

The Sandal Castle 10k at Wakefield on Sunday 3rd September 2006

Sandal Castle — PROVISIONAL RESULTS

Pos	Name	Cat/Pos	Club	Time				
1	David Watson		Holmfirth Harriers Ac	32:46	85	Adrian Riches	Unattached	45:20
2	Shaun Dimelow		Penistone Footpath Runners & A	34:48	86	Alan Woodcock	V40 15 Unattached	45:28
3	Michael Hunt		Pendle Athletic Club	35:32	87	Steven Brennand	Stadium Runners	45:33
4	Andy Whitworth		Meltham Ac	36:00	88	Barry Tyas	V50 9 Meltham Ac	45:38
5	Simon Newton		Ackworth Road Runners	36:30	89	William Murgatroyd	V50 10 Unattached	45:39
6	Martin Hall	V45 1	Dewsbury Road Runners	36:46	90	Paul Seddon	Unattached	45:40
7	Daniel Linstead		Unattached	36:47	91	Mike Harrison	V45 9 Meltham Ac	45:41
8	David Nolan		Hallamshire Harriers Sheffield	37:15	92	Michael Hern	Pudsey Pacers Rc	45:49
9	Michael Walsh		Ackworth Road Runners	37:44	93	Mark Savidge	V40 16 Penistone Footpath Runners & A	45:54
10	Robert Samuels	V45 2	Pudsey Pacers Rc	37:54	94	Stephen Cawkwell	Unattached	46:01
11	Dave Archer		Unattached	38:01	95	Darren Lomas	Unattached	46:06
12	Andrew Cartwright		Leeds City Athletic Club	38:09	96	Paul Davies	Unattached	46:15
13	Paul Gwilliam		Unattached	38:23	97	Steven Nunn	Unattached	46:20
14	James Clark	V40 1	Pudsey Pacers Rc	38:31	98	Stewart Kinghorn	V55 4 Unattached	46:21
15	Simon Courtney		Stadium Runners	38:43	99	Dominic Marve	V45 10 Unattached	46:26
16	Andrew Garrard	V40 2	Holmfirth Harriers Ac	38:46	100	Phil Leather	V45 11 Unattached	46:30
17	Steven Roebuck		Penistone Footpath Runners & A	39:01	101	Matthew Evers	Unattached	46:34
18	???		???	39:18	102	?Mark Bower	JM 1 Unattached	46:35
19	Ian O'Brien	V40 3	Sheffield Triathlon Club	39:41	103	Andrew Richards	Unattached	46:36
20	Jennie Bouman	L 1	Sale Harriers Manchester	39:45	104	David Lloyd	Unattached	46:37
21	John Fitzmaurice		Unattached	39:49	105	Adrian Metcalf	Unattached	46:43
22	David Taylor	V50 1	Meltham Ac	39:58	106	Jeffrey Taylor	V65 1 Meltham Ac	46:49
23	Ian Charlesworth	V40 4	Penistone Footpath Runners & A	40:20	107	John Taylor	V50 11 Stadium Runners	46:52
24	Sarah Iannelli	L 2	Halifax Harriers & Ac	40:26	108	Joanne Bolton	L40 2 Unattached	47:00
25	Eric Paxman		Unattached	40:33	109	Jeremy Nottingham	Unattached	47:06
26	Andrew Watson		Unattached	40:40	110	David Foster	V50 12 Penistone Footpath Runners & A	47:15
27	David Miller		Stadium Runners	40:44	111	Andrea Higgins	L40 3 Holmfirth Harriers Ac	47:19
28	Martin Booth	V40 5	Penistone Footpath Runners & A	40:48	112	Allen Murray	V40 17 Rrc	47:22
29	Glyn Owens		Unattached	40:49	113	Nick Kennett	Unattached	47:24
30	Mick Flaherty	V40 6	Ackworth Road Runners	40:51	114	Paul Senior	Holmfirth Harriers Ac	47:24
31	Ian Micklethwaite		Livingwell	40:55	115	Wayne Heppenstall	Holme Valley Ac	47:26
32	Martin Huddleston		Stadium Runners	41:04	116	Penny Dalton	L35 2 Unattached	47:28
33	Raymond McArthur	V50 2	Meltham Ac	41:06	117	Rachel Miller	L 11 Meltham Ac	47:29
34	Chris Brown		Unattached	41:16	118	Stephen Garman	Unattached	47:30
35	David Crichton		Unattached	41:37	119	Mark Chamberlain	Unattached	47:31
36	Stuart Woodhead	V50 3	Penistone Footpath Runners & A	41:57	120	Richard Bradley	JM 2 Unattached	47:32
37	John Philpott	V50 4	Holmfirth Harriers Ac	41:59	121	Anthony Blackshaw	V45 12 Unattached	47:34
38	Chris Hunter		Unattached	42:12	122	Roy Young	Ackworth Road Runners	47:35
39	Dave Hill		Holmfirth Harriers Ac	42:15	123	Jason Whiteley	Unattached	47:36
40	Steve Waugh		Unattached	42:18	124	Ian Mellows	V45 13 Unattached	47:37
41	Terry Minett	V45 3	Ackworth Road Runners	42:21	125	Ken Chapman	V60 1 Kimberworth Striders	47:39
42	Geoff Matthews	V45 4	Stainland Lions Road Runners	42:24	126	Stephen Cottam	V40 18 Unattached	47:40
43	Tom Denwood		Harrogate Harriers & Athletic	42:30	127	Paul Smith	Ackworth Road Runners	47:42
44	Adrian Worger	V40 7	Unattached	42:37	128	Trevor Murgatroyd	V40 19 Stainland Lions Road Runners	47:44
45	Richard Eyre		Barnsley Athletic Club	42:37	129	Robert Iannelli	Unattached	47:47
46	David Harling		Unattached	42:41	130	David Cosgrove	Unattached	47:51
47	Grendon Wood	V40 8	Holmfirth Harriers Ac	42:46	131	Andrew Bayford	V45 14 Unattached	47:56
48	Ian Spriggs		Unattached	42:51	132	David Bull	V45 15 Unattached	47:56
49	Michael Charter		Unattached	42:56	133	Brian Fozard	V65 2 Wakefield District H & Ac	47:57
50	Jagdeep Dhaliwal		Unattached	42:58	134	Paula Gould	L 12 Holmfirth Harriers Ac	47:57
51	Martin Thompson	V40 9	Spenborough & Dist Ac	43:00	135	Andrew Bennett	V50 13 Ackworth Road Runners	47:58
52	Ricky South	V45 5	Holmfirth Harriers Ac	43:02	136	Jenny Wakeman	L45 1 Barnsley Athletic Club	47:58
53	John Bassinder	V50 5	Stainland Lions Road Runners	43:05	137	Julian Ostrowski	V40 20 Unattached	47:59
54	John Grundy		Unattached	43:10	138	Ashley Haigh	Unattached	48:00
55	Andy Smith	V40 10	Holmfirth Harriers Ac	43:13	139	Raymond Brown	V65 3 Penistone Footpath Runners & A	48:02
56	Nigel Hill	V50 6	Holmfirth Harriers Ac	43:22	140	Ian Thompson	Unattached	48:05
57	Robert Innes	V55 1	Penistone Footpath Runners & A	43:27	141	Chris Setters	Unattached	48:08
58	Ian Thornham	V40 11	Stainland Lions Road Runners	43:36	142	Craig Orr	V40 21 Unattached	48:11
59	Fiona Forrest	L 3	Doncaster & Stainforth Ac	43:37	143	Julie Robson	L35 3 Unattached	48:16
60	John Wood	V50 7	Unattached	43:50	144	Paul Brittenden	Unattached	48:18
61	Michael Cordall		Unattached	43:51	145	Maggie Haley	L60 1 Dewsbury Road Runners	48:21
62	Kenneth Harold	V40 12	Unattached	43:59	146	Nigel Torrance	V40 22 Unattached	48:24
63	Glenn Shelley		Unattached	44:06	147	A McKewan	Unattached	48:27
64	Adrian Trevelyan		Idle Ac	44:13	148	Norman Roper	V55 5 Denby Dale Travellers	48:32
65	Chris Longstaff		Bingley Harriers & Ac	44:14	149	Graham Charnock	Unattached	48:35
66	Simon Whitter		Rutland Runner	44:15	150	Mike Child	V45 16 Unattached	48:37
67	Mark Preston	V40 13	Stainland Lions Road Runners	44:16	151	Alan Whiteley	V45 17 Unattached	48:40
68	James Chapman		Stadium Runners	44:18	152	C Gordon	V50 14 Unattached	48:43
69	Chris Oxley	V40 14	Livingwell	44:30	153	Richard Shaw	Unattached	48:47
70	Shane Wolstencroft		Unattached	44:40	154	Lorraine Naylor	L35 4 Stainland Lions Road Runners	48:49
71	John Lister		Unattached	44:46	155	David Marsh	V45 18 Wakefield District H & Ac	48:52
72	Karen Ball	L 4	Ackworth Road Runners	44:47	156	Jeff Addinell	Unattached	48:55
73	Katrina Eyre	L 5	Unattached	44:48	157	Dennis O'Keefe	V50 15 Halifax Harriers & Ac	48:58
74	Yatespeter	V55 2	Leeds & Bradford Triathlon Clu	44:49	158	John Brown	Unattached	48:59
75	John McCarthy	V45 6	Unattached	44:51	159	Peter Polman	V50 16 Unattached	49:01
76	Larry Muldowney	V50 8	Doncaster & Stainforth Ac	44:58	160	Peter Lambert	V70 1 Valley Striders	49:03
77	Liane Warren	L35 1	Ackworth Road Runners	44:59	161	Mark	V40 23 Unattached	49:06
78	Francis Joshi		Unattached	45:00	162	Ian Liversidge	Unattached	49:09
79	Mark Ferns	V45 7	Sale Harriers Manchester	45:02	163	David Waite	V40 24 Stainland Lions Road Runners	49:09
80	Greg Easter		Unattached	45:06	164	Joanne Burgess	L35 5 Unattached	49:09
