

The Great Warford 10 Mile Road Race at Great Warford on Sunday 15th August 2010

Great Warford — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Michael Aldridge		Wotton Road Runners	54:19	83	Alison Sedman	L45 1 Belle Vue Racers	1:08:05	
2	Mike Halman		Wilmslow Running Club	55:44	84	Tony Man	V40 9 Penny Lane Striders	1:08:07	
3	Brendan Rothery		Eryri Harriers	55:54	85	Andrew Garrard	V4010 Unattached	1:08:08	
4	Stuart Doyle		Vale Royal AC	56:12	86	Nigel Sedman	V4513 Belle Vue Racers	1:08:10	
5	John Kettle		Herne Hill Harriers	56:57	87	Graham Mairs	V4514 Unattached	1:08:14	
6	Damian Nicholls		Wilmslow Running Club	57:49	88	David O'Loughlin	V55 6 Raf Cosford RC	1:08:15	
7	James Noakes	V40 1	Macclesfield Harriers	57:53	89	Tim Stock	V4515 Macclesfield Harriers	1:08:35	
8	Martin Swensson		Penny Lane Striders	58:13	90	Martin Platt	V55 7 Macclesfield Harriers	1:08:37	
9	Ben Beattie		Steel City Striders	58:31	91	Philip Dawson	V55 8 Congleton H & Ac	1:08:39	
10	Tim Kennedy		Sale Harriers	59:12	92	Jonathon Guildford	Manchester Fronrunners	1:08:40	
11	Andy Kay		Salford Harriers	59:15	93	Eric Green	V50 6 Valley Striders	1:08:47	
12	Mark Walker		Macclesfield Harriers	59:24	94	Alison Draper	L 4 Spectrum Striders	1:08:53	
13	Neil Jones	V40 2	South Cheshire Harriers	59:35	95	Henry Valentine	South Cheshire Harriers	1:08:55	
14	Malcolm Fowler	V45 1	Wilmslow Running Club	59:40	96	David Nalder	V55 9 Ellesmere Port RC	1:08:58	
15	Tom McGaff	V55 1	Wilmslow Running Club	59:51	97	Simone Capponi	Penny Lane Striders	1:09:07	
16	Denis Duret	V40 3	Ellesmere Port RC	1:00:29	98	Chris Harbron	V4011 Macclesfield Harriers	1:09:28	
17	Adair Broughton		Helsby Running Club	1:00:48	99	Martin Hirrell	V4516 Penny Lane Striders	1:09:30	
18	Peter Speake		Bildeston Bounders	1:01:05	100	Mark Kemp	Unattached	1:09:34	
19	James Wood		Congleton H & Ac	1:01:14	101	Alison Cole	L35 1 Ellesmere Port RC	1:09:35	
20	Gareth Briggs		Staffs Moorlands	1:01:17	102	Phillip Williams	Unattached	1:09:43	
21	Peter Mallison		South Cheshire Harriers	1:01:28	103	Alex Fitzmaurice	Helsby Running Club	1:09:48	
22	Daniel O'Brien		Unattached	1:01:31	104	Mike Morgan	Southport Waterloo Ac	1:09:48	
23	Simon Parkinson		Horwich R M I Harriers	1:01:46	105	Sarah Aylmer	L45 2 Stockport Harriers	1:09:55	
24	Nigel Grant	V45 2	Penny Lane Striders	1:02:08	106	Louise Rudd	L35 2 Wilmslow Running Club	1:09:56	
25	Mark Hargreaves		Penny Lane Striders	1:02:11	107	Ian Roberts	Manchester Fronrunners	1:09:56	
26	Alastair Knockton	V40 4	Unattached	1:02:12	108	Pete Stock	V50 7 Wilmslow Running Club	1:09:56	
27	Richard Lloyd	V40 5	Gm Police	1:02:15	109	David Vaughan	Unattached	1:09:56	
28	Lee Barlow		Wesham Rr	1:02:27	110	Tony Holmes	V4517 Unattached	1:10:00	
29	Paul Johnston		Stockport Harriers	1:02:33	111	James Brown	JM 1 Unattached	1:10:18	
