

The ERRA National Road Relay Championship at Sutton Park, Birmingham on Saturday 17th October 2009

Senior six stage Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	D Forrester	StHSA	17:10	45	Mike Burrett	Leeds City B 18:21
2	Jon Wills	Bristol&W A	17:12	46	S Gallienne	Bristol&W B 18:21
3	Simon Tenvi	Birchfield A	17:15	47	Paul Whitelam	Thames Val 18:23
4	Matthew Barnes	Altrincham	17:16	48	R Phillips	Serpentine 18:29
5	Patrick Martin	Sunderland	17:17	49	M Matthews	Birmingham 18:33
6	Tom Marshall	Cardiff A.	17:17	50	Alan Barnes	Herne Hill 18:37
7	Alan Buckley	Leeds City A	17:22	51	Sam Dalglish	Westbury H 18:39
8	Kevin Heywood	Bideford A	17:23	52	Robert Hodges	Kingston U 18:40
9	Jonathon Gilby	Derby Ac	17:25	53	Tom Charles	Trafford A 18:41
10	Alistair Hay	Central Ac	17:26	54	Dom Morton	HalesowenA A 18:43
11	Stephen Sharp	Belgrave H A	17:28	55	Sean Bowden	Bromsgrove 18:45
12	Harry Ellis	Warrington	17:29	56	Richard Harper	Leamington 18:47
13	D Mitchinson	Newham And A	17:30	57	Luke Allen	City Of No A 18:50
14	Shaun Collins	Enfield &	17:31	58	Richard Burman	Coventry G B 18:50
15	Matt Bond	Sale Harri	17:31	59	Dave Carter	Phoenix Ac 18:53
16	Peter Nowill	Highgate H	17:32	60	R Shearer	Southport 18:53
17	Ben Jones	Coventry G A	17:32	61	A Wall-Clarke	Team South 18:57
18	Mat Ashton	Aldershot, A	17:34	62	Adam Watt	Birchfield B 18:59
19	Tom Doe	Lincoln We	17:34	63	Corin Hughes	Cheltenham 18:59
20	Mike Aspinall	Tipton Har B	17:35	64	M Bristow	Brighton A 19:06
21	M Whitehouse	Notts AC A	17:35	65	Mike Johnson	Kenilworth 19:09
22	Mark Dalkins	Telford Ac A	17:36	66	S Broadbent	Bingley Ha 19:11
23	Steve Davies	Belgrave H B	17:37	67	Sam Mitchell	Worcester 19:13
24	Gordon Lee	LeicesterC	17:37	68	Chris Perry	ValeRA 19:15
25	Ian Williams	Tipton Har A	17:38	69	Martin Bateman	Hillingdon 19:19
26	Owain Matthews	Bedford An	17:41	70	A Carmichael	Gateshead 19:22
27	Neil Phillips	Aldershot, B	17:50	71	Andrew Bunn	City Of No B 19:24
28	Samatar Farah	Newham And B	17:52	72	Mike O'Neill	Wigan Phoe 19:25
29	Matt Nicholson	MorpethH&A A	17:59	73	Joe Gratton	Hallamshir 19:30
30	Russell Best	New Marske	18:00	74	Simon Lees	RoyalSC 19:34
31	Carl Hardman	Salford Ha B	18:05	75	Phil Sanders	Kent Ac 19:44
32	Jack Hallas	Wakefield	18:06	76	James Kovacs	Salford Ha A 19:49
33	Jack Parslow	Shaftesbur	18:07	77	Gareth Briggs	Staffordsh B 19:50
34	Daniel Augustus	Woodford G	18:08	78	Luke Field	Rotherham 19:52
35	R Nicholls	Swansea Ha	18:11	79	Danny Bakes	Mansfield 20:05
36	Steven Way	Bournemouth	18:13	80	Nick Hazelwood	HalesowenA B 20:20
37	Richard Burney	Liverpool A	18:14	81	James Nasrat	Newport Ha 20:21
38	Marc Hartley	Staffordsh A	18:15	82	James Rose	Severn 20:30
39	Daniel Clorley	Luton Athl	18:15	83	John Sanders	Telford Ac B 20:38
40	Nathan White	Windsor SI	18:17	84	Phil Crane	Neath Harr A 20:48
41	M Gillespie	Shettleston	18:19	85	Carl Ellis	Neath Harr B 20:52
42	Darren Fowlie	Notts AC B	18:19	86	Michael Brind	Charnwood B 20:59
43	Peter Newton	MorpethH&A B	18:20	87	Steve Mears	Charnwood A 21:49
44	Alex BruceL	Blackheath	18:20			

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Senior six stage Stage 2 — Final Results

Pos	Name	Club	Leg	Time	Cum Time	Gain							
1	Chris MacKay	Newham And A		17:16	34:46	+ 12	52	Carl Goose	City Of No A	18:47	37:37	+ 5	
2	Richard Weir	Derby Ac		17:21	34:46	+ 7	53	Finn McNally	Phoenix Ac	18:45	37:38	+ 6	
3	Neilson Hall	Bedford An		17:06	34:47	+ 23	54	Ben Homer	Wakefield	19:35	37:41	- 22	
4	Gareth Raven	Sale Harri		17:18	34:49	+ 11	55	James McCarthy	Brighton A	18:41	37:47	+ 9	
5	Dave Norman	Altrincham		17:35	34:51	- 1	56	Bill Nock	HalesowenA A	19:14	37:57	- 2	
6	James Walsh	Leeds City A		17:31	34:53	+ 1	57	James Connor	Kent Ac	18:15	37:59	+ 18	
7	Jack Martin	Sunderland		17:45	35:02	- 2	58	James Mee	Mansfield	18:01	38:06	+ 21	
8	Nick Goolab	Belgrave H A		17:35	35:03	+ 3	59	Seb Foy	Cheltenham	19:25	38:24	+ 4	
9	Ben Livsey	Birchfield A		17:50	35:05	- 6	60	Joe Dalgleish	Westbury H	19:52	38:31	- 9	
10	Jonny Taylor	MorpethH&A A		17:06	35:05	+ 19	61	Rich Simkiss	Kenilworth	19:24	38:33	+ 4	
11	Jon Pepper	Enfield &		17:43	35:14	+ 3	62	Richard Mann	Hillingdon	19:16	38:35	+ 7	
12	David Bruce	Highgate H		17:47	35:19	+ 4	63	Stu Doyle	ValeRA	19:24	38:39	+ 5	
13	Sean Reilly	Central Ac		17:54	35:20	- 3	64	John Convery	Bingley Ha	19:29	38:40	+ 2	
14	Chris Moss	Cardiff A.		18:06	35:23	- 8	65	Jack Mee	Leamington	19:55	38:42	- 9	
15	Lewys Hobbs	Swansea Ha		17:13	35:24	+ 20	66	Joseph Vis	Southport	19:50	38:43	- 6	
16	J Mellor	Liverpool A		17:16	35:30	+ 21	67	Michael Hunt	Trafford A	20:03	38:44	- 14	
17	Phil Hinch	Tipton Har A		17:55	35:33	+ 8	68	J Perkins	Kingston U	20:06	38:46	- 16	
18	Paul Rodgers	Aldershot, A		18:00	35:34	0	69	Paul Savage	Salford Ha A	19:14	39:03	+ 7	
19	Richard Peters	Bristol&W A		18:24	35:36	- 17	70	Iain Robertson	City Of No B	19:43	39:07	+ 1	
20	Ben Norris	Notts AC A		18:04	35:39	+ 1	71	Dave Sprot	Hallamshir	19:51	39:21	+ 2	
21	Ryan Kenny	Coventry G A		18:09	35:41	- 4	72	Gary Hope	Severn	19:06	39:36	+ 10	
22	Andi Jones	Salford Ha B		17:37	35:42	+ 9	73	John Morrissey	Wigan Phoe	20:18	39:43	- 1	
23	T Mengisteab	Shettleston		17:24	35:43	+ 18	74	Kyle Craib	Rotherham	19:59	39:51	+ 4	
24	Ian Kimpton	Lincoln We		18:11	35:45	- 5	75	Dave O'Brien	Worcester	20:42	39:55	- 8	
25	Kairn Stone	Newham And B		17:59	35:51	+ 3	76	Simon Lanckham	Bromsgrove	21:15	40:00	- 21	
26	Mark Pollard	Belgrave H B		18:20	35:57	- 3	77	Simon Bond	RoyalSC	20:33	40:07	- 3	
27	Andrew Wiles	New Marske		17:59	35:59	+ 3	78	Greg Devall	Birchfield B	21:11	40:10	- 16	
28	Chris Rimmer	Telford Ac A		18:37	36:13	- 6	79	Matthew Evans	Neath Harr A	19:26	40:14	+ 5	
29	Andrew Rayner	Blackheath		17:56	36:16	+ 15	80	Dan Cleary	HalesowenA B	19:57	40:17	0	
30	Tom Bedford	Shaftesbur		18:12	36:19	+ 3	81	Pete Martin	Staffordsh B	20:36	40:26	- 4	
31	S Broadhurst	Warrington		18:52	36:21	- 19	82	Peter Batten	Team South	21:40	40:37	- 21	
32	Dany Griffiths	StHSA		19:21	36:31	- 31	83	Wayne Dashper	Telford Ac B	20:00	40:38	0	
33	N Quigley	Luton Athl		18:17	36:32	+ 6	84	Mark Crofts	Charnwood A	20:02	41:51	+ 3	
34	Graham Breen	Aldershot, B		18:50	36:40	- 7	85	Lee Sandham	Neath Harr B	21:32	42:24	0	
35	Tom Holden	Tipton Har B		19:06	36:41	- 15	86	Paul Harmer	Charnwood B	22:39	43:38	0	
36	Mark Jenkin	Bideford A		19:20	36:43	- 28	Fastest runners over stage 2:						
37	Craig Berg	Woodford G		18:37	36:45	- 3	1	Neilson Hall	Bedford An	17:06			
38	Ashley Sabin	Notts AC B		18:26	36:45	+ 4	2	Jonny Taylor	MorpethH&A A	17:06			
39	Ross Floyd	MorpethH&A B		18:30	36:50	+ 4	3	Lewys Hobbs	Swansea Ha	17:13			
40	Adam Grice	Leeds City B		18:29	36:50	+ 5	4	J Mellor	Liverpool A	17:16			
41	Paul Thompson	Birmingham		18:21	36:54	+ 8	5	Chris MacKay	Newham And A	17:16			
42	Simon Cotton	LeicesterC		19:20	36:57	- 18	6	Gareth Raven	Sale Harri	17:18			
43	Nathan Young	Bristol&W B		18:38	36:59	+ 3	7	Richard Weir	Derby Ac	17:21			
44	Ross Murray	Gateshead		17:38	37:00	+ 26	8	T Mengisteab	Shettleston	17:24			
45	Chris Busaileh	Herne Hill		18:25	37:02	+ 5	9	James Walsh	Leeds City A	17:31			
46	Jon Sharkey	Bournemouth		18:54	37:07	- 10	10	Nick Goolab	Belgrave H A	17:35			
47	Mohamud Aadan	Thames Val		18:44	37:07	0	11	Dave Norman	Altrincham	17:35			
48	Kyle Fowler	Staffordsh A		18:59	37:14	- 10							
49	Chris Bannon	Coventry G B		18:29	37:19	+ 9							
50	Hugh Torry	Serpentine		18:53	37:22	- 2							
51	Stephen Kimber	Windsor SI		19:16	37:33	- 11							

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Senior six stage Stage 3 — Final Results

Pos	Name	Club	Leg	Time	Cum Time	Gain						
1	Lee Merrien	Newham And A	A	17:10	51:56	0	50	Ian May	Windsor Sl	19:08	56:41	+ 1
2	Dave Webb	Leeds City A		17:41	52:34	+ 4	51	E Combstock	Coventry G B	19:24	56:43	- 2
3	Simon Jones	Belgrave H A		17:43	52:46	+ 5	52	Dave Kesterton	HalesowenA A	19:04	57:01	+ 4
4	Zak Kehara	Birchfield A		17:42	52:47	+ 5	53	Robert Vaughan	Birmingham	20:09	57:03	- 12
5	Dan Dalmedo	Bedford An		18:01	52:48	- 2	54	Philip Hoole	Rotherham	17:34	57:25	+ 20
6	Chris Davies	Telford Ac A		16:42	52:55	+ 22	55	Jake Healey	StHSA	20:56	57:27	- 23
7	S Scullion	Aldershot, A		17:26	53:00	+ 11	56	Dave Pearce	LeicesterC	20:34	57:31	- 14
8	Amanuel Hagos	Shettleston		17:24	53:07	+ 15	57	Andrew Donno	Brighton A	19:50	57:37	- 2
9	M Williams	Tipton Har A		17:35	53:08	+ 8	58	Ian Salisbury	Trafford A	18:57	57:41	+ 9
10	Andy Norman	Altrincham		18:19	53:10	- 5	59	Kris Lecher	Kingston U	18:59	57:45	+ 9
11	Alex Hains	Cardiff A.		17:47	53:10	+ 3	60	Tim Dalton	Severn	18:23	57:59	+ 12
12	Tim Hartley	Notts AC A		17:33	53:12	+ 8	61	Alex Smith	Hallamshir	18:43	58:04	+ 10
13	Phil Wylie	Bristol&W A		17:39	53:15	+ 6	62	R Forsbrook	Cheltenham	19:43	58:07	- 3
14	Ian Harding	MorpethH&A A		18:19	53:24	- 4	63	Steve Marklew	RoyalSC	18:05	58:12	+ 14
15	Matt Bowser	Lincoln We		17:45	53:30	+ 9	64	Simon Bruton	Salford Ha A	19:15	58:18	+ 5
16	A Hendry	Central Ac		18:17	53:37	- 3	65	Daniel Studley	Westbury H	19:54	58:25	- 5
17	James Bailey	Sale Harri		19:07	53:56	- 13	66	Stuart King	Mansfield	20:23	58:29	- 8
18	James Kelly	Belgrave H B		18:05	54:02	+ 8	67	D Thompson	Hillingdon	19:56	58:31	- 5
19	Henry Dodwell	Highgate H		18:44	54:03	- 7	68	Stuart Hopkins	Kenilworth	20:05	58:38	- 7
20	R Challinor	Liverpool A		18:36	54:06	- 4	69	Steven Carney	Bingley Ha	19:59	58:39	- 5
21	T Lawrence	Derby Ac		19:27	54:13	- 19	70	Ben Sharmen	Birchfield B	18:45	58:55	+ 8
22	Joseph Bailey	Salford Ha B		18:40	54:22	0	71	Mike Evans	Southport	20:17	59:00	- 5
23	Ian Grime	Newham And B		18:43	54:34	+ 2	72	Oliver Maskell	City Of No B	19:54	59:01	- 2
24	Matt Lole	Coventry G A		18:56	54:37	- 3	73	Zack Cross	ValeRA	20:34	59:13	- 10
25	Guy Smith	Swansea Ha		19:23	54:47	- 10	74	Steve Nicholls	Wigan Phoe	20:37	1:00:20	- 1
26	John McDonnell	Luton Athl		18:17	54:49	+ 7	75	Jon Slade	Team South	19:54	1:00:31	+ 7
27	Alex Gibbins	Blackheath		18:39	54:55	+ 2	76	Richard Lucock	Telford Ac B	19:59	1:00:37	+ 7
28	Mitch Goose	City Of No A		17:20	54:57	+ 24	77	Dan Stepney	Phoenix Ac	23:01	1:00:39	- 24
29	Alex Jones	Enfield &		19:44	54:58	- 18	78	Matthew Harvey	Neath Harr A	20:31	1:00:45	+ 1
30	Steve Connor	Aldershot, B		18:19	54:59	+ 4	79	Chris Davies	Worcester	20:55	1:00:50	- 4
31	Andrew MacRae	Sunderland		20:00	55:02	- 24	80	Matthew Butler	Leamington	22:11	1:00:53	- 15
32	M Jackson	Warrington		18:48	55:09	- 1	81	Oliver Holder	HalesowenA B	22:00	1:02:17	- 1
33	Shaun O'Grady	New Marske		19:16	55:15	- 6	82	Mark Wood	Staffordsh B	22:05	1:02:31	- 1
34	James Trapmore	Shaftesbur		19:03	55:22	- 4	83	Scott Baxter	Charnwood A	20:51	1:02:42	+ 1
35	Sean Hall	Gateshead		18:25	55:25	+ 9	84	Robert Mole	Bromsgrove	22:59	1:02:59	- 8
36	Alex Cornwell	Woodford G		18:40	55:25	+ 1	85	Peter Crane	Neath Harr B	20:59	1:03:23	0
37	Chris Birchall	Leeds City B		18:41	55:31	+ 3	Fastest runners over stage 3:					
38	Rob Keal	Notts AC B		18:54	55:39	0	1	Chris Davies	Telford Ac A	16:42		
39	Dan Woolford	Bristol&W B		18:41	55:40	+ 4	2	Lee Merrien	Newham And A	17:10		
40	Jermaine Mays	Kent Ac		17:48	55:47	+ 17	3	Mitch Goose	City Of No A	17:20		
41	Chris Smith	Thames Val		18:42	55:49	+ 6	4	Amanuel Hagos	Shettleston	17:24		
42	David Peters	Herne Hill		18:47	55:49	+ 3	5	S Scullion	Aldershot, A	17:26		
43	Ian Habgood	Bournemouth		18:55	56:02	+ 3	6	Tim Hartley	Notts AC A	17:33		
44	Jonny Young	MorpethH&A B		19:27	56:17	- 5	7	Philip Hoole	Rotherham	17:34		
45	Nathan Elliot	Wakefield		18:40	56:21	+ 9	8	M Williams	Tipton Har A	17:35		
46	Dan Mapp	Bideford A		19:39	56:22	- 10	9	Phil Wylie	Bristol&W A	17:39		
47	J Millington	Tipton Har B		19:51	56:32	- 12	10	Dave Webb	Leeds City A	17:41		
48	Ryan Holroyd	Staffordsh A		19:19	56:33	0						
49	H Zietsman	Serpentine		19:18	56:40	+ 1						

The ERRA National Road Relay Championship at Sutton Park, Birmingham on Saturday 17th October 2009

Senior six stage Stage 4 — Final Results

Pos	Name	Club	Leg	Time	Cum Time	Gain						
1	Kevin Skinner	Newham And A		17:42	1:09:38	0	55	James Miles	Phoenix Ac	16:49	1:17:28 +	22
2	J Wilkinson	Leeds City A		17:19	1:09:53	0	56	Ed Banks	Birmingham	20:26	1:17:29 -	3
3	Mark Draper	Bedford An		17:22	1:10:10 +	2	57	Derek Guess	LeicesterC	20:26	1:17:57 -	1
4	Marius Ionescu	Altrincham		17:12	1:10:22 +	6	58	Alex Hope	Severn	20:13	1:18:12 +	2
5	Daniel Mulhare	Belgrave H A		17:37	1:10:23 -	2	59	C Brown-Monks	Mansfield	19:49	1:18:18 +	7
6	Ben Lindsay	Aldershot, A		17:28	1:10:28 +	1	60	G Clarkson	Kingston U	20:37	1:18:22 -	1
7	Phil Nicholls	Tipton Har A		17:29	1:10:37 +	2	61	C Coleman	Windsor SI	21:44	1:18:25 -	11
8	Nick Swinburn	MorpethH&A A		17:42	1:11:06 +	6	62	R Thompson	Hillingdon	19:55	1:18:26 +	5
9	Robert Russell	Central Ac		17:34	1:11:11 +	7	63	Dave Tune	Rotherham	21:08	1:18:33 -	9
10	Jon Thewlis	Notts AC A		18:01	1:11:13 +	2	64	Will New	Cheltenham	20:28	1:18:35 -	2
11	Steve Mitchell	Bristol&W A		18:01	1:11:16 +	2	65	Jon Quint	City Of No B	19:38	1:18:39 +	7
12	Paul Sorrie	Shettleston		18:09	1:11:16 -	4	66	John Terry	Westbury H	20:33	1:18:58 -	1
13	Adam Bitchell	Cardiff A.		18:14	1:11:24 -	2	67	Patrick Vis	Southport	20:10	1:19:10 +	4
14	P Whitehouse	Birchfield A		18:58	1:11:45 -	10	68	D Titheradge	Brighton A	21:34	1:19:11 -	11
15	Luke Gunn	Derby Ac		17:36	1:11:49 +	6	69	Simon O'Mera	Birchfield B	20:17	1:19:12 +	1
16	Paskar Owor	Belgrave H B		18:14	1:12:16 +	2	70	Ed Crowther	ValeRA	20:27	1:19:40 +	3
17	M Skinner	Blackheath		17:23	1:12:18 +	10	71	Dave Hudson	Salford Ha A	21:26	1:19:44 -	7
18	Adam Peers	Liverpool A		18:18	1:12:24 +	2	72	Marc Teasey	Bingley Ha	21:23	1:20:02 -	3
19	Chris Bagshaw	Telford Ac A		19:30	1:12:25 -	13	73	Paul Richards	Neath Harr A	19:22	1:20:07 +	5
20	Tom Straw	Lincoln We		19:02	1:12:32 -	5	74	Pete Bryan	Kenilworth	21:34	1:20:12 -	6
21	Jonny Hay	Aldershot, B		17:41	1:12:40 +	9	75	J Hockey	Telford Ac B	20:13	1:20:50 +	1
22	Scott Sterling	Newham And B		18:15	1:12:49 +	1	76	Fred Tremblay	RoyalSC	23:06	1:21:18 -	13
23	Ryan McKinlay	Highgate H		18:47	1:12:50 -	4	77	M Manir-Jolley	Wigan Phoe	21:00	1:21:20 -	3
24	Ben Riddell	Salford Ha B		18:44	1:13:06 -	2	78	Jamie Langley	Leamington	21:00	1:21:53 +	2
25	Marc Hobbs	Swansea Ha		18:21	1:13:08	0	79	Peter Swaine	Charnwood A	19:24	1:22:06 +	4
26	Chris Parr	Gateshead		17:44	1:13:09 +	9	80	Darren Perry	Staffordsh B	19:53	1:22:24 +	2
27	Tom Madden	Coventry G A		18:41	1:13:18 -	3	81	Andrew Peach	Worcester	21:45	1:22:35 -	2
28	Jamie Roden	Sale Harri		19:28	1:13:24 -	11	82	Kevin Monk	HalesowenA B	21:23	1:23:40 -	1
29	L Walker	Warrington		18:26	1:13:35 +	3	83	David Crane	Neath Harr B	21:48	1:25:11 +	2
30	Matt Shone	Woodford G		18:16	1:13:41 +	6	Fastest runners over stage 4:					
31	Naill Fleming	Shaftesbur		18:29	1:13:51 +	3	1	James Miles	Phoenix Ac	16:49		
32	D Woodgate	Luton Athl		19:09	1:13:58 -	6	2	Marius Ionescu	Altrincham	17:12		
33	Chris McGurk	Notts AC B		18:35	1:14:14 +	5	3	J Wilkinson	Leeds City A	17:19		
34	Matt Sharp	Enfield &		19:22	1:14:20 -	5	4	Mark Draper	Bedford An	17:22		
35	Stu Huntington	City Of No A		19:27	1:14:24 -	7	5	M Skinner	Blackheath	17:23		
36	Joe Townsend	Leeds City B		18:56	1:14:27 +	1	6	Ben Lindsay	Aldershot, A	17:28		
37	Matt Clowes	Staffordsh A		17:57	1:14:30 +	11	7	Phil Nicholls	Tipton Har A	17:29		
38	Harry Webb	Bristol&W B		18:51	1:14:31 +	1	8	Robert Russell	Central Ac	17:34		
39	A Dunwoody	Kent Ac		19:01	1:14:48 +	1	9	Luke Gunn	Derby Ac	17:36		
40	J Cunningham	Herne Hill		19:04	1:14:53 +	2	10	Daniel Mulhare	Belgrave H A	17:37		
41	Jason Waite	Sunderland		20:02	1:15:04 -	10						
42	Chris Price	Wakefield		19:02	1:15:23 +	3						
43	D Swinburne	MorpethH&A B		19:19	1:15:36 +	1						
44	R McTaggart	Bournemouth		19:41	1:15:43 -	1						
45	Phil Clamp	Tipton Har B		19:20	1:15:52 +	2						
46	Ali Yahye	Thames Val		20:13	1:16:02 -	5						
47	Damian Carr	Coventry G B		19:24	1:16:07 +	4						
48	Simon Barrett	Serpentine		19:34	1:16:14 +	1						
49	Andrew Ingle	Bideford A		19:55	1:16:17 -	3						
50	Andrew Sugden	New Marske		21:14	1:16:29 -	17						
51	C Booker	HalesowenA A		19:35	1:16:36 +	1						
52	Armund Bush	Hallamshir		18:50	1:16:54 +	9						
53	Greg Williams	StHSA		19:55	1:17:22 +	2						
54	BerdejoFresno	Trafford A		19:42	1:17:23 +	4						

The ERRA National Road Relay Championship at Sutton Park, Birmingham on Saturday 17th October 2009

Senior six stage Stage 5 — Final Results

Pos	Name	Club	Leg	Time	Cum Time	Gain						
1	Mo Farah	Newham And A	A	16:33	1:26:11	0	49	Adam Blowers	New Marske	20:16	1:36:45 +	1
2	Phil Wicks	Belgrave H A	A	17:09	1:27:32 +	3	50	Andrew Butler	HalesowenA A	20:17	1:36:53 +	1
3	Chris Thompson	Aldershot, A		17:15	1:27:43 +	3	51	Scott Wilson	Hallamshir	20:09	1:37:03 +	1
4	Darren Deed	Bedford An		17:34	1:27:44 -	1	52	Cory Hood	Sunderland	22:16	1:37:20 -	11
5	Darran Bilton	Leeds City A		18:10	1:28:03 -	3	53	Jeff Prest	Trafford A	20:04	1:37:27 +	1
6	A Holliday	Tipton Har A		17:47	1:28:24 +	1	54	James Jackson	City Of No B	19:06	1:37:45 +	11
7	T Woldemichael	Shettleston		17:32	1:28:48 +	5	55	David Ricketts	Kingston U	19:28	1:37:50 +	5
8	Ian Fisher	Altrincham		18:28	1:28:50 -	4	56	Andrew Hussey	Cheltenham	19:38	1:38:13 +	8
9	J Ndayesenga	Birchfield A		17:14	1:28:59 +	5	57	Jonathon Tune	Birmingham	20:44	1:38:13 -	1
10	Tom Merson	Bristol&W A		17:49	1:29:05 +	1	58	J Maxfield	Rotherham	19:49	1:38:22 +	5
11	Chris Sampson	MorpethH&A A		18:02	1:29:08 -	3	59	Chris Stone	Bideford A	22:10	1:38:27 -	10
12	Scott Overall	Blackheath		17:03	1:29:21 +	5	60	James Laing	Hillingdon	20:04	1:38:30 +	2
13	B Farquaharson	Notts AC A		18:20	1:29:33 -	3	61	Russell Betts	Mansfield	20:13	1:38:31 -	2
14	Lewis Millar	Central Ac		18:23	1:29:34 -	5	62	Rob Berry	Southport	19:34	1:38:44 +	5
15	Alex Pilcher	Derby Ac		17:53	1:29:42	0	63	Ian Costello	StHSA	21:31	1:38:53 -	10
16	Craig Hopkins	Swansea Ha		18:02	1:31:10 +	9	64	Simon Fortnam	Severn	20:45	1:38:57 -	6
17	Joe Morwood	Aldershot, B		18:32	1:31:12 +	4	65	Luke Lambourne	Brighton A	20:10	1:39:21 +	3
18	R Stephenson	Gateshead		18:05	1:31:14 +	8	66	John Cullen	Birchfield B	20:11	1:39:23 +	3
19	Ed Takata	Cardiff A		19:51	1:31:15 -	6	67	Nick Lingley	Windsor SI	20:59	1:39:24 -	6
20	Will Cockerell	Belgrave H B		19:20	1:31:36 -	4	68	Craig Sabon	LeicesterC	21:35	1:39:32 -	11
21	Daniel Cliffe	Warrington		18:10	1:31:45 +	8	69	Gregg Ward	Westbury H	20:45	1:39:43 -	3
22	Ian Lawton	Liverpool A		19:23	1:31:47 -	4	70	Paul Griffiths	Neath Harr A	19:49	1:39:56 +	3
23	Ashley Harrell	City Of No A		17:32	1:31:56 +	12	71	Aidan Johnson	Bingley Ha	19:57	1:39:59 +	1
24	John Pike	Newham And B		19:11	1:32:00 -	2	72	Tom Annable	ValeRA	20:29	1:40:09 -	2
25	Chris Carter	Telford Ac A		19:39	1:32:04 -	6	73	Paul Birkett	Salford Ha A	20:36	1:40:20 -	2
26	Rob Hughes	Salford Ha B		19:02	1:32:08 -	2	74	Chris Wilson	Wigan Phoe	20:39	1:41:59 +	3
27	James Griggs	Coventry G A		18:52	1:32:10	0	75	Roger Homes	Kenilworth	22:03	1:42:15 -	1
28	Peter Downie	Highgate H		19:34	1:32:24 -	5	76	Paul Williams	Telford Ac B	21:42	1:42:32 -	1
29	Hywel Care	Woodford G		18:44	1:32:25 +	1	77	Richard Brown	Charnwood A	20:28	1:42:34 +	2
30	Shane Robinson	Lincoln We		19:56	1:32:28 -	10	78	Marcus Smedley	RoyalSC	21:17	1:42:35 -	2
31	Ryan Worland	Sale Harri		19:06	1:32:30 -	3	79	A Poppleton	Worcester	20:55	1:43:30 +	2
32	M Gostling	Leeds City B		18:11	1:32:38 +	4	80	Kelvin Amos	Staffordsh B	21:10	1:43:34	0
33	Matthew Grant	Shaftesbur		18:58	1:32:49 -	2	81	Graham Roberts	Leamington	21:46	1:43:39 -	3
34	Colin Palmer	Notts AC B		19:08	1:33:22 -	1	82	Nick Price	HalesowenA B	21:27	1:45:07	0
35	Phil Parry	Bristol&W B		19:00	1:33:31 +	3	83	David Shroll	Neath Harr B	20:55	1:46:06	0
36	Liam MacNabola	Luton Athl		20:13	1:34:11 -	4	Fastest runners over stage 5:					
37	Keith Newton	Herne Hill		19:29	1:34:22 +	3	1	Mo Farah	Newham And A	16:33		
38	Jon Turnock	Staffordsh A		19:56	1:34:26 -	1	2	Scott Overall	Blackheath	17:03		
39	Mike Buntin	Tipton Har B		18:36	1:34:28 +	6	3	Phil Wicks	Belgrave H A	17:09		
40	James Sumpter	Thames Val		18:36	1:34:38 +	6	4	J Ndayesenga	Birchfield A	17:14		
41	Michael Dawson	MorpethH&A B		19:09	1:34:45 +	2	5	Chris Thompson	Aldershot, A	17:15		
42	Graeme Garner	Kent Ac		20:12	1:35:00 -	3	6	T Woldemichael	Shettleston	17:32		
43	Arber Baci	Enfield &		20:56	1:35:16 -	9	7	Ashley Harrell	City Of No A	17:32		
44	Nathan Bolton	Wakefield		20:16	1:35:39 -	2	8	Darren Deed	Bedford An	17:34		
45	Ian White	Bournemouth		20:14	1:35:57 -	1	9	A Holliday	Tipton Har A	17:47		
46	Aodh O'Neill	Serpentine		19:43	1:35:57 +	2	10	Tom Merson	Bristol&W A	17:49		
47	Iwan Jones	Coventry G B		19:59	1:36:06	0						
48	Josh Guilmant	Phoenix Ac		18:54	1:36:22 +	7						

The ERRA National Road Relay Championship at Sutton Park, Birmingham on Saturday 17th October 2009

Senior six stage Stage 6 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain						
1	Moumin Geele	Newham And A		17:03	1:43:14	0		57	Mark Ince	Birmingham	20:11	1:58:24	0
2	Neil Speaight	Belgrave H A		17:22	1:44:54	0		58	Davey Platt	Bideford A	20:14	1:58:41 +	1
3	Ben Moreau	Aldershot, A		17:22	1:45:05	0		59	Howard Bristow	Brighton A	19:41	1:59:02 +	6
4	Matt Janes	Bedford An		17:29	1:45:13	0		60	Douglas Ross	Mansfield	20:33	1:59:04 +	1
5	Simon Deakin	Leeds City A		17:40	1:45:43	0		61	Matt Crehan	StHSA	20:28	1:59:21 +	2
6	Tseagai Tewelde	Shettleston		17:21	1:46:09 +	1		62	Scott Farley	Hillingdon	20:53	1:59:23 -	2
7	Ian Hudspith	MorpethH&A A		17:20	1:46:28 +	4		63	Dave Randall	Cheltenham	21:11	1:59:24 -	7
8	Dan Beier	Tipton Har A		18:22	1:46:46 -	2		64	S MacDonald	Bingley Ha	19:30	1:59:29 +	7
9	James Trollope	Birchfield A		17:49	1:46:48	0		65	Andrew Clews	ValeRA	19:21	1:59:30 +	7
10	David Westbury	Derby Ac		17:25	1:47:07 +	5		66	P Bangani	Salford Ha A	19:10	1:59:30 +	7
11	Ross Houston	Central Ac		17:35	1:47:09 +	3		67	Dave Lander	Severn	20:46	1:59:43 -	3
12	Bruce Raeside	Notts AC A		17:37	1:47:10 +	1		68	Rod Jones	Westbury H	20:11	1:59:54 +	1
13	Robbie Budgen	Bristol&W A		18:07	1:47:12 -	3		69	Paul Talbot	Neath Harr A	20:24	2:00:20 +	1
14	James Poole	Blackheath		18:30	1:47:51 -	2		70	John Grindey	LeicesterC	20:54	2:00:26 -	2
15	A Whittingham	Altrincham		19:31	1:48:21 -	7		71	Phil Gould	Kenilworth	19:31	2:01:46 +	4
16	Sullivan Smith	Swansea Ha		18:15	1:49:25	0		72	Chris Wilson	Worcester	18:32	2:02:02 +	7
17	Andy Friend	Cardiff A.		18:37	1:49:52 +	2		73	D Mansbridge	Telford Ac B	20:03	2:02:35 +	3
18	Martin Cox	Salford Ha B		17:55	1:50:03 +	8		74	Glen North	Charnwood A	20:42	2:03:16 +	3
19	Tim Doran	Aldershot, B		18:53	1:50:05 -	2		75	Russel Simpson	RoyalSC	21:36	2:04:11 +	3
20	M Barnes-Smith	Woodford G		17:51	1:50:16 +	9		76	John Walker	Staffordsh B	20:49	2:04:23 +	4
21	Tommy Carroll	City Of No A		18:28	1:50:24 +	2		77	D Waddington	Wigan Phoe	22:42	2:04:41 -	3
22	Paul Ward	Telford Ac A		18:26	1:50:30 +	3		78	C Eastaugh	Leamington	22:18	2:05:57 +	3
23	John Clarke	Newham And B		18:43	1:50:43 +	1		79	Tim Hazelwood	HalesowenA B	23:01	2:08:08 +	3
24	Marc Elliott	Gateshead		19:35	1:50:49 -	6		80	Kevin Lewis	Neath Harr B	22:26	2:08:32 +	3
25	W Strangeway	Lincoln We		18:22	1:50:50 +	5		Fastest runners over stage 6:					
26	Colin Potts	Liverpool A		19:05	1:50:52 -	4		1	Moumin Geele	Newham And A	17:03		
27	Ben Pochee	Highgate H		18:31	1:50:55 +	1		2	Ian Hudspith	MorpethH&A A	17:20		
28	Richard Taylor	Coventry G A		18:53	1:51:03 -	1		3	Tseagai Tewelde	Shettleston	17:21		
29	John Charles	Belgrave H B		19:34	1:51:10 -	9		4	Neil Speaight	Belgrave H A	17:22		
30	Liam Thompson	Warrington		19:28	1:51:13 -	9		5	Ben Moreau	Aldershot, A	17:22		
31	Geoff Belcher	Leeds City B		19:01	1:51:39 +	1		6	David Westbury	Derby Ac	17:25		
32	Tony Jackson	Shaftesbur		19:41	1:52:30 +	1		7	Matt Janes	Bedford An	17:29		
33	Rob Nixon	Notts AC B		19:14	1:52:36 +	1		8	Ross Houston	Central Ac	17:35		
34	Rob Flannery	Sale Harri		20:47	1:53:17 -	3		9	Bruce Raeside	Notts AC A	17:37		
35	Iain Lockett	Herne Hill		18:59	1:53:21 +	2		10	Simon Deakin	Leeds City A	17:40		
36	J Ratcliffe	Tipton Har B		19:02	1:53:30 +	3		Fastest of all legs					
37	Ben Harrison	MorpethH&A B		19:16	1:54:01 +	4		1	Mo Farah	Newham And A	16:33		
38	Nazwari Dawit	Thames Val		19:36	1:54:14 +	2		2	Chris Davies	Telford Ac A	16:42		
39	David Bratt	Staffordsh A		19:51	1:54:17 -	1		3	James Miles	Phoenix Ac	16:49		
40	P Benedickter	Luton Athl		20:27	1:54:38 -	4		4	Scott Overall	Blackheath	17:03		
41	Eric Vamben	Serpentine		19:08	1:55:05 +	5		=	Moumin Geele	Newham And A	17:03		
42	Lee Haze	Kent Ac		20:10	1:55:10	0		6	Jonny Taylor	MorpethH&A A	17:06		
43	Alistair Smith	Coventry G B		19:16	1:55:22 +	4		=	Neilson Hall	Bedford An	17:06		
44	Rhys Fowler	Enfield &		20:09	1:55:25 -	1		8	Phil Wicks	Belgrave H A	17:09		
45	Andy Thake	Hallamshir		18:43	1:55:46 +	6		9	D Forrester	StHSA	17:10		
46	R Copestick	Bournemouth		20:26	1:56:23 -	1		=	Lee Merrien	Newham And A	17:10		
47	Chris Penn	HalesowenA A		19:33	1:56:26 +	3							
48	E Jackson	New Marske		19:49	1:56:34 +	1							
49	S Cheverton	City Of No B		19:31	1:57:16 +	5							
50	Chris Ward	Wakefield		21:39	1:57:18 -	6							
51	George Harden	Sunderland		20:19	1:57:39 +	1							
52	Tom McKee	Kingston U		20:02	1:57:52 +	3							
53	Jay Tartt	Southport		19:13	1:57:57 +	9							
54	Ben Martin	Trafford A		20:41	1:58:08 -	1							
55	Paul Humphries	Rotherham		19:50	1:58:12 +	3							
56	Cameron Smart	Windsor SI		18:56	1:58:20 +	11							

The ERRA National Road Relay Championship at Sutton Park, Birmingham on Saturday 17th October 2009

Senior six stage — Team Results — Final (nn) is team position after the appropriate stage.

1 Newham And Essex Beagles			‘A’ 1:43:14			15 Altrincham			1:48:21		
1 D Mitchinson	(13)	17:30	2 Chris MacKay	(1)	17:16	1 Matthew Barnes	(4)	17:16	2 Dave Norman	(5)	17:35
3 Lee Merrien	(1)	17:10	4 Kevin Skinner	(1)	17:42	3 Andy Norman	(10)	18:19	4 Marius Ionescu	(4)	17:12
5 Mo Farah	(1)	16:33	6 Moumin Geele	(1)	17:03	5 Ian Fisher	(8)	18:28	6 A Whittingham	(15)	19:31
2 Belgrave Harriers			‘A’ 1:44:54			16 Swansea Harriers			1:49:25		
1 Stephen Sharp	(11)	17:28	2 Nick Goolab	(8)	17:35	1 R Nicholls	(35)	18:11	2 Lewys Hobbs	(15)	17:13
3 Simon Jones	(3)	17:43	4 Daniel Mulhare	(5)	17:37	3 Guy Smith	(25)	19:23	4 Marc Hobbs	(25)	18:21
5 Phil Wicks	(2)	17:09	6 Neil Speaight	(2)	17:22	5 Craig Hopkins	(16)	18:02	6 Sullivan Smith	(16)	18:15
3 Aldershot, Farnham & District			‘A’ 1:45:05			17 Cardiff A.A.C.			1:49:52		
1 Mat Ashton	(18)	17:34	2 Paul Rodgers	(18)	18:00	1 Tom Marshall	(6)	17:17	2 Chris Moss	(14)	18:06
3 S Scullion	(7)	17:26	4 Ben Lindsay	(6)	17:28	3 Alex Hains	(11)	17:47	4 Adam Bitchell	(13)	18:14
5 Chris Thompson	(3)	17:15	6 Ben Moreau	(3)	17:22	5 Ed Takata	(19)	19:51	6 Andy Friend	(17)	18:37
4 Bedford And County AC			1:45:13			18 Salford Harriers & AC			‘B’ 1:50:03		
1 Owain Matthews	(26)	17:41	2 Neilson Hall	(3)	17:06	1 Carl Hardman	(31)	18:05	2 Andi Jones	(22)	17:37
3 Dan Dalmedo	(5)	18:01	4 Mark Draper	(3)	17:22	3 Joseph Bailey	(22)	18:40	4 Ben Riddell	(24)	18:44
5 Darren Deed	(4)	17:34	6 Matt Janes	(4)	17:29	5 Rob Hughes	(26)	19:02	6 Martin Cox	(18)	17:55
5 Leeds City AC			‘A’ 1:45:43			19 Aldershot, Farnham & District			‘B’ 1:50:05		
1 Alan Buckley	(7)	17:22	2 James Walsh	(6)	17:31	1 Neil Phillips	(27)	17:50	2 Graham Breen	(34)	18:50
3 Dave Webb	(2)	17:41	4 J Wilkinson	(2)	17:19	3 Steve Connor	(30)	18:19	4 Jonny Hay	(21)	17:41
5 Darran Bilton	(5)	18:10	6 Simon Deakin	(5)	17:40	5 Joe Morwood	(17)	18:32	6 Tim Doran	(19)	18:53
6 Shettleston Harriers			1:46:09			20 Woodford Green & Essex Ladies			1:50:16		
1 M Gillespie	(41)	18:19	2 T Mengisteab	(23)	17:24	1 Daniel Agustus	(34)	18:08	2 Craig Berg	(37)	18:37
3 Amanuel Hagos	(8)	17:24	4 Paul Sorrie	(12)	18:09	3 Alex Cornwell	(36)	18:40	4 Matt Shone	(30)	18:16
5 T Woldemichael	(7)	17:32	6 Tsegai Tewelde	(6)	17:21	5 Hywel Care	(29)	18:44	6 M Barnes-Smith	(20)	17:51
7 Morpeth Harriers & AC			‘A’ 1:46:28			21 City Of Norwich AC			‘A’ 1:50:24		
1 Matt Nicholson	(29)	17:59	2 Jonny Taylor	(10)	17:06	1 Luke Allen	(57)	18:50	2 Carl Goose	(52)	18:47
3 Ian Harding	(14)	18:19	4 Nick Swinburn	(8)	17:42	3 Mitch Goose	(28)	17:20	4 Stu Huntington	(35)	19:27
5 Chris Sampson	(11)	18:02	6 Ian Hudspith	(7)	17:20	5 Ashley Harrell	(23)	17:32	6 Tommy Carroll	(21)	18:28
8 Tipton Harriers			‘A’ 1:46:46			22 Telford AC			‘A’ 1:50:30		
1 Ian Williams	(25)	17:38	2 Phil Hinch	(17)	17:55	1 Mark Dalkins	(22)	17:36	2 Chris Rimmer	(28)	18:37
3 M Williams	(9)	17:35	4 Phil Nicholls	(7)	17:29	3 Chris Davies	(6)	16:42	4 Chris Bagshaw	(19)	19:30
5 A Holliday	(6)	17:47	6 Dan Beier	(8)	18:22	5 Chris Carter	(25)	19:39	6 Paul Ward	(22)	18:26
9 Birchfield Harriers			‘A’ 1:46:48			23 Newham And Essex Beagles			‘B’ 1:50:43		
1 Simon Tenvi	(3)	17:15	2 Ben Livsey	(9)	17:50	1 Samatar Farah	(28)	17:52	2 Kaim Stone	(25)	17:59
3 Zak Kehara	(4)	17:42	4 P Whitehouse	(14)	18:58	3 Ian Grime	(23)	18:43	4 Scott Sterling	(22)	18:15
5 J Ndayesenga	(9)	17:14	6 James Trollope	(9)	17:49	5 John Pike	(24)	19:11	6 John Clarke	(23)	18:43
10 Derby AC			1:47:07			24 Gateshead Harriers & Athletics			1:50:49		
1 Jonathon Gilby	(9)	17:25	2 Richard Weir	(2)	17:21	1 A Carmichael	(70)	19:22	2 Ross Murray	(44)	17:38
3 T Lawrence	(21)	19:27	4 Luke Gunn	(15)	17:36	3 Sean Hall	(35)	18:25	4 Chris Parr	(26)	17:44
5 Alex Pilcher	(15)	17:53	6 David Westbury	(10)	17:25	5 R Stephenson	(18)	18:05	6 Marc Elliott	(24)	19:35
11 Central AC			1:47:09			25 Lincoln Wellington A C			1:50:50		
1 Alistair Hay	(10)	17:26	2 Sean Reilly	(13)	17:54	1 Tom Doe	(19)	17:34	2 Ian Kimpton	(24)	18:11
3 A Hendry	(16)	18:17	4 Robert Russell	(9)	17:34	3 Matt Bowser	(15)	17:45	4 Tom Straw	(20)	19:02
5 Lewis Millar	(14)	18:23	6 Ross Houston	(11)	17:35	5 Shane Robinson	(30)	19:56	6 W Strangeway	(25)	18:22
12 Notts AC			‘A’ 1:47:10			26 Liverpool Harriers & AC			‘A’ 1:50:52		
1 M Whitehouse	(21)	17:35	2 Ben Norris	(20)	18:04	1 Richard Burney	(37)	18:14	2 J Mellor	(16)	17:16
3 Tim Hartley	(12)	17:33	4 Jon Thewlis	(10)	18:01	3 R Challinor	(20)	18:36	4 Adam Peers	(18)	18:18
5 B Farquaharson	(13)	18:20	6 Bruce Raeside	(12)	17:37	5 Ian Lawton	(22)	19:23	6 Colin Potts	(26)	19:05
13 Bristol & West			‘A’ 1:47:12			27 Highgate Harriers			1:50:55		
1 Jon Wills	(2)	17:12	2 Richard Peters	(19)	18:24	1 Peter Nowill	(16)	17:32	2 David Bruce	(12)	17:47
3 Phil Wylie	(13)	17:39	4 Steve Mitchell	(11)	18:01	3 Henry Dodwell	(19)	18:44	4 Ryan McKinlay	(23)	18:47
5 Tom Merson	(10)	17:49	6 Robbie Budgen	(13)	18:07	5 Peter Downie	(28)	19:34	6 Ben Pochee	(27)	18:31
14 Blackheath & Bromley Harriers			1:47:51			28 Coventry Godiva Harriers			‘A’ 1:51:03		
1 Alex BruceL	(44)	18:20	2 Andrew Rayner	(29)	17:56	1 Ben Jones	(17)	17:32	2 Ryan Kenny	(21)	18:09
3 Alex Gibbins	(27)	18:39	4 M Skinner	(17)	17:23	3 Matt Lole	(24)	18:56	4 Tom Madden	(27)	18:41
5 Scott Overall	(12)	17:03	6 James Poole	(14)	18:30	5 James Griggs	(27)	18:52	6 Richard Taylor	(28)	18:53

The ERRA National Road Relay Championship

at Sutton Park, Birmingham on Saturday 17th October 2009

29 Belgrave Harriers		'B' 1:51:10		43 Coventry Godiva Harriers		'B' 1:55:22	
1 Steve Davies (23) 17:37	2 Mark Pollard (26) 18:20	1 Richard Burman (58) 18:50	2 Chris Bannon (49) 18:29	3 James Kelly (18) 18:05	4 Paskar Owor (16) 18:14	3 E Combstock (51) 19:24	4 Damian Carr (47) 19:24
5 Will Cockerell (20) 19:20	6 John Charles (29) 19:34	5 Iwan Jones (47) 19:59	6 Alistair Smith (43) 19:16				
30 Warrington Athletic Club		1:51:13		44 Enfield & Haringey AC		1:55:25	
1 Harry Ellis (12) 17:29	2 S Broadhurst (31) 18:52	1 Shaun Collins (14) 17:31	2 Jon Pepper (11) 17:43	3 M Jackson (32) 18:48	4 L Walker (29) 18:26	3 Alex Jones (29) 19:44	4 Matt Sharp (34) 19:22
5 Daniel Cliffe (21) 18:10	6 Liam Thompson (30) 19:28	5 Arber Baci (43) 20:56	6 Rhys Fowler (44) 20:09				
31 Leeds City AC		'B' 1:51:39		45 Hallamshire Harriers Sheffield		1:55:46	
1 Mike Burrett (45) 18:21	2 Adam Grice (40) 18:29	1 Joe Gratton (73) 19:30	2 Dave Sprot (71) 19:51	3 Chris Birchall (37) 18:41	4 Joe Townsend (36) 18:56	3 Alex Smith (61) 18:43	4 Armund Bush (52) 18:50
5 M Gostling (32) 18:11	6 Geoff Belcher (31) 19:01	5 Scott Wilson (51) 20:09	6 Andy Thake (45) 18:43				
32 Shaftesbury Barnet		1:52:30		46 Bournemouth Athletic Club		1:56:23	
1 Jack Parslow (33) 18:07	2 Tom Bedford (30) 18:12	1 Steven Way (36) 18:13	2 Jon Sharkey (46) 18:54	3 James Trapmore (34) 19:03	4 Naill Fleming (31) 18:29	3 Ian Habgood (43) 18:55	4 R McTaggart (44) 19:41
5 Matthew Grant (33) 18:58	6 Tony Jackson (32) 19:41	5 Ian White (45) 20:14	6 R Copestick (46) 20:26				
33 Notts AC		'B' 1:52:36		47 Halesowen A & Cc		'A' 1:56:26	
1 Darren Fowle (42) 18:19	2 Ashley Sabin (38) 18:26	1 Dom Morton (54) 18:43	2 Bill Nock (56) 19:14	3 Rob Keal (38) 18:54	4 Chris McGurk (33) 18:35	3 Dave Kesterton (52) 19:04	4 C Booker (51) 19:35
5 Colin Palmer (34) 19:08	6 Rob Nixon (33) 19:14	5 Andrew Butler (50) 20:17	6 Chris Penn (47) 19:33				
34 Sale Harriers Manchester		1:53:17		48 New Marske Harriers		1:56:34	
1 Matt Bond (15) 17:31	2 Gareth Raven (4) 17:18	1 Russell Best (30) 18:00	2 Andrew Wiles (27) 17:59	3 James Bailey (17) 19:07	4 Jamie Roden (28) 19:28	3 Shaun O'Grady (33) 19:16	4 Andrew Sugden (50) 21:14
5 Ryan Worland (31) 19:06	6 Rob Flannery (34) 20:47	5 Adam Blowers (49) 20:16	6 E Jackson (48) 19:49				
35 Herne Hill Harriers		1:53:21		49 City Of Norwich AC		'B' 1:57:16	
1 Alan Barnes (50) 18:37	2 Chris Busaileh (45) 18:25	1 Andrew Bunn (71) 19:24	2 Iain Robertson (70) 19:43	3 David Peters (42) 18:47	4 J Cunningham (40) 19:04	3 Oliver Maskell (72) 19:54	4 Jon Quint (65) 19:38
5 Keith Newton (37) 19:29	6 Iain Lockett (35) 18:59	5 James Jackson (54) 19:06	6 S Cheverton (49) 19:31				
36 Tipton Harriers		'B' 1:53:30		50 Wakefield Harriers		1:57:18	
1 Mike Aspinall (20) 17:35	2 Tom Holden (35) 19:06	1 Jack Hallas (32) 18:06	2 Ben Homer (54) 19:35	3 J Millington (47) 19:51	4 Phil Clamp (45) 19:20	3 Nathan Elliot (45) 18:40	4 Chris Price (42) 19:02
5 Mike Buntin (39) 18:36	6 J Ratcliffe (36) 19:02	5 Nathan Bolton (44) 20:16	6 Chris Ward (50) 21:39				
37 Morpeth Harriers & AC		'B' 1:54:01		51 Sunderland Harriers & AC		1:57:39	
1 Peter Newton (43) 18:20	2 Ross Floyd (39) 18:30	1 Patrick Martin (5) 17:17	2 Jack Martin (7) 17:45	3 Jonny Young (44) 19:27	4 D Swinburne (43) 19:19	3 Andrew MacRae (31) 20:00	4 Jason Waite (41) 20:02
5 Michael Dawson (41) 19:09	6 Ben Harrison (37) 19:16	5 Cory Hood (52) 22:16	6 George Harden (51) 20:19				
38 Thames Valley Harriers		1:54:14		52 Kingston Upon Hull AC		1:57:52	
1 Paul Whitlam (47) 18:23	2 Mohamud Aadan (47) 18:44	1 Robert Hodges (52) 18:40	2 J Perkins (68) 20:06	3 Chris Smith (41) 18:42	4 Ali Yahye (46) 20:13	3 Kris Lecher (59) 18:59	4 G Clarkson (60) 20:37
5 James Sumpter (40) 18:36	6 Nazwari Dawit (38) 19:36	5 David Ricketts (55) 19:28	6 Tom McKee (52) 20:02				
39 Staffordshire Moorlands AC		'A' 1:54:17		53 Southport Waterloo AC		1:57:57	
1 Marc Hartley (38) 18:15	2 Kyle Fowler (48) 18:59	1 R Shearer (60) 18:53	2 Joseph Vis (66) 19:50	3 Ryan Holroyd (48) 19:19	4 Matt Clowes (37) 17:57	3 Mike Evans (71) 20:17	4 Patrick Vis (67) 20:10
5 Jon Turnock (38) 19:56	6 David Bratt (39) 19:51	5 Rob Berry (62) 19:34	6 Jay Tartt (53) 19:13				
40 Luton Athletic Club		1:54:38		54 Trafford AC		1:58:08	
1 Daniel Clorley (39) 18:15	2 N Quigley (33) 18:17	1 Tom Charles (53) 18:41	2 Michael Hunt (67) 20:03	3 John McDonnell (26) 18:17	4 D Woodgate (32) 19:09	3 Ian Salisbury (58) 18:57	4 Berdejo Fresno (54) 19:42
5 Liam MacNabola (36) 20:13	6 P Benedickter (40) 20:27	5 Jeff Prest (53) 20:04	6 Ben Martin (54) 20:41				
41 Serpentine		1:55:05		55 Rotherham H & AC		1:58:12	
1 R Phillips (48) 18:29	2 Hugh Torry (50) 18:53	1 Luke Field (78) 19:52	2 Kyle Craib (74) 19:59	3 H Zietsman (49) 19:18	4 Simon Barrett (48) 19:34	3 Philip Hoole (54) 17:34	4 Dave Tune (63) 21:08
5 Aodh O'Neill (46) 19:43	6 Eric Vamben (41) 19:08	5 J Maxfield (58) 19:49	6 Paul Humphries (55) 19:50				
42 Kent AC		1:55:10		56 Windsor Slough Eton & Hounslow		1:58:20	
1 Phil Sanders (75) 19:44	2 James Connor (57) 18:15	1 Nathan White (40) 18:17	2 Stephen Kimber (51) 19:16	3 Jermaine Mays (40) 17:48	4 A Dunwoody (39) 19:01	3 Ian May (50) 19:08	4 C Coleman (61) 21:44
5 Graeme Garner (42) 20:12	6 Lee Haze (42) 20:10	5 Nick Lingley (67) 20:59	6 Cameron Smart (56) 18:56				

