Mannion
8 Swinton RC	352 —	11 Matthew Clark	56 Dan Bird	57 Mark Whittington	66 Tony Flanagan	74 Steve Doxey	88 Carl Price
9 Sale H Manchester 'B'	373 —	48 Matt Holmes	50 Carl Barber	59 Elton Davies	70 Glyn Windebank	71 Kyle Conway	75 Steven Townley
10 Manchester Triathlon	377 —	3 Alex Lawton	44 Phil Huntington	62 Rob Harper	83 Paul Schofield	90 Andy Quicke	95 Nicholas Howarth
11 Macclesfield H & AC	488 —	32 Mark Walker	40 James Noakes	76 Robert Hasler	105 Digby Harris	116 Scott Wilson	119 John Mooney
12 St Helens Sutton AC	498 —	30 Greg Williams	42 Anthony Smith	64 John Greenall	80 Barry Graney	133 Mark Liptrot	149 Tom Griffiths
13 Vale Royal AC	528 —	4 Stuart Doyle	86 Stephen Thompson	102 Tom Annable	103 Craig Sephton	111 Ian Brough	122 Tony Archer
14 Stockport H & AC 'B'	569 —	54 Phil Burns	77 Graham Marsland	92 Robert Taylor	110 Steve Shaughnessy	112 Len Best	124 Dave Townley
15 Wilmslow RC 'B'	578 —	37 Andy Whittingham	61 Tom McGaff	89 Rob Wilson	93 Graham Taylor	137 Ian Smallwood	161 Richard Hiron
16 ABC Runners	586 —	67 Mark Livingston	84 Michael Cook	85 Michael Zeidan	99 Michael Hodgkinson	125 Andrew Berry	126 Terry Bates
17 E Cheshire H & Tameside AC 'B'	654 —	82 Karl Herod	94 Glenn Piper	106 Marcus Gregory	115 Tony Faulkner	121 Francis Day	136 Derek Hughes
18 Sale H Manchester 'C'	684 —	81 Dillon Bezzina	97 Peter O'Neil	107 Paul Barrett	127 Ben Fox	130 Steve Gavin	142 Kevin Mahon
19 Manchester Frontrunners	696 —	35 James Moles	58 David Stephan	98 Jono Guildford	156 Ian Roberts	165 Roberto Raso	184 Lucas Nightingale
20 Manchester Triathlon 'B'	707 —	101 Tim Johns	104 Mark Simpson	117 Roger Thomas	123 Rob Halfpenny	128 Mike Neal	134 Richard Hyder
21 Altrincham & Dist AC 'B'	724 —	78 David Livingstone	108 Dave Ainsworth	118 Shaun Jackson	132 Toby Percival	143 Mark Norton	145 Graham Harrison
22 Manchester H & AC	727 —	20 Ed Fazakerley	96 Matt Whitehead	113 Jonathan Reeh	144 Liam Bartlett	155 Chris Stewart	199 Jacques Sharkey
23 Manchester Triathlon 'C'	974 —	135 Lee Bibby	141 Simon Lewis	160 John Murray	173 Shaun Walsh	178 Kevin Cornwall	187 Simon Wildman
24 Sale H Manchester 'D'	1022 —	150 Daniel Boulton	166 Christopher Heys	170 Bill Fox	176 Tim Rainey	177 Simon Bond	183 Jerry Smith
25 Knutsford Tri Club	1165 —	47 Dave Clamp	181 Steve Martin	195 John Goggins	220 Pete Openshaw	247 Paul StubbsJeffries	275 Pete Price
26 Stockport H & AC 'C'	1174 —	175 Michael Slater	186 Tim Hargreaves	190 Darren Hales	198 David Chrystie-Lowe	207 Paul Nutter	218 David Bibby
27 Swinton RC 'B'	1183 —	158 Chris Lomax	172 Paul Rutherford	180 Paul Wilson	188 Rick Waring	222 Liam Wilkinson	263 Paolo Dale
28 Wilmslow RC 'C'	1186 —	162 Paul Garnett	164 Andy Watts	196 Matt Taylor	204 Tony Hulme	229 Richard Lawson	231 Allan Turner
29 Belle Vue Racers	1188 —	179 Nigel Sedman	182 Simon Stead	193 Bernhard Wagner	197 Stephen Webb	213 Philip D'netto	224 Ali Alsaadi
30 Altrincham & Dist AC 'C'	1211 —	148 Clive Greateorex	154 Pete Hill	191 Jeffrey Norman	192 Craig Partridge	259 Tom Lavin	267 Colin Davies
31 Manchester Ymca H	1219 —	87 Lee Dunn	174 Mark Griffiths	226 Sean Bennett	236 Jon Paramor	246 Geoff Cotterill	250 Steve Symons
32 Manchester Triathlon 'D'	1234 —	189 Ewan Holton	205 Neil Cooper	206 John Pegington	209 Andrew Don	210 Giles Cheshier	215 Paul Barnard
33 Macclesfield H & AC 'B'	1270 —	139 Steven Millar	146 Tim Walton	185 Steve Lomas	249 Mark Wheelton	272 David Shoesmith	279 David Larkin
34 Sale H Manchester 'E'	1410 —	201 Chris Cook	217 Gaurav Batra	228 Gary Chadwick	238 Miran Aprahamian	260 Lewis Green	266 Darren Goodson
35 Vale Royal AC 'B'	1413 —	171 Mat Jakeman	214 John Moulds	241 John Clarke	256 Colin Rathbone	257 Richard Pettitt	274 Robert Tipping
36 Manchester Triathlon 'E'	1423 —	221 Tim Jacobm	225 Jake Holmes	230 Christopher Jones	235 Alastair Rainsbury	254 Tim Condon	258 Andy Chalmers
37 Bramhall Runners	1430 —	168 Simon Harlow	208 Andy Williams	223 Steve Fairclough	264 Ross Kennedy	282 Don Bennett	285 Michael Gibbons
38 Salford Met AC	1458 —	131 Paul Connolly	240 Chris Jones	243 Stuart Mairs	273 Brian Eyre	276 Paddy Farrelly	295 Alan Thomas

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wilmslow RC	21 —	2 Rob Downs	3 Malcolm Fowler	7 Graham Macneill	9 Jim Pendrill
2 Stockport H & AC	61 —	5 Adrian Nutter	8 James Corden	17 Kevan Garner	31 Graham Marsland
3 Altrincham & Dist AC	82 —	6 Peter Abraham	21 Paul Watson	23 Dave Gilchrist	32 David Livingstone
4 E Cheshire H & Tameside AC	105 —	14 Simon Grundy	19 Gary Matthews	29 Stephen Robinson	42 Glenn Piper
5 Wilmslow RC 'B'	115 —	10 Andy Whittingham	24 Tom McGaff	39 Rob Wilson	43 Graham Taylor
6 Vale Royal AC	130 —	1 Stuart Doyle	36 Stephen Thompson	46 Tom Annable	47 Craig Sephton
7 St Helens Sutton AC	136 —	12 Anthony Smith	25 John Greenall	33 Barry Graney	66 Mark Liptrot
8 Manchester Triathlon	163 —	13 Phil Huntington	34 Paul Schofield	45 Tim Johns	71 Simon Lewis
9 Trafford AC	173 —	20 Dick Byers	26 David Keeling	51 Paul Mannion	76 Mark Evans
10 Swinton RC	175 —	27 Tony Flanagan	30 Steve Doxey	38 Carl Price	80 Chris Lomax
11 Salford H & AC	178 —	15 Paul Birkett	40 Mark Seed	59 Albert Castile	64 James O'Connor
12 ABC Runners	188 —	28 Mark Livingston	35 Michael Cook	62 Andrew Berry	63 Terry Bates
13 Macclesfield H & AC	191 —	11 James Noakes	48 Digby Harris	58 John Mooney	74 Tim Walton
14 Sale H Manchester	192 —	18 Carl Barber	22 Elton Davies	65 Steve Gavin	87 Bill Fox
15 E Cheshire H & Tameside AC 'B'	232 —	49 Marcus Gregory	56 Tony Faulkner	60 Francis Day	67 Derek Hughes
16 Stockport H & AC 'B'	237 —	41 Robert Taylor	52 Steve Shaughnessy	54 Len Best	90 Michael Slater
17 Altrincham & Dist AC 'B'	252 —	50 Dave Ainsworth	57 Shaun Jackson	72 Mark Norton	73 Graham Harrison
18 Manchester H & AC	266 —	4 Ed Fazakerley	44 Matt Whitehead	105 Jacques Sharkey	113 Lloyd Barlow
19 Wilmslow RC 'C'	318 —	68 Ian Smallwood	82 Richard Hiron	83 Paul Garnett	85 Andy Watts
20 Altrincham & Dist AC 'C'	356 —	75 Clive Greateorex	78 Pete Hill	101 Jeffrey Norman	102 Craig Partridge
21 Vale Royal AC 'B'	361 —	53 Ian Brough	61 Tony Archer	115 John Moulds	132 John Clarke
22 Manchester Triathlon 'B'	378 —	81 John Murray	89 Shaun Walsh	98 Simon Wildman	110 Neil Cooper
23 Sale H Manchester 'B'	410 —	91 Tim Rainey	95 Jerry Smith	107 Chris Cook	117 Gaurav Batra
24 Stockport H & AC 'C'	412 —	97 Tim Hargreaves	100 Darren Hales	104 David Chrystie-Lowe	111 Paul Nutter
25 St Helens Sutton AC 'B'	426 —	77 Alan McNally	84 Andrew O'Connor	106 Peter Johnson	159 Tony Doyle
26 Swinton RC 'B'	429 —	88 Paul Rutherford	93 Paul Wilson	99 Rick Waring	149 Paolo Dale
27 Knutsford Tri Club	430 —	16 Dave Clamp	120 Pete Openshaw	137 Paul StubbsJeffries	157 Pete Price
28 Belle Vue Racers	434 —	92 Nigel Sedman	94 Simon Stead	114 Philip D'netto	134 Jason Stott
29 Manchester Ymca H	440 —	37 Lee Dunn	127 Jon Paramor	136 Geoff Cotterill	140 Steve Symons
30 Wilmslow RC 'D'	479 —	109 Tony Hulme	122 Richard Lawson	123 Allan Turner	125 Andy Dodd
31 Stockport H & AC 'D'	502 —	118 David Bibby	126 Rob Cator	128 Nick Roberts	130 Nigel Harrison
32 Macclesfield H & AC 'B'	551 —	96 Steve Lomas	139 Mark Wheelton	154 David Shoesmith	162 David Hancock
33 Vale Royal AC 'C'	610 —	144 Colin Rathbone	145 Richard Pettitt	156 Robert Tipping	165 Paul Hudson
34 Bramhall Runners	613 —	121 Steve Fairclough	160 Don Bennett	163 Michael Gibbons	169 John Leah
35 Salford Met AC	614 —	131 Chris Jones	155 Brian Eyre	158 Paddy Farrelly	170 Alan Thomas