30	Richard Baker		South Cheshire Harriers	1:02:38	112	Danny Fegan	V4012 St.helens Striders	1:10:19	
31	Roy Woodland	V50 1	Unattached	1:02:42	113	Paul Garnett	V4518 Unattached	1:10:20	
32	Matthew Holt		Unattached	1:02:45	114	Matthew Daniels	Stockport Harriers	1:10:27	
33	Kirsteen Young	L 1	Leeds City	1:02:48	115	Mark Chadwick	Manchester Fronrunners	1:10:29	
34	Dave Walmsley	V45 3	Manchester Harriers	1:03:06	116	Gary Coxon	V50 8 East Cheshire Harriers	1:10:33	
35	Simon Beadman		Unattached	1:03:13	117	Richard Hiron	V4519 Wilmslow Running Club	1:10:46	
36	Matthew Merson		East Cheshire Harriers	1:03:17	118	Maz Khoeyej	Holmfirth Harriers	1:10:53	
37	Paul Hancock	V40 6	South Cheshire Harriers	1:03:23	119	Rob Valentine	V4013 UKA	1:10:54	
38	Chris Bentley		Macclesfield Harriers	1:03:25	120	Andy Garnett	V5510 Spectrum Striders	1:10:55	
39	Ray Eagle	V55 2	Wilmslow Running Club	1:03:30	121	Paul Brownbill	V5511 South Cheshire Harriers	1:10:56	
40	James Walker		Keswick Aac	1:03:35	122	Alex McCormick	V4520 Congleton H & Ac	1:10:58	
41	James Oddy		Unattached	1:03:41	123	James Upton	Unattached	1:10:59	
42	John Mooney	V50 2	Macclesfield Harriers	1:03:44	124	Michael Slater	V4521 Stockport Harriers	1:10:59	
43	Edward Gilligan	V45 4	Manchester Ymca	1:03:56	125	Maria Conaghan	L 8 Penny Lane Striders	1:11:00	
44	Lee Wood		Middleton Harriers	1:04:11	126	Gemma Barnett	L 9 Vale Royal AC	1:11:00	
45	David Morris		South Cheshire Harriers	1:04:13	127	Dave Abel	V50 9 Unattached	1:11:01	
46	Thomas Higson		Unattached	1:04:15	128	Mark Platts	Staffs Moorlands	1:11:02	
47	Neil Kelly	V55 3	Penny Lane Striders	1:04:19	129	Roland Robson	V5010 Middleton Harriers	1:11:02	
48	Andrew Mayers	V40 7	South Cheshire Harriers	1:04:25	130	Matt Atkinson	Wilmslow Running Club	1:11:13	
49	Bill Heaton	V45 5	Wilmslow Running Club	1:04:30	131	Jane Ashbrook	L 10 Helsby Running Club	1:11:18	
50	Liz Whitfield	L 2	Spectrum Striders	1:04:31	132	Graham Beadman	Unattached	1:11:25	
51	James Simpson		South Cheshire Harriers	1:04:33	133	Paul Wright	V4522 Manchester Tri Club	1:11:29	
52	Stephen Coleman	V45 6	Astley & Tyldsley Road Runners	1:04:34	134	Derek Walton	V65 1 Altrincham AC	1:11:33	
53	Tom Annable	V45 7	Vale Royal AC	1:04:35	135	Paul Norris	V5011 Wilmslow Running Club	1:11:39	
54	Steven Wilkinson		Southport Waterloo Ac	1:04:41	136	Christopher Hibbert	V4014 Manchester Harriers	1:12:18	
55	Phil Bailey	V60 1	Southport Waterloo Ac	1:04:52	137	Martyn Turner	Unattached	1:12:28	
56	Gary Dean		Penistone Footpath Runners & A	1:05:10	138	John Foulds	V5012 FRA	1:12:44	
57	Tom Temple	V55 4	Salford Harriers	1:05:19	139	Kieran Hackett	Unattached	1:12:49	
58	David Hudd		Spectrum Striders	1:05:29	140	Katy Green	L35 3 Wilmslow Running Club	1:13:10	
59	John Reilly	V60 2	Middleton Harriers	1:05:58	141	David Murphy	Vale Royal AC	1:13:11	
