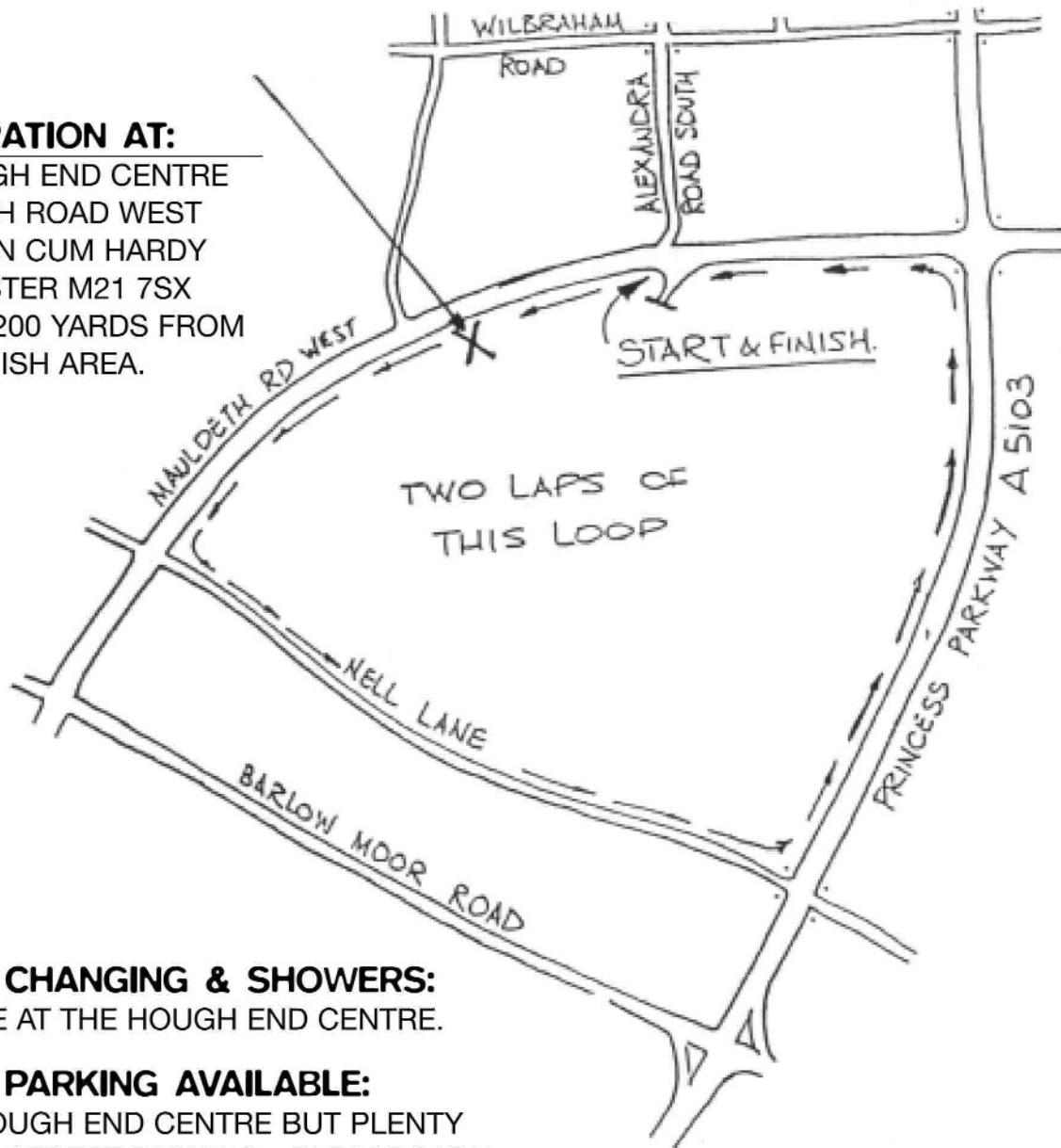


REGISTRATION AT:

THE HOUGH END CENTRE
MAULDETH ROAD WEST
CHORLTON CUM HARDY
MANCHESTER M21 7SX
APPROX. 200 YARDS FROM
START/FINISH AREA.



LIMITED CHANGING & SHOWERS:

AVAILABLE AT THE HOUGH END CENTRE.

LIMITED PARKING AVAILABLE:

AT THE HOUGH END CENTRE BUT PLENTY
OF LOCAL STREET PARKING - PLEASE PARK
WITH DUE CONSIDERATION TO RESIDENTS.

REGISTRATION: 8.30 A.M. TO 9.40 A.M.

AT THE HOUGH END CENTRE

EXCELLENT BAR FACILITIES:

AT THE HOUGH END CENTRE INCLUDING TEA, COFFEE, CRISPS ETC.

PRIZES - ONE PER PERSON

NB: YOU CAN ONLY WIN A PRIZE FOR THE CATEGORY IN WHICH YOU ARE ENTERED. NO VETS TEAM PRIZE

MEN

1ST X 5 INDIVIDUALS, 1ST V40, 1ST V45, 1ST V50, 1ST V55, 1ST V60
1ST TEAM (3 TO COUNT)

WOMEN

1ST X 5 INDIVIDUALS, 1ST V35, 1ST V40, 1ST V45, 1ST V50, 1ST V55
1ST TEAM (3 TO COUNT)



MANCHESTER YMCA 5 MILE ROAD RACE

★ PLEASE NOTE NEW START TIME ★
SUN APRIL 30TH 2006 - 10 A.M.

ORGANISED BY MANCHESTER YMCA HARRIERS

**ENTRY FEE £5 (NoEEA). £7 UNATTACHED.
ENTRIES ON DAY £1 EXTRA.**

SEND ENTRIES TO: GRAHAM JACKSON, FERN BANK, 4 KINGSTON GROVE,
HIGHER BLACKLEY, MANCHESTER M9 6HD. TEL: 0161 740 7277.

CHEQUES PAYABLE TO: MANCHESTER YMCA HARRIERS

COLLECT RACE NUMBERS ON DAY. NO REFUNDS OF RACE ENTRY FEE WILL BE GIVEN IN THE
EVENT OF THE RACE BEING CANCELLED DUE TO CIRCUMSTANCES BEYOND OUR CONTROL.

VISIT US ON THE WEB AT: WWW.MANYHARRIER.CO.UK

RACE PERMIT NO:7851. MINIMUM AGE 16 YRS. DOGS NOT ALLOWED.
REGRET COURSE NOT SUITABLE FOR WHEELCHAIR ATHLETES.

SURNAME:

FIRST NAME:

ADDRESS:

POST CODE:

CLUB:

N of E MEMBERSHIP SCHEME NO:

UNATTACHED: (PLEASE TICK) FEMALE: (PLEASE TICK) DATE OF BIRTH:

VET CATEGORY: MALE V40 V45 V50 V55 V60 FEMALE: V35 V40 V45 V50 V55 (PLEASE TICK)

TICK FOR RESULTS: (50 P EXTRA) E-MAIL:

I DECLARE THAT I AM AN AMATEUR AS DEFINED BY UK ATHLETICS. THE ORGANISER SHALL NOT BE LIABLE FOR ANY LOSS, DAMAGE, ACTIONS, CLAIMS, COSTS OR EXPENSES WHICH I MAY SUFFER, DIRECTLY OR INDIRECTLY, AS A RESULT OF MY PARTICIPATING IN THIS EVENT. I AM IN GOOD HEALTH.

SIGNATURE OF ENTRANT:

ENC: £

DATE: