

ERRA Nike National Road Relays

at Sutton Park, Birmingham on Saturday 8th April 2006

English National Road Relays - Men's 12 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	S. Stokes	SaleHM	26:21	34	P. Ward	Telford Ac	28:10
2	M. Lole	Coventry	26:33	35	T. O'Brien	Liverpool	28:19
3	M. Scaife	Morpeth H	26:35	36	D. Talbot	Trafford A	28:20
4	M. Hilton	Leeds City	26:41	37	R. Forsbrook	Cheltenham	28:30
5	B. Raeside	Notts Ac	26:41	38	D. Nevins	Harrow Ac	28:30
6	D. Norman	Altrincham	26:42	39	K. Chapman	Salford Ha	28:32
7	K. Heywood	Bristol	26:46	40	M. Hatch	SaleHM B	28:37
8	J. Gilby	Derby Ac	26:47	41	P. Andrew	Northbrook	28:46
9	J. Lilley	Severn Ac	26:48	42	S. Hallas	Preston	28:49
10	A. Morgan-Lee	Southamptn	26:49	43	A. Carmichael	Gateshead	28:51
11	M. Hood	Sunderland	26:57	44	A. Donno	Brighton	28:52
12	T. Watson	BelgraveHA	27:03	45	P. Darbyshire	Wigan Phoe	29:08
13	D. Shinnie	Aldershot	27:08	46	T. Grant	Hillingdon	29:09
14	W. Duncan	NorfolkGaz	27:10	47	N. Miller	Bedford&C	29:20
15	C. Blackburn	Serpentine	27:17	48	S. Coombes	Herne Hill	29:26
16	F. Lombard	Woodford G	27:18	49	R. Betts	Mansfield	29:38
17	N. Burton	Tipton Har	27:19	50	T. Rowlands	HorwichRMI	29:42
18	J. Harkness	ThamesHare	27:20	51	J. Muddeman	Leamington	29:43
19	J. Atkinson	Blackheath	27:29	52	S. Bond	Royal Sutt	29:46
20	M. Pierson	Holmfirth	27:30	53	B. Green	OxfordCity	29:49
21	D. Beynon	Swansea Ha	27:34	54	P. Synott	CityBath	29:50
22	A. Hilton	York Acorn	27:35	55	W. Clapp	Harborough	29:51
23	R. Plant	Stoke	27:35	56	N. Grimer	NeneValley	29:55
24	O. Edwards	Shaftesbry	27:36	57	I. Bailey	Norwich	30:02
25	O. Laws	Newham&EB	27:38	58	T. Bush	Wells City	30:07
26	J. Thie	Cardiff	27:40	59	D. Atkins	Dulwich	30:12
27	M. Clough	LeedsCityB	27:46	60	L. Foster	Wirral Ac	30:23
28	S. Aldridge	Reading Ac	27:51	61	J. Fairbourn	BelgraveHB	30:34
29	A. Dunwoody	Kent Ac	27:58	62	R. Minton	Stratford	30:35
30	C. Hart	Blackburn	28:01	63	A. Pitt	Stroud & D	31:23
31	A. Woods	Bristol B	28:02	64	J. Comrie	Rotherham	31:36
32	C. Smith	ThamesVH	28:05	65	D. Morton	Halesowen	31:46
33	T. Bailey	Hallamshir	28:05	66	C. Balderson	ClaytonLM	33:38

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English National Road Relays - Men's 12 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	B. Jones	Coventry	14:45	41:18	+ 1	40	J. Hogg	Gateshead	16:10	45:01	+ 3
2	T. Ranger	Morpeth H	14:49	41:24	+ 1	41	D. Beier	Norwich	15:01	45:03	+ 16
3	R. Hayman	SaleHM	15:05	41:26	- 2	42	A. Manning	NorfolkGaz	17:58	45:08	- 28
4	R. Weir	Derby Ac	14:45	41:32	+ 4	43	L. Smyth	Bedford&C	15:59	45:19	+ 4
5	G Hull	Leeds City	14:57	41:38	- 1	44	P. Wood	Hillingdon	16:27	45:36	+ 2
6	B. Rushworth	Sunderland	14:52	41:49	+ 5	45	S. Lisgo	Mansfield	16:07	45:45	+ 4
7	R Ward	BelgraveHA	14:56	41:59	+ 5	46	D. Wood	Royal Sutt	16:06	45:52	+ 6
8	C. Bolt	Aldershot	14:55	42:03	+ 5	47	A. Murray	HorwichRMI	16:10	45:52	+ 3
9	I. Fisher	Altrincham	15:24	42:06	- 3	48	J. Foreman	NeneValley	16:12	46:07	+ 8
10	T. Kingsnorth	Bristol	15:25	42:11	- 3	49	P. Willis	BelgraveHB	15:34	46:08	+ 12
11	M. Gibbons	Notts Ac	15:43	42:24	- 6	50	A. Metclaf	Preston	17:22	46:11	- 8
12	T. Bilham	Newham&EB	14:47	42:25	+ 13	51	T. Russell	Stroud & D	14:53	46:16	+ 12
13	T. Holden	Tipton Har	15:19	42:38	+ 4	52	A. Raynes	Hallamshir	18:16	46:21	- 19
14	J. Williams	Cardiff	15:08	42:48	+ 12	53	A. Green	Leamington	16:48	46:31	- 2
15	J. Mills	Blackheath	15:20	42:49	+ 4	54	G. Hughes	CityBath	16:42	46:32	0
16	R. Nichols	Swansea Ha	15:16	42:50	+ 5	55	K. Edwards	Wigan Phoe	17:34	46:42	- 10
17	J. Mellor	Liverpool	14:33	42:52	+ 18	56	G. Jerwood	Herne Hill	17:21	46:47	- 8
18	N. Gould	ThamesHare	15:47	43:07	0	57	M. Davis	Harborough	17:11	47:02	- 2
19	A. Reeves	Serpentine	15:55	43:12	- 4	58	R. French	Northbrook	18:18	47:04	- 17
20	J. Maskell	Southamptn	16:28	43:17	- 10	59	M. Gammelsater	Wirral Ac	16:41	47:04	+ 1
21	D. Clark	ThamesVH	15:13	43:18	+ 11	60	L. Collier	Dulwich	17:06	47:18	- 1
22	R. Williams	Shaftesbry	15:49	43:25	+ 2	61	A. Burgess	OxfordCity	17:30	47:19	- 8
23	C. Lionett	Kent Ac	15:30	43:28	+ 6	62	J. Brocklehurst	Stratford	17:09	47:44	0
24	J. Stewart	LeedsCityB	15:58	43:44	+ 3	63	C. Moran	Rotherham	16:53	48:29	+ 1
25	C. Hardman	Salford Ha	15:31	44:03	+ 14	64	A. Grant	Halesowen	17:29	49:15	+ 1
26	M. Wood	Blackburn	16:09	44:10	+ 4	65	L. Passco	ClaytonLM	16:16	49:54	+ 1
27	R. Flannery	SaleHM B	15:35	44:12	+ 13	Fastest runners over stage 2:					
28	J. Long	Woodford G	16:57	44:15	- 12	1	J. Mellor	Liverpool	14:33		
29	N. Gaulder	Severn Ac	17:28	44:16	- 20	2	R. Weir	Derby Ac	14:45		
30	M. O'Neill	Reading Ac	16:26	44:17	- 2	3	B. Jones	Coventry	14:45		
31	C. Shubotham	Stoke	16:46	44:21	- 8	4	T. Bilham	Newham&EB	14:47		
32	J. Holt	Trafford A	16:05	44:25	+ 4	5	T. Ranger	Morpeth H	14:49		
33	P. Norris	Harrow Ac	15:56	44:26	+ 5	6	B. Rushworth	Sunderland	14:52		
34	J. Carter	Holmfirth	17:07	44:37	- 14	7	T. Russell	Stroud & D	14:53		
35	C. Hughes	Cheltenham	16:08	44:38	+ 2	8	C. Bolt	Aldershot	14:55		
36	D. Isherwood	York Acorn	17:10	44:45	- 14	9	R Ward	BelgraveHA	14:56		
37	D. Boyce	Brighton	16:01	44:53	+ 7	10	G Hull	Leeds City	14:57		
38	C. Bagshaw	Telford Ac	16:44	44:54	- 4						
39	J. Hogan	Bristol B	16:55	44:57	- 8						

