

ERRA National Road Relays

at Sutton Park, Birmingham on Saturday 18th October 2008

Mens 6 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	Ryan McLeod	Elswick Ha	17:06	41	Joe Wade	Aldershot B 18:35
2	R Stevenson	New Marske	17:09	42	Ashley Harrell	City Of No 18:41
3	Neilson Hall	Bedford An A	17:10	43	Robert Hodges	Kingston U 18:42
4	Tim Dalton	Severn	17:13	44	Julian Rendall	ThamesH&H 18:46
5	Neil Gamester	Shaftesbur	17:26	45	Matt Addison	Harrow A.c 18:47
6	Toby Lambert	Winchester	17:26	46	Tom Bell	Owls Ac B 18:48
7	Jonathan Gilby	Derby AC	17:27	47	Alan Barnes	Herne Hill 18:50
8	Stuart Stokes	Sale Harri	17:29	48	Rob Cole	Newham And B 18:50
9	Jon Wills	Bristol & A	17:31	49	M Matthews	Birmingham 18:50
10	Matt Barnes	Altrincham A	17:33	50	Alex BruceL	Blackheath 18:51
11	Stephen Sharp	Belgrave H A	17:37	51	Nel Pendlebury	LeighH&A 18:51
12	Patrick Martin	Sunderland	17:41	52	Chris Discombe	Les Croupi 18:51
13	M Pierson	Holmfirth	17:46	53	Peter Grist	Wells City 18:52
14	Matt Shone	Woodford G	17:48	54	Aidan Johnson	Bingley Ha 18:55
15	Jorge Thomas	Cardiff A.	17:48	55	Jo Gratton	Hallamshir A 18:55
16	Tom Doe	Lincoln We	17:50	56	Craig Walker	Wolverhamp 18:59
17	J Taylor	MorpethH&A	17:51	57	B Radbourne	Heanor RC 18:59
18	Matt Almond	Coventry G A	17:55	58	Tom Collins	MedwayAnd 19:09
19	M Williams	Tipton Har A	17:58	59	Martin Bateman	Hillingdon 19:09
20	C Warburton	Notts AC A	18:01	60	Joe Townsend	Leeds City A 19:11
21	James Kelly	Belgrave H B	18:01	61	Sean Ledger	Mansfield A 19:13
22	James Sumpter	Thames Val	18:07	62	Michael Salter	Leeds City B 19:16
23	M Aspinall	Lancaster	18:09	63	M Goodwin	Bedford An B 19:26
24	D Gurmin	SwanseaH A	18:11	64	D Notman	SwanseaH B 19:30
25	Gaz Davies	Owls Ac A	18:13	65	Lenny Shail	Coventry G B 19:34
26	Stephen Kimber	Windsor SI	18:14	66	M Turner	HalesowenA 19:35
27	Scott McDonald	Central Ac	18:15	67	Jon Sharkey	Bournemouth 19:39
28	Richard Burney	Liverpool	18:15	68	Rick O'Toole	Hallamshir B 19:40
29	Phil Tulba	Basingstok	18:16	69	James Shaw	East Chesh 19:42
30	Ian Grime	Newham And A	18:17	70	Micheal Cooke	Stockport 19:46
31	R Joy	Notts AC B	18:18	71	Steve Mears	Charnwood 19:49
32	Nick Earl	Reading At	18:19	72	Wolfe Kurt	Tonbridge 19:50
33	Dan Moore	Bristol & B	18:20	73	Carl Frapwell	Stroud+dis 19:55
34	Matt Clowes	Staffordsh	18:22	74	Rod Hart	Wigan Phoe 19:58
35	James Brewer	Cheltenham	18:23	75	Dave Parkin	Loftus And 20:05
36	Tom Holden	Tipton Har B	18:24	76	Martin Crosby	Altrincham B 20:22
37	Aaron Harris	Aldershot A	18:27	77	Chris Lamb	Rugby And 20:29
38	Nicholas Torry	Serpentine	18:28	78	Ian Keyte	Bromsgrove 20:32
39	Paul Ward	Telford Ac A	18:32	79	J Williams	SwanseaH C 20:57
40	S Taylor	Kent AC	18:33			

