

# The Reebok Manchester Sizzlers

## at Wythenshawe Park, Manchester on Thursday 7th August 2008

### Sale Sizzler — PROVISIONAL RESULTS

| Pos | Name               | Cat/Pos | Club                           | Time  |     |                    |        |                                      |
|-----|--------------------|---------|--------------------------------|-------|-----|--------------------|--------|--------------------------------------|
| 1   | Andi Jones         |         | Salford Harriers               | 14:50 | 85  | Arnold Melling     | V50 5  | Lostock Ac 19:15                     |
| 2   | Garry Bristow      |         | Trafford Athletic Club         | 14:56 | 86  | John Battersby     |        | Sale Harriers Manchester 19:17       |
| 3   | Dave Norman        |         | Altrincham & District AC       | 15:16 | 87  | Kevin Mahon        |        | Unattached 19:22                     |
| 4   | James Kevan        |         | Horwich R M I Harriers         | 15:26 | 88  | Phil Burns         |        | Stockport Harriers & Ac 19:24        |
| 5   | Danny Brocklehurst | JM 1    | Trafford Athletic Club         | 15:31 | 89  | Jamie Wilson       | JM 8   | Salford Harriers 19:30               |
| 6   | Rob Cole           |         | Newham & Essex Beagles         | 15:37 | 90  | Tom McNally        | V40 19 | Stockport Harriers & Ac 19:31        |
| 7   | Jon Cordingley     | V50 1   | Bingley Harriers & Ac          | 15:44 | 91  | Andy Farley        | V40 20 | E Cheshire H & Tameside Ac 19:32     |
| 8   | Jonny Holt         |         | Trafford Athletic Club         | 15:51 | 92  | Jeffrey Norman     | V60 3  | Altrincham & District AC 19:37       |
| 9   | Graham Hogg        | JM 2    | Trafford Athletic Club         | 16:00 | 93  | Kevin Duckworth    | V50 6  | E Cheshire H & Tameside Ac 19:39     |
| 10  | Malcolm Johnson    |         | Stockport Harriers & Ac        | 16:01 | 94  | Jeremy Mirams      |        | Hallamshire Harriers Sheffield 19:40 |
| 11  | Dave Archer        |         | Hallamshire Harriers Sheffield | 16:01 | 95  | David Lever        | V40 21 | Spectrum Striders 19:40              |
| 12  | William Martin     |         | Salford Harriers               | 16:15 | 96  | Martin Harrison    |        | Belle Vue Racers 19:41               |
| 13  | Gareth Booth       |         | Horwich R M I Harriers         | 16:19 | 97  | Caroline Jones     | L 9    | Spectrum Striders 19:43              |
| 14  | Paul Mannion       |         | Unattached                     | 16:20 | 98  | Dominic Sexton     | V40 22 | Hyde Village Striders Rc 19:47       |
| 15  | Mike Hatch         |         | Sale Harriers Manchester       | 16:23 | 99  | Gary Coxon         | V50 7  | E Cheshire H & Tameside Ac 19:49     |
| 16  | David Catt         |         | Liverpool Harriers & AC        | 16:25 | 100 | ?Patrick Byrne     | V40 23 | Middleton Harriers Ac 19:53          |
| 17  | Stephen McLeon     |         | Stockport Harriers & Ac        | 16:28 | 101 | Aaron Myers        |        | Sale Harriers Manchester 19:55       |
| 18  | Colin Gell         |         | Sale Harriers Manchester       | 16:30 | 102 | Michael Gaitom     |        | Sale Harriers Manchester 19:56       |
| 19  | George Kirk        |         | Sale Harriers Manchester       | 16:38 | 103 | Ken Burgess        | V60 4  | Altrincham & District AC 19:57       |
| 20  | Mike Shaw          | V40 1   | Stockport Harriers & Ac        | 16:42 | 104 | Pete Hoyle         | V40 24 | Middleton Harriers Ac 19:59          |
| 21  | Gary Matthews      | V40 2   | E Cheshire H & Tameside Ac     | 16:45 | 105 | Alex Coward        |        | Unattached 20:02                     |
| 22  | Laurie Luscombe    | JM 3    | Liverpool Harriers & AC        | 16:47 | 106 | Ronald Warrener    | V50 8  | Salford Harriers 20:03               |
| 23  | ?Darren Moran      |         | Salford Harriers               | 16:50 | 107 | Vanessa Mulholland | L 10   | Altrincham & District AC 20:05       |