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English National Road Relays - Men's 12 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	D. Webb	Leeds City	26:16	1:07:54 +	4	39	D. Peet	Mansfield	29:05	1:14:50 +	6
2	R. Taylor	Coventry	27:40	1:08:58 -	1	40	R. Hailey	Telford Ac	29:59	1:14:53 -	2
3	Hollingsworth	Morpeth H	27:40	1:09:04 -	1	41	B. Bolland	HorwichRMI	29:21	1:15:13 +	6
4	M. Barnes	Altrincham	27:00	1:09:06 +	5	42	J. Burnett	Reading Ac	31:01	1:15:18 -	12
5	S. Jones	BelgraveHA	27:09	1:09:08 +	2	43	D. Barker	Trafford A	31:08	1:15:33 -	11
6	A. Vernon	Aldershot	27:07	1:09:10 +	2	44	K. Tombleton	NeneValley	29:48	1:15:55 +	4
7	S. North	SaleHM	27:47	1:09:13 -	4	45	S. Marklew	Royal Sutt	30:04	1:15:56 +	1
8	R. Birchall	Notts Ac	27:06	1:09:30 +	3	46	D. Turnbull	Holmfirth	31:25	1:16:02 -	12
9	P. Sly	ThamesHare	26:24	1:09:31 +	9	47	G. Hope	Severn Ac	31:53	1:16:09 -	18
10	J. Thomas	Cardiff	26:59	1:09:47 +	4	48	N. Holmes	Northbrook	29:09	1:16:13 +	10
11	L. Jones	Newham&EB	27:24	1:09:49 +	1	49	S. Fenwick	Harborough	29:21	1:16:23 +	8
12	M. Hula	Bristol	27:39	1:09:50 -	2	50	C. Wilson	Wigan Phoe	30:11	1:16:53 +	5
13	J. Connor	Kent Ac	27:27	1:10:55 +	10	51	M. Byansi	BelgraveHB	30:51	1:16:59 -	2
14	G. Price	Shaftesbry	27:37	1:11:02 +	8	52	R. Watts	Dulwich	29:43	1:17:01 +	8
15	L. Northall	Tipton Har	28:33	1:11:11 -	2	53	S. Kinson	Leamington	30:30	1:17:01	0
16	A. Bowden	Harrow Ac	26:50	1:11:16 +	17	54	D. Coales	CityBath	30:30	1:17:02	0
17	J. Sumpter	ThamesVH	28:06	1:11:24 +	4	55	S. Overton	OxfordCity	29:50	1:17:09 +	6
18	D. Branfoot	Southamptn	28:13	1:11:30 +	2	56	L. Christmas	Stroud & D	31:14	1:17:30 -	5
19	J. Ward	Derby Ac	30:00	1:11:32 -	15	57	P. Johnson	NorfolkGaz	32:31	1:17:39 -	15
20	S. Barrett	Serpentine	28:23	1:11:35 -	1	58	D. McIvor	Wirral Ac	31:24	1:18:28 +	1
21	D. Warrington	Blackheath	28:52	1:11:41 -	6	59	N. Hazelwood	Halesowen	30:40	1:19:55 +	5
22	A. Buckley	Gateshead	26:50	1:11:51 +	18	60	M. Aspinall	ClaytonLM	30:19	1:20:13 +	5
23	M. Shone	Woodford G	28:07	1:12:22 +	5	61	P. Neal	Rotherham	32:37	1:21:06 +	2
24	A. Sutton	Preston	26:23	1:12:34 +	26	62	P. Goodchild	Stratford	34:32	1:22:16	0
25	A. Lillendale	Sunderland	30:59	1:12:48 -	19	63	A Inskip	Bedford&C	39:19	1:24:38 -	20
26	D. McQuarrie	LeedsCityB	29:12	1:12:56 -	2	Fastest runners over stage 3:					
27	S. Tompsett	Hillingdon	27:22	1:12:58 +	17	1	D. Webb	Leeds City	26:16		
28	M. Colligan	Blackburn	29:04	1:13:14 -	2	2	A. Sutton	Preston	26:23		
29	A. Roach	Liverpool	30:41	1:13:33 -	12	3	P. Sly	ThamesHare	26:24		
30	A. Tuckey	Bristol B	28:45	1:13:42 +	9	4	A. Bowden	Harrow Ac	26:50		
31	J. Kovacs	Salford Ha	29:59	1:14:02 -	6	5	A. Buckley	Gateshead	26:50		
32	A. Leive	York Acorn	29:19	1:14:04 +	4	6	J. Thomas	Cardiff	26:59		
33	A. Hall	Stoke	29:49	1:14:10 -	2	7	M. Barnes	Altrincham	27:00		
34	R. Scotter	Norwich	29:09	1:14:12 +	7	8	R. Birchall	Notts Ac	27:06		
35	D. Marsh	SaleHM B	30:03	1:14:15 -	8	9	A. Vernon	Aldershot	27:07		
36	A. Gore	Cheltenham	29:53	1:14:31 -	1	10	S. Jones	BelgraveHA	27:09		
37	S. Al-Sakkaf	Brighton	29:43	1:14:36	0						
38	M. Kinnane	Swansea Ha	31:57	1:14:47 -	22						

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at Sutton Park, Birmingham on Saturday 8th April 2006

English National Road Relays - Men's 12 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	T. Crossland	Leeds City	15:10	1:23:04	0	38	M. Raynes	York Acorn	17:07	1:31:11	- 6		
2	E. Jackson	SaleHM	14:23	1:23:36	+	5	39	S. Clayton	Preston	18:47	1:31:21	- 15	
3	M. Morris	Morpeth H	14:49	1:23:53	0	40	D. Ross	Mansfield	16:34	1:31:24	- 1		
4	L. Cox	Aldershot	14:51	1:24:01	+	2	41	D. Rimmer	Telford Ac	16:31	1:31:24	- 1	
5	S. Hepples	Newham&EB	14:18	1:24:07	+	6	42	M. Cardew	Cheltenham	17:11	1:31:42	- 6	
6	G. Hill	Coventry	15:35	1:24:33	-	4	43	A. Sheppard	NeneValley	16:31	1:32:26	+	1
7	C. Peters	Bristol	14:50	1:24:40	+	5	44	M. Curson	Reading Ac	17:09	1:32:27	-	2
8	P Willis	BelgraveHA	15:34	1:24:42	-	3	45	Der Toorn Van	BelgraveHB	15:49	1:32:48	+	6
9	I. Boneham	Notts Ac	15:44	1:25:14	-	1	46	F. Tremblay	Royal Sutt	17:13	1:33:09	-	1
10	B. Squire	Altrincham	16:11	1:25:17	-	6	47	A Russell	Stroud & D	15:47	1:33:17	+	9
11	A. Weir	ThamesHare	15:47	1:25:18	-	2	48	S. Fereday	CityBath	16:32	1:33:34	+	6
12	J. Mays	Kent Ac	14:30	1:25:25	+	1	49	D. Gregson	Wigan Phoe	16:52	1:33:45	+	1
13	A. Donald	Cardiff	16:46	1:26:33	-	3	50	S. Rimmer	Holmfirth	17:47	1:33:49	-	4
14	D. Russell	Shaftesbry	15:39	1:26:41	0	51	S. Hale	Severn Ac	17:45	1:33:54	-	4	
15	J. Holden	Tipton Har	15:31	1:26:42	0	52	S. Smythe	Dulwich	17:15	1:34:16	0		
16	M. Burgess	Woodford G	15:09	1:27:31	+	7	53	M. Green	Harborough	18:02	1:34:25	-	4
17	E. Massingham	Sunderland	14:45	1:27:33	+	8	54	M. Baker	Northbrook	18:43	1:34:56	-	6
18	R. Wilson	Derby Ac	16:05	1:27:37	+	1	55	P. Gray	OxfordCity	17:50	1:34:59	0	
19	M. Branco	Serpentine	16:08	1:27:43	+	1	56	C. Coulsting	Leamington	18:01	1:35:02	-	3
20	J. Grainger	Southamptn	16:16	1:27:46	-	2	57	P. Howarth	Wirral Ac	17:10	1:35:38	+	1
21	M. Carey	Harrow Ac	16:41	1:27:57	-	5	58	M. Ruddleston	Rotherham	16:12	1:37:18	+	3
22	R. Smith	ThamesVH	16:34	1:27:58	-	5	59	M. Brady	ClaytonLM	18:09	1:38:22	+	1
23	D. Ryan	Blackheath	16:21	1:28:02	-	2	60	N. Price	Halesowen	18:32	1:38:27	-	1
24	C. Paton	Gateshead	16:58	1:28:49	-	2	61	M. Sexton	NorfolkGaz	22:13	1:39:52	-	4
25	D. Bishop	Bristol B	15:15	1:28:57	+	5	62	S. Phillips	Bedford&C	15:31	1:40:09	+	1
26	D. Rowbotham	LeedsCityB	16:29	1:29:25	0	63	P. Howell	Stratford	19:39	1:41:55	-	1	
27	R. Stones	Blackburn	16:17	1:29:31	+	1	Fastest runners over stage 4:						
28	J. Michaelson	Liverpool	16:02	1:29:35	+	1	1	S. Hepples	Newham&EB	14:18			
29	P. Simons	Salford Ha	15:48	1:29:50	+	2	2	E. Jackson	SaleHM	14:23			
30	D. Thompson	Hillingdon	16:58	1:29:56	-	3	3	J. Mays	Kent Ac	14:30			
31	S. Bailey	SaleHM B	16:06	1:30:21	+	4	4	E. Massingham	Sunderland	14:45			
32	R. Airey	Brighton	15:47	1:30:23	+	5	5	M. Morris	Morpeth H	14:49			
33	D. Barker	Stoke	16:19	1:30:29	0	6	C. Peters	Bristol	14:50				
34	M. Davies	Swansea Ha	15:43	1:30:30	+	4	7	L. Cox	Aldershot	14:51			
35	G. Bristow	Trafford A	15:20	1:30:53	+	8	8	M. Burgess	Woodford G	15:09			
36	J. Kevan	HorwichRMI	15:44	1:30:57	+	5	9	T. Crossland	Leeds City	15:10			
37	M. Beamish	Norwich	16:57	1:31:09	-	3	10	D. Bishop	Bristol B	15:15			

ERRA Nike National Road Relays

at Sutton Park, Birmingham on Saturday 8th April 2006

English National Road Relays - Men's 12 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	S. Deakin	Leeds City	27:11	1:50:15	0	39	W. Dashper	Telford Ac	29:30	2:00:54 +	2
2	K. Stone	Newham&EB	27:00	1:51:07 +	3	40	G. Kirk	SaleHM B	31:05	2:01:26 -	9
3	J. Ward	Altrincham	25:56	1:51:13 +	7	41	I. Selby	HorwichRMI	30:37	2:01:34 -	5
4	N. Talbot	Notts Ac	26:04	1:51:18 +	5	42	A. Hope	Severn Ac	28:41	2:02:35 +	9
5	P. Green	SaleHM	27:50	1:51:26 -	3	43	T. Munt	Reading Ac	30:22	2:02:49 +	1
6	N. Leighton	Bristol	26:57	1:51:37 +	1	44	I. Aunger	NeneValley	30:44	2:03:10 -	1
7	D. Swinburne	Morpeth H	28:11	1:52:04 -	4	45	S. Grainger	Mansfield	31:57	2:03:21 -	5
8	J. Ellis	Aldershot	28:15	1:52:16 -	4	46	A. McNay	Cheltenham	31:40	2:03:22 -	4
9	W. Cockerell	BelgraveHA	27:52	1:52:34 -	1	47	M. Manir	Wigan Phoe	30:26	2:04:11 +	2
10	G. Deacon	Coventry	28:29	1:53:02 -	4	48	M. Humphreys	Stroud & D	31:21	2:04:38 -	1
11	P. Hinch	Tipton Har	26:57	1:53:39 +	4	49	P. Parker	Royal Sutt	31:39	2:04:48 -	3
12	J. Rendell	ThamesHare	28:39	1:53:57 -	1	50	J. Lisiewicz	OxfordCity	29:59	2:04:58 +	5
13	M. Jennings	Cardiff	27:26	1:53:59	0	51	S. Loach	Dulwich	30:56	2:05:12 +	1
14	A. Pilcher	Derby Ac	27:30	1:55:07 +	4	52	C. Davey	CityBath	31:42	2:05:16 -	4
15	D. Taylor	Blackheath	27:09	1:55:11 +	8	53	X. Desse	Wirral Ac	29:47	2:05:25 +	4
16	R. Munn	Kent Ac	30:19	1:55:44 -	4	54	J. Croft	Holmfirth	31:43	2:05:32 -	4
17	R. Franzese	Harrow Ac	28:18	1:56:15 +	4	55	B. Green	Leamington	30:59	2:06:01 +	1
18	M. Cambell	Southamptn	29:02	1:56:48 +	2	56	P. Hodle	Rotherham	28:55	2:06:13 +	2
19	B. Fish	Blackburn	27:35	1:57:06 +	8	57	E Ernest-Jones	Bedford&C	27:05	2:07:14 +	5
20	T. Parkin	Shaftesbry	30:32	1:57:13 -	6	58	P. Kelly	Northbrook	32:21	2:07:17 -	4
21	I. Druce	Serpentine	29:42	1:57:25 -	2	59	S. Edge	Harborough	33:28	2:07:53 -	6
22	P. Bangani	Salford Ha	27:42	1:57:32 +	7	60	N. Arnold	NorfolkGaz	30:19	2:10:11 +	1
23	M. Davies	Woodford G	30:02	1:57:33 -	7	61	A. Morgan	Halesowen	32:19	2:10:46 -	1
24	M. Hobbs	Swansea Ha	27:06	1:57:36 +	10	62	J. Roche	ClaytonLM	32:31	2:10:53 -	3
25	J. Creegan	Gateshead	29:29	1:58:18 -	1	63	M. Bowyer	Stratford	33:23	2:15:18	0
26	S. Mitchell	LeedsCityB	28:55	1:58:20	0	Fastest runners over stage 5:					
27	D. Mullett	Bristol B	29:38	1:58:35 -	2	1	J. Ward	Altrincham	25:56		
28	C. Nicol	ThamesVH	30:38	1:58:36 -	6	2	N. Talbot	Notts Ac	26:04		
29	J. Dobson	Sunderland	31:07	1:58:40 -	12	3	N. Leighton	Bristol	26:57		
30	P. Illott	Brighton	28:54	1:59:17 +	2	4	P. Hinch	Tipton Har	26:57		
31	B. Murphy	Liverpool	29:48	1:59:23 -	3	5	K. Stone	Newham&EB	27:00		
32	A. Lister	Trafford A	28:53	1:59:46 +	3	6	E Ernest-Jones	Bedford&C	27:05		
33	P. Cuddihy	Hillingdon	29:59	1:59:55 -	3	7	M. Hobbs	Swansea Ha	27:06		
34	S. Zealey	BelgraveHB	27:20	2:00:08 +	11	8	D. Taylor	Blackheath	27:09		
35	M. Proudlove	Stoke	29:40	2:00:09 -	2	9	S. Deakin	Leeds City	27:11		
36	P. Goble	York Acorn	29:12	2:00:23 +	2	10	S. Zealey	BelgraveHB	27:20		
37	A. Jones	Norwich	29:24	2:00:33	0						
38	M. Livingstone	Preston	29:19	2:00:40 +	1						

