

The Sweatshop Red Rose Cross Country League

at Bolton on Saturday 8th January 2005

NOTE: The individual results include only runners who have run at least 3 races

Under 13 - Boys — Points after 4 races

1	Ross Little	BuryAC	3	(1, 1, 1, 3)
2	Lou Szymanski	BuryAC	5	(2, 2, 3, 1)
3	Simn Rashleigh	HorwichRMI	12	(8, 3, 7, 2)
4	Josep Johnston	Rossendale	13	(5, 11, 2, 6)
=	James McIver	Chorley h	13	(4, 5, 4, 14)
6	Adam Cheshire	BuryAC	18	(3, 0, 10, 5)
7	Connor Wolstencroft	MostonAD	24	(6, 8, 19, 10)
8	Ant Hauserman	Rossendale	29	(9, 0, 8, 12)
9	Steve Christie	MostonAD	34	(19, 13, 13, 8)
10	Luke Gregory	Rossendale	37	(15, 12, 12, 13)
=	Robert Hill	MostonAD	37	(11, 17, 15, 11)
12	Eliot Bailey	HyndburnAC	39	(0, 14, 16, 9)
13	Ashley Kay	Rossendale	46	(16, 15, 17, 15)
14	Joe Hardy	MostonAD	54	(0, 18, 20, 16)
15	Luke Taylor	BoltonUH&A	56	(14, 0, 21, 21)
16	William Worrel	Rossendale	58	(23, 16, 23, 19)
17	Lewis Yeomans	Rossendale	60	(18, 20, 0, 22)
18	Paul Sutton	BoltonUH&A	65	(22, 19, 25, 24)
19	Jack Barton	BuryAC	66	(26, 21, 22, 23)
20	Michael Murray	Chorley h	72	(25, 22, 27, 25)
Bury Athletic Club				38
Rossendale Harriers & AC				107
Moston And District				134

Under 13 - Girls — Points after 4 races

1	Emma Flanagan	Rossendale	4	(1, 2, 2, 1)
2	Heather Parker	Rossendale	8	(2, 7, 1, 5)
3	Beth Faulkner	HorwichRMI	9	(3, 3, 3, 3)
4	Andrea Baker	BuryAC	12	(4, 4, 5, 4)
5	Laura Briggs	Rossendale	15	(9, 10, 4, 2)
6	Ailish Gilraine	MostonAD	21	(7, 8, 6, 10)
7	Jordana Denton	BoltonUH&A	23	(5, 9, 9, 0)
8	Fran Gregory	Rossendale	27	(14, 17, 7, 6)
9	C Bleasdale	Chorley h	32	(10, 14, 8, 18)
10	Lucy Fisher	Chorley h	42	(11, 21, 10, 24)
11	Soph Tomlinson	BlackburnH	44	(18, 26, 15, 11)
=	Rebecca Taylor	BlackburnH	44	(12, 18, 16, 16)
13	Lucie Patry	Chorley h	49	(21, 20, 14, 15)
14	Sarah Hicks	MostonAD	54	(22, 25, 11, 21)
=	Emma Benson	MostonAD	54	(13, 0, 19, 22)
16	Nicola Quick	BuryAC	55	(0, 23, 12, 20)
17	Katie O'Hanlon	MostonAD	72	(0, 31, 18, 23)
18	Kirsten Knight	BlackburnH	75	(24, 32, 22, 29)
19	Emily Unsworth	Chorley h	79	(20, 29, 0, 30)
20	Lauren Reed	Rossendale	80	(26, 34, 23, 31)
21	Jenny Andrews	Rossendale	81	(25, 33, 24, 32)
22	Alice Southern	HorwichRMI	88	(28, 35, 25, 0)
Rossendale Harriers & AC				42
Moston And District				148
Chorley Harriers				173
Blackburn Harriers				178

