

Northern Athletics Snr/U20 Outdoor Champs 2011

Sport City
18/19 June 2011

F01 Senior Men Hammer FINAL

1	63	Mike Floyd	Sale Harriers Manchester	71.73
2	178	Alex Smith	Sale Harriers Manchester	70.74
3	18	James Bedford	Birchfield Harriers	65.90
4	23	Michael Bomba	Liverpool Harriers	64.58
5	15	Roger Bate	Trafford AC	56.64
6	159	Jason Robinson	Chesterfield & District AC	47.96
7	150	Adam Reynolds	Liverpool Harriers	43.15
8	65	Richard Gayle	Wakefield District H & AC	41.02
9	20	Richard Bell	Manx Harriers	38.28
10	35	Ian Cooley	Rotherham Harriers	29.97

F02 Under 20 Women Long Jump FINAL

1	476	Micaela Brindle	Wigan Harriers	5.59
2	513	Danielle McGifford	Wigan Harriers	5.47
3	485	Molly Cockburn	Sale Harriers Manchester	5.24
4	520	Suzanne Palmer	Derby AC	5.23
5	541	Abigail Swann	Kingston upon Hull AC	5.12
6	486	Frances Coldwell	Leeds City AC	4.95
7	529	Sophie Rigby	St Helens Sutton AC	4.73

F03 Under 20 Men Pole Vault FINAL

1	432	George Sharp	Preston Harriers	4.40
2	371	Nicholas Cole	The Dearne	4.30
2	465	Lewis Billam	The Dearne ALC	4.30
4	342	Greg Appleby	Sale Harriers Manchester	4.00
5	428	Christopher Price	City of Sheffield AC	3.60

F04 Senior Women Hammer FINAL

1	263	Sarah Holt	Sale Harriers Manchester	62.73
2	226	Abbi Carter	Kingston upon Hull AC	54.83
3	242	Hannah Evenden	Edinburgh AC	52.75
4	309	Alice Simpson	Leeds City AC	51.91
5	327	Jenna Wheatman	Scarborough AC	51.21
6	331	Katy Wilson	Gateshead Harriers & AC	49.97
7	257	Stephanie Hendy	Peterborough AC	46.88
8	273	Vicky Johnson	Liverpool Harriers	46.49
9	332	Jenna Winson	Derby AC	44.91
10	238	Sarah Drake	Wakefield District H & AC	42.73
11	328	Helen White	Rotherham Harriers	39.69
13	217	Jemma Bate	Trafford AC	38.03

F05 Senior Women High Jump FINAL

1	240	Karla Drew	City of Sheffield AC	1.65
2	284	Jenny Lumley	Leeds City AC	1.65
3	298	Amy Richards	Wigan Harriers	1.55

F06 Under 20 Men Long Jump FINAL

1	399	Craig Jones	Liverpool Harriers	6.96
2	376	James Davies	Blackpool, Wyre & Fylde AC	6.94
3	402	Adam Khan	City of Sheffield AC	6.45
4	350	Alex Bellis	Sale Harriers Manchester	6.26
5	430	Bradley Robinson	Leeds City AC	5.51

F07 Under 20 Women Discus FINAL

1	482	Abbi Carter	Kingston upon Hull AC	41.91
2	475	Tyne Breen	Blaydon harriers	36.06
3	552	Sarah Wilding	Rotherham Harriers	24.00

F08 Senior Women Triple Jump FINAL

1	260	Kelly Hilton	Wigan Harriers	12.52
2	268	Kerry Hunton	Seaton AC	10.84
3	292	Eleanor Owen	Vale Royal	10.72

F09 Under 20 Women Pole Vault FINAL

1	479	Katie Byres	Sale Harriers Manchester	4.05
2	487	Paige Collings	Chesterfield & District AC	3.00
3	523	Vicky Price	City of Sheffield AC	3.00
4	517	Samara Mohtasham	Sale Harriers Manchester	2.60

F10 Senior Men High Jump FINAL

1	77	Darren Hammond	Sale Harriers Manchester	2.00
2	3	Jack Andrew	Macclesfield Harriers	1.85

F11 Under 20 Women Javelin FINAL

1	473	Danielle Bentley	Sale Harriers Manchester	44.85
2	531	Sarah Roberts	Spenborough & District	44.21
3	474	Kelly Bramhald	Doncaster AC	43.16
4	507	Amy Lupton	Preston Harriers	39.55
5	492	Laura England	Barnsley AC	38.41
6	553	Samantha Wilkinson	Warrington AC	33.44

F12 Senior Men Shot Putt FINAL

1	122	Rimantas Martisauskas	Sale Harriers Manchester	16.56
2	203	Jamie Williamson	City of Sheffield	16.06
3	151	Les Richard	City of York AC	16.01
4	27	Daniel Brunt	City of Sheffield AC	14.82
5	136	John Nicholls	Sale Harriers Manchester	13.73
6	100	gary Hughes	Middlesbrough & Cleveland H	10.18
7	20	Richard Bell	Manx Harriers	8.85

F13 Senior Men Triple Jump FINAL

1	8	Ade Babatunde	Middlesbrough AC (Mandale)	15.39
2	14	Matt Barton	Leeds City AC	14.09
3	193	Richard Tranter	Vale Royal	13.70
4	205	Czaja Wojciech	Warrington AC	13.40
5	69	Julien Gittens	Leeds City AC	12.02

F14 Under 20 Men Discus FINAL

1	446	Alan Toward	Gateshead Harriers & AC	48.99
2	345	Jake Armstrong	Leeds City AC	45.43
3	440	Iain Swall	City of York AC	43.14
4	394	Kane Humphrey	Rotherham Harriers	41.94
5	454	Craig Westerman	Wakefield District H & AC	41.57
6	456	Ryan Winson	Derby AC	40.23
7	385	Darren Evans	Preston Harriers	39.33
8	397	Samuel Johnson	Preston Harriers	37.72
9	349	Richard Bell	Manx Harriers	30.62

F15 Senior Women Shot Putt FINAL**FINAL**

1	219	Sarah Benson	Bingley Harriers	13.26
2	242	Hannah Evenden	Edinburgh AC	12.58
3	237	Jasmin Dotzek	Sale Harriers Manchester	11.30
4	284	Jenny Lumley	Leeds City AC	11.08
5	319	Jess Taylor	Sale Harriers Manchester	10.87
6	240	Karla Drew	City of Sheffield AC	10.49

