

Position	Name	Club	Cat	Time
1	Gareth Raven	Sale Harriers Manchester	M	00:29:02
2	Joe Bailey	Salford Harriers & AC	M	00:31:26
3	Ben Beattie	Hallamshire Harriers	M	00:32:25
4	Ian Jackson	Salford Harriers & AC	M40	00:32:41
5	Howard Mead	Salford Harriers & AC	M	00:33:06
6	Andy Wilton	Buxton & District AC	M50	00:33:17
7	Kevin Lilley	Sheffield Running Club	M50	00:33:29
8	Chris Barnes	Blackburn Harriers	M	00:33:45
9	Dean Longley	Prestatyn Running Club	M	00:33:57
10	Steven Townley	Sale Harriers Manchester	M	00:33:58
11	Tom Jackson	Glossopdale Harriers	M	00:33:58
12	John Chaplin	Blackburn Harriers	M55	00:35:13
13	Steve Crossman	Glossopdale Harriers	M45	00:35:33
14	John Doyle	Pennine FR	M45	00:35:55
15	Jamie Cook	Belle Vue Racers	M	00:36:11
16	Albert Castile	Salford Harriers & AC	M40	00:36:21
17	Jamie Wilton	unattached	M	00:37:08
18	Ian Micklethwaite	Kingstone Runners	M40	00:37:30
19	Christopher Heys	Sale Harriers Manchester	M	00:37:33
20	Kath Lamplugh	unattached	W35	00:37:40
21	Bill Fox	Sale Harriers Manchester	M55	00:37:44
22	Andrew Chalkley	Kingstone Runners	M45	00:38:01
23	Ian Mason	Askern RC	M45	00:38:27
24	Ben Fox	Sale Harriers Manchester	MJ	00:38:45
25	Nina McArthur	Manchester Tri Club	W	00:38:47
26	Asif Dar	unattached	M	00:38:57
27	Gareth Simpson	East Cheshire Harriers	M40	00:39:00
28	Jayne Lawton	Stockport Harriers & AC	W40	00:39:08
29	Gareth Horfurt	Hyde Village Striders	M40	00:39:10
30	Mark Seed	Salford Harriers & AC	M45	00:39:12
31	Charlie Eaton	Glossopdale Harriers	M	00:39:19
32	Lawrence Sharkey	unattached	M50	00:39:23
33	Steven Beasley	Kingstone Runners	M45	00:39:28
34	Tony Davenport	Salford Metropolitan AC	M	00:39:32
35	George Jeffrey Norman	Altrincham & District AC	M65	00:39:33
36	Mike Mason	Hyde Village Striders	M45	00:39:36
37	Tim Isherwood	unattached	M	00:39:45
38	Matt Moran	Stockport Harriers & AC	M	00:39:49
39	Simon Stead	Belle Vue Racers	M45	00:39:56
40	Janine Ridgard	East Cheshire Harriers & Tames	W40	00:39:58
41	Clive Hope	unattached	M55	00:40:00
42	Tony Hillier	East Cheshire Harriers & Tames	M65	00:40:04
43	Jason Chapman	unattached	M40	00:40:06
44	Laura Nash	Salford Harriers & AC	W	00:40:07
45	Dominic Sexton	Hyde Village Striders	M45	00:40:25
46	David Green	unattached	M	00:40:29
47	Zoe Barton	Stockport Harriers & AC	W35	00:40:37
48	Daniel McDermot	Hyde Village Striders	M	00:40:43
49	Dinetto Philip	Belle Vue Racers	M40	00:40:57

50	Liam Boardman	Chorley AC and Triathlon Club	M	00:41:08
51	Catherine Siater	unattached	W	00:41:11
52	Des Miles	unattached	M45	00:41:12
53	Simon Greenhalgh	unattached	M	00:41:14
54	John Green	Wolds Veteran RC	M60	00:41:15
55	Paul Brandrick	Prestatyn Running Club	M55	00:41:21
56	Michael Greenhalgh	unattached	M	00:41:28
57	Louise Geldart	Salford Harriers & AC	W	00:41:30
58	Adrian Brankin	Kingstone Runners	M45	00:41:37
59	Russ Cheetham	Prestatyn Running Club	M45	00:41:42
60	Jerry Fisher	Barnsley Harriers	M40	00:42:03
61	Vaughan McKay	Glossopdale Harriers	M	00:42:23
62	Alastair Rainsbury	Stockport Harriers & AC	M	00:42:31
63	Kirsty Johnson	Glossopdale Harriers	W	00:42:36
64	Des Mitchell	Glossopdale Harriers	M40	00:42:45
65	Wayne Markhall	unattached	M	00:42:46
66	Simon Bond	Sale Harriers Manchester	M	00:42:56
67	Steve Webb	Belle Vue Racers	M	00:43:05
68	Adrian Edwards	unattached	M	00:43:06
69	Ellis Clarke	unattached	M40	00:43:07
70	David Brookes	unattached	M55	00:43:13
71	Barry Guy	Belle Vue Racers	M60	00:43:22
72	Laura Bryant	Belle Vue Racers	W	00:43:27
73	Jason Stott	Belle Vue Racers	M40	00:43:33
74	Geoff Beattie	Sale Harriers Manchester	M55	00:43:35
75	Gary Doodson	East Cheshire Harriers	M40	00:43:38
76	Paul Harrington	unattached	M45	00:43:41
77	Frank Golden	Buxton & District AC	M40	00:43:44
78	Ryan Castile	British Army	MJ	00:43:45
79	Nigel Harrison	Stockport Harriers & AC	M45	00:43:50
80	Ian McGarry	unattached	M40	00:43:53
81	Carl Harrington	unattached	M45	00:43:53
82	Janet Grint	East Cheshire Harriers	W35	00:43:58
83	Lee Crint	unattached	M40	00:43:58
84	Sidney Sacks	Salford Harriers & AC	M70	00:44:00
85	Jonathan Clarke	Glossopdale Harriers	M45	00:44:08
86	Sikobe Litba	Glossopdale Harriers	M45	00:44:18
87	Ross Kennedy	Stockport Harriers & AC	M	00:44:21
88	Helen Fraser	Stockport Harriers & AC	W50	00:44:23
89	Helen Todd	Stockport Harriers & AC	W55	00:44:28
90	Matthew Wilde	unattached	M	00:44:29
91	Rosemary Jones	unattached	W	00:44:38
92	Tracy Gibson	East Cheshire Harriers	W45	00:44:40
93	Sean O'Farrell	unattached	M45	00:44:43
94	Frank Rogers	Belle Vue Racers	M	00:44:48
95	Caroline Broderick	Salford Harriers & AC	W	00:44:49
96	Gareth Hughes	Prestatyn Running Club	M65	00:45:03
97	Helen Thornhill	Stockport Harriers & AC	W40	00:45:10
98	Alan Jenkinson	Styal Running Club	M60	00:45:19
99	Andy Roberts	Belle Vue Racers	M45	00:45:26