81	Nigel Thomas	V45 8	Meltham Ac	45:08	165	Diane Waite	L40 4 Stainland Lions Road Runners	49:10
82	Hugh Allen		Wakefield District H & Ac	45:10	166	Lynn Perkin	L45 2 Wakefield District H & Ac	49:12
83	David Needham	V55 3	Hallamshire Harriers Sheffield	45:12	167	Linda Lumb	L35 6 Unattached	49:15
84	Angela Binns	L40 1	Dewsbury Road Runners	45:13	168	Katie Bretherick	L 21 Unattached	49:17

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169	Ian Taylor	V40 25	Livingwell	49:20	260	John Raymer	V45 28	Unattached	53:07
170	Diane Wood	L35 7	Pudsey Pacers Rc	49:23	261	Susan Manning	L35 12	Stainland Lions Road Runners	53:09
171	Susan Charlesworth	L40 5	Penistone Footpath Runners & A	49:24	262	Martyn Thompson		Unattached	53:11
172	Stephen Ogden	V50 17	Unattached	49:25	263	Peter Brennand	V50 26	Unattached	53:12
173	Edward Kinglow		Unattached	49:26	264	Niall Clark		Unattached	53:13
174	Chris Walker	V45 19	Unattached	49:28	265	Paul Donlon	V50 27	Stadium Runners	53:15
175	Fran Whitworth	L35 8	Meltham Ac	49:30	266	Sam Steel		Unattached	53:16
176	Peter Resnick	V45 20	Unattached	49:32	267	Catherine Berry	L35 13	Ackworth Road Runners	53:18
177	Patrick John	V40 26	Unattached	49:34	268	David Townend		Unattached	53:22
178	Neil Taylor	V40 27	Unattached	49:37	269	Catherine Mellor	L 39	Stainland Lions Road Runners	53:27
179	Alan Harman	V45 21	Thirsk & Sowerby Harriers	49:54	270	Derek Boyce		Unattached	53:32
180	David Robson		Unattached	49:56	271	Kevin Meakin	V50 28	Pudsey Pacers Rc	53:37
181	Tim Wade	V50 18	Livingwell	49:58	272	Julian Page	V40 39	Denby Harriers	53:42
182	Michael Howard	V40 28	Unattached	49:59	273	Sally Temperley	L35 14	Unattached	53:48
183	Neil Midgley	V55 6	Holmfirth Harriers Ac	50:00	274	Diane Adams	L 41	Denby Dale Travellers	53:54
184	Michael Scott	V45 22	Unattached	50:02	275	Neil Parkinson		Unattached	54:01
185	Ron Giles	V55 7	Unattached	50:04	276	Steven Thorpe	V50 29	Unattached	54:02
186	Stuart Anderson	V65 4	Wakefield District H & Ac	50:06	277	Christopher Niven	V50 30	Unattached	54:04
187	R Capewell	V45 23	Holmfirth Harriers Ac	50:07	278	Jane Senior	L45 4	Wakefield District H & Ac	54:06
188	Robert Dyson		Stadium Runners	50:09	279	Martin Grange	V45 29	Unattached	54:07
189	Alan Gibson	V40 29	Stainland Lions Road Runners	50:11	280	John Hanby	V55 13	Unattached	54:09
190	Rhea Hawkins	L 25	Unattached	50:13	281	Mark Tinnion	V45 30	Unattached	54:11
191	Alexander Wood		Unattached	50:15	282	Darren Ball	V40 40	Unattached	54:13
192	Julie Ryan	L35 9	Unattached	50:16	283	Andrew Kearney	V50 31	Unattached	54:15
193	Philip Parkinson		Unattached	50:17	284	Roy Womack	V40 41	Unattached	54:17
194	Joe Mulroy		Unattached	50:19	285	Martin Douglas	V45 31	Unattached	54:19
195	Derek Mosby		Rothwell & Dist Harriers	50:23	286	Harvey Harding		Unattached	54:21
196	Brian Heald	V60 2	Unattached	50:23	287	Tim Driver		Unattached	54:23
197	Gilly Markham	L50 1	Meltham Ac	50:24	288	David Shaw	V55 14	Ackworth Road Runners	54:25
198	James Rushby	JM 3	Unattached	50:25	289	John Finn	V65 6	Barnsley Athletic Club	54:27
199	Mark Wilson	V40 30	Unattached	50:25	290	Susan Gledhill	L35 15	Unattached	54:29
200	Brian Pinder		Stadium Runners	50:26	291	Peter Campbell	JM 4	Unattached	54:31
201	Darren Tones		Unattached	50:27	292	Stuart Scott		Wakefield District H & Ac	54:34
202	Andrew Webb		Unattached	50:28	293	Victoria Endersby	L 44	Unattached	54:36
203	Richard Shillito		Unattached	50:36	294	Paul Wallis		Unattached	54:38
204	Rob Ellison	V45 24	Unattached	50:39	295	Lesley Bell	L40 9	Unattached	54:41
