

The Manchester Sizzlers

at Sale on Thursday 9th August 2007

Sizzler — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Stuart Stokes		Sale Harriers Manchester	14:58	86	Sarah Lomas	L 12	Stockport Harriers & Ac	19:36
2	Adam Peers	JM 1	Liverpool Harriers & Ac	15:31	87	Brian Manchester		Unattached	19:39
3	Crispian Bloomfield		Billericay Striders	15:40	88	Pete Hoyle	V40 20	Middleton Harriers Ac	19:40
4	Mike Hatch		Sale Harriers Manchester	15:46	89	David Cullen		Unattached	19:41
5	David Catt	JM 2	Liverpool Harriers & Ac	15:49	90	Robbie Greenslade		Unattached	19:43
6	Gareth Turner		Hallamshire Harriers Sheffield	15:51	91	Michael Lim		Staffs Moorlands AC	19:45
7	Luke Reddy		Liverpool Harriers & Ac	15:54	92	Peter Macalonan		Unattached	19:46
8	Jamie Loxam		Stockport Harriers & Ac	16:14	93	Gary Wolstencroft		Manchester Tri Club	19:48
9	Christopher Heys		Sale Harriers Manchester	16:27	94	Paul Wright	V40 21	Manchester Tri Club	19:49
10	Tom Bush		Altrincham & District AC	16:43	95	Duncan Drasdo	V40 22	Trafford Athletic Club	19:49
11	Gary Rowlinson	V40 1	Sale Harriers Manchester	16:48	96	Derek Walton	V60 2	Altrincham & District AC	19:50
12	Billy Martin		Sale Harriers Manchester	16:48	97	Gary Coxon	V50 10	E Cheshire H & Tameside Ac	19:52
13	Mike Shaw	V40 2	Stockport Harriers & Ac	16:50	98	Stuart Mairs		Salford Metropolitan Ac	19:54
14	George Kirk		Sale Harriers Manchester	16:55	99	Emma Hampson	L 13	Stockport Harriers & Ac	19:57
15	Matthew Crehan		Wigan & District H & Ac	16:58	100	Paul Leary	V40 23	Rochdale Harriers & Ac	20:02
16	Paul Mannion		Unattached	17:02	101	Simon Strad	V40 24	Unattached	20:03
17	Rob Jowett	JM 3	Sale Harriers Manchester	17:04	102	David Ashton		Unattached	20:03
18	Mark Joynton		E Cheshire H & Tameside Ac	17:06	103	Thomas McNally	V40 25	Stockport Harriers & Ac	20:04
19	Mark Norton		Altrincham & District AC	17:07	104	Mike Massey	V40 26	Hyde Village Striders Rc	20:05
20	Ben Liu		Newcastle (staffs)	17:09	105	Ken Dobson	V40 27	East Manchester Harriers	20:06
21	Konrad Steinert		Manchester Harriers & Ac	17:10	106	Tom Partington	JM 4	Unattached	20:07
22	Sean McMyler	V40 3	Salford Harriers	17:14	107	Ben Lupton	V40 28	Unattached	20:08
23	Lee Hurst		Altrincham & District AC	17:22	108	Carol Wolstenholme	L60 1	Hallamshire Harriers Sheffield	20:09
24	Maurice Oldham	V50 1	Manchester Harriers & Ac	17:23	109	Mark Robinson		Unattached	20:11
25	Nick Burke		Altrincham & District AC	17:31	110	Alan Burton		Unattached	20:17
26	Rachael Thompson	L 1	Altrincham & District AC	17:33	111	Michael Gubbins		Hyde Village Striders Rc	20:22
27	Mark Taylor	V40 4	Unattached	17:35	112	John Matson	V40 29	Unattached	20:23
28	James Lewis		Sale Harriers Manchester	17:37	113	Tony Collier	V50 11	Styal Running Club	20:24
29	Andrew Yates	V40 5	Sale Harriers Manchester	17:39	114	Mark Ferns	V40 30	Sale Harriers Manchester	20:25
30	James Hart		Salford Metropolitan Ac	17:41	115	Richard Kemp Eyre		Unattached	20:26
