

Pos	Name	Club	Time	M/F	Age Group
1	Nick Swinburn (117)	Morpeth Harriers	34.28	M	
2	Michael Morris (94)	Morpeth Harriers	35.39	M	
3	James Buis (8)	Heaton Harriers	35.56	M	
4	Lee Millmore (115)	Birtley AC	36.42	M	
5	Stephen Grey (110)	Elswick Harriers	37.56	M	O40
6	John Donneky (27)	Derwentside AC	38.35	M	
7	Jason Allison (96)	Crook AC	38.39	M	
8	Daniel Flint (107)	Blaydon Harriers	38.49	M	
9	Dan Robins (90)	Heaton Harriers	38.57	M	
10	Patrick Duffy (76)	Unattached	39.18	M	
11	Jane Mooney (54)	Morpeth Harriers	40.21	F	
12	George Arthur (6)	South Shields	40.24	M	O45
13	Les Smith (5)	Heaton Harriers	40.29	M	
14	Mark Hood (7)	Jarrow & Hebburn AC	40.38	M	
15	Luke Aston (43)	Blaydon Harriers	40.43	M	
16	Liam Armstrong (93)	Crook AC	41.07	M	
17	Geoff Scott (95)	NFR	41.18	M	O45
18	Mark Likeman (109)	Heaton Harriers	41.23	M	
19	Michael Bunn (10)	Jarrow & Hebburn AC	41.25	M	O45
20	Paul Tait (12)	Tynedale Harriers	41.30	M	O50
21	Peter Miller (98)	Chester-le-Street	42.30	M	O45
22	Peter Morgan (83)	South Shields	43.30	M	O50
23	Alan Turnbull (92)	North Shields Poly	43.35	M	O40
24	Peter Richardson (88)	Sunderland Harriers	43.48	M	O55
25	Glenn Robinson (44)	Unattached	43.51	M	O40
26	Angela Hunter (114)	Chester-le-Street	43.54	F	
27	Andrew Squires (38)	Alnwick Harriers	44.10	M	O45
28	David Thompson (113)	Ryton Triathlon Club	44.13	M	
29	Claire Buis (9)	Heaton Harriers	44.15	F	
30	Sarah Lister (33)	Unattached	44.23	F	
31	David Jardin (55)	Unattached	44.32	M	
32	John Pope (32)	Unattached	44.40	M	O50
33	Tracy Brown (112)	Unattached	45.13	F	
34	Iain McLaren (126)	Unattached	45.51	M	O40
35	Rachel Majumdar (125)	Newcastle Uni AC	46.01	F	
36	Christopher Atwell (37)	Alnwick Harriers	46.09	M	O45
37	Fiona Turley (91)	Heaton Harriers	46.13	F	
38	Jason Mellor (36)	Claremont R.R.	46.16	M	
39	Paramjeet Bhohal (56)	Heaton Harriers	46.25	M	O45
40	John Stephenson (26)	Road Runners of GB	46.26	M	O50
41	Keith Lant (118)	Unattached	46.37	M	O50
42	W Kristiansen (122)	Unattached	46.47	M	O50
43	Lisa Walker (50)	Wallsend Harriers	47.20	F	O35
44	Roger Wright (106)	Durham City	47.25	M	O60
45	Rachel Kerr (35)	Claremont R.R.	47.49	F	
46	Des Purdon (104)	Unattached	48.12	M	O40
47	Claire Bruce (89)	Morpeth Harriers	48.22	F	O40
48	Glynnis McKernan (65)	Blaydon Harriers	48.25	F	O45
49	Adam Milne (85)	Unattached	48.29	M	
50	Jonathan Conlon (84)	Unattached	48.40	M	
51	Elizabeth Oates (99)	Crook AC	48.48	F	
52	Graham Laverick (111)	Crook AC	49.17	M	O50
53	John Cockburn (39)	Alnwick Harriers	49.22	M	O60
54	Allen Mulliss (72)	Heaton Harriers	49.25	M	O50
55	John Thompson (48)	Tyne & Wear Fire Brigade	49.46	M	O50