| 24  | Gavin Browne       |         | E Cheshire H & Tameside Ac     | 16:52 | 108 | Carley Davies      | L 11   | Stockport Harriers & Ac 20:07        |
| 25  | Mark Joynton       |         | E Cheshire H & Tameside Ac     | 16:59 | 109 | John Adams         | U7 1   | Unattached 20:09                     |
| 26  | Abraham Eshak      |         | Unattached                     | 17:05 | 110 | Nygel Lyndley      |        | Unattached 20:10                     |
| 27  | Mark Norton        |         | Altrincham & District AC       | 17:06 | 111 | Jackie Cordingley  | L40 2  | Sale Harriers Manchester 20:12       |
| 28  | Sean McMyler       | V40 3   | Bolton United Harriers & Ac    | 17:09 | 112 | William Prout      | V50 9  | Salford Metropolitan Ac 20:13        |
| 29  | Gemma Murphy       | L 1     | Sale Harriers Manchester       | 17:09 | 113 | Jeremy Smith       | V50 10 | Chorlton Runners 20:15               |
| 30  | Andy Pickford      |         | Unattached                     | 17:12 | 114 | Mark Freeman       | V40 25 | Unattached 20:16                     |
| 31  | Stuart Parrott     | V40 4   | Wilmslow Running Club          | 17:13 | 115 | Neil Armitage      |        | Sale Harriers Manchester 20:19       |
| 32  | Donna Riding       | L 2     | Sale Harriers Manchester       | 17:19 | 116 | Anne Pugh          | L50 1  | Altrincham & District AC 20:21       |
| 33  | Neel Walker        |         | Altrincham & District AC       | 17:21 | 117 | Mike Mason         | V40 26 | Hyde Village Striders Rc 20:23       |
| 34  | Stuart Heaton      |         | E Cheshire H & Tameside Ac     | 17:29 | 118 | Margaret Elvidge   | L50 2  | Chapel Allerton Road Runners 20:24   |
| 35  | Jorden Burke       | V40 5   | Middleton Harriers Ac          | 17:32 | 119 | Michael Dunn       | V50 11 | Sale Harriers Manchester 20:24       |
| 36  | Dean Matkin        | JM 4    | Stockport Harriers & Ac        | 17:36 | 120 | Andrew Dooley      | V50 12 | Styal Running Club 20:25             |
| 37  | Karl Ward          |         | Horwich R M I Harriers         | 17:37 | 121 | Jane Bilton        | L 15   | Salford Harriers 20:25               |
| 38  | Tessa Walker       | L 3     | Salford Harriers               | 17:38 | 122 | Anthony Collier    | V50 13 | Styal Running Club 20:27             |
| 39  | Dale Daniels       | JM 5    | Salford Harriers               | 17:41 | 123 | Yvonne Wyke        | L40 3  | Wigan Phoenix 20:30                  |
| 40  | Joe Dooley         | V40 6   | E Cheshire H & Tameside Ac     | 17:42 | 124 | Karen Smith        | L 17   | Unattached 20:32                     |
| 41  | Mark Seed          |         | Salford Harriers               | 17:45 | 125 | Stuart Almond      |        | Unattached 20:34                     |
| 42  | Gavin Astin        | V40 7   | Stockport Harriers & Ac        | 17:48 | 126 | Phil Jacques       | V40 27 | E Cheshire H & Tameside Ac 20:36     |
| 43  | Andrew Yates       | V40 8   | Sale Harriers Manchester       | 17:54 | 127 | Helen Armitage     | L 18   | Sale Harriers Manchester 20:41       |
| 44  | Andy Kay           |         | Salford Harriers               | 17:59 | 128 | Keith Hatton       | V40 28 | Liverpool Harriers & AC 20:42        |
| 45  | Jenny Knass        | L 4     | Stockport Harriers & Ac        | 17:59 | 129 | Greg Houghton      | V40 29 | Hyde Village Striders Rc 20:43       |
| 46  | Jonathan Aust      |         | E Cheshire H & Tameside Ac     | 18:03 | 130 | Eamonn Gibbons     | V40 30 | Unattached 20:44                     |
| 47  | Michael Garside    |         | Salford Metropolitan Ac        | 18:04 | 131 | Stephen Rooney     |        | Unattached 20:53                     |
| 48  | John Bowker        | V40 9   | E Cheshire H & Tameside Ac     | 18:05 | 132 | Carole Harrison    | L40 4  | Unattached 20:54                     |
| 49  | Mark Dodd          |         | Ellesmere Port Rc              | 18:06 | 133 | Fiona Baird        | L 20   | Sale Harriers Manchester 20:54       |
| 50  | Simon Parkinson    |         | Horwich R M I Harriers         | 18:09 | 134 | Chris Muller       |        | Rochdale Harriers & Ac 20:56         |