31	Mark Seed	V40 6	Salford Harriers	17:44	116	Stephen Wright		Unattached	20:27
32	Chris Law		Rochdale Harriers & Ac	17:47	117	Sarah Russ	L 15	Salford Harriers	20:28
33	James Buccleuch		Stockport Harriers & Ac	17:52	118	Jackie Cordingley	L40 3	Sale Harriers Manchester	20:29
34	Elizabeth Such	L 2	Hallamshire Harriers Sheffield	17:53	119	Dave Pearson	V50 12	Lostock Ac	20:31
35	Tessa Walker	L 3	Salford Harriers	17:59	120	John Adams	V40 31	Unattached	20:33
36	Richard Haggett		Unattached	18:00	121	Helen Hudson	L 17	Stockport Harriers & Ac	20:35
37	Elton Davies		Sale Harriers Manchester	18:02	122	Daniel Fox	V40 32	Unattached	20:37
38	Michael Taggart	V40 7	Unattached	18:07	123	Lee Shelley		Swinton Running Club	20:40
39	Andrew McDougall		Unattached	18:12	124	Andrew Dooley	V40 33	Styal Running Club	20:41
40	Maria Lowe	L 4	Salford Harriers	18:14	125	David Ling		Unattached	20:43
41	Craig Hunt		Unattached	18:20	126	Vicky Barrett	L40 4	Stockport Harriers & Ac	20:45
42	Sean Butler	V40 8	Altrincham & District AC	18:34	127	Andrew Howard		Unattached	20:47
43	Emma Jones	L 5	Belle Vue Racers	18:34	128	John Barnes	V40 34	Unattached	20:49
44	Chris Lomax		Swinton Running Club	18:35	129	Susan Crehan	L50 1	Sale Harriers Manchester	20:50
45	Bill Fox	V50 2	Sale Harriers Manchester	18:37	130	Nigel Fielden	V50 13	Sale Harriers Manchester	20:52
46	Paul Capey		Sale Harriers Manchester	18:37	131	Stuart Adamson		Horwich R M I Harriers	20:55
47	Sue Beconsall	L40 1	Bingley Harriers & Ac	18:38	132	Barrie Ainscow	V40 35	Dragons Running Club (sale)	20:58
48	Keith Hatton	V40 9	Liverpool Harriers & Ac	18:39	133	Michael Hickey	JM 5	E Cheshire H & Tameside Ac	21:07
49	Roy Woodland	V50 3	Unattached	18:40	134	Gwyn Davies	V50 14	Salford Harriers	21:08
50	John Battersby	V40 10	Sale Harriers Manchester	18:41	135	Andy Lole		Unattached	21:09
51	Bryony Pearce	LJ 1	Stockport Harriers & Ac	18:43	136	Geoffrey Beattie	V50 15	Sale Harriers Manchester	21:11
52	Andy Ashurst	V40 11	Sale Harriers Manchester	18:45	137	David Bunyan	V40 36	Hyde Village Striders Rc	21:12
53	John Parrott	V50 4	Stockport Harriers & Ac	18:48	138	Catrin Evans	L 20	Sale Harriers Manchester	21:14
54	Lee Barratt		Stockport Harriers & Ac	18:48	139	David Scott	V60 3	Clayton Le Moors Harriers	21:19
55	Smithsiobhan	L 8	Sale Harriers Manchester	18:49	140	Alison Vesey	L40 5	Altrincham & District AC	21:23
56	Mike Smith	V60 1	Bingley Harriers & Ac	18:50	141	Joanne Healy	L 22	Dragons Running Club (sale)	21:24
57	Glenn Wilson		Vale Royal Ac	18:51	142	John Delany	V60 4	Stockport Harriers & Ac	21:26
58	Angus Robinson	V40 12	Gt Manchester Fire Service Aa	18:51	143	Kevin Whittaker	V50 16	Saddleworth Runners Club	21:28
59	Adam Barker		Unattached	18:52	144	Neil Smitham	V40 37	Gt Manchester Police Ac	21:33
60	Philip Burns		Unattached	18:53	145	Neil Harrison		Unattached	21:35
61	Stan Curran	V50 5	Salford Harriers	18:54	146	David Booth		Unattached	21:37
62	Dan Brooks		Altrincham & District AC	18:55	147	Des Miles	V40 38	Unattached	21:39