100 Carol Beattie	Steel City Striders	W55	00:45:48
101 Louise Harrison	Stockport Harriers & AC	W40	00:46:28
102 Nigel Swallow	unattached	M45	00:46:48
103 Beverley Golden	Buxton & District AC	W35	00:46:50
104 Malc Brown	Glossopdale Harriers	M45	00:46:57
105 Shelly Ward	Prestatyn Running Club	W40	00:46:58
106 Yvette Jeal	Manchester SRC	W40	00:47:07
107 Sarah Leah	Stockport Harriers & AC	W35	00:47:14
108 Eleri Goddard	Prestatyn Running Club	W40	00:47:21
109 Jackie Smith	Sheffield Running Club	W55	00:47:22
110 Michael Jones	Altrincham & District AC	M55	00:47:57
111 Eleri Jones	Prestatyn Running Club	W40	00:48:11
112 Richard Smith	unattached	M	00:48:16
113 Barbara Platt	East Cheshire Harriers	W45	00:48:21
114 Sanjay Ardeslina	unattached	M40	00:48:27
115 Beth Clark	Unattached	W	00:48:35
116 Sarah Harrison	Manchester Harriers & AC	W	00:48:43
117 Andrea Mainment	East Cheshire Harriers	W45	00:48:44
118 Barabra Pilling	East Cheshire Harriers	W60	00:49:18
119 Richard Wlodarczyk	East Cheshire Harriers	M55	00:49:31
120 Iain Scott	unattached	M55	00:49:34
121 Rachel Nothard	Barnsley Harriers	W50	00:49:34
122 Jeremy Woodham	Stockport Harriers & AC	M	00:50:02
123 Joe Docherty	unattached	M	00:50:03
124 Ian Meade	Barnsley Harriers	M60	00:50:05
125 Marie Williamson	Jog Derbyshire Dynamos	W35	00:50:23
126 Abbie Cheetham	Prestatyn Running Club	WJ	00:50:57
127 Christine Copson	unattached	W45	00:50:57
128 Tracey Pitceathy	unattached	W50	00:50:59
129 Lisa O'Farrell	unattached	W40	00:51:23
130 John Leah	Bramhall Runners	M60	00:51:24
131 Becky Stile	Bramhall Runners	W40	00:51:30
132 Ian Christopherson	Barnsley Harriers	M60	00:51:41
133 Gillian Howarth	Biotic	W40	00:51:49
134 Clive Smith	unattached	M40	00:51:52
135 Rachel Walton	unattached	W35	00:51:53
136 Dave Salmon	East Cheshire Harriers	W65	00:52:28
137 Helen Baxandall	Prestatyn Running Club	W50	00:52:34
138 Neil Shuttleworth	Glossopdale Harriers	M65	00:52:37
139 Carl Halliday	Barnsley Harriers	M50	00:53:29
140 Ron Hill	Clayton-le-Moors Harriers	M70	00:53:38
141 Victoria Heeley	unattached	W35	00:53:50
142 Gill Brandrick	Prestatyn Running Club	W50	00:54:57
143 Tim Bott	unattached	M	00:54:58
144 Katie-Louise Holden	unattached	W	00:55:21
145 Donna Bamforth	unattached	W	00:55:38
146 Duncan Longley	Prestatyn Running Club	M55	00:55:43
147 Shirim Hodgeson	Prestatyn Running Club	W50	00:56:18
148 Sue Ballington	unattached	W40	00:57:34
149 David Smith	unattached	M45	00:57:34

150 Harry Barclay	Hyde Village Striders	MJ	00:58:08
151 Rhian Williams	Prestatyn Running Club	W50	00:58:10
152 Linda Williams	Prestatyn Running Club	W50	00:58:11
153 Karen Bancroft	Prestatyn Running Club	W50	00:58:19
154 Graham Benton	Maltby Running Club	M50	00:58:27
155 Chris Byrom	East Cheshire Harriers	W65	00:58:51
156 Claire Carmichael	unattached	W	01:06:40