

The Wheldrake 10k

at Wheldrake on Saturday 17th June 2006

Wheldrake 10k — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time				
1	Simon Cook		Leeds City Athletic Club	32:57	89	Alexis Karfopoulos	Unattached	49:33
2	Martin Grainger	V40 1	Darlington H & Ac	33:04	90	Sean Buttery	Unattached	49:34
3	Ian Clayton	V40 2	Rothwell & District Harriers	36:04	91	Karl Elliott	Unattached	49:46
4	Ian Scott	V50 1	Quakers Running Club	36:06	92	Chris Wilson	Unattached	49:56
5	Martin Gormley	V40 3	Letterkenry AC	36:15	93	Derek Mosby	V50 10 Rothwell & District Harriers	50:08
6	Lawrence Basham		Ilkley Harriers Ac	36:58	94	Bob Fenton	Unattached	50:15
7	Rob Williams	V40 4	Loftus Ac	37:50	95	Adrian Holden	Pocklington Runners	50:17
8	Andrew Wormald	V45 1	Abbey Runners	37:51	96	Ian Codling	V60 3 Thirsk & Sowerby Harriers	50:21
9	Samantha Harris	L 1	Valley Striders	38:01	97	Dave Robinson	Unattached	50:29
10	Mark Whiteman	V40 5	Easingwold Running Club	38:44	98	Tim Willis	Unattached	50:33
11	Mark Walker	V40 6	Unattached	39:06	99	Elaine Sutcliffe	L35 5 Wakefield District H & Ac	50:35
12	Chris Richardson	V40 7	Easingwold Running Club	39:17	100	Mike Gelder	V40 36 Unattached	50:41
13	Joanna Seymour	L 2	Hallamshire Harriers Sheffield	39:25	101	Ian Brown	Unattached	51:10
14	Martin Nice	V40 8	York Acorn Running Club	39:33	102	Ian Dalton	V60 4 Unattached	51:15
15	T Kenny	V40 9	Skipton Ac	39:53	103	Simon Bradley	V40 37 Unattached	51:19
16	Martin Pearson	V40 10	New Marske Harriers Club	39:54	104	Fiona Headley	L35 6 Selby Striders	51:20
17	Mark Harney	V40 11	Unattached	39:56	105	Jayne Sales	L 17 Hallamshire Harriers Sheffield	51:44
18	Paul Smith	V40 12	Unattached	40:06	106	Sue Vicary	L45 4 Pocklington Runners	51:51
19	Stuart Little		Unattached	40:24	107	Peter Murray	York Acorn Running Club	51:55
20	Philip Utley		Thirsk & Sowerby Harriers	40:31	108	Martin Smith	Unattached	52:02
21	Steve Griffiths		Unattached	40:36	109	Margaret Wingate	L45 5 Unattached	52:03
22	Andrew Moss		Teesdale Ac	41:04	110	Susan Morley	L45 6 Nidd Valley Road Runners	52:04
23	Eric Green	V40 13	Valley Striders	41:12	111	Paul Sharman	Unattached	52:26
24	Paul Brogden	V40 14	Abbey Runners	41:18	112	Neil Kerry	Unattached	52:45
25	Barry Found	V40 15	Doncaster & Stainforth Ac	41:35	113	Peter Summers	V50 11 Easingwold Running Club	53:05
26	Paul Sigsworth	V40 16	Nestle Rowntree Ac	41:47	114	Charles Hayes	V40 38 Unattached	53:35
27	Stewart Ross		Unattached	41:48	115	Marcus Bourne	Pocklington Runners	53:56
28	Carrie Millson	L 3	Beverley Ac	41:52	116	Tracy Brind	L 21 Unattached	54:17
29	Paul Towse	V40 17	Beverley Ac	41:53	117	Simon Woodhndin	Unattached	54:17
30	Steven Wigglesworth	V40 18	Vegetarian Cycling & Athletic	41:54	118	Rebecca Cook	L 22 Unattached	54:17
31	Phil Robinson		Otley AC	41:56	119	Angela Pattinson	L35 7 Road Runners Club	54:19
32	Julian Rose	V40 19	Holmfirth Harriers Ac	41:59	120	Tim Williams	V40 39 Unattached	54:29
33	Paul Holmes		Pocklington Runners	42:02	121	Wendy Smith	L35 8 Unattached	54:31
34	John Spencer	V50 2	Hallamshire Harriers Sheffield	42:06	122	Yvette Carlin	L 25 Nestle Rowntree Ac	54:32
35	Carl Quinn		West Yorkshire Police Harriers	42:31	123	Deborah Rowntree	L 26 Unattached	54:33
36	Tim Hayles		Halifax Harriers & Ac	42:40	124	John Williams	V40 40 Unattached	54:37
37	John Grocutt	V40 20	Hallamshire Harriers Sheffield	42:41	125	Michelle Cooper	L 27 Unattached	54:56
38	David Andrew		Unattached	42:41	126	James Windle	U17 1 Unattached	55:00
39	Annette Carlin	L45 1	Rugby AC	42:47	127	Jeffrey Chapman	Unattached	55:12
40	Alistair Nelson	V40 21	Unattached	42:53	128	Michelle Lopez	L35 9 Unattached	55:12
41	Julia Johnson	L35 1	Holmfirth Harriers Ac	43:07	129	Richard Claring	Unattached	55:16
42	Alfred Lindsay	V60 1	Easingwold Running Club	43:18	130	Tracey Holden	L35 10 Pocklington Runners	55:38
43	Scott Adamson		Unattached	43:50	131	Clare Henry	L 30 Unattached	55:52
44	Sharon Gayter	L35 2	New Marske Harriers Club	43:54	132	Kate Flemming	L35 11 Unattached	55:59
