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|----|---------------------|-----|-------------------------|-------|
| 1  | Mike Halman         | M   | Wilmslow Running Club   | 56.00 |
| 2  | Graham Houghton     | M   | Spectrum Striders       | 59.02 |
| 3  | Jim Pendrill        | M   | Wilmslow Running Club   | 59.40 |
| 4  | Vincent Van Woerkom | M   | Epsom Oddballs          | 59.49 |
| 5  | Stuart Doyle        | M   | Vale Royal AC           | 60.23 |
| 6  | Mike Hatton         | M45 | South Cheshire Harriers | 60.37 |
| 7  | Peter Speake        | M   | Bildeston Bounders      | 60.42 |
| 8  | Tom McGaff          | M50 | Wilmslow Running Club   | 61.06 |
| 9  | Alan Ashton         | M   | Liverpool Harriers      | 61.40 |
| 10 | Daniel Weston       | M   | Wrexham AC              | 62.19 |
| 11 | Mike Harrington     | M   | Vale Royal AC           | 62.30 |
| 12 | Paul Light          | M45 | Staffs Moorlands        | 63.19 |
| 13 | Andrew Clague       | M   | West Cheshire           | 63.37 |
| 14 | Neil Jones          | M40 | South Cheshire Harriers | 64.44 |
| 15 | John Todd           | M45 | Vale Royal AC           | 64.59 |
| 16 | Dave Gough          | M45 | Vale Royal AC           | 65.22 |
| 17 | Liam Wilkinson      | M   | South Cheshire Harriers | 66.17 |
| 18 | Mark Dodd           | M   | Ellesmere Port AC       | 66.23 |
| 19 | Marcus Crompton     | M40 | Vale Royal AC           | 66.27 |
| 20 | Michael Stone       | M45 | Wirral AC               | 66.36 |
| 21 | Dave Barr           | M   | Liverpool Harriers      | 66.41 |
| 22 | Rob Gilbert         | M   | Wilmslow Running Club   | 67.02 |
| 23 | Mark Bale           | M   | Wilmslow Running Club   | 67.08 |
| 24 | Peter Clayton       | M40 | Vale Royal AC           | 67.09 |
| 25 | Mick Fairs          | M60 | Wilmslow Running Club   | 67.22 |
| 26 | Christine Howard    | F35 | Matlock AC              | 67.43 |
| 27 | Elizabeth Crawshaw  | F   | Unattached              | 68.40 |
| 28 | Ian Smallwood       | M45 | Wilmslow Running Club   | 68.45 |
| 29 | Ian Landucci        | M40 | Unattached              | 68.53 |
| 30 | Paul Collins        | M40 | Wirral AC               | 69.30 |
| 31 | Craig Hunt          | M   | Unattached              | 69.55 |
| 32 | Russell Eaton       | M40 | Unattached              | 70.00 |
| 33 | Steve Smith         | M45 | Wilmslow Running Club   | 70.10 |
| 34 | John Battersby      | M50 | Sale Harriers           | 70.13 |
| 35 | Raphael Murray      | M50 | Macclesfield Harriers   | 70.17 |
| 36 | Sarah Aylmer        | F45 | Stockport Harriers      | 70.42 |
| 37 | Mark Smith          | M   | Tattenhall Runners      | 71.35 |
| 38 | James Beal          | M   | Unattached              | 71.42 |
| 39 | John Thompson       | M45 | Vale Royal AC           | 71.43 |
| 40 | Alan Burton         | M   | Unattached              | 71.45 |
| 41 | John Foulds         | M45 | Horwich RMI             | 71.48 |
| 42 | Lynne Callaghan     | F   | Trentham RC             | 71.57 |
| 43 | Andrew Lennard      | M   | Preston Harriers        | 72.04 |
| 44 | Andrew Blair        | M45 | Tattenhall Runners      | 72.13 |
| 45 | Graham Innes        | M   | Tattenhall Runners      | 72.17 |
| 46 | Amanda Davies       | F   | Tattenhall Runners      | 72.24 |
| 47 | John Coates         | M45 | Northern Vets           | 72.33 |
| 48 | Jacqui Dews         | F35 | Holmfirth Harriers      | 72.38 |
| 49 | Paddy Phelan        | M40 | Unattached              | 72.40 |
| 50 | John Carroll        | M45 | Vale Royal AC           | 72.41 |
| 51 | Neville Griffiths   | M60 | Spectrum Striders       | 72.53 |
| 52 | Sara Atkinson       | F40 | Tattenhall Runners      | 73.11 |
| 53 | Gareth Trimble      | M   | Wilmslow Running Club   | 73.15 |
| 54 | Brad Ehlen          | M   | Spectrum Striders       | 73.30 |

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|-----|-------------------|-----|--------------------------|-------|
| 55  | Andrea Frost      | F40 | Macclesfield Harriers    | 73.32 |
| 56  | Kate Sutton       | F45 | Wilmslow Running Club    | 73.40 |
| 57  | Alison Smith      | F   | Tattenhall Runners       | 74.36 |
| 58  | Simon Mills       | M   | Cheshire Police          | 74.50 |
| 59  | Colin Rathbone    | M60 | Vale Royal AC            | 75.09 |
| 60  | Mike Cutler       | M50 | South Cheshire Harriers  | 75.20 |
| 61  | Rob Barber        | M   | Unattached               | 75.25 |
| 62  | Adrian Samuel     | M40 | Macclesfield Harriers    | 75.47 |
| 63  | Paul Eardley      | M40 | Unattached               | 75.57 |
| 64  | Paul Nicholls     | M   | Wilmslow Running Club    | 76.22 |
| 65  | Brian Speake      | M   | Reading Roadrunners      | 76.23 |
| 66  | Graham Cope       | M   | Uttoxeter Roadrunners    | 76.24 |
| 67  | Martyn Turner     | M   | Unattached               | 76.51 |
| 68  | Adam Neale        | M   | Unattached               | 76.58 |
| 69  | Duncan Martin     | M40 | Unattached               | 77.06 |
| 70  | Jason Bulley      | M40 | Sandbach Striders        | 77.14 |
| 71  | Phil Fowler       | M50 | Northern Vets            | 77.17 |
| 72  | David Kelly       | M   | UKNetRunner              | 77.21 |
| 73  | Nigel Stanhope    | M40 | Unattached               | 77.48 |
| 74  | Tony Mills        | M45 | Unattached               | 78.42 |
| 75  | Mac Khoueryi      | M   | Stadium Runners          | 79.02 |
| 76  | Ian Bowman        | M50 | Unattached               | 79.04 |
| 77  | Des Miles         | M40 | Unattached               | 79.06 |
| 78  | Jo Molyneaux      | F45 | Vale Royal AC            | 79.14 |
| 79  | John Porteous     | M55 | Wilmslow Running Club    | 79.49 |
| 80  | Scott Overton     | M   | Unattached               | 79.51 |
| 81  | Charles Prince    | M   | Unattached               | 80.13 |
| 82  | Huma Rahman       | F35 | Wilmslow Running Club    | 80.15 |
| 83  | Mark Flaherty     | M   | Unattached               | 80.26 |
| 84  | Dave Thompson     | M50 | Spectrum Striders        | 80.37 |
| 85  | John Lawton       | M55 | Sandbach Striders        | 80.46 |
| 86  | Graham Howell     | M55 | Liverpool Harriers       | 80.48 |
| 87  | Russell Edwards   | M   | Unattached               | 80.57 |
| 88  | Ian Ashcroft      | M60 | Wilmslow Running Club    | 81.03 |
| 89  | Ian Donegani      | M45 | Unattached               | 81.06 |
| 90  | Mike Sullivan     | M60 | Wilmslow Running Club    | 81.33 |
| 91  | James Barnes      | M45 | UKNetRunner              | 81.36 |
| 92  | John Anderson     | M40 | Unattached               | 81.38 |
| 93  | Penny Hinke       | F45 | Wilmslow Running Club    | 81.47 |
| 94  | David Aspina      | M   | Styal RC                 | 81.57 |
| 95  | Martin Stirna     | M55 | South Cheshire Harriers  | 82.33 |
| 96  | Amanda Bradbury   | F   | Wilmslow Running Club    | 82.34 |
| 97  | Owen Ashcroft     | M   | Wilmslow Running Club    | 82.37 |
| 98  | Robert Spotswood  | M50 | Abegele Harriers         | 82.46 |
| 99  | Stephen Wilkinson | M55 | Wesham Roadrunners       | 82.48 |
| 100 | Catriona Marshall | M40 | Wilmslow Running Club    | 82.49 |
| 101 | David O'Connell   | M40 | Unattached               | 82.52 |
| 102 | Simon Fenton      | M65 | Wilmslow Running Club    | 83.30 |
| 103 | Paul Clutterbuck  | M40 | Vale Royal AC            | 83.57 |
| 104 | Michael McVey     | M40 | Unattached               | 84.01 |
| 105 | Chris Hewlins     | M   | Unattached               | 85.03 |
| 106 | Graeme Thomas     | M   | Unattached               | 85.08 |
| 107 | Angela Maziere    | F45 | Wilmslow Running Club    | 85.12 |
| 108 | Allan Kay         | M60 | 100 Marathon Club        | 85.14 |
| 109 | Mike Kendrick     | M   | East Manchester Harriers | 85.31 |
| 110 | Gill Collen       | F50 | Warrington Road Runners  | 85.37 |