| 51  | Lee Barratt        |         | Stockport Harriers & Ac        | 18:10 | 135 | Jan Nicholls       | L 21   | Sale Harriers Manchester 20:56       |
| 52  | Lee Woods          |         | Sale Harriers Manchester       | 18:10 | 136 | Steve Green        | V50 14 | Unattached 20:57                     |
| 53  | Graham Harrison    | V40 10  | Unattached                     | 18:10 | 137 | Anneka Sanders     | L 22   | Salford Harriers 20:57               |
| 54  | Mike Quinn         | V50 2   | Sheffield RC                   | 18:11 | 138 | Stephen Jones      | V40 31 | Salford Harriers 20:59               |
| 55  | Raymond Eagle      | V50 3   | Wilmslow Running Club          | 18:15 | 139 | Richard Ousey      |        | Unattached 21:01                     |
| 56  | Mike Toal          |         | Northern Veterans Ac           | 18:24 | 140 | Paul McErlan       |        | Unattached 21:02                     |
| 57  | David Shaw         | V40 11  | Salford Harriers               | 18:27 | 141 | Tom Daniels        | V60 5  | Salford Harriers 21:04               |
| 58  | ?P Dalton          | V40 12  | E Cheshire H & Tameside Ac     | 18:28 | 142 | Derek Walton       | V60 6  | Altrincham & District AC 21:07       |
| 59  | Edward Brown       | JM 6    | Holmfirth Harriers Ac          | 18:29 | 143 | Stuart Mairs       |        | Salford Metropolitan Ac 21:08        |
| 60  | Stuart Laing       | JM 7    | Unattached                     | 18:30 | 144 | Damon Luck         |        | Unattached 21:09                     |
| 61  | Maria Lowe         | L 5     | Salford Harriers               | 18:31 | 145 | Michael Zubbins    |        | Hyde Village Striders Rc 21:10       |
| 62  | James Porteous     |         | Unattached                     | 18:31 | 146 | Michael Wade       |        | Salford Metropolitan Ac 21:12        |
| 63  | David Telford      | V60 1   | Altrincham & District AC       | 18:33 | 147 | Sally Howarth      | L40 5  | Trafford Athletic Club 21:13         |
| 64  | ?Patrick Byrne     | V40 13  | Middleton Harriers Ac          | 18:34 | 148 | David Holt         | V40 32 | Unattached 21:17                     |
| 65  | Sarah Lomas        | L 6     | Stockport Harriers & Ac        | 18:34 | 149 | Duncan Astle       |        | Unattached 21:18                     |
| 66  | Shane Wolstencroft |         | Salford Metropolitan Ac        | 18:35 | 150 | Geoff Beattie      | V50 15 | Sale Harriers Manchester 21:21       |
| 67  | Paul Rowley        |         | Sale Harriers Manchester       | 18:38 | 151 | Richard Mallaber   |        | Sale Harriers Manchester 21:22       |
| 68  | ?John McCabe       |         | Stockport Harriers & Ac        | 18:39 | 152 | Paul Steane        | V50 16 | Unattached 21:22                     |
| 69  | ?Chris Lloyd       |         | Bwf                            | 18:41 | 153 | Stefan Schumacher  | V50 17 | Sale Harriers Manchester 21:23       |
| 70  | ?P Dalton          | V40 14  | E Cheshire H & Tameside Ac     | 18:42 | 154 | Des Miles          | V40 33 | Unattached 21:31                     |
| 71  | ?John McCabe       |         | Stockport Harriers & Ac        | 18:45 | 155 | Sue Calvert        | L 24   | Sale Harriers Manchester 21:39       |
| 72  | ?Chris Lloyd       |         | Bwf                            | 18:48 | 156 | Alan Jones         |        | BS Deestridders 21:43                |
| 73  | Gemma Unsworth     | L 7     | Bwf                            | 18:53 | 157 | John Monds         |        | Unattached 21:45                     |
| 74  | Andrew Cole        | V40 15  | E Cheshire H & Tameside Ac     | 18:57 | 158 | Adam Jones         |        | Sale Harriers Manchester 21:48       |
| 75  | ?Jon Sargeant      | V40 16  | Belle Vue Racers               | 18:58 | 159 | Nick Ham           | V40 34 | Stockport Harriers & Ac 21:50        |
| 76  | Duncan Drasdo      | V40 17  | Trafford Athletic Club         | 18:59 | 160 | Chris Jackson      |        | Unattached 21:51                     |
