

1	LEWIS TIMMINS (61)	Morpeth Harriers	26.34	M	
2	MARK MCLEOD (76)	Elswick Harriers	26.51	M	
3	CHRIS LAMB (23)	Chester-le-Street	27.45	M	
4	DAMIEN WESTON (80)	Sunderland Harriers	27.59	M	
5	JAMES BUIS (12)	Heaton Harriers	28.07	M	
6	PHIL COULSON (39)	Chester-le-Street	28.10	M	
7	JOHN MOORE (26)	Heaton Harriers	28.15	M	
8	GEORGE HARDEN (78)	Sunderland Harriers	29.02	M	O40
9	MARK MACDONALD (28)	Low Fell	29.09	M	
10	RICHARD KEMP (74)	Sunderland Harriers	29.36	M	
11	IAN LEACH (33)	Unattached	29.52	M	
12	JOHN LARKIN (82)	Unattached	29.56	M	O40
13	JACK MOORE (62)	Jarrow & Hebburn	29.59	M	UNDER 17
14	W HARTLEY (111)	Elvet Striders	30.03	M	
15	JOHN S DONNEKY (34)	Derwentside	30.25	M	
16	NICK GOLD (98)	Highgate Harriers	30.42	M	
17	KARL OAKES (68)	Birtley A C	30.48	M	
18	MARC LOWN (75)	Birtley A C	30.51	M	
19	DAN ROBINS (60)	Heaton Harriers	31.02	M	
20	ADAM KNOX (49)	Low Fell	31.16	M	UNDER 20
21	JANE MOONEY (18)	Morpeth Harriers	31.21	F	
22	CARL WATSON (83)	Low Fell	31.24	M	
23	TERRY TOPPING (81)	Sunderland Strollers	31.50	M	O40
24	RICHARD HOPKINS (66)	Birtley A C	31.56	M	
25	LEE MILLMORE (114)	Birtley A C	31.58	M	
26	PAUL DODD (103)	Elswick Harriers	32.12	M	
27	GLEN OGDEN (31)	Unattached	32.28	M	O40
28	CRAIG PROUDLOCK (54)	Unattached	32.36	M	
29	CHRIS HASSELL (3)	Unattached	32.37	M	O45
30	BARRY YOUNG (17)	North Shields Poly	33.03	M	O45
31	JOHN WATSON (84)	Unattached	33.17	M	O50
32	JOHN GIBSON (57)	Heaton Harriers	33.50	M	
33	IAIN MCKINNON (2)	Heaton Harriers	33.52	M	
34	TIM LOWRY (6)	Jarrow & Hebburn	33.58	M	O40
35	MARK SLESSER (109)	Jarrow & Hebburn	33.59	M	
36	BRIAN BAILES (67)	Birtley A C	34.04	M	
37	J K BARRACLOUGH (35)	Claremont R.R.	34.07	M	O45
38	P S BHOGAL (37)	Heaton Harriers	34.08	M	O45
39	VICTORIA BOOTH (100)	Sunderland Strollers	34.14	F	
40	ANNA MCCLEAN (105)	Low Fell	34.24	F	
41	JOHN DONNEKY (104)	Derwentside	34.25	M	O50
42	PETER DARKE (99)	Sunderland Strollers	34.36	M	O45
43	NICK ARMSTRONG (113)	Morpeth Harriers	34.43	M	O40
44	NIGEL BROWN (97)	Unattached	34.47	M	O40
45	DAVID NICHOLSON (88)	Low Fell	35.07	M	O40
46	JAMES KEEBLE (87)	Unattached	35.11	M	O60
47	CLARE HAMSON (11)	Heaton Harriers	35.15	F	
48	DEREK WRIGHT (89)	Sunderland Strollers	35.18	M	O55
49	P BENTLEY (48)	Morpeth Harriers	35.21	M	O60
50	BRIAN LAMB (24)	Chester-le-Street	35.24	M	O50
51	KEITH MCCLEAN (106)	Low Fell	35.39	M	
52	DUNCAN RILEY (22)	Unattached	35.51	M	O40
53	HOWARD GOLD (30)	Heaton Harriers	36.09	M	O60
54	PAUL INSKIP (13)	Heaton Harriers	36.19	M	O40
55	KEITH ROBSON (21)	Unattached	36.33	M	
56	MALCOLM GIBSON (94)	Heaton Harriers	36.41	M	

