

The Nick Beer 10k Road Race

at Llandudno on Sunday 10th February 2008

Nick Beer — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Nick Swinburn	JM	1 Bangor	32:01	86	Patrick Bell	V45 15	Unattached	41:49
2	Rob Samuel		Bangor University	33:07	87	Rob Jones	V40 14	South Cheshire Harriers	41:53
3	Glen Groves	V35	1 Liverpool Harriers & AC	33:53	88	Robert Chadwick		Unattached	41:58
4	Brendan Rothery		Eryri Harriers	34:14	89	Joe Johnson	V35 11	Wallasey Athletic Club	41:59
5	John Earlston	V45	1 Abergele Harriers	35:11	90	Rob Holmes	V40 15	Unattached	42:00
6	Richard Roberts		Eryri Harriers	35:23	91	Ashley Cooke	V50 9	Hereford Couriers	42:05
7	John Ford	V35	2 Abergele Harriers	35:28	92	Karl Bryers	V35 12	Unattached	42:07
8	Stephen Gilliland	V45	2 Bro Dysynni AC	35:45	93	Kieran Buckels	JM 8	Unattached	42:10
9	Paul Wathan	JM	2 Eryri Harriers	35:47	94	Stephen Creswell	V40 16	Unattached	42:18
10	David Davies	V50	1 Spa-Tans RC	35:58	95	Andrew Roberts	V40 17	Unattached	42:22
11	Neil Parry		Unattached	36:27	96	David Powell		Unattached	42:26
12	Gary Norgrove	V40	1 Wrexham Tri	36:40	97	James Ellis		Unattached	42:27
13	Richard Williams		Eryri Harriers	36:48	98	Paul Jones	V35 13	Eryri Harriers	42:28
14	Trysten Gwilyn		Unattached	37:04	99	Nick Jones		Unattached	42:29
15	Mark Crabtree	V45	3 Halifax Harriers & Ac	37:09	100	Michael Hodges	V50 10	Rhyader AC	42:30
16	David Pryce	V40	2 Eryri Harriers	37:16	101	David McGrath	V50 11	South Cheshire Harriers	42:31
17	James McQueen	V35	3 Eryri Harriers	37:21	102	Tony Man	V40 18	Penny Lane Striders	42:32
18	Richard Hunter		Shropshire Shufflers	37:25	103	Owen Jones		Unattached	42:33
19	David Edwards	V35	4 Buckley Runners	37:29	104	Henry Hooton	V35 14	Cybi Striders	42:34
20	David Bancroft		Halifax Harriers & Ac	37:31	105	Dewi Roberts		Unattached	42:37
21	Angus Mackay		Bangor University	37:33	106	Nic Pugh		Unattached	42:38
22	Simon Cole		Unattached	37:34	107	John Griffith	V55 4	Unattached	42:40
23	Dave McArdle	JM	3 Colwyn Bay	37:35	108	Alan Bevan	V35 15	Unattached	42:45
24	Kelvin Jones		Eryri Harriers	37:39	109	John Hawker	V40 19	Ellesmere Port RC	42:48
25	Stephen Bellis	V50	2 Buckley Runners	37:43	110	Peter Smith	V40 20	Unattached	42:50
26	Andrew John	JM	4 Bangor University	38:10	111	Ian Rothery	V50 12	Cybi Striders	42:52
27	Simon Roxburgh		Unattached	38:11	112	Keith Elliott	V45 16	Abergele Harriers	42:55
28	Simon Barker		Unattached	38:13	113	Kevin Holland	V45 17	Aberystwyth AC	42:58
29	Philip Cuthbert		Village Runners	38:14	114	Gwyn Jones	V45 18	Unattached	42:59
30	Neil Holding	V45	4 West Penning Runners	38:21	115	Jason Pierce		Unattached	43:02
31	Anna Bartlett	L35	1 Unattached	38:24	116	Kevin Lister	V35 16	Unattached	43:09
32	Iwan Edgar	V50	3 Eryri Harriers	38:27	117	Pam Morgan	L40 1	Liverpool Harriers & AC	43:10
33	Gareth Williams		Unattached	38:34	118	Scott King		Unattached	43:12
34	David Bewley	V55	1 Unattached	38:42	119	Abbie Oliver	LJ 1	Deeside AAC	43:14
35	Tom Pryther		North Wales Police	38:47	120	David Davies		Unattached	43:19
36	Gwynndaf Rowlands		Menai Track And Field	38:50	121	Alison Cooke	L45 1	Hereford Couriers	43:20
37	Steve Harrison	V35	5 Unattached	38:52	122	David Jones	V35 17	Carneddau Tri Club	43:21
38	Jayne Dickens	L35	2 Stone Master Marathoners	38:54	123	David Williams	V35 18	Unattached	43:22
39	Graham McAra	V50	4 Northern Veterans AC	38:55	124	Mark Tabor	V45 19	City Of Chester Triathlon Club	43:23
40	Paul Howarth	V40	3 Eryri Harriers	38:57	125	Charles Enston		Eryri Harriers	43:24
41	Tim Jenkins	V45	5 Unattached	38:59	126	Richard Borne	V40 21	Eryri Harriers	43:25
42	Peter Jones	V45	6 Unattached	39:01	127	Ben Evans	JM 9	Unattached	43:26
43	Arwel Lewis	V45	7 Eryri Harriers	39:07	128	Jayne Treanor	L35 5	Unattached	43:28
44	Eain Davies-Moore	V35	6 Unattached	39:18	129	Robert Mandley		Unattached	43:30
45	Carmen Anthony	L	3 Belle Vue Racers	39:21	130	Andrew Huxley	V35 19	Unattached	43:32
46	Dylan Owen	V40	4 Eryri Harriers	39:22	131	Paul Conlon	V40 22	Denbigh Harriers	43:33
47	Emma Jones	L	4 Belle Vue Racers	39:24	132	Andrew Jones	V40 23	Unattached	43:34
48	Ben Amesbury	V35	7 Clwydian Range Runners	39:27	133	Wayne Jones	V40 24	Unattached	43:37
49	Barry Green	V45	8 Stourbridge RC	39:28	134	???	???	???	43:44
50	Gary Goodall		Village Runners	39:33	135	Rebecca-Jane Law	L 12	Bangor University	43:46
51	Simon Wright	V50	5 Wigan Phoenix	39:34	136	Trevor Marshall	V55 5	Unattached	43:51
52	Gethin Holland	JM	5 Aberystwyth AC	39:39	137	Adrian Williams	V35 20	Unattached	43:53
53	Steve Broadfoot	V45	9 Northern Veterans AC	39:41	138	Stephen Loftus	V40 25	Northern Veterans AC	43:54
54	Barry Wilson	V55	2 Ludlow Runners	39:44	139	Keith Craig	V40 26	Littlewoods Running Club	43:59
55	Paul Marlow	V40	5 Liverpool Running Club	39:54	140	Keith Robins	V50 13	Unattached	44:01
56	Gareth Stephens		Unattached	39:58	141	Nigel Lee	V50 14	Newcastle AC	44:03
57	Billy Hunter	V45	10 Unattached	40:00	142	Michael Horsfall	V55 6	Denby Dale Travellers	44:08
58	Isabel Redfern	L35	3 Colwyn Bay	40:01	143	Robert Williams	V55 7	Unattached	44:13
59	James Wilkins	JM	6 Telford Athletic	40:03	144	Andrew Wilkins	V45 20	Unattached	44:18
60	Mal Balmer	V40	6 Penny Lane Striders	40:11	145	Matt Shickell		Unattached	44:21
61	Robert Armstrong		Eryri Harriers	40:15	146	Kevin Uzzell	V60 2	Stone Master Marathoners	44:25
62	Scott Butterworth	V35	8 Eryri Harriers	40:22	147	Jonathan Hind		Unattached	44:27
63	Adrian Brown	V35	9 Unattached	40:25	148	Steven Grayston	V35 21	Unattached	44:28
64	Nigel Haskins	V40	7 Unattached	40:26	149	David Ambler	V50 15	Unattached	44:30
65	Darren Williams		Unattached	40:27	150	Clifford Wigzell	V35 22	Unattached	44:34
66	Peter Foale	V55	3 Aberystwyth AC	40:31	151	Paul Kelly		Unattached	44:37
67	Derek Hughes	V45	11 E Cheshire H & Tameside Ac	40:33	152	John Appleton	V55 8	St Helens Sutton AC	44:39
68	Tammy Lewis-Jones	L35	4 North Wales RR	40:39	153	Michael Mawdesley		Unattached	44:45
69	Vinny Jones	V40	8 Unattached	40:40	154	Gareth Johnson		Unattached	44:48
70	Tony Hulme	V60	1 Wilmslow Running Club	40:44	155	Clive Baggaley	V60 3	Uttoxeter RR	44:52
71	David Nalder	V50	6 Ellesmere Port RC	40:47	156	Michael Powell	V50 16	Unattached	44:55
72	Kieran Carthy		Unattached	41:01	157	Paula Jones	L40 2	Unattached	44:56
73	Ian Price	V40	9 Stourbridge RC	41:02	158	Steven Roberts	V40 27	Unattached	45:01
74	Neil Hine	V50	7 Unattached	41:06	159	Paul Tye	V45 21	Unattached	45:02
75	Jenny Brierley	L	7 Bangor University	41:16	160	Glyn Fitzsimmons	V35 23	Unattached	45:10
76	Andrew Farley	V45	12 E Cheshire H & Tameside Ac	41:18	161	Geoffrey Lawton	V50 17	Goyt Valley Striders	45:12
77	Graham Davies	V40	10 Unattached	41:25	162	Steven Yates	V35 24	Unattached	45:14
78	Neil Owen	V50	8 Unattached	41:26	163	Gyozo Molnar		Unattached	45:16
79	David Pinnington	V40	11 Unattached	41:33	164	George Wallace-Ryder	JM 10	Unattached	45:21
80	Kevin Allerton	V35	10 Stone Master Marathoners	41:34	165	Tony Davies	V40 28	Unattached	45:23
81	Iolo Jones	V40	12 Eryri Harriers	41:38	166	Neil Foster	V35 25	Unattached	45:24
82	Steven Griffiths	JM	7 Colwyn Bay	41:40	167	Christine Pluke	L35 6	Unattached	45:30
83	Steven Farrar	V45	13 Unattached	41:42	168	Christopher Reid	V45 22	St Helens Sutton AC	45:31
84	Richard Pavey	V40	13 Altrincham & District AC	41:45	169	Ricard Scamans	V35 26	Unattached	45:33
85	Paul Jameson	V45	14 West Bromwich Harriers	41:47	170	Matthew Love		Unattached	45:33

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

171	Vicky Leese	L 15	Unattached	45:38	262	Hilary Roderick	L40 8	Unattached	48:37
172	David Gater	V35 27	Unattached	45:38	263	Ian Blakemore	V50 25	Eryri Harriers	48:40
173	Simon Harrison		Unattached	45:41	264	John Dunphy	V35 39	Unattached	48:44
174	Andrew Clayton		Unattached	45:43	265	Ian Macpherson	V50 26	Headington Road Runners	48:49
175	Philip Turner	V35 28	Halifax Harriers & AC	45:47	266	Noel Williams		Unattached	48:50
176	Aaron Evans		Unattached	45:49	267	Rhian Jones	L35 10	Eryri Harriers	48:51
177	Joseph McKernon	V40 29	Cybi Striders	45:50	268	Donna Claridge	L40 9	Unattached	48:54
178	John Timothy		Unattached	45:51	269	David Buckley		Unattached	48:55
179	Claudette Fleming	L 16	Unattached	45:52	270	Charles Trotman	V60 5	Unattached	49:00
180	Chris Higgins	V50 18	Buckley Runners	45:55	271	Steven Warburton	V45 33	Unattached	49:01
181	Charles Larsson	V40 30	Newcastle AC	46:07	272	Peter Doyle	V40 41	Littlewoods Running Club	49:02
182	Keith Humphreys	V45 23	Denbigh Harriers	46:09	273	Jamie Grover		Unattached	49:03
183	Andy Marsden		Unattached	46:09	274	Tanya Southern	L40 10	Unattached	49:04
184	John Houghton	V45 24	Warrington Road Runners	46:09	275	Joe Walsh	V45 34	Village Runners	49:05
185	Ian Bratithwaite	V45 25	Unattached	46:11	276	Paul Nicholas	V35 40	Unattached	49:06
186	Wendy Trimbrel	L 17	Eryri Harriers	46:15	277	Gwydfon Evans		Unattached	49:07
187	Paul Tilyard		Unattached	46:16	278	Sion Evans	JM 12	Unattached	49:08
188	Mike Cutler	V50 19	South Cheshire Harriers	46:18	279	Suzy Blandford	LJ 3	Bangor University	49:13
189	Graham Howell	V55 9	Liverpool Harriers & AC	46:22	280	Stefan Moore	JM 13	Unattached	49:14
190	Graham Rowlands	V45 26	Unattached	46:24	281	Sid Bailey	V50 27	Deestridders	49:15
191	Brian Worthington	V50 20	Birchfield Harriers	46:27	282	Catherine Jones	L 39	Tattenhall Runners	49:16
192	Joanne McDonough	L 18	Prestatyn RC	46:28	283	Sheila Bickerton	L50 2	South Cheshire Harriers	49:17
193	Andrew Taylor		Unattached	46:29	284	Phillipa Milward	L55 1	Unattached	49:18
194	Stephen Webb		Belle Vue Racers	46:30	285	Ali Thames	L40 11	Eryri Harriers	49:19
195	Andrew Pugh	V40 31	Unattached	46:31	286	Ian McConnell	V40 42	Village Runners	49:20
196	Deborah Cliff	L40 3	Mysteruns	46:33	287	?Malcolm Burke	V40 43	Unattached	49:20
197	Robert Spotswood	V45 27	Abergele Harriers	46:36	288	Graham Roberts	V35 41	Unattached	49:21
198	Steve Walch		Unattached	46:37	289	Steve Preece	V40 44	Unattached	49:22
199	David Lynan		Penny Lane Striders	46:40	290	Mark Rogers		Unattached	49:23
200	Gavin Reeves		Unattached	46:42	291	Joe Park	V70 1	Cheshire Tally Ho. H & H	49:24
201	Michael Long	V40 32	Unattached	46:43	292	Alison Smith	L40 12	Unattached	49:25
202	Philip Stevens	V35 29	Abergele Harriers	46:45	293	Adam Foale		Aberystwyth AC	49:26
203	Nick Mackarel	V40 33	Unattached	46:47	294	?Fiona Halfpenny	L 44	Unattached	49:27
204	Clare Page	L35 7	Unattached	46:51	295	David Goodall	V55 13	Village Runners	49:27
205	Robert Aldcroft	V55 10	Village Runners	46:52	296	Ron Hill	V65 2	Clayton Le Moors Harriers	49:28
206	Gemma Morgans	LJ 2	Colwyn Bay	46:53	297	Barrie Jackson	V65 3	Bro Dysynni AC	49:29
207	Iain Burns		Unattached	46:57	298	Andrew Bannaghan	V35 42	Unattached	49:30
208	Steven Johl	V45 28	Unattached	46:59	299	Christopher Williams	V40 45	Unattached	49:31
209	Graham McVey	V35 30	Unattached	47:01	300	David Gilbert	JM 14	Unattached	49:32
210	Duncan Mascarenhaf	V35 31	Unattached	47:02	301	Kevin Peacock		Unattached	49:33
211	Simon Lacay		Unattached	47:03	302	Jason Redpath	V40 46	Unattached	49:34
212	David Frith	V55 11	Unattached	47:04	303	Gareth Jaggard		Unattached	49:35
213	Mark Pendlebury	V45 29	Unattached	47:05	304	Alan McMullan	V55 14	Unattached	49:37
214	Paul Caldwell	V50 21	Village Runners	47:07	305	Abi Gregory	LJ 4	Telford	49:39
215	Douglas McRae	V40 34	Unattached	47:11	306	Jacqueline Crowther	L45 4	E Cheshire H & Tameside AC	49:41
216	Peter Smith	V40 35	Abergele Harriers	47:13	307	Joanne Fellows	L35 11	West Cheshire Athletic Club	49:43
217	Yvonne Amesbury	L35 8	Clwydian Range Runners	47:14	308	Richard Amies	V40 47	Unattached	49:45
218	Chris Neukom	V50 22	Unattached	47:16	309	Sharon Edwards	L35 12	Unattached	49:47
219	Stephen Lister		Unattached	47:20	310	Barry Powell	V40 48	Unattached	49:49
220	Noel Owen	V40 36	Unattached	47:21	311	Compton Peter Britt	V50 28	Unattached	49:51
221	Dylan Parry	V35 32	Unattached	47:24	312	Gareth Williams	V45 35	Unattached	49:53
222	Lieve Lavens	L 23	Unattached	47:24	313	David Watson	V40 49	Unattached	49:56
223	?Peter Hadfield		Unattached	47:24	314	Glenn Daniels		Unattached	49:58
224	Colin Earp	V60 4	South Cheshire Harriers	47:25	315	John Walker	V40 50	North Wales RR	50:00
225	Paul Jones		Unattached	47:26	316	Iorwerth Roberts	V60 6	Eryri Harriers	50:03
226	Robert Sharp	V35 33	Unattached	47:27	317	Sheila Jones	L45 5	Bro Dysynni AC	50:05
227	Anne Webb	L40 4	Unattached	47:28	318	Chris Stillo	V50 29	Goyt Valley Striders	50:07
228	Samuel Lilley		Unattached	47:29	319	Edward Hughes	V40 51	Eryri Harriers	50:10
229	Julie Yale	L50 1	Mysteruns	47:31	320	Catherine Roberts	L 50	Unattached	50:12
230	Rhion Jones		Cybi Striders	47:36	321	Graham Jones	V40 52	Unattached	50:14
231	Billy Taylor	V45 30	Penny Lane Striders	47:43	322	Elizabeth Lynan	L 51	Penny Lane Striders	50:17
232	Steven Jones		Unattached	47:44	323	Rosemary Rodgers	L55 2	Deestridders	50:18
233	Eyre Richard Kemp	V35 34	Unattached	47:46	324	Jayne Penrhyn-Jones	L45 6	Unattached	50:20
234	Jack Bradley	V40 37	North Wales RR	47:49	325	Pam Appleton	L50 3	St Helens Sutton AC	50:22
235	Catrin Davies	L35 9	Unattached	47:53	326	Gary Jenkinson	V40 53	Village Runners	50:23
236	Gareth Ellis	V35 35	Unattached	47:55	327	Jeff Hardman	V50 30	Unattached	50:25
237	Katie Williams	L45 2	Egdon Heath Harriers	47:57	328	Dave Haden	V40 54	Stourbridge RC	50:27
238	Deb Murray	L45 3	Unattached	47:59	329	Siobhan Haden	L 55	Stourbridge RC	50:28
239	Jayne Mountford		Unattached	48:01	330	Stuart Marson	V55 15	North Wales RR	50:30
240	Ankur Shukla		Unattached	48:02	331	Dominic Ross	JM 15	Unattached	50:32
241	Paul Jennings		Unattached	48:03	332	Kevin Egerton	V55 16	Belle Vue Racers	50:33
242	Charlie Evans	V35 36	Unattached	48:04	333	Mike Bellis	V35 43	Unattached	50:35
243	Keith Roberts	V45 31	Unattached	48:05	334	Jenny Worthington	L 56	Birchfield Harriers	50:37
244	Mike Roberts	V45 32	Unattached	48:06	335	Ellis Williams	V45 36	Unattached	50:38
245	Jeremy Revans	V40 38	Oswestry Olympians	48:07	336	Jason Nodwell	V35 44	Unattached	50:40
246	?Fiona Halfpenny	L 29	Unattached	48:09	337	Gary Martin	V35 45	Unattached	50:42
247	Kim Norgrove	L40 5	Wrexham Tri	48:10	338	Stuart Wade	V40 55	Unattached	50:43
248	David Evans	V35 37	Unattached	48:11	339	David Walch	V35 46	Unattached	50:45
249	David Edwards	V50 23	Abergele Harriers	48:12	340	Robert Williams	JM 16	Unattached	50:47
250	Jane Fedrick	L40 6	Unattached	48:17	341	Eyre Anne Kemp	L35 13	Unattached	50:49
251	David Owen	V40 39	Unattached	48:19	342	Gwen Owens	L 58	Unattached	50:51
252	David Kirkham	V55 12	Cybi Striders	48:20	343	Simon Taylor		Unattached	50:53
253	Bargen Andy Von	V40 40	Unattached	48:20	344	John Quigley	V40 56	Belle Vue Racers	50:55
254	Neil Pugh		Unattached	48:22	345	Madeline Bird	L50 4	Ellesmere Port RC	50:57
255	Michael Hemming	JM 11	North Wales RR	48:25	346	Barry Pierce	V55 17	Unattached	50:58
256	Michael Crawford		Unattached	48:26	347	Christopher Moore	V45 37	Unattached	50:59
257	Geraint Jones	V35 38	Eryri Harriers	48:27	348	Stephen Pritchard	V40 57	Unattached	51:01
258	Laurence Hobday	V50 24	Unattached	48:30	349	Alison Engle	L35 14	Village Runners	51:02
259	Sioned Jones	L 32	Unattached	48:31	350	John Danily	V40 58	Unattached	51:04
260	Malcolm Taylor	V65 1	Bro Dysynni AC	48:33	351	David Knight		Unattached	51:05
261	Siah Peart	L40 7	City Of Chester Triathlon Club	48:35	352	Chris Bridson	V35 47	Unattached	51:07

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353	Robin Noble	V40 59	Unattached	51:09	444	David Jones	V45 47	Unattached	54:58
354	Chris Jones	V40 60	Unattached	51:11	445	Martin Tompkins	V35 57	Unattached	55:06
355	Russ Thomas	V35 48	Unattached	51:13	446	Jackie Turner	L50 7	St Helens Sutton AC	55:07
356	Philip Hammond	V55 18	Shropshire Shufflers	51:15	447	Michael Taylor	V35 58	Unattached	55:11
357	Kath Steer	L50 5	Unattached	51:17	448	Ruth Holmes	L 90	Unattached	55:25
358	John Tee	V60 7	Unattached	51:20	449	Michael Waters	V35 59	Unattached	55:27
359	?Charlotte Riddick	L 62	City Of Chester Triathlon Club	51:22	450	Glynne Parry	V60 16	Unattached	55:34
360	Chris Sutton	V35 49	Unattached	51:25	451	Josie Davies	L45 10	Unattached	55:35
361	Dimitri Pitton	V35 50	North Wales RR	51:27	452	Stephen Holmes		Unattached	55:37
362	Jonathan Walker	V40 61	Unattached	51:29	453	Gary Turner	V40 68	Unattached	55:43
363	James Wingfield	V45 38	Unattached	51:32	454	Robin Jarrett	V35 60	Unattached	55:46
364	Carol Bedwell	L40 13	Unattached	51:34	455	Steven Roberts	JM 20	Unattached	55:57
365	Michael Coulthard		Unattached	51:37	456	Valerie Edwards	L55 5	Unattached	55:57
366	Lee Outten	V40 62	Unattached	51:40	457	Mark Tidman	V40 69	Unattached	56:02
367	Mick Staines	V60 8	Pitsea RC	51:43	458	Margaret Hodges	L45 11	Spa-Tans RC	56:04
368	David Tomlinson		Unattached	51:47	459	Paul Dix	V60 17	Unattached	56:07
369	David Davies		Unattached	51:49	460	Paul Johnson	V40 70	Unattached	56:14
370	Maurice Weller	V70 2	Unattached	51:51	461	Robby Dilworth	V35 61	Unattached	56:15
371	Darren Barwise		Penny Lane Striders	51:54	462	Anthony Pemberton	V40 71	Unattached	56:16
372	Gary Johnson	V45 39	Unattached	51:56	463	Vincent Cummins	V55 21	Unattached	56:17
373	Peter Forrester	V60 9	Village Runners	51:58	464	Paul Mayers	V45 48	Unattached	56:27
374	Mike Storry	V60 10	Village Runners	52:01	465	Simon Hooton		Unattached	56:27
375	Neil Atkinson		Unattached	52:03	466	Kevin Hamp	V45 49	Unattached	56:29
376	Huw Roberts		Unattached	52:06	467	Stephen Parr	V35 62	Unattached	56:31
377	Nigel Crierie	V40 63	Ellesmere Port RC	52:08	468	Deborah Healy	L35 17	Unattached	56:33
378	Jayne Boyle	L40 14	Unattached	52:11	469	Charles Thackray	V60 18	West Cheshire Athletic Club	56:34