205	Andrew North	V40 31	West Yorkshire Police Harriers	50:42	296	Peter Andrews	V55 15	Denby Dale Travellers	54:44
206	Martin Holding	V40 32	Unattached	50:43	297	Caroline English	L40 10	Stainland Lions Road Runners	54:47
207	Chris Walker		Stainland Lions Road Runners	50:45	298	Ray Enright		Unattached	54:54
208	Mick Dowling	V55 8	Unattached	50:46	299	Jamie Barraclough		Unattached	55:01
209	Dean Thompson	V40 33	Unattached	50:48	300	Pritchard Keith	V50 32	Unattached	55:08
210	Karl Martin		Unattached	50:49	301	Fiona Taylor	L50 2	Unattached	55:11
211	Andrew Hambleton	V50 19	Holmfirth Harriers Ac	50:51	302	James Greenwood		Unattached	55:14
212	David English	V45 25	Totley Ac	50:53	303	Paul Collier		Unattached	55:18
213	Joanne Kitcher	L35 10	Stainland Lions Road Runners	50:54	304	Angela Fawthrop	L35 16	Stainland Lions Road Runners	55:21
214	Nick Errington		Unattached	50:55	305	Michael Tetley	JM 5	Unattached	55:24
215	Brian Marchant	V55 9	Unattached	50:57	306	Gaynor Wood	L40 11	Unattached	55:28
216	Jo Rawnsley		Unattached	50:59	307	Stephen Tetley	V50 33	Unattached	55:29
217	John Cottam	V50 20	Unattached	51:00	308	Sharron Broadley	L 50	Unattached	55:30
218	Graham Guest		Denby Dale Travellers	51:01	309	Anne Taylor	L45 5	Unattached	55:31
219	Keith Joplin	V60 3	Unattached	51:03	310	Rebecca Horsley	L40 12	Unattached	55:33
220	Dave Young	V40 34	Unattached	51:05	311	Tony Dean	V55 16	Ackworth Road Runners	55:36
221	Stuart Pook		Unattached	51:10	312	Tom Brittenden	V65 7	Unattached	55:38
222	Ron Hill	V65 5	Clayton Le Moors Harriers	51:15	313	Linda Cottam	L40 13	Unattached	55:41
223	Barbara Haigh	L55 1	Penistone Footpath Runners & A	51:20	314	Fiona McArthur	L50 3	Meltham Ac	55:44
224	Keith Jackson	V45 26	Unattached	51:26	315	Alison Daniel	L40 14	Unattached	55:45
225	Neil McLay	V40 35	Unattached	51:29	316	Colin Frost	V45 32	Unattached	55:46
226	David Lockwood		Unattached	51:32	317	Charlie Adamson	V55 17	Unattached	55:47
227	Ruth Thomas	L40 6	Meltham Ac	51:36	318	Phil Lanigan	V40 42	Unattached	55:48
228	Paul Stead		Unattached	51:38	319	Wendy Thompson	L35 17	Unattached	55:49
229	Mark Finney	V40 36	Unattached	51:41	320	Jana Shirley	L 57	Unattached	55:50
230	Ian Milburn	V55 10	Denby Dale Travellers	51:47	321	Anyia Millican	L 58	Unattached	55:52
231	Anthony McManus		Stainland Lions Road Runners	51:53	322	Robert Sturrock	V40 43	Unattached	55:53
232	David Wainfor		Unattached	51:53	323	Alan Walker	V55 18	Livingwell	55:54
233	David Hey	V50 21	Penistone Footpath Runners & A	51:54	324	Angela Scott	L40 15	Unattached	55:56
234	Andrea May	L40 7	South East Lancs Cc League	51:55	325	Clare Dyson	L40 16	Unattached	55:57
235	Martin Haigh	V50 22	Halifax Harriers & Ac	51:59	326	David Rolinson	V40 44	Unattached	55:59
236	P Buczko	V50 23	Unattached	52:05	327	Tracey Rhodes	L40 17	Dewsbury Road Runners	56:00
237	Mathew Heseltine		Unattached	52:07	328	Gill Carr	L 62	Unattached	56:02
238	George Thompson	V60 4	Kimberworth Striders	52:09	329	Kate O'Hara	L 63	Unattached	56:04
239	Dan Cooper		Unattached	52:11	330	Malcolm Cliff	V50 34	Meltham Ac	56:07
240	Kiersti Dickinson	L35 11	Holmfirth Harriers Ac	52:14	331	Tracy Brind	L 64	Unattached	56:10
241	Derek Whiteley	V50 24	Unattached	52:20	332	Simon Woffind		Unattached	56:13
242	Andy Wilson	V45 27	Unattached	52:28	333	Michelle Singleton	L40 18	Unattached	56:16
243	Dave Owen		Unattached	52:31	334	Dave Scargill		Idle Ac	56:18
244	Richard Fawthrop		Stainland Lions Road Runners	52:33	335	Jodi New	L 66	Unattached	56:21
245	Anthony Clegg		Penistone Footpath Runners & A	52:35	336	J Slater	V50 35	Unattached	56:24
246	Ian Parsons	V40 37	Unattached	52:38	337	Michelle Millward	L40 19	Penistone Footpath Runners & A	56:27
247	Robin Moran		Unattached	52:43	338	Andrew Hulse		Unattached	56:30
248	Graham Whitworth	V55 11	Wakefield District H & Ac	52:45	339	Caroline Crowther	L40 20	Unattached	56:34
249	Susan Higham	L55 2	Penistone Footpath Runners & A	52:46	340	Christina Walters	L35 18	Unattached	56:38
250	Paul Dickens		Clowne Road Runners Club	52:48	341	Phillip Barr	V50 36	Unattached	56:42
251	Paul Carr		Denby Dale Travellers	52:50	342	Asmath Khan		Unattached	56:47
252	Simon Robb		Unattached	52:52	343	Jeff Maddocks		Unattached	56:49
253	Martin Endesley		Unattached	52:54	344	Suzanne Gascoigne	L 70	Unattached	56:51
254	Mandy Pickles	L45 3	Unattached	52:56	345	Matthew Ramsden	JM 6	Denby Dale Travellers	56:53
255	Ian Robson	V55 12	Unattached	52:58	346	Peter Ramsden	V50 37	Denby Dale Travellers	56:55
256	John Parkinson	V40 38	Unattached	53:00	347	Charles King	V60 5	Unattached	56:58
257	Trevor Fox	V50 25	Unattached	53:02	348	Craig Mitchell		Unattached	57:00
258	Jane Cockerton	L40 8	Penistone Footpath Runners & A	53:03	349	Lynne Newsome	L 71	Stadium Runners	57:02
259	Claire Leather	LJ 1	Unattached	53:05	350	P Atkinson	V45 33	Unattached	57:04

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351	Jonathan Taylor		Stainland Lions Road Runners	57:07	442	Riana Denwood	L 118	Unattached	1:01:59
352	Ray Owsram		Unattached	57:13	443	Mark Barrow		Unattached	1:02:03
353	Anne Gregory	L50 4	Unattached	57:19	444	Laura Barrow	L 119	Unattached	1:02:04
354	Samantha Ritsdon	L 73	Scunthorpe & District Ac	57:25	445	Janet Barr	L35 31	Unattached	1:02:05
355	Alison Marsden	L35 19	Livingwell	57:26	446	Stanley Randall	V60 7	Hartshead Running Club	1:02:06
356	Peter Knott	V55 19	Roberttown Road Runners	57:28	447	Claire Berry	L 121	Unattached	1:02:08
357	Lisa Sturrock	L35 20	Unattached	57:30	448	Ruth Spencer	L50 7	Holmfirth Harriers Ac	1:02:09
358	Paul Millward	V40 45	Penistone Footpath Runners & A	57:31	449	Carol Hunter	L 123	Unattached	1:02:10
359	John Clarke	V50 38	Unattached	57:33	450	Rachel Underwood	L 124	Unattached	1:02:11
360	Tim Clarke		Unattached	57:35	451	Anna Green	L 125	Unattached	1:02:12
361	Claire Crosse	L45 6	Unattached	57:37	452	Robert Smart	JM 8	Unattached	1:02:14
362	Paul Summerley		Clowne Road Runners Club	57:38	453	Linda Murgatryod	L35 32	Stainland Lions Road Runners	1:02:16
363	June Lister	L45 7	Unattached	57:40	454	Amanda Trigwell	L40 30	Unattached	1:02:18
364	Steven Crowther	V40 46	Stainland Lions Road Runners	57:42	455	Susan Howard	L40 31	Unattached	1:02:21
365	Stephen Warner	V50 39	Denby Dale Travellers	57:44	456	Sue Barritt	L45 10	Stainland Lions Road Runners	1:02:27
366	Sara Foster	L50 5	Huddersfield (rufc) Rr Ac	57:48	457	Gene Gray	V45 42	Stainland Lions Road Runners	1:02:32
367	Sandra Pickin	V45 34	Unattached	57:57	458	Zoe Finlay	L35 33	Unattached	1:02:38
368	Melanie Green	L 79	Livingwell	57:58	459	Paul McGuire	V50 45	Unattached	1:02:44
369	Nina Prodywus	L 80	Unattached	57:59	460	Jenny Rees	L 131	Unattached	1:02:50
370	John Newport	V55 20	Unattached	58:05	461	Jayne Towne	L40 32	Unattached	1:02:51
371	Claire Wood	L 81	Unattached	58:08	462	John King	V40 52	Unattached	1:02:53
372	Susan Jackson	L40 21	Unattached	58:11	463	Catherine McMahon	L 133	Unattached	1:02:55
373	Christopher Day	V50 40	Scunthorpe & District Ac	58:13	464	Nick McMahon		Unattached	1:02:57
374	Steven Leith	V50 41	Unattached	58:15	465	Matthew Aveyard		Unattached	1:02:58
375	Adrian Rushby		Unattached	58:17	466	Johnathan Aveyard		Unattached	1:03:00
376	Ray Watson	V60 6	Unattached	58:19	467	Joanne Hurd	L 134	Unattached	1:03:02
377	Paul Coates		Unattached	58:21	468	Hilary Anderson	L 135	Unattached	1:03:04
378	Corinne Whittaker	L 83	Unattached	58:23	469	Robert Smitten	V45 43	Unattached	1:03:07
379	Matthew Shipstone		Unattached	58:26	470	Deone Hanson	L35 34	Unattached	1:03:11
380	Emma Hobson	L35 21	Unattached	58:29	471	Diana Deas	L35 35	Idle Ac	1:03:15
381	Joanna Patrickson	L35 22	Unattached	58:32	472	Rachael Clay	L40 33	Unattached	1:03:20
382	Sarah Lacey	L40 22	Unattached	58:35	473	Alison Ashton	L50 8	Unattached	1:03:26
383	Richard Hughes		Unattached	58:38	474	Philip Sutcliffe	V40 53	Unattached	1:03:37
384	Stuart Scott	V45 35	Unattached	58:41	475	Thomas Fitzsimons		Unattached	1:03:42
385	Jenny Pitchford	L 87	Unattached	58:43	476	David Harrison	V55 24	Ackworth Road Runners	1:03:48
386	David Holdsworth	V50 42	Unattached	58:45	477	Janet Dawson	L60 2	Unattached	1:03:49
387	(No. 1591)		Unattached	58:47	478	Stephen Towne	V40 54	Unattached	1:03:50
388	Robert Spawton	V45 36	Unattached	58:49	479	John Parry	V40 55	Unattached	1:03:56
389	Wilma Saville	L40 23	Idle Ac	58:51	480	Frank Mitchell		Unattached	1:04:00
390	Darren Smith		Unattached	58:53	481	Suzanne Slater	L 141	Unattached	1:04:04
391	Craig Grist		Unattached	58:56	482	David Whittingham		Dewsbury Road Runners	1:04:07
392	Paul Mather		Unattached	58:56	483	Lesley Crawford	L45 11	Unattached	1:04:11
393	Martin Shevill	V50 43	Unattached	59:00	484	Jane Foster	L50 9	Penistone Footpath Runners & A	
394	Brian Jackson	V45 37	Unattached	59:01					
395	Martin Taylor	V40 47	Unattached	59:03	485	Pippa Shevill	L40 34	Unattached	1:04:19
396	Malcolm Lamb	V40 48	Cssc	59:07	486	Bryden	V65 8	Rotherham Harriers & Ac	1:04:23
397	Carol Lord	L45 8	Stainland Lions Road Runners	59:11	487	Andrew Baldwin		Unattached	1:04:23
398	Fiona Khan	L 90	Abbey Runners	59:16	488	Michael Sutcliffe	V50 46	Unattached	1:04:24
399	Simon Crowther	V40 49	Unattached	59:20	489	Helen Learoyd	L50 10	Stainland Lions Road Runners	1:04:25
400	Steve Gorvin	V55 21	Valley Hill Runners	59:25	490	Dave Gibbons	V55 25	Unattached	1:04:26
401	Anna Ross	L 91	Unattached	59:30	491	Bill Bramley	V50 47	Unattached	1:04:27
402	?Mark Bower	JM 7	Unattached	59:31	492	Sonia Groiser	L 146	Unattached	1:04:31
403	Anthony Prior	V45 38	Unattached	59:32	493	Joanne Johnson	L 147	Unattached	1:04:35
404	Andrew Lister		Unattached	59:35	494	Paula Murray	L35 36	Unattached	1:04:38
405	Christopher Sweeting	V40 50	Unattached	59:38	495	(No. 895)		Unattached	1:04:45
406	Pamela Woodcock	L40 24	Unattached	59:41	496	Richard Davies		Unattached	1:04:52
407	Deborah Hughes	L35 23	Unattached	59:45	497	Beverley Torrance	L45 12	Unattached	1:04:55
408	Shelagh Pleasance	L35 24	Unattached	59:48	498	Stuart Lay	V40 56	Kippax & Dist Harriers	1:05:02
409	Katherine Fraser	L35 25	Unattached	59:52	499	Gary Brown		Unattached	1:05:03
410	Amanda Spalding	L35 26	Unattached	59:56	500	Janet Chilton	L 150	Unattached	1:05:05
411	Christine Jones	L35 27	Unattached	1:00:00	501	Justin Taylor		Unattached	1:05:09
412	Michael Cubitt	V55 22	Wakefield District H & Ac	1:00:02	502	J Broadhead	L40 35	Unattached	1:05:12
413	Lesley Henderson	L55 3	Stainland Lions Road Runners	1:00:04	503	Ray Schofield	V55 26	Unattached	1:05:44
414	Paula Webster	L35 28	Dewsbury Road Runners	1:00:06	504	Rob Endsley		Unattached	1:05:45
415	Andrea Conning	L55 4	Unattached	1:00:07	505	Dawn Earnshaw	L 152	Unattached	1:05:47