ERRA Nike National Road Relays

at Sutton Park, Birmingham on Saturday 8th April 2006

English National Road Relays - Men's 12 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	J. Whitehead	Leeds City	15:17	2:05:32	0	39	T Vale	York Acorn	17:25	2:17:48 -	3
2	J. Bailey	SaleHM	14:54	2:06:20 +	3	40	P. Barrett	SaleHM B	16:56	2:18:22	0
3	R. Cole	Newham&EB	15:17	2:06:24 -	1	41	K. Williams	Reading Ac	16:48	2:19:37 +	2
4	D McKarracher	Bristol	15:09	2:06:46 +	2	42	K. Ward	HorwichRMI	18:15	2:19:49 -	1
5	J. Hayden	Notts Ac	15:51	2:07:09 -	1	43	J. Nash	NeneValley	16:52	2:20:02 +	1
6	S. Ablitt	Aldershot	14:55	2:07:11 +	2	44	D. Barkes	Mansfield	16:49	2:20:10 +	1
7	D. Gauson	BelgraveHA	14:49	2:07:23 +	2	45	M. O'Neill	Wigan Phoe	16:52	2:21:03 +	2
8	B. Crowther	Altrincham	16:18	2:07:31 -	5	46	L. Browning	Stroud & D	16:37	2:21:15 +	2
9	R. Floyd	Morpeth H	15:58	2:08:02 -	2	47	S. Lynas	Severn Ac	19:01	2:21:36 -	5
10	J. Griggs	Coventry	15:39	2:08:41	0	48	J. Donnelly	Wirral Ac	16:51	2:22:16 +	5
11	M. Buntin	Tipton Har	15:28	2:09:07	0	49	D. Hartwell	OxfordCity	17:19	2:22:17 +	1
12	M. Collins	Cardiff	15:30	2:09:29 +	1	50	W. Lashley	Dulwich	17:31	2:22:43 +	1
13	A. Kennis	ThamesHare	16:17	2:10:14 -	1	51	P. New	Cheltenham	19:29	2:22:51 -	5
14	C. Davison	Derby Ac	16:02	2:11:09	0	52	T. Hinchley	Royal Sutt	18:50	2:23:38 -	3
15	N. Gasson	Blackheath	16:10	2:11:21	0	53	D. Storey	Rotherham	17:29	2:23:42 +	3
16	M. Cryer	Salford Ha	14:56	2:12:28 +	6	54	M. Raw	Bedford&C	17:05	2:24:19 +	3
17	P. Lazo	Kent Ac	16:57	2:12:41 -	1	55	S. Roberts	Leamington	18:21	2:24:22	0
18	M. Rahim	Harrow Ac	16:34	2:12:49 -	1	56	R. Brigden	CityBath	19:21	2:24:37 -	4
19	L. Hobbs	Swansea Ha	15:15	2:12:51 +	5	57	J. Trill	Northbrook	17:37	2:24:54 +	1
20	P. Costley	Southamptn	16:43	2:13:31 -	2	58	P. Senior	Holmfirth	20:41	2:26:13 -	4
21	C. Prestidge	Serpentine	16:36	2:14:01	0	59	K. Barber	Harborough	18:56	2:26:49	0
22	M. Almond	Blackburn	17:23	2:14:29 -	3	60	A. Nock	Halesowen	17:56	2:28:42 +	1
23	A. Wragg	Woodford G	17:06	2:14:39	0	61	S. White	ClaytonLM	18:14	2:29:07 +	1
24	B. Craddock	LeedsCityB	16:21	2:14:41 +	2	62	P. Cobb	NorfolkGaz	19:46	2:29:57 -	2
25	A. Welford	Gateshead	16:32	2:14:50	0	63	K. Hawkes	Stratford	18:16	2:33:34	0
26	J. Martin	Sunderland	16:28	2:15:08 +	3	Fastest runners over stage 6:					
27	B. Reese	Trafford A	15:30	2:15:16 +	5	1	D. Gauson	BelgraveHA	14:49		
28	K. Barczak	Shaftesbry	18:14	2:15:27 -	8	2	J. Bailey	SaleHM	14:54		
29	D. Noad	Bristol B	16:57	2:15:32 -	2	3	S. Ablitt	Aldershot	14:55		
30	P. Wetton	ThamesVH	17:02	2:15:38 -	2	4	M. Cryer	Salford Ha	14:56		
31	J. Parkinson	Liverpool	16:16	2:15:39	0	5	D McKarracher	Bristol	15:09		
32	S. Cannell	Norwich	15:49	2:16:22 +	5	6	L. Hobbs	Swansea Ha	15:15		
33	J. Webb	BelgraveHB	16:16	2:16:24 +	1	7	J. Whitehead	Leeds City	15:17		
34	L. JonesMansuett	Stoke	16:28	2:16:37 +	1	8	R. Cole	Newham&EB	15:17		
35	L. Lambourne	Brighton	17:27	2:16:44 -	5	9	M. Buntin	Tipton Har	15:28		
36	I. Ilie	Telford Ac	16:18	2:17:12 +	3	10	M. Collins	Cardiff	15:30		
37	J. Castro	Hillingdon	17:31	2:17:26 -	4	11	B. Reese	Trafford A	15:30		
38	B. Dewhurst	Preston	17:05	2:17:45	0						

ERRA Nike National Road Relays

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English National Road Relays - Men's 12 Stage Stage 7 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain							
1	J. Walsh	Leeds City	26:37	2:32:09	0	38	P. Massey	HorwichRMI	29:02	2:48:51 +	4	
2	M. Warmby	Newham&EB	26:10	2:32:34 +	1	39	P. Leppard	Hillingdon	31:29	2:48:55 -	2	
3	R. Whalley	Bristol	26:04	2:32:50 +	1	40	F. Judson	Sunderland	34:24	2:49:32 -	14	
4	G. Raven	SaleHM	26:42	2:33:02 -	2	41	J. Burrows	SaleHM B	32:07	2:50:29 -	1	
5	A. Norman	Altrincham	26:15	2:33:46 +	3	42	S. Johnson	Reading Ac	31:05	2:50:42 -	1	
6	M. Ashton	Aldershot	26:41	2:33:52	0	43	S. Owen	NeneValley	30:45	2:50:47	0	
7	S. Sharp	BelgraveHA	26:45	2:34:08	0	44	A. Brown	Severn Ac	29:58	2:51:34 +	3	
8	R. Kay	Notts Ac	27:12	2:34:21 -	3	45	J. Worthington	Wigan Phoe	30:52	2:51:55	0	
9	M. Williams	Tipton Har	27:15	2:36:22 +	2	46	D. O'Keefe	Mansfield	32:33	2:52:43 -	2	
10	T. Wall	Morpeth H	28:41	2:36:43 -	1	47	T. Dixon	OxfordCity	30:45	2:53:02 +	2	
11	S. Hazell	Coventry	28:09	2:36:50 -	1	48	S. Herring	Bedford&C	28:50	2:53:09 +	6	
12	A. Hunt	Cardiff	27:46	2:37:15	0	49	C. Hemry	Wirral Ac	30:54	2:53:10 -	1	
13	N. Altmann	ThamesHare	28:29	2:38:43	0	50	S. Barnes	Stroud & D	32:38	2:53:53 -	4	
14	N. Pollock	Kent Ac	26:45	2:39:26 +	3	51	J. Dardis	Royal Sutt	30:20	2:53:58 +	1	
15	M. Moorhouse	Salford Ha	27:51	2:40:19 +	1	52	N. Brown	Dulwich	31:47	2:54:30 -	2	
16	J. Poole	Blackheath	29:01	2:40:22 -	1	53	S. Robinson	Cheltenham	32:12	2:55:03 -	2	
17	S. Smith	Swansea Ha	28:08	2:40:59 +	2	54	N. Shearn	CityBath	30:38	2:55:15 +	2	
18	I. Stevens	Derby Ac	30:56	2:42:05 -	4	55	D. Nuttall	Rotherham	31:37	2:55:19 -	2	
19	A. Brown	Woodford G	28:38	2:43:17 +	4	56	D. Potter	Leamington	33:00	2:57:22 -	1	
20	B. Cole	Blackburn	28:51	2:43:20 +	2	57	H. Andersen	Northbrook	32:30	2:57:24	0	
21	B. Soutrin	Serpentine	29:35	2:43:36	0	58	D. Worley	Harborough	31:56	2:58:45 +	1	
22	J. McCole	Liverpool	28:15	2:43:54 +	9	59	J. Ewart	Holmfirth	32:49	2:59:02 -	1	
23	T. Wilks	LeedsCityB	29:14	2:43:55 +	1	60	D. Turvey	Halesowen	30:44	2:59:26	0	
24	M. Thompson	Gateshead	29:14	2:44:04 +	1	61	T. Walker	ClaytonLM	33:20	3:02:27	0	
25	M. West	Southamptn	30:41	2:44:12 -	5	62	P. Sanford	NorfolkGaz	36:11	3:06:08	0	
26	C. Bromhall	Bristol B	29:09	2:44:41 +	3	63	S. Donnelly	Stratford	33:17	3:06:51	0	
27	M. Baron	Harrow Ac	32:07	2:44:56 -	9	Fastest runners over stage 7:						
28	A. Symonds	Shaftesbry	29:35	2:45:02	0	1	R. Whalley	Bristol	26:04			
29	C. Wheeler	Trafford A	30:18	2:45:34 -	2	2	M. Warmby	Newham&EB	26:10			
30	H. Care	York Acorn	28:09	2:45:57 +	9	3	A. Norman	Altrincham	26:15			
31	A. Lewis	Norwich	29:48	2:46:10 +	1	4	J. Walsh	Leeds City	26:37			
32	R. Datnow	ThamesVH	30:56	2:46:34 -	2	5	M. Ashton	Aldershot	26:41			
33	G. Wilson	Telford Ac	29:26	2:46:38 +	3	6	G. Raven	SaleHM	26:42			
34	M. Humphrey	BelgraveHB	30:20	2:46:44 -	1	7	N. Pollock	Kent Ac	26:45			
35	G. Walters	Stoke	30:48	2:47:25 -	1	8	S. Sharp	BelgraveHA	26:45			
36	G. Wilson	Preston	29:47	2:47:32 +	2	9	R. Kay	Notts Ac	27:12			
37	P. Froud	Brighton	31:31	2:48:15 -	2	10	M. Williams	Tipton Har	27:15			

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English National Road Relays - Men's 12 Stage Stage 8 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	M. Burrett	Leeds City	15:29	2:47:38	0	38	P. Collins	Sunderland	16:46	3:06:18 +	2
2	A. Barber	Newham&EB	15:07	2:47:41	0	39	N. Walford	Brighton	18:08	3:06:23 -	2
3	C. Thompson	Aldershot	14:02	2:47:54 +	3	40	D. Smith	Hillingdon	18:22	3:07:17 -	1
4	P. Parry	Bristol	15:18	2:48:08 -	1	41	S. Medhurst	NeneValley	16:44	3:07:31 +	2
5	S. Mills	SaleHM	15:10	2:48:12 -	1	42	N. Peach	SaleHM B	17:03	3:07:32 -	1
6	C. Moss	BelgraveHA	14:27	2:48:35 +	1	43	D. Robinson	Stroud & D	14:31	3:08:24 +	7
7	C. Palmer	Notts Ac	15:39	2:50:00 +	1	44	N. Earl	Reading Ac	17:48	3:08:30 -	2
8	A. DeFanis	Altrincham	17:07	2:50:53 -	3	45	G. Barnes	Severn Ac	16:57	3:08:31 -	1
9	M. Hagar	Tipton Har	15:49	2:52:11	0	46	D. Battersby	Bedford&C	16:31	3:09:40 +	2
10	J. Young	Morpeth H	15:41	2:52:24	0	47	P. Stafford	Mansfield	17:26	3:10:09 -	1
11	I. Jones	Coventry	16:15	2:53:05	0	48	J. Seddon	Wigan Phoe	18:25	3:10:20 -	3
12	E. Takata	Cardiff	16:25	2:53:40	0	49	D. Wheeler	OxfordCity	17:35	3:10:37 -	2
13	F. Dudbridge	ThamesHare	16:49	2:55:32	0	50	M. Morris	Wirral Ac	17:44	3:10:54 -	1
14	R. Hughes	Salford Ha	16:06	2:56:25 +	1	51	S. Williams	Dulwich	17:48	3:12:18 +	1
15	M. Barlow	Kent Ac	17:09	2:56:35 -	1	52	S. Larcombe	Royal Sutt	18:23	3:12:21 -	1
16	R. Daniel	Blackheath	16:46	2:57:08	0	53	J. Bradley	Cheltenham	17:23	3:12:26	0
17	S. Walsh	Swansea Ha	16:40	2:57:39	0	54	T. Hutchinson	CityBath	18:19	3:13:34	0
18	J. Knibb	Derby Ac	16:01	2:58:06	0	55	W. Vayro	Rotherham	18:48	3:14:07	0
19	S. Hall	Gateshead	15:22	2:59:26 +	5	56	D. Clarke	Northbrook	18:01	3:15:25 +	1
20	A. Cooke	LeedsCityB	15:52	2:59:47 +	3	57	R. Burrows	Leamington	18:46	3:16:08 -	1
21	P. Bradshaw	Blackburn	16:49	3:00:09 -	1	58	A. Butler	Halesowen	17:02	3:16:28 +	2
22	A. O'Gorman	Trafford A	14:46	3:00:20 +	7	59	R. Kersey	Holmfirth	18:36	3:17:38	0
23	J. Meldrum	Liverpool	16:29	3:00:23 -	1	60	S. Speller	Harborough	19:16	3:18:01 -	2
24	P. Perry	Serpentine	16:51	3:00:27 -	3	61	A. Cran	ClaytonLM	18:07	3:20:34	0
25	S. Parker	Woodford G	17:20	3:00:37 -	6	62	P. Hawkins	Stratford	19:01	3:25:52 +	1
26	R. McCoogen	Southamptn	16:26	3:00:38 -	1	63	L. Hill	NorfolkGaz	19:58	3:26:06 -	1
27	I. Stuard	Bristol B	16:27	3:01:08 -	1	Fastest runners over stage 8:					
28	A. Magnall	Shaftesbry	16:23	3:01:25	0	1	C. Thompson	Aldershot	14:02		
29	J. Paris	Harrow Ac	17:11	3:02:07 -	2	2	C. Moss	BelgraveHA	14:27		
30	J. Sanders	Telford Ac	16:51	3:03:29 +	3	3	D. Robinson	Stroud & D	14:31		
31	M. Kirby	York Acorn	17:37	3:03:34 -	1	4	A. O'Gorman	Trafford A	14:46		
32	L. Benjamin	ThamesVH	17:27	3:04:01	0	5	A. Barber	Newham&EB	15:07		
33	E. Lyne	BelgraveHB	17:55	3:04:39 +	1	6	S. Mills	SaleHM	15:10		
34	D. Mann	Norwich	18:41	3:04:51 -	3	7	P. Parry	Bristol	15:18		
35	D. Massey	HorwichRMI	16:28	3:05:19 +	3	8	S. Hall	Gateshead	15:22		
36	P. Hodgkinson	Stoke	18:19	3:05:44 -	1	9	M. Burrett	Leeds City	15:29		
37	J. Rainford	Preston	18:21	3:05:53 -	1	10	C. Palmer	Notts Ac	15:39		

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English National Road Relays - Men's 12 Stage Stage 9 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	M. Farah	Newham&EB	25:27	3:13:08 +	1	38	N. McDonald	Preston	31:37	3:37:30 -	1
2	G. Comish	SaleHM	26:29	3:14:41 +	3	39	A. Miles	Hillingdon	30:45	3:38:02 +	1
3	C. Birchall	Leeds City	27:13	3:14:51 -	2	40	P. Thompson	NeneValley	30:38	3:38:09 +	1
4	B. Moreau	Aldershot	27:00	3:14:54 -	1	41	J. Drinkwater	Bedford&C	29:08	3:38:48 +	5
5	P. Wicks	BelgraveHA	26:35	3:15:10 +	1	42	P. Stephens	Severn Ac	30:30	3:39:01 +	3
6	J. Wills	Bristol	27:36	3:15:44 -	2	43	D. Stanton	Stroud & D	32:03	3:40:27	0
7	T. Hartley	Notts Ac	27:09	3:17:09	0	44	D. Lewis	Reading Ac	32:18	3:40:48	0
8	P. Nicholls	Tipton Har	27:33	3:19:44 +	1	45	B. Boshier	Sunderland	34:38	3:40:56 -	7
9	S. Marwood	Altrincham	29:22	3:20:15 -	1	46	R. Grant	OxfordCity	30:59	3:41:36 +	3
10	M. Johnson	Cardiff	28:18	3:21:58 +	2	47	M. Hulmstom	Wirral Ac	30:54	3:41:48 +	3
11	S. Kirtley	Morpeth H	29:44	3:22:08 -	1	48	J. Farquharson	Mansfield	31:47	3:41:56 -	1
12	H. Hammond	Coventry	30:13	3:23:18 -	1	49	H. Corbett	BelgraveHB	37:28	3:42:07 -	16
13	D. Symons	ThamesHare	28:50	3:24:22	0	50	D. Bamford	Wigan Phoe	31:55	3:42:15 -	2
14	D. Naylor	Swansea Ha	27:18	3:24:57 +	3	51	A. McCoy	Cheltenham	30:02	3:42:28 +	2
15	D. Lockett	Salford Ha	29:39	3:26:04 -	1	52	J. Fletcher	Royal Sutt	32:04	3:44:25	0
16	P. Tucker	Blackheath	29:10	3:26:18	0	53	C. Sentence	Dulwich	32:17	3:44:35 -	2
17	L. Reilly	Kent Ac	30:18	3:26:53 -	2	54	S. Rose	CityBath	31:06	3:44:40	0
18	D. Ridout	Derby Ac	30:20	3:28:26	0	55	P. Griffen	Leamington	30:42	3:46:50 +	2
19	G. Groves	Liverpool	28:31	3:28:54 +	4	56	D. Donaldson	Rotherham	33:24	3:47:31 -	1
20	M. Nuttall	Blackburn	29:13	3:29:22 +	1	57	J. Hosie	Northbrook	32:13	3:47:38 -	1
21	E. Vamben	Serpentine	29:06	3:29:33 +	3	58	O. Holden	Halesowen	31:12	3:47:40	0
22	P. Branston	Gateshead	30:29	3:29:55 -	3	59	S. Costall	Harborough	30:27	3:48:28 +	1
23	P. Townsend	LeedsCityB	30:28	3:30:15 -	3	60	J. Harbour	ClaytonLM	30:24	3:50:58 +	1
24	P. Davis	Southamptn	29:57	3:30:35 +	2	61	S. McCaffrey	Holmfirth	33:29	3:51:07 -	2
25	T. Jackson	Shaftesbry	29:25	3:30:50 +	3	62	P. Higham	NorfolkGaz	32:25	3:58:31 +	1
26	R. Holland	Woodford G	30:13	3:30:50 -	1	63	W. Vickers	Stratford	34:34	4:00:26 -	1
27	J. Howe	Trafford A	31:27	3:31:47 -	5	Fastest runners over stage 9:					
28	J. Malone-Lee	Bristol B	30:53	3:32:01 -	1	1	M. Farah	Newham&EB	25:27		
29	A. Wray	Harrow Ac	30:42	3:32:49	0	2	G. Comish	SaleHM	26:29		
30	W. Joyce	Telford Ac	29:32	3:33:01	0	3	P. Wicks	BelgraveHA	26:35		
31	P. White	York Acorn	29:41	3:33:15	0	4	B. Moreau	Aldershot	27:00		
32	M. DaSilva	ThamesVH	29:28	3:33:29	0	5	T. Hartley	Notts Ac	27:09		
33	R. Sales	Norwich	29:40	3:34:31 +	1	6	C. Birchall	Leeds City	27:13		
34	P. Benyon	Stoke	29:11	3:34:55 +	2	7	D. Naylor	Swansea Ha	27:18		
35	P. Muller	HorwichRMI	30:25	3:35:44	0	8	P. Nicholls	Tipton Har	27:33		
36	R. Archer	SaleHM B	29:01	3:36:33 +	6	9	J. Wills	Bristol	27:36		
37	P. Prosser	Brighton	30:17	3:36:40 +	2	10	M. Johnson	Cardiff	28:18		