56	F Wood (116)	Sunderland Strollers	49.50	M	O50
57	Mandy Dawson (4)	Elvet Striders	49.59	F	O40
58	Tom Waggott (57)	Unattached	50.07	M	O50
59	Jason Scotney (14)	Unattached	50.21	M	
60	Floyd Evans (123)	Unattached	50.52	M	
61	Gary Legg (66)	R.A.F. AA	51.02	M	O40
62	Bernie Cordes (52)	Morpeth Harriers	51.03	M	O60
63	Janette Kilgour (59)	Claremont R.R.	51.10	F	O55
64	Andrew Watson (101)	Sun City Triathlon Club	51.19	M	
65	Jeff Henderson (31)	North East Vets	51.30	M	O40
66	Dawn Marland (100)	Unattached	51.35	F	
67	Stephen Gray (22)	Unattached	51.38	M	O45
68	Sharon Rogers (102)	Sun City Triathlon Club	52.01	F	O35
69	Tony Maddocks (103)	Wallsend Harriers	52.09	M	O45
70	Christopher Shipman (34)	Unattached	52.10	M	
71	Stephen Robert (105)	Unattached	52.28	M	O40
72	Paul Richardson (60)	Saltwell Harriers	52.34	M	
73	John Gibson (46)	Unattached	52.36	M	O50
74	Harry Norman (47)	North Shields Poly	52.39	M	O45
75	Rob Kirtley (78)	Unattached	52.48	M	O40
76	Andrew Palmer (16)	Heaton Harriers	52.57	M	O40
77	Peter Brooks (70)	Unattached	53.06	M	
78	Steve Rochelle (108)	Saltwell Harriers	53.10	M	O50
79	George Nicholson (121)	Elvet Striders	53.29	M	O55
80	Martin Luxton (30)	Swaledale R R	53.59	M	O55
81	Elizabeth Johnston (19)	Unattached	54.30	F	
82	Steven Johnston (20)	Unattached	54.31	M	
83	Elizabeth Anne Allan (80)	Alnwick Harriers	54.33	F	O40
84	Louise Billcliffe (3)	Elvet Striders	56.08	F	O45
85	Jassim Al-Kanani (86)	Unattached	56.31	M	
86	Anne Irving (45)	Houghton & Peterlee AC	57.13	F	O55
87	Andrew Reynolds (63)	Milocarian AC	57.32	M	O40
88	Mark Lambert (64)	Unattached	57.41	M	O40
89	Tracey Anderson (73)	Unattached	59.11	F	O45
90	Andy Finn (119)	Claremont R.R.	59.19	M	
91	Gillian Donaldson (69)	Saltwell Harriers	59.37	F	O40
92	Kate Sharples (120)	Unattached	59.59	F	
93	Amy Wharton (51)	Sunderland Strollers	61.07	F	
94	Richard Bainbridge (58)	Unattached	62.39	M	O40
95	Helena Simmonds (49)	Saltwell Harriers	63.24	F	
96	Gary Blanks (82)	Unattached	63.49	M	O40
97	Michelle Wright (67)	Unattached	64.05	F	
98	Alan Hansell (75)	Unattached	64.42	M	O55
99	Janet Armstrong (17)	Unattached	65.40	F	O35
100	Caroline Kirk (18)	Unattached	65.42	F	O35
101	Kevin Armstrong (87)	Unattached	65.43	M	O45
102	Patrick Kelly (1)	Birtley AC	68.39	M	O40
103	George Routledge (71)	Heaton Harriers	71.29	M	O60
104	Janet Brook (21)	Unattached	71.50	F	O40
105	Edward Joynson (41)	Gateshead Harriers	92.50	M	O60

Team Results - Male

1	Heaton Harriers	25
2	Morpeth Harriers	65
3	Crook AC	75

James Buis(3), Dan Robins(9), Les Smith(13)
Nick Swinburn(1), Michael Morris(2), Bernie Cc
Jason Allison(7), Liam Armstrong(16), Graham

4 Alnwick Harriers	116
5 South Shields	131

Andrew Squires(27), Christopher Atwell(36), Jc
George Arthur(12), Peter Morgan(22), George .

Team Results - Female
No Complete Teams

ordes(62)
Laverick(52)

John Cockburn(53)
Arthur(97)