

Northern Athletics Cross Country Championships at Witton Park, Blackburn on Saturday 23rd January 2010

U17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	38	G TaylorBrown	E Cheshire H & Tameside AC	20:25	38	19	Louise Rutt	Boston & District AC	24:21
2	66	Laura Riches	Leigh Harriers & AC	20:38	39	97	A Sutcliffe	Pudsey & Bramley	24:23
3	112	Jenny Walsh	Spenborough & Dist AC	20:44	40	96	C Corrigan	Pudsey & Bramley	24:24
4	9	Bianca Pedersen	Blackpool Wyre & Fylde	21:01	41	73	Gemma Selwood	Lincoln Wellington AC	24:26
5	131	Rachael Jefferson	Warrington Athletic Club	21:05	42	134	Katie Duckers	Wirral A C	24:28
6	123	M Huxley	Vale Royal AC	21:12	43	87	Gemma Wallett	North Shields Poly	24:30
7	95	A Bell	Pudsey & Bramley	21:19	44	135	Nicole Haviland	Wirral A C	24:33
8	8	Beckie Taylor	Blackburn Harriers	21:35	45	83	J Caldwell	Morpeth Harriers & AC	24:41
9	127	Sally Smith	Wakefield District H & AC	21:49	46	91	E Buckley	Preston Harriers & AC	24:52
10	93	N Jackson	Preston Harriers & AC	21:53	47	120	C Perry	Vale Royal AC	24:54
11	1	L Smith	Altrincham & District AC	21:58	48	51	HPilkington	Halifax Harriers & AC	24:56
12	5	Charlotte Atkinson	Blackburn Harriers	21:59	49	84	C Macdonald	Morpeth Harriers & AC	25:01
13	3	Ellie Wilson	Barrow & Furness S.a.c	22:03	50	12	Eleanor Bradbury	Blaydon H & AC	25:02
14	72	Libbie Read	Lincoln Wellington AC	22:03	51	31	Beth Ward	Darlington Harriers &	25:06
15	71	SheridenMcWilliam	Lincoln Wellington AC	22:10	52	105	Emily Findlay	Shildon R & Ac	25:10
16	118	C Mills	Vale Royal AC	22:17	53	100	Rachel Hall	Rotherham Harriers & AC	25:15
17	64	Abigail Howarth	Leigh Harriers & AC	22:18	54	138	Helena Flippance	Sale Harriers Manchester	25:16
18	122	L Whittick	Vale Royal AC	22:20	55	63	Charlotte Rickards	Lancaster And Morecambe AC	25:18
19	119	H Paver	Vale Royal AC	22:21	56	58	Rebecca Turner	Harrogate Hac	25:19
20	104	C Edge	Scarborough Athletic Club	22:26	57	6	Holly Broughton	Blackburn Harriers	25:25
21	36	S Ratcliffe	E Cheshire H & Tameside AC	22:29	58	139	Beatrice Cordingley	Sale Harriers Manchester	25:28
22	10	Samantha Smith	Blackpool Wyre & Fylde	22:31	59	74	Hester Talbot	Lincoln Wellington AC	25:30
23	40	Victoria Johnston	Eden Runners	22:39	60	142	Kate McLelland	Sale Harriers Manchester	25:33
24	35	Victoria Newell	E Cheshire H & Tameside AC	22:47	61	111	Kelly Sophie	Southport Waterloo AC	25:38
25	61	Eve Cavany	Kingston Upon Hull Ac	22:50	62	15	Emma Freeman	Blyth Running Club	25:48
26	68	Laura Donnelly	Lincoln Wellington AC	22:58	63	75	Laurice Hyland	Liverpool Harriers & AC	25:52
27	77	Hannah Whiteside	Liverpool Harriers & AC	23:04	64	7	Rebecca Shorrock	Blackburn Harriers	25:58
28	85	H Rank	Morpeth Harriers & AC	23:05	65	76	S Romano-	Liverpool Harriers & AC	26:06
29	65	Elizbeth Lee	Leigh Harriers & AC	23:12	66	143	Helena Simeen	Sale Harriers Manchester	26:11
30	129	Katie Ashcroft	Warrington Athletic Club	23:30	67	50	LGill	Halifax Harriers & AC	27:03
31	2	Jenny Huck	Barrow & Furness S.a.c	23:38	68	117	G Mayled	Vale Royal AC	27:06
32	53	Eleanor Bishop	Hallamshire Harriers Sheffield	23:50	69	124	Sarah Franks	Wakefield District H & AC	27:15
33	130	Elizabeth Heaven	Warrington Athletic Club	23:54	70	49	Rebecca Clarke	Grantham Athletic Club	27:22
34	88	Jane Augsburg	Oldham And Royton Harriers	24:00	71	11	Caitlin Bradbury	Blaydon H & AC	28:51
35	62	Nicole Peters	Kingston Upon Hull Ac	24:01	72	78	Zoe Woodward	Liverpool Harriers & AC	29:22
36	107	Elizabeth Wood	Shildon R & Ac	24:06	73	116	Natasha Dunn	Trafford AC	29:52
37	86	R Steel	Morpeth Harriers & AC	24:15	74	17	Stephanie Ramsay	Blyth Running Club	33:05

U17 Women — TEAM RESULTS

1 Vale Royal AC	59 — 6 M Huxley	16 CMills	18 L Whittick	19 H Paver
2 Lincoln Wellington AC	96 — 14 Libbie Read	15 SheridenMcWilliam	26 Laura Donnelly	41 Gemma Selwood
3 Blackburn Harriers	141 — 8 Beckie Taylor	12 Charlotte Atkinson	57 Holly Broughton	64 Rebecca Shorrock
4 Morpeth Harriers & AC	159 — 28 H Rank	37 R Steel	45 J Caldwell	49 C Macdonald
5 Liverpool Harriers & AC	227 — 27 Hannah Whiteside	63 Laurice Hyland	65 S Romano-	72 Zoe Woodward
6 Sale Harriers Manchester	238 — 54 Helena Flippance	58 Beatrice Cordingley	60 Kate McLelland	66 Helena Simeen

U17 Men — FINAL RESULTS (\$=non-counter)

U17 Men — TEAM RESULTS

Sport
Soft

U13 Girls — FINAL RESULTS

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169	145	Hannah King	Liverpool Harriers & AC	14:53	191	135	Hannah OMalley	Leigh Harriers & AC	15:36
170	189	R Lever	Preston Harriers & Ac	14:54	192	10	Morgan Angland	Blackburn Harriers	15:38
171	62	Katie Lennon	Crewe And Nantwich Ac	14:54	193	92	Flora McNeil	Hallamshire Harriers Sheffield	15:44
172	33	Jenna Dixon	Blaydon H & AC	14:55	194	110	Martha Gill	Horwich R M I Harriers	15:51
173	7	Kelly Dawson	Beverley Athletic Club	14:56	195	55	Emma Schaanning	Chesterfield	15:56
174	155	Georgie Hannaway	Liverpool Pembroke & Sefton H.	14:57	196	306	Ellie Gaines	Sedgefield Harriers	15:57
175	179	Rachel Emmot	Oldham And Royton Harriers	14:59	197	190	E Shepherd	Preston Harriers & Ac	16:04
176	121	Erin Procter	Kendal	15:01	198	288	Rice Sophie	Warrington Athletic Club	16:05
177	94	Lucy Woodcock	Hallamshire Harriers Sheffield	15:02	199	175	M McDonald	Morpeth Harriers & AC	16:16
178	260	Lucy Burch	Vale Royal AC	15:03	200	109	S Williams	Holmfirth Harriers AC	16:19
179	157	C Hever	Longwood Harriers AC	15:04	201	66	M Forest Davis	Derby AC	16:22
180	178	Emma Burman	Oldham And Royton Harriers	15:05	202	308	Megan Hetherington	Sedgefield Harriers	16:23
181	112	Sophie Myers	Horwich R M I Harriers	15:06	203	60	Alice Dodds	Crewe And Nantwich Ac	16:29
182	128	Sarah Bell	Lancaster And Morecambe AC	15:08	204	197	Rachel Stirr	Richmond And Zetland Harriers	16:34
183	120	Milly Morgan Mythen	Kendal	15:10	205	200	Chloe Law	Rossendale Harriers	16:43
184	194	A Sutcliffe	Pudsey & Bramley	15:12	206	56	Rachel Schaanning	Chesterfield	16:46
185	2	Gaby Byron	Barrow & Furness S.a.c	15:12	207	153	Beth Deary	Liverpool Pembroke & Sefton H.	16:54
186	3	Tasmin Crook	Barrow & Furness S.a.c	15:13	208	176	R McDonald	Morpeth Harriers & AC	16:56
187	17	Sadie Kenyon	Blackburn Harriers	15:14	209	255	Tameika Cuff	Trafford AC	18:11
188	61	Annie Huntbach	Crewe And Nantwich Ac	15:15	210	307	Emily Robertshaw	Sedgefield Harriers	18:16
189	42	Jennifer Smalley	Bury AC	15:24	211	18	Rebecca Orrell	Blackburn Harriers	20:51
190	15	Millie Forrest	Blackburn Harriers	15:28					

U13 Girls — TEAM RESULTS

1	Warrington Athletic Club	93	— 16 Elizabeth Smith	17	Carys McAulay	24	H Knowles-Jones	36	Jessica Coulson
2	Blackpool Wyre & Fylde	124	— 12 Molly Betmead	22	Alisha Johnson	41	Amelia Betmead	49	Beth Everson
3	Stockport Harriers	162	— 25 L Donaghy	27	M Williams	47	E Carfter	63	K Whiteoak
4	Blackburn Harriers	162	— 3 Elizabeth Greenwood	21	Lucy Davis	26	Sally Searson	112	Polly Pearse
5	E Cheshire H & Tameside AC	163	— 1 B Donnelly	11	Megan Ashelby	70	Roisin Clegg	81	Lilly McGuinness
6	Scarborough Athletic Club	186	— 4 B Owen	37	L Taylor	45	L Schofield	100	L Millard
7	Wakefield District H & AC	190	— 5 Rebecca Firth	34	Anabel Mason	50	Stephanie Rodgers	101	Saskia Lewis
8	Liverpool Harriers & AC	208	— 39 Anna Rowe	40	Sophia Brennan	55	Isabel Perez	74	Erin McBride
9	St Helens Sutton AC	266	— 15 Johnson Rosie	58	Woosey Rachel	66	Webb Danielle	127	Griffiths Lucy
10	Blaydon H & AC	291	— 19 Sophie Montgomery	28	Bethan Thomas	72	Rachel Bourne	172	Jenna Dixon
11	Vale Royal AC	297	— 6 J Parsons	80	A Sorensen	83	J Costello	128	L Scott
12	Holmfirth Harriers AC	298	— 44 H Waterman	69	O Sykes	92	S Spencer	93	L Farquhar
13	Preston Harriers & Ac	302	— 32 B Blackwell	51	E Hargreaves	89	I Hughes	130	M Smith
14	Sale Harriers Manchester	306	— 29 Rachel Hibberd	77	Connie Vickers	78	Hannah Simeen	122	Caitlin Thomas
15	Salford Metropolitan AC	356	— 30 Holly Barnes	62	Charlotte Simms	124	Lucy Whittaker	140	Jessica Powell
16	Bury AC	401	— 31 Christie Cook	84	Hannah Alderson	97	Eleanor Boyle	189	Jennifer Smalley
17	Wirral A C	417	— 13 Sophie Tarver	119	Eimear Corr	139	Sydney Isaacs	146	Heather Nuttall
18	Derby AC	466	— 60 D Booth	85	L Wisdich	120	M Simpson Lloyd	201	M Forest Davis
19	Ilkley Harriers	482	— 90 Rose Hagan	98	Naomi Elliott	131	Lucy Williamson	163	Grace Malir
20	Hallamshire Harriers Sheffield	516	— 59 Charlotte Slack	87	Georgia Hird	177	Lucy Woodcock	193	Flora McNeil
21	Horwich R M I Harriers	546	— 33 Phoebe Howe	138	Grace Shelmerdine	181	Sophie Myers	194	Martha Gill
22	Morpeth Harriers & AC	559	— 64 A Brown	88	S Wilkes	199	M McDonald	208	R McDonald
23	Crewe And Nantwich Ac	637	— 75 Georgia Pickles	171	Katie Lennon	188	Annie Huntbach	203	Alice Dodds
24	Oldham And Royton Harriers	665	— 145 Jade Pearlman	165	Lucy Kershaw	175	Rachel Emmot	180	Emma Burman

Northern Athletics Cross Country Championships at Witton Park, Blackburn on Saturday 23rd January 2010

U20 Women — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	67	Natalie Grant	Rotherham Harriers & AC	23:51	21	24	Lauren Havercroft	Kingston Upon Hull Ac	26:40
2	28	Hannah Bateson	Lancaster And Morecambe AC	23:55	22	72	H Schofield	Scarborough Athletic Club	26:55
3	87	RCraigie	Vale Royal AC	24:11	23	62	Emma Flanagan	Rossendale Harriers	26:59
4	52	Rhea Ellis	Liverpool Pembroke & Sefton H.	24:15	24	65	Steph Burns	Rotherham Harriers & AC	27:19
5	29	Annika Jarman	Lancaster And Morecambe AC	24:33	25	23	Laura Jane Day	Kingston Upon Hull Ac	27:31
6	94	Amy Talbot	Warrington Athletic Club	24:38	26	88	K Howard	Vale Royal AC	27:41
7	89	N Meadows	Vale Royal AC	24:42	27	26	Jodie Spencer	Kingston Upon Hull Ac	27:50
8	45	Lara Thomas	Lincoln Wellington AC	24:56	28	53	Toria Swift	Liverpool Pembroke & Sefton H.	28:02
9	4	Alison Leonard	Blackburn Harriers	24:59	29	92	Sarah Griffiths	Warrington Athletic Club	28:11
10	38	Leanne Sheeny	Leigh Harriers & AC	25:04	30	71	A Bridgeman	Scarborough Athletic Club	28:13
11	66	Jessica Fawcett	Rotherham Harriers & AC	25:24	31	99	Samantha Johnson	Wombwell SAC	28:16
12	1	Tamara Armoush	Amber Valley AC	25:26	32	30	Elizabeth Wignall	Lancaster And Morecambe AC	28:22
13	39	Georgia Ball	Lincoln Wellington AC	25:40	33	25	Demi Lidster	Kingston Upon Hull Ac	28:25
14	42	Rochelle Harrison	Lincoln Wellington AC	25:51	34	78	C Lilley	Skipton AC	29:16
15	90	K Stringer	Vale Royal AC	25:55	35	93	Rheannon Rainford	Warrington Athletic Club	29:28
16	6	Oriel Hardman	Bolton United Harriers	26:06	36	44	Holly Haywood	Lincoln Wellington AC	29:31
17	91	Katie McHale	Wakefield District H & AC	26:06	37	22	Emily Curry	Kingston Upon Hull Ac	29:47
18	55	Abbie Smith	Middlesbrough & Cleveland H	26:11	38	33	Sophie Waterhouse	Leeds City AC	30:07
19	40	Sophie Cowper	Lincoln Wellington AC	26:22	39	82	Louise Leek	Southport Waterloo AC	31:00
20	16	Kelly Hewitson	Hallamshire Harriers Sheffield	26:34					

U20 Women — TEAM RESULTS

1 Vale Royal AC	51 — 3 RCraigie	7 N Meadows	15 K Stringer	26 K Howard
2 Lincoln Wellington AC	54 — 8 Lara Thomas	13 Georgia Ball	14 Rochelle Harrison	19 Sophie Cowper
3 Kingston Upon Hull Ac	106 — 21 Lauren Havercroft	25 Laura Jane Day	27 Jodie Spencer	33 Demi Lidster

Northern Athletics Cross Country Championships at Witton Park, Blackburn on Saturday 23rd January 2010

U15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	272	Nick Jones	Wirral A C	13:25					
2	92	James Lamswood	Kingston Upon Hull Ac	13:35	85	243	N Tipping	Vale Royal AC	15:19
3	234	Adam Sixsmith	Trafford AC	13:36	86	172	A Smith	Pudsey & Bramley	15:21
4	219	Shirling Matt	St Helens Sutton AC	13:39	87	266	Richard Evans	Wirral A C	15:23
5	175	Fergus Roberts	Richmond And Zetland Harriers	13:44	88	176	B Johnson	Rochdale Harriers & AC	15:24
6	159	Adam Howard	Oldham And Royton Harriers	13:49	89	256	David Gant	Warrington Athletic Club	15:25
7	17	Ben Everson	Blackpool Wyre & Fylde	13:55	90	63	J Donnelly	E Cheshire H & Tameside AC	15:26
8	114	Ryan Moore	Leigh Harriers & AC	13:57	91	83	Ben Henshall	Harrogate Hac	15:27
9	86	James Knox	Helm Hill Runners	13:58	92	82	Ben Daggart	Harrogate Hac	15:29
10	198	J Robertson	Scarborough Athletic Club	13:58	93	41	Ryan Sciacca	Chorley AC	15:29
11	153	J Nisbett	Morpeth Harriers & AC	13:59	94	147	Ryan Wallis	Macclesfield Harriers	15:30
12	217	Liam Steadman	Spenborough & Dist AC	14:00	95	177	J Walsh	Rochdale Harriers & AC	15:31
13	132	Luke Towers	Liverpool Harriers & AC	14:00	96	59	A Smalley	Derby AC	15:32
14	281	Ben Hetherington	Sedgefield Harriers	14:01	97	225	Dominic Hill	Sunderland Harriers	15:33
15	228	James Bundred	Trafford AC	14:03	98	35	Ed Bilton	Chesterfield	15:34
16	236	Z Bamber	Vale Royal AC	14:04	99	101	James Whitaker	Lancaster And Morecambe AC	15:34
17	123	Jack Christie	Liverpool Harriers & AC	14:06	100	282	Jack Snowden	Sedgefield Harriers	15:35
18	251	Jake Worton	Wakefield District H & AC	14:09	101	150	P Caldwell	Morpeth Harriers & AC	15:36
19	105	Steven Eastwood	Leeds City AC	14:13	102	278	Matthew Westby	Wirral A C	15:37
20	259	Matthew Hulse	Warrington Athletic Club	14:14	103	220	Kevin Acton	Stockport Harriers	15:38
21	231	Richard Powell	Trafford AC	14:16	104	13	Craig Jeffers	Blackburn Harriers	15:40
22	182	Luke Cotter	Rotherham Harriers & AC	14:18	105	201	Matthew Coulthard	Shildon R & Ac	15:41
23	227	Michael Wilson	Sunderland Harriers	14:19	106	127	Chris Manning	Liverpool Harriers & AC	15:42
24	64	Leon Gregory	E Cheshire H & Tameside AC	14:21	107	53	D Chambers	Derby AC	15:44
25	128	Kristian Quirk	Liverpool Harriers & AC	14:22	108	221	James Parrot	Stockport Harriers	15:44
26	265	Matthew Byrne	Wirral A C	14:24	109	260	Christopher Smith	Warrington Athletic Club	15:45
27	7	Peter McGill	Beverley Athletic Club	14:26	110	47	Robert Poole	Crewe And Nantwich Ac	15:46
28	106	Harry Foster	Leeds City AC	14:27	111	165	K Judd	Preston Harriers & Ac	15:47
29	46	Richard Owen	Crewe And Nantwich Ac	14:28	112	23	Jake Jansen	Blyth Running Club	15:48
30	215	Paul Davis	Spenborough & Dist AC	14:29	113	174	Daniel Overin	Richmond And Zetland Harriers	15:49
31	78	Tom Bains	Hallamshire Harriers Sheffield	14:30	114	56	A Holland	Derby AC	15:50
32	191	Alex Birchill	Sale Harriers Manchester	14:31	115	54	L Griffiths	Derby AC	15:51
33	131	Owen Sharp	Liverpool Harriers & AC	14:32	116	44	Luke Cockerton	Crewe And Nantwich Ac	15:52
34	94	Adam Oxley	Kingston Upon Hull Ac	14:34	117	248	Jack Mitchell	Wakefield District H & AC	15:53
35	270	Daniel Jarvis	Wirral A C	14:36	118	262	B Johnstone	Wharfedale Harriers	15:55
36	42	Joe Lancaster	City Of Sheffield AC	14:38	119	267	Liam Gawne	Wirral A C	15:56
37	197	Chris McGahan	Sale Harriers Manchester	14:38	120	216	Chris Hampson	Spenborough & Dist AC	15:58
38	135	James Grundy	Liverpool Pembroke & Sefton H.	14:39	121	38	Joe Ellison	Chorley AC	15:58
39	129	Will Reynolds	Liverpool Harriers & AC	14:39	122	19	Jay McGowan	Blaydon H & AC	15:58
40	207	Luke Clark	South Shields H & AC	14:40	123	245	A Zimmer	Vale Royal AC	15:59
41	76	M Wharton	Halifax Harriers & AC	14:41	124	160	Declan Bulmer	Pendle AC	15:59
42	91	Robbie Ingham	Kendal	14:41	125	224	Hugh Danby-Platt	Sunderland Harriers	15:59
43	32	Chris Peverley	Chester-Le-Street And District	14:41	126	31	Simon Little	Carlisle Aspatria	16:00
44	229	Richard Hindley	Trafford AC	14:42	127	112	Adam Jamson	Leigh Harriers & AC	16:00
45	249	Matthew O'Connor	Wakefield District H & AC	14:42	128	166	P Judd	Preston Harriers & Ac	16:01
46	261	J Hall	Wharfedale Harriers	14:43	129	170	Luke Cooper	Pudsey & Bramley	16:02
47	250	Jordon Turner	Wakefield District H & AC	14:43	130	146	James Taylot	Macclesfield Harriers	16:03
48	241	R Moore	Vale Royal AC	14:44	131	232	Robert Powell	Trafford AC	16:04
49	95	Richard Pearson	Kingston Upon Hull Ac	14:44	132	208	David Wakefield	South Shields H & AC	16:05
50	116	Richard Brine	Lincoln Wellington AC	14:45	133	134	George Curran	Liverpool Pembroke & Sefton H.	16:06
51	118	Harran Dunderdale	Lincoln Wellington AC	14:45	134	11	Ashley Allen	Blackburn Harriers	16:07
52	71	J Castelow	Halifax Harriers & AC	14:46	135	1	Andrew Fenwick	Amber Valley AC	16:08
53	18	Daniel Quarmby	Blackpool Wyre & Fylde	14:47	136	274	Scott Richardson	Wirral A C	16:09
54	119	Dylan Love	Lincoln Wellington AC	14:47	137	162	Neng Wildman	Pendle AC	16:09
55	235	J Ayre	Vale Royal AC	14:48	138	242	P Stradling	Vale Royal AC	16:10
56	263	W Smith	Wharfedale Harriers	14:48	139	152	S Hancox	Morpeth Harriers & AC	16:11
57	181	Danny Walsh	Rossendale Harriers	14:49	140	140	David Reece	Liverpool Pembroke & Sefton H.	16:12
58	6	Sam Storey	Barrow & Furness S.a.c	14:50	141	16	Liam Phillips	Blackburn Harriers	16:13
59	200	Liam Boyek	Shildon R & Ac	14:50	142	254	Steven Darbyshire	Warrington Athletic Club	16:14
60	122	Sam Shuttleworth	Lincoln Wellington AC	14:51	143	10	Adrian Bailes	Birtley A C	16:15
61	247	Daniel Franks	Wakefield District H & AC	14:52	144	255	Cameron Field	Warrington Athletic Club	16:17
62	187	Nicholas Myers	Rotherham Harriers & AC	14:53	145	142	S Hever	Longwood Harriers AC	16:17
63	195	Kyle Conway	Sale Harriers Manchester	14:54	146	102	James Whittaker	Lancaster And Morecambe AC	16:18
64	4	Ross Campbell	Barrow & Furness S.a.c	14:54	147	179	Alton Fowler	Rossendale Harriers	16:19
65	183	Michael Eccles	Rotherham Harriers & AC	14:55	148	30	Nathan Milligan	Bury AC	16:20
66	67	Michael Murphy	E Cheshire H & Tameside AC	14:56	149	143	R Morris	Longwood Harriers AC	16:21
67	111	Adam Howarth	Leigh Harriers & AC	14:56	150	239	J Ikin	Vale Royal AC	16:22
68	40	Adam Sciacca	Chorley AC	14:57	151	115	Harry Baxter	Lincoln Wellington AC	16:23
69	113	Liam Moore	Leigh Harriers & AC	14:58	152	205	J Pendle	Skipton AC	16:25
70	70	R Lorraine	Gateshead Harriers & AC	14:59	153	279	Seb Reichel	Sedgefield Harriers	16:27
71	184	Aidan Hall	Rotherham Harriers & AC	15:00	154	20	Chris Arkless	Blyth Running Club	16:29
72	141	Warren Turner	Liverpool Pembroke & Sefton H.	15:01	155	223	Robert Ward	Stockport Harriers	16:31
73	156	Anthony Wallett	North Shields Poly	15:02	156	237	J Boyce	Vale Royal AC	16:33
74	25	Scott Povey	Blyth Running Club	15:06	157	72	M Gladstone	Halifax Harriers & AC	16:36
75	173	Paul Harnsworth	Richmond And Zetland Harriers	15:06	158	104	Oliver Watson	Leeds Carnegie AC	16:36
76	93	James Needham	Kingston Upon Hull Ac	15:07	159	45	Joshua Edge	Crewe And Nantwich Ac	16:37
77	211	Liam Ellis	Southport Waterloo AC	15:08	160	52	J Bridle	Derby AC	16:38
78	199	R Scarborough	Scarborough Athletic Club	15:09	161	65	James Hill	E Cheshire H & Tameside AC	16:39
79	90	Tom Hartley	Kendal	15:12	162	15	Joseph Pearse	Blackburn Harriers	16:40
80	138	Kyle Nicholls	Liverpool Pembroke & Sefton H.	15:13	163	27	Andrew Keat	Bolton United Harriers	16:41
81	253	Henry Buttress	Warrington Athletic Club	15:14	164	139	Robert Parkinson	Liverpool Pembroke & Sefton H.	16:42
82	238	L Healey	Vale Royal AC	15:15	165	149	Jonathan Stewart	Manchester Harriers & AC	16:43
83	117	Sam Chapman	Lincoln Wellington AC	15:16	166	77	C Wilson Baig	Halifax Harriers & AC	16:44
84	190	Dillon Bezzina	Sale Harriers Manchester	15:17	167	185	William Johnson	Rotherham Harriers & AC	16:46

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168	26	Michael Scott	Blyth Running Club	16:48	187	21	Scott Goodfellow	Blyth Running Club	17:30
169	125	Callum Grant	Liverpool Harriers & AC	16:49	188	88	R Hinchliffe	Holmfirth Harriers AC	17:34
170	8	Thomas Potter	Bingley Harriers	16:51	189	12	Sam Exton	Blackburn Harriers	17:37
171	144	Jacob Anderson	Macclesfield Harriers	16:54	190	100	Isaac Scott	Lancaster And Morecambe AC	17:43
172	269	Matthew Hay	Wirral A C	16:57	191	244	M Vennard	Vale Royal AC	17:46
173	121	Anthony Read	Lincoln Wellington AC	16:59	192	133	Albert Curran	Liverpool Pembroke & Sefton H.	17:48
174	87	M Booth	Holmfirth Harriers AC	17:02	193	34	Andrew Sill	Chester-Le-Street And District	17:50
175	37	Campbell Menzies	Chesterfield	17:03	194	154	H Paulsen	Morpeth Harriers & AC	18:02
176	61	B Wills	Derby AC	17:05	195	136	Darren McDonald	Liverpool Pembroke & Sefton H.	18:03
177	188	Connor Ryan	Rotherham Harriers & AC	17:06	196	226	Jack Kelly	Sunderland Harriers	18:11
178	57	J Owen	Derby AC	17:08	197	240	N Jakeman	Vale Royal AC	18:13
179	277	Nathan Schofield	Wirral A C	17:08	198	283	Sam Hearmon	Sedgefield Harriers	18:14
180	28	Christopher Slessor	Bolton United Harriers	17:09	199	96	Stuart Peters	Kingston Upon Hull Ac	18:50
181	9	Joe Wain	Bingley Harriers	17:10	200	218	Garrity Chris	St Helens Sutton AC	18:52
182	79	Josh Dyball	Hallamshire Harriers Sheffield	17:14	201	206	H Whyte	Skipton AC	19:17
183	213	Jake Hogg	Southport Waterloo AC	17:19	202	209	Graham Boreham	Southport Waterloo AC	19:25
184	103	Chris Mellor	Leeds Carnegie AC	17:23	203	257	David Gerrard	Warrington Athletic Club	19:58
185	151	B Granacher	Morpeth Harriers & AC	17:25					
186	273	Robbie Owen	Wirral A C	17:28					

U15 Boys — TEAM RESULTS

1	Trafford AC	83	—	3	Adam Sixsmith	15	James Bundred	21	Richard Powell	44	Richard Hindley
2	Liverpool Harriers & AC	88	—	13	Luke Towers	17	Jack Christie	25	Kristian Quirk	33	Owen Sharp
3	Wirral A C	149	—	1	Nick Jones	26	Matthew Byrne	35	Daniel Jarvis	87	Richard Evans
4	Kingston Upon Hull Ac	161	—	2	James Lamswood	34	Adam Oxley	49	Richard Pearson	76	James Needham
5	Wakefield District H & AC	171	—	18	Jake Worton	45	Matthew O'Connor	47	Jordon Turner	61	Daniel Franks
6	Vale Royal AC	201	—	16	Z Bamber	48	R Moore	55	J Ayre	82	L Healey
7	Lincoln Wellington AC	215	—	50	Richard Brine	51	Harran Dunderdale	54	Dylan Love	60	Sam Shuttleworth
8	Sale Harriers Manchester	216	—	32	Alex Birchill	37	Chris McGahan	63	Kyle Conway	84	Dillon Bezzina
9	Rotherham Harriers & AC	220	—	22	Luke Cotter	62	Nicholas Myers	65	Michael Eccles	71	Aidan Hall
10	Leigh Harriers & AC	271	—	8	Ryan Moore	67	Adam Howarth	69	Liam Moore	127	Adam Jamson
11	Warrington Athletic Club	299	—	20	Matthew Hulse	81	Henry Buttress	89	David Gant	109	Christopher Smith
12	Liverpool Pembroke & Sefton H.	323	—	38	James Grundy	72	Warren Turner	80	Kyle Nicholls	133	George Curran
13	E Cheshire H & Tameside AC	341	—	24	Leon Gregory	66	Michael Murphy	90	J Donnelly	161	James Hill
14	Crewe And Nantwich Ac	414	—	29	Richard Owen	110	Robert Poole	116	Luke Cockerton	159	Joshua Edge
15	Halifax Harriers & AC	416	—	41	M Wharton	52	J Castelow	157	M Gladstone	166	C Wilson Baig
16	Derby AC	432	—	96	A Smalley	107	D Chambers	114	A Holland	115	L Griffiths
17	Morpeth Harriers & AC	436	—	11	J Nisbett	101	P Caldwell	139	S Hancox	185	B Granacher
18	Sunderland Harriers	441	—	23	Michael Wilson	97	Dominic Hill	125	Hugh Danby-Platt	196	Jack Kelly
19	Sedgefield Harriers	465	—	14	Ben Hetherington	100	Jack Snowden	153	Seb Reichel	198	Sam Hearmon
20	Blyth Running Club	508	—	74	Scott Povey	112	Jake Jansen	154	Chris Arkless	168	Michael Scott
21	Blackburn Harriers	541	—	104	Craig Jeffers	134	Ashley Allen	141	Liam Phillips	162	Joseph Pearse

Northern Athletics Cross Country Championships at Witton Park, Blackburn on Saturday 23rd January 2010

U15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	57	Katy Wood	City Of York AC	15:08	81	114	Georgia Malir	Ilkley Harriers	17:53
2	190	B Mills	Scarborough Athletic Club	15:15	82	195	Ellon Hart	Southport Waterloo AC	17:54
3	101	Natalia Hackett	Hallamshire Harriers Sheffield	15:16	83	55	Catrina Parkinson	City Of York AC	17:55
4	34	Abbie Hetherington	Carlisle Aspatria	15:22	84	3	Nicole Dawson	Beverley Athletic Club	17:56
5	132	Bo Haywood	Lincoln Wellington AC	15:23	85	240	Lauren Brett	Wirral A C	17:58
6	119	Jessica Lonsdale	Kingston Upon Hull Ac	15:32	86	71	Courtney Donald	E Cheshire H & Tameside AC	18:00
7	128	Shannon Johnson	Leigh Harriers & AC	15:34	87	103	Claire Wilsher	Hallamshire Harriers Sheffield	18:04
8	20	Gowland Lauren	Blackpool Wyre & Fylde	15:40	88	213	Chelsea Gill	Sunderland Harriers	18:05
9	97	Fiona Bell	Hallamshire Harriers Sheffield	15:41	89	1	Jessica Turner	Amber Valley AC	18:08
10	76	Matilda Lowther	Eden Runners	15:45	90	134	Holy Barrett	Liverpool Harriers & AC	18:11
11	194	Chloe Lored	Shildon R & Ac	15:48	91	206	C Edwards	Stockport Harriers	18:12
12	198	Bethany Ellis	Spenborough & Dist AC	15:52	92	89	Polly Atherton	Grantham Athletic Club	18:14
13	133	Emma Tonner	Lincoln Wellington AC	15:53	93	154	N Moss	Louth AC	18:15
14	73	E Peters	E Cheshire H & Tameside AC	15:57	94	53	Kate Harris	City Of York AC	18:16
15	225	T McCormick	Vale Royal AC	15:59	95	160	Cara Jordan	Middlesbrough & Cleveland H	18:17
16	126	Sarah Hodgson	Lancaster And Morecambe AC	16:08	96	107	Ellie Middlemass	Harrogate Hac	18:20
17	192	Amy Etherington	Shildon R & Ac	16:09	97	219	B Archdeacon	Vale Royal AC	18:21
18	122	Ellie Wilson	Kingston Upon Hull Ac	16:09	98	228	L Towers	Vale Royal AC	18:21
19	54	Connie O'Neill	City Of York AC	16:14	99	35	Charlotte Kennedy	Carlisle Aspatria	18:22
20	201	Chelsea Jarvis	St Helens Sutton AC	16:16	100	182	Emma Dutton	Rotherham Harriers & AC	18:29
21	221	J Evans	Vale Royal AC	16:18	101	69	Hannah Davies	E Cheshire H & Tameside AC	18:31
22	91	Naomi Collier	Grantham Athletic Club	16:19	102	21	Minns Lucy	Blackpool Wyre & Fylde	18:34
23	120	Katie Michaels	Kingston Upon Hull Ac	16:20	103	209	J Shaw	Stockport Harriers	18:35
24	29	Katie Buckley	Bury AC	16:24	104	143	Laura McCourt	Liverpool Harriers & AC	18:37
25	129	Bethany Jones	Leigh Harriers & AC	16:28	105	155	Kirsty Frazer	Lytham St Annes RRC	18:37
26	172	R Scott	Preston Harriers & Ac	16:29	106	246	Danielle Dignan	Sale Harriers Manchester	18:39
27	68	V Wills	Derby AC	16:32	107	250	Abie Hearmon	Sedgefield Harriers	18:43
28	207	I Nutter	Stockport Harriers	16:33	108	233	Jessica Rowlands	Wakefield District H & AC	18:46
29	113	R Sykes	Holmfirth Harriers AC	16:35	109	184	Mary Jenkinson	Rotherham Harriers & AC	18:50
30	52	Eve Pound	City Of Sheffield AC	16:38	110	124	Paige Clinton	Lancaster And Morecambe AC	18:52
31	6	Sophie Forster	Birtley A C	16:40	111	118	Emily Adlard	Kingston Upon Hull Ac	18:54
32	145	Olivia Perez	Liverpool Harriers & AC	16:42	112	164	Lucy Alderman	Pendle AC	18:56
33	230	Libby Greateorex	Wakefield District H & AC	16:48	113	249	Chloe Yates	Sale Harriers Manchester	18:57
34	183	Jessica Freeman	Rotherham Harriers & AC	16:49	114	199	Mollie Flannery	Spenborough & Dist AC	18:57
35	148	Kathrine Walker	Liverpool Harriers & AC	16:49	115	79	C Hudson	Gateshead Harriers & AC	18:59
36	227	A Pettitt	Vale Royal AC	16:51	116	28	Alice Flint	Boston & District AC	18:59
37	116	Charmaine Porter	Jarrow & Hebburn	16:53	117	243	Fionna Nuttall	Wirral A C	18:59
38	51	Beth Ansell	City Of Sheffield AC	16:57	118	224	J Lee	Vale Royal AC	19:01
39	137	Riana Burton	Liverpool Harriers & AC	16:58	119	244	Nancy Clare	Sale Harriers Manchester	19:04
40	168	A Gallagher	Preston Harriers & Ac	17:00	120	231	Ahnnah Marsh	Wakefield District H & AC	19:07
41	67	K Shipman	Derby AC	17:03	121	43	\$Beth Sutcliffe	Chesterfield	19:19
42	212	Amy Coulson	Sunderland Harriers	17:04	122	202	Vicky Lamb	St Helens Sutton AC	19:19
43	40	Emma Erskine	Chesterfield	17:04	123	102	Alice Hague	Hallamshire Harriers Sheffield	19:20
44	157	Danielle Wallis	Macclesfield Harriers	17:05	124	94	M Jagger	Halifax Harriers & AC	19:20
45	211	O Wild	Stockport Harriers	17:10	125	63	A Kinane	Derby AC	19:21
46	166	Jade Lord	Pendle AC	17:11	126	181	Zoe Brain	Rotherham Harriers & AC	19:21
47	48	Anna Hopkin	Chorley Harriers	17:13	127	98	Rachel Coulson	Hallamshire Harriers Sheffield	19:22
48	93	H Callaghan	Halifax Harriers & AC	17:13	128	165	Alice Garnett	Pendle AC	19:28
49	193	Zoe Hewitson	Shildon R & Ac	17:14	129	123	Christina Bell	Lancaster And Morecambe AC	19:28
50	205	N Berry	Stockport Harriers	17:17	130	12	Megan Davis	Blackburn Harriers	19:31
51	92	Sophia Tucker	Grantham Athletic Club	17:18	131	245	Clare Dignan	Sale Harriers Manchester	19:32
52	139	Rebecca Donohue	Liverpool Harriers & AC	17:19	132	9	Holly Ballantyne	Blackburn Harriers	19:34
53	248	Misha Nayak Oliver	Sale Harriers Manchester	17:21	133	131	Lauren O'Malley	Leigh Harriers & AC	19:36
54	14	Emily Fletcher	Blackburn Harriers	17:22	134	27	Rebecca Nail	Blyth Running Club	19:38
55	218	Nicola Scott	Trafford AC	17:26	135	136	Hannah Burgeon	Liverpool Harriers & AC	19:40
56	19	Ferguson Jodie	Blackpool Wyre & Fylde	17:27	136	115	Anna Sinclair	Ilkley Harriers	19:43
57	234	Jessica Timmins	Wakefield District H & AC	17:29	137	24	Leigh Dixon	Blaydon H & AC	19:48
58	210	S Tipping	Stockport Harriers	17:33	138	156	Nicole Hadlow	Lytham St Annes RRC	19:52
59	99	Hannah Fletcher	Hallamshire Harriers Sheffield	17:34	139	61	H Grief	Derby AC	19:56
60	204	A Aikin	Stockport Harriers	17:35	140	41	\$Chloe Hall	Chesterfield	19:58
61	88	C Webster	Gateshead Harriers & AC	17:35	141	142	Rachael Mason	Liverpool Harriers & AC	20:01
62	185	Jessica Mangham	Rotherham Harriers & AC	17:35	142	66	T Rose	Derby AC	20:06
63	141	Bethany Mason	Liverpool Harriers & AC	17:36	143	191	M Saywell	Scarborough Athletic Club	20:07
64	236	Sophie Bates	Warrington Athletic Club	17:37	144	125	Hannah Fleet	Lancaster And Morecambe AC	20:09
65	226	K Moulds	Vale Royal AC	17:38	145	208	EO'Connell	Stockport Harriers	20:19
66	8	Sophie Taylor	Birtley A C	17:38	146	159	Ciara Green	Manchester Harriers & AC	20:31
67	64	R Miller	Derby AC	17:39	147	235	Laura Ward	Wakefield District H & AC	20:36
68	197	Katie Byrne	Spenborough & Dist AC	17:41	148	30	Caitlin Cole	Bury AC	20:46
69	44	Emily Wass	Chesterfield	17:43	149	25	Elsie Wild	Blaydon H & AC	20:46
70	170	J McDermot	Preston Harriers & Ac	17:45	150	175	Rosie Stirr	Richmond And Zetland Harriers	20:56
71	31	Alana Grundy	Bury AC	17:45	151	203	Hayes Louise	St Helens Sutton AC	21:05
72	130	Georgina Leck	Leigh Harriers & AC	17:46	152	239	Emily Atkin	Wirral A C	21:09
73	242	Emily Kearney	Wirral A C	17:47	153	153	K Leih	Longwood Harriers AC	21:19
74	127	Tyler Colderley	Leigh Harriers & AC	17:48	154	214	Eve Rodgers	Sunderland Harriers	21:29
75	13	Jacinta Davison	Blackburn Harriers	17:49	155	189	Georgina Spencer	Rotherham Harriers & AC	21:36
76	238	Natalie Thompson	Wigan Harriers	17:50	156	50	Jessie Scott	Chorley Harriers	21:44
77	222	C Heaher	Vale Royal AC	17:50	157	104	Hannah Yarrow	Hallamshire Harriers Sheffield	21:45
78	74	Hayley Simpson	E Cheshire H & Tameside AC	17:51	158	229	R Buckley Anderson	Wakefield District H & AC	21:45
79	90	Ellie Boyson	Grantham Athletic Club	17:51	159	49	Leah Nelson	Chorley Harriers	21:46
80	121	Alice Middleton	Kingston Upon Hull AC	17:52	160	26	Nicola Wilson	Blaydon H & AC	22:54

U15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Kingston Upon Hull Ac	127 — 6 Jessica Lonsdale	18 Ellie Wilson	23 Katie Michaels	80 Alice Middleton
2 Vale Royal AC	137 — 15 T McCormick	21 J Evans	36 A Pettitt	65 K Moulds
3 Liverpool Harriers & AC	158 — 32 Olivia Perez	35 Kathrine Walker	39 Riana Burton	52 Rebecca Donohue
4 Hallamshire Harriers Sheffield	158 — 3 Natalia Hackett	9 Fiona Bell	59 Hannah Fletcher	87 Claire Wilsher
5 Leigh Harriers & AC	178 — 7 Shannon Johnson	25 Bethany Jones	72 Georgina Leck	74 Tyler Colderley
6 Stockport Harriers	181 — 28 I Nutter	45 O Wild	50 N Berry	58 S Tipping
7 City Of York AC	197 — 1 Katy Wood	19 Connie O'Neill	83 Catriona Parkinson	94 Kate Harris
8 Grantham Athletic Club	244 — 22 Naomi Collier	51 Sophia Tucker	79 Ellie Boyson	92 Polly Atherton
9 Derby AC	259 — 27 V Wills	41 K Shipman	67 R Miller	124 A Kinane
10 E Cheshire H & Tameside AC	279 — 14 E Peters	78 Hayley Simpson	86 Courtney Donald	101 Hannah Davies
11 Rotherham Harriers & AC	305 — 34 Jessica Freeman	62 Jessica Mangham	100 Emma Dutton	109 Mary Jenkinson
12 Wakefield District H & AC	318 — 33 Libby Greateorex	57 Jessica Timmins	108 Jessica Rowlands	120 Ahnnah Marsh
13 Blackburn Harriers	389 — 54 Emily Fletcher	75 Jacinta Davison	129 Megan Davis	131 Holly Ballantyne
14 Sale Harriers Manchester	391 — 53 Misha Nayak Oliver	106 Danielle Dignan	113 Chloe Yates	119 Nancy Clare
15 Lancaster And Morecambe AC	396 — 16 Sarah Hodgson	110 Paige Clinton	128 Christina Bell	142 Hannah Fleet
16 Wirral A C	425 — 73 Emily Kearney	85 Lauren Brett	117 Fionna Nuttall	150 Emily Atkin

Northern Athletics Cross Country Championships at Witton Park, Blackburn on Saturday 23rd January 2010

U13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	158	Ben Spencer	Middlesborough Ac (Mandale)	10:54	85	258	Jack Richardson	Warrington Athletic Club	12:37
2	68	J Crabtree	E Cheshire H & Tameside AC	10:58	86	197	Joseph Weston	Rotherham Harriers & AC	12:38
3	245	M Sheen	Vale Royal AC	11:09	87	222	James Anthoney	Spenborough & Dist AC	12:39
4	25	Jake Whalley	Blackpool Wyre & Fylde	11:10	88	134	Jack Courtney	Liverpool Harriers & AC	12:39
5	212	T Blanchard	Skipton AC	11:15	89	145	L Crank	Longwood Harriers AC	12:40
6	254	Liam Burthem	Warrington Athletic Club	11:17	90	216	J Stapleton	Skipton AC	12:41
7	45	Thomas Goulding	Chester-Le-Street And District	11:18	91	274	Thomas Kitchen	Wirral A C	12:41
8	271	Niall Flanagan	Wirral A C	11:22	92	270	Joseph Fisher	Wirral A C	12:42
9	93	L Byram	Holmfirth Harriers AC	11:23	93	151	Mathew Graham	Manchester Harriers & AC	12:43
10	111	Michael Adlard	Kingston Upon Hull Ac	11:25	94	129	Billy Onians	Lincoln Wellington AC	12:43
11	26	Bradley Yates	Blackpool Wyre & Fylde	11:26	95	167	Henry Johnson	Newton Aycliffe	12:44
12	262	Matthew Wigglesworth	Warrington Athletic Club	11:27	96	85	Joshua Walton	Hallamshire Harriers Sheffield	12:45
13	239	E Bowler	Vale Royal AC	11:28	97	97	A Kettlewell	Holmfirth Harriers AC	12:45
14	166	P Winkler	Morpeth Harriers & AC	11:29	98	181	D Neal	Preston Harriers & Ac	12:46
15	218	Andrew Kershaw	Southport Waterloo AC	11:32	99	53	Phillip Nesom	City Of York AC	12:46
16	47	Daniel Pickering	Chester-Le-Street And District	11:36	100	178	R Bryning	Preston Harriers & Ac	12:47
17	204	Christy O'Brien	Sale Harriers Manchester	11:37	101	269	Jonathan Clewitt	Wirral A C	12:48
18	179	P Dever	Preston Harriers & Ac	11:38	102	236	James Myers	Sunderland Harriers	12:49
19	210	Jake Findlay	Shildon R & Ac	11:39	103	191	Ryan Beale	Rotherham Harriers & AC	12:50
20	169	Christopher Brown	Oldham And Royton Harriers	11:41	104	77	Jake Hornby	Grantham Athletic Club	12:52
21	174	Matthew Dutton	Pendle AC	11:42	105	203	Robert Lee	Sale Harriers Manchester	12:53
22	235	Luca Irvine	Sunderland Harriers	11:44	106	214	M Hamer	Skipton AC	12:54
23	36	Niel Orr	Border Harriers	11:45	107	188	Callum Davidson	Rossendale Harriers	12:55
24	256	Daniel Evans	Warrington Athletic Club	11:46	108	114	Jack Michaels	Kingston Upon Hull Ac	12:56
25	107	Matthew Doey	Kendal	11:47	109	148	Aaron Shaughnessy	Macclesfield Harriers	12:57
26	74	M Lonsdale	Gateshead Harriers & AC	11:48	110	230	Alex Minshul	Stockport Harriers	12:57
27	119	Dominic Owens	Leeds Carnegie AC	11:49	111	255	Robert Dykes	Warrington Athletic Club	12:57
28	135	Liam Evans	Liverpool Harriers & AC	11:50	112	184	B Wicks	Preston Harriers & Ac	12:58
29	180	R Judd	Preston Harriers & Ac	11:50	113	231	Jay Wood	Stockport Harriers	12:58
30	282	James Taylor	Wirral A C	11:51	114	84	Ewan South	Hallamshire Harriers Sheffield	12:58
31	63	D Haymes	Derby AC	11:52	115	71	C Wray	E Cheshire H & Tameside AC	12:59
32	101	N Townsend	Horwich R M I Harriers	11:52	116	20	Robert Jeffers	Blackburn Harriers	12:59
33	248	Sam Convery	Wakefield District H & AC	11:53	117	56	Tom Wood	City Of York AC	12:59
34	229	Daniel Lawton	Stockport Harriers	11:54	118	67	M Waard	Derby AC	13:00
35	226	Ryan Babcock	Stockport Harriers	11:55	119	215	L Robinson	Skipton AC	13:01
36	182	L Penswick	Preston Harriers & Ac	11:57	120	89	Oliver Gilroy	Harrogate Hac	13:02
37	35	Jordan Hull	Border Harriers	12:00	121	82	Sam Peters	Hallamshire Harriers Sheffield	13:03
38	65	H Milner	Derby AC	12:00	122	100	C Critchley	Horwich R M I Harriers	13:04
39	221	Luke Tyson	Southport Waterloo AC	12:01	123	219	Thomas Lodge	Southport Waterloo AC	13:05
40	7	Emile Caress	Bingley Harriers	12:01	124	121	Domenic Howarth	Leigh Harriers & AC	13:07
41	124	Declan Dickinson	Lincoln Wellington AC	12:02	125	266	William Broadbelt	Wirral A C	13:09
42	24	Robert Wong	Blackburn Harriers	12:03	126	143	Nathan Browne	Liverpool Pembroke & Sefton H.	13:11
43	185	Max Robson	Richmond And Zetland Harriers	12:03	127	122	Jordan Smith	Leigh Harriers & AC	13:12
44	192	Robert Benthall	Rotherham Harriers & AC	12:04	128	81	Jack Jones	Hallamshire Harriers Sheffield	13:14
45	175	Robert Hurlstone	Pendle AC	12:04	129	249	George Heppinstall	Wakefield District H & AC	13:15
46	155	Thomas Taylor	Manchester Harriers & AC	12:05	130	237	Jack Robinson	Sunderland Harriers	13:17
47	264	Matteo Bertacca	Wirral A C	12:06	131	46	Robert Peverley	Chester-Le-Street And District	13:18
48	220	Michael Panes	Southport Waterloo AC	12:06	132	200	Daniel Brint	Sale Harriers Manchester	13:20
49	127	Alex Humberstone	Lincoln Wellington AC	12:07	133	199	Jordan Bezzina	Sale Harriers Manchester	13:21
50	13	Robert Blow	Blackburn Harriers	12:08	134	70	A Warren	E Cheshire H & Tameside AC	13:23
51	112	Andrew Hess	Kingston Upon Hull Ac	12:09	135	165	B Steel	Morpeth Harriers & AC	13:24
52	153	Donnacha Maguire	Manchester Harriers & AC	12:10	136	95	A Farquhar	Holmfirth Harriers AC	13:30
53	139	Paul Tyson	Liverpool Harriers & AC	12:11	137	263	M Hearn	West Cheshire Athletic Club	13:31
54	150	Alistair Thornton	Macclesfield Harriers	12:11	138	132	Adam Carus-McDonald	Liverpool Harriers & AC	13:33
55	128	Bradley Kent	Lincoln Wellington AC	12:12	139	126	Michael Harper	Lincoln Wellington AC	13:34
56	195	Devon Stead	Rotherham Harriers & AC	12:13	140	30	Joseph Dungworth	Blyth Running Club	13:35
57	133	Elliott Colman	Liverpool Harriers & AC	12:14	141	260	Cory Smithyman-Hardi	Warrington Athletic Club	13:36
58	196	James Warnock	Rotherham Harriers & AC	12:15	142	223	Glenn Aspinde	Spenborough & Dist AC	13:37
59	19	Jack Hindle	Blackburn Harriers	12:16	143	149	James Stott	Macclesfield Harriers	13:39
60	64	T Lawrence	Derby AC	12:17	144	147	Harry Palmer	Macclesfield Harriers	13:40
61	31	Jacob Hall	Blyth Running Club	12:18	145	273	Felix Jackson	Wirral A C	13:41
62	130	Joe Shuttleworth	Lincoln Wellington AC	12:19	146	157	Charlie Race	Middlesborough Ac (Mandale)	13:42
63	75	T Mount	Gateshead Harriers & AC	12:20	147	96	E Hinchliffe	Holmfirth Harriers AC	13:44
64	261	Kiro Smithyman-Hardi	Warrington Athletic Club	12:21	148	10	William Atkinson	Blackburn Harriers	13:50
65	250	William Ingram	Wakefield District H & AC	12:21	149	211	Jack Wade	Shildon R & Ac	13:52
66	278	William Patterson	Wirral A C	12:22	150	238	Kieran Watson	Sunderland Harriers	13:53
67	228	William Garner	Stockport Harriers	12:23	151	14	Jake Broughton	Blackburn Harriers	13:54
68	280	Guy Reeve	Wirral A C	12:23	152	272	Jake Healey	Wirral A C	13:58
69	113	David Mason	Kingston Upon Hull Ac	12:24	153	257	Patrick Iredale	Warrington Athletic Club	13:59
70	162	J Elder	Morpeth Harriers & AC	12:25	154	50	Joseph Lyth	Chorley Harriers	14:00
71	92	A Arthur	Holmfirth Harriers AC	12:26	155	49	Alex Latham	Chorley Harriers	14:01
72	281	Amedeo Scanavacca	Wirral A C	12:26	156	9	Dale Allen	Blackburn Harriers	14:02
73	98	S Waterman	Holmfirth Harriers AC	12:27	157	244	N Rothwell	Vale Royal AC	14:04
74	80	Joseph Hutchesson	Hallamshire Harriers Sheffield	12:27	158	69	C Gallagher	E Cheshire H & Tameside AC	14:05
75	86	Thomas Yarrow	Hallamshire Harriers Sheffield	12:28	159	163	T Fisher	Morpeth Harriers & AC	14:06
76	5	James Curtis	Barrow & Furness S.a.c	12:28	160	38	Thomas Drabble	Buxton AC	14:07
77	253	Benjamin Read	Wakefield District H & AC	12:29	161	247	Jack Boyes	Wakefield District H & AC	14:09
78	279	Charles Quinn	Wirral A C	12:30	162	225	Joseph Walker	St Helens Sutton AC	14:10
79	110	Tom Taylor	Kendal	12:30	163	57	Connor Dummet	Darlington Harriers &	14:12
80	171	Bradley Healey	Oldham And Royton Harriers	12:31	164	21	William Murray	Blackburn Harriers	14:21
81	15	Robert Buckley	Blackburn Harriers	12:32	165	102	W Townsend	Horwich R M I Harriers	14:22
82	79	E Whitelaw	Halifax Harriers & AC	12:33	166	6	Kieran Turner	Barton And District AC	14:23
83	48	Fergus Tallon	Chorley AC	12:35	167	16	Sam Charley	Blackburn Harriers	14:24
84	83	Thomas Slater	Hallamshire Harriers Sheffield	12:37	168	144	Ben Haines	Liverpool Pembroke & Sefton H.	14:25

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169	105	Ruaridh Mon-Williams	Ilkley Harriers	14:27	177	33	Joseph Woods	Blyth Running Club	15:10
170	172	Nathan Hilditch	Oldham And Royton Harriers	14:29	178	99	JWilliams	Holmfirth Harriers AC	15:14
171	118	Rafi Scott	Lancaster And Morecambe AC	14:30	179	289	Josh Hetherington	Sedgefield Harriers	15:15
172	168	Luke Brierley	Oldham And Royton Harriers	14:31	180	286	George Peden	Sedgefield Harriers	15:20
173	285	Rory Varley	Sedgefield Harriers	14:33	181	232	Adam Baker	Sunderland Harriers	16:12
174	29	Steven Doris	Blyth Running Club	14:48	182	252	Adam Lofthouse	Wakefield District H & AC	17:42
175	117	Patrick McGuinness	Lancaster And Morecambe AC	14:51	183	66	S Rose	Derby AC	19:15
176	209	Ciaran Boyek	Shildon R & Ac	14:59	184	173	James Riley	Oldham And Royton Harriers	20:15

U13 Boys — TEAM RESULTS

1	Warrington Athletic Club	106	—	6	Liam Burthem	12	Matthew Wigglesworth	24	Daniel Evans	64	Kiro Smithyman-Hardi
2	Wirral A C	151	—	8	Niall Flanagan	30	James Taylor	47	Matteo Bertacca	66	William Patterson
3	Preston Harriers & Ac	181	—	18	P Dever	29	R Judd	36	L Penswick	98	D Neal
4	Lincoln Wellington AC	207	—	41	Declan Dickinson	49	Alex Humberstone	55	Bradley Kent	62	Joe Shuttleworth
5	Southport Waterloo AC	225	—	15	Andrew Kershaw	39	Luke Tyson	48	Michael Panes	123	Thomas Lodge
6	Liverpool Harriers & AC	226	—	28	Liam Evans	53	Paul Tyson	57	Elliott Colman	88	Jack Courtney
7	Blackburn Harriers	232	—	42	Robert Wong	50	Robert Blow	59	Jack Hindle	81	Robert Buckley
8	Kingston Upon Hull Ac	238	—	10	Michael Adlard	51	Andrew Hess	69	David Mason	108	Jack Michaels
9	Rotherham Harriers & AC	244	—	44	Robert Bentham	56	Devon Stead	58	James Warnock	86	Joseph Weston
10	Stockport Harriers	246	—	34	Daniel Lawton	35	Ryan Babcock	67	William Garner	110	Alex Minshul
11	Derby AC	247	—	31	D Haymes	38	H Milner	60	T Lawrence	118	M Waard
12	Holmfirth Harriers AC	250	—	9	L Byram	71	A Arthur	73	S Waterman	97	A Kettlewell
13	Wakefield District H & AC	304	—	33	Sam Convery	65	William Ingram	77	Benjamin Read	129	George Heppinstall
14	Skipton AC	320	—	5	T Blanchard	90	J Stapleton	106	M Hamer	119	L Robinson
15	Hallamshire Harriers Sheffield	329	—	74	Joseph Hutchesson	75	Thomas Yarrow	84	Thomas Slater	96	Joshua Walton
16	Morpeth Harriers & AC	378	—	14	P Winkler	70	J Elder	135	B Steel	159	T Fisher
17	Sale Harriers Manchester	387	—	17	Christy O'Brien	105	Robert Lee	132	Daniel Brint	133	Jordan Bezzina
18	Sunderland Harriers	404	—	22	Luca Irvine	102	James Myers	130	Jack Robinson	150	Kieran Watson
19	E Cheshire H & Tameside AC	409	—	2	J Crabtree	115	C Wray	134	A Warren	158	C Gallagher
20	Oldham And Royton Harriers	442	—	20	Christopher Brown	80	Bradley Healey	170	Nathan Hilditch	172	Luke Brierley
21	Macclesfield Harriers	450	—	54	Alistair Thornton	109	Aaron Shaughnessy	143	James Stott	144	Harry Palmer
22	Blyth Running Club	552	—	61	Jacob Hall	140	Joseph Dungworth	174	Steven Doris	177	Joseph Woods

Northern Athletics Cross Country Championships at Witton Park, Blackburn on Saturday 24th January 2010

Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time						
1	110	Hatti Dean		Hallamshire Harriers Sheffield	30:31	85	270	Kath Aspin	New Marske Harriers	39:07	
2	26	Victoria Wilkinson		Bingley Harriers	30:57	86	478	Victoria O'Donnell	Trafford AC	39:09	
3	203	Susan Partridge		Leeds City Ac	31:54	87	230	Melanie Koth	Lytham St Annes RRC	39:11	
4	476	Kirsty Milner		Trafford AC	31:59	88	379	Carley Davies	Stockport Harriers	39:15	
5	404	Julie Briscoe		Wakefield District H & AC	32:08	89	92	PhilipsSue	Darlington Harriers &	39:16	
6	94	Rosie Smith		Durham City Harriers	32:18	90	202	Anna Martin	Leeds City Ac	39:16	
7	117	Julia Russell		Hallamshire Harriers Sheffield	32:28	91	307	Lucy Holmes	Ripley Runningclub	39:18	
8	208	Becky Howarth		Leigh Harriers & Ac	32:50	92	34	Anastasia Bligh	Blackpool Wyre & Fylde	39:21	
9	102	M Ferrier		Gateshead Harriers & AC	32:55	93	191	Gemma Smith	Kirkstall Harriers	39:28	
10	67	Tracy Laws		Chester-Le-Street And District	32:56	94	173	Trisha Gavins	Keighley & Craven AC	39:29	
11	109	Lizzie Adams		Hallamshire Harriers Sheffield	32:57	95	377	Sarah Aylmer	Stockport Harriers	39:32	
12	268	J Mooney		Morpeth Harriers & AC	33:03	96	103	M Loraine	Gateshead Harriers & AC	39:34	
13	199	Emily Klee		Leeds City Ac	33:12	97	193	Helen Thorpe	Kirkstall Harriers	39:39	
14	263	C Summersgill		Middlesbrough & Cleveland H	33:26	98	144	L Ewart	Holmfirth Harriers AC	39:40	
15	64	Maxine Czarnicka		Chester-Le-Street And District	33:30	99	7	Katie Savage	Barrow & Furness S.a.c	39:45	
16	155	K Walshaw		Holmfirth Harriers AC	33:34	100	32	Jackie Taylor	Blackburn Harriers	39:47	
17	355	Alexandra Snook		Shildon R & AC	33:39	101	276	Karen Poole	North York Moors AC	39:48	
18	336	Samantha Briggs		Salford Harriers	33:46	102	382	Kaisleigh Greenham	Stockport Harriers	39:49	
19	470	Jackie Fairchild		Trafford AC	33:56	103	58	Katy Geelan	Bury AC	39:51	
20	322	Jenna Hill		Sale Harriers Manchester	33:59	104	264	K Chapman	Morpeth Harriers & AC	39:53	
21	319	Rachel Deegan		Sale Harriers Manchester	34:04	105	315	Sarah Yeomans	Rossendale Harriers	39:54	
22	204	Sarah Peterson		Leeds City Ac	34:12	106	416	Emma Walton	Wallsend Harriers & AC	40:04	
23	421	Louisa Wood		Warrington Athletic Club	34:14	107	2	B Ganose	Altrincham & District Ac	40:09	
24	88	N Farrow		Cleethorpes	34:16	108	312	Sharon McGuire	Rossendale Harriers	40:19	
25	376	Gemma Connolly		St Helens Sutton AC	34:24	109	233	Sally Ann Hales	Macclesfield Harriers	40:21	
26	316	Emily Beedham		Sale Harriers Manchester	34:30	110	151	C Penfold	Holmfirth Harriers AC	40:26	
27	223	Kirsty Longley		Liverpool Pembroke & Sefton H.	34:44	111	291	C McDermott	Preston Harriers & AC	40:28	
28	337	Estelle Malm		Salford Harriers	34:49	112	9	Sharon Mellors	Belper Harriers	40:30	
29	142	H Berry		Holmfirth Harriers AC	34:54	113	452	Caroline Warrington	York Knavesmire Harriers	40:37	
30	209	Harriet Canter		Lincoln Wellington AC	34:56	114	99	Fiona Shenton	Elvet Striders	40:40	
31	105	K Simpson		Gateshead Harriers & AC	35:01	115	327	Fiona Randles	Sale Harriers Manchester	40:46	
32	480	Liz Whitfield		Spectrum Striders	35:03	116	374	Michelle Spencer	Southport Waterloo AC	40:47	
33	351	Sarah Kemshall		Scunthorpe & District Ac	35:06	117	19	Sue Cariss	Bingley Harriers	40:50	
34	78	Helen Garnham		City Of York AC	35:08	118	46	Susanne Hunter	Blyth Running Club	40:53	
35	175	Amy Green		Keighley & Craven AC	35:14	119	324	Jan Nicholls	Sale Harriers Manchester	40:55	
36	265	A Fox		Morpeth Harriers & AC	35:20	120	113	Lucy Harris	Hallamshire Harriers Sheffield	41:02	
37	234	Sarah Harris		Macclesfield Harriers	35:23	121	443	Sarah Kearney	Wirral A C	41:03	
38	441	Deborah Wright		Wigan Phoenix	35:27	122	466	Sarah Blunt	Trafford AC	41:06	
39	333	Ruth Watson		Sale Harriers Manchester	35:40	123	227	C Pickersgill	Longwood Harriers AC	41:14	
40	106	J Trowbridge		Gateshead Harriers & AC	36:00	124	338	Anneka Sanders	Salford Harriers	41:16	
41	399	K Spilsbury		Vale Royal AC	36:01	125	381	Helen Garner	Stockport Harriers	41:18	
42	49	Liz Proctor		Bolton United Harriers	36:05	126	372	Angela Delaney	Southport Waterloo AC	41:22	
43	97	Karen Bridge		Eden Runners	36:07	127	448	Andrea Lancaster	York Knavesmire Harriers	41:23	
44	479	Nicola Pugh		Trafford AC	36:10	128	287	R Anderson	Preston Harriers & AC	41:24	
45	145	K Farquhar		Holmfirth Harriers AC	36:13	129	354	Natalie Owens	Shildon R & AC	41:26	
46	159	S Budgett		Horwich R M I Harriers	36:16	130	461	Salli Holt	Wallasey AC	41:28	
47	403	Sarah Boswick		Wakefield District H & AC	36:18	131	41	Andrea Smith	Blackpool Wyre & Fylde	41:33	
48	449	Abey Lawrence		York Knavesmire Harriers	36:21	132	89	P Kivelainen	Cleethorpes	41:35	
49	140	J Zoppi		Heaton Harriers & AC	36:22	133	310	J Terim	Rochdale Harriers & AC	41:48	
50	22	Alison Raw		Bingley Harriers	36:23	134	108	C Fryer	Halifax Harriers & AC	41:50	
51	266	S Graham		Morpeth Harriers & AC	36:30	135	182	Dianne Priestley	Kendal	41:53	
52	369	C Pearson		Skipton AC	36:32	136	366	Carole Quirk	Skelmersdale Boundary Harriers	42:01	
53	375	Amy Sharrad		Spenborough & Dist AC	36:36	137	10	Gemma Redfern	Belper Harriers	42:08	
54	370	Nicola Lowe		South Cheshire Harriers	36:45	138	326	Julie Price	Sale Harriers Manchester	42:14	
55	111	Rachael Elder		Hallamshire Harriers Sheffield	36:53	139	63	Emma Wharton	Buxton AC	42:23	
56	411	Vicky Hindson		Wallsend Harriers & AC	36:55	140	290	M Hesketh	Preston Harriers & AC	42:32	
57	18	Jo Buckley		Bingley Harriers	37:02	141	154	M Sykes	Holmfirth Harriers AC	42:39	
58	51	Charlotte Douglas		Border Harriers	37:02	142	415	Lisa Walker	Wallsend Harriers & AC	42:43	
59	40	Carolyn Robbins		Blackpool Wyre & Fylde	37:03	143	340	Anna Weaver	Salford Harriers	42:49	
60	87	Katie Trickett		Clayton Le Moors	37:06	144	190	Shella King	Kirkstall Harriers	42:55	
61	180	Tizz Woffenden		Keighley & Craven AC	37:10	145	16	Helen Storr	Beverley Athletic Club	43:00	
62	256	H Kuter		Manchester Ymca Harriers	37:30	146	257	L Perry Hall	Manchester Ymca Harriers	43:02	
63	353	Clare Morley		Scunthorpe & District Ac	37:42	147	59	Katie Taylor	Bury AC	43:09	
64	152	J Phillips		Holmfirth Harriers AC	37:42	148	318	J Cordingley	Sale Harriers Manchester	43:12	
65	52	\$NoName		Border Harriers	37:47	149	251	M Clarke	Manchester Ymca Harriers	43:13	
66	148	J Johnson		Holmfirth Harriers AC	37:49	150	47	Helen Morris	Blyth Running Club	43:14	
67	84	Anna Kelly		Clayton Le Moors	37:59	151	472	Sally Howarth	Trafford AC	43:18	
68	465	Liz Austen		Trafford AC	38:02	152	83	Wendy Dodds	Clayton Le Moors	43:21	
69	285	Ruth Isaacs		Pensby Runners	38:06	153	306	Sandra Johnson	Richmond And Zetland Harriers	43:23	
70	30	Nicola King		Blackburn Harriers	38:08	154	391	Maureen Wilkins	Stockport Harriers	43:31	
71	468	Alison Drasdo		Trafford AC	38:12	155	442	Jeanette Fox	Wirral A C	43:34	
72	75	Jackie Redmayne		Chorley Harriers	38:17	156	408	Kelly Bentham	Wallsend Harriers & AC	43:35	
73	185	Joanne Taylor		Kendal	38:20	157	412	Elspeth Lawson	Wallsend Harriers & AC	43:35	
74	169	Kelly Harrison		Ilkley Harriers	38:25	158	238	Barbara Murray	Macclesfield Harriers	43:45	
75	207	Ruth Wilcox		Leeds City Ac	38:30	159	53	\$NoName	Border Harriers	43:52	
76	271	S Roddis		North Derbyshire RC	38:31	160	463	S Haron Lamont	Wallasey AC	43:56	
77	477	Sarah Newman		Trafford AC	38:34	161	446	Jane Morley	Wolds Veteran Runners Club	44:02	
78	4	S Lewis		Altrincham & District Ac	38:38	162	378	Vicky Barrett	Stockport Harriers	44:07	
79	178	Elizabeth Tomes		Keighley & Craven AC	38:48	163	8	Sarah Holme	Belper Harriers	44:16	
80	80	Karen Wood		City Of York AC	38:49	164	258	R Walker	Manchester Ymca Harriers	44:21	
81	269	E Pearson		Morpeth Harriers & AC	38:52	165	254	S Goodchild	Manchester Ymca Harriers	44:23	
82	198	Jennie Guard		Leeds City Ac	38:58	166	196	Joanne Perry	Lancaster And Morecambe AC	44:31	
83	481	Marian Martin		Spectrum Striders	39:01	167	37	Karen Dunford	Blackpool Wyre & Fylde	44:34	
84	168	Diane Haggart		Ilkley Harriers	39:03	168	471	Rosie Fearon	Trafford AC	44:44	

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169	305	Fiona Hughes	Richmond And Zetland Harriers	44:47	196	389	Helen Nance	Stockport Harriers	47:22
170	413	Penny Sinclair	Wallsend Harriers & AC	44:49	197	244	Fiona Green	Manchester Harriers & AC	47:27
171	302	Anne Wallworth	Red Rose Road Runners	44:57	198	347	Lisa MacDonald	Saltwell Harriers	47:30
172	15	Jane Dale	Beverley Athletic Club	45:00	199	11	Amy Robinson	Belper Harriers	47:39
173	76	Jane Scott	Chorley Harriers	45:05	200	13	Rose Sensecall	Belper Harriers	48:51
174	308	A Blomfield	Rochdale Harriers & AC	45:06	201	284	Faye Holden	Pendle AC	49:06
175	224	June Swift	Liverpool Pembroke & Sefton H.	45:10	202	288	JDeakin	Preston Harriers & AC	49:37
176	114	Charlotte Hunt	Hallamshire Harriers Sheffield	45:11	203	335	Jane Bilton	Salford Harriers	49:44
177	38	Laura Lawler	Blackpool Wyre & Fylde	45:11	204	367	Jane Woodburn	Skelmersdale Boundary Harriers	49:49
178	228	Laura Ashworth	Lytham St Annes RRC	45:16	205	301	Julie Thorley	Red Rose Road Runners	50:37
179	380	Gillian Doolan	Stockport Harriers	45:18	206	346	Samantha Keith	Saltwell Harriers	50:38
180	101	C Baudouin	Gateshead Harriers & AC	45:24	207	235	Jennifer Jackson	Macclesfield Harriers	50:56
181	299	Joan Gouldthorpe	Red Rose Road Runners	45:38	208	445	Carol Hall	Wolds Veteran Runners Club	51:12
182	12	Maddy Saltere	Belper Harriers	45:39	209	401	CWilliams	Vale Royal AC	51:18
183	170	Janet Arkwright	Keighley & Craven AC	45:50	210	482	Steph Charman	Spectrum Striders	51:22
184	392	Jackie Worrall	Stockport Harriers	46:03	211	297	Sally Cape	Red Rose Road Runners	51:27
185	373	Carole James	Southport Waterloo AC	46:15	212	286	Catherine Lancaster	Pensby Runners	51:42
186	447	Alison Hartley	York Knavesmire Harriers	46:20	213	344	Vicky Cuthbertson	Saltwell Harriers	51:48
187	469	Sue Exon	Trafford AC	46:22	214	82	Sue Allen	Clayton Le Moors	53:25
188	14	Sam Allen	Beverley Athletic Club	46:27	215	345	Gillian Donaldson	Saltwell Harriers	53:43
189	460	Alison Engle	Wallasey AC	46:43	216	484	Amanda Pearson	Spennborough & Dist AC	56:46
190	261	Nicola Darragh	Middlesbrough & Cleveland H	46:45	217	418	Claire Irons	Warrington Athletic Club	57:25
191	27	Alison Armour	Blackburn Harriers	46:49	218	241	Jean Bayley	Manchester Harriers & AC	57:33
192	343	Kirsty Anderson	Saltwell Harriers	46:57	219	248	Jean Skitt	Manchester Harriers & AC	57:40
193	300	Rebecca Noblett	Red Rose Road Runners	47:05	220	304	Laura Dunphy	Richmond And Zetland Harriers	58:35
194	192	Collete Spencer	Kirkstall Harriers	47:06	221	231	Dawn Lock	Lytham St Annes RRC	1:01:00
195	384	Marie Kay	Stockport Harriers	47:09	222	298	Karen Clarke	Red Rose Road Runners	1:04:04

Senior Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Hallamshire Harriers Sheffield	74	— 1	Hatti Dean	7	Julia Russell	11	Lizzie Adams	55	Rachael Elder
2	Sale Harriers Manchester	106	— 20	Jenna Hill	21	Rachel Deegan	26	Emily Beedham	39	Ruth Watson
3	Leeds City AC	112	— 3	Susan Partridge	13	Emily Klee	22	Sarah Peterson	74	Ruth Wilcox
4	Trafford AC	134	— 4	Kirsty Milner	19	Jackie Fairchild	44	Nicola Pugh	67	Liz Austen
5	Holmfirth Harriers AC	154	— 16	K Walshaw	29	H Berry	45	K Farquhar	64	J Phillips
6	Gateshead Harriers & AC	175	— 9	M Ferrier	31	K Simpson	40	J Trowbridge	95	M Loraine
7	Morpeth Harriers & AC	179	— 12	J Mooney	36	A Fox	51	S Graham	80	E Pearson
8	Bingley Harriers	225	— 2	Victoria Wilkinson	50	Alison Raw	57	Jo Buckley	116	Sue Cariss
9	Keighley & Craven AC	267	— 35	Amy Green	61	Tizz Woffenden	78	Elizabeth Tones	93	Trisha Gavins
10	Salford Harriers	311	— 18	Samantha Briggs	28	Estelle Malm	123	Anneka Sanders	142	Anna Weaver
11	Stockport Harriers	406	— 87	Carley Davies	94	Sarah Aylmer	101	Kaisleigh Greenham	124	
				Helen Garner						
12	Blackpool Wyre & Fylde	445	— 59	Carolyn Robbins	91	Anastasia Bligh	130	Andrea Smith	165	Karen Dunford
13	Wallsend Harriers & AC	457	— 56	Vicky Hindson	105	Emma Walton	141	Lisa Walker	155	Kelly Bentham
14	York Knavesmire Harriers	470	— 48	Abey Lawrence	112	Caroline Warrington	126	Andrea Lancaster	184	Alison Hartley
15	Clayton Le Moors	489	— 60	Katie Trickett	66	Anna Kelly	151	Wendy Dodds	212	Sue Allen
16	Macclesfield Harriers	507	— 37	Sarah Harris	108	Sally Ann Hales	157	Barbara Murray	205	Jennifer Jackson
17	Manchester Ymca Harriers	517	— 62	H Kuter	145	L Perry Hall	148	M Clarke	162	R Walker
18	Kirkstall Harriers	523	— 92	Gemma Smith	96	Helen Thorpe	143	Sheila King	192	Collete Spencer
19	Preston Harriers & AC	576	— 110	C McDermott	127	R Anderson	139	M Hesketh	200	J Deakin
20	Belper Harriers	588	— 111	Sharon Mellors	136	Gemma Redfern	161	Sarah Holme	180	Maddy Saltere
21	Red Rose Road Runners	742	— 169	Anne Wallworth	179	Joan Gouldthorpe	191	Rebecca Noblett	203	Julie Thorley
22	Saltwell Harriers	801	— 190	Kirsty Anderson	196	Lisa MacDonald	204	Samantha Keith	211	Vicky Cuthbertson

Northern Athletics Cross Country Championships at Witton Park, Blackburn on Saturday 23rd January 2010

U20 Men — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	70	James Wilkinson	Leeds City AC	27:31	43	59	Josh Rowe	Kingston Upon Hull Ac	31:20
2	51	Andrew Heyes	Hallamshire Harriers Sheffield	27:52	44	94	James Askew	Newton Aycliffe	31:34
3	8	Karl Billington	Blackburn Harriers	27:56	45	167	Jon Philip Seymour	Wirral A C	31:42
4	68	Carl Smith	Leeds City AC	28:10	46	85	Laurie Luscombe	Liverpool Harriers & AC	31:42
5	42	P Hurst	Elswick Harriers	28:23	47	49	S Bayton	Halifax Harriers & AC	31:49
6	159	Daniel Cliffe	Warrington Athletic Club	28:27	48	26	Iain Lynn	City Of York AC	31:56
7	118	Ryan Worland	Sale Harriers Manchester	28:38	49	117	James Wignall	Sale Harriers Manchester	31:58
8	4	Peter Huck	Barrow & Furness S.a.c	28:51	50	141	Nathan Reed	Sunderland Harriers	32:04
9	71	Mike Williams	Leeds City AC	29:04	51	119	J Kraft	Scarborough Athletic Club	32:05
10	161	Matthew Jackson	Warrington Athletic Club	29:07	52	60	Howard Thompson	Kingston Upon Hull Ac	32:05
11	84	Harry Harper	Liverpool Harriers & AC	29:12	53	128	J Mountain	Skipton AC	32:31
12	72	Dale Worton	Leeds City AC	29:14	54	79	Chris Woodger	Lincoln Wellington AC	32:33
13	93	Russell Best	New Marske Harriers	29:16	55	11	Danny Maynard	Blackburn Harriers	32:33
14	156	Jack Hallas	Wakefield District H & AC	29:18	56	62	Paul Hodgson	Lancaster And Morecambe AC	32:48
15	147	A Clews	Vale Royal AC	29:19	57	57	Jonathan Johnson	Harrogate Hac	33:00
16	120	D Schofield	Scarborough Athletic Club	29:26	58	150	T Heaward	Vale Royal AC	33:01
17	50	Joe Gratton	Hallamshire Harriers Sheffield	29:29	59	58	Matty Pye	Kingston Upon Hull Ac	33:09
18	152	C Perry	Vale Royal AC	29:33	60	110	David Smith	Rotherham Harriers & AC	33:15
19	69	Joe Townsend	Leeds City AC	29:36	61	98	J Skinner	Preston Harriers & AC	33:17
20	169	Michael Cooke	Stockport Harriers	29:37	62	139	Cory Hood	Sunderland Harriers	33:20
21	142	Jason Waite	Sunderland Harriers	29:38	63	90	Liam Bartlett	Manchester Harriers & AC	33:23
22	67	Michael Salter	Leeds City AC	29:38	64	122	Samuel Chambers	Sheffield Running Club	33:28
23	124	Yasin Mohamed	Sheffield Running Club	29:45	65	63	Jack Modley	Lancaster And Morecambe AC	33:32
24	21	Josh Cole	Bury AC	29:48	66	145	Tom Powell	Trafford AC	33:39
25	64	Geoff Belcher	Leeds City AC	29:52	67	137	Jake Healey	St Helens Sutton AC	33:43
26	65	Danny Davis	Leeds City AC	29:59	68	102	Adam Scott	Richmond And Zetland Harriers	34:00
27	158	Stephen Broadhurst	Warrington Athletic Club	30:01	69	76	Paul Samways	Lincoln Wellington AC	34:02
28	133	Joseph Vis	Southport Waterloo AC	30:15	70	168	Connor McArdle	Wallasey AC	34:11
29	134	Patrick Vis	Southport Waterloo AC	30:25	71	30	Jamie Rutherford	Darlington Harriers &	34:17
30	19	Fraser Jardine	Bolton United Harriers	30:31	72	126	A Cairns	Skipton AC	34:19
31	66	Will Nyerere Plastow	Leeds City AC	30:38	73	3	D Scott	Altrincham & District AC	34:25
32	35	T Lawrence	Derby AC	30:39	74	12	Luke Berry	Blackpool Wyre & Fylde	34:25
33	109	Kyle Craib	Rotherham Harriers & AC	30:40	75	9	Jack Lonsdale	Blackburn Harriers	34:30
34	24	Adam Newton	City Of Sheffield AC	30:44	76	100	Liam Fletcher	Richmond And Zetland Harriers	34:56
35	7	Thomas Crowley	Bingley Harriers	30:46	77	151	A Perry	Vale Royal AC	35:07
36	148	Z Cross	Vale Royal AC	30:46	78	15	Craig Birch	Blyth Running Club	35:13
37	149	E Crowther	Vale Royal AC	30:49	79	44	R Hall	Gateshead Harriers & AC	35:19
38	101	Douglas Roberts	Richmond And Zetland Harriers	31:00	80	130	J Wood	Skipton AC	36:23
39	43	T Calder	Gateshead Harriers & AC	31:07	81	18	Tom Gosling	Bolton United Harriers	36:28
40	164	Shaun Egan	Wirral A C	31:09	82	129	E Newbould	Skipton AC	36:33
41	52	Matthew Hobbs	Hallamshire Harriers Sheffield	31:18	83	135	Steve Clague	St Helens Sutton AC	37:18
42	56	Duncan Birtwistle	Harrogate Hac	31:19	84	20	Tomas Kohrska	Boston & District AC	39:40

U20 Men — TEAM RESULTS

1 Leeds City AC	26 — 1 James Wilkinson	4 Carl Smith	9 Mike Williams	12 Dale Worton
2 Vale Royal AC	106 — 15 A Clews	18 C Perry	36 Z Cross	37 E Crowther
3 Skipton AC	287 — 53 J Mountain	72 A Cairns	80 J Wood	82 E Newbould

Northern Athletics Cross Country Championships at Witton Park, Blackburn on Saturday 24th January 2010

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	990	S Vernon		Stockport Harriers	39:04	86	133	Marc Tillotson	Bolton United Harriers	45:43
2	853	Andi Jones		Salford Harriers	39:43	87	856	Dave Locket	Salford Harriers	45:54
3	131	Thomas Lancashire		Bolton United Harriers	40:18	88	15	S Marwood	Altrincham & District Ac	45:57
4	497	PeterRiley		Leigh Harriers & Ac	40:28	89	1024	Tom Charles	Trafford AC	46:03
5	98	Ben Fish		Blackburn Harriers	40:31	90	995	Steven Potts	Sunderland Harriers	46:05
6	500	Matt Bowser		Lincoln Wellington AC	40:41	91	457	Alex Davy	Leeds City Ac	46:08
7	450	Alan Buckley		Leeds City Ac	41:08	92	345	Carl Thackery	Hallamshire Harriers Sheffield	46:12
8	510	Richard Burney		Liverpool Harriers & AC	41:11	93	367	C Rainsford	Heanor Running Club	46:13
9	501	TomDoe		Lincoln Wellington AC	41:13	94	1116	D Alexander	West Cheshire Athletic Club	46:18
10	849	CarlHardman		Salford Harriers	41:32	95	674	Michael Mannings	Oldham And Royton Harriers	46:22
11	6	M Barnes		Altrincham & District Ac	41:35	96	499	Les Ball	Lincoln Wellington AC	46:23
12	718	J Henegan		Pudsey & Bramley	41:37	97	343	Dave Sprot	Hallamshire Harriers Sheffield	46:23
13	243	J Gilby		Derby AC	41:41	98	476	David MacQuarrie	Leeds City Ac	46:24
14	447	Darran Bilton		Leeds City Ac	41:45	99	76	Aidan Johnson	Bingley Harriers	46:24
15	630	C Sampson		Morpeth Harriers & AC	41:48	100	347	Scott Wilson	Hallamshire Harriers Sheffield	46:25
16	720	R Hope		Pudsey & Bramley	41:53	101	256	Graham Hunt	Durham City Harriers	46:35
17	468	MartinHilton		Leeds City Ac	41:57	102	222	Gary Shaw	Clayton Le Moors	46:36
18	97	Tom Cornthwaite		Blackburn Harriers	42:05	103	1180	Tom Edwards	York Knavesmire Harriers	46:41
19	641	Alec Duffield		New Marske Harriers	42:09	104	768	M Proctor	Rochdale Harriers & AC	46:42
20	811	Antony Ford		Sale Harriers Manchester	42:14	105	634	D Swinburne	Morpeth Harriers & AC	46:45
21	249	A Pilcher		Derby AC	42:16	106	173	James Raven	Chester-Le-Street And District	46:52
22	227	Andrew Ward		Clowne Road Runners	42:17	107	452	Gavin Chatterton	Leeds City Ac	46:53
23	139	Jon Fletcher		Border Harriers	42:18	108	882	Ben Mukherjee	Scarborough Athletic Club	47:00
24	1022	Garry Bristow		Trafford AC	42:25	109	356	Chris Miller	Harrogate Hac	47:01
25	11	I Fisher		Altrincham & District Ac	42:27	110	958	Jay Tarrt	Southport Waterloo AC	47:04
26	480	Adam Osborne		Leeds City Ac	42:33	111	1160	John Hunt	Wirral A C	47:07
27	801	Matt Bond		Sale Harriers Manchester	42:34	112	1048	J Griffiths	Vale Royal AC	47:11
28	914	J Mercer		Skipton AC	42:43	113	239	D Connor	Derby AC	47:12
29	451	Mike Burrett		Leeds City Ac	42:45	114	120	John Wright	Blackpool Wyre & Fylde	47:14
30	415	G Priestley		Horwich R M I Harriers	42:49	115	1027	Graham Hogg	Trafford AC	47:15
31	84	Matthew Whitfield		Bingley Harriers	42:51	116	8	T Bush	Altrincham & District Ac	47:16
32	14	N Leigh		Altrincham & District Ac	42:53	117	296	Paul Turner	Elswick Harriers	47:18
33	623	R Floyd		Morpeth Harriers & AC	42:54	118	429	Gregan Clarkson	Kingston Upon Hull Ac	47:19
34	448	Chris Birchall		Leeds City Ac	43:02	119	551	Paul Sankey	Liverpool Running Club	47:21
35	336	Robert Little		Hallamshire Harriers Sheffield	43:06	120	959	Steve Wilkinson	Southport Waterloo AC	47:28
36	328	Rob Baker		Hallamshire Harriers Sheffield	43:08	121	463	Martin Farran	Leeds City Ac	47:32
37	194	Tom Bean		City Of York AC	43:12	122	1031	Ben Martin	Trafford AC	47:35
38	986	A Nixon		Stockport Harriers	43:13	123	247	T Offord	Derby AC	47:40
39	799	James Bailey		Sale Harriers Manchester	43:14	124	694	J Green	Preston Harriers & AC	47:41
40	255	Dan Garbutt		Durham City Harriers	43:19	125	1134	John Morrissey	WiganPhoenix	47:43
41	1028	Jonathon Holt		Trafford AC	43:31	126	210	Mark Aspinall	Clayton Le Moors	47:45
42	504	Ian Kimpton		Lincoln Wellington AC	43:36	127	1065	Chris Price	Wakefield District H & AC	47:51
43	482	Martin Roscoe		Leeds City Ac	43:43	128	913	R Barrett	Skipton AC	47:55
44	794	Philip Hoole		Rotherham Harriers & AC	43:49	129	326	A Thorpe	Halifax Harriers & Ac	47:58
45	621	M Dawson		Morpeth Harriers & AC	43:52	130	492	Tony Battersby	Leigh Harriers & Ac	48:00
46	1036	Ian Salisbury		Trafford AC	43:53	131	855	Phil Leybourne	Salford Harriers	48:02
47	843	John Brown		Salford Harriers	43:53	132	716	N Armitage	Pudsey & Bramley	48:06
48	305	S Hall		Gateshead Harriers & AC	43:56	133	984	G McLean	Stockport Harriers	48:08
49	466	Martin Gostling		Leeds City Ac	43:58	134	44	Philip Waite	Barrow & Furness S.a.c	48:08
50	858	Ben Riddell		Salford Harriers	44:01	135	1193	Gary Hetherington	Sedgefield Harriers	48:09
51	668	Paul Lowe		North York Moors AC	44:04	136	493	Philip Foster	Leigh Harriers & Ac	48:15
52	709	D Rigby		Preston Harriers & AC	44:05	137	40	A Swift	Barnsley Athletic Club	48:18
53	489	Oliver Ziff		Leeds City Ac	44:06	138	638	P Waterson	Morpeth Harriers & AC	48:19
54	327	David Archer		Hallamshire Harriers Sheffield	44:13	139	60	James Pearson	Beverly Athletic Club	48:19
55	115	Stuart Robinson		Blackpool Wyre & Fylde	44:14	140	861	Phillip West	Salford Harriers	48:22
56	428	Alasdair Russell		Kendal	44:18	141	745	Ken Harker	Richmond And Zetland Harriers	48:23
57	854	James Kovacs		Salford Harriers	44:22	142	1126	Phil Darbyshire	Wigan Phoenix	48:24
58	265	J Dunkerley		E Cheshire H & Tameside Ac	44:26	143	269	Simon Grundy	E Cheshire H & Tameside Ac	48:25
59	520	Mark Keeley		Liverpool Harriers & AC	44:29	144	1159	Mark Hulmston	Wirral A C	48:26
60	312	R West		Gateshead Harriers & AC	44:38	145	1140	Mark Rodgers	Wigan Phoenix	48:27
61	18	J Reed		Altrincham & District Ac	44:44	146	560	N Marsh	Louth AC	48:28
62	340	John Rock		Hallamshire Harriers Sheffield	44:48	147	319	Adam Madge	Grantham Athletic Club	48:32
63	840	Joseph Bailey		Salford Harriers	44:49	148	1039	T Annable	Vale Royal AC	48:34
64	559	R Brown		Louth AC	44:50	149	464	Leon Foster	Leeds City Ac	48:36
65	64	Lee Athersmith		Bingley Harriers	44:51	150	514	Robert Dewhurst	Liverpool Harriers & AC	48:39
66	78	Tim Midgeley		Bingley Harriers	44:53	151	496	John Howarth	Leigh Harriers & Ac	48:42
67	628	A Lawrence		Morpeth Harriers & AC	44:59	152	329	Armund Bush	Hallamshire Harriers Sheffield	48:45
68	309	J Pearson		Gateshead Harriers & AC	45:01	153	250	I Stevens	Derby AC	48:46
69	983	D Matkin		Stockport Harriers	45:03	154	270	Stuart Heaton	E Cheshire H & Tameside Ac	48:53
70	844	Simon Bruton		Salford Harriers	45:04	155	746	Jon Orange	Richmond And Zetland Harriers	48:54
71	471	Greg Hull		Leeds City Ac	45:07	156	80	Martin Peace	Bingley Harriers	48:57
72	851	Robert Hughes		Salford Harriers	45:08	157	529	Colin Potts	Liverpool Harriers & AC	49:02
73	77	Stewart MacDonald		Bingley Harriers	45:13	158	362	S Ashmore	Heanor Running Club	49:03
74	108	Josh Tighe		Blackburn Harriers	45:16	159	819	Tim Kennedy	Sale Harriers Manchester	49:04
75	102	Matt Nuttall		Blackburn Harriers	45:22	160	344	Mike Sprot	Hallamshire Harriers Sheffield	49:05
76	335	Tom Jenkins		Hallamshire Harriers Sheffield	45:22	161	791	Gary Claxton	Rotherham Harriers & AC	49:06
77	433	Tom McKee		Kingston Upon Hull Ac	45:24	162	974	S Bennett	Steel City Striders RC	49:14
78	101	Paul Guinan		Blackburn Harriers	45:28	163	949	David Hamilton	Southport Waterloo AC	49:15
79	110	Malcolm Eadie		Blackpool Wyre & Fylde	45:30	164	781	Bob Wilson	Rolls-Royce Harriers	49:16
80	69	John Convery		Bingley Harriers	45:31	165	850	Dave Hudson	Salford Harriers	49:20
81	322	B Crowther		Halifax Harriers & Ac	45:32	166	1075	Gareth Huxley	Wallsend Harriers & AC	49:21
82	524	John McCole		Liverpool Harriers & AC	45:33	167	1069	Dave Daniels	Wallsend Harriers & AC	49:23
83	957	Richard Shearer		Southport Waterloo AC	45:34	168	586	Andrew Skitt	Manchester Harriers & AC	49:24
84	982	J Loxam		Stockport Harriers	45:40	169	272	P Jacques	E Cheshire H & Tameside Ac	49:25
85	857	Jan Pichl		Salford Harriers	45:42	170	509	Alan Ashton	Liverpool Harriers & AC	49:26