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Mens 6 Stage Stage 2 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain							
1	Chris Powner	Winchester		17:37	35:03	+	5	47	Stuart King	Mansfield A	18:44	37:57	+	14
2	Nick Goolab	Belgrave H A		17:34	35:11	+	9	48	Manuel DaSilva	Thames Val	19:56	38:03	-	26
3	Andy Vernon	Aldershot A		16:49	35:16	+	34	49	Alec Duffield	Loftus And	18:05	38:10	+	26
4	Mark Hood	Sunderland		17:40	35:21	+	8	50	Tim Doran	Owls Ac B	19:24	38:12	-	4
5	Dave Norman	Altrincham A		17:49	35:22	+	5	51	Paul Cuddihy	Hillingdon	19:06	38:15	+	8
6	Matt Bowser	Lincoln We		17:34	35:24	+	10	52	James Douglas	Charnwood	18:27	38:16	+	19
7	Owain Matthews	Bedford An A		18:20	35:30	-	4	53	John Convery	Bingley Ha	19:25	38:20	+	1
8	P Pollock	Kent AC		17:08	35:41	+	32	54	D Beynon	SwanseaH B	19:01	38:31	+	10
9	Harry Webb	Bristol & A		18:11	35:42		0	55	Simon Coombes	Herne Hill	19:43	38:33	-	8
10	Chris Moss	Cardiff A.		17:55	35:43	+	5	56	Jon White	Coventry G B	19:04	38:38	+	9
11	Steve Hepples	Newham And A		17:28	35:45	+	19	57	Matthew Withey	Stroud+dis	18:43	38:38	+	16
12	M Whitehouse	Notts AC A		17:46	35:47	+	8	58	D Williamson	Bedford An B	19:13	38:39	+	5
13	Neil Addison	Shaftesbur		18:22	35:48	-	8	59	D Kesterton	HalesowenA	19:08	38:43	+	7
14	Simon Mills	Sale Harri		18:20	35:49	-	6	60	Bradley Sam	Tonbridge	18:54	38:44	+	12
15	Phil Hinch	Tipton Har A		17:58	35:56	+	4	61	Phil Cook	Les Croupi	19:59	38:50	-	9
16	N Swinburn	MorpethH&A		18:11	36:02	+	1	62	Andy Ward	Wigan Phoe	18:53	38:51	+	12
17	Gordon Lee	Owls Ac A		17:51	36:04	+	8	63	Jack Bancroft	Wells City	20:11	39:03	-	10
18	Dominic Shaw	New Marske		18:56	36:05	-	16	64	M Bayliss	Birmingham	20:14	39:04	-	15
19	B Farquharson	Notts AC B		17:48	36:06	+	12	65	Ian Grindley	Wolverhamp	20:07	39:06	-	9
20	Hywel Care	Woodford G		18:23	36:11	-	6	66	Stephen Emery	Rugby And	18:37	39:06	+	11
21	Adam Bowden	Harrow A.c		17:25	36:12	+	24	67	Dave Gilbert	Severn	22:09	39:22	-	63
22	Peter Riley	LeighH&A		17:21	36:12	+	29	68	Chris Needham	Leeds City B	20:07	39:23	-	6
23	L Hobbs	SwanseaH A		18:03	36:14	+	1	69	Dave Sprott	Hallamshir B	19:54	39:34	-	1
24	Tom Bark	Coventry G A		18:24	36:19	-	6	70	Jamie Loxam	Stockport	19:54	39:40		0
25	Richard Weir	Derby AC		18:54	36:21	-	18	71	Mike Hammacott	Bournemouth	20:07	39:46	-	4
26	Ross Houston	Central Ac		18:14	36:29	+	1	72	Phil Johnson	Hallamshir A	20:59	39:54	-	17
27	Neil Renault	Medway And		17:29	36:38	+	31	73	Rob Nichol	Altrincham B	19:36	39:58	+	3
28	Andrew Rayner	Blackheath		17:52	36:43	+	22	74	Sean Hazell	Bristol & B	21:38	39:58	-	41
29	John Hutchins	Basingstok		18:28	36:44		0	75	Gavin Browne	East Chesh	20:43	40:25	-	6
30	Mitch Goose	City Of No		18:04	36:45	+	12	76	James Adie	Bromsgrove	20:26	40:58	+	2
31	Marc Hartley	Staffordsh		18:26	36:48	+	3	77	G Smith	SwanseaH C	20:12	41:09	+	2
32	Alan Buckley	Leeds City A		17:41	36:52	+	28	Fastest runners over stage 2:						
33	Samatar Farah	Newham And B		18:09	36:59	+	15	1	Andy Vernon	Aldershot A	16:49			
34	David Turnbull	Holmfirth		19:18	37:04	-	21	2	P Pollock	Kent AC	17:08			
35	Josh Gorecki	Aldershot B		18:49	37:24	+	6	3	Peter Riley	LeighH&A	17:21			
36	Chris Rimmer	Telford Ac A		18:53	37:25	+	3	4	Adam Bowden	Harrow A.c	17:25			
37	Jella Verwer	Tipton Har B		19:05	37:29	-	1	5	Steve Hepples	Newham And A	17:28			
38	C Rainsford	Heanor RC		18:33	37:32	+	19	6	Neil Renault	Medway And	17:29			
39	Darren Jordan	Cheltenham		19:12	37:35	-	4	7	Nick Goolab	Belgrave H A	17:34			
40	Mark Pollard	Belgrave H B		19:35	37:36	-	19	8	Matt Bowser	Lincoln We	17:34			
41	C Coleman	Windsor Sl		19:26	37:40	-	15	9	Chris Powner	Winchester	17:37			
42	R Parrington	Lancaster		19:33	37:42	-	19	10	Mark Hood	Sunderland	17:40			
43	Alan Ashton	Liverpool		19:29	37:44	-	15							
44	G Clarkson	Kingston U		19:08	37:50	-	1							
45	R Phillips	Serpentine		19:25	37:53	-	7							
46	S Granger	Bevan	Reading At	19:37	37:56	-	14							

Fastest runners over stage 2:

1	Andy Vernon	Aldershot A	16:49
2	P Pollock	Kent AC	17:08
3	Peter Riley	LeighH&A	17:21
4	Adam Bowden	Harrow A.c	17:25
5	Steve Hepples	Newham And A	17:28
6	Neil Renault	Medway And	17:29
7	Nick Goolab	Belgrave H A	17:34
8	Matt Bowser	Lincoln We	17:34
9	Chris Pownor	Winchester	17:37
10	Mark Hood	Sunderland	17:40

Mens 6 Stage Stage 3 — Final Results

Fastest runners over stage 3:

1	Scott Overall	Blackheath	16:54
2	Keith Gerrard	Newham And A	17:05
3	Tom Russell	Bristol & A	17:06
4	I Hudspith	MorpethH&A	17:18
5	Phil Nicholls	Tipton Har A	17:26
6	Ben Lindsay	Aldershot A	17:26
7	Ben Tickner	Wells City	17:31
8	Glen Comish	Sale Harri	17:32
9	Tom Payn	Winchester	17:34
10	Steve Davies	Belgrave H A	17:40

Mens 6 Stage Stage 4 — Final Results

Fastest runners over stage 4:

1	M Skinner	Blackheath	17:30
2	J Thewlis	Notts AC A	17:40
3	Kevin Skinner	Newham And A	17:45
4	David Webb	Leeds City A	17:48
5	Mike Coleman	Medway And	17:48
6	Simon Jones	Belgrave H A	17:51
7	C Hopkins	SwanseaH A	18:00
8	Matt Bond	Sale Harri	18:00
9	Craig Peters	Bristol & A	18:00
10	Mark Dalkins	Tipton Har A	18:04
11	C Sampson	MorpethH&A	18:04

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Mens 6 Stage Stage 5 — Final Results

Pos	Name	Club	Leg	Time	Cum Time	Gain
1	Phil Wicks	Belgrave H A	A	17:00	1:27:42 +	1
2	I Boneham	Notts AC A	A	17:19	1:28:29 +	5
3	Dan Pettit	Newham And A	A	17:56	1:28:31 -	2
4	Phil Wylie	Bristol & A	A	18:02	1:28:50 -	1
5	Steffan North	Sale Harri	A	18:05	1:29:26 +	3
6	Neil Burton	Tipton Har A	A	18:05	1:29:31 +	4
7	James Poole	Blackheath	A	18:34	1:29:41 -	2
8	P Berntsen	Winchester	A	18:49	1:29:58 -	2
9	James Walsh	Leeds City A	A	17:29	1:30:03 +	6
10	Joe Morwood	Aldershot A	A	19:18	1:30:19 -	6
11	D Swinburne	MorpethH&A	A	19:00	1:30:24 -	2
12	P Richardson	Owls Ac A	A	18:12	1:30:52 +	4
13	Darren Deed	Bedford An A	A	17:47	1:30:57 +	6
14	S Smith	SwanseaH A	A	18:36	1:31:05	0
15	M Claff	Kent AC	A	19:09	1:31:08 -	4
16	Harry Jones	Cardiff A.	A	18:49	1:31:12 -	4
17	Richard Taylor	Coventry G A	A	18:33	1:31:33 +	1
18	A Whittingham	Altrincham A	A	19:02	1:31:48 -	1
19	Andrew Renfree	Shaftesbur	A	19:29	1:31:53 -	6
20	Alistair Hay	Central Ac	A	17:47	1:31:54 +	5
21	Russell Best	New Marske	A	18:38	1:32:22 -	1
22	David Westbury	Derby AC	A	18:18	1:32:29 +	4
23	Craig Berg	Woodford G	A	19:01	1:32:47 -	1
24	Adrian Lowther	Medway And	A	18:59	1:32:53	0
25	Nathan White	Windsor SI	A	18:31	1:33:05 +	6
26	J Critchlow	Harrow A.c	A	19:17	1:33:09 -	3
27	Les Ball	Lincoln We	A	19:27	1:33:13 -	6
28	Tommy Henders	LeighH&A	A	18:57	1:33:21 +	2
29	Paul Given	Sunderland	A	19:11	1:33:27 -	2
30	J Nixon	Notts AC B	A	19:08	1:33:30 -	1
31	James Meldrum	Liverpool	A	19:16	1:33:37 -	3
32	Jon James	Wells City	A	18:49	1:33:46	0
33	John Clarke	Newham And B	A	18:37	1:33:52 +	2
34	Luke Allen	City Of No	A	18:59	1:34:11	0
35	Tom Bowerman	Aldershot B	A	19:27	1:34:30 -	2
36	Shaun Moralee	Belgrave H B	A	19:10	1:35:05	0
37	Mike Hager	Tipton Har B	A	19:27	1:35:46	0
38	Fennell Steve	Tonbridge	A	18:52	1:36:21 +	9
39	Peter Holmes	Cheltenham	A	19:20	1:36:35 +	4
40	Dave Archer	Hallamshir A	A	18:42	1:36:44 +	15
41	Mike Burrett	Leeds City B	A	18:55	1:36:52 +	11
42	S Ashmore	Heanor RC	A	20:19	1:37:02 -	4
43	S Williams	SwanseaH B	A	19:43	1:37:03 +	2
44	S MacDonald	Bingley Ha	A	19:30	1:37:05 +	5
45	Lee Christmas	Stroud+dis	A	20:12	1:37:08 -	5
46	Dan Woolford	Bristol & B	A	19:01	1:37:10 +	12
47	Martin Gaunt	Serpentine	A	19:42	1:37:15 +	1
48	Peter Martin	Staffordsh	A	20:36	1:37:22 -	9
49	N Hazelwood	HalesowenA	A	19:52	1:37:31 +	2
50	Alex Bellew	Bedford An B	A	19:26	1:37:34 +	7
51	Sam Fowler	Basingstok	A	20:28	1:37:35 -	10
52	Noel Edwards	Coventry G B	A	19:39	1:37:37 +	1
53	Gordon Irvine	Thames Val	A	19:55	1:37:56 +	1
54	D Thompson	Hillingdon	A	20:43	1:38:01 -	10
55	Sam Knight	Herne Hill	A	20:28	1:38:05 -	5
56	Mark Dewhurst	Holmfirth	A	20:52	1:38:13 -	10
57	Douglas Ross	Mansfield A	A	21:16	1:38:24 -	15
58	Edward Hill	Rugby And	A	19:55	1:38:43 +	4
59	Jamie Davies	Telford Ac A	A	21:01	1:39:16 +	1
60	Mike Shaw	Stockport	A	20:50	1:39:19 +	1
61	Mike O'Neill	Wigan Phoe	A	19:37	1:39:36 +	5
62	Mark Gardner	Lancaster	A	21:02	1:40:04 +	1
63	Phil Wren	Reading At	A	22:03	1:40:17 -	4
64	Michael Brind	Charnwood	A	20:21	1:40:51 +	4
65	Mark Ince	Birmingham	A	20:32	1:41:01 +	2
66	Gareth Candy	Hallamshir B	A	21:27	1:41:14 -	2
67	A Connally	East Chesh	A	20:32	1:41:43 +	4
68	Mark Walker	Loftus And	A	21:59	1:41:48 -	3
69	A Jennings	Bournemouth	A	21:06	1:42:15 +	1
70	Stuart McIlroy	Les Croupi	A	21:53	1:42:52 -	1
71	D Livingstone	Altrincham B	A	21:37	1:43:48 +	1
72	John Dineen	Bromsgrove	A	20:38	1:43:54 +	2
73	A Cleverley	SwanseaH C	A	21:09	1:44:11	0
74	Darren Edwards	Wolverhamp	A	22:35	1:46:30 +	1

Fastest runners over stage 5:

1	Phil Wicks	Belgrave H A	17:00
2	I Boneham	Notts AC A	17:19
3	James Walsh	Leeds City A	17:29
4	Darren Deed	Bedford An A	17:47
5	Alistair Hay	Central Ac	17:47
6	Dan Pettit	Newham And A	17:56
7	Phil Wylie	Bristol & A	18:02
8	Steffan North	Sale Harri	18:05
9	Neil Burton	Tipton Har A	18:05
10	P Richardson	Owls Ac A	18:12