Under 15 - Boys — Points after 4 races

1	Curtis Pearce	BlackburnH	3	(0, 1, 1, 1)
2	Carl Andrew	Rossendale	6	(1, 3, 4, 2)
3	Phil Bolton	Rossendale	8	(3, 2, 3, 3)
4	David Horniman	MostonAD	16	(2, 0, 8, 6)
5	James McKenna	BlackburnH	19	(0, 8, 6, 5)
6	Aaron Barker	Rossendale	20	(8, 5, 10, 7)
7	Jack Sutton	MostonAD	21	(6, 4, 11, 11)
=	Joseph Kelly	Rossendale	21	(5, 10, 7, 9)
9	Josh Cole	BuryAC	22	(7, 6, 9, 0)
10	Sam Martin	Oldham&RH&	34	(11, 11, 12, 0)
11	Jon Parton	Rossendale	35	(13, 9, 13, 14)
12	Nick Lamont	BuryAC	43	(14, 14, 21, 15)
13	Grant Cunliffe	Burnley AC	45	(10, 16, 19, 19)
14	J Barber	Glossopdal	47	(0, 17, 17, 13)
15	Danny Murphy	Oldham&RH&	50	(18, 0, 15, 17)
16	Keiron Russell	Rossendale	52	(19, 15, 24, 18)
17	Domin Abraham	MostonAD	53	(17, 18, 18, 21)
18	Chris Horniman	MostonAD	60	(21, 19, 30, 20)
19	Shaun Barber	Oldham&RH&	64	(22, 20, 22, 0)
20	Mark Mannings	Oldham&RH&	71	(25, 24, 27, 22)
21	Jon Sowerby	Rossendale	73	(24, 26, 28, 23)
22	Mark Yates	Chorley h	75	(23, 21, 31, 0)
23	David Parton	Rossendale	77	(27, 25, 33, 25)
24	Martin Grundy	BoltonUH&A	78	(26, 23, 29, 0)
25	Dean Barlow	Rossendale	85	(29, 0, 32, 24)
26	James Farrant	BoltonUH&A	90	(28, 28, 34, 0)
Rossendale Harriers & AC				45
Moston And District				128
Oldham & Royton H & AC				189

Under 15 - Girls — Points after 4 races

1	Rebecca Fordham	BoltonUH&A	7	(3, 0, 1, 3)
2	Katie Ireland	Rossendale	11	(6, 4, 3, 4)
3	Hannah Derby	BoltonUH&A	16	(0, 5, 4, 7)
4	Rachel Wood	BlackburnH	20	(8, 8, 7, 5)
5	Holly Robinson	BlackburnH	23	(10, 0, 5, 8)
6	N Wolstencroft	MostonAD	24	(16, 9, 9, 6)
7	Suzanne Bailey	HyndburnAC	26	(0, 7, 10, 9)
8	Amanda Barton	BuryAC	32	(13, 12, 8, 12)
9	Rebecca MBates	HorwichRMI	38	(0, 13, 12, 13)
10	Melanie Taylor	BlackburnH	49	(22, 17, 16, 16)
11	Holly Chapman	BuryAC	50	(21, 18, 17, 15)
12	Jane Burleson	Rossendale	53	(25, 19, 14, 20)
13	Charlot Murray	Chorley h	67	(28, 20, 0, 19)
14	Clauda Yelland	Rossendale	68	(30, 0, 20, 18)
Blackburn Harriers				93
Rossendale Harriers & AC				156

Race 3 - Under 17 Men — Points after 4 races

1	Richard Stones	BlackburnH	3	(1, 1, 1, 0)
2	Aaron Denevon	MostonAD	8	(3, 2, 3, 0)
3	Paul Wadsworth	Rossendale	13	(5, 11, 5, 3)
4	James Dagg	BuryAC	14	(4, 4, 6, 0)
5	Shane Russell	Rossendale	15	(7, 17, 7, 1)
6	Alex Chadwick	BoltonUH&A	22	(14, 8, 10, 4)
7	D McAreevey	BlackburnH	24	(10, 5, 9, 0)
8	Reece Hendley	Oldham&RH&	27	(8, 12, 11, 8)
9	Pete Haworth	Oldham&RH&	29	(11, 6, 12, 0)
10	Mike Mannings	Oldham&RH&	32	(12, 14, 19, 6)
=	C Greenbank	Chorley h	32	(9, 10, 13, 0)
12	Aaron Kelly	Rossendale	34	(16, 13, 16, 5)
13	Jamie Bennett	BuryAC	45	(18, 15, 0, 12)
14	Etie Sharrocks	BlackburnH	46	(20, 0, 15, 11)
15	Louis Higginson	HorwichRMI	51	(17, 16, 18, 0)
16	Anthony Sutton	BoltonUH&A	52	(22, 19, 20, 13)
Rossendale Harriers & AC				99