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

SportSoft

171	295	Kevin Stephenson	Elswick Harriers	49:27	262	691	Gary Thornton-Allen	Pensby Runners	52:42
172	513	Robert Cushion	Liverpool Harriers & AC	49:28	263	156	John Knowles	Burnden Road Runners	52:44
173	918	Michael Hatton	South Cheshire Harriers	49:32	264	553	D Kennedy	Longwood Harriers AC	52:45
174	1237	Adrian Jones	Keighley & Craven AC	49:46	265	800	Paul Barrett	Sale Harriers Manchester	52:47
175	1029	John Howe	Trafford AC	49:50	266	647	Michael Coppelov	Newburgh Nomads	52:50
176	943	Rob Ashworth	Southport Waterloo AC	49:51	267	213	Stuart Fogg	Clayton Le Moors	52:51
177	1117	A Clague	West Cheshire Athletic Club	49:54	268	569	Thomas Howarth	Lytham St Annes RRC	52:51
178	400	J Sykes	Holmfirth Harriers AC	49:56	269	357	Stephen Nesbitt	Harrogate Hac	52:54
179	1110	Alex Rowe	Wesham Road Runners & AC	49:57	270	932	Paul Doxford	South Shields H & AC	52:55
180	820	Micheal Kilmarin	Sale Harriers Manchester	50:00	271	865	Paul Connolly	Salford Metropolitan AC	53:00
181	589	Steven Worthington	Manchester Triathlon Club	50:02	272	162	Paul Drabble	Buxton AC	53:04
182	774	P Williams	Rochdale Harriers & AC	50:04	273	240	S Dunn	Derby AC	53:05
183	1119	J Kettle	West Cheshire Athletic Club	50:05	274	1234	Kit Whitfield	Spectrum Striders	53:06
184	420	K Ward	Horwich R M I Harriers	50:07	275	614	Marty Jordan	Middlesbrough & Cleveland H	53:11
185	996	Paul Redman	Sunderland Harriers	50:09	276	226	P Johnson	Cleethorpes	53:12
186	1183	Darren Hendley	York Knivesmire Harriers	50:12	277	339	Tim Robinson	Hallamshire Harriers Sheffield	53:13
187	159	Keith Thomas	Burnden Road Runners	50:13	278	1202	Tony Barbat	Wallasey AC	53:15
188	1215	Phil Walton	Wallasey AC	50:15	279	579	John Mooney	Macclesfield Harriers	53:16
189	862	James Williams	Salford Harriers	50:16	280	743	Joe Swarbrick	Red Rose Road Runners	53:19
190	58	Aubrey Morrell	Beverley Athletic Club	50:20	281	1177	Barry Atkinson	York Knivesmire Harriers	53:22
191	261	Gavin Browne	E Cheshire H & Tameside AC	50:21	282	793	Howard Darwin	Rotherham Harriers & AC	53:23
192	1062	John Mason	Wakefield District H & AC	50:23	283	262	Liam Browne	E Cheshire H & Tameside AC	53:28
193	981	K Garner	Stockport Harriers	50:25	284	907	Dylan Cole-Jones	Skelmersdale Boundary Harriers	53:30
194	750	Tadeusz Zaranko	Richmond And Zetland Harriers	50:28	285	911	John Thompson	Skelmersdale Boundary Harriers	53:31
195	291	Ian Hardy	Elswick Harriers	50:29	286	960	J Homby	Spenborough & Dist AC	53:32
196	422	Dave Wilby	Ilkley Harriers	50:30	287	765	A McDougall	Rochdale Harriers & AC	53:34
197	706	J Parker	Preston Harriers & AC	50:32	288	846	Sean Cordell	Salford Harriers	53:36
198	616	Chris Rumsey	Middlesbrough & Cleveland H	50:33	289	1128	Kevin Edwards	Wigan Phoenix	53:37
199	494	Allister Goulding	Leigh Harriers & Ac	50:34	290	1105	Steve Myerscough	Wesham Road Runners & AC	53:38
200	1121	N Eccles	Wharfedale Harriers	50:35	291	1203	Phil Cuthbert	Wallasey AC	53:40
201	95	George Bate	Blackburn Harriers	50:36	292	763	P Leary	Rochdale Harriers & AC	53:42
202	587	Tim Johns	Manchester Triathlon Club	50:36	293	391	M Dewhurst	Holmfirth Harriers AC	53:43
203	7	N Burke	Altrincham & District AC	50:37	294	53	Ian Boardley	Beverley Athletic Club	53:43
204	954	Stephen McLean	Southport Waterloo AC	50:37	295	545	Maurice Collins	Liverpool Running Club	53:44
205	951	Ben Johnson	Southport Waterloo AC	50:38	296	155	Stewart Jones	Burnden Road Runners	53:46
206	833	Richard Watson	Sale Harriers Manchester	50:43	297	264	Francis Day	E Cheshire H & Tameside AC	53:47
207	144	Joze Ferreira	Boston & District AC	50:43	298	806	Frank Cordingley	Sale Harriers Manchester	53:48
208	1228	Colin Martin	Spectrum Striders	50:43	299	708	J Rainford	Preston Harriers & AC	53:49
209	1220	Ian Bamber	Spectrum Striders	50:48	300	1174	Peter Hutchinson	Wolds Veteran Runners Club	53:49
210	707	D Parkington	Preston Harriers & AC	50:48	301	940	Chris McDonald	South Shields H & AC	53:50
211	234	Simon Rutherford	Darlington Harriers &	50:53	302	254	A Zobel	Derby AC	53:58
212	1066	Chris Ward	Wakefield District H & AC	50:59	303	1201	John Armstrong	Wallasey AC	53:59
213	585	Ed Fazakerley	Manchester Harriers & AC	51:07	304	575	Christopher Bentley	Macclesfield Harriers	54:02
214	203	Mike Raynes	City Of York AC	51:10	305	498	Alex Urmston	Leigh Harriers & Ac	54:04
215	665	Dez Fielden	North York Moors AC	51:12	306	112	Gary Johnston	Blackpool Wyre & Fylde	54:06
216	320	Arthur Short	Grantham Athletic Club	51:15	307	870	David Cairns	Saltwell Harriers	54:07
217	877	Fred Smith	Saltwell Harriers	51:16	308	879	Jim Thompson	Saltwell Harriers	54:09
218	118	Steve Waterhouse	Blackpool Wyre & Fylde	51:17	309	859	Mark Seed	Salford Harriers	54:13
219	941	Chris Muir	South Shields H & AC	51:18	310	473	Peter Kidd	Leeds City AC	54:15
220	1061	Martin Green	Wakefield District H & AC	51:19	311	54	Mark Dalton	Beverley Athletic Club	54:18
221	43	Peter Savage	Barrow & Furness S.a.c	51:21	312	201	Andrew Nesom	City Of York AC	54:18
222	658	S Leverton	North Derbyshire RC	51:23	313	1150	Mark Baylis	Wirral A C	54:24
223	219	Dave Motley	Clayton Le Moors	51:24	314	271	Derek Hughes	E Cheshire H & Tameside AC	54:26
224	1157	Simon Fox	Wirral A C	51:26	315	651	S Bennett	North Derbyshire RC	54:26
225	934	Michael Jones	South Shields H & AC	51:29	316	1056	Andrew Thompson	Valley Striders	54:27
226	953	Gerry Lenehan	Southport Waterloo AC	51:29	317	1238	Mark Knowles	Keighley & Craven AC	54:33
227	936	Simon Lee	South Shields H & AC	51:30	318	1050	P Maher	Vale Royal AC	54:34
228	956	Peter Roome	Southport Waterloo AC	51:30	319	1156	William Ferguson	Wirral A C	54:34
229	186	Mark Ellithorn	Chorley Harriers	51:36	320	852	Ian Jackson	Salford Harriers	54:37
230	987	M Shaw	Stockport Harriers	51:38	321	731	Nick Watson	Quakers Running Club	54:40
231	622	G Dixon	Morpeth Harriers & AC	51:41	322	37	D Brooksbank	Barnsley Athletic Club	54:41
232	478	Chris Needham	Leeds City AC	51:42	323	1151	Karl Bryers	Wirral A C	54:44
233	211	C Balderson	Clayton Le Moors	51:43	324	306	M Hudson	Gateshead Harriers & AC	54:45
234	311	J Stobbs	Gateshead Harriers & AC	51:46	325	406	G Chadderton	Horwich R M I Harriers	54:46
235	948	Chris Dunn	Southport Waterloo AC	51:47	326	609	Gordon Baird	Middlesbrough & Cleveland H	54:47
236	807	Elton Davies	Sale Harriers Manchester	51:48	327	352	Ashley Brook	Harrogate Hac	54:47
237	842	Paul Birkett	Salford Harriers	51:49	328	10	C Davies	Altrincham & District AC	54:48
238	973	D Ansell	Steel City Striders RC	51:50	329	580	Raph Murray	Macclesfield Harriers	54:50
239	966	Bary Graney	St Helens Sutton AC	51:50	330	13	Michael Jones	Altrincham & District AC	54:51
240	542	Mark Salter	Liverpool Pembroke & Sefton H.	51:50	331	512	Anthony Clarke	Liverpool Harriers & AC	54:53
241	223	Colin Shuttleworth	Clayton Le Moors	51:54	332	198	Martin Kirby	City Of York AC	54:56
242	392	J Ewart	Holmfirth Harriers AC	51:56	333	361	Keith Galbraith	Hartlepool Burnroad Harriers	54:58
243	274	Stephen Robinson	E Cheshire H & Tameside AC	51:57	334	955	Tom Peacock	Southport Waterloo AC	54:59
244	531	Adrian Roach	Liverpool Harriers & AC	51:57	335	826	Tim Rainey	Sale Harriers Manchester	55:02
245	1154	Anthony Devoy	Wirral A C	51:58	336	257	Daniel Bamber	E Cheshire H & Tameside AC	55:03
246	1063	Pete McNamara	Wakefield District H & AC	52:00	337	307	S Medd	Gateshead Harriers & AC	55:06
247	1009	Chris Brown	Swinton Running Club	52:04	338	567	Tony Croft	Lytham St Annes RRC	55:08
248	1185	Kevin Langan	York Knivesmire Harriers	52:05	339	136	Benoit Yerie	Bolton United Harriers	55:10
249	491	Andrew Arnold	Leigh Harriers & Ac	52:07	340	1189	Russell Parkinson	York Knivesmire Harriers	55:12
250	617	Brian Seysell	Middlesbrough & Cleveland H	52:11	341	1081	Micky Todd	Wallsend Harriers & AC	55:20
251	202	Andy Normandale	City Of York AC	52:12	342	729	Steven Snook	Quakers Running Club	55:21
252	697	K Hesketh	Preston Harriers & AC	52:13	343	1094	Lee Barlow	Wesham Road Runners & AC	55:22
253	1135	Steve Nicholls	Wigan Phoenix	52:14	344	699	R Kenny	Preston Harriers & AC	55:24
254	1076	Sean Kelly	Wallsend Harriers & AC	52:15	345	830	Jerry Smith	Sale Harriers Manchester	55:26
255	938	Keith MacKey	South Shields H & AC	52:20	346	739	Fred Lynch	Red Rose Road Runners	55:35
256	284	Graham Bel	Elswick Harriers	52:22	347	1068	Micky Baker	Wallsend Harriers & AC	55:37
257	1239	David Shaw	Keighley & Craven AC	52:23	348	540	Clark Roberts	Liverpool Pembroke & Sefton H.	55:40
258	188	Phil Iddon	Chorley Harriers	52:24	349	293	Mark Ketley	Elswick Harriers	55:46
259	401	D Wilde	Holmfirth Harriers AC	52:34	350	216	Dave Horrocks	Clayton Le Moors	55:54
260	693	D Barker	Preston Harriers & AC	52:35	351	1102	Russell Mabbutt	Wesham Road Runners & AC	55:56
261	111	Chris Essex-Crosby	Blackpool Wyre & Fylde	52:38	352	1162	Stephen Laker	Wirral A C	55:59

353	48	Mark Riches	Belper Harriers	56:01	444	988	M Slater	Stockport Harriers	59:57
354	971	Ian White	St Helens Sutton AC	56:01	445	860	Ronnie Warrender	Salford Harriers	59:58
355	664	Barry Young	North Shields Poly	56:02	446	686	Richard Green	Pensby Runners	1:00:00
356	1092	Mervyn Ward	Warrington Athletic Club	56:03	447	294	Peter Sloan	Elswick Harriers	1:00:04
357	964	G Skippings	Spenborough & Dist AC	56:06	448	920	Andrew Mayers	South Cheshire Harriers	1:00:05
358	555	I Mitchell	Longwood Harriers AC	56:07	449	543	Robert Burke	Liverpool Running Club	1:00:07
359	1040	T Archer	Vale Royal AC	56:08	450	803	Paul Calderbank	Sale Harriers Manchester	1:00:09
360	117	Trevor Uttley	Blackpool Wyre & Fylde	56:11	451	925	Simon Walker	South Cheshire Harriers	1:00:11
361	424	Peter Acland	Kendal	56:14	452	29	R Skeotch	Aurora Harriers	1:00:15
362	1019	Daniel Ansell	Trafford AC	56:16	453	315	Neil McGraw	Glossopdale Harriers	1:00:17
363	437	Kevin Longmate	Kirkstall Harriers	56:21	454	1070	Tom Dunn	Wallsend Harriers & AC	1:00:19
364	147	Dennis Rainbow	Boston & District AC	56:23	455	573	Roy Upton	Lytham St Annes RRC	1:00:23
365	1082	Steve Volpe	Wallsend Harriers & AC	56:24	456	975	A Buck	Steel City Striders RC	1:00:24
366	1232	Julian Spencer	Spectrum Striders	56:24	457	766	MO'Reilly	Rochdale Harriers & AC	1:00:32
367	164	Simon Harden	Buxton AC	56:25	458	751	Jerry Bateman	Ripley Running Club	1:00:34
368	365	A Marriott	Hearnor Running Club	56:25	459	189	Paul Jackson	Chorley Harriers	1:00:36
369	38	M Casey	Barnsley Athletic Club	56:26	460	675	Brian Schofield	Oldham And Royton Harriers	1:00:38
370	129	Andrew Doyle	Bolton United Harriers	56:31	461	544	Steve Clayton	Liverpool Running Club	1:00:45
371	438	Rob Owen	Kirkstall Harriers	56:37	462	396	J Kaushal	Holmfirth Harriers AC	1:00:48
372	45	Phil Conroy	Belper Harriers	56:42	463	571	Willie Richmond	Lytham St Annes RRC	1:00:50
373	47	Rob Norman	Belper Harriers	56:43	464	652	R Booth	North Derbyshire RC	1:00:51
374	649	George Reid	Newton Aycliffe	56:44	465	475	John MacE	Leeds City AC	1:00:54
375	695	J Griffiths	Preston Harriers & AC	56:48	466	259	John Bowker	E Cheshire H & Tameside AC	1:00:56
376	574	Graham Webster	Lytham St Annes RRC	56:52	467	683	Nigel Crompton	Pensby Runners	1:01:01
377	163	Daniel Feely	Buxton AC	56:54	468	702	M McLoughlin	Pensby Harriers & AC	1:01:03
378	965	Mark Davies	St Helens Sutton AC	56:57	469	182	Dave Taylor	Chorley AC	1:01:05
379	660	I McMillan	North Derbyshire RC	56:58	470	221	Dave Scott	Clayton Le Moors	1:01:06
380	549	George Pierce	Liverpool Running Club	56:59	471	416	P Ramsdale	Horwich R M I Harriers	1:01:08
381	655	S Cunningham	North Derbyshire RC	56:59	472	643	Iain Povey	New Marske Harriers	1:01:13
382	1236	Steve Carter	Keighley & Craven AC	57:00	473	394	B Holroyd	Holmfirth Harriers AC	1:01:16
383	648	Wally Coppelov	Newburgh Nomads	57:01	474	1018	M Thompson	Teesdale AC	1:01:20
384	90	Karl Oakes	Birtley A C	57:03	475	1137	Chris Nightingale	Wigan Phoenix	1:01:21
385	1222	Andy Garnett	Spectrum Striders	57:09	476	910	Peter Summers	Skelmersdale Boundary Harriers	1:01:27
386	292	David Jardin	Elswick Harriers	57:13	477	689	Gordon Scholefield	Pensby Runners	1:01:29
387	407	T Hesketh	Horwich R M I Harriers	57:14	478	445	Michael Peat	Lancaster And Morecambe AC	1:01:39
388	869	Shane Wolstencroft	Salford Metropolitan AC	57:16	479	978	D Parry	Steel City Striders RC	1:01:40
389	49	Andy Rose	Belper Harriers	57:16	480	688	John Keyworth	Pensby Runners	1:01:44
390	735	Philip Butler	Red Rose Road Runners	57:18	481	1055	Malcolm Coles	Valley Striders	1:01:46
391	1136	Andrew Nightingale	Wigan Phoenix	57:21	482	119	Jeff Wright	Blackpool Wyre & Fylde	1:01:47
392	1041	S Baumber	Vale Royal AC	57:23	483	184	Ian Walker	Chorley AC	1:01:52
393	1171	Paul Freeman	Wolds Veteran Runners Club	57:24	484	979	I Stinson	Steel City Striders RC	1:01:53
394	191	James Matthews	Chorley Harriers	57:26	485	1195	Ean Parsons	Sedgefield Harriers	1:01:54
395	183	Simon Townsend	Chorley AC	57:27	486	572	Nigel Simpkin	Lytham St Annes RRC	1:01:54
396	185	Paul Wareing	Chorley AC	57:28	487	1118	D Hough	West Cheshire Athletic Club	1:01:55
397	968	Rob Marsh	St Helens Sutton AC	57:29	488	1178	Duncan Chambers	York Knavesmire Harriers	1:01:56
398	568	Terry Hellings	Lytham St Annes RRC	57:36	489	1053	S Ryabov	Vale Royal AC	1:01:59
399	963	F Reddington	Spenborough & Dist AC	57:47	490	1112	Nigel Shepherd	Wesham Road Runners & AC	1:02:02
400	59	Steve Peacock	Beverley Athletic Club	57:48	491	36	D Bennett	Barnsley Athletic Club	1:02:06
401	5	R Apvey	Altrincham & District AC	57:49	492	177	Rick Cordwell	Chorley AC	1:02:13
402	235	Hutchinson Steve	Darlington Harriers &	57:51	493	1224	Geoff Hand	Spectrum Striders	1:02:17
403	578	Steve Lomas	Macclesfield Harriers	57:55	494	157	Don Nichol	Burnden Road Runners	1:02:20
404	1192	Luke Westwood	York Knavesmire Harriers	57:56	495	342	John Spencer	Hallamshire Harriers Sheffield	1:02:27
405	944	Phil Bailey	Southport Waterloo AC	58:00	496	302	C Boudouin	Gateshead Harriers & AC	1:02:28
406	1230	Tim Murphy	Spectrum Striders	58:02	497	1207	Pete McArdle	Wallasey AC	1:02:31
407	773	N Walsh	Rochdale Harriers & AC	58:04	498	290	Tom Hanson	Elswick Harriers	1:02:35
408	1209	Richard Parry	Wallasey AC	58:05	499	465	Rob Gatenby	Leeds City AC	1:02:36
409	39	M Hurrell	Barnsley Athletic Club	58:05	500	1104	Gary Moore	Wesham Road Runners & AC	1:02:40
410	214	James Hickie	Clayton Le Moors	58:08	501	740	Gordon Noblett	Red Rose Road Runners	1:02:43
411	550	Paul Quine	Liverpool Running Club	58:12	502	495	Andrew Howarth	Leigh Harriers & AC	1:02:45
412	785	Rod Graham	Rossendale Harriers	58:13	503	1017	S Moss	Teesdale AC	1:02:53
413	604	S Symons	Manchester Ymca Harriers	58:16	504	1218	Stan Williams	Wallasey AC	1:03:01
414	1217	Matt Williams	Wallasey AC	58:25	505	1020	Robin Beaumont	Trafford AC	1:03:03
415	355	Brian Miller	Harrogate Hac	58:28	506	486	Andrew Whitley	Leeds City AC	1:03:03
416	1014	Paul Rutherford	Swinton Running Club	58:31	507	737	Philip Dean	Red Rose Road Runners	1:03:10
417	71	Fred Gibbs	Bingley Harriers	58:34	508	236	Geoff Ward	Darlington Harriers &	1:03:11
418	692	A Appleby	Preston Harriers & AC	58:34	509	154	Chris Greenall	Burnden Road Runners	1:03:12
419	1042	S Caldwell	Vale Royal AC	58:40	510	599	MO'Brien	Manchester Ymca Harriers	1:03:13
420	1166	Martin Quinn	Wirral A C	58:43	511	1206	Derek McArdle	Wallasey AC	1:03:28
421	41	A Waters	Barnsley Athletic Club	58:48	512	546	William Merritt	Liverpool Running Club	1:03:30
422	1067	Poete Young	Wakefield District H & AC	58:58	513	62	Tim Simpson	Beverly Athletic Club	1:03:31
423	439	Stuart Reardon	Kirkstall Harriers	59:01	514	654	N Chaplin	North Derbyshire RC	1:03:33
424	354	John McNeerney	Harrogate Hac	59:05	515	874	Phil James	Saltwell Harriers	1:03:42
425	912	Peter Wilkinson	Skelmersdale Boundary Harriers	59:12	516	179	Henry Minorczyk	Chorley AC	1:03:45
426	876	Chris Redfern	Saltwell Harriers	59:13	517	921	Robert Mayers	South Cheshire Harriers	1:03:53
427	52	Neil Bant	Beverley Athletic Club	59:15	518	316	Neville McGraw	Glossopdale Harriers	1:03:55
428	738	Geoff Haworth	Red Rose Road Runners	59:19	519	584	Mark Wheelton	Macclesfield Harriers	1:03:57
429	241	G Fallon	Derby AC	59:20	520	557	B Pickersgill	Longwood Harriers AC	1:04:07
430	755	Mark Tomlinson	Ripley Running Club	59:24	521	33	J Wilcock	Aurora Harriers	1:04:17
431	577	Kevin Jackson	Macclesfield Harriers	59:25	522	761	R Dalby	Rochdale Harriers & AC	1:04:19
432	63	Peter Watkinson	Beverley Athletic Club	59:28	523	967	Peter Johnson	St Helens Sutton AC	1:04:24
433	880	Richard Townsend	Saltwell Harriers	59:31	524	1176	Mark Salter	Wolds Veteran Runners Club	1:04:24
434	798	John Spencer	Rotherham Harriers & AC	59:33	525	419	G Stone	Horwich R M I Harriers	1:04:49
435	1145	Dave Wall	Wigan Phoenix	59:34	526	908	William Dalton	Skelmersdale Boundary Harriers	1:04:52
436	1100	Alan Glasgow	Wesham Road Runners & AC	59:37	527	726	Andrew Lambe	Quakers Running Club	1:04:54
437	610	Trevor Baker	Middlesbrough & Cleveland H	59:45	528	1208	Barry Metcalfe	Wallasey AC	1:04:59
438	446	Steve Perry	Lancaster And Morecambe AC	59:46	529	220	Ted Orrell	Clayton Le Moors	1:05:03
439	1186	Patrick Langan	York Knavesmire Harriers	59:51	530	977	R Maxted	Steel City Striders RC	1:05:09
440	759	M Ccatherall	Rochdale Harriers & AC	59:51	531	1152	David Costello	Wirral A C	1:05:09
441	868	Bill Prout	Salford Metropolitan AC	59:52	532	1111	John Sharples	Wesham Road Runners & AC	1:05:13
442	554	L Medley	Longwood Harriers AC	59:52	533	1052	C Rathbone	Vale Royal AC	1:05:14
443	576	Christopher Holden	Macclesfield Harriers	59:54	534	20	Trevor Jolly	Amber Valley AC	1:05:15

535	199	Alan Lynn	City Of York AC	1:05:16	569	917	Michael Cutler	South Cheshire Harriers	1:09:13
536	103	John Orrell	Blackburn Harriers	1:05:17	570	126	Kevin Freeman	Blyth Running Club	1:09:17
537	779	Bill Southgate	Rolls-Royce Harriers	1:05:25	571	89	Barry Murray	Birtley A C	1:09:25
538	165	Mark Quince	Buxton AC	1:05:31	572	581	David Shoesmith	Macclesfield Harriers	1:09:28
539	138	James Douglas	Border Harriers	1:05:32	573	1173	John Hudson	Wolds Veteran Runners Club	1:09:36
540	909	Ian Doyle	Skelmersdale Boundary Harriers	1:05:42	574	124	Ralph Dickinson	Blyth Running Club	1:09:39
541	728	Graham Park	Quakers Running Club	1:05:46	575	325	B Sage	Halifax Harriers & Ac	1:09:42
542	663	Dave Morris	North Shields Poly	1:05:49	576	318	Philip Hall	Grantham Athletic Club	1:09:49
543	175	Barry Chester	Chorley AC	1:05:55	577	1078	Tony Maddocks	Wallsend Harriers & AC	1:10:24
544	353	Alan Couldwell	Harrogate Hac	1:06:01	578	552	R Hardcastle	Longwood Harriers AC	1:10:34
545	50	Malcolm Weir	Belper Harriers	1:06:02	579	206	Ian Wilcock	City Of York AC	1:10:42
546	46	Simon Mackett	Belper Harriers	1:06:03	580	867	Stuart Mairs	Salford Metropolitan AC	1:11:01
547	266	Andrew Farley	E Cheshire H & Tameside Ac	1:06:04	581	145	Peter Flint	Boston & District AC	1:11:18
548	760	MCox	Rochdale Harriers & AC	1:06:09	582	662	R Thorpe	North Derbyshire RC	1:11:26
549	1223	Neville Griffiths	Spectrum Striders	1:06:16	583	687	Les Isaacs	Pensby Runners	1:11:35
550	30	A Thompson	Aurora Harriers	1:06:46	584	923	Martin Stima	South Cheshire Harriers	1:11:38
551	741	Geoff Orritt	Red Rose Road Runners	1:06:56	585	379	A Mulliss	Heaton Harriers & Ac	1:11:47
552	875	Peter Mullarkey	Saltwell Harriers	1:07:06	586	682	Philip Aldag	Pensby Runners	1:11:58
553	684	Roy Fisher	Pensby Runners	1:07:09	587	88	Tommy Millmore	Birtley A C	1:12:28
554	602	J Paramor	Manchester Ymca Harriers	1:07:12	588	1231	Alan Peers	Spectrum Striders	1:12:37
555	324	H Reilly	Halifax Harriers & Ac	1:07:18	589	166	Paul Wells	Buxton AC	1:13:22
556	685	David Green	Pensby Runners	1:07:42	590	128	Keith Willshire	Blyth Running Club	1:14:34
557	1204	Mike Griffiths	Wallasey AC	1:07:47	591	770	P Roberts	Rochdale Harriers & AC	1:15:19
558	985	M Nance	Stockport Harriers	1:07:56	592	317	Neil Shuttleworth	Glossopdale Harriers	1:15:43
559	181	Marco Sciacca	Chorley AC	1:08:04	593	208	Ken McCormick	Claremont Road Runners & AC	1:15:59
560	248	K Petch	Derby AC	1:08:18	594	1012	Stephen Hart	Swinton Running Club	1:16:12
561	1130	Roy Hart	Wigan Phoenix	1:08:22	595	32	K Weavers	Aurora Harriers	1:16:15
562	146	Owen Nsimango	Boston & District AC	1:08:30	596	598	I Manners	Manchester Ymca Harriers	1:20:14
563	123	Dave Bradley	Blyth Running Club	1:08:35	597	939	Ken McDonald	South Shields H & AC	1:21:02
564	942	Frank Strand	South Shields H & AC	1:08:38	598	178	Phil McCullagh	Chorley AC	1:21:48
565	61	Brian Richardson	Beverley Athletic Club	1:08:42	599	1015	Andy Smith	Swinton Running Club	1:22:53
566	1158	Peter Fraser	Wirral A C	1:08:53	600	24	M Hayden	Aurora Harriers	1:26:24
567	1170	Dave Edwards	Wolds Veteran Runners Club	1:09:07	601	883	M Thompson	Scarborough Athletic Club	1:28:18
568	403	B Allman	Horwich R M I Harriers	1:09:12	602	176	Mike Coppin	Chorley AC	1:33:25

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Leeds City Ac	127	—	7	Alan Buckley	14	Darran Bilton	17	Martin Hilton	26	Adam Osborne	29	Mike Burrett	34	Chris Birchall
2	Salford Harriers	229	—	2	Andi Jones	10	Carl Hardman	47	John Brown	50	Ben Riddell	57	James Kovacs	63	Joseph Bailey
3	Altrincham & District Ac	333	—	11	M Barnes	25	I Fisher	32	N Leigh	61	J Reed	88	S Marwood	116	T Bush
4	Hallamshire Harriers Sheffield	355	—	35	Robert Little	36	Rob Baker	54	David Archer	62	John Rock	76	Tom Jenkins	92	Carl Thackery
5	Morpeth Harriers & AC	403	—	15	C Sampson	33	R Floyd	45	M Dawson	67	A Lawrence	105	D Swinburne	138	P Watson
6	Bingley Harriers	414	—	31	Matthew Whitfield	65	Lee Aithersmith	66	Tim Midgeley	73	Stewart MacDonald	80	John Convery	99	Aidan Johnson
7	Trafford AC	437	—	24	Garry Bristow	41	Jonathon Holt	46	Ian Salisbury	89	Tom Charles	115	Graham Hogg	122	Ben Martin
8	Blackburn Harriers	451	—	5	Ben Fish	18	Tom Cornthwaite	74	Josh Tighe	75	Matt Nuttall	78	Paul Guinan	201	George Bate
9	Stockport Harriers	518	—	1	S Vernon	38	A Nixon	69	D Matkin	84	J Loxam	133	G McLean	193	K Garner
10	Liverpool Harriers & AC	626	—	8	Richard Burney	59	Mark Keeley	82	John McCole	150	Robert Dewhurst	157	Colin Potts	170	Alan Ashton
11	Sale Harriers Manchester	631	—	20	Antony Ford	27	Matt Bond	39	James Bailey	159	Tim Kennedy	180	Micheal Kilmartin	206	Richard Watson
12	Derby AC	696	—	13	J Gilby	21	A Pilcher	113	D Connor	123	T Offord	153	I Stevens	273	S Dunn
13	Southport Waterloo AC	856	—	83	Richard Shearer	110	Jay Tartt	120	Steve Wilkinson	163	David Hamilton	176	Rob Ashworth	204	Stephen McLean
14	Leigh Harriers & AC	869	—	4	Peter Riley	130	Tony Battersby	136	Philip Foster	151	John Howarth	199	Allister Goulding	249	Andrew Arnold
15	E Cheshire H & Tameside Ac	958	—	58	J Dunkerley	143	Simon Grundy	154	Stuart Heaton	169	P Jacques	191	Gavin Browne	243	Stephen Robinson
16	Blackpool Wyre & Fylde	1033	—	55	Stuart Robinson	79	Malcolm Eadie	114	John Wright	218	Steve Waterhouse	261	Chris Essex-Crosby	306	Gary Johnston
17	Gateshead Harriers & AC	1071	—	48	S Hall	60	R West	68	J Pearson	234	J Stobbs	324	M Hudson	337	S Medd
18	Preston Harriers & AC	1095	—	52	D Rigby	124	J Green	197	J Parker	234	D Parkinson	252	K Hesketh	260	D Barker
19	Clayton Le Moors	1192	—	102	Gary Shaw	126	Mark Aspinall	223	Dave Motley	233	C Balderson	241	Colin Shuttleworth	267	Stuart Fogg
20	Wigan Phoenix	1344	—	125	John Morrissey	142	Phil Darbyshire	145	Mark Rodgers	253	Steve Nicholls	289	Kevin Edwards	390	Andrew Nightingale
21	Wirral A C	1356	—	111	John Hunt	144	Mark Hulmston	224	Simon Fox	245	Anthony Devoy	313	Mark Baylis	319	William Ferguson
22	Wakefield District H & AC	1418	—	127	Chris Price	192	John Mason	212	Chris Ward	220	Martin Green	246	Pete McNamara	421	Poete Young
23	Elswick Harriers	1473	—	117	Paul Turner	171	Kevin Stephenson	195	Ian Hardy	256	Graham Bel	349	Mark Ketley	385	David Jardin
24	South Shields H & AC	1497	—	219	Chris Muir	225	Michael Jones	227	Simon Lee	255	Keith MacKey	270	Paul Doxford	301	Chris McDonald
25	York Knavesmire Harriers	1561	—	103	Tom Edwards	186	Darren Hendley	248	Kevin Langan	281	Barry Atkinson	340	Russell Parkinson	403	Luke Westwood
26	Wallsend Harriers & AC	1639	—	166	Gareth Huxley	167	Dave Daniels	254	Sean Kelly	341	Micky Todd	347	Micky Baker	364	Steve Volpe
27	City Of York AC	1680	—	37	Tom Bean	214	Mike Raynes	251	Andy Normandale	312	Andrew Nesom	332	Martin Kirby	534	Alan Lynn
28	Rochdale Harriers & AC	1710	—	104	M Proctor	182	P Williams	287	A McDougall	292	P Leary	406	N Walsh	439	M Cadderhall
29	Vale Royal AC	1745	—	112	J Griffiths	148	T Annable	318	P Maher	358	T Archer	391	S Bamber	418	S Caldwell
30	Beverley Athletic Club	1759	—	139	James Pearson	190	Aubrey Morrell	294	Ian Boardley	311	Mark Dalton	399	Steve Peacock	426	Neil Bant
31	Spectrum Striders	1845	—	208	Colin Martin	209	Ian Bamber	274	Kit Whitfield	365	Julian Spencer	384	Andy Garnett	405	Tim Murphy
32	Wallasey AC	1880	—	188	Phil Walton	278	Tony Barbat	291	Phil Cuthbert	303	John Armstrong	407	Richard Parry	413	Matt Williams
33	Holmfirth Harriers AC	1905	—	178	J Sykes	242	J Ewart	259	D Wilde	293	M Dewhirst	461	J Kaushal	472	B Holroyd
34	Horwich R M I Harriers	1919	—	30	G Priestley	184	K Ward	325	G Chadderton	386	T Hesketh	470	P Ramsdale	524	G Stone
35	Harrogate Hac	2085	—	109	Chris Miller	269	Stephen Nesbitt	327	Ashley Brook	414	Brian Miller	423	John McNerney	543	Alan Couldwell
36	Wesham Road Runners & AC	2087	—	179	Alex Rowe	290	Steve Myerscough	343	Lee Barlow	351	Russell Mabbutt	435	Alan Glasgow	489	Nigel Shepherd
37	Liverpool Running Club	2111	—	119	Paul Sankey	295	Maurice Collins	379	George Pierce	410	Paul Quine	448	Robert Burke	460	Steve Clayton
38	Barnsley Athletic Club	2145	—	137	A Swift	322	D Brooksbank	368	M Casey	408	M Hurrell	420	A Waters	490	D Bennett
39	Macclesfield Harriers	2186	—	279	John Mooney	304	Christopher Bentley	329	Raph Murray	402	Steve Lomas	430	Kevin Jackson	442	Christopher Holden
40	Saltwell Harriers	2203	—	217	Fred Smith	307	David Cairns	308	Jim Thompson	425	Chris Redfern	432	Richard Townsend	514	Phil James
41	North Derbyshire RC	2271	—	222	S Leverton	315	S Bennett	378	I McMillan	380	S Cunningham	463	R Booth	513	N Chaplin
42	Lytham St Annes RRC	2294	—	268	Thomas Howarth	338	Tony Croft	375	Graham Webster	397	Terry Helling	454	Roy Upton	462	Willie Richmond
43	Steel City Striders RC	2345	—	162	S Bennett	238	D Ansell	455	A Buck	478	D Parry	483	I Stinson	529	R Maxted
44	Red Rose Road Runners	2448	—	280	Joe Swarbrick	346	Fred Lynch	389	Philip Butler	427	Geoff Haworth	500	Gordon Noblett	506	Philip Dean
45	Skelmersdale Boundary Harriers	2532	—	284	Dylan Cole-Jones	285	John Thompson	424	Peter Wilkinson	475	Peter Summers	525	William Dalton	539	Ian Doyle
46	Belper Harriers	2572	—	352	Mark Riches	371	Phil Conroy	372	Rob Norman	388	Andy Rose	544	Malcolm Weir	545	Simon Mackett
47	Pensby Runners	2680	—	262	Gary Thornton-Allen	445	Richard Green	466	Nigel Crompton	476	Gordon Scholefield	479	John Keyworth	552	Roy Fisher
48	South Cheshire Harriers	2737	—	173	Michael Hatton	447	Andrew Mayers	450	Simon Walker	516	Robert Mayers	568	Michael Cutler	583	Martin Stima
49	Chorley AC	2745	—	394	Simon Townsend	395	Paul Wareing	468	Dave Taylor	482	Ian Walker	491	Rick Cordwell	515	Henry Minorczyk