| 77  | ?N Cook            | V50 4   | Rotherham Harriers & Ac        | 19:01 | 161 | Sian Holland       | L 25   | Sale Harriers Manchester 21:51       |
| 78  | Tony Holt          | V40 18  | Radcliffe Ac                   | 19:05 | 162 | Mark Walker        | V40 35 | Rochdale Harriers & Ac 21:52         |
| 79  | Matt Bona          |         | Blackburn Harriers & Ac        | 19:07 | 163 | Fechin McCormick   | V50 18 | Sale Harriers Manchester 21:54       |
| 80  | Andrew Mooney      |         | Sale Harriers Manchester       | 19:09 | 164 | Michaela Shaw      | L 26   | Leigh Harriers & Ac 21:56            |
| 81  | Stan Curran        | V60 2   | Salford Harriers               | 19:10 | 165 | John Delany        | V60 7  | Stockport Harriers & Ac 21:57        |
| 82  | Alison Sedman      | L40 1   | Belle Vue Racers               | 19:13 | 166 | Mirar Aprahamian   | V50 19 | Sale Harriers Manchester 22:00       |
| 83  | Paul Capey         |         | Sale Harriers Manchester       | 19:14 | 167 | Tegegn Bayissa     |        | Sale Harriers Manchester 22:02       |
| 84  | Matt Hargreaves    |         | Unattached                     | 19:15 | 168 | Kieran O'Flaherty  |        | Unattached 22:03                     |

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

|     |                      |        |                               |       |     |                      |        |                             |       |
|-----|----------------------|--------|-------------------------------|-------|-----|----------------------|--------|-----------------------------|-------|
| 169 | Matthew Thomas       |        | Unattached                    | 22:03 | 260 | Chris Massey         |        | Unattached                  | 25:25 |
| 170 | David Bunyan         | V40 36 | Hyde Village Striders Rc      | 22:04 | 261 | Paul Crawford        | V40 56 | Unattached                  | 25:29 |
| 171 | Adam Reid            |        | Unattached                    | 22:07 | 262 | Robert Ousey         |        | Unattached                  | 25:30 |
| 172 | Mansel Pope          | V50 20 | Altrincham & District AC      | 22:10 | 263 | Simon Pearson        |        | Unattached                  | 25:31 |
| 173 | Jim Lambe            | V40 37 | Sale Harriers Manchester      | 22:13 | 264 | Doug Clark           | V40 57 | Unattached                  | 25:31 |
| 174 | David Eames          |        | Unattached                    | 22:16 | 265 | Austin Morreale      |        | Hyde Village Striders Rc    | 25:32 |
| 175 | Stephen McVeigh      |        | Unattached                    | 22:18 | 266 | Janet Bunyan         | L40 10 | Hyde Village Striders Rc    | 25:36 |
| 176 | Chris Cooper         |        | Unattached                    | 22:19 | 267 | Rachel Hamilton      | L 53   | Unattached                  | 25:37 |
| 177 | Liz Turtton          | L50 3  | Stockport Harriers & Ac       | 22:22 | 268 | Nigel Swinbank       | V40 58 | Unattached                  | 25:38 |
| 178 | John Riley           | V60 8  | Northern Veterans Ac          | 22:25 | 269 | Julie Laverock       | L40 11 | Salford Harriers            | 25:41 |
| 179 | Matthew Dawes        |        | Unattached                    | 22:27 | 270 | M Hughes             | V50 30 | Sale Harriers Manchester    | 25:42 |
| 180 | Lynne Yates          | L50 4  | Sale Harriers Manchester      | 22:27 | 271 | Richard Robinson     | V60 15 | Unattached                  | 25:44 |
| 181 | Rosie Fearon         | L 29   | Trafford Athletic Club        | 22:28 | 272 | Philip McCann        | V50 31 | Stockport Harriers & Ac     | 25:46 |
| 182 | Dave Farmer          | V60 9  | Sale Harriers Manchester      | 22:31 | 273 | Jean Ollerenshaw     | L 55   | Swinton Running Club        | 25:47 |
| 183 | Andrew Webster       |        | Unattached                    | 22:34 | 274 | Terry Swann          |        | Unattached                  | 25:48 |
| 184 | William Murgatroyd   | V50 21 | Unattached                    | 22:37 | 275 | Jo Katz              | L 56   | Sale Harriers Manchester    | 25:50 |