379	Rodger Howarth	V40 64	Unattached	52:13	470	Bill Preston	V55 22	Uk Net Runner	56:48
380	Graham Parry		Unattached	52:16	471	Awson Chin	V45 50	Unattached	56:55
381	Katie Wilson	L 65	Deeside AAC	52:18	472	Will Brooks		Unattached	56:56
382	Barry Grantham	V60 11	Unattached	52:21	473	Melvyn Jones	V50 36	Unattached	56:57
383	John Lyon	V60 12	Cybi Striders	52:23	474	Karl Berry		Unattached	57:06
384	Roy Jardine	V60 13	Eryri Harriers	52:26	475	Corrina Tidman	L35 18	Unattached	57:16
385	Paul Foley	V45 40	Unattached	52:28	476	David Beard	V55 23	Eryri Harriers	57:21
386	Andrew Taylor	JM 17	Unattached	52:30	477	Gareth Ward	V40 72	Littlewoods Running Club	57:30
387	Fenella Higgins	L35 15	Buckley Runners	52:32	478	Katy Perreault	L 96	Manchester Tri Club	57:32
388	Graham Jones	V45 41	Unattached	52:34	479	Philip Davies	V60 19	Unattached	57:34
389	Huw Jones	V35 51	Unattached	52:36	480	Jason Burton	V35 63	Prestatyn RC	57:41
390	Jenny Blakemore	L40 15	Eryri Harriers	52:37	481	Wayne Turner		Unattached	57:41
391	Ruth Harvey	L40 16	Cybi Striders	52:39	482	Steve Roberts	V40 73	Unattached	57:49
392	Iain Macintosh	V35 52	Unattached	52:46	483	Carol Cowden	L40 22	Unattached	57:52
393	Liz Stillo	L50 6	Goyt Valley Striders	52:49	484	???	???		57:53
394	Joe Delaney	V50 31	Village Runners	52:50	485	Eleanor Marson	L 98	Unattached	57:53
395	Matthew Daniels		Unattached	52:51	486	Geoff Owen	V40 74	Unattached	57:55
396	Richard Pugh		Unattached	52:52	487	Christine Ashworth	L35 19	Unattached	57:56
397	Lynda Tracey	L55 3	Unattached	52:55	488	Dorothy Fairhurst	L65 1	St Helens Sutton AC	58:04
398	Roger Griffith	V55 19	Unattached	52:58	489	Colin Fisher	V50 37	Unattached	58:10
399	Elizabeth Winston	L 71	Unattached	53:01	490	Jill Buerdsell	L50 8	Unattached	58:17
400	David March	V50 32	Unattached	53:04	491	Liam Cowden	V40 75	Unattached	58:20
401	Keith Elmore	V50 33	Unattached	53:07	492	Mike Gilbert	V40 76	Unattached	58:38
402	Noel Cheseldine	V35 53	Village Runners	53:11	493	Craig Long	JM 21	Unattached	58:45
403	David Jones	V40 65	Unattached	53:14	494	Robin Brown	V65 6	Unattached	58:53
404	Linda Edmondson	L45 7	Wrekin RR	53:17	495	Antony Bertola	V50 38	Cannbdan Tri Club	58:53
405	Anthony Rees	V55 20	Unattached	53:20	496	Charly Bentley	L 102	Unattached	58:58
406	Joanne Irving	L 73	North Wales RR	53:26	497	Gemma Cutler	LJ 5	South Cheshire Harriers	59:07
407	Michael Hooton	V65 4	Unattached	53:32	498	Thomas Quirk	V40 77	Unattached	59:12
408	Robert Bell-Davies		Unattached	53:33	499	Chloe Nicholson	LJ 6	Unattached	59:12
409	Steve Smith	V35 54	Village Runners	53:35	500	John Irwin	V60 20	St Helens Sutton AC	59:17
410	Carolyn Houghton	L35 16	Penny Lane Striders	53:37	501	Ann Ablett	L50 9	Buckley Runners	59:20
411	Helen Stretch	L55 4	Aberystwyth AC	53:38	502	Maggie Williams	L35 20	Unattached	59:22
412	Emma Sunerton-Burl	L40 17	Unattached	53:40	503	Norman Partington	V45 51	Unattached	59:27
413	Dennis Smith	V60 14	Unattached	53:42	504	Andrew Longworth	V55 24	Unattached	59:31
414	Ross Paradine		Unattached	53:45	505	John Albutt	V50 39	Unattached	59:33
415	Caroline Tye	L40 18	Unattached	53:48	506	Charlie Davies	V55 25	Unattached	59:34
416	Elaine O'Para	L 78	Village Runners	53:51	507	Louise Evans	L45 12	Unattached	59:50
417	Amanda Alcock	L 79	Unattached	53:54	508	Sandra Mayers	L45 13	Prestatyn RC	59:52
418	Martin Ellis	V50 34	Unattached	53:56	509	Paul O'Brien		Unattached	59:55
419	Gerallt Owen	V40 66	Unattached	53:59	510	Michael Howe		Unattached	59:55
