

WIGAN PHOENIX
presents
THE STANDISH HALL TRAIL RACES
AUTUMN/WINTER 2011/12

(UNDER UKA RULES. permit applied for) www.realbuzzrunbritain.com

'It's a belter'
SATURDAY 22nd OCTOBER 2011
SATURDAY 18th FEBRUARY 2012 2.30PM

DISTANCE - VERY APPROX 10K

Course records:

Matt Moorhouse, Salford Harriers, 34.15

Lauren Howarth, Leigh Harriers, 37.04

REGISTRATION: BRITANNIA HOTEL, ALMOND BROOK RD, WN6 0SR (NEAR M6 J27)

Bar and free results on the day.

The course is completely off road on bridle paths and woodland trails

******PRIZES (Kindly sponsored by SWEATSHOP) ******
1st 5 MEN, 1st 3 WOMEN + JUNIOR, 1st/2nd VET, TEAM (4M/3W),
SPOT PRIZES/UNATTACHED TEAM PRIZE

PRE-ENTRIES (INC A5 SAE FOR MAP/NUMBER) BY 17.10.11/13.02.12 TO
PAUL CARROLL, 21 PILGRIMS WAY, STANDISH, WIGAN, WN6 0AJ

PRICES UNCHANGED FOR THE 6TH YEAR YET MORE PRIZES!
PRE-ENTRY FEES (PAYABLE TO WIGAN PHOENIX):
PER RACE £4 (£6 UNATTACHED) or
PRE-ENTER BOTH RACES BY 17.10.11 FOR £6 (£10 UNATTACHED)
ENTRIES ON THE DAY WELCOME - £5 (£7 UNATTACHED)
(Min age 16)

Email enquiries to paul.carroll@wiganphoenix.org.uk or phone
07950 074173 - weekday evenings and weekends only please.

Standish Hall Trail Race Oct/Feb/Both (please circle):

Name _____ Club _____

DOB _____ Vet category _____ M/ F _____ UKA No _____

Address _____

Postcode _____ Signed _____ Date _____

I am an amateur as defined by UKA laws and rules. I agree to participate entirely at my own risk. I declare that I am medically fit to run & agree to be bound by UKA rules.