Race 3 - Under 17 Women — Points after 4 races

1	Jessica Simons	BuryAC	3	(3, 1, 1, 1)
2	Emma Graham	BlackburnH	5	(1, 2, 2, 0)
3	Cherl Sullivan	BuryAC	7	(2, 3, 0, 2)
4	Katie Morris	BlackburnH	12	(4, 5, 4, 4)
5	Sarah Yeomans	Rossendale	14	(7, 6, 5, 3)
6	Sophie Croxson	BlackburnH	23	(9, 0, 7, 7)
7	MelMonks	BuryAC	24	(10, 8, 0, 6)
8	Tara Bleasdale	Chorley h	28	(14, 12, 6, 10)
9	Lindsey Jones	BoltonUH&A	29	(12, 16, 9, 8)
10	Eliz Cheshire	BuryAC	30	(11, 11, 8, 0)
11	Natas McDonald	BuryAC	42	(16, 15, 11, 0)
=	Jeanett Murray	Chorley h	42	(15, 17, 10, 0)
Bury Athletic Club				53

Race 3 - Ladies (Vets) — Points after 4 races

1	Jan Rashleigh	L40	HorwichRMI	3	(1, 1, 1, 1)
2	Anna Kelly	L40	ClaytonLMH	7	(3, 4, 2, 2)
4	Suzanne Budgett	L40	HorwichRMI	7	(2, 2, 3, 3)
4	Jackie Taylor	L35	BlackburnH	12	(4, 3, 5, 0)
5	Linda Clarkson	L35	DarwenDR	14	(5, 5, 4, 0)
6	Alison Smith	L35	ClaytonLMH	17	(7, 6, 6, 5)
=	Gaynor Higson	L35	HorwichRMI	17	(6, 7, 0, 4)
8	Karen Taylor	L45	Rossendale	22	(9, 0, 7, 6)
9	Janice Needham	L50	RochdaleH&	27	(12, 8, 0, 7)
10	Huma Rahman	L35	RochdaleH&	30	(13, 9, 8, 0)
11	Jackie Commons	L40	ClaytonLMH	31	(11, 11, 9, 0)
12	Davinia Raidy	L35	Rossendale	32	(0, 14, 10, 8)
=	Gill Barber	L40	Saddlewort	32	(0, 12, 11, 9)
14	Nicola Guffog	L35	HorwichRMI	40	(15, 13, 12, 0)
15	Lisa Richardson	L35	BlackburnR	41	(14, 16, 0, 11)
16	AnnaMaria Crabtree	L35	Chorley h	42	(16, 0, 14, 12)
17	B Buckley	L55	Glossopdal	53	(21, 0, 17, 15)
18	Sarah Clarke	L40	BlackburnH	54	(22, 21, 20, 13)
19	Sue Allen	L40	ClaytonLMH	58	(27, 25, 19, 14)
20	Natalie Murphy	L35	Rossendale	63	(25, 22, 16, 0)
21	Nicky Snook	L35	Saddlewort	69	(0, 27, 23, 19)
=	Sarah Bennett	L35	Chorley h	69	(24, 20, 25, 0)
=	Janet Chaplin	L40	Chorley h	69	(29, 0, 22, 18)
24	Pam Hudson	L50	Oldham&RH&	80	(30, 26, 24, 0)
=	Liona Riding	L35	BlackburnR	80	(31, 0, 28, 21)
26	B Robinson	L60	RochdaleH&	89	(33, 34, 0, 22)
=	Helen Yeomans	L40	Rossendale	89	(34, 35, 0, 20)
28	Marie Holden	L35	HorwichRMI	90	(37, 38, 29, 24)
29	Linda Riddall	L50	RochdaleH&	94	(36, 31, 27, 0)
Horwich R M I Harriers				43	
Clayton Le Moors Harriers				79	
Rossendale Harriers & AC				204	
Blackburn Road Runners				244	