57	ALLEN MULLIS (16)	Heaton Harriers	36.42	M	O45
58	DAWN ELLIOTT (93)	Sunderland Strollers	36.46	F	O45
59	? ? DES PURHAM (47)	Unattached	37.15	M	
60	SEAN MCGILLIGAN (112)	Bedford Harriers	37.16	M	O40
61	GARY LOCKHART (53)	Unattached	37.25	M	O40
62	DONALD STEWART (101)	Heaton Harriers	37.32	M	O55
63	JOHN STEPHENSON (42)	Road Runners of GB	37.38	M	O50
64	STEVE KISZOW (77)	Jarrow & Hebburn	37.47	M	
65	DAVID WRIGHT (102)	Heaton Harriers	37.57	M	O55
66	JENNY FRIEND (56)	Heaton	38.01	F	O45
67	D ARMSTRONG (110)	C..R.A.P.	38.06	M	O50
68	VICKI THOMPSON (95)	Jarrow & Hebburn	38.33	F	O35
69	DAVID WRIGHT (10)	Low Fell	38.58	M	O55
70	CHRIS WATSON (40)	Unattached	39.23	M	O40
71	LYNN KIRSTY SMITH (91)	Phoenix Runners	39.31	F	
72	LUCY PRINS (45)	Unattached	39.40	F	O40
73	TOM WAGGOTT (36)	Unattached	39.46	M	O50
74	ALAN SLESSER (107)	Jarrow & Hebburn	39.46	M	O55
75	SHARON PARR (86)	Chester-le-Street	39.50	F	O50
76	J LOWE (63)	Gateshead	40.04	F	O40
77	JACQUELINE ELLIOTT (90)	Phoenix Runners	40.11	F	
78	LEE WILKINSON (43)	Heaton Harriers	40.14	M	
79	JONATHON STEPHENS (27)	Low Fell	40.24	M	
80	STEPHANIE YOUNG (79)	Low Fell	40.34	F	O40
81	JACQUELINE ELLIOT (71)	Birtley A C	40.36	F	
82	ROSS MAXWELL (58)	Tynedale Harriers	40.49	M	O45
83	R MARCHEGANI (38)	Unattached	41.23	M	
84	SHIRLEY GOUGH (85)	Gateshead	41.40	F	O40
85	RACHAEL CULLEN (64)	Gateshead	41.41	F	
86	GRAEME SLESSER (108)	Jarrow & Hebburn	42.05	M	
87	PAMELA GOLD (29)	Heaton Harriers	42.08	F	O60
88	MARK JAMESON (55)	Unattached	42.13	M	
89	ANDREW ROBINSON (51)	Unattached	42.22	M	
90	SANDRA KING (15)	Heaton Harriers	42.29	F	O35
91	MICHAEL BUNN (19)	Jarrow & Hebburn	42.35	M	O45
92	STEPHANIE-KATE CROWELL (92)	Jarrow & Hebburn	42.35	F	UNDER 17
93	GEORGE ROUTLEDGE (1)	Heaton Harriers	43.18	M	O60
94	DAVID CRUISE (50)	Unattached	43.47	M	O45
95	FRED PINDER (59)	Unattached	43.47	M	O50
96	JOANNE MCIVOR (73)	Jarrow & Hebburn	46.05	F	
97	ALISON SLOWTHER (72)	Jarrow & Hebburn	46.20	F	
98	NOEL HAKEMAN (96)	Durham City	47.14	M	O60
99	TED JOYNSON (41)	Gateshead	69.07	M	O80

Team Results - Male

1	Sunderland Harriers	22
2	Heaton Harriers	31
3	Low Fell	51
4	Birtley A C	59
5	Chester-le-Street	59
6	Jarrow & Hebburn	82
7	Morpeth Harriers	93
8	Sunderland Strollers	113

Team Results - Female

1	Heaton Harriers	224
2	Gateshead	245
3	Jarrow & Hebburn	256