63	Dean Loxam	V40 13	Stockport Harriers & Ac	18:56	148	Brendan Murden	V50 17	Vale Royal Ac	21:42
64	Jim Crehan	V50 6	Unattached	18:57	149	David Gill		Sale Harriers Manchester	21:44
65	Mark Roper		Unattached	18:59	150	Huw Coate		Unattached	21:46
66	Brian Holland	V50 7	Stockport Harriers & Ac	18:59	151	Gareth Dowson		Unattached	21:48
67	Shane Wolstencroft		Salford Metropolitan Ac	19:00	152	Duncan Astle		Unattached	21:51
68	Liz Farhell	L 9	Spectrum Striders	19:03	153	Colin Toole	V40 39	Unattached	21:52
69	John Noblett	V40 14	Unattached	19:04	154	Helen Reagan	L 23	Sale Harriers Manchester	21:59
70	Jean Mann	L40 2	Wigan Phoenix	19:05	155	Jonathan Clarke		Styal Running Club	21:59
71	Simon Haigh		Unattached	19:06	156	Janine Ellis	L 24	Running 4 Women	21:59
72	Gareth Woodcock		Lancaster & Morecambe Ac	19:07	157	Chris Burrows		Unattached	21:59
73	Simon Parkinson		Unattached	19:08	158	Fergus Green		Unattached	22:00
74	William Prout	U8 1	Salford Metropolitan Ac	19:12	159	Richard Harwood		Sale Harriers Manchester	22:00
75	Timothy Rainey	V40 15	Sale Harriers Manchester	19:17	160	David Drabble	V40 40	Unattached	22:00
76	Paul Watson		Dragons Running Club (sale)	19:22	161	Kirsty Read	L 25	Fitness First Gorton Running C	22:00
77	Leah Kay	LJ 2	Stockport Harriers & Ac	19:23	162	Sarah Turrell	L 26	Sale Harriers Manchester	22:01
78	Mark Catherall	V50 8	Rochdale Harriers & Ac	19:25	163	Matthew Cox	V40 41	Rochdale Harriers & Ac	22:03
79	Graham Harrison	V40 16	Unattached	19:26	164	Robert Tonkinson		Altrincham & District AC	22:05
80	Mike Jones	V50 9	Altrincham & District AC	19:29	165	Liz Turton	L50 2	Stockport Harriers & Ac	22:07
81	Brian Moore	V40 17	Rochdale Harriers & Ac	19:31	166	Andrew Greenhalgh	V40 42	Unattached	22:09
82	Andy Farley	V40 18	E Cheshire H & Tameside Ac	19:32	167	Kirstin Johnson	L 28	Rochdale Harriers & Ac	22:11
83	Damian Jones		Unattached	19:33	168	Paul Seymour	V40 43	Unattached	22:13
84	Andrew Taylor		Horwich R M I Harriers	19:34	169	Jacqueline Redmayne	L 29	Chorley Harriers	22:14
85	Damian Utton	V40 19	Altrincham & District AC	19:36	170	Anna Bergstrom	L 30	Manchester Tri Club	22:16

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

171	Matthew Thomas		Unattached	22:17	262	Brenda Robinson	L60 2	Rochdale Harriers & Ac	25:20
172	Carole Harrison	L40 6	Unattached	22:19	263	Steven Milnes	V40 61	Unattached	25:25
173	Jamie Barry		UK Netrunner	22:19	264	Anna Thomas	L 68	Unattached	25:26
174	Charles Lowthian	V40 44	Styal Running Club	22:20	265	Janet Bunyan	L40 14	Hyde Village Striders Rc	25:27
175	Mark Dean		Unattached	22:21	266	Kevin Hodgkinson	V40 62	Hyde Village Striders Rc	25:28
176	Michael Valentine		Unattached	22:22	267	Christopher Coussons	V50 24	Swinton Running Club	25:29
177	Martin Cook	V40 45	Unattached	22:23	268	Tony Totham	V40 63	Chorley Harriers	25:30
178	Diane Winterburn	L40 7	Rochdale Harriers & Ac	22:25	269	Susannah Robertson	L 70	Unattached	25:31