| 185 | Michael Roe          | V40 38 | Unattached                    | 22:38 | 276 | Sue Goddard          | L50 6  | Chorlton Runners            | 25:52 |
| 186 | Jonathon Clarke      |        | Styal Running Club            | 22:39 | 277 | Karen Scott          | L40 12 | Manchester Harriers & AC    | 25:53 |
| 187 | Charles Cowdrian     | V50 22 | Styal Running Club            | 22:43 | 278 | Samuel Ward          |        | Openshaw AC                 | 25:58 |
| 188 | Dennis Moran         | V60 10 | Salford Harriers              | 22:44 | 279 | Dave Denton          | V40 59 | Unattached                  | 26:00 |
| 189 | Tom Johnston         |        | Unattached                    | 22:49 | 280 | James Leavy          |        | Unattached                  | 26:03 |
| 190 | Simon Murphy         |        | Unattached                    | 22:50 | 281 | Louise Weller        | L40 13 | Styal Running Club          | 26:05 |
| 191 | Paul Kingham         |        | Unattached                    | 22:51 | 282 | ?Ajay Patel          |        | Unattached                  | 26:06 |
| 192 | Helen Reagan         | L 30   | Sale Harriers Manchester      | 22:52 | 283 | Rose Maguire         | L 60   | Hyde Village Striders Rc    | 26:10 |
| 193 | Lucy Hickey          | L40 6  | Trafford Athletic Club        | 22:54 | 284 | Claire Pitcher       | L 61   | Hyde Village Striders Rc    | 26:12 |
| 194 | Emma Young           | L 32   | Sale Harriers Manchester      | 22:55 | 285 | Robert Pleasance     | V40 60 | Unattached                  | 26:12 |
| 195 | Ian Storer           |        | Unattached                    | 22:56 | 286 | Jill Sanders         | L 62   | Sale Harriers Manchester    | 26:13 |
| 196 | Paul Wilcockson      |        | Unattached                    | 22:57 | 287 | Brian Higgins        | V50 32 | Styal Running Club          | 26:16 |
| 197 | David Sanders        |        | Unattached                    | 23:00 | 288 | Don George           | V60 16 | Sale Harriers Manchester    | 26:16 |
| 198 | Alan Taylor          | V40 39 | Unattached                    | 23:01 | 289 | Jonathan Wood        |        | Unattached                  | 26:17 |
| 199 | Joanne Street        | L 33   | Sale Harriers Manchester      | 23:05 | 290 | Sid Bailey           | V50 33 | Deestridders                | 26:20 |
| 200 | Colm Smith           | V40 40 | Unattached                    | 23:07 | 291 | Ian Hobbs            | V50 34 | Sale Harriers Manchester    | 26:22 |
| 201 | Ian McCarthy         | V40 41 | Unattached                    | 23:09 | 292 | Mark Ferns           | V40 61 | Sale Harriers Manchester    | 26:28 |
| 202 | Hugh McKenna         | V50 23 | Manchester Tri Club           | 23:10 | 293 | John Wolstenholme    | V60 17 | Dragons Running Club (Sale) | 26:33 |
| 203 | Liam Glennon         |        | Unattached                    | 23:12 | 294 | Samantha Millns      | L 63   | Hyde Village Striders Rc    | 26:36 |
| 204 | Lisa Clague          | L 34   | Unattached                    | 23:14 | 295 | Jane Abbott          | L40 14 | Unattached                  | 26:40 |
| 205 | Michael Morgan       |        | Unattached                    | 23:16 | 296 | Bernard Traynor      | V50 35 | Unattached                  | 26:41 |
| 206 | Claire Swarbrick     | L 35   | Unattached                    | 23:17 | 297 | Rob Belli            |        | Unattached                  | 26:41 |
| 207 | Scott Ellis          |        | Unattached                    | 23:18 | 298 | Julie Jenkins        | L40 15 | Leigh Harriers & Ac         | 26:45 |
| 208 | Mark Ashworth        | V40 42 | Unattached                    | 23:19 | 299 | Susannah Robertson   | L 66   | Unattached                  | 26:49 |
| 209 | Paul Callaghan       |        | Unattached                    | 23:22 | 300 | Roy Ward             | V40 62 | Unattached                  | 26:54 |
| 210 | Mike Wheeler         |        | Unattached                    | 23:22 | 301 | ?Ajay Patel          |        | Unattached                  | 26:57 |