ERRA Nike National Road Relays

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English National Road Relays - Men's 12 Stage Stage 10 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	S. Major	Newham&EB	15:12	3:28:20	0	38	S. Dabson	Brighton	18:35	3:55:15 -	1
2	M. Bond	SaleHM	14:58	3:29:39	0	39	A. Blair	Bedford&C	16:57	3:55:45 +	2
3	A. Osborne	Leeds City	15:09	3:30:00	0	40	S. Beard	NeneValley	17:37	3:55:46	0
4	K. Gauson	BelgraveHA	15:15	3:30:25 +	1	41	J. Steel	Hillingdon	18:31	3:56:33 -	2
5	D. Atcheson	Aldershot	15:58	3:30:52 -	1	42	B. Bunning	Severn Ac	17:52	3:56:53	0
6	G. Davenport	Bristol	15:25	3:31:09	0	43	J. Rock	Reading Ac	16:32	3:57:20 +	1
7	T Woodthorpe	Notts Ac	15:44	3:32:53	0	44	G. Harden	Sunderland	16:44	3:57:40 +	1
8	M. Wright	Tipton Har	16:07	3:35:51	0	45	M. Davis	Stroud & D	17:45	3:58:12 -	2
9	D. Rudd	Altrincham	17:18	3:37:33	0	46	A. McDevitt	Wirral Ac	17:33	3:59:21 +	1
10	I. O'Leary	Cardiff	16:09	3:38:07	0	47	P. O'Mara	Mansfield	17:51	3:59:47 +	1
11	J. Attwooll	Coventry	16:23	3:39:41 +	1	48	N. Russell	OxfordCity	18:26	4:00:02 -	2
12	M. Hegarty	Morpeth H	17:41	3:39:49 -	1	49	C. Nightingale	Wigan Phoe	17:55	4:00:10 +	1
13	L. Mayhews	ThamesHare	16:27	3:40:49	0	50	D. Anderson	BelgraveHB	19:17	4:01:24 -	1
14	C. Davies	Swansea Ha	16:20	3:41:17	0	51	C. Loizou	Dulwich	17:30	4:02:05 +	2
15	J. Brown	Salford Ha	15:39	3:41:43	0	52	P. Kenney	Royal Sutt	18:14	4:02:39	0
16	K. Daniel	Blackheath	16:48	3:43:06	0	53	J. Korowasezyk	Cheltenham	20:51	4:03:19 -	2
17	L. Hine	Kent Ac	17:15	3:44:08	0	54	M. Durbin	CityBath	19:08	4:03:48	0
18	T. Banfield	Blackburn	15:53	3:45:15 +	2	55	M. Butler	Leamington	17:04	4:03:54	0
19	P. Bains	Derby Ac	16:55	3:45:21 -	1	56	P. Shaw	Rotherham	17:24	4:04:55	0
20	S. Nicholls	Liverpool	16:55	3:45:49 -	1	57	S. Gould	Halesowen	17:21	4:05:01 +	1
21	R. England	LeedsCityB	15:48	3:46:03 +	2	58	S. Keen	Northbrook	17:47	4:05:25 -	1
22	A. Maynard	Serpentine	17:13	3:46:46 -	1	59	P. Tomlinson	Harborough	18:02	4:06:30	0
23	P. Fotherby	Southamptn	16:28	3:47:03 +	1	60	M. Terry	ClaytonLM	17:51	4:08:49	0
24	J. Fitzsimmons	Shaftesbry	18:14	3:49:04 +	1	61	R. Griffiths	Holmfirth	18:25	4:09:32	0
25	S. Hunt	Harrow Ac	16:26	3:49:15 +	4	62	N. Hawkins	Stratford	16:55	4:17:21 +	1
26	C. Richards	Bristol B	17:15	3:49:16 +	2	63	I. Colman	NorfolkGaz	21:07	4:19:38 -	1
27	F. Devlin	Gateshead	19:27	3:49:22 -	5	Fastest runners over stage 10:					
28	C. MacDonald	Trafford A	17:36	3:49:23 -	1	1	M. Bond	SaleHM	14:58		
29	A. Fooks	ThamesVH	16:18	3:49:47 +	3	2	A. Osborne	Leeds City	15:09		
30	A. Neesom	York Acorn	17:31	3:50:46 +	1	3	S. Major	Newham&EB	15:12		
31	P. Williams	Telford Ac	17:50	3:50:51 -	1	4	K. Gauson	BelgraveHA	15:15		
32	P. Clarke	Woodford G	20:35	3:51:25 -	6	5	G. Davenport	Bristol	15:25		
33	D. Kay	HorwichRMI	15:54	3:51:38 +	2	6	J. Brown	Salford Ha	15:39		
34	G. Dunham	Norwich	17:10	3:51:41 -	1	7	T Woodthorpe	Notts Ac	15:44		
35	G. Cuddy	SaleHM B	15:53	3:52:26 +	1	8	R. England	LeedsCityB	15:48		
36	I. Milner	Stoke	17:32	3:52:27 -	2	9	G. Cuddy	SaleHM B	15:53		
37	W. Garner	Preston	17:08	3:54:38 +	1	10	T. Banfield	Blackburn	15:53		

ERRA Nike National Road Relays

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English National Road Relays - Men's 12 Stage Stage 11 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	D. Mitchinson	Newham&EB	26:48	3:55:08	0	38	J. McMahon	Bedford&C	29:36	4:25:21 +	1
2	D. Agustus	SaleHM	26:52	3:56:31	0	39	D. Lines	NeneValley	30:20	4:26:06 +	1
3	D. Bilton	Leeds City	27:24	3:57:24	0	40	S. Fortnam	Severn Ac	29:34	4:26:27 +	2
4	D. Anderson	BelgraveHA	27:24	3:57:49	0	41	Granger-Bevan	Brighton	31:19	4:26:34 -	3
5	C. Nicholson	Bristol	27:16	3:58:25 +	1	42	A. Ward	Wigan Phoe	28:29	4:28:39 +	7
6	E. Barnett	Aldershot	27:46	3:58:38 -	1	43	M. Proven	Reading Ac	31:24	4:28:44	0
7	M. Blunden	Notts Ac	27:59	4:00:52	0	44	P. Warburton	Hillingdon	32:41	4:29:14 -	3
8	P. Kavanagh	Tipton Har	28:30	4:04:21	0	45	P. Scarrett	Wirral Ac	31:07	4:30:28 +	1
9	N. Leigh	Altrincham	27:57	4:05:30	0	46	M. Tankard	OxfordCity	31:02	4:31:04 +	2
10	A. Jones	Cardiff	28:05	4:06:12	0	47	M. Hill	Sunderland	33:42	4:31:22 -	3
11	S. Wurr	ThamesHare	28:40	4:09:29 +	2	48	D. Schubert	Stroud & D	33:21	4:31:33 -	3
12	A. Lawrence	Morpeth H	30:02	4:09:51	0	49	S. Davies	Mansfield	32:02	4:31:49 -	2
13	S. Tobin	Swansea Ha	29:31	4:10:48 +	1	50	M Pullen	Dulwich	31:09	4:33:14 +	1
14	M. Peters	Coventry	31:11	4:10:52 -	3	51	B. Corlett	CityBath	31:29	4:35:17 +	3
15	J. Jackson	Salford Ha	29:11	4:10:54	0	52	S. Riley	Leamington	31:35	4:35:29 +	3
16	T. Cornthwaite	Blackburn	27:54	4:13:09 +	2	53	I. Burgoyne	Northbrook	30:27	4:35:52 +	5
17	L. Armitage	Kent Ac	29:56	4:14:04	0	54	J. Dalzell	Royal Sutt	33:58	4:36:37 -	2
18	R. Smith	Blackheath	31:37	4:14:43 -	2	55	M. Allen	Halesowen	32:22	4:37:23 +	2
19	R. Cole	Liverpool	30:05	4:15:54 +	1	56	I. Giles	Cheltenham	34:56	4:38:15 -	3
20	S. Cotter	LeedsCityB	30:09	4:16:12 +	1	57	S. Gregory	Rotherham	33:50	4:38:45 -	1
21	K. Darcy	Serpentine	29:37	4:16:23 +	1	58	C. Webb	Harborough	34:59	4:41:29 +	1
22	B. Dyson	Derby Ac	31:11	4:16:32 -	3	59	N. Worswick	ClaytonLM	32:45	4:41:34 +	1
23	G. Taylor	Trafford A	27:50	4:17:13 +	5	60	M. Pennington	Holmfirth	34:55	4:44:27 +	1
24	D. Moore	Bristol B	28:25	4:17:41 +	2	61	R. Dobedoe	Stratford	33:10	4:50:31 +	1
25	S. Axon	Southamptn	31:35	4:18:38 -	2	62	P. Cooper	NorfolkGaz	34:10	4:53:48 +	1
26	E. Mayers	Shaftesbry	29:48	4:18:52 -	2	Fastest runners over stage 11:					
27	M. Elliott	Gateshead	30:29	4:19:51	0	1	D. Mitchinson	Newham&EB	26:48		
28	J. O'Neill	Norwich	28:18	4:19:59 +	6	2	D. Agustus	SaleHM	26:52		
29	R. Sedman-Smith	Telford Ac	29:43	4:20:34 +	2	3	C. Nicholson	Bristol	27:16		
30	S. Norris	ThamesVH	30:56	4:20:43 -	1	4	D. Anderson	BelgraveHA	27:24		
31	S. Duckworth	HorwichRMI	29:59	4:21:37 +	2	5	D. Bilton	Leeds City	27:24		
32	J. Cooper	Harrow Ac	32:30	4:21:45 -	7	6	E. Barnett	Aldershot	27:46		
33	C. Brotherton	Woodford G	30:25	4:21:50 -	1	7	G. Taylor	Trafford A	27:50		
34	S. Simpson	York Acorn	31:20	4:22:06 -	4	8	T. Cornthwaite	Blackburn	27:54		
35	C. Gell	SaleHM B	31:10	4:23:36	0	9	N. Leigh	Altrincham	27:57		
36	D. Parkington	Preston	29:01	4:23:39 +	1	10	M. Blunden	Notts Ac	27:59		
37	M. Kinch	Stoke	32:19	4:24:46 -	1						