179	Tony McCormack		Unattached	22:27	270	Tracy Livesey	L 71	Manchester Harriers & Ac	25:33
180	Philip Morley	L 33	Dragons Running Club (sale)	22:29	271	Neeraj Takiar		Styal Running Club	25:35
181	Phil Gardener	V40 46	Unattached	22:31	272	Dave Jones	V40 64	Unattached	25:38
182	Greg Houghton	V40 47	Hyde Village Striders Rc	22:33	273	Stephen Naililungus	V40 65	Skyrac Athletic Club	25:40
183	Stuart Almond		Unattached	22:35	274	Colin Webb	V60 10	Unattached	25:43
184	Jennifer Hopes	L 34	Stockport Harriers & Ac	22:38	275	Claire Churchill	L 72	Unattached	25:45
185	Carol Beattie	L50 3	Steel City Striders Rc	22:41	276	Scott Ellis		Unattached	25:48
186	Andrew Thurman		Unattached	22:44	277	Michael Hayes	L 73	Unattached	25:49
187	Kevin Smith	V40 48	Stockport Harriers & Ac	22:47	278	Simon Howles		Unattached	25:50
188	Andrew Mackie	V40 49	Salford Metropolitan Ac	22:51	279	Kate Offord	L 74	Manchester Tri Club	25:51
189	Steve Fairclough	V40 50	Stockport Harriers & Ac	22:52	280	Sally Watson	L 75	Unattached	25:52
190	Helen Todd	L50 4	Stockport Harriers & Ac	22:53	281	Brian Robinson	V60 11	Spenborough & Dist Ac	25:53
191	Rebecca Easthope	L 37	Unattached	22:54	282	Carolyn Watts	L 76	Unattached	25:54
192	Michael Jarvis		Hyde Village Striders Rc	22:55	283	Sarah Webb	L40 15	Unattached	25:56
193	Michael Gordon		Unattached	22:57	284	Alan Rydout	V60 12	Altrincham & District AC	25:58
194	Su Calvert	L 38	Dragons Running Club (sale)	22:58	285	Sue Goddard	L40 16	Chorlton Runners	26:00
195	Nick Lees		Unattached	22:59	286	???	???	???	26:02
196	Nicholas Ham	V40 51	Stockport Harriers & Ac	23:00	287	Andrew Mooney		Unattached	26:04
197	Emma Hillman	L 39	Unattached	23:01	288	Paul Stringer	V50 25	Unattached	26:06
198	Keith Robson	V60 5	Manchester Tri Club	23:02	289	Antony Alton		Unattached	26:08
199	Claire Rainbird	L 40	Unattached	23:03	290	Alan Leonard		Unattached	26:11
200	Stuart Davey		Unattached	23:05	291	Michael Garside		Staffs Moorlands AC	26:13
201	Robert Miller	V50 18	Stockport Harriers & Ac	23:06	292	Marsha Fiddes	L 79	Unattached	26:16
202	?Helen Norman	L50 5	Unattached	23:07	293	Steve Bassam		Unattached	26:18
203	Isaac Harari		Unattached	23:08	294	Jane Abbott	L40 17	Unattached	26:21
204	Alan Jones		Buckley Runners	23:10	295	Angela Delaney	L 81	Unattached	26:22
205	Margaret Bullock	L40 8	Altrincham & District AC	23:12	296	Jonathan Wood		Unattached	26:33
206	David Sinnott	V50 19	Saddleworth Runners Club	23:15	297	Janet Hartland	L 82	Unattached	26:35
207	Ben Gibbins	JM 6	Unattached	23:17	298	Paul Hayhurst		Unattached	26:37
208	Robin Smith	V50 20	Middleton Harriers Ac	23:20	299	Jackie Barnes	L40 18	Manchester Harriers & Ac	26:39
209	John Smithurst	V60 6	Bingley Harriers & Ac	23:20	300	Jill Dearden	L 84	Gt Manchester Police Ac	26:40
210	N Van Den Wittenboer	L40 9	Dragons Running Club (sale)	23:21	301	Lara Pugh	L 85	Unattached	26:42
211	Simon Murphy		Unattached	23:21	302	Ruth Fox	L 86	Unattached	26:44
212	Deborah Beresford	L40 10	Manchester Harriers & Ac	23:22	303	Jane Lamont	L 87	Unattached	26:46
