

# VAANEE Track & Field Championships 2010

Veterans Athletics Association of North East England  
Held at Monkton Stadium 26th June 2010

performances marked in bold meet AW Standards

## Track Events

### 100m Mens 35 - 45

Race 1

Position	No.	Name	Age Grp.	Club	Time	Age Position
<b>1</b>	<b>32</b>	<b>Paul Donaghy</b>	<b>M40</b>	<b>Durham City</b>	<b>12.0</b>	<b>1</b>
<b>2</b>	<b>89</b>	<b>Kevin Nicholson</b>	<b>M45</b>	<b>Gateshead</b>	<b>12.3</b>	<b>1</b>
3	50	Jamie Scorer	M35	South Shields	12.6	1
4	121	Lee Henry	M35	South Shields	12.9	2
5	29	David Hughes	M45	North Shields Poly	13.2	2
6	43	Bruce Robertson	M45	North Shields Poly	13.3	3
7	31	Peter Sunderland	M45	Tynedale Harriers	13.9	4

### 100m Mens 55

Race 2

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	88	Andrew Smith	M55	Gateshead	14.3	1
2	92	Stephen Borlos	M55	North Shields Poly	14.7	2
3	70	John Lawton	M55	Jarrow & Hebburn	14.8	3
4	2	Colin Everson	M55	Crook	17.3	4

### 100m Mens 60 - 70

Race 3

Position	No.	Name	Age Grp.	Club	Time	Age Position
<b>1</b>	<b>19</b>	<b>Don Butler</b>	<b>M70</b>	<b>Jarrow &amp; Hebburn</b>	<b>14.8</b>	<b>1</b>
2	4	Charles Burke	M60	New Marske	15.6	1
3	24	Andrew Webb	M60	North Shields Poly	15.8	2
4	81	Ryszard Jurowski	M65	Gateshead	16.1	1
5	143	Bryan Mackay	M65	Durham City harriers	16.8	2

### 100m Ladies

Race 4

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	119	Angela Kelly	L45	Giffnock North (guest)	14.7	1
2	125	Elaine Elliot	L35	South Shields	15.6	1
3	122	Judith Archibald	L45	Heaton Harriers	15.7	2

**1500m Ladies**

## Race 5

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	<b>101</b>	<b>Sue Phillips</b>	<b>L45</b>	<b>Darlington Harriers</b>	<b>05:37.7</b>	<b>1</b>
2	129	Rosemary Anderson	L40	North Shields Poly	05:38.6	1
3	106	Mandy Herworth	L40	Claremont RR	05:39.1	2
4	<b>100</b>	<b>Maggie Loraine</b>	<b>L50</b>	<b>Gateshead</b>	<b>05:40.8</b>	<b>1</b>
5	114	Jenny Friend	L45	Heaton	05:59.2	2
6	131	Lynne Marr	L45	Tynedale	06:04.3	3
7	118	Vicki Thompson	L35	Jarrow & Hebburn AC	06:33.8	1
8	<b>107</b>	<b>Kath Stewart</b>	<b>L70</b>	<b>North Shields Poly</b>	<b>07:07.8</b>	<b>1</b>

\*Maggie Loraine new league record, from K Hope (5:41.3) 1992

**1500m Mens 60 - 70**

## Race 7

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	144	Terry O'Gara	M65	Wallsend	05:40.4	1
2	24	Andrew Webb	M60	North Shields Poly	05:50.0	1
3	20	Steve Eccleston	M60	Houghton	05:50.5	2
4	61	Richard Harvey	M65	Newton Aycliffe	06:16.3	2
5	60	Peter Donaghy	M70	North Shields Poly	06:20.7	1
6	21	Arthur Potter	M65	NEVAC	06:34.0	3
7	145	Joe Prudham	M70	Jarrow & Hebburn	07:05.2	2
8	25	George Routledge	M60	Heaton Harriers	07:47.9	3
9	45	Chris Footewood	M65	Crook	07:49.6	4