60	Craig Sephton		Unattached	1:06:01	142	Mark Dodd	Ellesmere Port RC	1:13:16	
61	Mick Fairs	V60 3	Wilmslow Running Club	1:06:05	143	Greg Keynes	V5013 Manchester Fronrunners	1:13:22	
62	Mark Bale		Wilmslow Running Club	1:06:07	144	Chris O'oughlin	Trafford AC	1:13:25	
63	Pete Marquis-Jones		South Cheshire Harriers	1:06:26	145	Pawan Khosla	Unattached	1:13:40	
64	John Todd	V45 8	Vale Royal AC	1:06:30	146	Andy Salter	V4523 Manchester Fronrunners	1:13:45	
65	Saul Gallagher	V40 8	East Cheshire Harriers	1:06:36	147	Steve Russell	V5014 Wilmslow Running Club	1:13:49	
66	Bary Blyth	V60 4	Macclesfield Harriers	1:06:38	148	Geoff Shaw	V5512 Helsby Running Club	1:13:54	
67	S Thompson		Unattached	1:06:40	149	Charlie Rowlands	V4015 South Cheshire Harriers	1:13:59	
68	Maurice Collins	V45 9	Liverpool Running Club	1:06:42	150	Keith Mulholland	V4524 Macclesfield Harriers	1:14:03	
69	David Mellor	V55 5	Stockport Harriers	1:06:45	151	Mike O'Brien	V5015 Manchester Ymca	1:14:05	
70	James Bruce		Les Croupiers	1:06:49	152	Edward Hickling	Wilmslow Running Club	1:14:07	
71	Dave Quinn		Penny Lane Striders	1:07:10	153	Rob Hardwick	V4016 Unattached	1:14:14	
72	Steve Smith	V4510	Wilmslow Running Club	1:07:14	154	Andy Gaskell	Spectrum Striders	1:14:18	
73	Tom Armstrong		Vale Royal AC	1:07:25	155	Deirdre McCarthy	L 12 Manchester Harriers	1:14:19	
74	Ian Wilding		Manchester Ymca	1:07:27	156	Chris Reid	V4525 St.helens Striders	1:14:21	
75	Dennis Wharton	V50 3	St Helens Sutton A.c.	1:07:37	157	Mary Moore	L50 1 Stockport Harriers	1:14:24	
76	Roberto Raso	V4511	Manchester Fronrunners	1:07:38	158	Neil Murphy	V4526 Macclesfield Harriers	1:14:25	
77	Michael Stone	V50 4	Wirral AC	1:07:47	159	Gareth Trimble	Wilmslow Running Club	1:14:41	
78	John Parrott	V50 5	Stockport Harriers	1:07:49	160	Clare Hawkes	L50 2 Wilmslow Running Club	1:14:42	
79	Steve Pearce		Unattached	1:07:55	161	Jonathan Sargeant	V4527 Belle Vue Racers	1:14:54	
80	David Jones		Unattached	1:07:56	162	Jonathan Lam-Kee	Unattached	1:15:00	
81	Ian Landucci	V4512	Helsby Running Club	1:07:58	163	Steve Hollis	V5513 Roadrunners	1:15:08	
82	Darren Theakstone		Unattached	1:08:00	164	Philip D'Netto	V4017 Belle Vue Racers	1:15:16	

Now Run the Bypass on Sunday 24th October - Enter at www.race-results.co.uk

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Sport
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165	Tanya Ashworth	L35 4	Blackpool Wyre & Fylde AC	1:15:22	253	Steve Walsh	Unattached	1:26:31
166	Brian Speake	V4018	Unattached	1:15:24	254	Katherine Coveney	L 47 Unattached	1:26:41
167	Andrew Col	V5016	East Cheshire Harriers	1:15:35	255	Kyrinda Hurst-Moore	L45 6 Middleton Harriers	1:26:44
168	Ruth Pryce	L35 5	South Cheshire Harriers	1:15:41	256	Adrian Lees	Unattached	1:26:47
169	Barry Allman	V5017	Spectrum Striders	1:15:43	257	Julie Ryan	L40 9 Unattached	1:27:00