213	Clare Swarbrick	L 45	Unattached	23:23	304	Jenna Tilbury	L 88	Dragons Running Club (sale)	26:48
214	Anne Eyre	L 46	Unattached	23:30	305	Verity Gilbert	L 89	Dragons Running Club (sale)	26:50
215	Jenny Clink	L 47	Sale Harriers Manchester	23:30	306	Helen Roberts	LJ 4	Chorlton Runners	26:52
216	Michael Owen		Trafford Athletic Club	23:31	307	Ranjit Bennett		Sale Harriers Manchester	26:55
217	Roy Baxter		Salford Metropolitan Ac	23:32	308	Alan Russell		Unattached	26:59
218	Karen Sheen	L40 11	Sale Harriers Manchester	23:33	309	Duncan Heptonstall	V50 26	Unattached	27:04
219	Amie Allen	L 49	Manchester Harriers & Ac	23:34	310	Richard Scarsbrook	V50 27	FRA	27:09
220	Tim Criddle	V40 52	Unattached	23:35	311	Ian Richardson	V40 66	Unattached	27:12
221	Richard Simpson		Unattached	23:35	312	Paul Goddard	V50 28	Chorlton Runners	27:16
222	John Riley	V60 7	Northern Veterans Ac	23:36	313	Colin Norman	V50 29	Unattached	27:20
223	Sid Bailey	V50 21	Deestriders	23:37	314	Catherine Sanders	L40 19	Unattached	27:24
224	Richard Ellis	V40 53	Unattached	23:38	315	Rachel Condon	L 92	Unattached	27:28
225	Carl Gannon	V40 54	Unattached	23:39	316	John Norris	V40 67	Unattached	27:29
226	Ben Moss		Unattached	23:42	317	Glen Fryers		Unattached	27:31
227	Jason Cotterill		Unattached	23:46	318	Prue Yeoman	L 93	Unattached	27:33
228	Lynne Yates	L40 12	Sale Harriers Manchester	23:50	319	Clare Raynor	L 94	Unattached	27:35
229	Brian Gane	V60 8	Sale Harriers Manchester	23:51	320	Don George	V60 13	Sale Harriers Manchester	27:37
230	Ian Hobbs	V50 22	Sale Harriers Manchester	23:52	321	Debbie Garside	L 95	Unattached	27:40
231	Darren Burns	V40 55	Unattached	23:55	322	Hiren Patel		Unattached	27:46
232	George Lawson	V60 9	Manchester Harriers & Ac	24:03	323	Geoff Kay	V50 30	Unattached	27:52
233	Matthew Hargreaves		Unattached	24:07	324	Gail Caddy	L 96	Unattached	27:54
234	Andy Whitehead	V40 56	Spectrum Striders	24:10	325	Nicola Roe	L40 20	Unattached	27:57
235	Ruth Shaw	L 51	Manchester Harriers & Ac	24:11	326	Sharon Holt	L 98	Unattached	27:59
236	Mairi Cullen	L 52	Unattached	24:13	327	Bernard Trayner	V50 31	Unattached	28:01
237	Laura Pilley	L 53	Dragons Running Club (sale)	24:15	328	Tom Rimm		Unattached	28:03
238	Paul Diss	V40 57	Unattached	24:17	329	John Wolstenholme	V60 14	Dragons Running Club (sale)	28:07
239	Natalie Chandler	L 54	Manchester Tri Club	24:20	330	Rachel Hiorns	L 99	Unattached	28:11
240	David Wright	V40 58	Unattached	24:23	331	Julie Stinson		Unattached	28:14
241	Mark Anderson		Dragons Running Club (sale)	24:27	332	Jacqueline Simister	L 100	Sale Harriers Manchester	28:16
242	Ann Silcock	L50 6	Unattached	24:28	333	Ruth Evans	L 101	Unattached	28:20
243	Jennifer Cordingley	LJ 3	Sale Harriers Manchester	24:29	334	John Wadsworth	V40 68	Unattached	28:24
244	Julie Laverock	L 57	Salford Harriers	24:30	335	Margaret Smith	L50 8	Chapel Allerton Road Runners	28:29
245	John Smith	V50 23	Sale Harriers Manchester	24:32	336	Alison Fitzpatrick	L 103	Oldham & Royton H & Ac	28:32