**1500m Mens 50 - 55**

## Race 8

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	91	John Stephens	M50	Low Fell	04:51.6	1
2	138	Gavin Bayne	M55	Morpeth Harriers	04:57.8	1
3	72	Archie Jenkins	M55	Morpeth Harriers	05:02.0	2
4	92	Stephen Borlos	M55	North Shields Poly	05:14.4	3
5	54	David Morris	M55	North Shields Poly	06:07.4	4

**1500m Mens 35 - 45**

## Race 9

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	<b>80</b>	<b>George Harden</b>	<b>M45</b>	<b>Sunderland Harriers</b>	<b>04:34.5</b>	<b>1</b>
2	82	Ronnie Coupland	M35	Tynedale	04:34.6	1
3	79	Les Smith	M35	Heaton Harriers	04:39.1	2
4	94	Vaughan Hemy	M40	North Shields Poly	04:49.8	1
5	27	Kevin Ayre	M45	South Shields	05:17.1	2

**400m Ladies**

## Race 10

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	119	Angela Kelly	L45	Giffnock North (guest)	69.7	1
2	125	Elaine Elliot	L35	South Shields	71.4	1
3	128	Emma Walton	L35	Wallsend	75.3	2
4	118	Vicki Thompson	L35	Jarrow & Hebburn AC	81.4	3

**400m Mens 65 - 70**

## Race 11

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	19	<b>Don Butler</b>	<b>M70</b>	<b>Jarrow &amp; Hebburn</b>	<b>73.0</b>	<b>1</b>
2	144	Terry O'Gara	M65	Wallsend	74.0	1
3	81	Ryszard Jurowski	M65	Gateshead	74.7	2
4	143	Bryan Mackay	M65	Durham City harriers	76.7	3
5	60	Peter Donaghy	M70	North Shields Poly	81.6	2
6	63	Reg Checkley	M70	Heaton Harriers	82.1	3
7	21	Arthur Potter	M65	NEVAC	87.1	4

**400m Mens 55-60**

## Race 12

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	139	<b>Steve Todner</b>	<b>M55</b>	<b>Houghton</b>	<b>59.4</b>	<b>1</b> *
2	92	Stephen Borlos	M55	North Shields Poly	64.5	2
3	88	Andrew Smith	M55	Gateshead	66.3	3
4	24	Andrew Webb	M60	North Shields Poly	69.1	1
5	70	John Lawton	M55	Jarrow & Hebburn	71.4	4
6	2	Colin Everson	M55	Crook	81.6	5

\* Steve Todner new league record, from his own record (60.2) 2009

**400m Mens 35 - 45**

## Race 13

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	32	Paul Donaghy	M40	Durham City	57.0	1
2	75	Phil McCluskey	M40	South Shields	58.4	2
3	121	Lee Henry	M35	South Shields	59.7	1
4	29	David Hughes	M45	North Shields Poly	61.3	1
5	31	Peter Sunderland	M45	Tynedale Harriers	63.7	2

**200m Ladies**

## Race 14

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	119	<b>Angela Kelly</b>	<b>L45</b>	<b>Giffnock North (guest)</b>	<b>30.3</b>	<b>1</b>
2	125	Elaine Elliot	L35	South Shields	31.4	1
3	122	Judith Archibald	L45	Heaton Harriers	32.8	2
4	118	Vicki Thompson	L35	Jarrow & Hebburn AC	35.4	2

**200m Mens 60 - 75**

## Race 15

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	24	Andrew Webb	M60	North Shields Poly	30.2	1
2	19	<b>Don Butler</b>	<b>M70</b>	<b>Jarrow &amp; Hebburn</b>	<b>30.5</b>	<b>1</b>
3	4	Charles Burke	M60	New Marske	32.0	2
4	143	Bryan Mackay	M65	Durham City harriers	33.3	1
5	81	Ryszard Jurowski	M65	Gateshead	33.3	2
6	49	Eric Appleby	M75	Heaton Harriers	46.8	1

**200m Mens 45**

Race 16

Position	No.	Name	Age Grp.	Club	Time	Age Position
<b>1</b>	<b>89</b>	<b>Kevin Nicholson</b>	<b>M45</b>	<b>Gateshead</b>	<b>25.0</b>	<b>1</b>
2	29	David Hughes	M45	North Shields Poly	27.5	2

**200m Mens 55**

Race 17

Position	No.	Name	Age Grp.	Club	Time	Age Position
<b>1</b>	<b>139</b>	<b>Steve Todner</b>	<b>M55</b>	<b>Houghton</b>	<b>26.6</b>	<b>1</b>
2	88	Andrew Smith	M55	Gateshead	28.9	2
3	92	Stephen Borlos	M55	North Shields Poly	29.4	3
4	70	John Lawton	M55	Jarrow & Hebburn	29.5	4
5	2	Colin Everson	M55	Crook	36.4	5

**200m Mens 35 - 40**

Race 18

Position	No.	Name	Age Grp.	Club	Time	Age Position
<b>1</b>	<b>32</b>	<b>Paul Donaghy</b>	<b>M40</b>	<b>Durham City</b>	<b>24.8</b>	<b>1</b>
2	75	Phil McCluskey	M40	South Shields	25.9	2
3	121	Lee Henry	M35	South Shields	26.3	1
4	50	Jamie Scorer	M35	South Shields	26.9	2

**800m Ladies & M70+**

Race 1

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	128	Emma Walton	L35	Wallsend	02:50.7	1
<b>2</b>	<b>100</b>	<b>Maggie Loraine</b>	<b>L50</b>	<b>Gateshead</b>	<b>02:52.4</b>	<b>1</b>
3	106	Mandy Herworth	L40	Claremont RR	02:58.6	1
4	60	Peter Donaghy	M70	North Shields Poly	03:02.5	1
5	118	Vicki Thompson	L35	Jarrow & Hebburn AC	03:17.5	2
6	63	Reg Checkley	M70	Heaton Harriers	03:21.7	2

**800m Mens 60 - 65**

Race 1

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	144	Terry O'Gara	M65	Wallsend	02:48.2	1
2	24	Andrew Webb	M60	North Shields Poly	02:57.1	1
3	61	Richard Harvey	M65	Newton Aycliffe	03:01.2	2
4	20	Steve Eccleston	M60	Houghton	03:05.0	2
5	21	Arthur Potter	M65	NEVAC	03:29.0	3

**800m Mens 35 - 55**

Race 1

Position	No.	Name	Age Grp.	Club	Time	Age Position
1	82	Ronnie Coupland	M35	Tynedale	02:11.5	1
<b>2</b>	<b>80</b>	<b>George Harden</b>	<b>M45</b>	<b>Sunderland Harriers</b>	<b>02:14.2</b>	<b>1</b>
3	72	Archie Jenkins	M55	Morpeth Harriers	02:34.1	1
4	17	Peter Walker	M55	South Shields	02:37.7	2
5	88	Andrew Smith	M55	Gateshead	02:38.6	3
6	92	Stephen Borlos	M55	North Shields Poly	02:42.0	4
7	2	Colin Everson	M55	Crook	03:16.8	5

**3000m Ladies & M70+ and open 3000m race**

Race 1

Position	No.	Name	Age Grp.	Club	Time	Age Position
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1	128	Emma Walton	L35	Wallsend	12:04.7	1	
<b>2</b>	<b>101</b>	<b>Sue Phillips</b>	<b>L45</b>	<b>Darlington Harriers</b>	<b>12:09.2</b>	<b>1</b>	
3	27	Kevin Ayre	M45	South Shields	12:12.7	1	open
4	129	Rosemary Anderson	L40	North Shields Poly	12:16.6	1	
5	113	Helen Morris	L45	Blyth	12:30.0	2	
6	54	David Morris	M55	North Shields Poly	12:50.0	1	open
7	114	Jenny Friend	L45	Heaton	13:06.3	3	
8	131	Lynne Marr	L45	Tynedale	13:17.8	4	
9	105	Lisa Walker	L35	Wallsend	13:35.7	2	
<b>10</b>	<b>102</b>	<b>Janette Kilgour</b>	<b>L60</b>	<b>Claremont</b>	<b>13:37.2</b>	<b>1</b>	
11	118	Vicki Thompson	L35	Jarrow & Hebburn AC	14:01.2	3	
12	145	Joe Prudham	M70	Jarrow & Hebburn	14:11.7	1	
<b>13</b>	<b>107</b>	<b>Kath Stewart</b>	<b>L70</b>	<b>North Shields Poly</b>	<b>14:14.4</b>	<b>1</b>	*
14	49	Eric Appleby	M75	Heaton Harriers	16:07.9	1	

\* **Kath Stewart new league record**

### 5000m Mens 35 - 65

#### Race 1

Position	No.	Name	Age Grp.	Club	Time	Age	Position
1	133	Guy Bracken	M45	North Shields Poly	17:04.5		1
2	79	Les Smith	M35	Heaton Harriers	17:35.7		1
3	91	John Stephens	M50	Low Fell	18:04.2		1
<b>4</b>	<b>138</b>	<b>Gavin Bayne</b>	<b>M55</b>	<b>Morpeth Harriers</b>	<b>18:27.1</b>		<b>1</b>
5	27	Kevin Ayre	M45	South Shields	19:42.0		2
6	72	Archie Jenkins	M55	Morpeth Harriers	19:55.7		2
7	136	Malcolm Thirlaway	M50	Gateshead	20:13.0		2
8	17	Peter Walker	M55	South Shields	20:21.0		3
9	300	Mickey Baker	M50	Wallsend (guest)	20:54.3		3
10	144	Terry O'Gara	M65	Wallsend	21:23.1		1
11	20	Steve Eccleston	M60	Houghton	23:20.9		1
12	21	Arthur Potter	M65	NEVAC	24:46.8		2
13	84	Ken McDonald	M65	South Shields	26:46.0		3
14	45	Chris Footewood	M65	Crook	31:25.2		4

## Field Events

### Long Jump

#### Ladies

No.	Name	Age Grp.	Club	Distance	Age	Position
122	Judith Archibald	L45	Heaton Harriers	3.72		1

### Long Jump

#### Mens

No.	Name	Age Grp.	Club	Distance	Age	Position
23	Craig Errington	M35	South Shields	1.96		1
75	Phil McCluskey	M40	South Shields	3.77		1
43	Bruce Robertson	M45	North Shields Poly	4.66		1
<b>135</b>	<b>David Dixon</b>	<b>M50</b>	<b>Tynedale</b>	<b>5.31</b>		<b>1</b>
14	John Lees	M50	Billingham Marsh House	3.62		2
88	Andrew Smith	M55	Gateshead	4.44		1
70	John Lawton	M55	Jarrow & Hebburn	3.87		2
17	Peter Walker	M55	South Shields	3.54		3

\* **David Dixon new league record from G Pemberton (4.97m) 2003**

\* **Andrew Smith new league record from E Watson (4.41m) 1998**

**High Jump**  
**All**

No.	Name	Age Grp.	Club	Height	Age Position
23	Craig Errington	M35	South Shields	1.35	1
132	Iain Singer	M35	Blyth	1.35	2
<b>43</b>	<b>Bruce Robertson</b>	<b>M45</b>	<b>North Shields Poly</b>	<b>1.60</b>	<b>1</b>
14	John Lees	M50	Billingham Marsh House	1.25	1