170	Tracy Entwistle	L35 6	Warrington Road Runners	1:16:00	258	Joe Park	V75 1 Cheshire Tally Ho. H & H	1:27:01
171	Emma MacQueen	L40 1	East Cheshire Harriers	1:16:17	259	Kath Steer	L50 5 Unattached	1:27:02
172	Des Miles	V4528	Unattached	1:16:30	260	Aeronwy Preece-Towey	L 51 Unattached	1:27:10
173	Chris Watts		Wilmslow Running Club	1:16:35	261	Alexandra Green	L 52 Winston Runners	1:27:22
174	Mark Finch	V4529	Penny Lane Striders	1:16:38	262	April Morgan	L4010 Unattached	1:27:28
175	Stephanie Goodchild	L40 2	Manchester Ymca	1:16:40	263	Ian Ashcroft	V60 9 Wilmslow Running Club	1:27:37
176	Brendan Murphy	V60 5	Unattached	1:16:56	264	Roy Pownall	V6010 Wilmslow Running Club	1:27:39
177	Stephen Symons	V4019	Manchester Ymca	1:17:06	265	Elizabeth Lynan	L 54 Penny Lane Striders	1:27:41
178	Chris Povey		Bolton Harriers	1:17:09	266	Julie Draper	L45 7 Littlewoods RC	1:27:58
179	Kirstie Power	L 20	Manchester Frontrunners	1:17:10	267	Michael Kendrick	V5518 Oldham And Royton	1:28:06
180	Christopher Heggs		Steel City Striders	1:17:16	268	Nigel Rawlings	V5025 Manchester Harriers	1:28:16
181	Geoff Beattie	V5514	Sale Harriers	1:17:19	269	Chris Hewlins	Unattached	1:28:18
182	Lauren Marsden	L35 7	Swinton Running Club	1:17:24	270	Stuart Gatie	Unattached	1:28:31
183	Janine Ellis	L40 3	Wilmslow Running Club	1:17:45	271	Tony Jackson	V4534 Unattached	1:28:33
184	Adam Sedgmond		Unattached	1:17:48	272	Alison Meakin	L55 1 Helsby Running Club	1:28:57
185	Katie Latham	L 23	South Cheshire Harriers	1:17:50	273	Nick Eaton	Manchester Frontrunners	1:29:01
186	Sally Maddock	L 24	Unattached	1:18:08	274	Gernot Kuester	Unattached	1:29:21
187	Robert Mayers	V4530	South Cheshire Harriers	1:18:16	275	Chris Cannon	V5026 Wilmslow Running Club	1:29:36
188	Steve Hamer	V5018	Radcliffe AC	1:18:18	276	Nina Birch	L 57 Womens Running Network	1:29:46
189	Andy Gray		Lincoln Harriers	1:18:29	277	Helen Morley	L 58 Unattached	1:30:00
190	Vince Ashton		Radcliffe AC	1:18:34	278	Claire Gruner	L 59 Unattached	1:30:16
191	Fiona Wilson	L45 3	Unattached	1:18:47	279	Cath Applewhite	L3511 Unattached	1:30:43
192	Carl Bedson	V4020	Glossopdale Harriers	1:19:01	280	Cecilia Boodhoo	L45 8 Belle Vue Racers	1:30:44
193	Billy Watkinson		Unattached	1:19:03	281	David Perkins	V5519 Unattached	1:30:46
194	Joanne Sullivan	L 26	Middleton Harriers	1:19:04	282	Cara Anderson	L 62 Unattached	1:30:50
195	Richard Broster		Unattached	1:19:14	283	W.g. Bradley	V4535 Spectrum Striders	1:31:02
196	Mark Wheelton	V5019	Macclesfield Harriers	1:19:22	284	Steve Hart	V5027 Swinton Running Club	1:31:10
197	Andrew Nicholls	V5020	Unattached	1:19:27	285	Sarah Kenny	L 63 Manchester Tri Club	1:31:15
198	Angela Maziere	L45 4	Wilmslow Running Club	1:19:35	286	Linda Dale	L4011 Staffs Moorlands	1:31:24
199	John O'Donnell	V4021	Winston Runners	1:19:36	287	Anne Fortune	L55 2 Spectrum Striders	1:31:29
200	James Barnes	V5021	UKNet	1:19:38	288	Sean Keams	Unattached	1:31:47
201	Dave Barron		Unattached	1:19:39	289	Steve Phillips	V4023 Unattached	1:31:59
202	Alan Jenkinson	V60 6	Styal RC	1:19:43	290	David Challenor	V5028 Unattached	1:31:59
203	Steve Pemberton	V5515	Penny Lane Striders	1:19:50	291	Hemert Nathalie Van	L 66 Manchester Ymca	1:32:11
204	James Gowin		Wilmslow Running Club	1:19:51	292	Carolyn Albal	L 67 Spectrum Striders	1:32:18
205	Rachel Walker	L 28	Manchester Ymca	1:20:01	293	Carolyn Hiron	L4012 Unattached	1:32:29
206	Martin Williams	V5022	Unattached	1:20:07	294	Rhiannon Kozak	L 69 Unattached	1:33:05
207	Sarah Waite	L 29	Wilmslow Running Club	1:20:14	295	David Marsh	V5029 New York Road Runners	1:33:08
208	Paul Convery		Unattached	1:20:21	296	Malcolm Towler	V65 5 Northern Veterans Ac	1:33:14
209	Alan Williams	V5023	Altrincham AC	1:20:24	297	Shelley Parkinson	L50 6 Chorley Harriers	1:33:15
210	John Allardyce	V60 7	Unattached	1:20:56	298	Gail Hill	L3512 Wilmslow Running Club	1:33:25
211	Amanda Bradbury	L35 8	Wilmslow Running Club	1:21:11	299	Miras Eskander	Unattached	1:33:37
212	Andrew Dodd		Wilmslow Running Club	1:21:31	300	Suzanne Crampton	L45 9 Liverpool Running Club	1:33:38
213	John Riley	V70 1	Northern Veterans Ac	1:21:38	301	Maria O'Donnell	L 73 Manchester Ymca	1:33:39
214	Elaine Blades-Jordan	L 31	Middleton Harriers	1:21:41	302	Sharen Roberts	L3513 Swinton Running Club	1:33:54
215	Kieran Hynes		Unattached	1:21:42	303	Jan Green	L55 3 Womens Running Network	1:33:55
216	Andy Roberts	V4531	Belle Vue Racers	1:21:47	304	David Hancock	V6011 Macclesfield Harriers	1:33:58
217	Sue Strang	L45 5	Wilmslow Running Club	1:21:54	305	Paul Fox	Manchester Frontrunners	1:34:06
218	Adam Carrier		Unattached	1:22:07	306	Iain Fortune	V6012 Spectrum Striders	1:34:07
219	Catrina Marshall	L40 4	Wilmslow Running Club	1:22:10	307	Carron Lane	V4536 Winston Runners	1:34:28
220	Phil Cliff	V4532	South Cheshire Harriers	1:22:28	308	Linda Owen	L50 7 Spectrum Striders	1:34:31
221	Samantha Robinson	L 34	Serpentine	1:22:41	309	Sheila Jones	L55 4 Radcliffe AC	1:34:46
222	Peter Watson	V65 2	Wilmslow Running Club	1:22:45	310	Nicola Williams	L4013 Unattached	1:34:52
223	Liam Moore		Unattached	1:22:48	311	Melanie Ridgewell	L 79 Radcliffe AC	1:34:53
224	Susan Allcock	L40 5	South Cheshire Harriers	1:22:51	312	John Ross	V5520 Unattached	1:35:12
225	Sharon Jones	L40 6	Wilmslow Running Club	1:22:51	313	Sarah Flynn	L3514 Unattached	1:35:13
226	Gemma Venables	L 37	Macclesfield Harriers	1:22:58	314	David Ogden	V5521 Unattached	1:35:19
227	Simon Fenton	V65 3	Unattached	1:22:59	315	Alison Aldridge	L3515 Unattached	1:35:34
228	Roger Nelson	V5516	Unattached	1:23:09	316	Lucy Gabriel	L 82 Unattached	1:35:54
229	Graham Peak	V60 8	Unattached	1:23:16	317	Chris Woollam	Unattached	1:36:18