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Mens 6 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Neil Speaight	Belgrave H A	17:36	1:45:18	0
2	B Raeside	Notts AC A	17:21	1:45:50	0
3	Moumin Geele	Newham And A	17:20	1:45:51	0
4	Rob Whalley	Bristol & A	17:51	1:46:41	0
5	Gareth Raven	Sale Harri	17:45	1:47:11	0
6	Darran Bilton	Leeds City A	17:44	1:47:47 +	3
7	Ian Williams	Tipton Har A	18:26	1:47:57 -	1
8	Peter Tucker	Blackheath	18:34	1:48:15 -	1
9	Matt Janes	Bedford An A	17:36	1:48:33 +	4
10	Andy Greenleaf	Winchester	18:50	1:48:48 -	2
11	M Brown	MorpethH&A	18:29	1:48:53	0
12	Chris Bounds	Aldershot A	18:54	1:49:13 -	2
13	Mark Jennings	Cardiff A.	18:28	1:49:40 +	3
14	Jason Williams	Owls Ac A	19:03	1:49:55 -	2
15	A Dunwoody	Kent AC	18:58	1:50:06	0
16	O Howton	SwanseaH A	19:11	1:50:16 -	2
17	James Trapmore	Shaftesbur	18:46	1:50:39 +	2
18	Adam Blowers	New Marske	18:42	1:51:04 +	3
19	Henry Hammond	Coventry G A	19:40	1:51:13 -	2
20	Bertie Powell	Woodford G	18:35	1:51:22 +	3
21	Tom Bush	Altrincham A	19:45	1:51:33 -	3
22	Sean Reilly	Central Ac	20:02	1:51:56 -	2
23	Ian May	Windsor SI	18:55	1:52:00 +	2
24	Adrian Marriot	Wells City	18:22	1:52:08 +	8
25	Kairn Stone	Newham And B	18:19	1:52:11 +	8
26	Pat Curran	MedwayAnd	19:20	1:52:13 -	2
27	Mohammed Rahim	Harrow A.c	19:22		
1:52:31	-	-	1		
28	C Palmer	Notts AC B	19:09	1:52:39 +	2
29	Thomas Offord	Derby AC	20:17	1:52:46 -	7
30	Tom Straw	Lincoln We	19:48	1:53:01 -	3
31	M Thompson	Sunderland	19:47	1:53:14 -	2
32	Steve Cannell	City Of No	19:18	1:53:29 +	2
33	Simon McKevitt	Liverpool	20:26	1:54:03 -	2
34	Craig Williams	Aldershot B	19:40	1:54:10 +	1
35	Will Cockerell	Belgrave H B	19:14	1:54:19 +	1
36	John Howarth	LeighH&A	21:28	1:54:49 -	8
37	Andrew Thake	Hallamshir A	18:24	1:55:08 +	3
38	Phil Clamp	Tipton Har B	19:46	1:55:32 -	1
39	Barrable Nick	Tonbridge	19:26	1:55:47 -	1
40	Josh Whitehead	Leeds City B	19:03	1:55:55 +	1
41	S Davies	SwanseaH B	19:19	1:56:22 +	2
42	Andrew Reeves	Serpentine	19:32	1:56:47 +	5
43	Derek Lincoln	Bristol & B	19:42	1:56:52 +	3
44	Andy Brown	Bingley Ha	19:49	1:56:54	0
45	Sam Wallbank	Bedford An B	19:24	1:56:58 +	5
46	Tim Elsey	Herne Hill	18:58	1:57:03 +	9
47	Andrew Kaighin	Cheltenham	20:30	1:57:05 -	8
48	David Bratt	Staffordsh	20:02	1:57:24	0
49	O Holden	HalesowenA	20:03	1:57:34	0
50	A Hobday	Heanor RC	20:53	1:57:55 -	8
51	Calum Nicol	Thames Val	20:16	1:58:12 +	2
52	C Frapwell	Stroud+dis	21:15	1:58:23 -	7
53	Jon Castro	Hillingdon	20:23	1:58:24 +	1
54	Chris Brown	Mansfield A	20:10	1:58:34 +	3
55	John Gercs	Rugby And	19:58	1:58:41 +	3
56	John Ewart	Holmfirth	21:15	1:59:28	0
57	R Kinnersley	Reading At	19:43	2:00:00 +	6
58	P Darbyshire	Wigan Phoe	20:36	2:00:12 +	3
59	Dean Matkin	Stockport	21:36	2:00:55 +	1
60	Simon Vines	Telford Ac A	21:49	2:01:05 -	1
61	Chris Breakell	Lancaster	21:04	2:01:08 +	1
62	Bob Statham	Coventry G B	23:55	2:01:32 -	10
63	Glen North	Charnwood	20:44	2:01:35 +	1
64	Steve Way	Bournemouth	19:27	2:01:42 +	5
65	Dean Furniss	Hallamshir B	20:48	2:02:02 +	1
66	Gary Mathews	East Chesh	21:10	2:02:53 +	1
67	Dave Henderson	Bromsgrove	20:29	2:04:23 +	5
68	A Lewis	SwanseaH C	20:44	2:04:55 +	5
69	Dave Horness	Loftus And	23:53	2:05:41 -	1
70	M Williams	Les Croupi	23:16	2:06:08	0
71	Dominic Scott	Altrincham B	22:43	2:06:31	0
72	Tony McArthur	Wolverhamp	22:49	2:09:19 +	2
Fastest runners over stage 6:					
1	Moumin Geele	Newham And A	17:20		
2	B Raeside	Notts AC A	17:21		
3	Matt Janes	Bedford An A	17:36		
4	Neil Speaight	Belgrave H A	17:36		
5	Darran Bilton	Leeds City A	17:44		
6	Gareth Raven	Sale Harri	17:45		
7	Rob Whalley	Bristol & A	17:51		
8	Kairn Stone	Newham And B	18:19		
9	Adrian Marriot	Wells City	18:22		
10	Andrew Thake	Hallamshir A	18:24		

Fastest runners over stage 6:

1	Moumin Geele	Newham And A	17:20
2	B Raeside	Notts AC A	17:21
3	Matt Janes	Bedford An A	17:36
4	Neil Speaight	Belgrave H A	17:36
5	Darran Bilton	Leeds City A	17:44
6	Gareth Raven	Sale Harri	17:45
7	Rob Whalley	Bristol & A	17:51
8	Kairn Stone	Newham And B	18:19
9	Adrian Marriot	Wells City	18:22
10	Andrew Thake	Hallamshir A	18:24

ERRA National Road Relays

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Mens 6 Stage — Team Results — Final

(nn) is team position after the appropriate stage.