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English National Road Relays - Men's 12 Stage Stage 12 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain							
1	A. Robinson	Newham&EB	15:00	4:10:08	0	39	P. Davies	Severn Ac	18:24	4:44:51 +	1	
2	J. Rogers	SaleHM	15:08	4:11:39	0	40	D. Farmer	SaleHM B	21:35	4:45:11 -	5	
3	J. Blackledge	BelgraveHA	14:20	4:12:09 +	1	41	P. Gittings	Reading Ac	17:01	4:45:45 +	2	
4	M. Roscoe	Leeds City	15:07	4:12:31 -	1	42	P. Derbyshire	Wigan Phoe	17:50	4:46:29	0	
5	R. Bugden	Bristol	14:39	4:13:04	0	43	A. Devey	Wirral Ac	17:34	4:48:02 +	2	
6	R. McCarthy	Aldershot	15:17	4:13:55	0	44	S. Dokic	Hillingdon	19:11	4:48:25	0	
7	P. Rowland	Notts Ac	15:21	4:16:13	0	45	J. Exley	OxfordCity	17:22	4:48:26 +	1	
8	A. Keene	Tipton Har	15:36	4:19:57	0	46	A. Shipton	Stroud & D	17:31	4:49:04 +	2	
9	M. Crosby	Altrincham	16:30	4:22:00	0	47	D. Flett	Mansfield	18:10	4:49:59 +	2	
10	S. Sheard	Cardiff	17:13	4:23:25	0	48	B. Long	Sunderland	19:15	4:50:37 -	1	
11	P. Waterston	Morpeth H	16:59	4:26:50 +	1	49	M. Mann	Dulwich	17:52	4:51:06 +	1	
12	A. Smith	Coventry	16:04	4:26:56 +	2	50	R. Harper	Leamington	16:34	4:52:03 +	2	
13	S. Bojren	ThamesHare	17:38	4:27:07 -	2	51	M. Scott	CityBath	18:03	4:53:20	0	
14	M. Roberts	Swansea Ha	16:31	4:27:19 -	1	52	P. Austin	Northbrook	17:59	4:53:51 +	1	
15	J. Williams	Salford Ha	16:31	4:27:25	0	53	F. Carr	Royal Sutt	18:19	4:54:56 +	1	
16	S. Monk	Blackburn	16:11	4:29:20	0	54	J. Hill	Halesowen	18:31	4:55:54 +	1	
17	L. Kirlaw	Kent Ac	17:09	4:31:13	0	55	S. Gaines	Rotherham	18:22	4:57:07 +	2	
18	R. Burney	Liverpool	16:37	4:32:31 +	1	56	R. Rogan	Cheltenham	20:42	4:58:57	0	
19	D. Griffin	Blackheath	17:57	4:32:40 -	1	57	M O'Donnell	ClaytonLM	18:09	4:59:43 +	2	
20	T. Wallis	Bristol B	15:27	4:33:08 +	4	58	M. Garrod	Harborough	20:02	5:01:31	0	
21	R. Phillips	Serpentine	17:08	4:33:31	0	59	I. Moore	Holmfirth	19:20	5:03:47 +	1	
22	A. Whitley	LeedsCityB	17:21	4:33:33 -	2	60	S. Kirk	Stratford	18:33	5:09:04 +	1	
23	J. Smedley	Derby Ac	17:21	4:33:53 -	1	61	K. Hardingham	NorfolkGaz	19:44	5:13:32 +	1	
24	J. Prest	Trafford A	17:16	4:34:29 -	1	Fastest runners over stage 12:						
25	S. Ridley	Southamptn	17:20	4:35:58	0	1	J. Blackledge	BelgraveHA	14:20			
26	R. Robinson	Gateshead	16:54	4:36:45 +	1	2	R. Bugden	Bristol	14:39			
27	R. Breen	Shaftesbry	17:55	4:36:47 -	1	3	A. Robinson	Newham&EB	15:00			
28	S. Needs	Telford Ac	16:39	4:37:13 +	1	4	M. Roscoe	Leeds City	15:07			
29	D. Hurren	Norwich	18:02	4:38:01 -	1	5	J. Rogers	SaleHM	15:08			
30	P. Hill	ThamesVH	17:48	4:38:31	0	6	R. McCarthy	Aldershot	15:17			
31	A. Selby	HorwichRMI	17:04	4:38:41	0	7	P. Rowland	Notts Ac	15:21			
32	A. Normandale	York Acorn	16:54	4:39:00 +	2	8	T. Wallis	Bristol B	15:27			
33	L. Saunders	Harrow Ac	17:19	4:39:04 -	1	9	A. Keene	Tipton Har	15:36			
34	C. Brogan	Woodford G	18:29	4:40:19 -	1	10	A. Smith	Coventry	16:04			
35	R. Kenny	Preston	17:06	4:40:45 +	1	11	A. Williams	NeneValley	16:04			
36	A. Williams	NeneValley	16:04	4:42:10 +	3							
37	M. Bristow	Brighton	16:41	4:43:15 +	4							
38	A. Thiemicke	Stoke	18:54	4:43:40 -	1							

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English National Road Relays — Team Results — Final

(nn) is team position after the appropriate stage.

1 Newham & Essex Beagles			4:10:08			9 Altrincham & District			4:22:00		
1 O. Laws	(25)	27:38	2 T. Bilham	(12)	14:47	1 D. Norman	(6)	26:42	2 I. Fisher	(9)	15:24
3 L. Jones	(11)	27:24	4 S. Hepples	(5)	14:18	3 M. Barnes	(4)	27:00	4 B. Squire	(10)	16:11
5 K. Stone	(2)	27:00	6 R. Cole	(3)	15:17	5 J. Ward	(3)	25:56	6 B. Crowther	(8)	16:18
7 M. Warmby	(2)	26:10	8 A. Barber	(2)	15:07	7 A. Norman	(5)	26:15	8 A. DeFanis	(8)	17:07
9 M. Farah	(1)	25:27	10 S. Major	(1)	15:12	9 S. Marwood	(9)	29:22	10 D. Rudd	(9)	17:18
11D. Mitchinson	(1)	26:48	12 A. Robinson	(1)	15:00	11N. Leigh	(9)	27:57	12 M. Crosby	(9)	16:30
2 Sale Harriers Manchester			4:11:39			10 Cardiff Aac			4:23:25		
1 S. Stokes	(1)	26:21	2 R. Hayman	(3)	15:05	1 J. Thie	(26)	27:40	2 J. Williams	(14)	15:08
3 S. North	(7)	27:47	4 E. Jackson	(2)	14:23	3 J. Thomas	(10)	26:59	4 A. Donald	(13)	16:46
5 P. Green	(5)	27:50	6 J. Bailey	(2)	14:54	5 M. Jennings	(13)	27:26	6 M. Collins	(12)	15:30
7 G. Raven	(4)	26:42	8 S. Mills	(5)	15:10	7 A. Hunt	(12)	27:46	8 E. Takata	(12)	16:25
9 G. Comish	(2)	26:29	10 M. Bond	(2)	14:58	9 M. Johnson	(10)	28:18	10 I. O'Leary	(10)	16:09
11D. Agustus	(2)	26:52	12 J. Rogers	(2)	15:08	11A. Jones	(10)	28:05	12 S. Sheard	(10)	17:13
3 Belgrave Harriers A & B			4:12:09			11 MorpethH & AC			4:26:50		
1 T. Watson	(12)	27:03	2 R Ward	(7)	14:56	1 M. Scaife	(3)	26:35	2 T. Ranger	(2)	14:49
3 S. Jones	(5)	27:09	4 P Willis	(8)	15:34	3 Hollingsworth	(3)	27:40	4 M. Morris	(3)	14:49
5 W. Cockerell	(9)	27:52	6 D. Gauson	(7)	14:49	5 D. Swinburne	(7)	28:11	6 R. Floyd	(9)	15:58
7 S. Sharp	(7)	26:45	8 C. Moss	(6)	14:27	7 T. Wall	(10)	28:41	8 J. Young	(10)	15:41
9 P. Wicks	(5)	26:35	10 K. Gauson	(4)	15:15	9 S. Kirtley	(11)	29:44	10 M. Hegarty	(12)	17:41
11D. Anderson	(4)	27:24	12 J. Blackledge	(3)	14:20	11A. Lawrence	(12)	30:02	12 P. Waterston	(11)	16:59
4 Leeds City AC			4:12:31			12 Coventry Godiva Harriers			4:26:56		
1 M. Hilton	(4)	26:41	2 G Hull	(5)	14:57	1 M. Lole	(2)	26:33	2 B. Jones	(1)	14:45
3 D. Webb	(1)	26:16	4 T. Crossland	(1)	15:10	3 R. Taylor	(2)	27:40	4 G. Hill	(6)	15:35
5 S. Deakin	(1)	27:11	6 J. Whitehead	(1)	15:17	5 G. Deacon	(10)	28:29	6 J. Griggs	(10)	15:39
7 J. Walsh	(1)	26:37	8 M. Burrett	(1)	15:29	7 S. Hazell	(11)	28:09	8 I. Jones	(11)	16:15
9 C. Birchall	(3)	27:13	10 A. Osborne	(3)	15:09	9 H. Hammond	(12)	30:13	10 J. Attwooll	(11)	16:23
11D. Bilton	(3)	27:24	12 M. Roscoe	(4)	15:07	11M. Peters	(14)	31:11	12 A. Smith	(12)	16:04
5 Bristol & West AC			4:13:04			13 Thames Hare & Hounds			4:27:07		
1 K. Heywood	(7)	26:46	2 T. Kingsnorth	(10)	15:25	1 J. Harkness	(18)	27:20	2 N. Gould	(18)	15:47
3 M. Hula	(12)	27:39	4 C. Peters	(7)	14:50	3 P. Sly	(9)	26:24	4 A. Weir	(11)	15:47
5 N. Leighton	(6)	26:57	6 D McKarracher	(4)	15:09	5 J. Rendell	(12)	28:39	6 A. Kennis	(13)	16:17
7 R. Whalley	(3)	26:04	8 P. Parry	(4)	15:18	7 N. Altmann	(13)	28:29	8 F. Dudbridge	(13)	16:49
9 J. Wills	(6)	27:36	10 G. Davenport	(6)	15:25	9 D. Symons	(13)	28:50	10 L. Mayhews	(13)	16:27
11C. Nicholson	(5)	27:16	12 R. Bugden	(5)	14:39	11S. Wurr	(11)	28:40	12 S. Bojren	(13)	17:38
6 Aldershot, Farnham & District			4:13:55			14 Swansea Harriers			4:27:19		
1 D. Shinnie	(13)	27:08	2 C. Bolt	(8)	14:55	1 D. Beynon	(21)	27:34	2 R. Nichols	(16)	15:16
3 A. Vernon	(6)	27:07	4 L. Cox	(4)	14:51	3 M. Kinnane	(38)	31:57	4 M. Davies	(34)	15:43
5 J. Ellis	(8)	28:15	6 S. Ablitt	(6)	14:55	5 M. Hobbs	(24)	27:06	6 L. Hobbs	(19)	15:15
7 M. Ashton	(6)	26:41	8 C. Thompson	(3)	14:02	7 S. Smith	(17)	28:08	8 S. Walsh	(17)	16:40
9 B. Moreau	(4)	27:00	10 D. Atcheson	(5)	15:58	9 D. Naylor	(14)	27:18	10 C. Davies	(14)	16:20
11E. Barnett	(6)	27:46	12 R. McCarthy	(6)	15:17	11S. Tobin	(13)	29:31	12 M. Roberts	(14)	16:31
7 Notts AC			4:16:13			15 Salford Harriers			4:27:25		
1 B. Raeside	(5)	26:41	2 M. Gibbons	(11)	15:43	1 K. Chapman	(39)	28:32	2 C. Hardman	(25)	15:31
3 R. Birchall	(8)	27:06	4 I. Boneham	(9)	15:44	3 J. Kovacs	(31)	29:59	4 P. Simons	(29)	15:48
5 N. Talbot	(4)	26:04	6 J. Hayden	(5)	15:51	5 P. Bangani	(22)	27:42	6 M. Cryer	(16)	14:56
7 R. Kay	(8)	27:12	8 C. Palmer	(7)	15:39	7 M. Moorhouse	(15)	27:51	8 R. Hughes	(14)	16:06
9 T. Hartley	(7)	27:09	10 T Woodthorpe	(7)	15:44	9 D. Lockett	(15)	29:39	10 J. Brown	(15)	15:39
11M. Blunden	(7)	27:59	12 P. Rowland	(7)	15:21	11J. Jackson	(15)	29:11	12 J. Williams	(15)	16:31
8 Tipton Harriers			4:19:57			16 Blackburn Harriers			4:29:20		
1 N. Burton	(17)	27:19	2 T. Holden	(13)	15:19	1 C. Hart	(30)	28:01	2 M. Wood	(26)	16:09
3 L. Northall	(15)	28:33	4 J. Holden	(15)	15:31	3 M. Colligan	(28)	29:04	4 R. Stones	(27)	16:17
5 P. Hinch	(11)	26:57	6 M. Buntin	(11)	15:28	5 B. Fish	(19)	27:35	6 M. Almond	(22)	17:23
7 M. Williams	(9)	27:15	8 M. Hagar	(9)	15:49	7 B. Cole	(20)	28:51	8 P. Bradshaw	(21)	16:49
9 P. Nicholls	(8)	27:33	10 M. Wright	(8)	16:07	9 M. Nuttall	(20)	29:13	10 T. Banfield	(18)	15:53
11P. Kavanagh	(8)	28:30	12 A. Keene	(8)	15:36	11T. Cornthwaite	(16)	27:54	12 S. Monk	(16)	16:11