230	David Hughes		Unattached	1:23:24	318	Captain Jack	V5030 Unattached	1:36:18
231	Martin Stima	V5517	South Cheshire Harriers	1:23:39	319	Elspeth Gibson	L3516 Wilmslow Running Club	1:36:37
232	Thomas Powell		Unattached	1:23:40	320	Rebecca Buscombe	L 84 Unattached	1:36:40
233	Catherine Nevin	L50 3	Penny Lane Striders	1:23:54	321	Sally Rustige	L3517 Unattached	1:36:56
234	Brian Banawich		St.helens Striders	1:24:00	322	Danielle Shilton	L 86 Salford Harriers	1:36:56
235	Faye Woodhead	L 39	Manchester Frontrunners	1:24:07	323	Rachel Hancock	L3518 Unattached	1:37:00
236	John Houghton	V5024	Unattached	1:24:15	324	Sarah Kinder	L3519 Unattached	1:37:01
237	Tony Kidd	V4022	Helsby Running Club	1:24:24	325	Rosalind Dyde	L50 8 Winston Runners	1:37:02
238	Karl Shone		Unattached	1:24:24	326	Carla Owen	L4014 Spectrum Striders	1:37:22
239	Louise Perry-Hall	L 40	Manchester Ymca	1:24:45	327	Robin Greenwood	Spectrum Striders	1:37:28
240	Phil Tromans		Unattached	1:25:00	328	Denise Finnegan	L4510 South Cheshire Harriers	1:37:41
241	Gareth Howell		Unattached	1:25:00	329	Les Robinson	V5031 Winston Runners	1:38:05
242	Emma Murphy	L 41	Swinton Running Club	1:25:07	330	Lynda Shentall	L4511 Belle Vue Racers	1:38:22
243	Stephen Webb		Belle Vue Racers	1:25:17	331	Julie Walmesley	L4512 Unattached	1:38:28
244	Pamela Sharp	L40 7	Unattached	1:25:18	332	Julie Honour	L 94 Unattached	1:39:25
245	Sally Wood	L35 9	Unattached	1:25:30	333	Teresa Pareded	L 95 Unattached	1:39:26
246	Jane Hallows	L3510	Unattached	1:25:39	334	Catherine Attridge	L4513 Unattached	1:39:53
247	Mark Griffiths		Manchester Ymca	1:25:48	335	Jonathan Attridge	V4537 Unattached	1:39:56
248	Peter Samuelson	V65 4	Spectrum Striders	1:25:53	336	Sarah Callan	L 97 Run Britain	1:40:11
249	Ann Williams	L40 8	NSRRA	1:26:02	337	Lynsey Haines	L 98 Stockport Harriers	1:40:14
250	David Rimington		Unattached	1:26:15	338	William Staniard	V4538 Manchester Harriers	1:40:45
251	Debbie Read	L50 4	Spectrum Striders	1:26:21	339	Eunice Nopondo	L4514 Penny Lane Striders	1:40:59
252	Dave Reid	V4533	Chester Tri	1:26:23	340	Paul Williams	Unattached	1:41:01

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341	Adelle Ashcroft	L 100	Unattached	1:41:45	353	Helen Rajpar	L3520	Manchester Frontrunners	1:47:48
342	Rachel Mumford	L 101	Unattached	1:41:45	354	Clare Shepherd	L3521	Unattached	1:48:23
343	Katherine Hackett	L 102	Unattached	1:41:47	355	Alison Dutton	L4516	Unattached	1:48:30
344	Elliot Hughes		Astley & Tyldsley Road Runners	1:42:23	356	Clare Doherty	L3522	Unattached	1:49:23
345	Sharon Jones	L4015	Unattached	1:42:42	357	Sally Lee	L 113	Unattached	1:49:25
346	Melissa Manwaring	L 104	Unattached	1:42:42	358	Andrew Johnson	V4539	Unattached	1:51:58
347	Denise O'Hanlon	L4016	Unattached	1:44:12	359	Jill Savage	L4017	Unattached	1:51:58
348	Matthew Findell		Unattached	1:44:33	360	Leeann Prince	L3523	Unattached	1:57:51