1 Belgrave Harriers			'A' 1:45:18			14 Owls AC			'A' 1:49:55		
1	Stephen Sharp	(11) 17:37	2	Nick Goolab	(2) 17:34	1	Gaz Davies	(25) 18:13	2	Gordon Lee	(17) 17:51
3	Steve Davies	(5) 17:40	4	Simon Jones	(2) 17:51	3	Paul Miles	(14) 17:44	4	Steve Platts	(16) 18:52
5	Phil Wicks	(1) 17:00	6	Neil Speaight	(1) 17:36	5	P Richardson	(12) 18:12	6	Jason Williams	(14) 19:03
2 Notts AC			'A' 1:45:50			15 Kent AC			1:50:06		
1	C Warburton	(20) 18:01	2	M Whitehouse	(12) 17:46	1	S Taylor	(40) 18:33	2	P Pollock	(8) 17:08
3	T Hartley	(10) 17:43	4	J Thewlis	(7) 17:40	3	J Mays	(9) 17:43	4	G Thornton	(11) 18:35
5	I Boneham	(2) 17:19	6	B Raeside	(2) 17:21	5	M Claff	(15) 19:09	6	A Dunwoody	(15) 18:58
3 Newham And Essex Beagles			'A' 1:45:51			16 Swansea Harriers			'A' 1:50:16		
1	Ian Grime	(30) 18:17	2	Steve Hepples	(11) 17:28	1	D Gurmin	(24) 18:11	2	L Hobbs	(23) 18:03
3	Keith Gerrard	(4) 17:05	4	Kevin Skinner	(1) 17:45	3	M Hobbs	(20) 18:15	4	C Hopkins	(14) 18:00
5	Dan Pettit	(3) 17:56	6	Moumin Geele	(3) 17:20	5	S Smith	(14) 18:36	6	O Howton	(16) 19:11
4 Bristol & West AC			'A' 1:46:41			17 Shaftesbury Barnet			1:50:39		
1	Jon Wills	(9) 17:31	2	Harry Webb	(9) 18:11	1	Neil Gamester	(5) 17:26	2	Neil Addison	(13) 18:22
3	Tom Russell	(3) 17:06	4	Craig Peters	(3) 18:00	3	O Edwards	(19) 18:26	4	Jack Parslow	(13) 18:10
5	Phil Wylie	(4) 18:02	6	Rob Whalley	(4) 17:51	5	Andrew Renfree	(19) 19:29	6	James Trapmore	(17) 18:46
5 Sale Harriers Manchester			1:47:11			18 New Marske Harriers			1:51:04		
1	Stuart Stokes	(8) 17:29	2	Simon Mills	(14) 18:20	1	R Stevenson	(2) 17:09	2	Dominic Shaw	(18) 18:56
3	Glen Comish	(7) 17:32	4	Matt Bond	(8) 18:00	3	Shaun O'Grady	(26) 19:10	4	Gamble-Thompso	(20) 18:29
5	Steffan North	(5) 18:05	6	Gareth Raven	(5) 17:45	5	Russell Best	(21) 18:38	6	Adam Blowers	(18) 18:42
6 Leeds City AC			'A' 1:47:47			19 Coventry Godiva Harriers			'A' 1:51:13		
1	Joe Townsend	(60) 19:11	2	Alan Buckley	(32) 17:41	1	Matt Almond	(18) 17:55	2	Tom Bark	(24) 18:24
3	Adam Grice	(23) 17:54	4	David Webb	(15) 17:48	3	Ryan Kenny	(16) 17:48	4	Harvey Speed	(18) 18:53
5	James Walsh	(9) 17:29	6	Darran Bilton	(6) 17:44	5	Richard Taylor	(17) 18:33	6	Henry Hammond	(19) 19:40
7 Tipton Harriers			'A' 1:47:57			20 Woodford Green Ac With Essex L			1:51:22		
1	M Williams	(19) 17:58	2	Phil Hinch	(15) 17:58	1	Matt Shone	(14) 17:48	2	Hywel Care	(20) 18:23
3	Phil Nicholls	(8) 17:26	4	Mark Dalkins	(10) 18:04	3	Kevin Murphy	(24) 18:45	4	Ronnie Sparke	(22) 18:50
5	Neil Burton	(6) 18:05	6	Ian Williams	(7) 18:26	5	Craig Berg	(23) 19:01	6	Bertie Powell	(20) 18:35
8 Blackheath & Bromley H & AC			1:48:15			21 Altrincham			'A' 1:51:33		
1	Alex Bruce L	(50) 18:51	2	Andrew Rayner	(28) 17:52	1	Matt Barnes	(10) 17:33	2	Dave Norman	(5) 17:49
3	Scott Overall	(13) 16:54	4	M Skinner	(5) 17:30	3	Andy Norman	(12) 18:12	4	Simon Marwood	(17) 19:12
5	James Poole	(7) 18:34	6	Peter Tucker	(8) 18:34	5	A Whittingham	(18) 19:02	6	Tom Bush	(21) 19:45
9 Bedford And County AC			'A' 1:48:33			22 Central AC			1:51:56		
1	Neilson Hall	(3) 17:10	2	Owain Matthews	(7) 18:20	1	Scott McDonald	(27) 18:15	2	Ross Houston	(26) 18:14
3	Ryan Parker	(15) 18:34	4	Steve Herring	(19) 19:06	3	Robert Russell	(21) 18:04	4	Lewis Millar	(25) 19:34
5	Darren Deed	(13) 17:47	6	Matt Janes	(9) 17:36	5	Alistair Hay	(20) 17:47	6	Sean Reilly	(22) 20:02
10 Winchester & District A.C.			1:48:48			23 Windsor Slough Eton & Hounslow			1:52:00		
1	Toby Lambert	(6) 17:26	2	Chris Powner	(1) 17:37	1	Stephen Kimber	(26) 18:14	2	C Coleman	(41) 19:26
3	Tom Payn	(1) 17:34	4	David Knapman	(6) 18:32	3	Owain Jones	(34) 18:41	4	Alex Tovey	(31) 18:13
5	P Berntsen	(8) 18:49	6	Andy Greenleaf	(10) 18:50	5	Nathan White	(25) 18:31	6	Ian May	(23) 18:55
11 Morpeth H & AC			1:48:53			24 Wells City Harriers			1:52:08		
1	J Taylor	(17) 17:51	2	N Swinburn	(16) 18:11	1	Peter Grist	(53) 18:52	2	Jack Bancroft	(63) 20:11
3	I Hudspith	(6) 17:18	4	C Sampson	(9) 18:04	3	Ben Tickner	(36) 17:31	4	A Hennessy	(32) 18:23
5	D Swinburne	(11) 19:00	6	M Brown	(11) 18:29	5	Jon James	(32) 18:49	6	Adrian Marriot	(24) 18:22
12 Aldershot Farnham & District			'A' 1:49:13			25 Newham And Essex Beagles			'B' 1:52:11		
1	Aaron Harris	(37) 18:27	2	Andy Vernon	(3) 16:49	1	Rob Cole	(48) 18:50	2	Samatar Farah	(33) 18:09
3	Ben Lindsay	(2) 17:26	4	E Robinson	(4) 18:19	3	Stuart Major	(31) 18:54	4	John Pike	(35) 19:22
5	Joe Morwood	(10) 19:18	6	Chris Bounds	(12) 18:54	5	John Clarke	(33) 18:37	6	Kairn Stone	(25) 18:19
13 Cardiff A.A.C.			1:49:40			26 Medway And Maidstone AC			1:52:13		
1	Jorge Thomas	(15) 17:48	2	Chris Moss	(10) 17:55	1	Tom Collins	(58) 19:09	2	Neil Renault	(27) 17:29
3	Daniel Stevens	(11) 17:49	4	Carwyn Jones	(12) 18:51	3	Ben Tyler	(32) 19:28	4	Mike Coleman	(24) 17:48
5	Harry Jones	(16) 18:49	6	Mark Jennings	(13) 18:28	5	Adrian Lowther	(24) 18:59	6	Pat Curran	(26) 19:20