Race 3 - Ladies — Points after 4 races

1	Jan Rashleigh	L40	HorwichRMI	5	(1, 2, 2, 2)
2	Rachel Thompson	JL	HorwichRMI	6	(0, 1, 1, 4)
3	Candice Leah		ClaytonLMH	9	(3, 0, 3, 3)
4	Suzanne Budgett	L40	HorwichRMI	12	(2, 4, 6, 6)
5	Anna Kelly	L40	ClaytonLMH	14	(4, 9, 5, 5)
6	Katie Smith	JL	BoltonUH&A	15	(5, 6, 4, 0)
7	Jackie Taylor	L35	BlackburnH	23	(6, 7, 10, 0)
8	Linda Clarkson	L35	DarwenDR	26	(7, 12, 7, 0)
=	Heather Corbishley		Rossendale	26	
(9, 8, 0, 9)					
10	Karen Smout		HorwichRMI	32	(11, 13, 8, 0)
11	Alison Smith	L35	ClaytonLMH	34	(13, 15, 11, 10)
12	Gaynor Higson	L35	HorwichRMI	38	(10, 20, 0, 8)
=	Vicky Snape	JL	HorwichRMI	38	(12, 18, 15, 11)
14	Karen Taylor	L45	Rossendale	40	(15, 0, 13, 12)
15	Carly Needham		RochdaleH&	45	(0, 5, 9, 31)
=	Rachl Metcalfe		HorwichRMI	45	(19, 21, 12, 14)
17	Janine Lowe		DarwenDR	58	(25, 39, 20, 13)
18	Janice Needham	L50	RochdaleH&	62	(21, 24, 0, 17)
19	Kate Porter		HorwichRMI	64	(26, 35, 23, 15)
20	Huma Rahman	L35	RochdaleH&	65	(24, 25, 16, 0)
21	Jackie Commons	L40	ClaytonLMH	66	(20, 29, 17, 0)
22	Davinia Raidy	L35	Rossendale	69	(0, 32, 18, 19)
23	Gill Barber	L40	Saddlewort	70	(0, 30, 19, 21)
24	Ruth Valentine		BoltonUH&A	71	(27, 36, 28, 16)
25	Nicola Guffog	L35	HorwichRMI	82	(29, 31, 22, 0)
=	AnnaMaria Crabtree	L35	Chorley h	82	
(30, 0, 27, 25)					
27	Lisa Richardson	L35	BlackburnR	86	(28, 34, 0, 24)
28	B Buckley	L55	Glossopdal	97	(36, 0, 31, 30)
29	Sarah Clarke	L40	BlackburnR	99	(37, 42, 35, 27)
30	Sue Allen	L40	ClaytonLMH	104	(42, 47, 34, 28)
31	Tracy Ireland		Rossendale	105	(44, 43, 33, 29)
32	Natalie Murphy	L35	Rossendale	114	(40, 44, 30, 0)
33	Janet Chaplin	L40	Chorley h	116	(45, 0, 37, 34)
34	Sarah Bennett	L35	Chorley h	121	(39, 41, 41, 0)
35	Nicky Snook	L35	Saddlewort	124	(0, 50, 39, 35)
36	Liona Riding	L35	BlackburnR	132	(49, 0, 46, 37)
=	Helen Hudson	JL	Oldham&RH&	132	(46, 48, 38, 0)
38	Pam Hudson	L50	Oldham&RH&	136	(47, 49, 40, 0)
39	Marie Holden	L35	HorwichRMI	143	(56, 61, 47, 40)
40	B Robinson	L60	RochdaleH&	146	(51, 57, 0, 38)
=	Helen Yeomans	L40	Rossendale	146	(52, 58, 0, 36)
42	Linda Riddall	L50	RochdaleH&	153	(55, 54, 44, 0)

Horwich R M I Harriers	36
Clayton Le Moors Harriers	83
Rossendale Harriers & AC	202
Rochdale Harriers & AC	287
Chorley Harriers	301
Blackburn Road Runners	435