57	Birmingham Rowheath AC		1:58:24		72	Worcester AC		2:02:02			
1	M Matthews	(49) 18:33	2	Paul Thompson	(41) 18:21	1	Sam Mitchell	(67) 19:13	2	Dave O'Brien	(75) 20:42
3	Robert Vaughan	(53) 20:09	4	Ed Banks	(56) 20:26	3	Chris Davies	(79) 20:55	4	Andrew Peach	(81) 21:45
5	Jonathon Tune	(57) 20:44	6	Mark Ince	(57) 20:11	5	A Poppleton	(79) 20:55	6	Chris Wilson	(72) 18:32
58	Bideford Aac		1:58:41		73	Telford AC		‘B’ 2:02:35			
1	Kevin Heywood	(8) 17:23	2	Mark Jenkin	(36) 19:20	1	John Sanders	(83) 20:38	2	Wayne Dashper	(83) 20:00
3	Dan Mapp	(46) 19:39	4	Andrew Ingle	(49) 19:55	3	Richard Lucock	(76) 19:59	4	J Hockey	(75) 20:13
5	Chris Stone	(59) 22:10	6	Davey Platt	(58) 20:14	5	Paul Williams	(76) 21:42	6	D Mansbridge	(73) 20:03
59	Brighton And Hove City AC		1:59:02		74	Charnwood		‘A’ 2:03:16			
1	M Bristow	(64) 19:06	2	James McCarthy	(55) 18:41	1	Steve Mears	(87) 21:49	2	Mark Crofts	(84) 20:02
3	Andrew Donno	(57) 19:50	4	D Titheradge	(68) 21:34	3	Scott Baxter	(83) 20:51	4	Peter Swaine	(79) 19:24
5	Luke Lambourne	(65) 20:10	6	Howard Bristow	(59) 19:41	5	Richard Brown	(77) 20:28	6	Glen North	(74) 20:42
60	Mansfield Harriers & A.C.		1:59:04		75	Royal Sutton Coldfield		2:04:11			
1	Danny Barks	(79) 20:05	2	James Mee	(58) 18:01	1	Simon Lees	(74) 19:34	2	Simon Bond	(77) 20:33
3	Stuart King	(66) 20:23	4	C Brown-Monks	(59) 19:49	3	Steve Marklew	(63) 18:05	4	Fred Tremblay	(76) 23:06
5	Russell Betts	(61) 20:13	6	Douglas Ross	(60) 20:33	5	Marcus Smedley	(78) 21:17	6	Russel Simpson	(75) 21:36
61	St Helens Sutton Ac		1:59:21		76	Staffordshire Moorlands AC		‘B’ 2:04:23			
1	D Forrester	(1) 17:10	2	Dany Griffiths	(32) 19:21	1	Gareth Briggs	(77) 19:50	2	Pete Martin	(81) 20:36
3	Jake Healey	(55) 20:56	4	Greg Williams	(53) 19:55	3	Mark Wood	(82) 22:05	4	Darren Perry	(80) 19:53
5	Ian Costello	(63) 21:31	6	Matt Crehan	(61) 20:28	5	Kelvin Amos	(80) 21:10	6	John Walker	(76) 20:49
62	Hillingdon AC		1:59:23		77	Wigan Phoenix		2:04:41			
1	Martin Bateman	(69) 19:19	2	Richard Mann	(62) 19:16	1	Mike O'Neill	(72) 19:25	2	John Morrissey	(73) 20:18
3	D Thompson	(67) 19:56	4	R Thompson	(62) 19:55	3	Steve Nicholls	(74) 20:37	4	M Manir-Jolley	(77) 21:00
5	James Laing	(60) 20:04	6	Scott Farley	(62) 20:53	5	Chris Wilson	(74) 20:39	6	D Waddington	(77) 22:42
63	Cheltenham Harriers		1:59:24		78	Leamington C & AC		2:05:57			
1	Corin Hughes	(63) 18:59	2	Seb Foy	(59) 19:25	1	Richard Harper	(56) 18:47	2	Jack Mee	(65) 19:55
3	R Forsbrook	(62) 19:43	4	Will New	(64) 20:28	3	Matthew Butler	(80) 22:11	4	Jamie Langley	(78) 21:00
5	Andrew Hussey	(56) 19:38	6	Dave Randall	(63) 21:11	5	Graham Roberts	(81) 21:46	6	C Eastaugh	(78) 22:18
64	Bingley Harriers		1:59:29		79	Halesowen A & Cc		‘B’ 2:08:08			
1	S Broadbent	(66) 19:11	2	John Convery	(64) 19:29	1	Nick Hazelwood	(80) 20:20	2	Dan Cleary	(80) 19:57
3	Steven Carney	(69) 19:59	4	Marc Teasey	(72) 21:23	3	Oliver Holder	(81) 22:00	4	Kevin Monk	(82) 21:23
5	Aidan Johnson	(71) 19:57	6	S MacDonald	(64) 19:30	5	Nick Price	(82) 21:27	6	Tim Hazelwood	(79) 23:01
65	Vale Royal AC		1:59:30		80	Neath Harriers		‘B’ 2:08:32			
1	Chris Perry	(68) 19:15	2	Stu Doyle	(63) 19:24	1	Carl Ellis	(85) 20:52	2	Lee Sandham	(85) 21:32
3	Zack Cross	(73) 20:34	4	Ed Crowther	(70) 20:27	3	Peter Crane	(85) 20:59	4	David Crane	(83) 21:48
5	Tom Annable	(72) 20:29	6	Andrew Clews	(65) 19:21	5	David Shroll	(83) 20:55	6	Kevin Lewis	(80) 22:26
66	Salford Harriers & AC		‘A’ 1:59:30		Incomplete Teams:						
1	James Kovacs	(76) 19:49	2	Paul Savage	(69) 19:14	Bristol & West					
3	Simon Bruton	(64) 19:15	4	Dave Hudson	(71) 21:26	‘B’					
5	Paul Birkett	(73) 20:36	6	P Bangani	(66) 19:10	1	S Gallienne	(46) 18:21	2	Nathan Young	(43) 18:38
						3	Dan Woolford	(39) 18:41	4	Harry Webb	(38) 18:51
						5	Phil Parry	(35) 19:00			
67	Severn		1:59:43		Phoenix AC						
1	James Rose	(82) 20:30	2	Gary Hope	(72) 19:06	1	Dave Carter	(59) 18:53	2	Finn McNally	(53) 18:45
3	Tim Dalton	(60) 18:23	4	Alex Hope	(58) 20:13	3	Dan Stepney	(77) 23:01	4	James Miles	(55) 16:49
5	Simon Fortnam	(64) 20:45	6	Dave Lander	(67) 20:46	5	Josh Guilmant	(48) 18:54			
68	Westbury Harriers		1:59:54		Birchfield Harriers						
1	Sam Dalgleish	(51) 18:39	2	Joe Dalgleish	(60) 19:52	1	Adam Watt	(62) 18:59	2	Greg Devall	(78) 21:11
3	Daniel Studley	(65) 19:54	4	John Terry	(66) 20:33	3	Ben Sharmen	(70) 18:45	4	Simon O'Mera	(69) 20:17
5	Gregg Ward	(69) 20:45	6	Rod Jones	(68) 20:11	5	John Cullen	(66) 20:11			
69	Neath Harriers		‘A’ 2:00:20		Team Southampton						
1	Phil Crane	(84) 20:48	2	Matthew Evans	(79) 19:26	1	A Wall-Clarke	(61) 18:57	2	Peter Batten	(82) 21:40
3	Matthew Harvey	(78) 20:31	4	Paul Richards	(73) 19:22	3	Jon Slade	(75) 19:54			
5	Paul Griffiths	(70) 19:49	6	Paul Talbot	(69) 20:24	Bromsgrove & Redditch					
						1	Sean Bowden	(55) 18:45	2	Simon Lanckham	(76) 21:15
						3	Robert Mole	(84) 22:59			
70	Leicester Coritanian		2:00:26		Charnwood						
1	Gordon Lee	(24) 17:37	2	Simon Cotton	(42) 19:20	1	Michael Brind	(86) 20:59	2	Paul Harmer	(86) 22:39
3	Dave Pearce	(56) 20:34	4	Derek Guess	(57) 20:26						
5	Craig Sabon	(68) 21:35	6	John Grindey	(70) 20:54						
71	Kenilworth Runners		2:01:46		Newport Harriers						
1	Mike Johnson	(65) 19:09	2	Rich Simkiss	(61) 19:24	1	James Nasrat	(81) 20:21			
3	Stuart Hopkins	(68) 20:05	4	Pete Bryan	(74) 21:34						
5	Roger Homes	(75) 22:03	6	Phil Gould	(71) 19:31						