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27 Harrow A.C		1:52:31		41 Swansea Harriers		'B' 1:56:22	
1	Matt Addison (45) 18:47	2	Adam Bowden (21) 17:25	1	D Notman (64) 19:30	2	D Beynon (54) 19:01
3	Ben Warren (25) 18:52	4	Peter Norris (23) 18:48	3	S Walsh (55) 19:44	4	P Matthews (45) 19:05
5	J Critchlow (26) 19:17	6	Mohammed Rahim (27) 19:22	5	S Williams (43) 19:43	6	S Davies (41) 19:19
28 Notts AC		'B' 1:52:39		42 Serpentine RC		1:56:47	
1	R Joy (31) 18:18	2	B Farquharson (19) 17:48	1	Nicholas Torry (38) 18:28	2	R Phillips (45) 19:25
3	A Sabin (28) 19:27	4	R Keal (29) 18:49	3	Hugh Torry (44) 19:28	4	Andy Robins (48) 20:12
5	J Nixon (30) 19:08	6	C Palmer (28) 19:09	5	Martin Gaunt (47) 19:42	6	Andrew Reeves (42) 19:32
29 Derby AC		1:52:46		43 Bristol & West AC		'B' 1:56:52	
1	Jonathan Gilby (7) 17:27	2	Richard Weir (25) 18:54	1	Dan Moore (33) 18:20	2	Sean Hazell (74) 21:38
3	Alex Pilcher (22) 18:13	4	T Lawrence (26) 19:37	3	Oliver Mott (60) 18:42	4	Rez Petros (58) 19:29
5	David Westbury (22) 18:18	6	Thomas Offord (29) 20:17	5	Dan Woolford (46) 19:01	6	Derek Lincoln (43) 19:42
30 Lincoln Wellington		1:53:01		44 Bingley Harriers		1:56:54	
1	Tom Doe (16) 17:50	2	Matt Bowser (6) 17:34	1	Aidan Johnson (54) 18:55	2	John Convery (53) 19:25
3	W Strangeway (18) 18:45	4	Phil Williams (21) 19:37	3	Steven Carney (51) 19:34	4	Thomas Crowley (49) 19:41
5	Les Ball (27) 19:27	6	Tom Straw (30) 19:48	5	S MacDonald (44) 19:30	6	Andy Brown (44) 19:49
31 Sunderland Harriers & AC		1:53:14		45 Bedford And County AC		'B' 1:56:58	
1	Patrick Martin (12) 17:41	2	Mark Hood (4) 17:40	1	M Goodwin (63) 19:26	2	D Williamson (58) 19:13
3	B Rushworth (17) 18:47	4	Richard Kemp (27) 20:08	3	Steven Tuttle (58) 19:49	4	Richard Powell (57) 19:40
5	Paul Given (29) 19:11	6	M Thompson (31) 19:47	5	Alex Bellew (50) 19:26	6	Sam Wallbank (45) 19:24
32 City Of Norwich AC		1:53:29		46 Herne Hill Harriers		1:57:03	
1	Ashley Harrell (42) 18:41	2	Mitch Goose (30) 18:04	1	Alan Barnes (47) 18:50	2	Simon Coombes (55) 19:43
3	Jon Quint (35) 19:37	4	Carl Goose (34) 18:50	3	Jonathan Stead (54) 19:39	4	J Cunningham (50) 19:25
5	Luke Allen (34) 18:59	6	Steve Cannell (32) 19:18	5	Sam Knight (55) 20:28	6	Tim Elsey (46) 18:58
33 Liverpool Harriers		1:54:03		47 Cheltenham Harriers		1:57:05	
1	Richard Burney (28) 18:15	2	Alan Ashton (43) 19:29	1	James Brewer (35) 18:23	2	Darren Jordan (39) 19:12
3	C Gundersen (29) 17:50	4	Harry Harper (28) 18:47	3	Matt Warley (47) 20:04	4	Andrew Hussey (43) 19:36
5	James Meldrum (31) 19:16	6	Simon McKeivitt (33) 20:26	5	Peter Holmes (39) 19:20	6	Andrew Kaighin (47) 20:30
