

City of Salford Women's 5.25 Mile Run

On Sunday November 26th 2006
at 11-00am

START & FINISH: Overdale, off Barton Road,
Swinton

Organised by: **SWINTON RUNNING CLUB** Under UKA laws No EAA (permit No 7600)

Sponsored by: **ECCLES College**

Supported by: **UP & Running**
148/150 MARKET STREET, HYDE, CHESHIRE, SK14 1EX
TELEPHONE: 0161 366 9191



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EXTENSIVE PRIZE LIST – AT LEAST FIRST 5 • ALL VETERAN CATEGORIES • 1st TEAM (4 to count).
PRIZES may be increased depending on number of entries. (1 prize per runner excluding team prizes).

TROPHIES TO WINNER AND VETS WINNER • Prize for every finisher

FIRST AID • ACCURATE MILE MARKERS • DRINKS AT FINISH.

COMPUTERISED RESULTS ON DAY

COURSE RECORDS: Jennifer Heath (Sale Manchester Harriers) 29 min 44 sec

VENUE: GROSVENOR ROAD SCHOOL (Registration • Information • Refreshments after the run)

Barton Road, Swinton (LIMITED CHANGING AND PARKING)

Entries: **£5.00** (UKA AFFILIATED) **£7.00** (NON-AFFILIATED)

Last date for Postal Entries 20th November 2005 **ALL LATE ENTRIES £1 EXTRA ON DAY** (If entry limit of 500 not reached)

Applications to Janet Thomas, 7 Cloverdale Close, Fairfield Gardens, Platt Bridge, Wigan, WN2 5EN
with 9" x 5" S.A.E. and cheque / PO payable to SWINTON RUNNING CLUB

OFFICIAL ENTRY FORM (minimum age 17 years)

Entry No.:

Full Name.....

Address in full.....

Tel..... Club if any..... Date of birth.....

Age on day of race..... Category of vet..... Fee Enclosed £.....

North of E.A.A. Membership No:.....

Signed:..... Date:.....

I declare that I am amateur as defined by the UKA rules and I am in good health. The organisers shall not be liable for any loss, damage, actions, claims, costs or expenses which I may suffer as a result of my participating in this event.

For course details and any further info have a look at our website www.swintonrunningclub.co.uk

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