| 211 | Steven Randall       |        | Unattached                    | 23:24 | 302 | Pete Fensome         | V50 36 | Unattached                  | 26:58 |
| 212 | Jenny Clink          | L 36   | Sale Harriers Manchester      | 23:28 | 303 | Gillian Goldsborough | L 67   | Unattached                  | 26:59 |
| 213 | Barlow Bohuslav      | V60 11 | Todmorden Harriers & Ac       | 23:30 | 304 | Louise Hadcroft      | L 68   | Uknetrunner.co.uk           | 27:01 |
| 214 | Rachel Armfield      | L 37   | Gt Manchester Fire Service Aa | 23:34 | 305 | Lee Ramsden          |        | Hyde Village Striders Rc    | 27:20 |
| 215 | Shira Baram          | L 38   | Unattached                    | 23:37 | 306 | Jean Bayley          | L40 16 | Manchester Harriers & AC    | 27:26 |
| 216 | Joe Park             | V60 12 | Cheshire Tally Ho. H & H      | 23:41 | 307 | Karen Fox            | L 70   | Unattached                  | 27:27 |
| 217 | Nick Holliday        |        | Unattached                    | 23:42 | 308 | Mark Cowley          |        | Unattached                  | 27:27 |
| 218 | Keith Robson         | V60 13 | Manchester Tri Club           | 23:44 | 309 | Ian Hawksworth       | V50 37 | Unattached                  | 27:28 |
| 219 | Tony McMahon         | V40 43 | Adaptus                       | 23:50 | 310 | Catherine Borland    | L 71   | Unattached                  | 27:31 |
| 220 | John Sorriento       | V50 24 | Hyde Village Striders Rc      | 23:52 | 311 | Melvyn Jones         | V50 38 | Unattached                  | 27:34 |
| 221 | Anthony Clegg        |        | Unattached                    | 23:55 | 312 | Elaine McLeod Vernon | L40 17 | Unattached                  | 27:37 |
| 222 | Geoffrey Knowles     | V40 44 | Bolton United Harriers & Ac   | 23:57 | 313 | Pat Curran           | L50 7  | Salford Harriers            | 27:38 |
| 223 | Kristian Spreckley   |        | Unattached                    | 24:01 | 314 | Nocola Roe           | L40 18 | Unattached                  | 27:39 |
| 224 | Dawn Holding         | L40 7  | Sale Harriers Manchester      | 24:02 | 315 | Stephen Carpenter    | V40 63 | Unattached                  | 27:40 |
| 225 | ?Jon Sargeant        | V40 45 | Belle Vue Racers              | 24:03 | 316 | Tom Millington       |        | Unattached                  | 27:43 |
| 226 | Hayley Goddard       | LJ 1   | Chorlton Runners              | 24:06 | 317 | Michael Linn         |        | Staffs AC                   | 27:45 |
| 227 | Mark Robinson        |        | Unattached                    | 24:07 | 318 | Emily Carr           | L 75   | Unattached                  | 27:47 |
| 228 | ?Darren Moran        |        | Salford Harriers              | 24:07 | 319 | Heather Cairns       | L 76   | Stockport Harriers & Ac     | 27:49 |
| 229 | Jane Atherton        | L50 5  | Unattached                    | 24:08 | 320 | Ian Richardson       | V40 64 | Unattached                  | 27:50 |
| 230 | Elizabeth Mason      | L40 8  | Hyde Village Striders Rc      | 24:12 | 321 | Susan Mathers        | L 77   | Unattached                  | 27:55 |
| 231 | Bethan Roberts       | L 43   | Sale Harriers Manchester      | 24:12 | 322 | Andrew Wilson        | V40 65 | Unattached                  | 27:57 |
| 232 | Julie Ann Peart      | L 44   | Hyde Village Striders Rc      | 24:14 | 323 | Jenny Miles          | L50 8  | Chorlton Runners            | 28:04 |
| 233 | David Peart          | V40 46 | Unattached                    | 24:15 | 324 | Keith Crosby         | V60 18 | Sale Harriers Manchester    | 28:07 |
| 234 | Ranjit Bennett       | V40 47 | Unattached                    | 24:17 | 325 | ?N Cook              | V50 39 | Rotherham Harriers & Ac     | 28:09 |
| 235 | Joanne Aplin         | L 45   | Salford Harriers              | 24:18 | 326 | Peter Taylor         |        | Unattached                  | 28:09 |
| 236 | Philip Summers       | V40 48 | Unattached                    | 24:20 | 327 | Carolyn Watts        | L 79   | Unattached                  | 28:10 |