34 Aldershot Farnham & District		'B' 1:54:10		48 Staffordshire Moorlands AC		1:57:24	
1	Joe Wade (41) 18:35	2	Josh Gorecki (35) 18:49	1	Matt Clowes (34) 18:22	2	Marc Hartley (31) 18:26
3	Brian Markham (33) 18:47	4	Tom Wade (33) 18:52	3	Myles Barrett (30) 18:52	4	Vincent Martin (39) 21:06
5	Tom Bowerman (35) 19:27	6	Craig Williams (34) 19:40	5	Peter Martin (48) 20:36	6	David Bratt (48) 20:02
35 Belgrave Harriers		'B' 1:54:19		49 Halesowen A&cc		1:57:34	
1	James Kelly (21) 18:01	2	Mark Pollard (40) 19:35	1	M Turner (66) 19:35	2	D Kesterton (59) 19:08
3	Paul Freary (39) 19:09	4	Graeme Hyett (36) 19:10	3	D Morton (52) 19:14	4	T Kenderdine (51) 19:42
5	Shaun Moralee (36) 19:10	6	Will Cockerell (35) 19:14	5	N Hazelwood (49) 19:52	6	O Holden (49) 20:03
36 Leigh Harriers & AC		1:54:49		50 Heanor RC		1:57:55	
1	Nel Pendlebury (51) 18:51	2	Peter Riley (22) 17:21	1	B Radbourne (57) 18:59	2	C Rainsford (38) 18:33
3	Jake Robertson (27) 19:05	4	Tony Battersby (30) 19:07	3	P Mitchell (40) 19:15	4	D Ridout (38) 19:56
5	Tommy Henders (28) 18:57	6	John Howarth (36) 21:28	5	S Ashmore (42) 20:19	6	A Hobday (50) 20:53
37 Hallamshire Harriers		'A' 1:55:08		51 Thames Valley Harriers		1:58:12	
1	Jo Gratton (55) 18:55	2	Phil Johnson (72) 20:59	1	James Sumpter (22) 18:07	2	Manuel DaSilva (48) 19:56
3	Paul Whitlam (62) 19:01	4	Gavin Knight (55) 19:07	3	Chris Smith (42) 19:03	4	Ashraff Khan (54) 20:55
5	Dave Archer (40) 18:42	6	Andrew Thake (37) 18:24	5	Gordon Irvine (53) 19:55	6	Calum Nicol (51) 20:16
38 Tipton Harriers		'B' 1:55:32		52 Stroud+district AC		1:58:23	
1	Tom Holden (36) 18:24	2	Jella Verwer (37) 19:05	1	Carl Frapwell (73) 19:55	2	Matthew Withey (57) 18:43
3	Dan Cotterill (38) 19:14	4	Mike Buntin (37) 19:36	3	Ander Russell (43) 18:34	4	Julian Hough (40) 19:44
5	Mike Hager (37) 19:27	6	Phil Clamp (38) 19:46	5	Lee Christmas (45) 20:12	6	C Frapwell (52) 21:15
39 Tonbridge AC		1:55:47		53 Hillingdon AC		1:58:24	
1	Wolfe Kurt (72) 19:50	2	Bradley Sam (60) 18:54	1	Martin Bateman (59) 19:09	2	Paul Cuddihy (51) 19:06
3	Whiffen Ben (48) 18:56	4	Daniel Bradley (47) 19:49	3	Matt Revier (45) 19:07	4	R Thompson (44) 19:56
5	Fennell Steve (38) 18:52	6	Barrable Nick (39) 19:26	5	D Thompson (54) 20:43	6	Jon Castro (53) 20:23
40 Leeds City AC		'B' 1:55:55		54 Mansfield Harriers & A.C.		'A' 1:58:34	
1	Michael Salter (62) 19:16	2	Chris Needham (68) 20:07	1	Sean Ledger (61) 19:13	2	Stuart King (47) 18:44
3	James Lavin (63) 19:35	4	James Smith (52) 18:59	3	D Hodgkinson (61) 20:48	4	James Mee (42) 18:23
5	Mike Burrett (41) 18:55	6	Josh Whitehead (40) 19:03	5	Douglas Ross (57) 21:16	6	Chris Brown (54) 20:10