246	Margaret Trickey	L50 7	Sale Harriers Manchester	24:33	337	Adam McCudden		Unattached	28:36
247	Jenny Kinnaird	L 59	Stockport Harriers & Ac	24:34	338	Elisabeth Durn	L 104	Unattached	28:40
248	Maggie Jones	L40 13	Altrincham & District AC	24:36	339	Elizabeth Horgan	L 105	Unattached	28:42
249	Caroline Williams	L 61	Unattached	24:40	340	Andrew Jones		Unattached	28:44
250	Nigel Miligan		Unattached	24:44	341	Jean Bayley	L45 1	Manchester Harriers & Ac	28:47
251	H Harrison	L 62	Running 4 Women	24:48	342	Pauline Smith	V50 32	Bingley Harriers & Ac	28:50
252	Andy Ross		Gt Manchester Police Ac	24:49	343	Caroline Fleet	L 107	Unattached	28:54
253	Jayesh Mistry		Hyde Village Striders Rc	24:50	344	Veronica Bailey	L60 3	Unattached	28:56
254	Jo Barnes	L 63	Running 4 Women	24:51	345	Jo Hillis	L 109	Unattached	28:59
255	Vicky Barker	L 64	Unattached	24:52	346	Donna McHale	L 110	Unattached	29:07
256	Mark Lancaster		Unattached	25:01	347	Sarah Booth	L 111	Unattached	29:09
257	Gillian Doolan	L 65	Unattached	25:06	348	Sarah Callan	L 112	Unattached	29:12
258	Stephen Carpenter	V40 59	Unattached	25:11	349	Andrew Woodhead	V40 69	Unattached	29:14
259	John Sorriento	V40 60	Hyde Village Striders Rc	25:13	350	David Kinsley		Unattached	29:17
260	Jill Sanders	L 66	Sale Harriers Manchester	25:15	351	Karlynn Hinchliffe	L 113	Unattached	29:19
261	Simon Robinson		Unattached	25:17	352	Matthew Rowlinson		Unattached	29:21

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

353	Jill Scott	L60	4	Clayton Le Moors Harriers	29:31	380	John O'Brien	V50	33	Manchester Harriers & Ac	31:39
354	Myrianthe Riddy	L	115	Unattached	29:35	381	David Turton	V50	34	Stockport Harriers & Ac	31:45
355	Matthew Brookew			Unattached	29:38	382	Jacqueline Gumbley	L	136	Unattached	31:52
356	Jo Christopher	L	116	Unattached	29:43	383	Serena Mawson	L	137	Unattached	31:59
357	Yvette Halsall	L	117	Unattached	29:49	384	Helen Bayliss	L40	26	Unattached	32:09
358	Rebecca Ambler	L	118	Unattached	29:55	385	?Helen Norman	L50	10	Unattached	32:12
359	Helen Shepherd	L50	9	Unattached	29:59	386	Annabelle Robinson	LJ	6	Unattached	32:15
360	Kate Griffin	L	120	Unattached	30:03	387	Christine Law	L40	27	Unattached	32:19
361	Jean Skitt	L60	5	Manchester Harriers & Ac	30:07	388	Margaret Carleton	L50	11	Winston Runners	32:36
362	Peter Baugh	V60	15	Unattached	30:11	389	Thomas Malone	V50	35	Sale Harriers Manchester	32:53
363	Caroline Sorriento	L40	21	Hyde Village Striders Rc	30:16	390	Melanie Commins	L	143	Unattached	33:07
364	Geoffrey Bean	V60	16	Northern Veterans Ac	30:19	391	Helen Arnold	L40	28	Unattached	33:08
365	Jacqueline Terry	L	123	Unattached	30:23	392	Joanne Winstanley	L	145	Unattached	33:10
366	J Leather	L40	22	Unattached	30:27	393	Emma Woodward	L	146	Unattached	33:27
367	Jacky Clarke	L40	23	Hyde Village Striders Rc	30:32	394	Emma Copson	L	147	Womens Runniong Network	33:33
368	Arthur Walsham	V60	17	Salford Harriers	30:40	395	Katharune Sullivan	L	148	Unattached	34:24