**Triple Jump**  
**All**

No.	Name	Age Grp.	Club	Distance	Age Position
23	Craig Errington	M35	South Shields	9.82	1
27	Kevin Ayre	M45	South Shields	7.76	1
<b>135</b>	<b>David Dixon</b>	<b>M50</b>	<b>Tynedale</b>	<b>12.04</b>	<b>1</b>
14	John Lees	M50	Billingham Marsh House	7.46	2
88	Andrew Smith	M55	Gateshead	9.20	1

\* David Dixon new league record from J Evans (11.20m) 2009

**Javelin**  
**M35 - 55**

No.	Name	Age Grp.	Club	Distance	Age Position
23	Craig Errington	M35	South Shields	27.03	1
50	Jamie Scorer	M35	South Shields	22.05	2
68	David Maggs	M50	Gateshead	24.73	1
66	John Birkett	M50	ADAC Scottish Vets (gues	24.31	2
8	John Wild	M55	Richmond & Zetland	23.75	1
<b>70</b>	<b>John Lawton</b>	<b>M55</b>	<b>Jarrow &amp; Hebburn AC</b>	<b>31.63</b>	<b>2</b>
<b>69</b>	<b>Terry Hudson</b>	<b>M60</b>	<b>Jarrow &amp; Hebburn AC</b>	<b>33.63</b>	<b>1</b>

**Javelin**  
**Ladies & M60+**

No.	Name	Age Grp.	Club	Distance	Age Position
106	Mandy Herworth	L40	Claremont RR	9.9	1
102	Janette Kilgour	L60	Claremont RR	13.95	1
4	Charles Burke	M60	New Marske	22.37	2
25	George Routledge	M60	Heaton Harriers	21.24	3
<b>90</b>	<b>James Sloan</b>	<b>M65</b>	<b>ADAC Scottish Vets (gue</b>	<b>30.19</b>	<b>1</b>
78	Paul Wheeler	M65	NEVAC	15.97	2
63	Reg Checkley	M70	Heaton Harriers	21.05	1
<b>64</b>	<b>Denis Field</b>	<b>M75</b>	<b>Sunderland Harriers</b>	<b>23.10</b>	<b>1</b>
<b>16</b>	<b>Hugh Ryan</b>	<b>M75</b>	<b>NEVAC</b>	<b>22.75</b>	<b>2</b>
<b>146</b>	<b>Robert Laidler</b>	<b>M80</b>	<b>Sunderland Harriers</b>	<b>16.85</b>	<b>1</b>

**Discus**  
**Ladies & M60+**

No.	Name	Age Grp.	Club	Distance	Age Position
4	Charles Burke	M60	New Marske	24.76	2
25	George Routledge	M60	Heaton Harriers	17.58	3
<b>90</b>	<b>James Sloan</b>	<b>M65</b>	<b>ADAC Scottish Vets (gue</b>	<b>34.09</b>	<b>1</b>
78	Paul Wheeler	M65	NEVAC	21.32	2
63	Reg Checkley	M70	Heaton Harriers	18.20	1
<b>64</b>	<b>Denis Field</b>	<b>M75</b>	<b>Sunderland Harriers</b>	<b>27.14</b>	<b>1</b>
<b>16</b>	<b>Hugh Ryan</b>	<b>M75</b>	<b>NEVAC</b>	<b>24.31</b>	<b>2</b>
<b>146</b>	<b>Robert Laidler</b>	<b>M80</b>	<b>Sunderland Harriers</b>	<b>16.44</b>	<b>1</b>

**Discus****Mens 35 - 55**

No.	Name	Age Grp.	Club	Distance	Age	Position
<b>66</b>	<b>John Birkett</b>	<b>M50</b>	<b>ADAC Scottish Vets (gue</b>	<b>34.62</b>		<b>1</b>
68	David Maggs	M50	Gateshead	21.36		2
<b>8</b>	<b>John Wild</b>	<b>M55</b>	<b>Richmond &amp; Zetland</b>	<b>33.85</b>		<b>1</b>
<b>69</b>	<b>Terry Hudson</b>	<b>M60</b>	<b>Jarrow &amp; Hebburn AC</b>	<b>35.11</b>		<b>1</b>

**Shot****Ladies & M60+**

No.	Name	Age Grp.	Club	Distance	Age	Position
106	Mandy Herworth	L40	Claremont RR	5.95		1
4	Charles Burke	M60	New Marske	7.77		2
25	George Routledge	M60	Heaton Harriers	6.64		3
<b>90</b>	<b>James Sloan</b>	<b>M65</b>	<b>ADAC Scottish Vets (gue</b>	<b>10.00</b>		<b>1</b> *
<b>81</b>	<b>Ryszard Jurowski</b>	<b>M65</b>	<b>Gateshead</b>	<b>8.56</b>		<b>2</b>
<b>78</b>	<b>Paul Wheeler</b>	<b>M65</b>	<b>NEVAC</b>	<b>8.36</b>		<b>3</b>
<b>16</b>	<b>Hugh Ryan</b>	<b>M75</b>	<b>NEVAC</b>	<b>10.00</b>		<b>1</b> *
<b>146</b>	<b>Robert Laidler</b>	<b>M80</b>	<b>Sunderland Harriers</b>	<b>9.79</b>		<b>1</b> *

\* Hugh Ryan new league record from his own record (9.41m) 2010

\* Robert Laidler new league record from his own record (8.13m) 2008

**Shot****Mens 35 - 55**

No.	Name	Age Grp.	Club	Distance	Age	Position
23	Craig Errington	M35	South Shields	9.28		1
50	Jamie Scorer	M35	South Shields	8.03		2
<b>1</b>	<b>Stephen Smith</b>	<b>M50</b>	<b>Sunderland Harriers</b>	<b>10.34</b>		<b>1</b>
66	John Birkett	M50	ADAC Scottish Vets (gues	9.10		2
68	David Maggs	M50	Gateshead	8.31		3
<b>8</b>	<b>John Wild</b>	<b>M55</b>	<b>Richmond &amp; Zetland</b>	<b>9.17</b>		<b>1</b>
137	David Thompson	M55	South Shields	8.24		2
<b>69</b>	<b>Terry Hudson</b>	<b>M60</b>	<b>Jarrow &amp; Hebburn AC</b>	<b>10.65</b>		<b>1</b>

**Hammer****Ladies & M60+**

No.	Name	Age Grp.	Club	Distance	Age	Position
4	Charles Burke	M60	New Marske	23.57		2
25	George Routledge	M60	Heaton Harriers	17.52		3
78	Paul Wheeler	M65	NEVAC	24.47		1
<b>16</b>	<b>Hugh Ryan</b>	<b>M75</b>	<b>NEVAC</b>	<b>25.72</b>		<b>1</b>

**Hammer****Mens 35 - 55**

No.	Name	Age Grp.	Club	Distance	Age	Position
75	Phil McCluskey	M40	South Shields	16.98		1
<b>68</b>	<b>David Maggs</b>	<b>M50</b>	<b>Gateshead</b>	<b>33.69</b>		<b>1</b>
<b>8</b>	<b>John Wild</b>	<b>M55</b>	<b>Richmond &amp; Zetland</b>	<b>32.66</b>		<b>1</b>
<b>69</b>	<b>Terry Hudson</b>	<b>M60</b>	<b>Jarrow &amp; Hebburn AC</b>	<b>33.46</b>		<b>1</b>

**Weight All**

No.	Name	Age Grp.	Club	Distance	Age	Position
68	David Maggs	M50	Gateshead	13.04		1
8	John Wild	M55	Richmond & Zetland	11.48		1
69	Terry Hudson	M60	Jarrow & Hebburn AC	12.62		1
78	Paul Wheeler	M65	NEVAC	9.74		1
90	James Sloan	M65	ADAC Scottish Vets	10.31		2
16	Hugh Ryan	M75	NEVAC	9.59		1 *

\* Hugh Ryan new League record