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55 Rugby And Northampton			1:58:41			69 Les Croupiers			2:06:08		
1	Chris Lamb	(77) 20:29	2	Stephen Emery	(66) 18:37	1	Chris Discombe	(52) 18:51	2	Phil Cook	(61) 19:59
3	Nigel Marley	(59) 19:30	4	Damian Moss	(62) 20:12	3	Mark Palser	(65) 20:18	4	Mick McGeoch	(69) 21:51
5	Edward Hill	(58) 19:55	6	John Gercs	(55) 19:58	5	StuartMcIlroy	(70) 21:53	6	M Williams	(70) 23:16
56 HolmfirthHarriers			1:59:28			70 Altrincham			‘B’ 2:06:31		
1	M Pierson	(13) 17:46	2	David Turnbull	(34) 19:18	1	Martin Crosby	(76) 20:22	2	Rob Nichol	(73) 19:36
3	Richard Smith	(41) 20:01	4	A Langron	(46) 20:16	3	Mark Norton	(72) 20:57	4	Nick Burke	(72) 21:16
5	Mark Dewhurst	(56) 20:52	6	John Ewart	(56) 21:15	5	D Livingstone	(71) 21:37	6	Dominic Scott	(71) 22:43
57 Reading Athletic Club			2:00:00			71 Wolverhampton & Bilston			2:09:19		
1	Nick Earl	(32) 18:19	2	S GrangerBevan	(46) 19:37	1	Craig Walker	(56) 18:59	2	Ian Grindley	(65) 20:07
3	Tom Munt	(50) 19:57	4	Carl Bradbury	(59) 20:21	3	Paul Tabor	(71) 21:42	4	Sean Morgan	(75) 23:07
5	Phil Wren	(63) 22:03	6	R Kinnersley	(57) 19:43	5	Darren Edwards	(74) 22:35	6	TonyMcArthur	(72) 22:49
58 WiganPhoenix			2:00:12			Non-Counters -					
1	Rod Hart	(74) 19:58	2	AndyWard	(62) 18:53	Swansea Harriers			‘C’ 2:04:55		
3	M Manir-Jolley	(68) 20:51	4	MattKay	(66) 20:17	1	J Williams	(79) 20:57	2	G Smith	(77) 20:12
5	Mike O'Neill	(61) 19:37	6	P Darbyshire	(58) 20:36	3	J Fenroli	(75) 21:02	4	M Davies	(73) 20:51
59 Stockport Harriers			2:00:55			5	ACleverley	(73) 21:09	6	A Lewis	(68) 20:44
1	Micheal Cooke	(70) 19:46	2	Jamie Loxam	(70) 19:54	Incomplete Teams:					
3	Andrew Nixon	(64) 19:23	4	Bashir Hussain	(61) 19:26	Basingstoke & Mid Hants AC			1:37:35		
5	Mike Shaw	(60) 20:50	6	Dean Matkin	(59) 21:36	1	Phil Tulba	(29) 18:16	2	John Hutchins	(29) 18:28
60 TelfordAC			‘A’ 2:01:05			3	Max Roberts	(37) 19:52	4	Dan Francis	(41) 20:31
1	Paul Ward	(39) 18:32	2	Chris Rimmer	(36) 18:53	5	Sam Fowler	(51) 20:28			
3	Richard Lucock	(46) 20:04	4	John Sanders	(60) 20:46	BirminghamRowheath AC			1:41:01		
5	Jamie Davies	(59) 21:01	6	Simon Vines	(60) 21:49	1	M Matthews	(49) 18:50	2	M Bayliss	(64) 20:14
61 Lancaster And Morecambe AC			2:01:08			3	A Kenchington	(66) 20:19	4	Richard Gray	(67) 21:06
1	M Aspinall	(23) 18:09	2	R Parrington	(42) 19:33	5	Mark Ince	(65) 20:32			
3	RoryMcMahon	(49) 20:10	4	Allan Gordon	(63) 21:10	Kingston UponHull AC			1:18:04		
5	Mark Gardner	(62) 21:02	6	Chris Breakell	(61) 21:04	1	Robert Hodges	(43) 18:42	2	G Clarkson	(44) 19:08
62 Coventry Godiva Harriers			‘B’ 2:01:32			3	Thomas McKee	(53) 20:18	4	J Perkins	(56) 19:56
1	Lenny Shail	(65) 19:34	2	Jon White	(56) 19:04	Severn			1:13:48		
3	James Griggs	(57) 19:49	4	Alistair Smith	(53) 19:31	1	Tim Dalton	(4) 17:13	2	Dave Gilbert	(67) 22:09
5	Noel Edwards	(52) 19:39	6	Bob Statham	(62) 23:55	3	A Blackburn	(76) 34:26			
63 Charnwood			2:01:35			Owls AC			‘B’ 38:12		
1	Steve Mears	(71) 19:49	2	James Douglas	(52) 18:27	1	Tom Bell	(46) 18:48	2	Tim Doran	(50) 19:24
3	Ben Lacey	(67) 21:14	4	Paul Harmer	(68) 21:00	Elswick Harriers			17:06		
5	Michael Brind	(64) 20:21	6	Glen North	(63) 20:44	1	Ryan McLeod	(1) 17:06			
64 BournemouthAC			2:01:42			Thames Hare & Hounds			18:46		
1	Jon Sharkey	(67) 19:39	2	Mike Hammacott	(71) 20:07	1	Julian Rendall	(44) 18:46			
3	John Broom	(70) 20:23	4	Laurent Kelly	(70) 21:00	Fastest of all legs					
5	A Jennings	(69) 21:06	6	SteveWay	(64) 19:27	1	Andy Vernon	Aldershot	A	16:49	
65 Hallamshire Harriers			‘B’ 2:02:02			2	Scott Overall	Blackheath		16:54	
1	Rick O'Toole	(68) 19:40	2	Dave Sprott	(69) 19:54	3	Phil Wicks	Belgrave H	A	17:00	
3	Mike Sprott	(69) 20:33	4	Johnson Oli	(64) 19:40	4	Keith Gerrard	Newham And	A	17:05	
5	Gareth Candy	(66) 21:27	6	Dean Furniss	(65) 20:48	5	Ryan McLeod	Elswick Ha		17:06	
66 East Cheshire H & Tameside AC			2:02:53			=	Tom Russell	Bristol &	A	17:06	
1	James Shaw	(69) 19:42	2	Gavin Browne	(75) 20:43	7	P Pollock	Kent AC		17:08	
3	Stuart Heaton	(73) 21:04	4	Paul Backhouse	(71) 19:42	8	R Stevenson	New Marske		17:09	
5	A Connally	(67) 20:32	6	Gary Mathews	(66) 21:10	9	Neilson Hall	Bedford An	A	17:10	
67 Bromsgrove & Redditch			2:04:23			10	Tim Dalton	Severn		17:13	
1	Ian Keyte	(78) 20:32	2	James Adie	(76) 20:26						
3	Simon Lanckham	(74) 21:06	4	Mike Hanson	(74) 21:12						
5	John Dineen	(72) 20:38	6	Dave Henderson	(67) 20:29						
68 Loftus And Whitby AC			2:05:41								
1	Dave Parkin	(75) 20:05	2	Alec Duffield	(49) 18:05						
3	Lewis Rodgers	(56) 20:09	4	Steve Musset	(65) 21:30						
5	Mark Walker	(68) 21:59	6	Dave Horness	(69) 23:53						