Senior Men — Points after 4 races

1	Mark Aspinall	V40	ClaytonLMH	4	(2, 1, 1, 4)
2	Paul Roby		HorwichRMI	15	(6, 0, 3, 6)
3	Colin Rigby		HorwichRMI	18	(5, 0, 6, 7)
4	Ian Greenwood	V40	ClaytonLMH	21	(13, 7, 4, 10)
=	Martin Lee	V40	Rossendale	21	(10, 6, 5, 0)
6	Grah Schofield	V45	HorwichRMI	25	(12, 5, 9, 11)
7	NeilCoe		BuryAC	27	(11, 0, 7, 9)
8	K Johnston		Chorley h	36	(14, 10, 17, 12)
9	James Kevan	JM	HorwichRMI	38	(0, 8, 10, 20)
10	Steve Barlow	V40	HorwichRMI	46	(19, 0, 11, 16)
11	Andy Buttery		Rossendale	55	(37, 21, 16, 18)
12	Steve Duxbury	V50	Rossendale	56	(27, 19, 20, 17)
=	Trevor Davies		Oldham&RH&	56	(24, 14, 18, 0)
=	Andy Grenfell		Rossendale	56	(32, 30, 12, 14)
15	Phillip Taylor	V45	Rossendale	64	(28, 0, 14, 22)
16	K Robinson		RochdaleH&	69	(23, 16, 30, 0)
17	Mark Ellithorn	V40	Chorley h	71	(30, 17, 24, 0)
18	Russell Barron		Chorley h	80	(33, 26, 21, 0)
19	Luke Harrel	JM	BuryAC	83	(0, 28, 31, 24)
20	Steve Jackson	V50	HorwichRMI	89	(43, 35, 19, 35)
21	Mark Hartley	JM	Pendle	90	(38, 25, 0, 27)
22	Andy Porter		HorwichRMI	93	(53, 31, 36, 26)
23	Sean Clare		ClaytonLMH	96	(35, 36, 25, 0)
24	Robert Green	V40	HorwichRMI	105	(44, 48, 28, 33)
25	Simon Smith		DarwenDR	110	(42, 0, 47, 21)
26	Gareth Booth		Chorley h	114	(0, 39, 45, 30)
27	Brian Horrock	V40	ClaytonLMH	117	(60, 44, 37, 36)
28	Sean Molloy		Rossendale	120	(66, 56, 35, 29)
29	Malc Christie	V40	Chorley h	123	(46, 42, 39, 42)
30	Chris Leach	V40	RochdaleH&	124	(48, 38, 52, 38)
31	Mark Wightman	V40	ClaytonLMH	125	(70, 41, 43, 41)
32	Chrs Balderson	V40	ClaytonLMH	126	(55, 0, 32, 39)
33	I Stainthorpe	V40	RochdaleH&	133	(50, 45, 38, 0)
34	Chris Leigh	JM	HorwichRMI	134	(62, 24, 0, 48)
=	Neil Worswick		ClaytonLMH	134	(0, 63, 48, 23)
36	Anthony Gotts		Rossendale	142	(67, 46, 41, 55)
37	Denis Mason		HorwichRMI	155	(61, 47, 0, 47)
38	John Ward	V55	BoltonUH&A	160	(64, 52, 67, 44)
39	Doug Fleming	V45	HorwichRMI	165	(63, 49, 0, 53)
40	Bob Waterhouse	V50	Saddlewort	178	(59, 60, 59, 0)
41	James Leach	JM	RochdaleH&	183	(86, 55, 63, 65)
42	Richard Yates	JM	Chorley h	185	(76, 43, 0, 66)
43	Ian Pudge		Rossendale	186	(87, 0, 54, 45)
44	Nigel Gotts	V45	Rossendale	187	(93, 68, 61, 58)
45	Stephen White	V45	ClaytonLMH	200	(74, 56, 0, 68)
46	Martin Brady	V40	ClaytonLMH	217	(82, 75, 60, 0)
47	A Shorrocks		BlackburnH	221	(88, 83, 84, 54)
48	Jeffrey Pickup	V50	ClaytonLMH	223	(81, 80, 0, 62)
49	Tony Wood	V50	BlackburnH	230	(96, 64, 70, 0)
50	Richard Taylor		BlackburnH	231	(103, 78, 78, 75)
51	David Salmon		ClaytonLMH	233	(95, 72, 66, 0)
52	David Scott	V60	ClaytonLMH	258	(99, 0, 81, 78)
53	Pete Ramsdale	V45	HorwichRMI	259	(109, 89, 88, 82)
54	John Purdy	V40	RochdaleH&	265	(115, 99, 87, 79)
55	Col Waterworth	V45	HorwichRMI	267	(107, 0, 80, 80)
56	G Schofield	V50	Chorley h	279	(0, 98, 92, 89)
57	Richard Robb		BlackburnH	283	(120, 86, 0, 77)
58	Keith Makin	V55	HorwichRMI	284	(112, 84, 0, 88)
59	Michael Murray	V45	Chorley h	292	(131, 102, 96, 94)
60	Ian Smith	V50	HorwichRMI	298	(117, 92, 89, 0)
61	Alan Fielding	V55	BoltonUH&A	307	(136, 111, 97, 99)
62	C Buckley	V55	Glossopdal	321	(130, 0, 98, 93)
63	Harry Manning	V65	ClaytonLMH	325	(0, 119, 106, 100)
64	Phil Roberts	V55	RochdaleH&	326	(127, 105, 94, 0)
65	Gerrard Navan	V60	Rossendale	334	(135, 103, 0, 96)
66	David Sinnott	V55	Saddlewort	341	(129, 110, 102, 0)
67	Dave Moir	V50	DarwenDR	352	(141, 0, 109, 102)
68	Gary Jones	V50	Chorley h	366	(140, 122, 104, 0)

