

**NORTHERN ATHLETICS
'START FITNESS' INDOOR OPEN TRACK & FIELD MEETING
at the**

ENGLISH INSTITUTE of SPORT, SHEFFIELD

**Saturday 8 December 2012
First Event – 11.00**

We anticipate a high level of interest in these events and reserve the right to return entries if limits are exceeded.

Events (Senior): 60m, 300m, 60m Hurdles, 600m, 3000m, Long Jump, Shot, High Jump,
Events (Under 15): 60m, 150m, 60m Hurdles, Long Jump, Shot, High Jump

Senior, U20 and U17 track competitors will be seeded together as one competition by ability at call-up.

U15 and U13 age groups will be seeded together.

Competitors will have four trials in Long Jump, Triple Jump & Shot.

Age Groups: Track & Field age groups as at 31 August 2013.

ENTRY FEE: £6 per event. Cheques payable to Northern Athletics. Postal entries will not be acknowledged, collect numbers on the day. An online entry system is available. An Order of Events and other information will be posted on the NA website (www.northernathletics.org.uk).

Entries to: Northern Athletics, 7A Wellington Road East, Dewsbury, WF13 1HF by Friday 30th November or online at www.northernathletics.org.uk.

Enquiries: Telephone 01924 457922: e-mail info@northernathletics.org.uk

ENTRY FORM – 8 December 2012

Name _____ **Club** _____

Address _____

Telephone _____ **e-mail** _____

Age Group _____ **Date of Birth** _____

Event(s) Entered _____

Fee Enclosed _____

NB: email addresses may be passed to our sponsors Start Fitness for marketing and information purposes. If you do not wish your email address to be made available please indicate by ticking the box provided below. Addresses will not be made available to any other retail or marketing organisation.