420	Wendy Peacock	L 80	Unattached	54:02	511	Sami Guisef	V40 78	Littlewoods Running Club	1:00:36
421	Brian Duckworth	V45 42	Unattached	54:04	512	Gareth Sides	V50 40	Unattached	1:00:41
422	Tomos Roberts	JM 18	Unattached	54:07	513	Pauline Picton	L50 10	St Helens Sutton AC	1:00:59
423	Andrew Collins	V45 43	Unattached	54:10	514	John Howard	V55 26	Trail Running Association	1:01:03
424	Catherine Ellis	L45 8	Unattached	54:12	515	Annmari Bracher	L35 21	Belle Vue Racers	1:01:11
425	David Armstrong	V45 44	Penny Lane Striders	54:14	516	Max Wiecko	V45 52	Unattached	1:01:12
426	Peter Herbert	V35 55	Unattached	54:16	517	Cindy Morrisette	L45 14	Staffs Moorlands AC	1:01:18
427	Kevin Royers	V40 67	Unattached	54:18	518	Jean Dearing	L45 15	St Helens Sutton AC	1:01:21
428	Rob Parkin		Unattached	54:20	519	James Danily	V40 79	Unattached	1:01:26
429	Ron Birch	V65 5	Denby Harriers	54:22	520	Victoria Rix	L35 22	Unattached	1:01:27
430	Iona Dafis	L40 19	Unattached	54:23	521	Keith Tubman	V60 21	Unattached	1:01:43
431	Ian Munro	V50 35	Unattached	54:25	522	Tracy Howarth	L35 23	Unattached	1:01:43
432	Cleo Roberts	L 83	Unattached	54:27	523	Rachael Harrison	L 115	Unattached	1:01:45
433	Janet Bultitude	L 84	Unattached	54:29	524	Edel Greenhalgh	L35 24	Unattached	1:01:50
434	Dawn Owen	L40 20	Unattached	54:31	525	Neil Coathup	V35 64	Unattached	1:01:51
435	Alison Guillemin	L40 21	Abergele Harriers	54:35	526	Austin Bowers		North Wales RR	1:01:52
436	Peter Samuelson	V60 15	Spectrum Striders	54:40	527	Gareth Jones		Unattached	1:02:04
437	Daniel Wilde		Unattached	54:42	528	(No. 443)		Unattached	1:02:06
438	Michael Brittan	V35 56	Unattached	54:48	529	Iwan Edwards		Unattached	1:02:07
439	Helen Baxandall	L45 9	Prestatyn RC	54:49	530	Geraint Davies		Unattached	1:02:10
440	Huw Jones	V45 45	Unattached	54:50	531	Peter Lewis	V45 53	Unattached	1:02:12
441	David Taylor	V45 46	Unattached	54:51	532	John Reynolds		Unattached	1:02:36
442	Christopher Turton	JM 19	Unattached	54:52	533	James Murphy	V45 54	Unattached	1:02:39
443	Magda Fattah	L 88	Preston Harriers & AC	54:53	534	Karen Bancroft	L45 16	Unattached	1:02:46

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

535	Elizabeth Leonard	L55	6	Unattached	1:02:57	568	Nikki Gill	L35	27	Birchfield Harriers	1:10:56
536	Kay Davies	L40	23	Unattached	1:03:09	569	Annwen Begley	L35	28	Abergele Harriers	1:11:19
537	Rachel James-Owens	L35	25	Unattached	1:03:24	570	Anna Brown	L35	29	Unattached	1:11:57
538	Helen Rafferty	L40	24	Unattached	1:03:38	571	Maxine Grimshaw	L45	21	Belle Vue Racers	1:12:26
539	Jean Bayley	L45	17	Manchester Harriers & AC	1:03:40	572	Karen Stewart-Smith	L45	22	Carneddau Tri Club	1:12:44
540	Jean Skitt	L60	1	Manchester Harriers & AC	1:03:40	573	Colin Dutton	V45	56	Unattached	1:16:44
541	Irene Taylor	L55	7	Unattached	1:03:54	574	Judith Southern	L60	3	Unattached	1:16:56
542	Paula Hamp	L45	18	Unattached	1:04:15	575	Fee Dutton	L45	23	Unattached	1:17:00
543	Elaine Mitchell	L55	8	Castle Point Joggers	1:04:35	576	Chloe Roberts			Unattached	1:17:16
544	Beverly Hendricks	L45	19	Prestatyn RC	1:04:41	577	Gareth Roberts			Unattached	1:17:17
545	Emma Williams	L	128	Unattached	1:04:56	578	Hayley Merritt	LJ	7	Unattached	1:22:21
546	Patricia Bolton	L65	2	Biddulph RC	1:04:58	579	Geoffery Merritt	V45	57	Unattached	1:22:22
547	Janet Holmes	L50	11	St Helens Sutton AC	1:05:07	580	Wendy Williams	L	150	Unattached	1:24:01
548	Dave Hancock	V50	41	Eryri Harriers	1:05:09	581	Arwyn Jones			Unattached	1:24:01
549	Shirley Davies	L60	2	Unattached	1:05:29	582	John Lloyd			Unattached	1:24:01