Horwich R M I Harriers	295
Clayton Le Moors Harriers	408
Rossendale Harriers & AC	531
Chorley Harriers	787
Rochdale Harriers & AC	1119

Senior Men (Vets) — Points after 4 races

1	Mark Aspinall	V40	ClaytonLMH	3	(1, 1, 1, 1)
2	Ian Greenwood	V40	ClaytonLMH	8	(4, 4, 2, 2)
=	Grah Schofield	V45	HorwichRMI	8	(3, 2, 5, 3)
=	Martin Lee	V40	Rossendale	8	(2, 3, 3, 0)
5	Steve Barlow	V40	HorwichRMI	20	(8, 0, 6, 6)
6	Steve Duxbury	V50	Rossendale	24	(10, 8, 9, 7)
7	Phillip Taylor	V45	Rossendale	27	(11, 0, 7, 9)
8	Steve Jackson	V50	HorwichRMI	30	(18, 11, 8, 11)
9	Mark Ellithorn	V40	Chorley h	31	(12, 7, 12, 0)
10	Robert Green	V40	HorwichRMI	44	(19, 19, 15, 10)
11	Brian Horrock	V40	ClaytonLMH	47	(28, 17, 18, 12)
=	Chris Leach	V40	RochdaleH&	47	(21, 13, 25, 13)
13	Mark Wightman	V40	ClaytonLMH	51	(32, 15, 21, 15)
14	Malc Christie	V40	Chorley h	52	(20, 16, 20, 16)
15	Chrs Balderson	V40	ClaytonLMH	56	(25, 0, 17, 14)
16	I Stainthorpe	V40	RochdaleH&	59	(22, 18, 19, 0)
17	Doug Fleming	V45	HorwichRMI	69	(29, 20, 0, 20)
=	John Ward	V55	BoltonUH&A	69	(30, 21, 33, 18)
19	Bob Waterhouse	V50	Saddlewort	81	(27, 26, 28, 0)
20	Nigel Gotts	V45	Rossendale	83	(42, 30, 30, 23)
21	Stephen White	V45	ClaytonLMH	88	(33, 25, 0, 30)
22	Martin Brady	V40	ClaytonLMH	102	(38, 35, 29, 0)
23	Jeffrey Pickup	V50	ClaytonLMH	103	(37, 39, 0, 27)
24	Tony Wood	V50	BlackburnH	107	(43, 28, 36, 0)
25	David Scott	V60	ClaytonLMH	125	(46, 0, 44, 35)
26	Pete Ramsdale	V45	HorwichRMI	132	(53, 44, 49, 39)
=	Col Waterworth	V45	HorwichRMI	132	(52, 0, 43, 37)
28	John Purdy	V40	RochdaleH&	135	(56, 51, 48, 36)
29	Keith Makin	V55	HorwichRMI	141	(55, 42, 0, 44)
30	G Schofield	V50	Chorley h	147	(0, 50, 52, 45)
31	Ian Smith	V50	HorwichRMI	154	(57, 47, 50, 0)
32	Michael Murray	V45	Chorley h	160	(69, 54, 56, 50)
33	Alan Fielding	V55	BoltonUH&A	172	(73, 61, 57, 54)
34	C Buckley	V55	Glossopdal	175	(68, 0, 58, 49)
35	Phil Roberts	V55	RochdaleH&	176	(66, 56, 54, 0)
36	Gerrard Navan	V60	Rossendale	179	(72, 55, 0, 52)
37	Harry Manning	V65	ClaytonLMH	185	(0, 65, 65, 55)
38	David Sinnott	V55	Saddlewort	188	(67, 60, 61, 0)
39	Dave Moir	V50	DarwenDR	203	(78, 0, 68, 57)
40	Gary Jones	V50	Chorley h	208	(77, 68, 63, 0)
Clayton Le Moors Harriers				83	
Horwich R M I Harriers				129	
Rossendale Harriers & AC				223	
Chorley Harriers				448	
Rochdale Harriers & AC				461	