45	Carol Ann Davies	L45 2	Rothwell & District Harriers	44:23	133	Paul Taylor	V40 41 Unattached	56:00
46	Stephen Wingate	V50 3	Unattached	44:25	134	Neil Fletcher	Unattached	56:17
47	Rachael Houseman	L 8	Pocklington Runners	44:33	135	Kim Richardson	L35 12 Easingwold Running Club	56:21
48	Robert Hunter	V40 22	Rothwell & District Harriers	44:42	136	Claire Matthews	L 33 Unattached	56:33
49	Mark Dixon	V40 23	Pudsey Pacers Rc	44:45	137	Robin Martin	V40 42 Unattached	56:54
50	Paul Sanderson		Valley Striders	45:03	138	Matthew Knight	V50 12 Unattached	57:08
51	Colin Lea	V40 24	Knivesmire Harriers	45:08	139	Emma Smith	L 34 Vegetarian Cycling & Athletic	57:16
52	Richard Facey	V50 4	Holmfirth Harriers Ac	45:17	140	Kevin Young	Unattached	57:26
53	Martin Coates		Horsforth Harriers	45:19	141	Pauline Taylor	L35 13 Unattached	57:56
54	Daniel Summerfield		Abbey Runners	45:26	142	Phil Randall	Unattached	58:16
55	Claire Hanson	L 9	Halifax Harriers & Ac	45:38	143	Gary Moss	Unattached	58:49
56	Daniel Aldus		Unattached	45:41	144	Lucy Guest	L35 14 Unattached	59:00
57	Dianne Waite	L45 3	Holmfirth Harriers Ac	45:44	145	Paul Adams	V50 13 Knivesmire Harriers	59:09
58	Stephen Headley	V40 25	Selby Striders	45:47	146	Philip Worbey	V40 43 Unattached	59:23
59	???		???	45:52	147	Rod Dawson	V50 14 Unattached	59:27
60	Ken Dart	V50 5	Easingwold Running Club	45:54	148	Matthew Freeman	Unattached	59:29
61	Peter Scaife	V40 26	Abbey Runners	46:01	149	Sue Roberts	L35 15 Unattached	1:00:00
62	Steve Moss	V40 27	Teesdale Ac	46:09	150	Lynn Stannard	L35 16 Womens Running Network	1:00:48
63	Andrew Johnson		Unattached	46:27	151	Kevin Stannard	V40 44 Unattached	1:00:48
64	David Goddard	V50 6	Thirsk & Sowerby Harriers	46:33	152	Belinda Issatt	L 39 Unattached	1:00:49
65	Stephen Gerrard	V40 28	York Postal Harriers	46:45	153	Martin Issatt	Unattached	1:00:49
66	Tom Flemming		Unattached	46:47	154	Natasha Mitchell	L 40 Unattached	1:00:57
67	Simon Chilton	V40 29	Unattached	46:50	155	Susan Adams	L45 7 Knivesmire Harriers	1:00:59
68	Peter Bedwell	V40 30	Ilkley Harriers Ac	47:07	156	Jo Wilson	L35 17 Unattached	1:00:59
69	Charles Weatherill	V50 7	Unattached	47:17	157	Nicola Postle	L 43 Unattached	1:01:39
70	David Darton	V40 31	Knivesmire Harriers	47:20	158	Stephen Fletcher	V50 15 Pocklington Runners	1:01:56
71	Dave Clark	V50 8	Unattached	47:22	159	Helen Thomson	L35 18 Unattached	1:02:10
72	Jill Dowson	L35 3	Pocklington Runners	47:26	160	Eamonn Anderson	V50 16 Unattached	1:02:47
73	Adrian Thear	V40 32	Unattached	47:32	161	Betsy Pownall	L40 1 Unattached	1:02:53
74	Stewart Kinghorn	V50 9	Unattached	47:33	162	Paul Ryan	Unattached	1:02:54
75	Mark Goulding		Nyp Tri	47:44	163	Lynsey Ryan	L 46 Unattached	1:02:54
76	Tony Walmsley	V40 33	Horsforth Harriers	47:51	164	Nicola Sharman	L35 19 Unattached	1:03:27
77	Malcolm Fawcett	V60 2	Knivesmire Harriers	47:58	165	Ivor Ibbittson	V60 5 Unattached	1:04:14
78	Rupert Craven		Unattached	48:11	166	Ken Major	V40 45 Unattached	1:05:02
79	Adam Rogers		Unattached	48:20	167	William Utley	V60 6 Unattached	1:05:15
80	Jong Esther De	L 12	Unattached	48:20	168	Pamela Sherlock	L55 1 Thirsk & Sowerby Harriers	1:06:36
81	Jason Bethell		Unattached	48:21	169	Leslie Cantlay	V50 17 Knivesmire Harriers	1:07:05
82	Samantha Parnell	L35 4	Leeds & Bradford Triathlon Clu	48:34	170	Julie Edwards	L 49 Unattached	1:07:53
83	Mike Bayston	V40 34	Unattached	48:42	171	Karen Moate	L35 20 Unattached	1:09:13
84	Jemma Basham	L 14	Ilkley Harriers Ac	48:51	172	Lynne Quainton	L35 21 Unattached	1:12:08
85	Andy Golding		Unattached	49:05	173	Kath Cawthorne	L45 8 Unattached	1:12:23
86	Sam Sockett	V40 35	Steel City Striders Rc	49:07	174	Monica Daniel	L55 2 Unattached	1:12:24
87	Russell Knight		Unattached	49:17	175	Kate Knight	L 54 Unattached	1:12:25
88	John Laud		Knivesmire Harriers	49:18	176	Nigel Brooke	V40 46 Unattached	1:12:28
					177	Mariana Hall	L 55 Unattached	1:14:25

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
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