550	Denise Alburt	L50	12	Unattached	1:05:35	583	Dewi Salisbury			Unattached	1:24:01
551	Helen Layder	L40	25	Unattached	1:06:08	584	Simon Parry			Unattached	1:24:01
552	Rebecca Glew	L40	26	Unattached	1:06:20	585	Warren Edwards			Unattached	1:24:01
553	Patricia Linney	L55	9	Unattached	1:06:31	586	Iwan Roberts			Unattached	1:24:01
554	Margaret Williams	L65	3	Unattached	1:07:19	587	Will Jones			Unattached	1:24:01
555	David Bennett	V35	65	Unattached	1:07:21	588	Ffion Jones	L	151	Unattached	1:24:01
556	Susan McHugh	L50	13	Unattached	1:07:52	589	?Peter Hadfield			Unattached	1:24:01
557	James Hutchinson	V45	55	Unattached	1:07:53	590	?Malcolm Burke	V40	80	Unattached	1:24:01
558	Emily McNicholl	L35	26	Unattached	1:08:01	591	Paul Long	V45	58	Unattached	1:24:33
559	Danny Reynolds			Unattached	1:08:17	592	?Charlotte Riddick	L	152	City Of Chester Triathlon Club	1:45:19
560	Paul Buoe			Unattached	1:08:22	593	Darren Cummins			Unattached	1:45:19
561	Thomas Gallagher			Unattached	1:08:56	594	Richard Brady			Unattached	1:45:19
562	Laura Crook	L	139	Unattached	1:08:58	595	Gerwyn Lloyd			Unattached	1:45:19
563	Jim Aveyard	V55	27	Unattached	1:09:17	596	Tryston Rowlands			Unattached	1:45:19
564	Julie Jones	L45	20	Abergele Harriers	1:09:49	597	Rhodri Sellers			Unattached	1:45:19
565	Robert Harding	V55	28	Telford	1:10:12	598	Julie Owen			Unattached	1:45:19
566	Elaine Doga	L40	27	Unattached	1:10:15	599	Huw Thomas			Unattached	1:45:19
567	David Williams	V35	66	Unattached	1:10:15	600	Annick Willigsecker			Unattached	1:45:19

Nick Beer - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Eryri Harriers	19	—	4	Brendan Rothery	6	Richard Roberts	9	Paul Wathan
2	Bangor University	44	—	2	Rob Samuel	19	Angus Mackay	23	Andrew John
3	Abergele Harriers	78	—	5	John Earlston	7	John Ford	66	Keith Elliott
4	Halifax Harriers & Ac	113	—	13	Mark Crabtree	18	David Bancroft	82	Philip Turner
5	Buckley Runners	123	—	17	David Edwards	22	Stephen Bellis	84	Chris Higgins
6	Northern Veterans AC	140	—	29	Graham McAra	38	Steve Broadfoot	73	Stephen Loftus
7	Aberystwyth AC	149	—	37	Gethin Holland	45	Peter Foale	67	Kevin Holland
8	Village Runners	154	—	24	Philip Cuthbert	35	Gary Goodall	95	Robert Aldcroft
9	Penny Lane Striders	197	—	42	Mal Balmer	62	Tony Man	93	David Lynan
10	South Cheshire Harriers	205	—	56	Rob Jones	61	David McGrath	88	Mike Cutler
11	Stourbridge RC	207	—	34	Barry Green	49	Ian Price	124	Dave Haden
12	Cybi Striders	211	—	63	Henry Hooton	65	Ian Rothery	83	Joseph McKernon
13	Bro Dysynni AC	233	—	8	Stephen Gilliland	107	Malcolm Taylor	118	Barrie Jackson
14	Ellesmere Port RC	246	—	48	David Nalder	64	John Hawker	134	Nigel Crierie
15	St Helens Sutton AC	308	—	78	John Appleton	81	Christopher Reid	149	John Irwin
16	North Wales RR	325	—	101	Jack Bradley	105	Michael Hemming	119	John Walker
17	Littlewoods Running Club	330	—	74	Keith Craig	110	Peter Doyle	146	Gareth Ward
18	Belle Vue Racers	344	—	91	Stephen Webb	126	Kevin Egerton	127	John Quigley

Nick Beer - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Bangor University	37	—	6	Jenny Brierley	10	Rebecca-Jane Law	21	Suzy Blandford
2	Eryri Harriers	55	—	11	Wendy Trimbel	20	Rhian Jones	24	Ali Thames
3	Belle Vue Racers	62	—	2	Carmen Anthony	3	Emma Jones	57	Annmarie Bracher
4	Prestatyn RC	114	—	12	Joanne McDonough	47	Helen Baxandall	55	Sandra Mayers
5	St Helens Sutton AC	132	—	31	Pam Appleton	49	Jackie Turner	52	Dorothy Fairhurst
6	Abergele Harriers	180	—	46	Alison Guillemin	66	Julie Jones	68	Annwen Begley