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17 KentAC			4:31:13			26 Gateshead Harriers & AC			4:36:45		
1	A. Dunwoody	(29)27:58	2	C. Lionett	(23)15:30	1	A. Carmichael	(43)28:51	2	J. Hogg	(40)16:10
3	J. Connor	(13)27:27	4	J. Mays	(12)14:30	3	A. Buckley	(22)26:50	4	C. Paton	(24)16:58
5	R. Munn	(16)30:19	6	P. Lazo	(17)16:57	5	J. Creegan	(25)29:29	6	A. Welford	(25)16:32
7	N. Pollock	(14)26:45	8	M. Barlow	(15)17:09	7	M. Thompson	(24)29:14	8	S. Hall	(19)15:22
9	L. Reilly	(17)30:18	10	L. Hine	(17)17:15	9	P. Branston	(22)30:29	10	F. Devlin	(27)19:27
11	L. Armitage	(17)29:56	12	L. Kirlew	(17)17:09	11	M. Elliott	(27)30:29	12	R. Robinson	(26)16:54
18 Liverpool Harriers & AC			4:32:31			27 Shaftesbury Barnet Harriers			4:36:47		
1	T. O'Brien	(35)28:19	2	J. Mellor	(17)14:33	1	O. Edwards	(24)27:36	2	R. Williams	(22)15:49
3	A. Roach	(29)30:41	4	J. Michaelson	(28)16:02	3	G. Price	(14)27:37	4	D. Russell	(14)15:39
5	B. Murphy	(31)29:48	6	J. Parkinson	(31)16:16	5	T. Parkin	(20)30:32	6	K. Barczak	(28)18:14
7	J. McCole	(22)28:15	8	J. Meldrum	(23)16:29	7	A. Symonds	(28)29:35	8	A. Magnall	(28)16:23
9	G. Groves	(19)28:31	10	S. Nicholls	(20)16:55	9	T. Jackson	(25)29:25	10	J. Fitzsimmons	(24)18:14
11	R. Cole	(19)30:05	12	R. Burney	(18)16:37	11	E. Mayers	(26)29:48	12	R. Breen	(27)17:55
19 Blackheath & Bromley Harriers			4:32:40			28 Telford AC			4:37:13		
1	J. Atkinson	(19)27:29	2	J. Mills	(15)15:20	1	P. Ward	(34)28:10	2	C. Bagshaw	(38)16:44
3	D. Warrington	(21)28:52	4	D. Ryan	(23)16:21	3	R. Hailey	(40)29:59	4	D. Rimmer	(41)16:31
5	D. Taylor	(15)27:09	6	N. Gasson	(15)16:10	5	W. Dashper	(39)29:30	6	I. Ilie	(36)16:18
7	J. Poole	(16)29:01	8	R. Daniel	(16)16:46	7	G. Wilson	(33)29:26	8	J. Sanders	(30)16:51
9	P. Tucker	(16)29:10	10	K. Daniel	(16)16:48	9	W. Joyce	(30)29:32	10	P. Williams	(31)17:50
11	R. Smith	(18)31:37	12	D. Griffin	(19)17:57	11	R. Sedman-Smith	(29)29:43	12	S. Needs	(28)16:39
20 Bristol & West Ac 'B'			4:33:08			29 City Of Norwich AC			4:38:01		
1	A. Woods	(31)28:02	2	J. Hogan	(39)16:55	1	I. Bailey	(57)30:02	2	D. Beier	(41)15:01
3	A. Tuckey	(30)28:45	4	D. Bishop	(25)15:15	3	R. Scotter	(34)29:09	4	M. Beamish	(37)16:57
5	D. Mullett	(27)29:38	6	D. Noad	(29)16:57	5	A. Jones	(37)29:24	6	S. Cannell	(32)15:49
7	C. Bromhall	(26)29:09	8	I. Stuard	(27)16:27	7	A. Lewis	(31)29:48	8	D. Mann	(34)18:41
9	J. Malone-Lee	(28)30:53	10	C. Richards	(26)17:15	9	R. Sales	(33)29:40	10	G. Dunham	(34)17:10
11	D. Moore	(24)28:25	12	T. Wallis	(20)15:27	11	J. O'Neill	(28)28:18	12	D. Hurren	(29)18:02
21 Serpentine Running Club			4:33:31			30 Thames Valley Harriers			4:38:31		
1	C. Blackburn	(15)27:17	2	A. Reeves	(19)15:55	1	C. Smith	(32)28:05	2	D. Clark	(21)15:13
3	S. Barrett	(20)28:23	4	M. Branco	(19)16:08	3	J. Sumpter	(17)28:06	4	R. Smith	(22)16:34
5	I. Druce	(21)29:42	6	C. Prestidge	(21)16:36	5	C. Nicol	(28)30:38	6	P. Wetton	(30)17:02
7	B. Soutrin	(21)29:35	8	P. Perry	(24)16:51	7	R. Datnow	(32)30:56	8	L. Benjamin	(32)17:27
9	E. Vamben	(21)29:06	10	A. Maynard	(22)17:13	9	M. DaSilva	(32)29:28	10	A. Fooks	(29)16:18
11	K. Darcy	(21)29:37	12	R. Phillips	(21)17:08	11	S. Norris	(30)30:56	12	P. Hill	(30)17:48
22 Leeds City Ac 'B'			4:33:33			31 Horwich Rmi			4:38:41		
1	M. Clough	(27)27:46	2	J. Stewart	(24)15:58	1	T. Rowlands	(50)29:42	2	A. Murray	(47)16:10
3	D. McQuarrie	(26)29:12	4	D. Rowbotham	(26)16:29	3	B. Bolland	(41)29:21	4	J. Kevan	(36)15:44
5	S. Mitchell	(26)28:55	6	B. Craddock	(24)16:21	5	I. Selby	(41)30:37	6	K. Ward	(42)18:15
7	T. Wilks	(23)29:14	8	A. Cooke	(20)15:52	7	P. Massey	(38)29:02	8	D. Massey	(35)16:28
9	P. Townsend	(23)30:28	10	R. England	(21)15:48	9	P. Muller	(35)30:25	10	D. Kay	(33)15:54
11	S. Cotter	(20)30:09	12	A. Whitley	(22)17:21	11	S. Duckworth	(31)29:59	12	A. Selby	(31)17:04
23 Derby AC			4:33:53			32 York Acorn Running Club			4:39:00		
1	J. Gilby	(8)26:47	2	R. Weir	(4)14:45	1	A. Hilton	(22)27:35	2	D. Isherwood	(36)17:10
3	J. Ward	(19)30:00	4	R. Wilson	(18)16:05	3	A. Leive	(32)29:19	4	M. Raynes	(38)17:07
5	A. Pilcher	(14)27:30	6	C. Davison	(14)16:02	5	P. Goble	(36)29:12	6	T. Vale	(39)17:25
7	I. Stevens	(18)30:56	8	J. Knibb	(18)16:01	7	H. Care	(30)28:09	8	M. Kirby	(31)17:37
9	D. Ridout	(18)30:20	10	P. Bains	(19)16:55	9	P. White	(31)29:41	10	A. Neesom	(30)17:31
11	B. Dyson	(22)31:11	12	J. Smedley	(23)17:21	11	S. Simpson	(34)31:20	12	A. Normandale	(32)16:54
24 Trafford AC			4:34:29			33 Harrow AC			4:39:04		
1	D. Talbot	(36)28:20	2	J. Holt	(32)16:05	1	D. Nevins	(38)28:30	2	P. Norris	(33)15:56
3	D. Barker	(43)31:08	4	G. Bristow	(35)15:20	3	A. Bowden	(16)26:50	4	M. Carey	(21)16:41
5	A. Lister	(32)28:53	6	B. Reese	(27)15:30	5	R. Franzese	(17)28:18	6	M. Rahim	(18)16:34
7	C. Wheeler	(29)30:18	8	A. O'Gorman	(22)14:46	7	M. Baron	(27)32:07	8	J. Paris	(29)17:11
9	J. Howe	(27)31:27	10	C. MacDonald	(28)17:36	9	A. Wray	(29)30:42	10	S. Hunt	(25)16:26
11	G. Taylor	(23)27:50	12	J. Prest	(24)17:16	11	J. Cooper	(32)32:30	12	L. Saunders	(33)17:19
25 Southampton Running Club			4:35:58			34 Woodford Green With Essex Ladi			4:40:19		
1	A. Morgan-Lee	(10)26:49	2	J. Maskell	(20)16:28	1	F. Lombard	(16)27:18	2	J. Long	(28)16:57
3	D. Branfoot	(18)28:13	4	J. Grainger	(20)16:16	3	M. Shone	(23)28:07	4	M. Burgess	(16)15:09
5	M. Cambell	(18)29:02	6	P. Costley	(20)16:43	5	M. Davies	(23)30:02	6	A. Wragg	(23)17:06
7	M. West	(25)30:41	8	R. McCoogen	(26)16:26	7	A. Brown	(19)28:38	8	S. Parker	(25)17:20
9	P. Davis	(24)29:57	10	P. Fotherby	(23)16:28	9	R. Holland	(26)30:13	10	P. Clarke	(32)20:35
11	S. Axon	(25)31:35	12	S. Ridley	(25)17:20	11	C. Brotherton	(33)30:25	12	C. Brogan	(34)18:29