369	Mel Hawcroft	L40	24	Unattached	30:46	396	Max Newiss			Unattached	34:30
370	Jayne Riley	L	127	Unattached	30:52	397	Sonia Higgins	L40	29	Unattached	35:43
371	Nicky Scowcroft	L	128	Unattached	30:59	398	Anne Jeffries	L50	12	Unattached	35:59
372	Clare Smith	L40	25	Unattached	31:06	399	Deborah Harris	L	151	Unattached	36:09
373	Shona McLeod	L	130	Unattached	31:14	400	Jane Dewhurst	L	152	Unattached	36:21
374	Ian Storer			Unattached	31:15	401	Sally Gubbins	L	153	Hyde Village Striders Rc	36:58
375	Liz French	L	131	Unattached	31:16	402	Marie Frazer	L50	13	Unattached	37:09
376	Clare Sale	L	132	Unattached	31:18	403	Andrew McGonnell			Unattached	37:23
377	Jolan Sulinski	L	133	Manchester Frontrunners	31:23	404	Mariola Meyer	L	155	Unattached	38:42
378	Sarah Lancaster	L	134	Unattached	31:28	405	Emma Metcalfe	L	156	Unattached	39:38
379	Joy Turton	LJ	5	Stockport Harriers & Ac	31:33	406	M Ashworth March	L	157	Unattached	40:07
						407	D Attiwell	V60	18	Altrincham & District AC	40:07

Sizzler - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale Harriers Manchester	25	—	1	Stuart Stokes	4	Mike Hatch	9	Christopher Heys	11	Gary Rowlinson
2	Liverpool Harriers & Ac	50	—	2	Adam Peers	5	David Catt	7	Luke Reddy	36	Keith Hatton
3	Altrincham & District AC	74	—	10	Tom Bush	18	Mark Norton	22	Lee Hurst	24	Nick Burke
4	Stockport Harriers & Ac	90	—	8	Jamie Loxam	13	Mike Shaw	30	James Buccleuch	39	John Parrott
5	Salford Harriers	174	—	21	Sean McMyler	28	Mark Seed	44	Stan Curran	81	Gwyn Davies
6	Salford Metropolitan Ac	191	—	27	James Hart	48	Shane Wolstencroft	50	William Prout	66	Stuart Mairs
7	Rochdale Harriers & Ac	204	—	29	Chris Law	53	Mark Catherall	55	Brian Moore	67	Paul Leary
8	E Cheshire H & Tameside Ac	218	—	17	Mark Joynson	56	Andy Farley	65	Gary Coxon	80	Michael Hickey
9	Manchester Harriers & Ac	294	—	20	Konrad Steinert	23	Maurice Oldham	114	George Lawson	137	John O'Brien
10	Hyde Village Striders Rc	319	—	69	Mike Massey	71	Michael Gubbins	83	David Bunyan	96	Greg Houghton
11	Styal Running Club	333	—	72	Tony Collier	76	Andrew Dooley	90	Jonathan Clarke	95	Charles Lowthian
12	Dragons Running Club (sale)	380	—	52	Paul Watson	79	Barrie Ainscow	116	Mark Anderson	133	John Wolstenholme

Sizzler - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport Harriers & Ac	43	—	7	Bryony Pearce	11	Leah Kay	12	Sarah Lomas	13	Emma Hampson
2	Sale Harriers Manchester	63	—	8	Smithsiobhan	16	Jackie Cordingley	19	Susan Crehan	20	Catrin Evans
3	Salford Harriers	70	—	3	Tessa Walker	4	Maria Lowe	15	Sarah Russ	48	Julie Laverock
4	Altrincham & District AC	110	—	1	Rachael Thompson	21	Alison Vesey	37	Margaret Bullock	51	Maggie Jones
5	Dragons Running Club (sale)	128	—	22	Joanne Healy	32	Philip Morley	36	Su Calvert	38	N VanDenWittenboer
6	Manchester Harriers & Ac	182	—	39	Deborah Beresford	42	Amie Allen	44	Ruth Shaw	57	Tracy Livesey
7	Hyde Village Striders Rc	276	—	56	Janet Bunyan	71	Caroline Sorriento	72	Jacky Clarke	77	Sally Gubbins