| 237 | Carla Cusey          | L 46   | Sale Harriers Manchester      | 24:22 | 328 | Helen Pengelly       | L 80   | Unattached                  | 28:11 |
| 238 | Isaac Sydwel         | V40 49 | Unattached                    | 24:25 | 329 | Beth Durn            | L 81   | Unattached                  | 28:19 |
| 239 | Chris Bryans         | V60 14 | Stockport Harriers & Ac       | 24:28 | 330 | Gaynor Benson        | L40 19 | Unattached                  | 28:22 |
| 240 | John Forrest         | V50 25 | Unattached                    | 24:29 | 331 | Jill Lysons          | L40 20 | Unattached                  | 28:24 |
| 241 | Chris Capstick       |        | Adaptus                       | 24:31 | 332 | Claire Capes         | L 84   | Unattached                  | 28:33 |
| 242 | Tracey Clarke        | L 47   | Hyde Village Striders Rc      | 24:36 | 333 | Terry Robson         | V60 19 | Stockport Harriers & Ac     | 28:36 |
| 243 | Michael Owen         | V40 50 | Trafford Athletic Club        | 24:37 | 334 | Robert Todd          | V40 66 | Unattached                  | 28:38 |
| 244 | Simon Pymm           |        | Unattached                    | 24:38 | 335 | Fiona McAuley        | L40 21 | Unattached                  | 28:40 |
| 245 | Suzanne Pymm         | L 48   | Unattached                    | 24:39 | 336 | Robin Mukherjee      |        | Unattached                  | 28:43 |
| 246 | Paul Wardle          |        | Unattached                    | 24:39 | 337 | Alison Neild         | L 86   | Unattached                  | 28:48 |
| 247 | Robert Miller        | V50 26 | Stockport Harriers & Ac       | 24:41 | 338 | Claire Goulsbra      | L 87   | Unattached                  | 28:52 |
| 248 | Melony Pentreath     | L 49   | Unattached                    | 24:42 | 339 | Jemma Brensby        | L 88   | Unattached                  | 28:53 |
| 249 | Paul Malone          |        | Unattached                    | 24:43 | 340 | Paul Acton           | V40 67 | Unattached                  | 28:56 |
| 250 | Paul Stringer        | V50 27 | Hyde Village Striders Rc      | 24:48 | 341 | Adele Hopkins        | L40 22 | Unattached                  | 28:59 |
| 251 | Andrew Stein         | V40 51 | Unattached                    | 24:50 | 342 | Ceri Eames           | L 90   | Unattached                  | 29:03 |
| 252 | John Smith           | V50 28 | Sale Harriers Manchester      | 24:52 | 343 | Caroline Sorriento   | L40 23 | Hyde Village Striders Rc    | 29:08 |
| 253 | Bob Luscombe         | V50 29 | Unattached                    | 24:54 | 344 | Michael Ennis        |        | Unattached                  | 29:12 |
| 254 | Lauren Davies        | L 50   | Unattached                    | 24:55 | 345 | Sonia Pinnock        | LJ 2   | Unattached                  | 29:13 |
| 255 | Andrew Mackie        | V40 52 | Salford Metropolitan Ac       | 24:57 | 346 | Darren Hignett       |        | Unattached                  | 29:20 |
| 256 | N Van Den Wittenboer | L40 9  | Dragons Sports                | 25:01 | 347 | Shaun Murphy         | V50 40 | Unattached                  | 29:28 |
| 257 | Roger Booth          | V40 53 | Unattached                    | 25:05 | 348 | Helen Ainsworth      | L40 24 | Hyde Village Striders Rc    | 29:30 |
| 258 | Barrie Ainscow       | V40 54 | Dragons Running Club (sale)   | 25:08 | 349 | Laura Taylor         | L 94   | Unattached                  | 29:32 |
| 259 | Alan Richardson      | V40 55 | Unattached                    | 25:09 | 350 | Katy Sewell          | L 95   | Unattached                  | 29:33 |

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

|     |                     |     |     |                             |       |     |                    |     |     |                          |       |
|-----|---------------------|-----|-----|-----------------------------|-------|-----|--------------------|-----|-----|--------------------------|-------|
| 351 | MsSmith             | L   | 96  | Unattached                  | 29:33 | 377 | Darg Tran          | L   | 115 | Unattached               | 31:32 |