|     |                   |     |                         |        |
|-----|-------------------|-----|-------------------------|--------|
| 111 | Jordan McVey      | M   | Unattached              | 85.46  |
| 112 | Joseph Morley     | M   | Unattached              | 85.48  |
| 113 | Alex Bowman       | M   | Unattached              | 85.53  |
| 114 | Alan Graham       | M50 | Unattached              | 86.09  |
| 115 | Joe Park          | M70 | Cheshire Tally Ho       | 86.13  |
| 116 | Hugh McKenna      | M55 | Manchester Tri          | 87.25  |
| 117 | Maggie Fenn       | F   | Unattached              | 87.32  |
| 118 | Ciara Murphy      | F   | Unattached              | 87.45  |
| 119 | Janet Snow        | M45 | Vale Royal AC           | 88.01  |
| 120 | Peter Watson      | M65 | Wilmslow Running Club   | 88.05  |
| 121 | Kieran Hynes      | M   | Unattached              | 88.19  |
| 122 | Kath Steer        | F50 | Unattached              | 88.25  |
| 123 | Colin Wynne       | M60 | South Cheshire Harriers | 88.47  |
| 124 | Kasey Lynch       | F   | Wilmslow Running Club   | 89.13  |
| 125 | Barry Pierce      | M55 | Unattached              | 89.25  |
| 126 | Mike Waters       | M   | Unattached              | 89.30  |
| 127 | Charlotte Godfrey | F50 | Wilmslow Running Club   | 89.37  |
| 128 | Lesley Prince     | F40 | Unattached              | 91.32  |
| 129 | Michael Prince    | M   | Unattached              | 91.59  |
| 130 | Dianne Lapworth   | F55 | Unattached              | 92.08  |
| 131 | Jenny Lloyd       | F35 | Unattached              | 92.12  |
| 132 | Charles Fenton    | M   | Unattached              | 92.25  |
| 133 | Suzanne Crampton  | F40 | Unattached              | 92.34  |
| 134 | Peter Cush        | M40 | Unattached              | 93.56  |
| 135 | Toby Williams     | M40 | Unattached              | 94.24  |
| 136 | Malcolm Towler    | M65 | Northern Vets           | 95.29  |
| 137 | Aileen Davidson   | F   | Unattached              | 95.47  |
| 138 | Ian Detheridge    | M40 | Unattached              | 95.59  |
| 139 | Phoebe Dickinson  | F   | Spectrum Striders       | 96.47  |
| 140 | Terry Robson      | M65 | Stockport Harriers      | 97.52  |
| 141 | Nick Rose         | M   | Unattached              | 98.16  |
| 142 | Michael Hall      | M45 | Unattached              | 98.19  |
| 143 | Kedren Elliott    | F   | South Cheshire Harriers | 98.39  |
| 144 | Nina Birch        | F   | Wilmslow Running Club   | 98.53  |
| 145 | Chris Hakes       | M   | Unattached              | 99.06  |
| 146 | Tina Kelly        | F   | Unattached              | 99.07  |
| 147 | Eloise Smith      | F   | Unattached              | 99.27  |
| 148 | Romaine Bowman    | F50 | Unattached              | 100.01 |
| 149 | Melanie Bowman    | F   | Unattached              | 100.01 |
| 150 | Caroline Spurry   | F   | Unattached              | 100.04 |
| 151 | Wendy Flanagan    | F40 | Unattached              | 100.26 |
| 152 | Jenny McCarthy    | F35 | Unattached              | 100.27 |
| 153 | Catherine Burke   | F45 | Hastings AC             | 102.37 |
| 154 | Noelle Lowry      | F   | Unattached              | 103.24 |
| 155 | Craig Jones       | M45 | Sunlight Runners        | 103.29 |
| 156 | Louise Finney     | F   | Biddulph RC             | 103.49 |
| 157 | Lesley Clague     | F65 | Tattenhall Runners      | 104.50 |
| 158 | Nicola Hewlins    | F   | Unattached              | 105.05 |
| 159 | Bill Preston      | M55 | UKNetRunner             | 106.48 |
| 160 | Frances Nicholson | F50 | Unattached              | 108.53 |
| 161 | Samantha Whiting  | F   | Unattached              | 109.14 |
| 162 | April Conroy      | F   | Unattached              | 111.28 |
| 163 | Martin Burke      | M50 | Wadhurst Runners        | 112.33 |
| 164 | Bernie Taylor     | F   | Unattached              | 120.17 |
| 165 | Mark Lloyd        | M45 | Sale Harriers           | 120.17 |