F16 Under 20 Men Javelin FINAL**FINAL**

1	367	Jordan Carter	Rotherham Harriers	61.78
2	418	Andrew Mimmack	Kingston upon Hull AC	56.49
3	456	Ryan Winson	Derby AC	50.00
4	379	Thomas Dewhurst	Preston Harriers	48.72
5	425	Chris Parsons	City of York AC	39.86

F17 Under 20 Men Hammer FINAL**FINAL**

1	417	Nick Miller	Border Harriers	64.39
2	412	Ryan McDowall	Border Harriers & AC	52.33
3	349	Richard Bell	Manx Harriers	46.13
4	450	Jack Vickery	Blackburn Harriers	43.79
5	397	Samuel Johnson	Preston Harriers	43.45
6	456	Ryan Winson	Derby AC	42.70
7	385	Darren Evans	Preston Harriers	40.19

F18 Senior Men Long Jump FINAL**FINAL**

1	105	JJ Jegede	Gateshead Harriers & AC	7.79
2	111	Chris Kirk	Newham & Essex Beagles	7.40
3	1	Paul Allen		7.11
4	6	Jacob Brown	Sale Harriers Manchester	7.00
5	29	Andrew Burgess	Sale Harriers Manchester	6.96
6	179	John Stacey	Gateshead Harriers & AC	6.54
7	193	Richard Tranter	Vale Royal	6.34
8	189	Michael Sweeney	Liverpool Harriers	6.12
9	205	Czaja Wojciech	Warrington AC	6.02
10	174	James Shaw		5.23

F19 Senior Women Pole Vault FINAL**FINAL**

1	224	Katie Byres	Sale Harriers Manchester	3.90
2	255	Abi Haywood	Sale Harriers Manchester	3.90
3	335	Sally Scott	Trafford AC	3.90
4	323	Kellyjo Tinkler		3.10
5	321	Rachel Thomas	Liverpool Harriers	3.10
6	278	Patrycja Krawczyk	The Dearne AC	3.00
7	221	Clare Blunt	Kingston upon Hull AC	2.60

F20 Under 20 Men High Jump FINAL**FINAL**

1421		Will Mulroy	Wakefield District H & AC	1.85
------	--	-------------	---------------------------	------

F21 Under 20 Women Hammer FINAL**FINAL**

1	482	Abbi Carter	Kingston upon Hull AC	55.86
2	509	Jessica Mayho	Bingley Harriers	49.91
3	519	Adanna Okeahialam	Bingley Harriers	45.88
4	537	Rebecca Simpson	North Shields Poly	43.65
5	471	Katy Barnard	Border Harriers & AC	43.59

F22 Under 20 Women High Jump FINAL**FINAL**

1	470	Kate Anson	Wigan Harriers	1.65
2	494	Samantha Fraser	Wigan Harriers	1.65

F23 Senior Women Long Jump FINAL**FINAL**

1	241	Jessica Ennis	City of Sheffield AC	6.24
2	303	Alexandra Russell	Wigan Harriers	6.20
3	244	Lisa Ferguson	Edinburgh AC	5.77
4	319	Jess Taylor	Sale Harriers Manchester	5.72
5	329	Joanne Whiteway	City of Sheffield AC	5.55
6	237	Jasmin Dotzek	Sale Harriers Manchester	5.30
7	269	Harriet James	Preston Harriers	5.11
8	270	Katherine James	Bingley Harriers	4.98
9	265	Jessica Houlton	Grimsby Harriers	4.84

F24 Senior Men Discus FINAL**FINAL**

1	71	Marcus Gouldbourne	Sale Harriers Manchester	53.34
2	112	Graeme Leve	Gateshead Harriers & AC	50.25
3	133	Alessandro Morganella	Liverpool Harriers	43.46
4	61	Karl Fitzgerald	Cleethorpes AC	43.40
5	153	Nick Ridgeon	Gateshead Harriers & AC	42.08
6	203	Jamie Williamson	City of Sheffield	39.02
7	20	Richard Bell	Manx Harriers	26.17

F25 Under 20 Men Triple Jump FINAL**FINAL**

1	376	James Davies	Blackpool, Wyre & Fylde AC	14.11
2	351	Sam Bentley	Leeds City AC	13.86
3	350	Alex Bellis	Sale Harriers Manchester	13.61
4	402	Adam Khan	City of Sheffield AC	13.40
5	441	Ian Swift		12.15
6	430	Bradley Robinson	Leeds City AC	11.40

F26 Under 20 Men Shot Putt FINAL**FINAL**

1	406	Scott Lincoln	City of York AC	15.58
2	446	Alan Toward	Gateshead Harriers & AC	13.33
3	394	Kane Humphrey	Rotherham Harriers	12.84
4	349	Richard Bell	Manx Harriers	10.77

F27 Senior Men Pole Vault FINAL**FINAL**

1	568	Max Eaves	Newham & Essex Beagles	5.20
2	171	Rhys Searles	Enfield & Haringey	4.80
3	40	Matthew Cullen	Sale Harriers Manchester	4.70
4	173	George Sharp	Preston Harriers	4.50
5	98	Gavin Howard	Gateshead Harriers & AC	4.40
6	95	Liam Holiday	Kingston upon Hull AC	4.00

F28 Senior Women Discus FINAL**FINAL**

1	258	Sarah Henton	Blackburn Harriers	49.23
2	242	Hannah Evenden	Edinburgh AC	42.17
3	282	Gemma Llewellyn	Liverpool Harriers	41.01
4	217	Jemma Bate	Trafford AC	37.42
5	267	Lauren Hunt	West Cheshire AC	33.88
6	218	Sarah Benson	Bingley Harriers	32.44

F29 Under 20 Women Triple Jump FINAL**FINAL**

1	524	Emma Pringle	Gateshead Harriers & AC	12.08
2	488	Rebecca Cope	Kingston upon Hull	10.91
3	535	Charlotte Sadler	Gateshead Harriers & AC	9.88

F30 Under 20 Women Shot Putt FINAL**FINAL**

1	475	Tyne Breen	Blaydon harriers	13.06
2	498	Lucy Holmes	Wakefield District H & AC	11.88
3	494	Samantha Fraser	Wigan Harriers	10.27
4	491	Ruth Doran	Liverpool Pembroke & Sefton AC	9.28

F31 Senior Women Javelin FINAL**FINAL**

1	322	Hayley Thomas	Newham & Essex Beagles	49.96
2	241	Jessica Ennis	City of Sheffield AC	44.81
3	276	Lisa Kenney	Kingston upon Hull AC	34.88
4	237	Jasmin Dotzek	Sale Harriers Manchester	31.93
5	265	Jessica Houlton	Grimsby Harriers	31.75
6	283	Victoria Lockey	Scarborough AC	20.09