416	Cathy Denney	L40 25	Holmfirth Harriers Ac	1:00:08	506	Debra Barker	L40 36	Unattached	1:05:48
417	Louise Mullinger	L 102	Holmfirth Harriers Ac	1:00:09	507	James Davey	V60 8	Unattached	1:05:50
418	Hannah Croker	L 103	Stadium Runners	1:00:32	508	Anne McGee	L35 37	Unattached	1:05:51
419	Ben Entwistle	V40 51	Unattached	1:00:33	509	Emma Clark	L 155	Unattached	1:05:52
420	Vicky Palmer	L 104	Unattached	1:00:34	510	Gillian Stock	L40 37	Unattached	1:06:02
421	Ray Palmer		Unattached	1:00:35	511	Claire Smith	L45 13	Unattached	1:06:06
422	(No. 1769)		Unattached	1:00:36	512	Elizabeth Stevens	L60 3	Unattached	1:06:09
423	Sharon Richman	L 105	Unattached	1:00:37	513	Jason Wallis		Unattached	1:06:16
424	Anastasia Lincoln	L50 6	Idle Ac	1:00:39	514	Louise Brown	L 159	Unattached	1:06:24
425	Judith Greenwood	L55 5	Stainland Lions Road Runners	1:00:52	515	Lee Franklin		Unattached	1:06:31
426	Samantha Ludvigsen	L 108	Unattached	1:00:54	516	Joan Lever	L35 38	Barnsley Harriers	1:06:39
427	Mark Harris	V45 39	Unattached	1:00:57	517	Ian Tippen	V55 27	Army	1:06:43
428	Susan Odar	L40 26	Unattached	1:01:00	518	Matt Hooban		Unattached	1:06:48
429	Jackelyn Milnes	L40 27	Hartshead Running Club	1:01:03	519	Susanne Levinson	L50 11	Denby Dale Travellers	1:06:55
430	Alan Evans	V45 40	Unattached	1:01:06	520	Jo Riding	L35 39	Unattached	1:07:01
431	Lindsey Winter	L 111	Ecclehill Rr	1:01:09	521	Rachel Gray	L40 38	Barnsley Harriers	1:07:06
432	Jayne Green	L35 29	Unattached	1:01:10	522	Caroline Charlesworth	L35 40	Unattached	1:07:09
433	Phillip Stapley		Unattached	1:01:17	523	Patricia Bradley	L50 12	Unattached	1:07:15
434	Alison Adams	L40 28	Stainland Lions Road Runners	1:01:25	524	Laura Bram	L 166	Unattached	1:07:18
435	M Autchinson	V45 41	Unattached	1:01:33	525	Paul Goodwin		Unattached	1:07:20
436	Bettina Futrell	L45 9	Holmfirth Harriers Ac	1:01:42	526	Clare Hynd	L 167	Unattached	1:07:24
437	Rod Futrell	V55 23	Holmfirth Harriers Ac	1:01:43	527	Andrew Hynd		Unattached	1:07:24
438	Paul Richards	V50 44	Unattached	1:01:44	528	Maggie Craven	L40 39	Unattached	1:07:26
439	Jeanette Pitts	L35 30	Unattached	1:01:50	529	Rebecca Penn	L 169	Unattached	1:07:28
440	Louisa Frost	L 116	South East Lancs Cc League	1:01:55	530	Jennifer Mulroy	L 170	Unattached	1:07:30
441	Carmel Beswick	L40 29	Idle Ac	1:01:57	531	Cathy Woffendin	L40 40	Roberttown Road Runners	1:07:32

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

532	Paula Wilson	L 172	Unattached	1:07:36	567	Jane Coyle	L35 43	Unattached	1:11:26
533	Claire Hewlett	L 173	Unattached	1:07:41	568	Sarah Bradbury	L 195	Unattached	1:11:42
534	Pete Elwick	V50 48	Hartshead Running Club	1:07:45	569	Sarah Keave	L35 44	Unattached	1:11:59
535	Gillian Barker	L50 13	Unattached	1:07:50	570	James Gaffigan	V60 9	Unattached	1:12:22
536	Judith Harding	L50 14	Unattached	1:08:04	571	Avis Moss	L55 7	Unattached	1:12:43
537	Karen Moate	L40 41	Baildon Runners	1:08:18	572	Derek Gill	V75 1	Bingley Harriers & Ac	1:12:47
538	Andrew Cox		Unattached	1:08:25	573	???	???		1:13:04
539	Rachel Moore	L40 42	Unattached	1:08:35	574	Axelle L'Aime	L 198	Unattached	1:13:39
540	Gareth Allen		Unattached	1:08:53	575	Thomas Walker		Unattached	1:13:39
541	Gillian Robbie	L45 14	Unattached	1:09:05	576	Avril Smith	L60 4	Stainland Lions Road Runners	1:14:04
542	Eric Jackson	V45 44	Unattached	1:09:10	577	Gill Riley	L 200	Unattached	1:14:09
543	Pauline Hajok	L55 6	Unattached	1:09:25	578	Rebecca Chadwick	L35 45	Unattached	1:14:11
544	Rachel Scott	L 180	Unattached	1:09:33	579	Steven Simmons	V60 10	Unattached	1:14:14
545	T Passingham	L40 43	Unattached	1:09:34	580	Sarah Davey	L 202	Unattached	1:14:20
546	Kay Booth	L45 15	Longwood Harriers Ac	1:09:36	581	Jonathan Newell	V45 45	Unattached	1:14:20
547	Debbie McGuckin	L35 41	Unattached	1:09:38	582	Jill Espiner	L 203	Unattached	1:14:31
548	Gillian Walton	L 184	Unattached	1:09:40	583	Jacqui Walker	L50 15	Unattached	1:14:54
549	Gary Walker	V50 49	Unattached	1:09:41	584	Janet Guest	L60 5	Denby Dale Travellers	1:15:18
550	Karen Ball	L35 42	Unattached	1:09:42	585	Damian Worthy		Unattached	1:15:26
551	Paul Hatt	V40 57	Unattached	1:09:44	586	John Stephenson	V65 9	Unattached	1:15:26
552	Robert Johnson	V55 28	Unattached	1:09:53	587	Maureen Bailey	L40 47	Unattached	1:17:53
553	Shaun Martin		Unattached	1:10:02	588	Jane Cole	L 207	Unattached	1:18:33
554	Beverley Kidd	L40 44	Unattached	1:10:18	589	Jennifer Gorvin	L50 16	Valley Hill Runners	1:19:07
555	Nancy McAndrew	L 187	Unattached	1:10:22	590	Amy Gapoud	L 209	Unattached	1:21:40
556	(No. 1777)		Unattached	1:10:28	591	Diane Eke	L45 17	Unattached	1:22:04
557	Susan Whiteley	L45 16	Bingley Harriers & Ac	1:10:35	592	Helen Leach	L40 48	Knivesmire Harriers	1:22:04
558	Clark	L40 45	Bingley Harriers & Ac	1:10:42	593	Fiona Blackshaw	L45 18	Unattached	1:22:10
559	Elizabeth Davey	L 190	Unattached	1:10:48	594	Paul Lenihan		Unattached	1:22:52
560	David Crowther	V50 50	Unattached	1:10:54	595	Lisa Binks	L 213	Unattached	1:22:52
561	Louise Walker	L 191	Unattached	1:11:06	596	Dinah Clark	L45 19	Unattached	1:27:21
562	Rebecca McGloin	L 192	Unattached	1:11:07	597	Sheree Smith	L40 49	Unattached	1:27:21
563	James Dod		Unattached	1:11:08	598	Keith Peatfield		Unattached	1:28:35
564	Jim Aveyard	V55 29	Unattached	1:11:10	599	Laura Millington	L 216	Unattached	1:28:35
565	Colin Campbell	V40 58	Unattached	1:11:15	600	Shelley Paskell	L 217	Unattached	1:29:28
566	Sara Worrall	L40 46	Unattached	1:11:20	601	David Caddies		Unattached	1:31:02

Sandal Castle - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Penistone Footpath Runners & A	33	—	2	Shaun Dimelow	14	Steven Roebuck	17	Ian Charlesworth
2	Ackworth Road Runners	33	—	5	Simon Newton	8	Michael Walsh	20	Mick Flaherty
3	Holmfirth Harriers Ac	39	—	1	David Watson	13	Andrew Garrard	25	John Philpott
4	Meltham Ac	43	—	4	Andy Whitworth	16	David Taylor	23	Raymond McArthur
5	Stadium Runners	52	—	12	Simon Courtney	18	David Miller	22	Martin Huddleston
6	Pudsey Pacers Rc	74	—	9	Robert Samuels	11	James Clark	54	Michael Hern
7	Stainland Lions Road Runners	100	—	28	Geoff Matthews	34	John Bassinder	38	Ian Thornham
8	Livingwell	139	—	21	Ian Micklethwaite	44	Chris Oxley	74	Ian Taylor
9	Wakefield District H & Ac	185	—	49	Hugh Allen	66	Brian Fozard	70	David Marsh
10	Denby Dale Travellers	247	—	69	Norman Roper	88	Graham Guest	90	Ian Milburn

Sandal Castle - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Ackworth Road Runners	36	—	4	Karen Ball	5	Liane Warren	27	Catherine Berry
2	Holmfirth Harriers Ac	39	—	7	Andrea Higgins	9	Paula Gould	23	Kiersti Dickinson
3	Meltham Ac	43	—	8	Rachel Miller	17	Fran Whitworth	18	Gilly Markham
4	Stainland Lions Road Runners	44	—	12	Lorraine Naylor	13	Diane Waite	19	Joanne Kitcher
5	Dewsbury Road Runners	51	—	6	Angela Binns	11	Maggie Haley	34	Tracey Rhodes
6	Penistone Footpath Runners & A	60	—	16	Susan Charlesworth	20	Barbara Haigh	24	Susan Higham
7	Idle Ac	146	—	41	Wilma Saville	49	Anastasia Lincoln	56	Carmel Beswick
8	Denby Dale Travellers	165	—	29	Diane Adams	64	Susanne Levinson	72	Janet Guest