| 352 | Rachek Armson       | L   | 97  | Unattached                  | 29:34 | 378 | Suzanne Henshall   | L40 | 27  | Unattached               | 31:39 |
| 353 | Lucy Hutchins       | L   | 98  | Unattached                  | 29:37 | 379 | Alexandra Moore    | L   | 117 | Unattached               | 31:47 |
| 354 | Laura Smith         | L   | 99  | Unattached                  | 29:38 | 380 | ?Jeanette Hornsey  | L50 | 13  | Unattached               | 31:48 |
| 355 | Rachel Easthope     | L   | 100 | Sale Harriers Manchester    | 29:41 | 381 | Janet Jones        | L40 | 28  | Unattached               | 32:00 |
| 356 | Anne Corrigan       | L40 | 25  | Adaptus                     | 29:47 | 382 | Clare Crawford     | L40 | 29  | Unattached               | 32:25 |
| 357 | Susan Bean          | L50 | 9   | Unattached                  | 29:54 | 383 | Jane O'Brien       | L   | 121 | Unattached               | 32:33 |
| 358 | Rebecca Rushton     | L   | 103 | Manchester Harriers & AC    | 30:00 | 384 | Karen Belkheliadi  | L   | 122 | Unattached               | 32:33 |
| 359 | Joanna Leng         | L40 | 26  | Unattached                  | 30:08 | 385 | Graham Taylor      |     |     | Unattached               | 32:48 |
| 360 | Helen Sumner        | L50 | 10  | Unattached                  | 30:15 | 386 | Elizabeth Anderson | L40 | 30  | Unattached               | 33:03 |
| 361 | Geoffrey Bean       | V60 | 20  | Unattached                  | 30:22 | 387 | Clare Heaton       | L40 | 31  | Unattached               | 33:09 |
| 362 | Paul Couvela        | V40 | 68  | Unattached                  | 30:26 | 388 | Stella Hughes      | L40 | 32  | Unattached               | 33:22 |
| 363 | Sarah Brown         | L   | 106 | Sale Harriers Manchester    | 30:30 | 389 | ?Jeanette Hornsey  | L50 | 14  | Unattached               | 33:32 |
| 364 | Vicki Buxton        | L   | 107 | Unattached                  | 30:31 | 390 | Nikki Elliott      | L   | 127 | Unattached               | 33:45 |
| 365 | Rachel Robinson     | L   | 108 | Unattached                  | 30:32 | 391 | Debbie Parkinson   | L   | 128 | Adaptus                  | 33:59 |
| 366 | Mark Anderson       |     |     | Dragons Running Club (sale) | 30:34 | 392 | Gillian Talbot     | L40 | 33  | Unattached               | 34:12 |
| 367 | Peter Baugh         | V60 | 21  | Unattached                  | 30:37 | 393 | Giao Tran          | L   | 130 | Unattached               | 34:21 |
| 368 | Ian Stansfield      | V60 | 22  | Todmorden Harriers & Ac     | 30:44 | 394 | Michelle Charles   | L   | 131 | Unattached               | 34:21 |
| 369 | Mary Whitaker       | L50 | 11  | Hyde Village Striders Rc    | 30:47 | 395 | Norman Wilcock     | V50 | 41  | Unattached               | 34:26 |
| 370 | William Charles     |     |     | Unattached                  | 30:53 | 396 | Ivan Macintyre     | V60 | 23  | Sale Harriers Manchester | 35:10 |
| 371 | James Hindle        |     |     | Unattached                  | 30:55 | 397 | Geoff Hanks        | V60 | 24  | Alchester RC             | 35:19 |
| 372 | Helen Whitehead     | L   | 110 | Hyde Village Striders Rc    | 30:56 | 398 | Kristina Traynor   | L   | 132 | Unattached               | 37:59 |
| 373 | Bernadette Mattison | L   | 111 | Hyde Village Striders Rc    | 30:57 | 399 | Katherine Nathan   | L40 | 34  | Unattached               | 38:03 |
| 374 | Kirsty Rwawlinson   | L   | 112 | Unattached                  | 31:03 | 400 | M Ashworth March   | L   | 134 | Unattached               | 38:15 |
| 375 | Joy Turton          | LJ  | 3   | Stockport Harriers & Ac     | 31:07 | 401 | Sally Hyman        | L40 | 35  | Unattached               | 39:17 |
| 376 | Lynn Jones          | L50 | 12  | Unattached                  | 31:17 | 402 | Samantha Elliott   | L   | 136 | Adaptus                  | 54:05 |
|     |                     |     |     |                             |       | 403 | Michelle Needham   | L   | 137 | Adaptus                  | 54:07 |