ERRA Nike National Road Relays

at Sutton Park, Birmingham on Saturday 8th April 2006

35 Preston Harriers			4:40:45	44 Hillingdon AC			4:48:25
1 S. Hallas	(42)28:49	2 A. Metclaf	(50)17:22	1 T. Grant	(46)29:09	2 P. Wood	(44)16:27
3 A. Sutton	(24)26:23	4 S. Clayton	(39)18:47	3 S. Tompsett	(27)27:22	4 D. Thompson	(30)16:58
5 M. Livingstone	(38)29:19	6 B. Dewhurst	(38)17:05	5 P. Cuddihy	(33)29:59	6 J. Castro	(37)17:31
7 G. Wilson	(36)29:47	8 J. Rainford	(37)18:21	7 P. Leppard	(39)31:29	8 D. Smith	(40)18:22
9 N. McDonald	(38)31:37	10 W. Garner	(37)17:08	9 A. Miles	(39)30:45	10 J. Steel	(41)18:31
11 D. Parkington	(36)29:01	12 R. Kenny	(35)17:06	11 P. Warburton	(44)32:41	12 S. Dokic	(44)19:11
36 Nene Valley Harriers			4:42:10	45 Oxford City AC			4:48:26
1 N. Grimer	(56)29:55	2 J. Foreman	(48)16:12	1 B. Green	(53)29:49	2 A. Burgess	(61)17:30
3 K. Tombleton	(44)29:48	4 A. Sheppard	(43)16:31	3 S. Overton	(55)29:50	4 P. Gray	(55)17:50
5 I. Aunger	(44)30:44	6 J. Nash	(43)16:52	5 J. Lisiewicz	(50)29:59	6 D. Hartwell	(49)17:19
7 S. Owen	(43)30:45	8 S. Medhurst	(41)16:44	7 T. Dixon	(47)30:45	8 D. Wheeler	(49)17:35
9 P. Thompson	(40)30:38	10 S. Beard	(40)17:37	9 R. Grant	(46)30:59	10 N. Russell	(48)18:26
11 D. Lines	(39)30:20	12 A. Williams	(36)16:04	11 M. Tankard	(46)31:02	12 J. Exley	(45)17:22
37 Brighton & Hove City AC			4:43:15	46 Stroud & District AC			4:49:04
1 A. Donno	(44)28:52	2 D. Boyce	(37)16:01	1 A. Pitt	(63)31:23	2 T. Russell	(51)14:53
3 S. Al-Sakkaf	(37)29:43	4 R. Airey	(32)15:47	3 L. Christmas	(56)31:14	4 A. Russell	(47)15:47
5 P. Illott	(30)28:54	6 L. Lambourne	(35)17:27	5 M. Humphreys	(48)31:21	6 L. Browning	(46)16:37
7 P. Froud	(37)31:31	8 N. Walford	(39)18:08	7 S. Barnes	(50)32:38	8 D. Robinson	(43)14:31
9 P. Prosser	(37)30:17	10 S. Dabson	(38)18:35	9 D. Stanton	(43)32:03	10 M. Davis	(45)17:45
11 Granger-Bevan	(41)31:19	12 M. Bristow	(37)16:41	11 D. Schubert	(48)33:21	12 A. Shipton	(46)17:31
38 City Of Stoke AC			4:43:40	47 Mansfield Harriers AC			4:49:59
1 R. Plant	(23)27:35	2 C. Shubotham	(31)16:46	1 R. Betts	(49)29:38	2 S. Lisgo	(45)16:07
3 A. Hall	(33)29:49	4 D. Barker	(33)16:19	3 D. Peet	(39)29:05	4 D. Ross	(40)16:34
5 M. Proudlove	(35)29:40	6 L. Jones Mansuett	(34)16:28	5 S. Grainger	(45)31:57	6 D. Bakes	(44)16:49
7 G. Walters	(35)30:48	8 P. Hodgkinson	(36)18:19	7 D. O'Keefe	(46)32:33	8 P. Stafford	(47)17:26
9 P. Benyon	(34)29:11	10 I. Milner	(36)17:32	9 J. Farquharson	(48)31:47	10 P. O'Mara	(47)17:51
11 M. Kinch	(37)32:19	12 A. Thiemicke	(38)18:54	11 S. Davies	(49)32:02	12 D. Flett	(47)18:10
39 Severn AC			4:44:51	48 Sunderland Harriers			4:50:37
1 J. Lilley	(9)26:48	2 N. Gaulder	(29)17:28	1 M. Hood	(11)26:57	2 B. Rushworth	(6)14:52
3 G. Hope	(47)31:53	4 S. Hale	(51)17:45	3 A. Lilliendale	(25)30:59	4 E. Massingham	(17)14:45
5 A. Hope	(42)28:41	6 S. Lynas	(47)19:01	5 J. Dobson	(29)31:07	6 J. Martin	(26)16:28
7 A. Brown	(44)29:58	8 G. Barnes	(45)16:57	7 F. Judson	(40)34:24	8 P. Collins	(38)16:46
9 P. Stephens	(42)30:30	10 B. Bunning	(42)17:52	9 B. Boshier	(45)34:38	10 G. Harden	(44)16:44
11 S. Fortnam	(40)29:34	12 P. Davies	(39)18:24	11 M. Hill	(47)33:42	12 B. Long	(48)19:15
40 Sale Harriers Manchester 'B'			4:45:11	49 Dulwich Runners			4:51:06
1 M. Hatch	(40)28:37	2 R. Flannery	(27)15:35	1 D. Atkins	(59)30:12	2 L. Collier	(60)17:06
3 D. Marsh	(35)30:03	4 S. Bailey	(31)16:06	3 R. Watts	(52)29:43	4 S. Smythe	(52)17:15
5 G. Kirk	(40)31:05	6 P. Barrett	(40)16:56	5 S. Loach	(51)30:56	6 W. Lashley	(50)17:31
7 J. Burrows	(41)32:07	8 N. Peach	(42)17:03	7 N. Brown	(52)31:47	8 S. Williams	(51)17:48
9 R. Archer	(36)29:01	10 G. Cuddy	(35)15:53	9 C. Sentence	(53)32:17	10 C. Loizou	(51)17:30
11 C. Gell	(35)31:10	12 D. Farmer	(40)21:35	11 M. Pullen	(50)31:09	12 M. Mann	(49)17:52
41 Reading AC			4:45:45	50 Leamington C & AC			4:52:03
1 S. Aldridge	(28)27:51	2 M. O'Neill	(30)16:26	1 J. Muddeman	(51)29:43	2 A. Green	(53)16:48
3 J. Burnett	(42)31:01	4 M. Curson	(44)17:09	3 S. Kinson	(53)30:30	4 C. Coulsting	(56)18:01
5 T. Munt	(43)30:22	6 K. Williams	(41)16:48	5 B. Green	(55)30:59	6 S. Roberts	(55)18:21
7 S. Johnson	(42)31:05	8 N. Earl	(44)17:48	7 D. Potter	(56)33:00	8 R. Burrows	(57)18:46
9 D. Lewis	(44)32:18	10 J. Rock	(43)16:32	9 P. Griffen	(55)30:42	10 M. Butler	(55)17:04
11 M. Proven	(43)31:24	12 P. Gittings	(41)17:01	11 S. Riley	(52)31:35	12 R. Harper	(50)16:34
42 Wigan Phoenix			4:46:29	51 City Of Bath AC			4:53:20
1 P. Darbyshire	(45)29:08	2 K. Edwards	(55)17:34	1 P. Synott	(54)29:50	2 G. Hughes	(54)16:42
3 C. Wilson	(50)30:11	4 D. Gregson	(49)16:52	3 D. Coales	(54)30:30	4 S. Fereday	(48)16:32
5 M. Manir	(47)30:26	6 M. O'Neill	(45)16:52	5 C. Davey	(52)31:42	6 R. Brigden	(56)19:21
7 J. Worthington	(45)30:52	8 J. Seddon	(48)18:25	7 N. Shearn	(54)30:38	8 T. Hutchinson	(54)18:19
9 D. Bamford	(50)31:55	10 C. Nightingale	(49)17:55	9 S. Rose	(54)31:06	10 M. Durbin	(54)19:08
11 A. Ward	(42)28:29	12 P. Derbyshire	(42)17:50	11 B. Corlett	(51)31:29	12 M. Scott	(51)18:03
43 Wirral AC			4:48:02	52 Northbrook AC			4:53:51
1 L. Foster	(60)30:23	2 M. Gammelsater	(59)16:41	1 P. Andrew	(41)28:46	2 R. French	(58)18:18
3 D. McIvor	(58)31:24	4 P. Howarth	(57)17:10	3 N. Holmes	(48)29:09	4 M. Baker	(54)18:43
5 X. Desse	(53)29:47	6 J. Donnelly	(48)16:51	5 P. Kelly	(58)32:21	6 J. Trill	(57)17:37
7 C. Hemry	(49)30:54	8 M. Morris	(50)17:44	7 H. Andersen	(57)32:30	8 D. Clarke	(56)18:01
9 M. Hulmstom	(47)30:54	10 A. McDevitt	(46)17:33	9 J. Hosie	(57)32:13	10 S. Keen	(58)17:47
11 P. Scarlett	(45)31:07	12 A. Devey	(43)17:34	11 I. Burgoyne	(53)30:27	12 P. Austin	(52)17:59