349	Andrew Kinder		Unattached	1:45:05	361	Sharon Kelly-Ibrahim	L4018	Unattached	1:57:51
350	Kristina Sivelle	L 106	Sale Dragons	1:45:23	362	Nicola Hewlins	L3524	Macclesfield Harriers	2:03:14
351	Sue Davies	L4515	South Cheshire Harriers	1:45:56	363	Angela Hilton	L3525	Manchester Frontrunners	2:04:30
352	NatalieKheikheh	L 108	Unattached	1:47:31					

Great Warford - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Wilmslow Running Club	22	—	2	Mike Halman	6	Damian Nicholls	14	Malcolm Fowler
2	Macclesfield Harriers	51	—	7	James Noakes	12	Mark Walker	32	Chris Bentley
3	Penny Lane Striders	55	—	8	Martin Swensson	23	Nigel Grant	24	Mark Hargreaves
4	South Cheshire Harriers	62	—	13	Neil Jones	21	Peter Mallison	28	Richard Baker
5	Vale Royal AC	102	—	4	Stuart Doyle	44	Tom Annable	54	John Todd
6	Stockport Harriers	152	—	27	Paul Johnston	58	David Mellor	67	John Parrott
7	Helsby Running Club	167	—	17	Adair Broughton	68	Ian Landucci	82	Alex Fitzmaurice
8	Southport Waterloo Ac	174	—	45	Steven Wilkinson	46	Phil Bailey	83	Mike Morgan
9	East Cheshire Harriers	174	—	30	Matthew Merson	55	Saul Gallagher	89	Gary Coxon
10	Middleton Harriers	185	—	37	Lee Wood	50	John Reilly	98	Roland Robson
11	Congleton H & Ac	188	—	19	James Wood	74	Philip Dawson	95	Alex McCormick
12	Ellesmere Port RC	200	—	16	Denis Duret	78	David Nalder	106	Mark Dodd
13	Manchester Ymca	213	—	36	Edward Gilligan	63	Ian Wilding	114	Mike O'Brien
14	Manchester Frontrunners	224	—	65	Roberto Raso	75	Jonathon Guildford	84	Ian Roberts
15	Spectrum Striders	258	—	49	David Hudd	93	Andy Garnett	116	Andy Gaskell
16	Manchester Harriers	291	—	29	Dave Walmsley	103	Christopher Hibbert	159	Nigel Rawlings
17	Belle Vue Racers	312	—	70	Nigel Sedman	120	Jonathan Sargeant	122	Philip D'Netto
18	St.helens Striders	352	—	86	Danny Fegan	117	Chris Reid	149	Brian Banawich
19	Winston Runners	477	—	137	John O'Donnell	169	Carron Lane	171	Les Robinson

Great Warford - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Wilmslow Running Club	32	—	7	Louise Rudd	11	Katy Green	14	Clare Hawkes
2	Spectrum Striders	47	—	2	Liz Whitfield	4	Alison Draper	41	Debbie Read
3	South Cheshire Harriers	72	—	16	Ruth Pryce	23	Katie Latham	33	Susan Allcock
4	Manchester Ymca	83	—	19	Stephanie Goodchild	26	Rachel Walker	38	Louise Perry-Hall
5	Penny Lane Striders	88	—	8	Maria Conaghan	36	Catherine Nevin	44	Elizabeth Lynan
6	Stockport Harriers	89	—	6	Sarah Aylmer	13	Mary Moore	70	Lynsey Haines
7	Middleton Harriers	95	—	24	Joanne Sullivan	29	Elaine Blades-Jordan	42	Kyrinda Hurst-Moore
8	Swinton Running Club	118	—	21	Lauren Marsden	39	Emma Murphy	58	Sharen Roberts
9	Belle Vue Racers	119	—	3	Alison Sedman	48	Cecilia Boodhoo	68	Lynda Shentall
10	Manchester Frontrunners	131	—	20	Kirstie Power	37	Faye Woodhead	74	Helen Rajpar

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