F32 Senior Men Javelin FINAL**FINAL**

1	103	Matthew Hunt	Sale Harriers Manchester	68.94
2	126	David McKay	West Cheshire AC	66.75
3	59	Ben Fisher	Liverpool Harriers	65.50
4	38	Aaron Crawford	Begrave Harriers	65.40
5	93	Dan Holden	Durham City Harriers	55.52

T01 Senior Men 400m Heats**Heat 01**

1	10	Lawrence Baird	Trafford AC	49.00	W/S:
2	102	Marshall Hungwe	Durham City Harriers	49.17	W/S:
3	55	Rory Evans	Stockport Harriers	49.51	W/S:
4	182	Lea Stephenson	Tynedale Harriers	49.75	W/S:
5	39	Billy Crowther	Scunthorpe & District AC	51.62	W/S:
6	85	Reece Hendley	Oldham & Royton H & AC	52.84	W/S:
7	185	Roshane Stewart	City of Sheffield AC	53.67	W/S:

Heat 02

1	155	David Riley	Gateshead Harriers & AC	48.43	W/S:
2	30	Tim Burn	Richmond & Zetland AC	48.80	W/S:
3	43	David Dempsey	Longwood Harriers AC	49.72	W/S:
4	6	Wayne Ashall	Liverpool Pembroke & Sefton AC	50.42	W/S:
5	156	Scott Riley	Trafford AC	50.66	W/S:
6	68	Mark Gilmer	Leeds City AC	53.89	W/S:

Heat 03

1	47	Harry Doran	Liverpool Pembroke & Sefton AC	48.77	W/S:
2	167	Jules Ryan	Wirral AC	48.87	W/S:
3	72	Thomas Grantham	City of Sheffield AC	49.16	W/S:
4	58	Jacob Fehily	Unattached	50.62	W/S:
5	123	Thomas Matthews	Kendal AC	51.37	W/S:
6	210	Richard Davies	Blackheath & Bromley	51.40	W/S:

Heat 04

1	90	Nathan Hilton	Liverpool Pembroke & Sefton AC	49.10	W/S:
2	13	Daniel Barry	Trafford AC	49.41	W/S:
3	11	Alex Bale	Blackpool, Wyre & Fylde AC	50.06	W/S:
4	113	Jak Lowdon	Gateshead Harriers & AC	50.65	W/S:
5	162	Alistair Robinson	Wakefield District H & AC	51.25	W/S:
6	57	Michael Fairfield	Liverpool Harriers	52.92	W/S:

T02 Senior Women 400m Heats**Heat 01**

1	295	Harriet Pryke	Manx Harriers	55.99	W/S:
2	305	Racheal Shaw	Barnsley AC	58.86	W/S:
3	308	Jennifer Simmons	Sale Harriers Manchester	59.09	W/S:
4	251	Lucy Hack	Derby AC	62.37	W/S:

Heat 02

1	247	Amy Freeman	Spenborough & District	57.00	W/S:
2	333	Kate Would	Derby AC	57.08	W/S:
3	222	lauren Brennan	Sale Harriers Manchester	57.31	W/S:
4	235	Nisha Desai	Trafford AC	57.64	W/S:
5	261	Bethany Hirst	East Cheshire Harriers	63.29	W/S:

T03 Under 20 Men 400m Heats**Heat 01**

1	357	Alex Boyce	Liverpool Harriers	48.32	W/S:
2	341	Joshua Allan	Trafford AC	49.52	W/S:
3	383	Scott Edwards	Cardiff AAC	49.88	W/S:
4	361	James Buck	City of York AC	50.10	W/S:
5	343	Ash Appleyard	Doncaster AC	50.55	W/S:

Heat 02

1	436	Luke South	City of Sheffield AC	48.45	W/S:
2	365	George Caddick	Sale Harriers Manchester	48.48	W/S:
3	395	Reece Ingley	Trafford AC	49.48	W/S:
4	407	Oliver Lithgow	Seaton	49.72	W/S:
5	443	Adam Thomson	Liverpool Pembroke & Sefton AC	50.14	W/S:

T05 Senior Men 100m Heats**Heat 01**

1	109	Joseph Kibirige	University of Bath	10.94	W/S: +0.0m/s
2	99	Matt Hudson	City of Sheffield AC	11.14	W/S:
3	157	Nathan Roach	Sale Harriers Manchester	11.25	W/S:
4	24	Andrew Boyd	Wirral AC	11.45	W/S:
5	172	Alan Selby	Morpeth Harriers & AC	11.59	W/S:
6	188	Stephen Sumner	Hyndburn AC	11.99	W/S:
7	33	Michael Churm	Chorley AC	13.09	W/S:

Heat 02

1	37	Chris Craig	Sale Harriers Manchester	10.73	W/S: +0.4m/s
2	149	Ricky Reeves	City of Sheffield AC	10.75	W/S:
3	4	Thaddeus Anim-Somuah	St Helens Sutton AC	11.25	W/S:
4	196	Sean Vernon	Preston Harriers	11.42	W/S:
5	125	Jerome McIntosh	City of Sheffield AC	11.47	W/S:
6	107	Gareth Jones	Wirral AC	11.50	W/S:
7	189	Michael Sweeney	Liverpool Harriers	12.59	W/S:

Heat 03

1	17	Rick Beardsall	City of Sheffield AC	10.83	W/S:
1	158	Andrew Robertson	Sale Harriers Manchester	10.52	W/S:
2	202	James Williams	Wirral AC	10.89	W/S:
3	169	Darren Scott	City of Sheffield AC	10.96	W/S:
4	132	James Mitchell		11.15	W/S:
5	64	Harrison Foster	Bingley Harriers	11.27	W/S:

Heat 04

1	67	Luke Giblin	Belgrave Harriers	10.79	W/S: +0.3
1	108	George Kenyon	Gateshead Harriers & AC	10.97	W/S:
3	79	Harry Harris	City of Sheffield AC	11.02	W/S:
4	211	Adam Storer	City of Sheffield AC	11.39	W/S:
5	78	Daniel Harnes	Scunthorpe & District AC	11.42	W/S:
6	45	Nicholas Dodd	Bury AC	11.52	W/S:

T06 Senior Women 100m Heats**Heat 01**

1	220	Louise Bloor	Trafford AC	11.82	W/S: +1.1
2	336	Hayley Jones	Wigan Harriers	11.87	W/S:
3	306	Amanda Shaw	Barnsley AC	12.64	W/S:
4	291	Rebecca O'Keeffe	Bolton United Harriers	13.03	W/S:
5	277	Stephanie Kleynhans	Macclesfield Harriers	13.18	W/S:
6	292	Eleanor Owen	Vale Royal	13.51	W/S:

Heat 02				W/S: +2.7	
1	330	Bernice Wilson	Birchfield Harriers	11.77	W/S:
2	280	Annabelle Lewis	Unattached	11.79	W/S:
3	264	Megan Hoult	Kingston upon Hull AC	12.34	W/S:
4	230	Kadeena Cox	Leeds City AC	12.34	W/S:
5	252	Sarah Halligan	Manx Harriers	12.62	W/S:
6	320	Elaine Telford	Morpeth Harriers & AC	12.73	W/S:

T07 Under 20 Men 100m Heats

Heat 01				W/S: -0.2	
1	359	Ricardo Brown	Leeds City AC	10.99	W/S:
2	463	Marcel Stevens	Sale Harriers Manchester	11.25	W/S:
3	364	Charles Burke	Sale Harriers Manchester	11.25	W/S:
4	423	Demetric Nelson	Bingley Harriers	11.39	W/S:
5	358	Tom Bradbury	Preston Harriers	11.43	W/S:
6	438	Aidan Stoakley	West Cheshire AC	11.67	W/S:

Heat 02				W/S: -0.2	
1	433	Ben Shields	Rotherham Harriers	10.79	W/S:
2	445	Jordan Toth	Holmfirth Harriers	10.82	W/S:
3	405	Samuel Landsborough	Wirral AC	10.82	W/S:
4	388	Dominic Green	Scunthorpe & District AC	11.24	W/S:
5	413	Callum McLean	Sale Harriers Manchester	11.28	W/S:

T08 Under 20 Women 100m Heats

Heat 01				W/S: +0.0	
1	545	Shaunna Thompson	Sale Harriers Manchester	12.15	W/S:
2	530	Sophie Riley	Blackpool, Wyre & Fylde AC	12.50	W/S:
3	503	Emma Jackson	Kingston upon Hull AC	12.55	W/S:
4	480	Sasha Byrom	Preston Harriers	12.65	W/S:
5	496	Carys Hall	City of Sheffield AC	12.97	W/S:
6	525	Treloar Rachel	West Cheshire AC	13.16	W/S:
7	512	Ciara McDonnell	Manx Harriers	13.94	W/S:

Heat 02				W/S: +0.0	
1	532	Laura Robson	Wakefield District H & AC	12.47	W/S:
2	481	Olivia Callaghan	Sale Harriers Manchester	12.66	W/S:
3	484	Kelly Clark	City of Sheffield AC	12.80	W/S:
4	485	Molly Cockburn	Sale Harriers Manchester	12.80	W/S:
5	548	Laura Walker	Shildon AC	12.82	W/S:
6	543	Bethany Taylor	Kingston upon Hull AC	12.96	W/S:

T10 Senior Women 1500m FINAL

FINAL				W/S:	
1	216	Elle Baker	Stockport Harriers	4:25.82	W/S:
2	215	Jo Adams	Richmond & Zetland AC	4:28.30	W/S:
3	259	Jenna Hill	Sale Harriers Manchester	4:29.02	W/S:
4	239	Catherine Gallagher	Liverpool Harriers	4:32.18	W/S:
5	246	Rachel Franklin	Manx Harriers	4:37.89	W/S:
6	312	Laura Spence	Rotherham Harriers	4:42.67	W/S:
7	271	Michelle Jenkins	Hallamshire Harriers	4:45.40	W/S:
8	317	Michelle Stone	Kingston upon Hull AC	4:54.58	W/S:

T11 Under 20 Men 1500m FINAL

FINAL				W/S:	
1	346	John Ashcroft	St Helens Sutton AC	3:58.07	W/S:
2	400	Max Kaye	Holmfirth Harriers	4:00.09	W/S:
3	408	Toby Loveridge	Liverpool Pembroke & Sefton AC	4:00.46	W/S:
4	362	Sam Bucknall	Leeds City AC	4:01.25	W/S:
5	457	Michael Wood	Leeds City AC	4:01.43	W/S:
6	368	Jacob Clark	City of Sheffield AC	4:04.44	W/S:
7	386	James Gilbert	Kingston upon Hull AC	4:05.46	W/S:
8	360	Ryan Buck	City of York AC	4:06.83	W/S:
9	389	Daniel Hardy	Shildon AC	4:07.91	W/S:
10	435	Beau Smith	Lancaster & Morecambe AC	4:07.95	W/S:
11	420	Jack Morris	Stockport Harriers	4:10.76	W/S:
12	347	Shaun Barras	Jarrow & Hebburn	4:12.43	W/S:
13	447	Thomas Traviss-Pollard	Holmfirth Harriers	4:13.36	W/S:
14	442	Howard Thompson	Kingston upon Hull AC	4:18.00	W/S:
15	374	Kyle Craib	Rotherham Harriers	4:25.23	W/S:

T12 Under 20 Women 1500m FINAL

FINAL				W/S:	
1	550	Jennifer Walsh	Spenborough & District	4:27.17	W/S:
2	542	Hanna Tarver	Wirral AC	4:31.05	W/S:
3	528	Laura Riches	Leigh Harriers AC	4:41.07	W/S:
4	515	Amy Jade Mellor	Buxton AC	4:44.82	W/S:
5	495	Sarah Griffiths	Warrington AC	4:49.61	W/S:
6	500	Abigail Howarth	Leigh Harriers AC	4:51.41	W/S:
7	502	Nichola Jackson	Preston Harriers	5:04.97	W/S:

T13 Senior Men 110m Hurdles FINAL

FINAL				W/S: +0.6	
1	99	Matt Hudson	City of Sheffield AC	14.09	W/S:
2	139	Suote Nyananyo	Newham & Essex Beagles	14.72	W/S:
3	3	Jack Andrew	Macclesfield Harriers	15.15	W/S:

T14 Under 20 Men 110m Hurdles FINAL

FINAL				W/S: -0.7	
1	414	Jack Meredith	Liverpool Harriers	13.69	W/S:
2	387	James Gladman	Warrington AC	14.14	W/S:
3	422	Daniel Needham	Wigan Harriers	14.17	W/S:
4	402	Adam Khan	City of Sheffield AC	15.53	W/S:
5	458	Nicholas Wood	Gateshead Harriers & AC	15.62	W/S:

T15 Senior Women 100m Hurdles Heats

Heat 01				W/S: +2.0	
1	256	Ashley Helsby	Liverpool Harriers	13.52	W/S:
2	262	Zara Hohn	Wakefield & DHAC	13.82	W/S:
3	319	Jess Taylor	Sale Harriers Manchester	14.37	W/S:
4	240	Karla Drew	City of Sheffield AC	14.42	W/S:
5	237	Jasmin Dotzek	Sale Harriers Manchester	14.93	W/S:
6	284	Jenny Lumley	Leeds City AC	16.05	W/S:

Heat 02				W/S: +0.5	
1	274	Katarina Johnson-Thompson	Liverpool Harriers	13.90	W/S:
2	302	Danielle Rooney	Sale Harriers Manchester	14.57	W/S:
3	281	Amy Liddell	Gateshead Harriers & AC	14.66	W/S:
4	287	Rosie Marino	City of Sheffield AC	14.69	W/S:
5	299	Hannah Riley	Manx Harriers	15.01	W/S:

T16 Under 20 Women 100m Hurdles FINAL

FINAL				W/S: +1.6	
1	484	Kelly Clark	City of Sheffield AC	14.48	W/S:
2	476	Micaela Brindle	Wigan Harriers	14.54	W/S:
3	518	Eleanor Newton	Southport Waterloo AC	15.64	W/S:
4	543	Bethany Taylor	Kingston upon Hull AC	15.95	W/S:
5	546	Bethany Towers	Blackpool Wyre & Fyle AC	16.36	W/S:

T17 Senior Men 400m FINAL

FINAL				W/S:	
1	47	Harry Doran	Liverpool Pembroke & Sefton AC	47.51	W/S:
2	155	David Riley	Gateshead Harriers & AC	47.77	W/S:
3	30	Tim Bum	Richmond & Zetland AC	48.06	W/S:
4	102	Marshall Hungwe	Durham City Harriers	48.57	W/S:
5	90	Nathan Hilton	Liverpool Pembroke & Sefton AC	48.71	W/S:
6	10	Lawrence Baird	Trafford AC	48.97	W/S:
7	167	Jules Ryan	Wirral AC	49.10	W/S:
8	72	Thomas Grantham	City of Sheffield AC	49.57	W/S:

T18 Senior Women 400m FINAL

FINAL				W/S:
1	295	Harriet Pryke	Manx Harriers	54.94 W/S:
2	333	Kate Would	Derby AC	56.27 W/S:
3	247	Amy Freeman	Spenborough & District	56.43 W/S:
4	222	lauren Brennan	Sale Harriers Manchester	56.84 W/S:
5	235	Nisha Desai	Trafford AC	56.94 W/S:
6	308	Jennifer Simmons	Sale Harriers Manchester	57.94 W/S:
7	305	Racheal Shaw	Barnsley AC	58.09 W/S:
8	251	Lucy Hack	Derby AC	63.09 W/S:

T19 Under 20 Men 400m FINAL

FINAL				W/S:
1	357	Alex Boyce	Liverpool Harriers	47.86 W/S:
2	365	George Caddick	Sale Harriers Manchester	48.36 W/S:
3	341	Joshua Allan	Trafford AC	48.47 W/S:
4	436	Luke South	City of Sheffield AC	48.58 W/S:
5	407	Oliver Lithgow	Seaton	49.15 W/S:
6	395	Reece Ingley	Trafford AC	49.34 W/S:
7	383	Scott Edwards	Cardiff AAC	50.15 W/S:

T20 Under 20 Women 400m FINAL

FINAL				W/S:
1	536	Laura Shanley	Liverpool Harriers	56.37 W/S:
2	490	Lydia Critchley	Blackpool, Wyre & Fylde AC	57.16 W/S:
3	497	Beth Hicken	Warrington AC	59.26 W/S:
4	527	Katie Reynolds	East Cheshire Harriers	60.30 W/S:
5	504	Rachel Leech	Blackburn Harriers	60.78 W/S:
6	522	Amy Phillpotts	Horwich RMI	61.64 W/S:
7	512	Ciara McDonnell	Manx Harriers	62.51 W/S:
8	511	Sarah McDonald	Wigan Harriers	62.54 W/S:

T21 Senior Men 5000m FINAL

FINAL				W/S:
1	204	Jonathan Wills	Bristol & West AC	14:38.040 W/S:
2	110	Ian Kimpton	Lincoln Wellington	14:43.28 W/S:
3	175	James Smith	Leeds City AC	14:47.70 W/S:
4	124	John McCole	Liverpool Harriers	14:50.40 W/S:
5	34	Daniel Cliffe	Warrington AC	14:55.75 W/S:
6	48	James Douglas	Border Harriers & AC	14:58.36 W/S:
7	28	Alan Buckley	Leeds City AC	14:58.78 W/S:
8	36	Thomas Cornthwaite	Blackburn Harriers	14:58.87 W/S:
9	5	Dave Archer	Hallamshire Harriers	15:00.32 W/S:
10	97	Philip Hoole	Rotherham Harriers	15:04.82 W/S:
11	70	Martin Gostling	Leeds City AC	15:06.21 W/S:
12	25	Richard Brown	Lincoln Wellington	15:16.24 W/S:
13	194	David Turnbull	Holmfirth Harriers	15:21.09 W/S:
14	127	Fergus Meade	Leeds City AC	15:23.45 W/S:
15	208	Oliver Ziff	Leeds City AC	15:23.45 W/S:
16	42	Michael Dawson	Morpeth Harriers & AC	15:28.00 W/S:
17	115	Jamie Loxam	Stockport Harriers	15:43.35 W/S:
18	89	Mick Hill	Tipton Harriers	15:46.21 W/S:
19	170	James Scott-Buccleuch	Stockport Harriers	15:49.66 W/S:
20	116	Iain Lynn	City of York AC	16:21.63 W/S:
21	148	Christian Prior	City of Chester Triathlon Club	16:48.10 W/S:

T22 Senior Women 100m Hurdles FINAL

FINAL				W/S: +0.7
1	256	Ashley Helsby	Liverpool Harriers	13.50 W/S:
2	262	Zara Hohn	Wakefield & DHAC	13.75 W/S:
3	274	Katarina Johnson-Thompson	Liverpool Harriers	14.13 W/S:
4	240	Karla Drew	City of Sheffield AC	14.28 W/S:
5	319	Jess Taylor	Sale Harriers Manchester	14.48 W/S:
6	302	Danielle Rooney	Sale Harriers Manchester	14.54 W/S:
7	287	Rosie Marino	City of Sheffield AC	14.72 W/S:

T23 Senior Men 3000m Steeplechase FINAL

FINAL				W/S:
1	190	Jonathan Taylor	Morpeth Harriers & AC	8:54.45 W/S:
2	46	Tom Doe	Lincoln Wellington	8:56.07 W/S:
3	134	Richard Morrell	New Marske Harriers	9:23.82 W/S:
4	7	Lee Athersmith	Bingley Harriers	9:33.91 W/S:
5	80	Marc Hartley	Staffs Moorlands	9:37.84 W/S:
6	144	Chris Perry	Vale Royal	9:39.08 W/S:
7	206	Howard Wood	City of Sheffield AC	9:47.43 W/S:
8	191	Josh Tighe	Northumberland FR	9:50.11 W/S:

T24 Under 20 Men 2000m Steeplechase FINAL

FINAL				W/S:
1	396	Tom Jervis	Warrington AC	6:20.26 W/S:

T25 Senior Women 100m FINAL

FINAL				W/S: +0.3
1	220	Louise Bloor	Trafford AC	11.57 W/S:
2	336	Hayley Jones	Wigan Harriers	11.63 W/S:
3	330	Bernice Wilson	Birchfield Harriers	11.84 W/S:
4	280	Annabelle Lewis	Unattached	11.93 W/S:
5	230	Kadeena Cox	Leeds City AC	12.42 W/S:
6	264	Megan Hoult	Kingston upon Hull AC	12.55 W/S:
7	306	Amanda Shaw	Barnsley AC	12.62 W/S:
8	252	Sarah Halligan	Manx Harriers	12.81 W/S:

T26 Under 20 Men 100m FINAL

FINAL				W/S: -2.3
1	445	Jordan Toth	Holmfirth Harriers	10.89 W/S:
2	433	Ben Shields	Rotherham Harriers	10.92 W/S:
3	359	Ricardo Brown	Leeds City AC	11.00 W/S:
4	405	Samuel Landsborough	Wirral AC	11.04 W/S:
5	463	Marcel Stevens	Sale Harriers Manchester	11.48 W/S:
6	388	Dominic Green	Scunthorpe & District AC	11.59 W/S:
7	413	Callum McLean	Sale Harriers Manchester	11.70 W/S:

T27 Under 20 Women 100m FINAL

FINAL				W/S: +1.0
1	545	Shaunna Thompson	Sale Harriers Manchester	11.97 W/S:
2	532	Laura Robson	Wakefield District H & AC	12.17 W/S:
3	530	Sophie Riley	Blackpool, Wyre & Fylde AC	12.42 W/S:
4	503	Emma Jackson	Kingston upon Hull AC	12.48 W/S:
5	489	Katie Corner	Gateshead Harriers & AC	12.61 W/S:
6	484	Kelly Clark	City of Sheffield AC	12.67 W/S:
7	485	Molly Cockburn	Sale Harriers Manchester	12.72 W/S:

T28 Senior Men 100m FINAL

FINAL				W/S: -2.7
1	158	Andrew Robertson	Sale Harriers Manchester	10.71 W/S:
2	109	Joseph Kibirige	University of Bath	10.92 W/S:
3	149	Ricky Reeves	City of Sheffield AC	10.95 W/S:
4	37	Chris Craig	Sale Harriers Manchester	11.02 W/S:
5	67	Luke Giblyn	Belgrave Harriers	11.07 W/S:
6	17	Rick Beardsall	City of Sheffield AC	11.10 W/S:
7	202	James Williams	Wirral AC	11.31 W/S:

T29 Senior Men 1500m FINAL					Heat 03					W/S: -0.7		
FINAL					W/S:							
1	96	Nick Hooker	Leeds City AC	3:52.51	W/S:	1	76	Umar Hameed	Sale Harriers Manchester	21.95	W/S:	
2	561	David Forrester	St Helens Sutton AC	3:52.68	W/S:	2	155	David Riley	Gateshead Harriers & AC	22.20	W/S:	
3	91	Rob Hodges	Kingston upon Hull AC	3:53.03	W/S:	3	169	Darren Scott	City of Sheffield AC	22.30	W/S:	
4	52	Tim Egerton	Trafford AC	3:53.23	W/S:	4	202	James Williams	Wirral AC	22.60	W/S:	
5	104	Mathew Jackson	Warrington AC	3:53.74	W/S:	5	125	Jerome McIntosh	City of Sheffield AC	22.75	W/S:	
6	207	Dale Worton	Leeds City AC	3:54.61	W/S:	6	51	Luke Edwards	City of Sheffield AC	22.77	W/S:	
7	137	Matthew Nicholson	Morpeth Harriers & AC	3:56.31	W/S:	T36 Under 20 Men 200m Heats						
8	183	Ryan Stephenson	Gateshead Harriers & AC	3:58.42	W/S:	Heat 01					W/S: +1.8	
9	19	Kevin Bell	Border Harriers & AC	4:01.09	W/S:	1	370	Liam Clowes	Crewe & Nantwich AC	21.71	W/S:	
10	154	Nathan Riding	Newham & Essex Beagles	4:02.28	W/S:	2	387	James Gladman	Warrington AC	21.74	W/S:	
11	84	Thomas Henders	Leigh Harriers AC	4:06.75	W/S:	3	423	Demetric Nelson	Bingley Harriers	22.34	W/S:	
12	439	James Stringer	Vale Royal	4:13.70	W/S:	4	341	Joshua Allan	Trafford AC	22.55	W/S:	
13	60	Craig Fishwick	Hallamshire Harriers	4:14.10	W/S:	5	460	Nathan Wright	Barnsley AC	23.36	W/S:	
14	119	Gavin Marshall	Scunthorpe & District AC	4:14.36	W/S:	Heat 02					W/S: +2.2	
15	166	Josh Rowe	Kingston upon Hull AC	4:15.87	W/S:	1	405	Samuel Landsborough	Wirral AC	21.47	W/S:	
T31 Under 20 Women 400m Hurdles FINAL					W/S:							
FINAL					W/S:							
1	554	Sophie Wood	Durham City Harriers	61.13	W/S:	2	184	Ben Stephenson	Middlesbrough AC (Mandale)	22.18	W/S:	
2	556	Abi Fitzpatrick	Sale Harriers Manchester	62.52	W/S:	3	380	Stuart Dolman	Liverpool Pembroke & Sefton AC	22.47	W/S:	
3	477	Samantha Brook	Wakefield District H & AC	64.67	W/S:	4	388	Dominic Green	Scunthorpe & District AC	22.71	W/S:	
4	551	Georgia Whitfield	Durham City Harriers	67.36	W/S:	5	413	Callum McLean	Sale Harriers Manchester	22.72	W/S:	
5	562	Eleanor Leathley		68.26	W/S:	T37 Senior Women 200m Heats						
6	483	Alisha Casement	Sale Harriers Manchester	68.55	W/S:	Heat 01					W/S: -2.4	
7	535	Charlotte Sadler	Gateshead Harriers & AC	70.11	W/S:	1	336	Hayley Jones	Wigan Harriers	23.98	W/S:	
8	514	Laura McGoldrick	Wirral AC	75.51	W/S:	2	319	Jess Taylor	Sale Harriers Manchester	25.13	W/S:	
T32 Senior Women 400m Hurdles FINAL					W/S:							
FINAL					W/S:							
1	235	Nisha Desai	Trafford AC	59.89	W/S:	3	230	Kadeena Cox	Leeds City AC	25.54	W/S:	
2	311	Katie Sockett	City of Sheffield AC	60.92	W/S:	4	305	Racheal Shaw	Barnsley AC	25.88	W/S:	
3	287	Rosie Marino	City of Sheffield AC	62.40	W/S:	5	252	Sarah Halligan	Manx Harriers	26.19	W/S:	
4	223	Naida Bromley	Wakefield District H & AC	64.90	W/S:	6	277	Stephanie Kleynhans	Macclesfield Harriers	27.16	W/S:	
5	232	Rachel Culshaw	Wigan Harriers	65.54	W/S:	Heat 02					W/S: -2.6	
6	308	Jennifer Simmons	Sale Harriers Manchester	65.87	W/S:	1	280	Annabelle Lewis	Unattached	24.98	W/S:	
T33 Under 20 Men 400m Hurdles FINAL					W/S:							
FINAL					W/S:							
1	424	Oliver Palmer	City of York AC	54.38	W/S:	2	295	Harriet Pryke	Manx Harriers	25.41	W/S:	
2	356	Tom Booth	West Cheshire AC	57.28	W/S:	3	222	lauren Brennan	Sale Harriers Manchester	25.97	W/S:	
T34 Senior Men 400m Hurdles FINAL					W/S:							
FINAL					W/S:							
1	163	Oliver Robinson	Bingley Harriers	52.41	W/S:	4	306	Amanda Shaw	Barnsley AC	25.97	W/S:	
2	164	Adam Rogers	Sale Harriers Manchester	53.30	W/S:	5	264	Megan Hoult	Kingston upon Hull AC	26.61	W/S:	
3	72	Thomas Grantham	City of Sheffield AC	53.72	W/S:	6	334	Reagan Wright	Wakefield District H & AC	26.92	W/S:	
4	81	Michael Haslett	Cardiff AC	54.43	W/S:	T38 Under 20 Women 200m FINAL						
5	94	Daniel Holiday	Kingston upon Hull AC	55.59	W/S:	FINAL					W/S: -2.5	
6	50	Daniel Eckersley	Kingston & Poly AC	55.81	W/S:	1	510	Kirsten McAslan	East Cheshire Harriers	25.46	W/S:	
7	114	Chris Lowe	Macclesfield Harriers	58.58	W/S:	2	503	Emma Jackson	Kingston upon Hull AC	25.69	W/S:	
T35 Senior Men 200m Heats					W/S:							
Heat 01					W/S: +4.0							
1	17	Rick Beardsall	City of Sheffield AC	21.55	W/S:	3	480	Sasha Byrom	Preston Harriers	25.96	W/S:	
2	67	Luke Giblin	Belgrave Harriers	21.68	W/S:	4	548	Laura Walker	Shildon AC	26.08	W/S:	
3	135	Tom Mosley	Leeds City AC	22.27	W/S:	5	508	Lucy Mansfield	Blackpool, Wyre & Fylde AC	26.37	W/S:	
4	64	Harrison Foster	Bingley Harriers	22.53	W/S:	6	484	Kelly Clark	City of Sheffield AC	26.56	W/S:	
5	24	Andrew Boyd	Wirral AC	22.90	W/S:	7	499	Jessica Houlton	Grimsby Harriers & AC	27.82	W/S:	
6	58	Jacob Fehily	Unattached	23.06	W/S:	T39 Senior Men 800m Heats						
Heat 02					W/S: -0.7							
1	54	Luke Evans	Blackburn Harriers	21.73	W/S:	Heat 01					W/S:	
2	107	Gareth Jones	Wirral AC	22.70	W/S:	1	131	Luke Minns	Blackpool, Wyre & Fylde AC	1:55.54	W/S:	
3	4	Thaddeus Anim-Somuah	St Helens Sutton AC	22.82	W/S:	2	82	Rhian Hastey	Rotherham Harriers	1:56.18	W/S:	
4	78	Daniel Harmes	Scunthorpe & District AC	23.22	W/S:	3	56	Steven Evison	City of Sheffield AC	1:56.42	W/S:	
5	211	Adam Storer	City of Sheffield AC	23.31	W/S:	4	162	Alistair Robinson	Wakefield District H & AC	1:57.27	W/S:	
6	185	Roshane Stewart	City of Sheffield AC	23.98	W/S:	5	201	Jordan Widrienne	Derby AC	1:57.52	W/S:	

T40 Senior Women 800m FINAL

FINAL				W/S:
1	259	Jenna Hill	Sale Harriers Manchester	2:12.24 W/S:
2	233	Joanne Dawes	Trafford AC	2:12.92 W/S:
3	324	Alexandra Turner	Amber Valley AC	2:13.93 W/S:
4	290	Victoria O'Donnell	Trafford AC	2:14.13 W/S:
5	304	Natalie Shaw	Derby AC	2:14.49 W/S:
6	246	Rachel Franklin	Manx Harriers	2:16.29 W/S:
7	293	Angharad Owen	Loftus & Whitby AC	2:17.70 W/S:
8	317	Michelle Stone	Kingston upon Hull AC	2:18.73 W/S:
9	312	Laura Spence	Rotherham Harriers	2:21.54 W/S:
10	310	Louise Smith		2:22.79 W/S:
11	231	Josie Cram		2:25.28 W/S:

T41 Under 20 Men 800m Heats

Heat 01				W/S:
1	409	Niall Maguire	Derby AC	1:56.95 W/S:
2	462	Daniel Cheeseman	City of York AC	1:57.10 W/S:
3	448	Greg Urwin	Gateshead Harriers & AC	1:57.11 W/S:
4	352	Luke Betts	Chorley AC	1:58.60 W/S:
5	452	Thomas Weat	Darlington Harriers	1:59.34 W/S:
6	389	Daniel Hardy	Shildon AC	1:59.74 W/S:
7	464	Matthew Crawshaw	Wakefield District H & AC	2:02.70 W/S:

Heat 02				W/S:
1	360	Ryan Buck	City of York AC	1:57.90 W/S:
2	340	Ben Akin	Preston Harriers	1:58.27 W/S:
3	378	David Devine	Liverpool Harriers	1:58.98 W/S:
4	403	Sean Kirkbride	Liverpool Pembroke & Sefton AC	2:01.60 W/S:
5	427	Matthew Pontifex	Warrington AC	2:09.04 W/S:

Heat 03				W/S:
1	411	Chris Matthews	Blackburn Harriers	1:57.07 W/S:
2	400	Max Kaye	Holmfirth Harriers	1:57.11 W/S:
3	373	Ben Costello	Wirral AC	2:01.21 W/S:
4	442	Howard Thompson	Kingston upon Hull AC	2:06.07 W/S:
5	32	Lee Calvert	Preston Harriers	2:13.13 W/S:

T42 Under 20 Women 800m FINAL

FINAL				W/S:
1	550	Jennifer Walsh	Spenborough & District	2:09.69 W/S:
2	515	Amy Jade Mellor	Buxton AC	2:14.94 W/S:
3	540	Lucy Sumner	Preston Harriers	2:15.91 W/S:
4	533	Grace Rodgers	Loftus & Whitby AC	2:23.96 W/S:
5	478	Lauren Bugler	Preston Harriers	2:26.82 W/S:
6	495	Sarah Griffiths	Warrington AC	2:28.18 W/S:

T43 Senior Women 5000m FINAL

FINAL				W/S:
1	296	Emma Raven	Bingley Harriers	16:40.39 W/S:
2	285	Jo Maddick	Kingston upon Hull AC	16:57.24 W/S:
3	337	Tessa Walker	Salford Harriers	17:27.93 W/S:
4	313	Kate Spilsbury	Vale Royal	18:28.46 W/S:
5	272	Samantha Johnson	Wombwell SAC	19:08.21 W/S:
6	254	Lauren havercroft	Kingston upon Hull AC	20:12.10 W/S:

T45 Under 20 Men 5000m FINAL

FINAL				W/S:
1	461	Christopher Wright	Leeds City AC	15:09.08 W/S:
2	363	Joshua Bull	Derby AC	15:57.41 W/S:
3	369	Andrew Clews	Vale Royal	16:15.18 W/S:
4	415	Andrew Miles	Vale Royal	17:34.74 W/S:

T46 Senior Men 800m FINAL

FINAL				W/S:
1	56	Steven Evison	City of Sheffield AC	1:51.23 W/S:
2	82	Rhian Hastey	Rotherham Harriers	1:52.10 W/S:
3	131	Luke Minns	Blackpool, Wyre & Fylde AC	1:52.40 W/S:
4	104	Mathew Jackson	Warrington AC	1:53.79 W/S:
5	145	Tom Phillips	Derby AC	1:55.43 W/S:
6	91	Rob Hodges	Kingston upon Hull AC	1:55.69 W/S:
7	75	Jack Hallas	Wakefield District H & AC	1:57.34 W/S:
8	162	Alistair Robinson	Wakefield District H & AC	2:00.22 W/S:

T47 Under 20 Men 800m FINAL

FINAL				W/S:
1	409	Niall Maguire	Derby AC	1:54.91 W/S:
2	340	Ben Akin	Preston Harriers	1:54.24 W/S:
3	448	Greg Urwin	Gateshead Harriers & AC	1:56.07 W/S:
4	462	Daniel Cheeseman	City of York AC	1:56.46 W/S:
5	411	Chris Matthews	Blackburn Harriers	1:58.13 W/S:
6	360	Ryan Buck	City of York AC	1:58.22 W/S:
7	352	Luke Betts	Chorley AC	1:59.75 W/S:
8	400	Max Kaye	Holmfirth Harriers	2:03.69 W/S:

T51 Senior Women 200m FINAL

FINAL				W/S: -0.5
1	295	Harriet Pryke	Manx Harriers	24.98 W/S:
2	230	Kadeena Cox	Leeds City AC	25.19 W/S:
3	319	Jess Taylor	Sale Harriers Manchester	25.49 W/S:
4	222	lauren Brennan	Sale Harriers Manchester	25.64 W/S:
5	305	Racheal Shaw	Barnsley AC	25.71 W/S:
6	306	Amanda Shaw	Barnsley AC	25.83 W/S:

T52 Under 20 Men 200m FINAL

FINAL				W/S: -1.6
1	405	Samuel Landsborough	Wirral AC	21.52 W/S:
2	370	Liam Clowes	Crewe & Nantwich AC	21.82 W/S:
3	387	James Gladman	Warrington AC	21.90 W/S:
4	184	Ben Stephenson	Middlesbrough AC (Mandale)	22.15 W/S:
5	423	Demetric Nelson	Bingley Harriers	22.40 W/S:
6	341	Joshua Allan	Trafford AC	22.72 W/S:
7	380	Stuart Dolman	Liverpool Pembroke & Sefton AC	22.73 W/S:
8	388	Dominic Green	Scunthorpe & District AC	23.04 W/S:

T53 Senior Men 200m FINAL

FINAL				W/S: -2.1
1	54	Luke Evans	Blackburn Harriers	21.31 W/S:
2	76	Umar Hameed	Sale Harriers Manchester	21.70 W/S:
3	17	Rick Beardsall	City of Sheffield AC	21.73 W/S:
4	169	Darren Scott	City of Sheffield AC	21.85 W/S:
5	67	Luke Giblin	Belgrave Harriers	21.88 W/S:
6	155	David Riley	Gateshead Harriers & AC	22.00 W/S:
7	135	Tom Mosley	Leeds City AC	22.43 W/S:
8	107	Gareth Jones	Wirral AC	22.62 W/S: