

The ECCA National Cross Country Relays at Berry Hill Park, Mansfield on Saturday 8th November 2003

Under13 Girls Stage 1 — Final Results

Pos	Name	Club	Leg	Time			
1	L McLoughlin	StockportH	A	7:01	33	N Pembleton	Mansfield A 8:08
2	C McPhee	KingstonUI		7:22	34	E Cochrane	Notts A 8:09
3	R Ellis	SouthportW	A	7:25	35	A Kennedy	LeicesterC 8:10
4	B Haywood	LincolnWAC	A	7:28	36	*Not Declared*	Oldham&RH 8:11
5	L Kay	StockportH	B	7:32	37	S Clark	Bedford 8:13
6	A Wheatman	Scarboroug	A	7:36	38	C Coyle	LincolnWAC B 8:14
7	E Wignall	Lancaster		7:38	39	M Reynolds	EalingS&M 8:18
8	L Lennon	HyndburnAC	A	7:42	40	S Simmons	HolmfirthH B 8:18
9	S Hunter	Nestle A		7:43	41	J Creughan	RotherhamH A 8:19
10	J Satchell	Aldershot A		7:44	42	R Quigley	Luton ac A 8:20
11	O Desborough	LiverpoolH		7:45	43	C Lebond	RotherhamH B 8:22
12	L Partridge	Aldershot B		7:45	44	S Davis	RoySutCold A 8:26
13	J Dobson	Leeds City A		7:47	45	*Not Declared*	Bingley 8:30
14	N Debai	Newham&EB		7:48	46	S Jones	HyndburnAC B 8:31
15	S Wilkins	MiltonKAC		7:50	47	E Weaver	Lewes AC 8:32
16	R Hackney	WakefieldH		7:51	48	C WilkinsonB	Charnwood C 8:33
17	A Glover	Derby AC A		7:52	49	E Milodowski	Charnwood A 8:37
18	C Brown	C.Norwich		7:52	50	*Not Declared*	Rugby&NAC 8:39
19	E Dent	HolmfirthH	A	7:54	51	J Johnson	Shaftesbry C 8:40
20	C Matthews	ValeRoyal A		7:55	52	E Reeves	Mansfield B 8:43
21	D Aldread	AmberVAC	A	7:55	53	E Phipps	Derby AC B 8:50
22	B McGowan	Shaftesbry A		7:55	54	Y Stevenson	Scarboroug B 8:58
23	R Langdell	RoySutCold	C	7:56	55	I Dunmore	Charnwood B 9:02
24	H Munn	KetteringT		7:57	56	N Bentley	Shaftesbry B 9:03
25	R Jones	Aldershot C		7:58	57	E Komocki	AmberVAC B 9:14
26	H Robinson	BlackburnH	A	8:03	58	L Revitt	Doncaster 9:24
27	A Ball	Sale Har		8:04	59	F Baldock	SouthportW B 9:29
28	K Milner	Trafford		8:05	60	H Williams	HyndburnAC C 9:38
29	C Gimson	RoySutCold	B	8:05	61	M Taylor	BlackburnH B 10:02
30	L Wilson	NeneVH		8:05	62	H Ossitt	Leeds City B 10:03
31	Z Farnell	Tipton B		8:07	63	S Edmonds	Notts B 10:25
32	S Bridges	Bristol A		8:07	64	S Lynch	Tipton 16:08
					65	D Jones	ValeRoyal B 17:19

Under13 Girls Stage 2 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain				
1	C Barber	StockportH	A	7:36	14:37		0	37	L Beardsell	HolmfirthH	B 8:41 16:59 + 3
2	A Salter	Aldershot	A	7:09	14:53		+ 8	38	Betty Insley	Derby AC	A 9:09 17:01 - 21
3	C Hanson	LincolnWAC	A	7:53	15:21		+ 1	39	C Stringer	ValeRoyal	A 9:07 17:02 - 19
4	L Hurley	SouthportW	A	8:04	15:29		- 1	40	J Gurney	Charnwood	A 8:35 17:12 + 9
5	S Crossky	HyndburnAC	A	7:50	15:32		+ 3	41	C Tucker	Luton ac	A 8:53 17:13 + 1
6	T Armoush	AmberVAC	A	7:38	15:33		+ 15	42	C Ashley	Notts A	9:19 17:28 - 8
7	H Bateson	Lancaster		7:55	15:33		0	43	V Duffy	Shaftesbry	C 9:01 17:41 + 8
8	N Baddeley	Aldershot	B	7:49	15:34		+ 4	44	S Galab	Scarboroug	B 8:43 17:41 + 10
9	Z Garton	KingstonUI		8:15	15:37		- 7	45	E Prati	Shaftesbry	B 8:39 17:42 + 11
10	S Kay	StockportH	B	8:09	15:41		- 5	46	C Edmondson	HyndburnAC	B 9:12 17:43 0
11	R Hall	Leeds City	A	7:58	15:45		+ 2	47	C Beresford	Trafford	9:39 17:44 - 19
12	S Munn	KetteringT		7:54	15:51		+ 12	48	J Budd	Bristol A	9:37 17:44 - 16
13	E King	RoySutCold	B	7:49	15:54		+ 16	49	L Smith	Mansfield	B 9:07 17:50 + 3
14	S Stead	HolmfirthH	A	8:03	15:57		+ 5	50	R Murray	Derby AC	B 9:10 18:00 + 3
15	R Gyte	Scarboroug	A	8:26	16:02		- 9	51	H Walsh	Charnwood	B 9:08 18:10 + 4
16	F Penn	C.Norwich		8:10	16:02		+ 2	52	*Not Declared*	Notts B	7:55 18:20 + 11
17	A Adie	WakefieldH		8:11	16:02		- 1	53	F Kirkham	Lewes AC	9:58 18:30 - 6
18	K Hunter	Nestle A		8:22	16:05		- 9	54	L Barnes	RotherhamH	B 10:13 18:35 - 11
19	N Mee	LeicesterC		7:59	16:09		+ 16	55	E Lyons	SouthportW	B 9:27 18:56 + 4
20	VanBlenkensten	Shaftesbry	A	8:15	16:10		+ 2	56	E Cotteril	AmberVAC	B 9:48 19:02 + 1
21	A Heaton	LiverpoolH		8:26	16:11		- 10	57	C Smith	Doncaster	10:09 19:33 + 1
22	T Mills	Mansfield	A	8:05	16:13		+ 11	58	A Perseding	HyndburnAC	C 10:09 19:47 + 2
23	L Brook	MiltonKAC		8:25	16:15		- 8	59	*Not Declared*	BlackburnH	B 9:48 19:50 + 2
24	B Smith	RoySutCold	C	8:20	16:16		- 1	60	K Harper	Tipton	7:56 24:04 + 4
25	*Not Declared*	Oldham&RH		8:18	16:29		+ 11	Fastest runners over stage 2:			
26	R Underhill	Bedford		8:17	16:30		+ 11	1	A Salter	Aldershot	A 7:09
27	N Sergiew	RoySutCold	A	8:08	16:34		+ 17	2	C Barber	StockportH	A 7:36
28	S Cairns	BlackburnH	A	8:34	16:37		- 2	3	T Armoush	AmberVAC	A 7:38
29	Kellyl	Sale Har		8:35	16:39		- 2	4	N Baddeley	Aldershot	B 7:49
30	M Adams	Tipton B		8:34	16:41		+ 1	5	E King	RoySutCold	B 7:49
31	E Henry	Newham&EB		8:58	16:46		- 17	6	S Crossky	HyndburnAC	A 7:50
32	K Mason	NeneVH		8:42	16:47		- 2	7	C Hanson	LincolnWAC	A 7:53
33	A Rai	EalingS&M		8:33	16:51		+ 6	8	S Munn	KetteringT	7:54
34	R Middleton	RotherhamH	A	8:33	16:52		+ 7	9	*Not Declared*	Notts B	7:55
35	C Grey	LincolnWAC	B	8:41	16:55		+ 3	10	H Bateson	Lancaster	7:55
36	C Arnold	Aldershot	C	9:00	16:58		- 11				

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>

SportSoft

Under13 Girls Stage 3 — Final Results

Pos	Name	Club	Leg	Time	Cum Time	Gain								
1	B Pearce	StockportH A		7:17	21:54	0	33	K Howard	ValeRoyal A	8:19	25:21	+	6	
2	S Burgin	Aldershot A		7:19	22:12	0	34	A Merrills	RotherhamH A	8:35	25:27		0	
3	M Stone	KingstonUI		7:26	23:03	+ 6	35	J Bestwick	Derby AC A	8:35	25:36	+	3	
4	L Thomas	LincolnWAC A		7:51	23:12	- 1	36	J Sugden	Charnwood A	8:29	25:41	+	4	
5	L AlexanderHigh	Aldershot B		7:38	23:12	+ 3	37	E Szostak	HolmfirthH B	8:49	25:48		0	
6	A Turner	AmberVAC A		7:48	23:21	0	38	J Jacobs	NeneVH	9:31	26:18	-	6	
7	M Wiblin	StockportH B		7:48	23:29	+ 3	39	A Barnett	Notts A	8:50	26:18	+	3	
8	S James	SouthportW A		8:08	23:37	- 4	40	F Cox	Mansfield B	8:48	26:38	+	9	
9	K McTominay	Lancaster		8:10	23:43	- 2	41	E Pelluci	Scarborough B	8:57	26:38	+	3	
10	H Godrich	LeicesterC		7:41	23:50	+ 9	42	S Tuvey	Shaftesbry B	9:06	26:48	+	3	
11	C Robathan	RoySutCold B		7:57	23:51	+ 2	43	L Keep	Lewes AC	8:31	27:01	+	10	
12	E Radcliffe	Leeds City A		8:09	23:54	- 1	44	Bobby Insley	Derby AC B	9:05	27:05	+	6	
13	M Boney	HyndburnAC A		8:26	23:58	- 8	45	L Brennan	SouthportW B	8:16	27:12	+	10	
14	H Cooper	C.Norwich		7:57	23:59	+ 2	46	E Rees	Charnwood B	9:04	27:14	+	5	
15	A Guest	RoySutCold A		7:26	24:00	+ 12	47	M Tuvey	Shaftesbry C	9:34	27:15	-	4	
16	S Mallon	LiverpoolH		7:51	24:02	+ 5	48	A Bolton	HyndburnAC B	9:39	27:22	-	2	
17	L Tyrrell	HolmfirthH A		8:15	24:12	- 3	49	R Pitman	Bristol A	9:38	27:22	-	1	
18	K Harper	Tipton B		7:35	24:16	+ 12	50	C Noonan	AmberVAC B	8:32	27:34	+	6	
19	A Bridgeman	Scarboroug A		8:15	24:17	- 4	51	R White	RotherhamH B	9:56	28:31	+	3	
20	S Harrison	Mansfield A		8:11	24:24	+ 2	52	L Blessed	Doncaster	9:50	29:23	+	5	
21	A Smith	MiltonKAC		8:11	24:26	+ 2	Fastest runners over stage 3:							
22	E Layton	Shaftesbry A		8:19	24:29	- 2	1	B Pearce	StockportH A	7:17				
23	L Smith	RoySutCold C		8:18	24:34	+ 1	2	S Burgin	Aldershot A	7:19				
24	V Dabhi	Newham&EB		7:48	24:34	+ 7	3	A Guest	RoySutCold A	7:26				
25	A Wright	Bedford		8:05	24:35	+ 1	4	M Stone	KingstonUI	7:26				
26	*Not Declared*	Oldham&RH		8:06	24:35	- 1	5	K Harper	Tipton B	7:35				
27	C Clawson	KetteringT		8:48	24:39	- 15	6	L AlexanderHigh	Aldershot B	7:38				
28	R Searson	BlackburnH A		8:13	24:50	0	7	H Godrich	LeicesterC	7:41				
29	L Freeston	Sale Har		8:12	24:51	0	8	V Dabhi	Newham&EB	7:48				
30	S Sloane	WakefieldH		8:54	24:56	- 13	9	M Wiblin	StockportH B	7:48				
31	J Parker	Nestle A		8:56	25:01	- 13	10	A Turner	AmberVAC A	7:48				
32	C Stock	EalingS&M		8:20	25:11	+ 1								

Under13 Girls — Team Results — Final (nn) is team position after the appropriate stage.

1 Stockport Harriers AC	'A'	21:54	12 Leeds City AC	'A'	23:54
1 L McLoughlin (1) 7:01	2 C Barber (1) 7:36		1 J Dobson (13) 7:47	2 R Hall (11) 7:58	
3 B Pearce (1) 7:17			3 E Radcliffe (12) 8:09		
2 Aldershot Farnham & Dis AC	'A'	22:12	13 Hyndburn AC	'A'	23:58
1 J Satchell (10) 7:44	2 A Salter (2) 7:09		1 L Lennon (8) 7:42	2 S Crossky (5) 7:50	
3 S Burgin (2) 7:19			3 M Boney (13) 8:26		
3 Kingston Upon Hull AC		23:03	14 City Of Norwich AC		23:59
1 C McPhee (2) 7:22	2 Z Garton (9) 8:15		1 C Brown (18) 7:52	2 F Penn (16) 8:10	
3 M Stone (3) 7:26			3 H Cooper (14) 7:57		
4 Lincoln Wellington AC	'A'	23:12	15 Royal Sutton Coldfield AC	'A'	24:00
1 B Haywood (4) 7:28	2 C Hanson (3) 7:53		1 S Davis (44) 8:26	2 N Sergiew (27) 8:08	
3 L Thomas (4) 7:51			3 A Guest (15) 7:26		
5 Aldershot Farnham & Dis AC	'B'	23:12	16 Liverpool Harriers & AC		24:02
1 L Partridge (12) 7:45	2 N Baddeley (8) 7:49		1 O Desborough (11) 7:45	2 A Heaton (21) 8:26	
3 L AlexanderHigh (5) 7:38			3 S Mallon (16) 7:51		
6 Amber Valley AC	'A'	23:21	17 Holmfirth Harriers AC	'A'	24:12
1 D Aldread (21) 7:55	2 T Armoush (6) 7:38		1 E Dent (19) 7:54	2 S Stead (14) 8:03	
3 A Turner (6) 7:48			3 L Tyrrell (17) 8:15		
7 Stockport Harriers AC	'B'	23:29	18 Tipton Harriers	'B'	24:16
1 L Kay (5) 7:32	2 S Kay (10) 8:09		1 Z Farnell (31) 8:07	2 M Adams (30) 8:34	
3 M Wiblin (7) 7:48			3 K Harper (18) 7:35		
8 Southport Waterloo AC	'A'	23:37	19 Scarborough AC	'A'	24:17
1 R Ellis (3) 7:25	2 L Hurley (4) 8:04		1 A Wheatman (6) 7:36	2 R Gyte (15) 8:26	
3 S James (8) 8:08			3 A Bridgeman (19) 8:15		
9 Lancaster & Morecambe AC		23:43	20 Mansfield Harriers AC	'A'	24:24
1 E Wignall (7) 7:38	2 H Bateson (7) 7:55		1 N Pembleton (33) 8:08	2 T Mills (22) 8:05	
3 K McTominay (9) 8:10			3 S Harrison (20) 8:11		
10 Leicester Coritanian		23:50	21 Milton Keynes AC		24:26
1 A Kennedy (35) 8:10	2 N Mee (19) 7:59		1 S Wilkins (15) 7:50	2 L Brook (23) 8:25	
3 H Godrich (10) 7:41			3 A Smith (21) 8:11		
11 Royal Sutton Coldfield AC	'B'	23:51	22 Shaftesbury Barnet Harriers	'A'	24:29
1 C Gimson (29) 8:05	2 E King (13) 7:49		1 B McGowan (22) 7:55	2 VanBlendensten (20) 8:15	
3 C Robathan (11) 7:57			3 E Layton (22) 8:19		

23 Royal Sutton Coldfield AC	'C'	24:34	46 Charnwood AC	'B'	27:14
1 R Langdell (23) 7:56	2 B Smith (24) 8:20		1 I Dunmore (55) 9:02	2 H Walsh (51) 9:08	
3 L Smith (23) 8:18			3 E Rees (46) 9:04		
24 Newham & Essex Beagles	24:34	47 Shaftesbury Barnet Harriers	'C'	27:15	
1 N Debai (14) 7:48	2 E Henry (31) 8:58		1 J Johnson (51) 8:40	2 V Duffy (43) 9:01	
3 V Dabhi (24) 7:48			3 M Tuvey (47) 9:34		
25 Bedford & County AC	24:35	48 Hyndburn AC	'B'	27:22	
1 S Clark (37) 8:13	2 R Underhill (26) 8:17		1 S Jones (46) 8:31	2 C Edmondson (46) 9:12	
3 A Wright (25) 8:05			3 A Bolton (48) 9:39		
26 Oldham & Royton Harriers	24:35	49 Bristol AC	'A'	27:22	
1 Undeclared (36) 8:11	2 Undeclared (25) 8:18		1 S Bridges (32) 8:07	2 J Budd (48) 9:37	
3 Undeclared (26) 8:06			3 R Pitman (49) 9:38		
27 Kettering Town Harriers	24:39	50 Amber Valley AC	'B'	27:34	
1 H Munn (24) 7:57	2 S Munn (12) 7:54		1 E Komocki (57) 9:14	2 E Cotteril (56) 9:48	
3 C Clawson (27) 8:48			3 C Noonan (50) 8:32		
28 Blackburn Harriers	24:50	51 Rotherham Harriers & AC	'B'	28:31	
1 H Robinson (26) 8:03	2 S Cairns (28) 8:34		1 C Lebond (43) 8:22	2 L Barnes (54) 10:13	
3 R Searson (28) 8:13			3 R White (51) 9:56		
29 Sale Harriers	24:51	52 Doncaster & Stainforth AC		29:23	
1 A Ball (27) 8:04	2 Kellyl (29) 8:35		1 L Revitt (58) 9:24	2 C Smith (57) 10:09	
3 L Freeston (29) 8:12			3 L Blessed (52) 9:50		
30 Wakefield Harriers & AC	24:56	Incomplete Teams:			
1 R Hackney (16) 7:51	2 A Adie (17) 8:11	Lincoln Wellington AC	'B'	16:55	
3 S Sloane (30) 8:54		1 C Coyle (38) 8:14	2 C Grey (35) 8:41		
31 Nestle Rowntree Ac York	25:01	Aldershot Farnham & Dis AC	'C'	16:58	
1 S Hunter (9) 7:43	2 K Hunter (18) 8:22	1 R Jones (25) 7:58	2 C Arnold (36) 9:00		
3 J Parker (31) 8:56		Luton AC	'A'	17:13	
32 Ealing, Southall & Middlesex	25:11	1 R Quigley (42) 8:20	2 C Tucker (41) 8:53		
1 M Reynolds (39) 8:18	2 A Rai (33) 8:33	Trafford Athletic Club		17:44	
3 C Stock (32) 8:20		1 K Milner (28) 8:05	2 C Beresford (47) 9:39		
33 Vale Royal	25:21	Notts AC	'B'	18:20	
1 C Matthews (20) 7:55	2 C Stringer (39) 9:07	1 S Edmonds (63) 10:25	2 Undeclared (52) 7:55		
3 K Howard (33) 8:19		Hyndburn AC	'C'	19:47	
34 Rotherham Harriers & AC	25:27	1 H Williams (60) 9:38	2 A Perseding (58) 10:09		
1 J Creughan (41) 8:19	2 R Middleton (34) 8:33	Blackburn Harriers	'B'	19:50	
3 A Merrills (34) 8:35		1 M Taylor (61) 10:02	2 Undeclared (59) 9:48		
35 Derby AC	25:36	Tipton Harriers		24:04	
1 A Glover (17) 7:52	2 Betty Insley (38) 9:09	1 S Lynch (64) 16:08	2 K Harper (60) 7:56		
3 J Bestwick (35) 8:35		Bingley Harriers AC		8:30	
36 Charnwood AC	25:41	1 Undeclared (45) 8:30			
1 E Milodowski (49) 8:37	2 J Gurney (40) 8:35	Charnwood AC	'C'	8:33	
3 J Sugden (36) 8:29		1 C WilkinsonB (48) 8:33			
37 Holmfirth Harriers AC	25:48	Rugby & Northampton AC		8:39	
1 S Simmons (40) 8:18	2 L Beardsell (37) 8:41	1 Undeclared (50) 8:39			
3 E Szostak (37) 8:49		Leeds City AC	'B'	10:03	
38 Nene Valley Harriers	26:18	1 H Ossitt (62) 10:03			
1 L Wilson (30) 8:05	2 K Mason (32) 8:42	Vale Royal	'B'	17:19	
3 J Jacobs (38) 9:31		1 D Jones (65) 17:19			
39 Notts AC	26:18	Fastest of all legs			
1 E Cochrane (34) 8:09	2 C Ashley (42) 9:19	1 L McLoughlin StockportH A 7:01			
3 A Barnett (39) 8:50		2 A Salter Aldershot A 7:09			
40 Mansfield Harriers AC	26:38	3 B Pearce StockportH A 7:17			
1 E Reeves (52) 8:43	2 L Smith (49) 9:07	4 S Burgin Aldershot A 7:19			
3 F Cox (40) 8:48		5 C McPhee KingstonUI 7:22			
41 Scarborough AC	26:38	6 R Ellis SouthportW A 7:25			
1 Y Stevenson (54) 8:58	2 S Galab (44) 8:43	7 M Stone KingstonUI 7:26			
3 E Pelluci (41) 8:57		= A Guest RoySutCold A 7:26			
42 Shaftesbury Barnet Harriers	26:48	9 B Haywood LincolnWAC A 7:28			
1 N Bentley (56) 9:03	2 E Prati (45) 8:39	10 L Kay StockportH B 7:32			
3 S Tuvey (42) 9:06					
43 Lewes AC	27:01				
1 E Weaver (47) 8:32	2 F Kirkham (53) 9:58				
3 L Keep (43) 8:31					
44 Derby AC	27:05				
1 E Phipps (53) 8:50	2 R Murray (50) 9:10				
3 Bobby Insley (44) 9:05					
45 Southport Waterloo AC	27:12				
1 F Baldock (59) 9:29	2 E Lyons (55) 9:27				
3 L Brennan (45) 8:16					

The ECCA National Cross Country Relays at Berry Hill Park, Mansfield on Saturday 8th November 2003

Under 13 Boys Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	D Beckett	Sale Har A	6:59	22	O Parker	RoySutCold A	7:36
2	A Ridley	WestSAC	7:02	23	D Burnage	ShildonR&A	7:37
3	N Young	Chesterfld A	7:07	24	S Goodwin	L'poolP&S	7:45
4	R Schofield	HyndburnAC A	7:10	25	S Price	Macclesfld A	7:48
5	J Coyle	Lincoln W	7:11	26	L Horsfall	Bingley A	7:50
6	J Wright	Enfield&H	7:14	27	G Favell	NeneVH	7:53
7	E Milley	EalingS&M	7:16	28	B Johnston	Shaftesbry B	7:55
8	D Barr	Shaftesbry A	7:17	29	G Buttery	Charnwood B	7:57
9	T Wintle	Westbury A	7:18	30	S Watson	Derby AC	7:58
10	M Ainsworth	Warrington	7:20	31	P Wise	Nestle A	7:59
11	J Skidmore	Tipton	7:20	32	J Eccleston	LiverpoolH B	8:01
12	A Abraham	Lancaster	7:21	33	P Thompson	Notts A	8:08
13	O Maskell	C.Norwich	7:23	34	R Wilcock	Nestle B	8:09
14	J Luna	Newham&EB	7:25	35	P Vis	SouthportW A	8:11
15	A Metcalfe	LiverpoolH A	7:26	36	L Bostock	Notts B	8:17
16	M Gilfrin	Aldershot A	7:27	37	S Bates	LeicesterC	8:19
17	S Baxter	Charnwood A	7:28	38	O Ballard	Aldershot B	8:22
18	I Humphries	RoySutCold B	7:28	39	M Robinson	Chesterfld B	8:24
19	M Peters	Bristol	7:30	40	J Salt	Charnwood C	8:47
20	M Feeney	AmberVAC A	7:31	41	P Beard	Macclesfld B	8:53
21	D Studley	Westbury B	7:35	42	M Robinson	RipleyRC	9:55

Under 13 Boys Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	M O'Neil	Warrington	6:57	14:17	+ 9	27	E Okpokiri	Newham&EB	8:32
2	M Coward	Chesterfld A	7:19	14:26	+ 1	28	M Boot	Notts A	7:52
3	E Nayisenga	Enfield&H	7:13	14:27	+ 3	29	M Cuming	Macclesfld A	8:17
4	J Stacey	EalingS&M	7:15	14:31	+ 3	30	G Scally	SouthportW A	8:00
5	J Wignall	Sale Har A	7:34	14:33	- 4	31	C Grainger	ShildonR&A	8:48
6	M McGoldrick	WestSAC	7:33	14:35	- 4	32	L Bennett	Derby AC	8:30
7	R Miles	Shaftesbry A	7:27	14:44	+ 1	33	N Rees	Charnwood B	8:32
8	O Aitchison	Aldershot A	7:22	14:49	+ 8	34	E Bunsie	Shaftesbry B	8:41
9	T Shaw	RoySutCold B	7:22	14:50	+ 9	35	O Palmer	Nestle B	8:35
10	N Selman	Westbury A	7:37	14:55	- 1	36	J Young	Aldershot B	8:35
11	S Truelove	RoySutCold A	7:21	14:57	+ 11	37	R Flanagan	Chesterfld B	8:44
12	M Burns	Lancaster	7:42	15:03	0	38	C McNeill	Notts B	9:12
13	C Fisher	Bristol	7:34	15:04	+ 6	39	J Turner	Macclesfld B	8:37
14	A Cook	LiverpoolH A	7:51	15:17	+ 1	Fastest runners over stage 2:			
15	C Dawe	AmberVAC A	7:47	15:18	+ 5	1	M O'Neil	Warrington	6:57
16	W Eaton	HyndburnAC A	8:13	15:23	- 12	2	E Nayisenga	Enfield&H	7:13
17	L Whitehouse	Tipton	8:08	15:28	- 6	3	J Stacey	EalingS&M	7:15
18	J Ison	Charnwood A	8:04	15:32	- 1	4	M Coward	Chesterfld A	7:19
19	P Spurden	NeneVH	7:42	15:35	+ 8	5	S Truelove	RoySutCold A	7:21
20	J Holland	C.Norwich	8:15	15:38	- 7	6	O Aitchison	Aldershot A	7:22
21	N Humberstone	Lincoln W	8:29	15:40	- 16	7	T Shaw	RoySutCold B	7:22
22	M Lloyd	L'poolP&S	7:55	15:40	+ 2	8	T Nutt	LeicesterC	7:24
23	T Nutt	LeicesterC	7:24	15:43	+ 14	9	R Miles	Shaftesbry A	7:27
24	B Fletcher	Bingley A	7:55	15:45	+ 2	10	M McGoldrick	WestSAC	7:33
25	J Westwood	Westbury B	8:15	15:50	- 4				
26	K Smith	Nestle A	7:53	15:52	+ 5				

Under 13 Boys Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	M Jackson	Warrington	6:36	20:53	0	19	W Clancy	LeicesterC	7:36
2	MartinezRodney	Enfield&H	7:03	21:30	+ 1	20	J Humberstone	Lincoln W	7:40
3	S Wood	Sale Har A	7:01	21:34	+ 2	21	R Dickenson	AmberVAC A	8:10
4	L Nicholas	EalingS&M	7:07	21:38	0	22	E Williams	Macclesfld A	7:26
5	T Goddard	Aldershot A	6:56	21:45	+ 3	23	L Abbott	HyndburnAC A	8:10
6	C Fry	WestSAC	7:13	21:48	0	24	J Wichall	Lancaster	8:34
7	J Dalgleish	Westbury A	7:05	22:00	+ 3	25	J Newell	L'poolP&S	8:02
8	D Sution	RoySutCold A	7:14	22:11	+ 3	26	D Brooker	Westbury B	8:09
9	M Cooke	Chesterfld A	7:53	22:19	- 7	27	L Slater	NeneVH	8:38
10	A Johnson	LiverpoolH A	7:09	22:26	+ 4	28	M Gibbons	Notts A	8:15
11	N Fordham	Shaftesbry A	7:44	22:28	- 4	29	S Hewitson	ShildonR&A	8:01
12	P Dempsey	RoySutCold B	7:43	22:33	- 3	30	J Dearson	Charnwood B	8:03
13	S Jones	Tipton	7:06	22:34	+ 4	31	F Bailey	Shaftesbry B	8:10
14	S Hazell	Bristol	7:47	22:51	- 1	32	D Mee	Derby AC	8:30
15	J Senior	C.Norwich	7:17	22:55	+ 5	33	J Hodgson	Chesterfld B	8:09
16	M Brind	Charnwood A	7:27	22:59	+ 2	34	M Ainson	SouthportW A	9:44
17	I Lynn	Nestle A	7:22	23:14	+ 9	35	D Thomas	Aldershot B	9:08
18	T Crowley	Bingley A	7:32	23:17	+ 6	36	A Carter	Macclesfld B	10:13
									27:43 + 3

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>

Sport
Soft

Under 13 Boys — Team Results — Final **(nn) is team position after the appropriate stage.**

1 Warrington AC	20:53	22 Macclesfield Harriers	'A'	23:31
1 M Ainsworth (10) 7:20	2 M O'Neil (1) 6:57	1 S Price (25) 7:48	2 M Cuming (29) 8:17	
3 M Jackson (1) 6:36		3 E Williams (22) 7:26		
2 Enfield & Haringey	21:30	23 Hyndburn AC	'A'	23:33
1 J Wright (6) 7:14	2 E Naysenga (3) 7:13	1 R Schofield (4) 7:10	2 W Eaton (16) 8:13	
3 MartinezRodney (2) 7:03		3 L Abbott (23) 8:10		
3 Sale Harriers	'A'	24 Lancaster & Morecambe AC		23:37
1 D Beckett (1) 6:59	2 J Wignall (5) 7:34	1 A Abraham (12) 7:21	2 M Burns (12) 7:42	
3 S Wood (3) 7:01		3 J Wichall (24) 8:34		
4 Ealing, Southall & Middlesex	21:38	25 Liverpool Pembroke & Sefton AC		23:42
1 E Milley (7) 7:16	2 J Stacey (4) 7:15	1 S Goodwin (24) 7:45	2 M Lloyd (22) 7:55	
3 L Nicholas (4) 7:07		3 J Newell (25) 8:02		
5 Aldershot Farnham & Dis AC	'A'	26 Westbury Harriers	'B'	23:59
1 M Gilfrin (16) 7:27	2 O Aitchison (8) 7:22	1 D Studley (21) 7:35	2 J Westwood (25) 8:15	
3 T Goddard (5) 6:56		3 D Brooker (26) 8:09		
6 West Suffolk AC	21:48	27 Nene Valley Harriers		24:13
1 A Ridley (2) 7:02	2 M McGoldrick (6) 7:33	1 G Favell (27) 7:53	2 P Spurden (19) 7:42	
3 C Fry (6) 7:13		3 L Slater (27) 8:38		
7 Westbury Harriers	'A'	28 Notts AC	'A'	24:15
1 T Wintle (9) 7:18	2 N Selman (10) 7:37	1 P Thompson (33) 8:08	2 M Boot (28) 7:52	
3 J Dalglish (7) 7:05		3 M Gibbons (28) 8:15		
8 Royal Sutton Coldfield AC	'A'	29 Shildon R & AC		24:26
1 O Parker (22) 7:36	2 S Truelove (11) 7:21	1 D Burnage (23) 7:37	2 C Grainger (31) 8:48	
3 D Sution (8) 7:14		3 S Hewitson (29) 8:01		
9 Chesterfield & Dist AC	'A'	30 Charnwood AC	'B'	24:32
1 N Young (3) 7:07	2 M Coward (2) 7:19	1 G Buttery (29) 7:57	2 N Rees (33) 8:32	
3 M Cooke (9) 7:53		3 J Dearson (30) 8:03		
10 Liverpool Harriers & AC	'A'	31 Shaftesbury Barnet Harriers	'B'	24:46
1 A Metcalfe (15) 7:26	2 A Cook (14) 7:51	1 B Johnston (28) 7:55	2 E Bunsie (34) 8:41	
3 A Johnson (10) 7:09		3 F Bailey (31) 8:10		
11 Shaftesbury Barnet Harriers	'A'	32 Derby AC		24:58
1 D Barr (8) 7:17	2 R Miles (7) 7:27	1 S Watson (30) 7:58	2 L Bennett (32) 8:30	
3 N Fordham (11) 7:44		3 D Mee (32) 8:30		
12 Royal Sutton Coldfield AC	'B'	33 Chesterfield & Dist AC	'B'	25:17
1 I Humphries (18) 7:28	2 T Shaw (9) 7:22	1 M Robinson (39) 8:24	2 R Flanagan (37) 8:44	
3 P Dempsey (12) 7:43		3 J Hodgson (33) 8:09		
13 Tipton Harriers	22:34	34 Southport Waterloo AC	'A'	25:55
1 J Skidmore (11) 7:20	2 L Whitehouse (17) 8:08	1 P Vis (35) 8:11	2 G Scally (30) 8:00	
3 S Jones (13) 7:06		3 M Ainson (34) 9:44		
14 Bristol AC	22:51	35 Aldershot Farnham & Dis AC	'B'	26:05
1 M Peters (19) 7:30	2 C Fisher (13) 7:34	1 O Ballard (38) 8:22	2 J Young (36) 8:35	
3 S Hazell (14) 7:47		3 D Thomas (35) 9:08		
15 City Of Norwich AC	22:55	36 Macclesfield Harriers	'B'	27:43
1 O Maskell (13) 7:23	2 J Holland (20) 8:15	1 P Beard (41) 8:53	2 J Turner (39) 8:37	
3 J Senior (15) 7:17		3 A Carter (36) 10:13		
16 Charnwood AC	'A'	Incomplete Teams:		
1 S Baxter (17) 7:28	2 J Ison (18) 8:04	Newham & Essex Beagles		15:57
3 M Brind (16) 7:27		1 J Luna (14) 7:25	2 E Okpokiri (27) 8:32	
17 Nestle Rowntree Ac York	'A'	Nestle Rowntree Ac York	'B'	16:44
1 P Wise (31) 7:59	2 K Smith (26) 7:53	1 R Wilcock (34) 8:09	2 O Palmer (35) 8:35	
3 I Lynn (17) 7:22				
18 Bingley Harriers AC	'A'	Notts AC	'B'	17:29
1 L Horsfall (26) 7:50	2 B Fletcher (24) 7:55	1 L Bostock (36) 8:17	2 C McNeill (38) 9:12	
3 T Crowley (18) 7:32				
19 Leicester Coritanian	23:19	Liverpool Harriers & AC	'B'	8:01
1 S Bates (37) 8:19	2 T Nutt (23) 7:24	1 J Eccleston (32) 8:01		
3 W Clancy (19) 7:36		Charnwood AC	'C'	8:47
20 Lincoln Wellington AC	23:20	1 J Salt (40) 8:47		
1 J Coyle (5) 7:11	2 N Humberstone (21) 8:29	Ripley Running Club		9:55
3 J Humberstone (20) 7:40		1 M Robinson (42) 9:55		
21 Amber Valley AC	'A'			
1 M Feeney (20) 7:31	2 C Dawe (15) 7:47			
3 R Dickenson (21) 8:10				

Fastest runners over stage 3:

1	M Jackson	Warrington	6:36
2	T Goddard	Aldershot A	6:56
3	S Wood	Sale Har A	7:01
4	MartinezRodney	Enfield&H	7:03
5	J Dagleish	Westbury A	7:05
6	S Jones	Tipton	7:06
7	L Nicholas	EalingS&M	7:07
8	A Johnson	LiverpoolH A	7:09
9	C Fry	WestSAC	7:13
10	D Sution	RoySutCold A	7:14

Fastest of all legs

1	M Jackson	Warrington		6:36
2	T Goddard	Aldershot	A	6:56
3	M O'Neil	Warrington		6:57
4	D Beckett	Sale Har	A	6:59
5	S Wood	Sale Har	A	7:01
6	A Ridley	WestSAC		7:02
7	MartinezRodney	Enfield&H		7:03
8	J Dagleish	Westbury	A	7:05
9	S Jones	Tipton		7:06
10	L Nicholas	EalingS&M		7:07
=	N Young	Chesterfld	A	7:07

The ECCA National Cross Country Relays at Berry Hill Park, Mansfield on Saturday 8th November 2003

Under15 Girls Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	Prestons	Aldershot A	7:09	31	L Dack	C.Norwich 7:54
2	J Kinney	RoySutCold A	7:10	32	B Kyrch	LeicesterC A 7:56
3	N Grant	RotherhamH A	7:14	33	E Lockett	Bristol B 7:56
4	M Ronan	LiverpoolH	7:17	34	A Godfrey	Dacorum&TA A 7:57
5	N Howell	Bedford	7:19	35	L Clarke	Doncaster 7:58
6	A Bailey	Shaftesbry A	7:19	36	*Not Declared*	LeicesterC B 8:02
7	T Taylor	MiltonKAC A	7:19	37	A Wall	EalingS&M 8:02
8	K Keeley	Oldham&RH A	7:20	38	C Wilson	Luton ac B 8:04
9	*Not Declared*	Trafford B	7:22	39	K Colton	Mansfield B 8:05
10	E Reed	Bristol A	7:23	40	R Richardson	HullAAC 8:05
11	L Wood	Sale Har A	7:23	41	M Birbeck	Lancaster A 8:08
12	S Stockton	ValeRoyal A	7:28	42	B Herrom	WakefieldH B 8:09
13	V Bryce	RoySutCold B	7:29	43	S Barnes	RotherhamH B 8:10
14	L Davies	Peterborou	7:31	44	K Birtwistle	StockportH B 8:14
15	A Johnson	Scarboroug	7:32	45	H Shelley	Shaftesbry B 8:16
16	K Walker	Tipton A	7:32	46	H Kemp	Derby AC A 8:17
17	M Parry	Halesowen	7:33	47	L Patton	Gateshead B 8:21
18	A Magee	Charnwood A	7:35	48	L Armough	AmberVAC A 8:22
19	Eleanor Hall	Leeds City A	7:35	49	V Fallow	MiltonKAC B 8:24
20	K Plant	Mansfield A	7:36	50	R Ellis	Notts A 8:26
21	M Keepence	Luton ac A	7:39	51	J Allen	RotherhamH C 8:40
22	S Duffy	Gateshead A	7:42	52	E Deamon	ValeRoyal B 8:41
23	L Harley	LincolnWAC	7:45	53	E Dewey	Grantham 8:44
24	C Maxted	Nestle	7:46	54	K McGill	Aldershot C 8:50
25	S Higgins	WakefieldH A	7:46	55	K Noonan	AmberVAC B 9:03
26	E McLoughlin	StockportH A	7:48	56	M Baginski	Dacorum&TA B 9:13
27	N Pell	KetteringT	7:48	57	K North	Charnwood B 9:19
28	E Sprake	IpswichH	7:52	58	C Carr	BlackburnH 9:24
29	JJ Prier	Aldershot B	7:53	59	S Wright	Dacorum&TA C 10:10
30	A Williams	HyndburnAC	7:54			

Under15 Girls Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain			
1	E Pallant	Aldershot A	7:02	14:11	0	33	G Atherton	Oldham&RH A 8:56 16:16 - 25
2	E Langdell	RoySutCold A	7:04	14:14	0	34	J Bestwick	Mansfield B 8:16 16:21 + 5
3	L Yates	Shaftesbry A	7:26	14:45	+	35	M Mellor	Derby AC A 8:06 16:23 + 11
4	L McHale	Halesowen	7:22	14:55	+ 13	36	L McLome	WakefieldH B 8:16 16:25 + 6
5	Elizabeth Hall	Leeds City A	7:22	14:57	+ 14	37	M Bovingdon	Shaftesbry B 8:20 16:36 + 8
6	L Waddington	RotherhamH A	7:45	14:59	- 3	38	H Wilson	Luton ac B 8:32 16:36 0
7	L Clews	Tipton A	7:30	15:02	+	39	L May	HullAAC 8:33 16:38 + 1
8	A Jarman	MiltonKAC A	7:44	15:03	- 1	40	L Finding	Peterborou 9:16 16:47 - 26
9	H Nelson	LiverpoolH	7:47	15:04	- 5	41	J Bennett	Lancaster A 8:53 17:01 0
10	N Yates	Mansfield A	7:30	15:06	+ 10	42	H Najuk	Notts A 8:56 17:22 + 8
11	R Jenyon	StockportH A	7:22	15:10	+ 15	43	A Palmer	RotherhamH C 8:46 17:26 + 8
12	O Larcomb	RoySutCold B	7:45	15:14	+	44	J Mitchell	HyndburnAC 9:33 17:27 - 14
13	S Underhill	Bedford	8:00	15:19	- 8	45	V Hubbard	Grantham 8:44 17:28 + 8
14	K McHale	WakefieldH A	7:35	15:21	+ 11	46	C Brown	AmberVAC A 9:16 17:38 + 2
15	L Lambert	ValeRoyal A	7:56	15:24	- 3	47	R Wood	BlackburnH 8:21 17:45 + 11
16	*Not Declared*	Trafford B	8:07	15:29	- 7	48	L Stables	Doncaster 9:48 17:46 - 13
17	L Dodsworth	Gateshead A	7:49	15:31	+	49	J Gibb	Dacorum&TA B 8:58 18:11 + 7
18	L O'Hara	Sale Har A	8:09	15:32	- 7	50	J Rowe	AmberVAC B 9:24 18:27 + 5
19	H Pitman	Bristol A	8:09	15:32	- 9	51	L Rees	Charnwood B 9:40 18:59 + 6
20	Robertsf	Dacorum&TA A	7:37	15:34	+ 14	Fastest runners over stage 2:		
21	C Rose	C.Norwich	7:41	15:35	+ 10	1	E Pallant	Aldershot A 7:02
22	K Watkins	Luton ac A	7:57	15:36	- 1	2	E Langdell	RoySutCold A 7:04
23	V Needham	Nestle	7:59	15:45	+	3	Elizabeth Hall	Leeds City A 7:22
24	H Miles	IpswichH	7:56	15:48	+	4	R Jenyon	StockportH A 7:22
25	F Wright	LeicesterC A	7:52	15:48	+	5	L McHale	Halesowen 7:22
26	N Ellis	Aldershot B	8:01	15:54	+	6	L Yates	Shaftesbry A 7:26
27	E FieldLucas	Charnwood A	8:20	15:55	- 9	7	N Yates	Mansfield A 7:30
28	C Vaughan	RotherhamH B	7:59	16:09	+ 15	8	L Clews	Tipton A 7:30
29	J Clarke	LincolnWAC	8:24	16:09	- 6	9	K McHale	WakefieldH A 7:35
30	B Stock	EalingS&M	8:09	16:11	+	10	Robertsf	Dacorum&TA A 7:37
31	G Ventura	KetteringT	8:25	16:13	- 4			
32	K Davidson	Bristol B	8:17	16:13	+			

Under15 Girls Stage 3 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
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Under15 Girls — Team Results — Final

(nn) is team position after the appropriate stage.

1	Aldershot Farnham & Dis AC			‘A’	21:00	12 Vale Royal			‘A’	22:48					
1	Prestons	(1)	7:09	2	E Pallant	(1)	7:02	1	S Stockton	(12)	7:28	2	L Lambert	(15)	7:56
3	S Twell	(1)	6:49					3	V Jones	(12)	7:24				
2	Royal Sutton Coldfield AC			‘A’	21:11	13 Sale Harriers			‘A’	22:49					
1	J Kinney	(2)	7:10	2	E Langdell	(2)	7:04	1	L Wood	(11)	7:23	2	L O'Hara	(18)	8:09
3	D Walker	(2)	6:57					3	J Stockton	(13)	7:17				
3	Tipton Harriers			‘A’	22:06	14 Bedford & County AC				22:52					
1	K Walker	(16)	7:32	2	L Clews	(7)	7:30	1	N Howell	(5)	7:19	2	S Underhill	(13)	8:00
3	L Bache	(3)	7:04					3	P Duffy	(14)	7:33				
4	Liverpool Harriers & AC				22:15	15 Ipswich Harriers				22:54					
1	M Ronan	(4)	7:17	2	H Nelson	(9)	7:47	1	E Sprake	(28)	7:52	2	H Miles	(24)	7:56
3	J CodrieTaylor	(4)	7:11					3	L Dowsing	(15)	7:06				
5	Shaftesbury Barnet Harriers			‘A’	22:16	16 Luton AC			‘A’	22:56					
1	A Bailey	(6)	7:19	2	L Yates	(3)	7:26	1	M Keepence	(21)	7:39	2	K Watkins	(22)	7:57
3	C Miles	(5)	7:31					3	S Simpson	(16)	7:20				
6	Leeds City AC			‘A’	22:23	17 Royal Sutton Coldfield AC			‘B’	23:04					
1	Eleanor Hall	(19)	7:35	2	Elizabeth Hall	(5)	7:22	1	V Bryce	(13)	7:29	2	O Larcomb	(12)	7:45
3	JGregorczyk	(6)	7:26					3	S Lay	(17)	7:50				
7	Rotherham Harriers & AC			‘A’	22:29	18 Gateshead H & AC			‘A’	23:14					
1	N Grant	(3)	7:14	2	L Waddington	(6)	7:45	1	S Duffy	(22)	7:42	2	L Dodsworth	(17)	7:49
3	V France	(7)	7:30					3	L Wright	(18)	7:43				
8	Stockport Harriers AC			‘A’	22:29	19 Bristol AC			‘A’	23:17					
1	E McLoughlin	(26)	7:48	2	R Jenyon	(11)	7:22	1	E Reed	(10)	7:23	2	H Pitman	(19)	8:09
3	R Fallow	(8)	7:19					3	Z Davies	(19)	7:45				
9	Halesowen AC				22:30	20 Wakefield Harriers & AC			‘A’	23:21					
1	MParry	(17)	7:33	2	L McHale	(4)	7:22	1	S Higgins	(25)	7:46	2	K McHale	(14)	7:35
3	C Elliot	(9)	7:35					3	J Wright	(20)	8:00				
10	Mansfield Harriers AC			‘A’	22:43	21 Dacorum & Tring AC			‘A’	23:42					
1	K Plant	(20)	7:36	2	N Yates	(10)	7:30	1	A Godfrey	(34)	7:57	2	Robertsf	(20)	7:37
3	S Morrison	(10)	7:37					3	G Hurt	(21)	8:08				
11	Milton Keynes AC			‘A’	22:45	22 Kettering Town Harriers				23:43					
1	T Taylor	(7)	7:19	2	A Jarman	(8)	7:44	1	N Pell	(27)	7:48	2	G Ventura	(31)	8:25
3	L Licietis	(11)	7:42					3	S Edwards	(22)	7:30				

23 City Of Norwich AC				23:48				43 Doncaster & Stainforth AC				26:24			
1	L Dack	(31)	7:54	2	C Rose	(21)	7:41	1	L Clarke	(35)	7:58	2	L Stables	(48)	9:48
3	H Wake	(23)	8:13					3	K Lake	(43)	8:38				
24 Ealing, Southall & Middlesex				23:54				44 Amber Valley AC				'A' 26:37			
1	A Wall	(37)	8:02	2	B Stock	(30)	8:09	1	L Armough	(48)	8:22	2	C Brown	(46)	9:16
3	C McGuigan	(24)	7:43					3	L Feeney	(44)	8:59				
25 Leicester Coritnian				23:56				45 Amber Valley AC				'B' 27:37			
1	B Kyrch	(32)	7:56	2	F Wright	(25)	7:52	1	K Noonan	(55)	9:03	2	J Rowe	(50)	9:24
3	C Kinton	(25)	8:08					3	C Turnbull	(45)	9:10				
26 Nestle Rowntree Ac York				23:58				46 Dacorum & Tring AC				'B' 27:40			
1	C Macted	(24)	7:46	2	V Needham	(23)	7:59	1	M Baginski	(56)	9:13	2	J Gibb	(49)	8:58
3	L Hunter	(26)	8:13					3	K Booles	(46)	9:29				
27 Aldershot Farnham & Dis AC				24:07				47 Rotherham Harriers & AC				'C' 28:10			
1	JJ Prier	(29)	7:53	2	N Ellis	(26)	8:01	1	J Allen	(51)	8:40	2	A Palmer	(43)	8:46
3	K Nowack	(27)	8:13					3	L Haywood	(47)	10:44				
28 Charnwood AC				24:25				Incomplete Teams:							
1	A Magee	(18)	7:35	2	E FieldLucas	(27)	8:20	Trafford Athletic Club				'B' 7:22			
3	R Pettingill	(28)	8:30					1	Undeclared	(9)	7:22	2	Undeclared	(16)	8:07
29 Mansfield Harriers AC				24:36				Luton AC				'B' 16:36			
1	K Colton	(39)	8:05	2	J Bestwick	(34)	8:16	1	C Wilson	(38)	8:04	2	H Wilson	(38)	8:32
3	R Whitley	(29)	8:15					Hull Achilles AC				16:38			
30 Lincoln Wellington AC				24:44				1	R Richardson	(40)	8:05	2	L May	(39)	8:33
1	L Harley	(23)	7:45	2	J Clarke	(29)	8:24	Charnwood AC				'B' 18:59			
3	R Jackson	(30)	8:35					1	K North	(57)	9:19	2	L Rees	(51)	9:40
31 Derby AC				24:52				Scarborough AC				7:32			
1	H Kemp	(46)	8:17	2	M Mellor	(35)	8:06	1	A Johnson	(15)	7:32				
3	K Phipps	(31)	8:29					Leicester Coritnian				'B' 8:02			
32 Rotherham Harriers & AC				24:52				1	Undeclared	(36)	8:02				
1	S Barnes	(43)	8:10	2	C Vaughan	(28)	7:59	Stockport Harriers AC				'B' 8:14			
3	L Edwards	(32)	8:43					1	K Birtwistle	(44)	8:14				
33 Bristol AC				25:00				Gateshead H & AC				'B' 8:21			
1	E Lockett	(33)	7:56	2	K Davidson	(32)	8:17	1	L Patton	(47)	8:21				
3	K Fish	(33)	8:47					Milton Keynes AC				'B' 8:24			
34 Shaftesbury Barnet Harriers				25:05				1	V Fallow	(49)	8:24				
1	H Shelley	(45)	8:16	2	M Bovingdon	(37)	8:20	Vale Royal				'B' 8:41			
3	E Hughes	(34)	8:29					1	E Deamon	(52)	8:41				
35 Hyndburn AC				25:14				Aldershot Farnham & Dis AC				'C' 8:50			
1	A Williams	(30)	7:54	2	J Mitchell	(44)	9:33	1	K McGill	(54)	8:50				
3	S Murray	(35)	7:47					Dacorum & Tring AC				'C' 10:10			
36 Oldham & Royton Harriers				25:23				1	S Wright	(59)	10:10				
1	K Keeley	(8)	7:20	2	G Atherton	(33)	8:56	Fastest of all legs							
3	B McGinty	(36)	9:07					1	S Twell	Aldershot	A	6:49			
37 Notts AC				25:39				2	D Walker	RoySutCold	A	6:57			
1	R Ellis	(50)	8:26	2	H Najuk	(42)	8:56	3	E Pallant	Aldershot	A	7:02			
3	M Makin	(37)	8:17					4	E Langdell	RoySutCold	A	7:04			
38 Lancaster & Morecambe AC				25:39				=	L Bache	Tipton	A	7:04			
1	M Birbeck	(41)	8:08	2	J Bennett	(41)	8:53	6	L Dowsing	IpswichH		7:06			
3	C Peach	(38)	8:38					7	Prestons	Aldershot	A	7:09			
39 Wakefield Harriers & AC				25:50				8	J Kinney	RoySutCold	A	7:10			
1	B Herrom	(42)	8:09	2	L McLome	(36)	8:16	9	J CodrieTaylor	LiverpoolH		7:11			
3	S Jones	(39)	9:25					10	N Grant	RotherhamH	A	7:14			
40 Blackburn Harriers				25:59											
1	C Carr	(58)	9:24	2	R Wood	(47)	8:21								
3	C Thompson	(40)	8:14												
41 Peterborough AC				26:14											
1	L Davies	(14)	7:31	2	L Finding	(40)	9:16								
3	E Craven	(41)	9:27												
42 Grantham AC				26:15											
1	E Dewey	(53)	8:44	2	V Hubbard	(45)	8:44								
3	H DeBank	(42)	8:47												

The ECCA National Cross Country Relays

at Berry Hill park, Mansfield on Saturday 8th November 2003

Under 15 Boys Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	J Corrigan	StockportH A	6:13	35	J Ashton	LiverpoolH B	6:58
2	C Booker	Halesowen A	6:17	36	N Todd	Bristol A	6:58
3	P Howarth	Luton ac A	6:18	37	E Glaister	LeicesterC	6:59
4	C Fitzpatrick	BlackburnH	6:23	38	R Hall	Leeds City A	7:00
5	D Easter	Shaftesbry A	6:26	39	R Sambrook	Shaftesbry B	7:02
6	D Appleby	Solihull A	6:27	40	T Easter	Solihull B	7:02
7	J Holland	C.Norwich A	6:27	41	A Hilton	Mansfield B	7:04
8	T Carpenter	Westbury A	6:28	42	M Evans	RoySutCold B	7:04
9	C Gunderson	LiverpoolH A	6:29	43	M Wood	StockportH B	7:06
10	M Borer	RotherhamH A	6:29	44	M Travis	Morpeth A	7:06
11	D Heathcote	Mansfield A	6:30	45	C Terry	Bingley	7:08
12	A Smith	Nestle	6:31	46	T Virtue	Bristol B	7:08
13	J Harman	HolmfirthH A	6:33	47	S Williams	HyndburnAC B	7:09
14	E HowellJones	RoySutCold A	6:37	48	A Russo	Newham&EB B	7:11
15	W Roberts	ShildonR&A	6:38	49	R Love	AmberVAC	7:12
16	C Pearce	HyndburnAC A	6:39	50	S Rischer	Notts A	7:13
17	G Hogg	Trafford	6:40	51	M Cairns	Morpeth B	7:15
18	N Goolab	EalingS&M	6:40	52	N Cruchley	Halesowen B	7:15
19	J Griffiths	ValeRoyal	6:41	53	D Holcombe	Westbury B	7:16
20	P Astbury	Chesterfld A	6:41	54	W Thompson	Shaftesbry C	7:21
21	P Haines	Newham&EB A	6:41	55	R Abraham	Lancaster	7:23
22	*Not Declared*	Tipton	6:45	56	P Furze	Aldershot C	7:27
23	J Arnold	Aldershot A	6:46	57	S Gill	Aldershot B	7:29
24	G Docherty	Birtley AC A	6:47	58	J Ramsden	Lincoln W A	7:29
25	B Knighton	Gateshead A	6:48	59	S Tuttle	Bedford	7:29
26	F Insley	Derby AC A	6:49	60	A Greenwood	Birtley AC B	7:30
27	R Bland	L'poolP&S A	6:51	61	T Atkinson	Derby AC C	7:32
28	D Martin	C.Norwich B	6:52	62	A Witham	Chesterfld B	7:35
29	E Fry	WestSAC	6:52	63	A Mildowski	Charnwood A	7:51
30	D Scally	SouthportW A	6:53	64	A Elder	Macclesfld	7:52
31	J Wilkinson	Leeds City B	6:54	65	A Botterill	Derby AC B	8:00
32	S May	OWLS	6:56	66	J Long	Doncaster	8:37
33	R Heavside	NeneVH	6:56	67	G Angus	Notts B	9:39
34	S Hutchinson	L'poolP&S B	6:57	68	C Cooney	SouthportW B	10:14

Under 15 Boys Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	S Bennett	StockportH A	6:35	12:48	0	34	M Evans	SouthportW A	7:17
2	I Dyson	Halesowen A	6:32	12:49	0	35	T Roberts	Leeds City B	7:17
3	T Best	Luton ac A	6:45	13:03	0	36	R McLaughlin	L'poolP&S B	7:17
4	S Huntington	C.Norwich A	6:37	13:04	+ 3	37	M Carroll	ValeRoyal	7:36
5	A Bird	Solihull A	6:38	13:05	+ 1	38	A Fletcher	Bingley	7:12
6	H Webb	Westbury A	6:39	13:07	+ 2	39	M Morrow	LiverpoolH B	7:23
7	C Purdue	Shaftesbry A	6:45	13:11	- 2	40	S Cameron	StockportH B	7:15
8	A Osman	EalingS&M	6:34	13:14	+ 10	41	C Bounds	Aldershot B	6:56
9	G Smith	Aldershot A	6:31	13:17	+ 14	42	T Guest	RoySutCold B	7:21
10	A Reid	Mansfield A	6:48	13:18	+ 1	43	M Harms	Aldershot C	7:00
11	J Martindale	Shaftesbry B	6:17	13:19	+ 28	44	M Cochran	Morpeth A	7:21
12	M Pollard	RotherhamH A	6:51	13:20	- 2	45	R McGonigle	NeneVH	7:36
13	M Johnson	HolmfirthH A	6:47	13:20	0	46	A Draper	Solihull B	7:34
14	D Westbury	Derby AC A	6:33	13:22	+ 12	47	D Rawcliffe	HyndburnAC B	7:27
15	H Harper	LiverpoolH A	6:57	13:26	- 6	48	R Kiggins	AmberVAC	7:24
16	A Brown	ShildonR&A	6:55	13:33	- 1	49	C Keir	Morpeth B	7:22
17	J Grimsley	Trafford	6:54	13:34	0	50	J Watson	Notts A	7:31
18	A Bosworth	RoySutCold A	6:58	13:35	- 4	51	C Speight	Mansfield B	7:43
19	W Pike	Gateshead A	6:53	13:41	+ 6	52	A Bartle	Derby AC C	7:17
20	J McKenna	L'poolP&S A	6:54	13:45	+ 7	53	A Clay	Halesowen B	7:35
21	N Ridding	HyndburnAC A	7:07	13:46	- 5	54	D Filer	Bristol B	7:45
22	*Not Declared*	Tipton	7:02	13:47	0	55	T Lawrence	Derby AC B	6:56
23	M Godrich	LeicesterC	6:49	13:48	+ 14	56	E Haywood	Lincoln W A	7:30
24	S Brown	WestSAC	6:56	13:48	+ 5	57	A Ash	Bedford	7:41
25	G Davis	OWLS	6:54	13:50	+ 7	58	J Middleton	Lancaster	7:54
26	L Holden	BlackburnH	7:29	13:52	- 22	59	R Hopkins	Birtley AC B	7:58
27	B Hussain	Newham&EB A	7:16	13:57	- 6	60	C McDermott	Shaftesbry C	8:12
28	A Whitworth	Chesterfld A	7:17	13:58	- 8	61	T Shodunke	Newham&EB B	8:26
29	A Wear	Birtley AC A	7:12	13:59	- 5	62	D Booker	Chesterfld B	8:03
30	J Palmer	Nestle	7:29	14:00	- 18	63	J Swindells	Macclesfld	8:45
31	A Davy	Leeds City A	7:01	14:01	+ 7	64	SlaterClayton	Doncaster	8:06
32	J Golding	Bristol A	7:06	14:04	+ 4	65	A Lomas	Charnwood A	9:12
33	S Murray	C.Norwich B	7:16	14:08	- 5	66	R Saunders	SouthportW B	8:01

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>

Sport
Soft

Under 15 Boys Stage 3 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain									
1	R Millington	StockportH	A	6:12	19:00		0	31	S Brown	StockportH	B	6:51	21:12	+	9	
2	N Lyster	Solihull	A	6:10	19:15	+	3	32	F Browning	Bristol	A	7:09	21:13		0	
3	S Dalgleish	Westbury	A	6:15	19:22	+	3	33	C Welch	Aldershot	B	6:48	21:13	+	8	
4	R Ward	C.Norwich	A	6:20	19:24		0	34	C Perry	ValeRoyal		7:04	21:21	+	3	
5	A Botfield	Halesowen	A	6:38	19:27	-	3	35	J Farmborough	NeneVH		6:50	21:22	+	10	
6	D Sheppard	Aldershot	A	6:35	19:52	+	3	36	L Henshaw	Leeds City	B	7:13	21:24	-	1	
7	N Quigley	Luton ac	A	6:54	19:57	-	4	37	R Balmбра	Morpeth	A	6:59	21:26	+	7	
8	J Downing	EalingS&M		6:48	20:02		0	38	G Wilson	SouthportW	A	7:22	21:32	-	4	
9	J Hall	Shaftesbry	A	6:53	20:04	-	2	39	K Sloane	L'poolP&S	B	7:22	21:36	-	3	
10	D Brocklehurst	Trafford		6:32	20:06	+	7	40	R Shaw	Bingley		7:18	21:38	-	2	
11	C Tipper	LeicesterC		6:26	20:14	+	12	41	P Byrne	RoySutCold	B	7:21	21:46	+	1	
12	C Finlayson	HolmfirthH	A	6:55	20:15	+	1	42	C Blake	Aldershot	C	7:20	21:47	+	1	
13	K Thompson	ShildonR&A		6:42	20:15	+	3	43	J Russell	LiverpoolH	B	7:31	21:52	-	4	
14	J Mee	Mansfield	A	7:02	20:20	-	4	44	D Paxton	Notts	A	7:16	22:00	+	6	
15	L Seamer	Derby AC	A	7:01	20:23	-	1	45	P Softley	Derby AC	C	7:16	22:05	+	7	
16	J McCaig	Shaftesbry	B	7:05	20:24	-	5	46	A Spurling	Derby AC	B	7:16	22:12	+	9	
17	M Brown	Gateshead	A	6:45	20:26	+	2	47	H Preston	Bristol	B	7:32	22:25	+	7	
18	P Matthews	BlackburnH		6:35	20:27	+	8	48	A Szarkowski	AmberVAC		7:50	22:26		0	
19	B Bellew	RoySutCold	A	6:54	20:29	-	1	49	D Morton	Halesowen	B	7:41	22:31	+	4	
20	L Luscombe	LiverpoolH	A	7:04	20:30	-	5	50	S Stott	Solihull	B	8:01	22:37	-	4	
21	A Bowen	L'poolP&S	A	7:03	20:48	-	1	51	A Higginson	Lancaster		7:21	22:38	+	7	
22	A Waterhouse	WestSAC		7:02	20:50	+	2	52	S Wallbank	Bedford		7:32	22:42	+	5	
23	M Bath	C.Norwich	B	6:43	20:51	+	10	53	B Cross	Lincoln W	A	7:50	22:49	+	3	
24	P Wilson	RotherhamH	A	7:32	20:52	-	12	54	M Kitson	Morpeth	B	8:27	23:04	-	5	
25	M Doccherty	Birtley AC	A	6:53	20:52	+	4	55	D Murray	Macclesfld		7:05	23:42	+	8	
26	A Hurley	HyndburnAC	A	7:08	20:54	-	5	56	M Fenton	Chesterfld	B	8:33	24:11	+	6	
27	B Mourby	Chesterfld	A	6:58	20:56	+	1	57	B Shoderu	Newham&EB	B	8:41	24:18	+	4	
28	K Agard	Newham&EB	A	7:01	20:58	-	1	58	D Jones	Doncaster		8:51	25:34	+	6	
29	M Williams	Leeds City	A	6:57	20:58	+	2	59	G Owen	SouthportW	B	9:12	27:27	+	7	
30	*Not Declared*	Tipton		7:14	21:01	-	8									

Fastest runners over stage 2:

1	J Martindale	Shaftesbury B	6:17
2	G Smith	Aldershot A	6:31
3	I Dyson	Halesowen A	6:32
4	D Westbury	Derby AC A	6:33
5	A Osman	EalingS&M	6:34
6	S Bennett	StockportH A	6:35
7	S Huntington	C.Norwich A	6:37
8	A Bird	Solihull A	6:38
9	H Webb	Westbury A	6:39
10	T Best	Luton ac A	6:45
11	C Purdue	Shaftesbury A	6:45

Fastest runners over stage 3:

1	N Lyster	Solihull A	6:10
2	R Millington	StockportH A	6:12
3	S Dalgleish	Westbury A	6:15
4	R Ward	C.Norwich A	6:20
5	C Tipper	LeicesterC	6:26
6	D Brocklehurst	Trafford	6:32
7	P Matthews	BlackburnH	6:35
8	D Sheppard	Aldershot A	6:35
9	A Botfield	Halesowen A	6:38
10	K Thompson	ShildonR&A	6:42

Under 15 Boys — Team Results — Final
(nn) is team position after the appropriate stage.

1 Stockport Harriers AC			‘A’	19:00	8 Ealing, Southall & Middlesex			20:02
1	J Corrigan	(1) 6:13	2 S Bennett	(1) 6:35	1	N Goolab	(18) 6:40	2 A Osman (8) 6:34
3	R Millington	(1) 6:12			3	J Downing	(8) 6:48	
2 Solihull & Small Heath AC			‘A’	19:15	9 Shaftesbury Barnet Harriers			‘A’ 20:04
1	D Appleby	(6) 6:27	2 A Bird	(5) 6:38	1	D Easter	(5) 6:26	2 C Purdue (7) 6:45
3	N Lyster	(2) 6:10			3	J Hall	(9) 6:53	
3 Westbury Harriers			‘A’	19:22	10 Trafford Athletic Club			20:06
1	T Carpenter	(8) 6:28	2 H Webb	(6) 6:39	1	G Hogg	(17) 6:40	2 J Grimsley (17) 6:54
3	S Dalglish	(3) 6:15			3	D Brocklehurst	(10) 6:32	
4 City Of Norwich AC			‘A’	19:24	11 Leicester Coritanian			20:14
1	J Holland	(7) 6:27	2 S Huntington	(4) 6:37	1	E Glaister	(37) 6:59	2 M Godrich (23) 6:49
3	R Ward	(4) 6:20			3	C Tipper	(11) 6:26	
5 Halesowen AC			‘A’	19:27	12 Holmfirth Harriers AC			‘A’ 20:15
1	C Booker	(2) 6:17	2 I Dyson	(2) 6:32	1	J Harman	(13) 6:33	2 M Johnson (13) 6:47
3	A Botfield	(5) 6:38			3	C Finlayson	(12) 6:55	
6 Aldershot Farnham & Dis AC			‘A’	19:52	13 Shildon R & AC			20:15
1	J Arnold	(23) 6:46	2 G Smith	(9) 6:31	1	W Roberts	(15) 6:38	2 A Brown (16) 6:55
3	D Sheppard	(6) 6:35			3	K Thompson	(13) 6:42	
7 Luton AC			‘A’	19:57	14 Mansfield Harriers AC			‘A’ 20:20
1	P Howarth	(3) 6:18	2 T Best	(3) 6:45	1	D Heathcote	(11) 6:30	2 A Reid (10) 6:48
3	N Quigley	(7) 6:54			3	J Mee	(14) 7:02	

15 Derby AC	'A'	20:23	37 Morpeth H & AC	'A'	21:26
1 F Insley (26) 6:49	2 D Westbury (14) 6:33	1 M Travis (44) 7:06	2 M Cochrane (44) 7:21		
3 L Seamer (15) 7:01		3 R Balmбра (37) 6:59			
16 Shaftesbury Barnet Harriers	'B'	20:24	38 Southport Waterloo AC	'A'	21:32
1 R Sambrook (39) 7:02	2 J Martindale (11) 6:17	1 D Scally (30) 6:53	2 M Evans (34) 7:17		
3 J McCaig (16) 7:05		3 G Wilson (38) 7:22			
17 Gateshead H & AC	'A'	20:26	39 Liverpool Pembroke & Sefton AC	'B'	21:36
1 B Knighton (25) 6:48	2 W Pike (19) 6:53	1 S Hutchinson (34) 6:57	2 R McLaughlin (36) 7:17		
3 M Brown (17) 6:45		3 K Sloane (39) 7:22			
18 Blackburn Harriers		20:27	40 Bingley Harriers AC		21:38
1 C Fitzpatrick (4) 6:23	2 L Holden (26) 7:29	1 C Terry (45) 7:08	2 A Fletcher (38) 7:12		
3 P Matthews (18) 6:35		3 R Shaw (40) 7:18			
19 Royal Sutton Coldfield AC	'A'	20:29	41 Royal Sutton Coldfield AC	'B'	21:46
1 E Howell Jones (14) 6:37	2 A Bosworth (18) 6:58	1 M Evans (42) 7:04	2 T Guest (42) 7:21		
3 B Bellew (19) 6:54		3 P Byrne (41) 7:21			
20 Liverpool Harriers & AC	'A'	20:30	42 Aldershot Farnham & Dis AC	'C'	21:47
1 C Gunderson (9) 6:29	2 H Harper (15) 6:57	1 P Furze (56) 7:27	2 M Harms (43) 7:00		
3 L Luscombe (20) 7:04		3 C Blake (42) 7:20			
21 Liverpool Pembroke & Sefton AC	'A'	20:48	43 Liverpool Harriers & AC	'B'	21:52
1 R Bland (27) 6:51	2 J McKenna (20) 6:54	1 J Ashton (35) 6:58	2 M Morrow (39) 7:23		
3 A Bowen (21) 7:03		3 J Russell (43) 7:31			
22 West Suffolk AC		20:50	44 Notts AC	'A'	22:00
1 E Fry (29) 6:52	2 S Brown (24) 6:56	1 S Rischer (50) 7:13	2 J Watson (50) 7:31		
3 A Waterhouse (22) 7:02		3 D Paxton (44) 7:16			
23 City Of Norwich AC	'B'	20:51	45 Derby AC	'C'	22:05
1 D Martin (28) 6:52	2 S Murray (33) 7:16	1 T Atkinson (61) 7:32	2 A Bartle (52) 7:17		
3 M Bath (23) 6:43		3 P Softley (45) 7:16			
24 Rotherham Harriers & AC	'A'	20:52	46 Derby AC	'B'	22:12
1 M Borer (10) 6:29	2 M Pollard (12) 6:51	1 A Botterill (65) 8:00	2 T Lawrence (55) 6:56		
3 P Wilson (24) 7:32		3 A Spurling (46) 7:16			
25 Birtley AC	'A'	20:52	47 Bristol AC	'B'	22:25
1 G Docherty (24) 6:47	2 A Wear (29) 7:12	1 T Virtue (46) 7:08	2 D Filer (54) 7:45		
3 M Doccherty (25) 6:53		3 H Preston (47) 7:32			
26 Hyndburn AC	'A'	20:54	48 Amber Valley AC		22:26
1 C Pearce (16) 6:39	2 N Ridding (21) 7:07	1 R Love (49) 7:12	2 R Kiggins (48) 7:24		
3 A Hurley (26) 7:08		3 A Szarkowski (48) 7:50			
27 Chesterfield & Dist AC	'A'	20:56	49 Halesowen AC	'B'	22:31
1 P Astbury (20) 6:41	2 A Whitworth (28) 7:17	1 N Cruchley (52) 7:15	2 A Clay (53) 7:35		
3 B Mourby (27) 6:58		3 D Morton (49) 7:41			
28 Newham & Essex Beagles	'A'	20:58	50 Solihull & Small Heath AC	'B'	22:37
1 P Haines (21) 6:41	2 B Hussain (27) 7:16	1 T Easter (40) 7:02	2 A Draper (46) 7:34		
3 K Agard (28) 7:01		3 S Stott (50) 8:01			
29 Leeds City AC	'A'	20:58	51 Lancaster & Morecambe AC		22:38
1 R Hall (38) 7:00	2 A Davy (31) 7:01	1 R Abraham (55) 7:23	2 J Middleton (58) 7:54		
3 M Williams (29) 6:57		3 A Higginson (51) 7:21			
30 Tipton Harriers		21:01	52 Bedford & County AC		22:42
1 Undeclared (22) 6:45	2 Undeclared (22) 7:02	1 S Tuttle (59) 7:29	2 A Ash (57) 7:41		
3 Undeclared (30) 7:14		3 S Wallbank (52) 7:32			
31 Stockport Harriers AC	'B'	21:12	53 Lincoln Wellington AC	'A'	22:49
1 M Wood (43) 7:06	2 S Cameron (40) 7:15	1 J Ramsden (58) 7:29	2 E Haywood (56) 7:30		
3 S Brown (31) 6:51		3 B Cross (53) 7:50			
32 Bristol AC	'A'	21:13	54 Morpeth H & AC	'B'	23:04
1 N Todd (36) 6:58	2 J Golding (32) 7:06	1 M Cairns (51) 7:15	2 C Keir (49) 7:22		
3 F Browning (32) 7:09		3 M Kitson (54) 8:27			
33 Aldershot Farnham & Dis AC	'B'	21:13	55 Macclesfield Harriers		23:42
1 S Gill (57) 7:29	2 C Bounds (41) 6:56	1 A Elder (64) 7:52	2 J Swindells (63) 8:45		
3 C Welch (33) 6:48		3 D Murray (55) 7:05			
34 Vale Royal		21:21	56 Chesterfield & Dist AC	'B'	24:11
1 J Griffiths (19) 6:41	2 M Carroll (37) 7:36	1 A Witham (62) 7:35	2 D Booker (62) 8:03		
3 C Perry (34) 7:04		3 M Fenton (56) 8:33			
35 Nene Valley Harriers		21:22	57 Newham & Essex Beagles	'B'	24:18
1 R Heavside (33) 6:56	2 R McGonigle (45) 7:36	1 A Russo (48) 7:11	2 T Shodunke (61) 8:26		
3 J Farmborough (35) 6:50		3 B Shoderu (57) 8:41			
36 Leeds City AC	'B'	21:24	58 Doncaster & Stainforth AC		25:34
1 J Wilkinson (31) 6:54	2 T Roberts (35) 7:17	1 J Long (66) 8:37	2 Slater Clayton (64) 8:06		
3 L Henshaw (36) 7:13		3 D Jones (58) 8:51			

59 Southport Waterloo AC				‘B’	27:27	Charnwood AC				‘A’	17:03				
1	C Cooney	(68)	10:14	2	R Saunders	(66)	8:01	1	A Mildowski	(63)	7:51	2	A Lomas	(65)	9:12
3	G Owen	(59)	9:12												
Incomplete Teams:								Westbury Harriers				‘B’	7:16		
Oadby & Wigston Legionaires AC					13:50	1 D Holcombe (53) 7:16				‘B’	9:39				
1	S May	(32)	6:56	2	G Davis	(25)	6:54	1 G Angus (67) 9:39							
Nestle Rowntree Ac York					14:00	Fastest of all legs									
1	A Smith	(12)	6:31	2	J Palmer	(30)	7:29	1	N Lyster	Solihull	A	6:10			
								2	R Millington	StockportH	A	6:12			
Hyndburn AC				‘B’	14:36			3	J Corrigan	StockportH	A	6:13			
1	S Williams	(47)	7:09	2	D Rawcliffe	(47)	7:27	4	S Dalglish	Westbury	A	6:15			
								5	J Martindale	Shaftesbry	B	6:17			
Mansfield Harriers AC				‘B’	14:47			=	C Booker	Halesowen	A	6:17			
1	A Hilton	(41)	7:04	2	C Speight	(51)	7:43	7	P Howarth	Luton ac	A	6:18			
								8	R Ward	C.Norwich	A	6:20			
Birtley AC				‘B’	15:28			9	C Fitzpatrick	BlackburnH		6:23			
1	A Greenwood	(60)	7:30	2	R Hopkins	(59)	7:58	10	D Easter	Shaftesbry	A	6:26			
								=	C Tipper	LeicesterC		6:26			
Shaftesbury Barnet Harriers				‘C’	15:33										
1	W Thompson	(54)	7:21	2	C McDermott	(60)	8:12								

The ECCA National Cross Country Relays at Berry Hill Park, Mansfield on Saturday 8th November 2003

Under17 women Stage 1 - Final Results

Pos	Name	Club	Leg Time			
1	A Westley	Hallamsh'r	8:33	22	S Smith	C.Norwich 9:56
2	C Browning	Aldershot A	8:38	23	H Hall	Aldershot C 9:58
3	N Maddick	KingstonUH A	8:41	24	M Adams	LiverpoolH 9:59
4	E Collinge	Mansfield	8:43	25	R Parry	Bedford 10:03
5	M Ferrier	Gateshead	8:58	26	J Booth	EalingS&M 10:08
6	B Ellis	ValeRoyal A	9:07	27	K Clegg	BlackburnH A 10:12
7	R Townsend	Leeds City A	9:18	28	G English	Charnwood B 10:15
8	K Uphill	Bristol B	9:23	29	L Young	Leeds City B 10:21
9	G Furze	Aldershot B	9:26	30	Z Donnings	Dacorum&TA 10:21
10	T Wheatman	Scarboroug	9:27	31	S Wright	MiltonKAC B 10:22
11	T Jones	HolmfirthH	9:29	32	C Watson	Notts A 10:23
12	K Langdell	RoySutCold B	9:30	33	L Goldsmith	Shaftesbry B 10:23
13	L Ferguson	Bristol A	9:31	34	N Barnes	HyndburnAC 10:28
14	J Kinney	RoySutCold A	9:31	35	*Not Declared*	LeicesterC 10:33
15	K Lomas	Charnwood A	9:34	36	E Taylor	Lincoln W 10:41
16	J Kerry	WakefieldH	9:35	37	E Lachs	Morpeth 10:48
17	A Pyrah	Lancaster	9:35	38	R Kiveal	Trafford A 10:52
18	A Robinson	MiltonKAC A	9:38	39	T Tomson	OWLS 10:52
19	S Heffron	Oldham&RH	9:45	40	K Morris	BlackburnH B 10:55
20	J Dunn	Chelmsford	9:49	41	M Wood	Doncaster A 11:18
21	K Alcock	Shaftesbry A	9:50	42	L Knight	ValeRoyal B 11:23

Under17 women Stage 2 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	H Jones	Aldershot A	8:52	17:30	+ 1	26	A Welch	Shaftesbry B	10:11 20:34 + 7
2	S Fawcett	KingstonUH A	9:06	17:47	+ 1	27	A Knight	OWLS	9:45 20:37 + 12
3	G Curley	Mansfield	9:10	17:53	+ 1	28	N Dawson	Morpeth	9:55 20:43 + 9
4	B Davies	Bristol A	9:00	18:31	+ 9	29	K French	EalingS&M	10:38 20:46 - 3
5	I Lee	Aldershot B	9:09	18:35	+ 4	30	N Johnson	Lincoln W	10:07 20:48 + 6
6	O Kenney	RoySutCold A	9:08	18:39	+ 8	31	E Flitney	Dacorum&TA	10:48 21:09 - 1
7	H Prouse	RoySutCold B	9:15	18:45	+ 5	32	C Dudebridge	HyndburnAC	11:00 21:28 + 2
8	F Cliffe	Chelmsford	9:00	18:49	+ 12	33	K Spilsbury	ValeRoyal B	10:10 21:33 + 9
9	C Gilmore	Gateshead	9:54	18:52	- 4	34	E Scheer	Notts A	11:12 21:35 - 2
10	S Waldron	Shaftesbry A	9:13	19:03	+ 11	35	B Gibbens	MiltonKAC B	11:24 21:46 - 4
11	A Trafford	Bristol B	9:41	19:04	- 3	36	R Beresford	Trafford A	11:10 22:02 + 2
12	C Mensley	Charnwood A	9:43	19:17	+ 3	37	A Shepherd	BlackburnH B	11:40 22:35 + 3
13	S Davies	Leeds City A	10:01	19:19	- 6	38	D Olejnik	Doncaster A	12:17 23:35 + 3
14	G Lievesley	ValeRoyal A	10:16	19:23	- 8	Fastest runners over stage 2:			
15	N Thompson	HolmfirthH	9:56	19:25	- 4	1	H Jones	Aldershot A	8:52
16	L Licietis	MiltonKAC A	9:50	19:28	+ 2	2	B Davies	Bristol A	9:00
17	R Senior	C.Norwich	9:34	19:30	+ 5	3	F Cliffe	Chelmsford	9:00
18	B Parker	Scarboroug	10:18	19:45	- 8	4	S Fawcett	KingstonUH A	9:06
19	H McGregor	Lancaster	10:12	19:47	- 2	5	O Kenney	RoySutCold A	9:08
20	N Bartholomew	Aldershot C	9:59	19:57	+ 3	6	I Lee	Aldershot B	9:09
21	C Duffy	WakefieldH	10:30	20:05	- 5	7	G Curley	Mansfield	9:10
22	J Pybis	LiverpoolH	10:10	20:09	+ 2	8	S Waldron	Shaftesbry A	9:13
23	R Fuller	Bedford	10:19	20:22	+ 2	9	H Prouse	RoySutCold B	9:15
24	S Croxson	BlackburnH A	10:11	20:23	+ 3	10	R Senior	C.Norwich	9:34
25	K Hart	Oldham&RH	10:43	20:28	- 6				

Under17 women Stage 3 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	L Smith	Aldershot A	8:49	26:19	0	23	N Sage	Morpeth	10:07	30:50	+	5	
2	S Bloor	KingstonUH A	9:11	26:58	0	24	J Allen	Oldham&RH	10:54	31:22	+	1	
3	J Callaway	RoySutCold A	8:41	27:20	+ 3	25	A Aden	EalingS&M	10:42	31:28	+	4	
4	R Mitchell	Bristol A	9:08	27:39	0	26	S Kimpton	Lincoln W	10:43	31:31	+	4	
5	V Clews	Aldershot B	9:39	28:14	0	27	E Roberts	Dacorum&TA	10:25	31:34	+	4	
6	S Bentley	Shaftesbry A	9:12	28:15	+ 4	28	L Hadfield	HolmfirthH	12:37	32:02	-	13	
7	K Morrison	Mansfield	10:30	28:23	- 4	29	R Curron	HyndburnAC	10:41	32:09	+	3	
8	S Jarvis	Chelmsford	9:42	28:31	0	30	L Tomlinson	Notts A	13:04	34:39	+	4	
9	L Jepson	Charnwood A	9:51	29:08	+ 3	31	R Underwood	Doncaster A	11:57	35:32	+	7	
10	E Clarke	C.Norwich	9:49	29:19	+ 7	Fastest runners over stage 3:							
11	A Roskilly	MiltonKAC A	9:52	29:20	+ 5	1	J Callaway	RoySutCold A	8:41				
12	V Walls	ValeRoyal A	10:03	29:26	+ 2	2	L Smith	Aldershot A	8:49				
13	S Whitley	Leeds City A	10:08	29:27	0	3	R Mitchell	Bristol A	9:08				
14	E Smith	Lancaster	9:47	29:34	+ 5	4	S Bloor	KingstonUH A	9:11				
15	A Rose	Bristol B	10:32	29:36	- 4	5	S Bentley	Shaftesbry A	9:12				
16	E Graham	BlackburnH A	9:19	29:42	+ 8	6	E Graham	BlackburnH A	9:19				
17	E Wright	Bedford	9:24	29:46	+ 6	7	E Wright	Bedford	9:24				
18	C Aberdeen	Aldershot C	9:52	29:49	+ 2	8	V Clews	Aldershot B	9:39				
19	R Kraft	Scarboroug	10:09	29:54	- 1	9	S Jarvis	Chelmsford	9:42				
20	K Adams	LiverpoolH	10:07	30:16	+ 2	10	E Smith	Lancaster	9:47				
21	B Fitzmaurice	WakefieldH	10:21	30:26	0								
22	L McCann	OWLS	9:54	30:31	+ 5								

Under17 Women — Team Results — Final (nn) is team position after the appropriate stage.

1 Aldershot Farnham & Dis AC				‘A’	26:19	15 Bristol AC				‘B’	29:36				
1	C Browning	(2)	8:38	2	H Jones	(1)	8:52	1	K Uphill	(8)	9:23	2	A Trafford	(11)	9:41
3	L Smith	(1)	8:49					3	A Rose	(15)	10:32				
2 Kingston Upon Hull AC				‘A’	26:58	16 Blackburn Harriers				‘A’	29:42				
1	N Maddick	(3)	8:41	2	S Fawcett	(2)	9:06	1	K Clegg	(27)	10:12	2	S Croxson	(24)	10:11
3	S Bloor	(2)	9:11					3	E Graham	(16)	9:19				
3 Royal Sutton Coldfield AC				‘A’	27:20	17 Bedford & County AC					29:46				
1	J Kinney	(14)	9:31	2	O Kenney	(6)	9:08	1	R Parry	(25)	10:03	2	R Fuller	(23)	10:19
3	J Callaway	(3)	8:41					3	E Wright	(17)	9:24				
4 Bristol AC				‘A’	27:39	18 Aldershot Farnham & Dis AC				‘C’	29:49				
1	L Ferguson	(13)	9:31	2	B Davies	(4)	9:00	1	H Hall	(23)	9:58	2	N Bartholomew	(20)	9:59
3	R Mitchell	(4)	9:08					3	C Aberdeen	(18)	9:52				
5 Aldershot Farnham & Dis AC				‘B’	28:14	19 Scarborough AC					29:54				
1	G Furze	(9)	9:26	2	I Lee	(5)	9:09	1	T Wheatman	(10)	9:27	2	B Parker	(18)	10:18
3	V Clews	(5)	9:39					3	R Kraft	(19)	10:09				
6 Shaftesbury Barnet Harriers				‘A’	28:15	20 Liverpool Harriers & AC					30:16				
1	K Alcock	(21)	9:50	2	S Waldron	(10)	9:13	1	M Adams	(24)	9:59	2	J Pybis	(22)	10:10
3	S Bentley	(6)	9:12					3	K Adams	(20)	10:07				
7 Mansfield Harriers AC					28:23	21 Wakefield Harriers & AC					30:26				
1	E Collinge	(4)	8:43	2	G Curley	(3)	9:10	1	J Kerry	(16)	9:35	2	C Duffy	(21)	10:30
3	K Morrison	(7)	10:30					3	B Fitzmaurice	(21)	10:21				
8 Chelmsford					28:31	22 Oadby & Wigston Legionaires AC					30:31				
1	J Dunn	(20)	9:49	2	F Cliffe	(8)	9:00	1	T Tomson	(39)	10:52	2	A Knight	(27)	9:45
3	S Jarvis	(8)	9:42					3	L McCann	(22)	9:54				
9 Charnwood AC				‘A’	29:08	23 Morpeth H & AC					30:50				
1	K Lomas	(15)	9:34	2	C Mensley	(12)	9:43	1	E Lachs	(37)	10:48	2	N Dawson	(28)	9:55
3	L Jepson	(9)	9:51					3	N Sage	(23)	10:07				
10 City Of Norwich AC					29:19	24 Oldham & Royton Harriers					31:22				
1	S Smith	(22)	9:56	2	R Senior	(17)	9:34	1	S Heffron	(19)	9:45	2	K Hart	(25)	10:43
3	E Clarke	(10)	9:49					3	J Allen	(24)	10:54				
11 Milton Keynes AC				‘A’	29:20	25 Ealing, Southall & Middlesex					31:28				
1	A Robinson	(18)	9:38	2	L Licietis	(16)	9:50	1	J Booth	(26)	10:08	2	K French	(29)	10:38
3	A Roskilly	(11)	9:52					3	A Aden	(25)	10:42				
12 Vale Royal				‘A’	29:26	26 Lincoln Wellington AC					31:31				
1	B Ellis	(6)	9:07	2	G Lievesley	(14)	10:16	1	E Taylor	(36)	10:41	2	N Johnson	(30)	10:07
3	V Walls	(12)	10:03					3	S Kimpton	(26)	10:43				
13 Leeds City AC				‘A’	29:27	27 Dacorum & Tring AC					31:34				
1	R Townsend	(7)	9:18	2	S Davies	(13)	10:01	1	Z Donnings	(30)	10:21	2	E Flitney	(31)	10:48
3	S Whitley	(13)	10:08					3	E Roberts	(27)	10:25				
14 Lancaster & Morecambe AC					29:34	28 Holmfirth Harriers AC					32:02				
1	A Pyrah	(17)	9:35	2	H McGregor	(19)	10:12	1	T Jones	(11)	9:29	2	N Thompson	(15)	9:56
3	E Smith	(14)	9:47					3	L Hadfield	(28)	12:37				

29 HyndburnAC				32:09	Trafford Athletic Club				‘A’	22:02	
1	N Barnes	(34) 10:28	2	C Dudebridge	(32) 11:00	1	R Kiveal	(38) 10:52	2	R Beresford	(36) 11:10
3	R Curron	(29) 10:41									
30 NottsAC				‘A’	34:39	Blackburn Harriers				‘B’	22:35
1	C Watson	(32) 10:23	2	E Scheer	(34) 11:12	1	K Morris	(40) 10:55	2	A Shepherd	(37) 11:40
3	L Tomlinson	(30) 13:04									
31 Doncaster & Stainforth AC				‘A’	35:32	Hallamshire Harriers Sheffield					8:33
1	M Wood	(41) 11:18	2	D Olejnik	(38) 12:17	1	A Westley	(1) 8:33			
3	R Underwood	(31) 11:57									
Incomplete Teams:						CharnwoodAC				‘B’	10:15
Royal Sutton ColdfieldAC				‘B’	18:45	Leeds City AC				‘B’	10:21
1	K Langdell	(12) 9:30	2	H Prouse	(7) 9:15	1	L Young	(29) 10:21			
Gateshead H & AC					18:52	Leicester Coritanian					10:33
1	M Ferrier	(5) 8:58	2	C Gilmore	(9) 9:54	1	Undeclared	(35) 10:33			
						Fastest of all legs — Final					
Shaftesbury Barnet Harriers				‘B’	20:34	1	A Westley	Hallamsh'r			8:33
1	L Goldsmith	(33) 10:23	2	A Welch	(26) 10:11	2	C Browning	Aldershot	A		8:38
						3	J Callaway	RoySutCold	A		8:41
Vale Royal				‘B’	21:33	=	N Maddick	KingstonUH	A		8:41
1	L Knight	(42) 11:23	2	K Spilsbury	(33) 10:10	5	E Collinge	Mansfield			8:43
						6	L Smith	Aldershot	A		8:49
						7	H Jones	Aldershot	A		8:52
Milton Keynes AC				‘B’	21:46	8	M Ferrier	Gateshead			8:58
1	S Wright	(31) 10:22	2	B Gibbens	(35) 11:24	9	F Cliffe	Chelmsford			9:00
						=	B Davies	Bristol	A		9:00

The ECCA National Cross Country Relays at Berry Hill Park, Mansfield on Saturday 8th November 2003

Junior Women Stage 1 - Final Results

Pos	Name	Club	Leg Time				
1	H Whitmore	Charnwood	8:29	12	H Mortimer	Bristol B	9:25
2	C Holme	IpswichH	8:38	13	L McMahon	C.Norwich	9:43
3	V Webster	Shaftesbr A	9:00	14	C Moss	Bedford	9:45
4	D Daly	Sheffield	9:03	15	C Duck	Nestle	9:47
5	E Adams	Aldershot A	9:06	16	H Booth	Lancaster	9:52
6	F Rudkin	ValeRoyal A	9:08	17	C Harvey	Medway&MA	9:56
7	S Richards	Bristol A	9:11	18	A Tanner	Aldershot B	10:05
8	N Desai	Morpeth	9:20	19	N Squires	Hallamsh'	10:06
9	L Pitcher	Lincoln W	9:21	20	R Gibbens	MiltonKAC A	10:06
10	K Kirkham	Sale Har A	9:22	21	A McGuigan	EalingS&M	10:29
11	N Bamford	Notts	9:25	22	Aa Roskilly	MiltonKAC B	10:45

Junior Women Stage 2 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	A Wilshire	Bristol A	8:34	17:45	+ 6	18	H Whitlam	Hallamsh'	10:10
2	S Pickett	Aldershot A	8:47	17:53	+ 3	19	B Williams	MiltonKAC A	10:27
3	R Nathan	Lincoln W	8:39	18:00	+ 6	20	L Cripps	MiltonKAC B	10:55
4	D Cross	Shaftesbr A	9:10	18:10	- 1	21	L Keeler	EalingS&M	11:18
5	A Fox	Morpeth	9:04	18:24	+ 3	Fastest runners over stage 2:			
6	H Francks	Charnwood	9:59	18:28	- 5	1	A Wilshire	Bristol A	8:34
7	V Mason	Sale Har A	9:08	18:30	+ 3	2	R Nathan	Lincoln W	8:39
8	C Bryson	C.Norwich	8:53	18:36	+ 5	3	S Pickett	Aldershot A	8:47
9	L Gibbs	Nestle	8:53	18:40	+ 6	4	L Gibbs	Nestle	8:53
10	R Gibbs	Bedford	8:56	18:41	+ 4	5	C Bryson	C.Norwich	8:53
11	K Buchan	Medway&MA	8:54	18:50	+ 6	6	K Buchan	Medway&MA	8:54
12	S Tarbuck	ValeRoyal A	10:02	19:10	- 6	7	R Gibbs	Bedford	8:56
13	E Butler	Notts	9:50	19:15	- 2	8	A Fox	Morpeth	9:04
14	M Maddick	Sheffield	10:13	19:16	- 10	9	V Mason	Sale Har A	9:08
15	S Knight	Lancaster	10:04	19:56	+ 1	10	D Cross	Shaftesbr A	9:10
16	A Davies	Bristol B	10:39	20:04	- 4				
17	E Whittaker	Aldershot B	10:02	20:07	+ 1				

Junior Women Stage 3 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	E Whittaker	Bristol A	9:08	26:53	0	17	J Edgar	Lancaster	11:35
2	T Gill	Aldershot A	9:09	27:02	0	18	A Perriss	MiltonKAC A	11:12
3	J Turtle	Shaftesbr A	8:55	27:05	+ 1	19	C O'Connell	EalingS&M	11:30
4	K Wootton	Bedford	8:25	27:06	+ 6	Fastest runners over stage 3:			
5	R Proctor	C.Norwich	8:30	27:06	+ 3	1	K Wootton	Bedford	8:25
6	J Pereira	Medway&MA	8:32	27:22	+ 5	2	R Proctor	C.Norwich	8:30
7	S Coates	Lincoln W	9:26	27:26	- 4	3	J Pereira	Medway&MA	8:32
8	L Johnson	Charnwood	9:21	27:49	- 2	4	J Turtle	Shaftesbr A	8:55
9	D Watts	Morpeth	9:29	27:53	- 4	5	E Whittaker	Bristol A	9:08
10	J Dawes	Sale Har A	9:27	27:57	- 3	6	T Gill	Aldershot A	9:09
11	B Carter	ValeRoyal A	9:17	28:27	+ 1	7	B Carter	ValeRoyal A	9:17
12	A Peace	Nestle	10:35	29:15	- 3	8	L Johnson	Charnwood	9:21
13	M Edmonds	Notts	10:32	29:47	0	9	S Coates	Lincoln W	9:26
14	E Ford	Hallamsh'	9:40	29:56	+ 4	10	J Dawes	Sale Har A	9:27
15	C Beresford	Sheffield	10:45	30:01	- 1				
16	M Jones	Aldershot B	9:57	30:04	+ 1				

Junior Women — Team Results — Final
(nn) is team position after the appropriate stage.

1 Bristol AC				'A'		26:53	14 Hallamshire Harriers Sheffield				29:56
1 S Richards	(7)	9:11	2 A Wilshire	(1)	8:34		1 N Squires	(19)	10:06	2 H Whitlam	(18) 10:10
3 E Whittaker	(1)	9:08					3 E Ford	(14)	9:40		
2 Aldershot Farnham & Dis AC				'A'		27:02	15 Sheffield Hallam University				30:01
1 E Adams	(5)	9:06	2 S Pickett	(2)	8:47		1 D Daly	(4)	9:03	2 M Maddick	(14) 10:13
3 T Gill	(2)	9:09					3 C Beresford	(15)	10:45		
3 Shaftesbury Barnet Harriers				'A'		27:05	16 Aldershot Farnham & Dis AC				30:04
1 V Webster	(3)	9:00	2 D Cross	(4)	9:10		1 A Tanner	(18)	10:05	2 E Whittaker	Axon (17) 10:02
3 J Turtle	(3)	8:55					3 M Jones	(16)	9:57		
4 Bedford & County AC						27:06	17 Lancaster & Morecambe AC				31:31
1 C Moss	(14)	9:45	2 R Gibbs	(10)	8:56		1 H Booth	(16)	9:52	2 S Knight	(15) 10:04
3 K Wootton	(4)	8:25					3 J Edgar	(17)	11:35		
5 City Of Norwich AC						27:06	18 Milton Keynes AC				31:45
1 L McMahon	(13)	9:43	2 C Bryson	(8)	8:53		1 R Gibbens	(20)	10:06	2 B Williams	(19) 10:27
3 R Proctor	(5)	8:30					3 A Perriss	(18)	11:12		
6 Medway & Maidstone AC						27:22	19 Ealing, Southall & Middlesex				33:17
1 C Harvey	(17)	9:56	2 K Buchan	(11)	8:54		1 A McGuigan	(21)	10:29	2 L Keeler	(21) 11:18
3 J Pereira	(6)	8:32					3 C O'Connell	(19)	11:30		
7 Lincoln Wellington AC						27:26	Incomplete Teams:				
1 L Pitcher	(9)	9:21	2 R Nathan	(3)	8:39		Bristol AC				'B' 20:04
3 S Coates	(7)	9:26					1 H Mortimer	(12)	9:25	2 A Davies	(16) 10:39
8 Charnwood AC						27:49	Milton Keynes AC				'B' 21:40
1 H Whitmore	(1)	8:29	2 H Francks	(6)	9:59		1 Aa Roskilly	(22)	10:45	2 L Cripps	(20) 10:55
3 L Johnson	(8)	9:21					Ipswich Harriers				8:38
9 Morpeth H & AC						27:53	1 C Holme	(2)	8:38		
1 N Desai	(8)	9:20	2 A Fox	(5)	9:04		Fastest of all legs — Final				
3 D Watts	(9)	9:29					1 K Wootton	Bedford		8:25	
10 Sale Harriers				'A'		27:57	2 H Whitmore	Charnwood		8:29	
1 K Kirkham	(10)	9:22	2 V Mason	(7)	9:08		3 R Proctor	C.Norwich		8:30	
3 J Dawes	(10)	9:27					4 J Pereira	Medway&MA		8:32	
11 Vale Royal				'A'		28:27	5 A Wilshire	Bristol	A	8:34	
1 F Rudkin	(6)	9:08	2 S Tarbuck	(12)	10:02		6 C Holme	Ipswich H		8:38	
3 B Carter	(11)	9:17					7 R Nathan	Lincoln W		8:39	
12 Nestle Rowntree Ac York						29:15	8 S Pickett	Aldershot	A	8:47	
1 C Duck	(15)	9:47	2 L Gibbs	(9)	8:53		9 C Bryson	C.Norwich		8:53	
3 A Peace	(12)	10:35					= L Gibbs	Nestle		8:53	
13 Notts AC						29:47					
1 N Bamford	(11)	9:25	2 E Butler	(13)	9:50						
3 M Edmonds	(13)	10:32									

The ECCA National Cross Country Relays at Berry Hill Park, Mansfield on Saturday 8th November 2003

Under 17 Men Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	K Hardy	IpswichH	8:52	31	R Whittaker	Sale Har B	9:53
2	L Cox	Aldershot A	9:00	32	R Stones	BlackburnH A	9:54
3	A Holliday	Trafford A	9:03	33	S Delaney	Lincoln W B	9:54
4	T Stanley	Bedford A	9:11	34	W Armstrong	Shaftesbry A	9:55
5	T Haughian	Windsor	9:15	35	M Lomax	Shildon	9:55
6	S Evans	Bristol A	9:16	36	S Glynn	L'poolP&S B	9:56
7	D Morton	Halesowen	9:17	37	S Hall	Gateshead A	9:56
8	D Grant	EalingS&M	9:21	38	Holdenj	Tipton	9:57
9	R Floyd	Morpeth A	9:28	39	D Malone	LiverpoolH B	9:59
10	T Michaelson	LiverpoolH A	9:35	40	C Howey	BirtleyAC	9:59
11	R Collins	RoySutCold	9:36	41	A Colwell	Morpeth B	10:00
12	C Friend	Aldershot B	9:36	42	E Pisano	Shaftesbry B	10:03
13	P Macey	MiltonKAC A	9:38	43	M Chetwin	Derby AC	10:04
14	D Marsh	Sale Har A	9:41	44	D Smith	Aldershot C	10:04
15	S Diston	WestSAC	9:41	45	P Adams	Chelmsford B	10:06
16	D Bakes	Mansfield A	9:41	46	A Suter	Peterborou B	10:09
17	R Hodges	KingstonUH	9:42	47	T Brevitt	Doncaster	10:10
18	M Atkin	ChesterLSA	9:46	48	T Plews	Leeds City	10:10
19	M Gibbons	Notts A	9:46	49	D John	Dacorum&TA B	10:11
20	A Nixon	Stockport	9:47	50	A Shephard	NeneVH	10:11
21	R Stocks	L'poolP&S A	9:47	51	M Burke	RotherhamH	10:14
22	M Woodley	Chelmsford A	9:48	52	S Smith	Charnwood	10:15
23	R Arnold	Peterborou A	9:49	53	K Burdett	Luton ac B	10:22
24	N Elliott	WakefieldH A	9:50	54	D Walmsley	Skipton AC	10:24
25	T Bean	Nestle	9:50	55	J Tuttle	Bedford B	10:28
26	I Kimpton	Lincoln W A	9:50	56	S Defoe	Shaftesbry C	10:30
27	C Watkins	Luton ac A	9:51	57	A Smith	Bristol B	10:36
28	R Eastwood	Dacorum&TA A	9:51	58	J Rice	WakefieldH B	10:43
29	L Watson	Notts B	9:52	59	J Russo	Newham&EB	10:56
30	D Jones	Lancaster	9:53	60	M Lynch	Southport	11:13

Under 17 Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	S Blake	Aldershot A	9:18	18:18	+ 1	35	J Parslow	Dacorum&TA A	10:40
2	J Murray	Bedford A	9:25	18:36	+ 2	36	P Robson	Morpeth B	10:31
3	A Igi	Trafford A	9:35	18:38	0	37	Johnsonl	RotherhamH	10:20
4	L Harris	Halesowen	9:32	18:49	+ 3	38	D Hutley	Chelmsford B	10:30
5	A Wold	IpswichH	9:57	18:49	- 4	39	G Watts	Peterborou B	10:28
6	J Young	Morpeth A	9:27	18:55	+ 3	40	T Jodburn	Tipton	10:44
7	G Glancy	Windsor	9:42	18:57	- 2	41	J Davies	Nestle	10:54
8	J Phillipson	Sale Har A	9:19	19:00	+ 6	42	B Tallant	Leeds City	10:35
9	B Wilson	Aldershot B	9:25	19:01	+ 3	43	M Hurst	Skipton AC	10:24
10	D Mullett	Bristol A	9:46	19:02	- 4	44	S Aberdeen	Aldershot C	10:49
11	D Russell	Shaftesbry A	9:08	19:03	+23	45	A Dickens	NeneVH	10:52
12	A Czaicki	RoySutCold	9:33	19:09	- 1	46	J Thompson	Shildon	11:12
13	D Watts	Peterborou A	9:23	19:12	+10	47	A Gardner	Dacorum&TA B	11:13
14	B Stock	EalingS&M	9:53	19:14	- 6	48	J Weston	Shaftesbry C	10:59
15	J Shaw	WestSAC	9:36	19:17	0	49	J Hickson	Doncaster	11:21
16	M Wood	BlackburnH A	9:24	19:18	+16	50	S Burdett	Luton ac B	11:10
17	D Ellis	ChesterLSA	9:36	19:22	+ 1	51	K O'Brien	Southport	10:23
18	S Goodwin	MiltonKAC A	9:51	19:29	- 5	52	R Hubrow	Bristol B	11:04
19	J Mannion	LiverpoolH A	9:55	19:30	- 9	53	C Vallance	Charnwood	11:32
20	J Johnson	KingstonUH	9:50	19:32	- 3	54	K Skelton	Newham&EB	11:33
21	S Parkhurst	Chelmsford A	9:48	19:36	+ 1	Fastest runners over stage 2:			
22	G Guy	Notts A	9:52	19:38	- 3	1	D Russell	Shaftesbry A	9:08
23	D Roome	Lincoln W A	9:51	19:41	+ 3	2	S Blake	Aldershot A	9:18
24	S King	Mansfield A	10:05	19:46	- 8	3	J Phillipson	Sale Har A	9:19
25	L Winterbottom	Sale Har B	9:54	19:47	+ 6	4	D Watts	Peterborou A	9:23
26	D Hickets	Stockport	10:01	19:48	- 6	5	M Wood	BlackburnH A	9:24
27	C Price	WakefieldH A	10:05	19:55	- 3	6	B Wilson	Aldershot B	9:25
28	Topping	Lancaster	10:07	20:00	+ 2	7	J Murray	Bedford A	9:25
29	T Herbert	Lincoln W B	10:11	20:05	+ 4	8	J Young	Morpeth A	9:27
30	D Old	BirtleyAC	10:08	20:07	+10	9	L Harris	Halesowen	9:32
31	A Booth	Shaftesbry B	10:07	20:10	+11	10	A Czaicki	RoySutCold	9:33
32	C Davison	Derby AC	10:09	20:13	+11				
33	M Leicester	L'poolP&S A	10:32	20:19	- 12				
34	D Furlong	L'poolP&S B	10:28	20:24	+ 2				

Under 17 Men Stage 3 — Final Results

PosName		Club	Leg	Time	Cum	Time	Gain								
1	M Mashford	Aldershot	A	9:06	27:24	0	33	D Wilkie	L'poolP&S	B	10:07	30:31	+	1	
2	A Inskip	Bedford	A	9:11	27:47	0	34	K Allen	Aldershot	C	9:42	30:35	+	10	
3	J Holt	Trafford	A	9:27	28:05	0	35	N Swinburn	Morpeth	B	10:13	30:44	+	1	
4	J McCulloch	Windsor		9:10	28:07	+	3	D Quinn	Dacorum&TA	A	10:14	30:45	-	1	
5	C Peters	Bristol	A	9:15	28:17	+	5	A Pain	Tipton		10:11	30:52	+	3	
6	N Shrubbs	Morpeth	A	9:25	28:20	0	38	J Moulton	Lancaster		11:01	31:01	-	10	
7	S Cruchley	Halesowen		9:32	28:21	-	3	G Cruickshank	Lincoln W	B	11:01	31:06	-	10	
8	J Burrows	Sale Har	A	9:22	28:22	0	40	C Siswick	Chelmsford	B	10:42	31:18	-	2	
9	J Davies	RoySutCold		9:17	28:26	+	3	D Jewison	Leeds City		10:43	31:28	+	1	
10	A Coffey	ChesterLSA		9:15	28:37	+	7	C McMillan	Bristol	B	10:03	31:43	+	10	
11	S Godfrey	WestSAC		9:21	28:38	+	4	M Hewitson	Shildon		10:43	31:50	+	3	
12	J Thompson	IpswichH		9:54	28:43	-	7	M Robbins	Peterborou	B	11:15	31:52	-	5	
13	M Grant	Shaftesbry	A	9:44	28:47	-	2	J Forman	NeneVH		11:00	32:03	0		
14	P Bridgman	Aldershot	B	9:52	28:53	-	5	M Jones	Doncaster		10:52	32:23	+	3	
15	P Bradshaw	BlackburnH	A	9:38	28:56	+	1	G Wilson	Dacorum&TA	B	11:01	32:25	0		
16	H Jama	EalingS&M		9:44	28:58	-	2	D Jones	Southport		11:00	32:36	+	3	
17	M Guney	Peterborou	A	9:52	29:04	-	4	J Drinkwater	Luton ac	B	11:43	33:15	+	1	
18	O Fahey	Chelmsford	A	9:30	29:06	+	3	50	J Wayland	Newham&EB		11:24	33:53	+	4
19	B Styles	Stockport		9:25	29:13	+	7	51	B Depala	Shaftesbry	C	14:02	35:31	-	3
20	M Baker	MiltonKAC	A	9:49	29:18	-	2	Fastest runners over stage 3:							
21	S Diamond	Notts	A	9:50	29:28	+	1	1	M Mashford	Aldershot	A	9:06			
22	D Catt	LiverpoolH	A	10:01	29:31	-	3	2	J McCulloch	Windsor		9:10			
23	S Aspinall	Sale Har	B	9:51	29:38	+	2	3	A Inskip	Bedford	A	9:11			
24	C Brown	Mansfield	A	9:55	29:41	0		4	A Coffey	ChesterLSA		9:15			
25	S Webster	KingstonUH		10:17	29:49	-	5	5	C Peters	Bristol	A	9:15			
26	M Plaskett	Lincoln W	A	10:09	29:50	-	3	6	J Davies	RoySutCold		9:17			
27	Z Scott	Birtley AC		10:11	30:18	+	3	7	S Godfrey	WestSAC		9:21			
28	R Sparrow	Shaftesbry	B	10:10	30:20	+	3	8	J Burrows	Sale Har	A	9:22			
29	S Hunn	Skipton AC		9:34	30:22	+	14	9	B Styles	Stockport		9:25			
30	C Melling	L'poolP&S	A	10:04	30:23	+	3	10	N Shrubbs	Morpeth	A	9:25			
31	P Rice	WakefieldH	A	10:29	30:24	-	4								
32	S Dayne	Derbv AC		10:13	30:26	0									

Under 17 Men — Team Results — Final

(nn) is team position after the appropriate stage.

1 Aldershot Farnham & Dis AC			‘A’	27:24	12 Ipswich Harriers			28:43	
1 L Cox	(2)	9:00	2 S Blake	(1)	9:18	1 K Hardy	(1) 8:52	2 A Wold	(5) 9:57
3 M Mashford	(1)	9:06				3 J Thompson	(12) 9:54		
2 Bedford & County AC			‘A’	27:47	13 Shaftesbury Barnet Harriers			‘A’	28:47
1 T Stanley	(4)	9:11	2 J Murray	(2)	9:25	1 W Armstrong	(34) 9:55	2 D Russell	(11) 9:08
3 A Inskip	(2)	9:11				3 M Grant	(13) 9:44		
3 Trafford Athletic Club			‘A’	28:05	14 Aldershot Farnham & Dis AC			‘B’	28:53
1 A Holliday	(3)	9:03	2 A Igi	(3)	9:35	1 C Friend	(12) 9:36	2 B Wilson	(9) 9:25
3 J Holt	(3)	9:27				3 P Bridgman	(14) 9:52		
4 Windsor Slough & Eton AC				28:07	15 Blackburn Harriers			‘A’	28:56
1 T Haughian	(5)	9:15	2 G Glancy	(7)	9:42	1 R Stones	(32) 9:54	2 M Wood	(16) 9:24
3 J McCulloch	(4)	9:10				3 P Bradshaw	(15) 9:38		
5 Bristol AC			‘A’	28:17	16 Ealing, Southall & Middlesex				28:58
1 S Evans	(6)	9:16	2 D Mullett	(10)	9:46	1 D Grant	(8) 9:21	2 B Stock	(14) 9:53
3 C Peters	(5)	9:15				3 H Jama	(16) 9:44		
6 Morpeth H & AC			‘A’	28:20	17 Peterborough AC			‘A’	29:04
1 R Floyd	(9)	9:28	2 J Young	(6)	9:27	1 R Arnold	(23) 9:49	2 D Watts	(13) 9:23
3 N Shrubb	(6)	9:25				3 M Guney	(17) 9:52		
7 Halesowen AC				28:21	18 Chelmsford			‘A’	29:06
1 D Morton	(7)	9:17	2 L Harris	(4)	9:32	1 M Woodley	(22) 9:48	2 S Parkhurst	(21) 9:48
3 S Cruchley	(7)	9:32				3 O Fahey	(18) 9:30		
8 Sale Harriers			‘A’	28:22	19 Stockport Harriers & AC				29:13
1 D Marsh	(14)	9:41	2 J Phillipson	(8)	9:19	1 A Nixon	(20) 9:47	2 D Hickets	(26) 10:01
3 J Burrows	(8)	9:22				3 B Styles	(19) 9:25		
9 Royal Sutton Coldfield AC				28:26	20 Milton Keynes AC			‘A’	29:18
1 R Collins	(11)	9:36	2 A Czaicki	(12)	9:33	1 P Macey	(13) 9:38	2 S Goodwin	(18) 9:51
3 J Davies	(9)	9:17				3 M Baker	(20) 9:49		
10 Chester Le Street AC				28:37	21 Notts AC			‘A’	29:28
1 M Atkin	(18)	9:46	2 D Ellis	(17)	9:36	1 M Gibbons	(19) 9:46	2 G Guy	(22) 9:52
3 A Coffer	(10)	9:15				3 S Diamond	(21) 9:50		
11 West Suffolk AC				28:38	22 Liverpool Harriers & AC			‘A’	29:31
1 S Diston	(15)	9:41	2 J Shaw	(15)	9:36	1 T Michaelson	(10) 9:35	2 J Mannion	(19) 9:55
3 S Godfrey	(11)	9:21				3 D Catt	(22) 10:01		

23 Sale Harriers			‘B’	29:38	44 Peterborough AC			‘B’	31:52			
1 R Whittaker	(31)	9:53	2 L Winterbottom	(25) 9:54	1 A Suter	(46) 10:09	2 G Watts	(39) 10:28				
3 S Aspinall	(23)	9:51			3 M Robbins	(44) 11:15						
24 Mansfield Harriers AC			‘A’	29:41	45 Nene Valley Harriers			32:03				
1 D Barkes	(16)	9:41	2 S King	(24) 10:05	1 A Shephard	(50) 10:11	2 A Dickens	(45) 10:52				
3 C Brown	(24)	9:55			3 J Forman	(45) 11:00						
25 Kingston Upon Hull AC				29:49	46 Doncaster & Stainforth AC			32:23				
1 R Hodges	(17)	9:42	2 J Johnson	(20) 9:50	1 T Brevitt	(47) 10:10	2 J Hickson	(49) 11:21				
3 S Webster	(25)	10:17			3 M Jones	(46) 10:52						
26 Lincoln Wellington AC			‘A’	29:50	47 Dacorum & Tring AC			‘B’	32:25			
1 I Kimpton	(26)	9:50	2 D Roome	(23) 9:51	1 D John	(49) 10:11	2 A Gardner	(47) 11:13				
3 M Plaskett	(26)	10:09			3 G Wilson	(47) 11:01						
27 Birtley AC				30:18	48 Southport Waterloo			32:36				
1 C Howey	(40)	9:59	2 D Old	(30) 10:08	1 M Lynch	(60) 11:13	2 K O'Brien	(51) 10:23				
3 Z Scott	(27)	10:11			3 D Jones	(48) 11:00						
28 Shaftesbury Barnet Harriers			‘B’	30:20	49 Luton AC			‘B’	33:15			
1 E Pisano	(42)	10:03	2 A Booth	(31) 10:07	1 K Burdett	(53) 10:22	2 S Burdett	(50) 11:10				
3 R Sparrow	(28)	10:10			3 J Drinkwater	(49) 11:43						
29 Skipton AC				30:22	50 Newham & Essex Beagles			33:53				
1 D Walmsley	(54)	10:24	2 M Hurst	(43) 10:24	1 J Russo	(59) 10:56	2 K Skelton	(54) 11:33				
3 S Hunn	(29)	9:34			3 J Wayland	(50) 11:24						
30 Liverpool Pembroke & Sefton AC			‘A’	30:23	51 Shaftesbury Barnet Harriers			‘C’	35:31			
1 R Stocks	(21)	9:47	2 M Leicester	(33) 10:32	1 S Defoe	(56) 10:30	2 J Weston	(48) 10:59				
3 C Melling	(30)	10:04			3 B Depala	(51) 14:02						
31 Wakefield Harriers & AC			‘A’	30:24	Incomplete Teams:							
1 N Elliott	(24)	9:50	2 C Price	(27) 10:05	Rotherham Harriers & AC				20:34			
3 P Rice	(31)	10:29			1 M Burke	(51) 10:14	2 Johnsonl	(37) 10:20				
32 Derby AC				30:26	Nestle Rowntree Ac York				20:44			
1 M Chetwin	(43)	10:04	2 C Davison	(32) 10:09	1 T Bean	(25) 9:50	2 J Davies	(41) 10:54				
3 S Dayne	(32)	10:13			Charnwood AC				21:47			
33 Liverpool Pembroke & Sefton AC			‘B’	30:31	1 S Smith	(52) 10:15	2 C Vallance	(53) 11:32				
1 S Glynn	(36)	9:56	2 D Furlong	(34) 10:28	Luton AC				‘A’	9:51		
3 D Wilkie	(33)	10:07			1 C Watkins	(27) 9:51			‘B’	9:52		
34 Aldershot Farnham & Dis AC			‘C’	30:35	Notts AC						9:56	
1 D Smith	(44)	10:04	2 S Aberdeen	(44) 10:49	1 L Watson	(29) 9:52			‘A’	9:56		
3 K Allen	(34)	9:42			Gateshead H & AC						9:59	
35 Morpeth H & AC			‘B’	30:44	1 S Hall	(37) 9:56	Liverpool Harriers & AC				‘B’	9:59
1 A Colwell	(41)	10:00	2 P Robson	(36) 10:31	Bedford & County AC						10:28	
3 N Swinburn	(35)	10:13			1 J Tuttle	(55) 10:28	Wakefield Harriers & AC				‘B’	10:43
36 Dacorum & Tring AC			‘A’	30:45	1 J Rice	(58) 10:43	Fastest of all legs					
1 R Eastwood	(28)	9:51	2 J Parslow	(35) 10:40	1 K Hardy	IpswichH			8:52			
3 D Quinn	(36)	10:14			2 L Cox	Aldershot	A		9:00			
37 Tipton Harriers				30:52	3 A Holliday	Trafford	A		9:03			
1 Holdenj	(38)	9:57	2 T Jodburn	(40) 10:44	4 M Mashford	Aldershot	A		9:06			
3 A Pain	(37)	10:11			5 D Russell	Shaftesbry	A		9:08			
38 Lancaster & Morecambe AC				31:01	6 J McCulloch	Windsor			9:10			
1 D Jones	(30)	9:53	2 Topping	(28) 10:07	7 A Inskip	Bedford	A		9:11			
3 J Moulton	(38)	11:01			= T Stanley	Bedford	A		9:11			
39 Lincoln Wellington AC			‘B’	31:06	9 C Peters	Bristol	A		9:15			
1 S Delaney	(33)	9:54	2 T Herbert	(29) 10:11	= A Coffey	ChesterLSA			9:15			
3 G Cruickshank	(39)	11:01			= T Haughian	Windsor			9:15			
40 Chelmsford			‘B’	31:18								
1 P Adams	(45)	10:06	2 D Hutley	(38) 10:30								
3 C Siswick	(40)	10:42										
41 Leeds City AC				31:28								
1 T Plews	(48)	10:10	2 B Tallant	(42) 10:35								
3 D Jewison	(41)	10:43										
42 Bristol AC			‘B’	31:43								
1 A Smith	(57)	10:36	2 R Hubrow	(52) 11:04								
3 C McMillan	(42)	10:03										
43 Shildon R & AC				31:50								
1 M Lomax	(35)	9:55	2 J Thompson	(46) 11:12								
3 M Hewitson	(43)	10:43										

The ECCA National Cross Country Relays at Berry Hill Park, Mansfield on Saturday 8th November 2003

Junior Men Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	S Jacobs	IpswichH	8:44	22	S Clegg	Bingley	9:30
2	L Cadman	Bedford A	8:49	23	*Not Declared*	Hallamsh'	9:30
3	R McLeod	ElswickH	8:51	24	T Wallis	Bristol B	9:33
4	S Dirrane	Leeds Cit A	8:54	25	T Lawrence	Derby AC A	9:34
5	J Ellis	Aldershot A	8:59	26	J Frost	KingstonU A	9:38
6	M Buckingham	Holmfirth A	9:00	27	T Banfield	Blackburn	9:40
7	C Parr	Gateshead	9:00	28	A Lowwe	Doncaster	9:43
8	G Mobbs	Shaftesbr A	9:02	29	G Walters	CityOStok	9:48
9	S Omar	EalingS&M	9:05	30	C Peach	Derby AC B	9:50
10	P Wicks	Windsor	9:08	31	W Strangeway	Lincoln W	9:53
11	J Macdonald	Trafford B	9:10	32	T Meakin	OWLS	9:53
12	B Jones	L'poolP&S A	9:11	33	R Fowler	Enfield&H	9:54
13	J Hogan	Aldershot C	9:13	34	A Bostock	Notts A	9:55
14	D Bruce	Aldershot B	9:14	35	A Allen	Peterboro	9:55
15	C Maud	Charnwood A	9:15	36	G Stanton	Sale Har A	9:58
16	T Egerton	Trafford A	9:20	37	R Fowler	KingstonU B	10:00
17	J Forman	NeneVH	9:21	38	S Sinclair	CoventryG	10:05
18	R Nnewton	Trafford C	9:23	39	A Whitley	Leeds Cit B	10:07
19	A Mohammed	Newham&EB	9:26	40	C Aynsley	Morpeth	10:08
20	L Bartlett	Bristol A	9:27	41	R Belton	Notts B	10:10
21	M Dewhurst	Holmfirth B	9:29	42	R Edmonds	Charnwood B	10:16

Junior Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	T Sharland	IpswichH	8:44	17:28	0	25	P Bains	Derby AC B	9:37
2	S Ablitt	Aldershot A	8:52	17:51	+ 3	26	K Wilson	Morpeth	9:22
3	M Draper	Windsor	8:44	17:52	+ 7	27	R Flannery	Sale Har A	9:33
4	A Hodgkinson	Shaftesbr A	9:00	18:02	+ 4	28	A Gaylew	OWLS	9:47
5	J Horsman	Bedford A	9:17	18:06	- 3	29	R Smith	Lincoln W	9:48
6	S Pickering	Holmfirth A	9:11	18:11	0	30	L Austen	Doncaster	10:10
7	M Sawrey	Trafford B	9:02	18:12	+ 4	31	D StClair	Enfield&H	10:13
8	P Shannon	Trafford A	9:00	18:20	+ 8	32	J Griggs	CoventryG	10:05
9	A Vernon	Aldershot B	9:13	18:27	+ 5	33	E Johnson	Charnwood B	9:58
10	D Macquarrie	Leeds Cit A	9:35	18:29	- 6	34	P Sharp	KingstonU A	10:37
11	C McCulloch	Aldershot C	9:20	18:33	+ 2	35	R Warburton	Notts B	10:08
12	R Weir	Derby AC A	9:03	18:37	+ 13	36	L Atkin	Leeds Cit B	10:23
13	R Skidmore	Charnwood A	9:25	18:40	+ 2	Fastest runners over stage 2:			
14	D Awde	Bristol A	9:14	18:41	+ 6	1	M Draper	Windsor	8:44
15	N Taylor	Trafford C	9:27	18:50	+ 3	2	T Sharland	IpswichH	8:44
16	S Jenkins	EalingS&M	9:47	18:52	- 7	3	S Ablitt	Aldershot A	8:52
17	S Donegan	L'poolP&S A	9:46	18:57	- 5	4	P Shannon	Trafford A	9:00
18	C Hart	Blackburn	9:19	18:59	+ 9	5	A Hodgkinson	Shaftesbr A	9:00
19	M Dickinson	Bristol B	9:27	19:00	+ 5	6	M Sawrey	Trafford B	9:02
20	A Ali	Newham&EB	9:38	19:04	- 1	7	R Weir	Derby AC A	9:03
21	L Danile	NeneVH	9:50	19:11	- 4	8	S Pickering	Holmfirth A	9:11
22	D Pettit	Peterboro	9:17	19:12	+ 13	9	A Vernon	Aldershot B	9:13
23	L Johnson	Bingley	9:44	19:14	- 1	10	D Awde	Bristol A	9:14
24	R Hill	Notts A	9:29	19:24	+ 10				

Junior Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	M BarnesSmith	IpswichH	8:56	26:24	0	22	J Hall	Lincoln W	9:42
2	D Udal	Aldershot A	8:58	26:49	0	23	S Kirtley	Morpeth	10:04
3	A Moran	Trafford A	8:45	27:05	+ 5	24	C Scrowston	KingstonU A	9:24
4	M Pierson	Holmfirth A	8:58	27:09	+ 2	25	K Ndugu	Enfield&H	9:47
5	S Hall	Shaftesbr A	9:18	27:20	- 1	26	D Taylor	CoventryG	9:49
6	G Davenport	Bristol A	8:54	27:35	+ 8	27	D Froggatt	Sale Har A	10:39
7	L Smyth	Bedford A	9:36	27:42	- 2	28	P Durkin	Doncaster	10:28
8	C Doyle	Trafford B	9:32	27:44	- 1	29	K Giddins	Charnwood B	10:50
9	L Bowron	EalingS&M	8:56	27:48	+ 7	Fastest runners over stage 3:			
10	S Mears	Charnwood A	9:10	27:50	+ 3	1	A Moran	Trafford A	8:45
11	R McCarthy	Aldershot C	9:18	27:51	0	2	P Miles	OWLS	8:47
12	A Pilcher	Derby AC A	9:25	28:02	0	3	G Davenport	Bristol A	8:54
13	G Smith	Aldershot B	9:37	28:04	- 4	4	M BarnesSmith	IpswichH	8:56
14	R England	Leeds Cit A	9:46	28:15	- 4	5	L Bowron	EalingS&M	8:56
15	P Miles	OWLS	8:47	28:27	+ 13	6	M Pierson	Holmfirth A	8:58
16	T Cornthwaite	Blackburn	9:30	28:29	+ 2	7	D Udal	Aldershot A	8:58
17	C Knigghts	Peterboro	9:23	28:35	+ 5	8	S Mears	Charnwood A	9:10
18	A Donaldson	L'poolP&S A	9:47	28:44	- 1	9	S Hall	Shaftesbr A	9:18
19	M Wilson	NeneVH	9:41	28:52	+ 2	10	R McCarthy	Aldershot C	9:18
20	R Daley	Bingley	9:40	28:54	+ 3				
21	S Dudley	Notts A	9:35	28:59	+ 3				

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>

SportSoft

Junior Men — Team Results — Final

(nn) is team position after the appropriate stage.

1 Ipswich Harriers	26:24	23 Morpeth H & AC	29:34
1 S Jacobs (1) 8:44	2 T Sharland (1) 8:44	1 C Aynsley (40) 10:08	2 K Wilson (26) 9:22
3 M Barnes Smith (1) 8:56		3 S Kirtley (23) 10:04	
2 Aldershot Farnham & Dis AC 'A'	26:49	24 Kingston Upon Hull AC 'A'	29:39
1 J Ellis (5) 8:59	2 S Ablitt (2) 8:52	1 J Frost (26) 9:38	2 P Sharp (34) 10:37
3 D Udall (2) 8:58		3 C Scrowston (24) 9:24	
3 Trafford Athletic Club 'A'	27:05	25 Enfield & Haringey	29:54
1 T Egerton (16) 9:20	2 P Shannon (8) 9:00	1 R Fowler (33) 9:54	2 D St Clair (31) 10:13
3 A Moran (3) 8:45		3 K Ndugu (25) 9:47	
4 Holmfirth Harriers AC 'A'	27:09	26 Coventry Godiva Harriers	29:59
1 M Buckingham (6) 9:00	2 S Pickering (6) 9:11	1 S Sinclair (38) 10:05	2 J Griggs (32) 10:05
3 M Pierson (4) 8:58		3 D Taylor (26) 9:49	
5 Shaftesbury Barnet Harriers 'A'	27:20	27 Sale Harriers 'A'	30:10
1 G Mobbs (8) 9:02	2 A Hodgkinson (4) 9:00	1 G Stanton (36) 9:58	2 R Flannery (27) 9:33
3 S Hall (5) 9:18		3 D Froggatt (27) 10:39	
6 Bristol AC 'A'	27:35	28 Doncaster & Stainforth AC	30:21
1 L Bartlett (20) 9:27	2 D Awde (14) 9:14	1 A Lowwe (28) 9:43	2 L Austen (30) 10:10
3 G Davenport (6) 8:54		3 P Durkin (28) 10:28	
7 Bedford & County AC 'A'	27:42	29 Charnwood AC 'B'	31:04
1 L Cadman (2) 8:49	2 J Horsman (5) 9:17	1 R Edmonds (42) 10:16	2 E Johnson (33) 9:58
3 L Smyth (7) 9:36		3 K Giddins (29) 10:50	
8 Trafford Athletic Club 'B'	27:44	Incomplete Teams:	
1 J Macdonald (11) 9:10	2 M Sawrey (7) 9:02	Windsor Slough & Eton Ac	17:52
3 C Doyle (8) 9:32		1 P Wicks (10) 9:08	2 M Draper (3) 8:44
9 Ealing, Southall & Middlesex	27:48	Trafford Athletic Club 'C'	18:50
1 S Omar (9) 9:05	2 S Jenkins (16) 9:47	1 R Nnewton (18) 9:23	2 N Taylor (15) 9:27
3 L Bowron (9) 8:56		Bristol AC 'B'	19:00
10 Charnwood AC 'A'	27:50	1 T Wallis (24) 9:33	2 M Dickinson (19) 9:27
1 C Maud (15) 9:15	2 R Skidmore (13) 9:25	Newham & Essex Beagles	19:04
3 S Mears (10) 9:10		1 A Mohammed (19) 9:26	2 A Ali (20) 9:38
11 Aldershot Farnham & Dis AC 'C'	27:51	Derby AC 'B'	19:27
1 J Hogan (13) 9:13	2 C McCulloch (11) 9:20	1 C Peach (30) 9:50	2 P Bains (25) 9:37
3 R McCarthy (11) 9:18		Notts AC 'B'	20:18
12 Derby AC 'A'	28:02	1 R Belton (41) 10:10	2 R Warburton (35) 10:08
1 T Lawrence (25) 9:34	2 R Weir (12) 9:03	Leeds City AC 'B'	20:30
3 A Pilcher (12) 9:25		1 A Whitley (39) 10:07	2 L Atkin (36) 10:23
13 Aldershot Farnham & Dis AC 'B'	28:04	Elswick Harriers	8:51
1 D Bruce (14) 9:14	2 A Vernon (9) 9:13	1 Undeclared (3) 8:51	
3 G Smith (13) 9:37		Gateshead H & AC	9:00
14 Leeds City AC 'A'	28:15	1 C Parr (7) 9:00	
1 S Dirrane (4) 8:54	2 D Macquarrie (10) 9:35	Holmfirth Harriers AC 'B'	9:29
3 R England (14) 9:46		1 M Dewhirst (21) 9:29	
15 Oadby & Wigston Legionaires A	28:27	Hallamshire Harriers Sheffield	9:30
1 T Meakin (32) 9:53	2 A Gaylew (28) 9:47	1 Undeclared (23) 9:30	
3 P Miles (15) 8:47		City Of Stoke	9:48
16 Blackburn Harriers	28:29	1 G Walters (29) 9:48	
1 T Banfield (27) 9:40	2 C Hart (18) 9:19	Kingston Upon Hull AC 'B'	10:00
3 T Cornthwaite (16) 9:30		1 R Fowler (37) 10:00	
17 Peterborough AC	28:35	Fastest of all legs	
1 A Allen (35) 9:55	2 D Pettit (22) 9:17	1 T Sharland Ipswich H	8:44
3 C Knigghts (17) 9:23		= M Draper Windsor	8:44
18 Liverpool Pembroke & Sefton A 'A'	28:44	= S Jacobs Ipswich H	8:44
1 B Jones (12) 9:11	2 S Donegan (17) 9:46	4 A Moran Trafford A	8:45
3 A Donaldson (18) 9:47		5 P Miles OWLS	8:47
19 Nene Valley Harriers	28:52	6 L Cadman Bedford A	8:49
1 J Forman (17) 9:21	2 L Danile (21) 9:50	7 R McLeod Elswick H	8:51
3 M Wilson (19) 9:41		8 S Ablitt Aldershot A	8:52
20 Bingley Harriers AC	28:54	9 G Davenport Bristol A	8:54
1 S Clegg (22) 9:30	2 L Johnson (23) 9:44	= S Dirrane Leeds Cit A	8:54
3 R Daley (20) 9:40			
21 Notts AC 'A'	28:59		
1 A Bostock (34) 9:55	2 R Hill (24) 9:29		
3 S Dudley (21) 9:35			
22 Lincoln Wellington AC	29:23		
1 W Strangeway (31) 9:53	2 R Smith (29) 9:48		
3 J Hall (22) 9:42			

The ECCA National Cross Country Relays at Berry Hill Park, Mansfield on Saturday 8th November 2003

Senior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	R Ryan	Windsor A	9:40	38	A Hurford	Bristol A	11:09
2	B Jenkins	Salford H A	9:43	39	L Tomaney	Charnwood C	11:09
3	T Kazywicki	Charnwood A	9:46	40	C Bacon	WakefieldH C	11:11
4	A Hoban	WakefieldH A	9:56	41	L Geldart	Bingley	11:14
5	T Brown	CoventryGH A	10:06	42	B Harris	Basingstok	11:18
6	L Gardner	Lancaster A	10:07	43	Z Whitten	MiltonKAC C	11:19
7	L Tanner	Bedford A	10:08	44	S Young	Derby AC B	11:23
8	K Hind	Gateshead A	10:09	45	A Bell	Lincoln W A	11:30
9	B Parker	C.Norwich A	10:14	46	C Adams	Aldershot A	11:36
10	S Willmott	BlackburnH	10:16	47	S Mellors	Ripley RC	11:40
11	L Whittaker	Sale Har A	10:17	48	F Palmer	Notts A	11:44
12	J Anker	Shaftesbry A	10:20	49	S Ainslie	Peterborou	11:45
13	K Waugh	ChesterLSA B	10:21	50	A Carlin	Rugby&NAC B	11:46
14	C Entwistle	WiganH	10:29	51	G Taylor	Harborough A	11:50
15	C DeMaria	Leeds City A	10:30	52	L Caremichael	NeneVH	12:01
16	S Robson	Soton RC	10:32	53	C Carrier	Salford H B	12:06
17	A Dixon	ChesterLSA A	10:35	54	N Sharpe	Harborough B	12:07
18	A Dalkins	CheadleRC A	10:35	55	J Benham	MiltonKAC B	12:08
19	C Howard	MatlockAC	10:36	56	P Cranton	HolmeP A	12:10
20	V Callaway	RoySutCold	10:38	57	L Davies	Derby AC C	12:13
21	S Beevers	WakefieldH B	10:39	58	Jane Perry	Lancaster B	12:19
22	Michelle Lee	MiltonKAC A	10:40	59	K Blagden	Doncaster	12:28
23	C Riley	Trafford A	10:40	60	G Bunker	RotherhamH	12:29
24	S Ellison	Morpeth	10:41	61	P Jones	Aldershot B	12:31
25	W Roethenbaugh	Derby AC A	10:43	62	S Hill	Newark	12:32
26	J Russell	DISQUALIFIED	10:43	63	B Murray	Macclesfld B	12:35
27	S Fensome	Shaftesbry B	10:45	64	J Stewart	Grantham	12:43
28	A Nailer	Rugby&NAC A	10:46	65	S Milburn	ChesterLSA C	12:57
29	R Maepeace	Charnwood B	10:46	66	L Butterfield	HolmeP B	13:03
30	S Harris	Macclesfld A	10:48	67	S Exon	Trafford B	13:15
31	L Day	Stamford A	10:56	68	R Fleet	Harborough C	13:24
32	G Marrs	CoventryGH B	10:59	69	A Marvel	Stamford B	14:19
33	H Berry	HolmfirthH A	11:01	70	S Bosh	Barrow A	14:22
34	C McMahon	Luton ac	11:03	71	H North	Barrow B	14:26
35	L Knights	Suttn Ashf	11:04	72	K Lathbury	Burton AC	14:27
36	H Cayzen	Windsor B	11:05	73	J Ramsden	Lincoln W C	14:33
37	E McIntyre	Sale Har B	11:08	74	A Dale	Lincoln W B	15:13
				75	H Malrasher	DISQUALIFIED	22:34

Senior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	L Best	DISQUALIFIED	1:42	12:25	+ 25	30	S Lamb	Sale Har B	11:25
2	Juliet Potter	Charnwood A	9:52	19:38	+ 1	31	R Heath	Charnwood C	11:31
3	J Lodge	Windsor A	10:01	19:41	- 2	32	J Shotter	HolmfirthH A	11:40
4	S Morris	Bedford A	9:55	20:03	+ 3	33	S Creamer	CoventryGH B	11:44
5	A Buckley	Salford H A	10:32	20:15	- 3	34	K Johnster	WakefieldH C	11:41
6	I O'Mara	WakefieldH A	10:20	20:16	- 2	35	J Taylor	BlackburnH	12:44
7	K Thomas	CoventryGH A	10:21	20:27	- 2	36	S Cariss	Bingley	11:54
8	S Wilkinson	ChesterLSA A	10:03	20:38	+ 9	37	S Massey	Soton RC	12:46
9	A Waterlow	Sale Har A	10:26	20:43	+ 2	38	R Edwards	Basingstok	12:05
10	G Keddle	Leeds City A	10:23	20:53	+ 5	39	L Thompson	Rugby&NAC B	11:44
11	J Wright	Shaftesbry A	10:33	20:53	+ 1	40	Sheona Revill	Stamford A	12:37
12	K Hill	Trafford A	10:23	21:03	+ 11	41	J Gratton	Derby AC C	11:36
13	M Elliott	C.Norwich A	11:04	21:18	- 4	42	K Tilley	Lincoln W A	12:21
14	E Steven	Derby AC A	10:46	21:29	+ 11	43	C Rooney	MiltonKAC B	11:45
15	R Watson	Peterborou	9:46	21:31	+ 34	44	K Brooks	Harborough A	12:08
16	Joanne Perry	Lancaster A	11:25	21:32	- 10	45	V Clews	Aldershot A	12:44
17	L Gallagher	Shaftesbry B	10:48	21:33	+ 10	46	A Saunders	Salford H B	12:39
18	A Watson	ChesterLSA B	11:14	21:35	- 5	47	S Karmazyn	HolmeP A	12:42
19	S Marshall	WakefieldH B	11:02	21:41	+ 2	48	H Johnson	Ripley RC	13:16
20	L Pringle	Windsor B	10:36	21:41	+ 16	49	N Bungun	NeneVH	13:02
21	V Barber	Charnwood B	10:57	21:43	+ 8	50	L Tarry	Notts A	13:20
22	R Love	Rugby&NAC A	11:02	21:48	+ 6	51	I Menzies	Aldershot B	12:33
23	I Thornburgh	MiltonKAC A	11:10	21:50	- 1	52	H Stretcher	Harborough B	13:02
24	H Patton	Gateshead A	11:56	22:05	- 16	53	A Kitchen	Newark	12:39
25	L Ranger	Morpeth	11:26	22:07	- 1	54	P Fisher	RotherhamH	12:47
26	R Pleeth	Macclesfld A	11:26	22:14	+ 4	55	C Lowe	Doncaster	13:27
27	H Bebbington	RoySutCold	11:40	22:18	- 7	56	J Sawford	Lancaster B	13:46
28	S Matthias	Suttn Ashf	11:24	22:28	+ 7	57	N Pugh	Trafford B	12:53
29	C Williams	Derby AC B	11:06	22:29	+ 15	58	J Tinkler	ChesterLSA C	13:22
						59	F Machin	Grantham	13:55
									22:33 + 7
									22:40 + 8
									22:41 + 1
									22:43 - 1
									22:52 + 6
									23:00 - 25
									23:08 + 5
									23:18 - 21
									23:23 + 4
									23:30 + 11
									23:33 - 9
									23:49 + 16
									23:51 + 3
									23:53 + 12
									23:58 + 7
									24:20 + 1
									24:45 + 7
									24:52 + 9
									24:56 - 1
									25:03 + 3
									25:04 - 2
									25:04 + 10
									25:09 + 2
									25:11 + 9
									25:16 + 6
									25:55 + 4
									26:05 + 2
									26:08 + 10
									26:19 + 7
									26:38 + 5

60	K Kenyon	Harborough C	13:16	26:40	+ 8
61	D Winfield	DISQUALIFIED	4:08	26:42	+ 14
62	P Robinson	HolmeP B	15:30	28:33	+ 4
63	M Ranja	Barrow B	14:09	28:35	+ 8
64	P Penistan	Lincoln W B	13:40	28:53	+ 10
65	L Rees	Barrow A	14:52	29:14	+ 5
66	M Hawksworth	Burton AC	15:59	30:26	+ 6
67	T Carnall	Lincoln W C	16:16	30:49	+ 6
68	A Hannah	Stamford B	17:06	31:25	+ 1

Fastest runners over stage 2:

1	L Best	DISQUALIFIED	1:42
2	D Winfield	DISQUALIFIED	4:08
3	R Watson	Peterborou	9:46
4	Juliet Potter	Charnwood A	9:52
5	S Morris	Bedford A	9:55
6	J Lodge	Windsor A	10:01
7	S Wilkinson	ChesterLSA A	10:03
8	IO'Mara	WakefieldH A	10:20
9	K Thomas	CoventryGH A	10:21
10	K Hill	Trafford A	10:23
11	G Keddie	Leeds City A	10:23

Senior Women Stage 3 — Final Results

PosName Club Leg Time Cum Time Gain

1	H Yelling	Windsor A	9:35	29:16	+ 2
2	Jane Potter	Charnwood A	9:47	29:25	0
3	A Parkinson	Sale Har A	9:38	30:21	+ 6
4	K Waterson	Bedford A	10:24	30:27	0
5	M McDonnell	ChesterLSA A	9:50	30:28	+ 3
6	P Thackray	WakefieldH A	10:22	30:38	0
7	S Wint	CoventryGH A	10:47	31:14	0
8	S Murphy	Shaftesbry A	10:25	31:18	+ 3
9	M Lowe	Salford H A	11:18	31:33	- 4
10	L Palmer	Derby AC A	10:29	31:58	+ 4
11	R Woodnutt	Leeds City A	11:13	32:06	- 1
12	V Bowles	Shaftesbry B	10:52	32:25	+ 5
13	H Singleton	WakefieldH B	10:47	32:28	+ 6
14	C Scott	MiltonKAC A	10:40	32:30	+ 9
15	A Dungar	C.Norwich A	11:17	32:35	- 2
16	M Czarnaka	ChesterLSA B	11:14	32:49	+ 2
17	G Hall	Charnwood B	11:09	32:52	+ 4
18	P Powell	BlackburnH	10:05	33:05	+ 17
19	ABryan	Derby AC B	11:01	33:30	+ 10
20	A Cooper	Rugby&NAC A	11:48	33:36	+ 2
21	C Wilson	Morpeth	11:38	33:45	+ 4
22	N Tribe	Windsor B	12:07	33:48	- 2
23	M Boleman	Sale Har B	11:17	33:50	+ 7
24	L Cooper	Lancaster A	12:22	33:54	- 8
25	V Carter	RoySutCold	11:38	33:56	+ 2
26	S Youden	Gateshead A	12:02	34:07	- 2
27	L Gabriel	Trafford A	13:10	34:13	- 15
28	C Warwick	DISQUALIFIED	21:48	34:13	- 27
29	T Taylor	Stamford A	11:01	34:34	+ 11
30	S Pattison	Macclesfld A	12:20	34:34	- 4
31	J Littler	Suttn Ashf	12:23	34:51	- 3
32	C Robinson	Basingstok	11:29	34:52	+ 6
33	L White	CoventryGH B	12:10	34:53	0
34	Livesley	Soton RC	11:53	35:11	+ 3
35	D Harris	Peterborou	14:34	36:05	- 20
36	J Dalzell	MiltonKAC B	12:16	36:09	+ 7

Fastest runners over stage 3:

1	H Yelling	Windsor A	9:35
2	A Parkinson	Sale Har A	9:38
3	Jane Potter	Charnwood A	9:47
4	M McDonnell	ChesterLSA A	9:50
5	P Powell	BlackburnH	10:05
6	P Thackray	WakefieldH A	10:22
7	K Waterson	Bedford A	10:24
8	S Murphy	Shaftesbry A	10:25
9	L Palmer	Derby AC A	10:29
10	C Scott	MiltonKAC A	10:40

Senior Women — Team Results — Final

(nn) is team position after the appropriate stage.

1 Windsor Slough & Eton AC	'A'	29:16	22 Windsor Slough & Eton AC	'B'	33:48
1 R Ryan (1) 9:40	2 J Lodge (3) 10:01		1 H Cayzen (36) 11:05	2 L Pringle (20) 10:36	
3 H Yelling (1) 9:35			3 N Tribe (22) 12:07		
2 Charnwood AC	'A'	29:25	23 Sale Harriers	'B'	33:50
1 T Kazywicki (3) 9:46	2 Juliet Potter (2) 9:52		1 E McIntyre (37) 11:08	2 S Lamb (30) 11:25	
3 Jane Potter (2) 9:47			3 M Boleman (23) 11:17		
3 Sale Harriers	'A'	30:21	24 Lancaster & Morecambe AC	'A'	33:54
1 L Whittaker (11) 10:17	2 A Waterlow (9) 10:26		1 L Gardner (6) 10:07	2 Joanne Perry (16) 11:25	
3 A Parkinson (3) 9:38			3 L Cooper (24) 12:22		
4 Bedford & County AC	'A'	30:27	25 Royal Sutton Coldfield AC		33:56
1 L Tanner (7) 10:08	2 S Morris (4) 9:55		1 V Callaway (20) 10:38	2 H Bebbington (27) 11:40	
3 K Waterson (4) 10:24			3 V Carter (25) 11:38		
5 Chester Le Street AC	'A'	30:28	26 Gateshead H & AC	'A'	34:07
1 A Dixon (17) 10:35	2 S Wilkinson (8) 10:03		1 K Hind (8) 10:09	2 H Patton (24) 11:56	
3 M McDonnell (5) 9:50			3 S Youden (26) 12:02		
6 Wakefield Harriers & AC	'A'	30:38	27 Trafford Athletic Club	'A'	34:13
1 A Hoban (4) 9:56	2 I O'Mara (6) 10:20		1 C Riley (23) 10:40	2 K Hill (12) 10:23	
3 P Thackray (6) 10:22			3 L Gabriel (27) 13:10		
7 Coventry Godiva Harriers	'A'	31:14	28 Stamford Striders	'A'	34:34
1 T Brown (5) 10:06	2 K Thomas (7) 10:21		1 L Day (31) 10:56	2 Sheona Revill (40) 12:37	
3 S Wint (7) 10:47			3 T Taylor (29) 11:01		
8 Shaftesbury Barnet Harriers	'A'	31:18	29 Macclesfield Harriers	'A'	34:34
1 J Ankier (12) 10:20	2 J Wright (11) 10:33		1 S Harris (30) 10:48	2 R Pleeth (26) 11:26	
3 S Murphy (8) 10:25			3 S Pattison (30) 12:20		
9 Salford Harriers	'A'	31:33	30 Sutton In Ashfield Harriers AC		34:51
1 B Jenkins (2) 9:43	2 A Buckley (5) 10:32		1 L Knights (35) 11:04	2 S Matthias (28) 11:24	
3 M Lowe (9) 11:18			3 J Littler (31) 12:23		
10 Derby AC	'A'	31:58	31 Basingstoke Mid Hants		34:52
1 W Roethenbaugh (25) 10:43	2 E Steven (14) 10:46		1 B Harris (42) 11:18	2 R Edwards (38) 12:05	
3 L Palmer (10) 10:29			3 C Robinson (32) 11:29		
11 Leeds City AC	'A'	32:06	32 Coventry Godiva Harriers	'B'	34:53
1 C DeMaria (15) 10:30	2 G Keddie (10) 10:23		1 G Marrs (32) 10:59	2 S Creamer (33) 11:44	
3 R Woodnutt (11) 11:13			3 L White (33) 12:10		
12 Shaftesbury Barnet Harriers	'B'	32:25	33 Southampton RC		35:11
1 S Fensome (27) 10:45	2 L Gallagher (17) 10:48		1 S Robson (16) 10:32	2 S Massey (37) 12:46	
3 V Bowles (12) 10:52			3 Livesley (34) 11:53		
13 Wakefield Harriers & AC	'B'	32:28	34 Peterborough AC		36:05
1 S Beevers (21) 10:39	2 S Marshall (19) 11:02		1 S Ainslie (49) 11:45	2 R Watson (15) 9:46	
3 H Singleton (13) 10:47			3 D Harris (35) 14:34		
14 Milton Keynes AC	'A'	32:30	35 Milton Keynes AC	'B'	36:09
1 Michelle Lee (22) 10:40	2 I Thornburgh (23) 11:10		1 J Benham (55) 12:08	2 C Rooney (43) 11:45	
3 C Scott (14) 10:40			3 J Dalzell (36) 12:16		
15 City Of Norwich AC	'A'	32:35	36 Harborough AC	'A'	36:14
1 B Parker (9) 10:14	2 M Elliott (13) 11:04		1 G Taylor (51) 11:50	2 K Brooks (44) 12:08	
3 A Dungar (15) 11:17			3 K Williams (37) 12:16		
16 Chester Le Street AC	'B'	32:49	37 Rugby & Northampton AC	'B'	36:15
1 K Waugh (13) 10:21	2 A Watson (18) 11:14		1 A Carlin (50) 11:46	2 L Thompson (39) 11:44	
3 M Czarnaka (16) 11:14			3 A Rollings (38) 12:45		
17 Charnwood AC	'B'	32:52	38 Lincoln Wellington AC	'A'	36:19
1 R Maepeace (29) 10:46	2 V Barber (21) 10:57		1 A Bell (45) 11:30	2 K Tilley (42) 12:21	
3 G Hall (17) 11:09			3 K Warhurst (39) 12:28		
18 Blackburn Harriers		33:05	39 Holmfirth Harriers AC	'A'	36:38
1 S Willimott (10) 10:16	2 J Taylor (35) 12:44		1 H Berry (33) 11:01	2 J Shotter (32) 11:40	
3 P Powell (18) 10:05			3 A Dewhurst (40) 13:57		
19 Derby AC	'B'	33:30	40 Salford Harriers	'B'	36:47
1 S Young (44) 11:23	2 C Williams (29) 11:06		1 C Carrier (53) 12:06	2 A Saunders (46) 12:39	
3 A Bryan (19) 11:01			3 J Aplin (41) 12:02		
20 Rugby & Northampton AC	'A'	33:36	41 Aldershot Farnham & Dis AC	'A'	36:56
1 A Nailer (28) 10:46	2 R Love (22) 11:02		1 C Adams (46) 11:36	2 V Clews (45) 12:44	
3 A Cooper (20) 11:48			3 L Martindale (42) 12:36		
21 Morpeth H & AC		33:45	42 Holme Pierrpoint	'A'	37:21
1 S Ellison (24) 10:41	2 L Ranger (25) 11:26		1 P Cranton (56) 12:10	2 S Karmazyn (47) 12:42	
3 C Wilson (21) 11:38			3 M Mills (43) 12:29		

43 Newark AC			
1 S Hill	(62) 12:32	2 A Kitchen	(53) 12:39
3 A Marsh	(44) 12:14		
44 Nene Valley Harriers			
1 L Caremichael	(52) 12:01	2 N Bungun	(49) 13:02
3 A Page	(45) 12:36		
45 Harborough AC 'B'			
1 N Sharpe	(54) 12:07	2 H Stretcher	(52) 13:02
3 V Goode	(46) 12:42		
46 Doncaster & Stainforth AC			
1 K Blagden	(59) 12:28	2 C Lowe	(55) 13:27
3 B Holdsworth	(47) 11:58		
47 Ripley RC			
1 S Mellors	(47) 11:40	2 H Johnson	(48) 13:16
3 E Robinson	(48) 13:02		
48 Trafford Athletic Club 'B'			
1 S Exon	(67) 13:15	2 N Pugh	(57) 12:53
3 L Johnson	(49) 12:28		
49 Aldershot Farnham & Dis AC 'B'			
1 P Jones	(61) 12:31	2 I Menzies	(51) 12:33
3 V Tanner	(50) 13:36		
50 Notts AC 'A'			
1 F Palmer	(48) 11:44	2 L Tarry	(50) 13:20
3 T Hallam	(51) 13:46		
51 Grantham AC			
1 J Stewart	(64) 12:43	2 F Machin	(59) 13:55
3 J Anderson	(53) 13:04		
52 Lancaster & Morecambe AC 'B'			
1 Jane Perry	(58) 12:19	2 J Sawford	(56) 13:46
3 K Stewart	(54) 14:17		
53 Barrow 'B'			
1 H North	(71) 14:26	2 M Ranja	(63) 14:09
3 C Eastwood	(55) 12:33		
54 Lincoln Wellington AC 'B'			
1 A Dale	(74) 15:13	2 P Penistan	(64) 13:40
3 A Gilroy	(56) 13:04		
55 Holme Pierrpoint 'B'			
1 L Butterfield	(66) 13:03	2 P Robinson	(62) 15:30
3 S Lancaster	(57) 13:41		
56 Barrow 'A'			
1 S Bosh	(70) 14:22	2 L Rees	(65) 14:52
3 E Barker	(58) 13:39		
57 Stamford Striders 'B'			
1 A Marvel	(69) 14:19	2 A Hannah	(68) 17:06
3 Sue Revill	(59) 13:01		
58 Burton AC			
1 K Lathbury	(72) 14:27	2 M Hawksworth	(66) 15:59
3 L Norman	(60) 16:21		

Disqualified -

Mansfield Harriers AC 'A'			
1 DISQUALIFIED (26)	10:43	2 DISQUALIFIED (1)	1:42
3 DISQUALIFIED (28)	21:48		
Mansfield Harriers AC 'B'			
1 DISQUALIFIED (75)	22:34	2 DISQUALIFIED (61)	4:08
3 DISQUALIFIED (52)	12:47		

Incomplete Teams:

Charnwood AC 'C'			
1 L Tomaney	(39) 11:09	2 R Heath	(31) 11:31
Wakefield Harriers & AC 'C'			
1 C Bacon	(40) 11:11	2 K Johnster	(34) 11:41
Bingley Harriers AC			
1 L Geldart	(41) 11:14	2 S Cariss	(36) 11:54
Derby AC 'C'			
1 L Davies	(57) 12:13	2 J Gration	(41) 11:36
Rotherham Harriers & AC			
1 G Bunker	(60) 12:29	2 P Fisher	(54) 12:47
Chester Le Street AC 'C'			
1 S Milburn	(65) 12:57	2 J Tinkler	(58) 13:22
Harborough AC 'C'			
1 R Fleet	(68) 13:24	2 K Kenyon	(60) 13:16
Lincoln Wellington AC 'C'			
1 J Ramsden	(73) 14:33	2 T Carnall	(67) 16:16
Wigan Harriers			
1 C Entwistle	(14) 10:29		
Cheadle Running Club 'A'			
1 A Dalkins	(18) 10:35		
Matlock AC			
1 C Howard	(19) 10:36		
Luton AC			
1 C McMahon	(34) 11:03		
Bristol AC 'A'			
1 A Hurford	(38) 11:09		
Milton Keynes AC 'C'			
1 Z Whitten	(43) 11:19		
Macclesfield Harriers 'B'			
1 B Murray	(63) 12:35		

Fastest of all legs

1 L Best	DISQUALIFIED	1:42
2 D Winfield	DISQUALIFIED	4:08
3 H Yelling	Windsor	A 9:35
4 A Parkinson	Sale Har	A 9:38
5 R Ryan	Windsor	A 9:40
6 B Jenkins	Salford H	A 9:43
7 R Watson	Peterborou	9:46
= T Kazywicki	Charnwood	A 9:46
9 Jane Potter	Charnwood	A 9:47
10 M McDonnell	ChesterLSA	A 9:50

The ECCA National Cross Country Relays at Berry Hill Park, Mansfield on Saturday 8th November 2003

Senior Men Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	S Vernon	Stockport	14:53	65	A Martin	Oldham&RH A	16:52
2	S Sharp	Belgrave A	14:56	66	M Hatch	Sale Har B	16:53
3	M Warmby	Newham&EB A	15:02	67	A Lyons	KingstonUH C	16:55
4	T Ranger	Morpeth A	15:03	68	P Mathie	Burton AC	16:58
5	M Janes	Bedford A	15:06	69	S Dale	Hallamsh'r C	16:59
6	M Lole	CoventryGH A	15:07	70	R Brown	Charnwood A	17:01
7	N Wilkinson	Salford H A	15:08	71	C Pass	WeshamRR A	17:04
8	R Faulkner	OWLS	15:13	72	A Stowe	Luton ac	17:05
9	M Whitehouse	Birchfield A	15:15	73	D Houlton	NeneVH B	17:06
10	E Jackson	Aldershot A	15:16	74	B Dyson	Derby AC B	17:07
11	R Jefferies	Derby AC A	15:17	75	D Potter	Notts C	17:07
12	M Hilton	Leeds City A	15:18	76	P Lennon	CSheffield B	17:07
13	M Whitfield	Bingley A	15:22	77	D Quinlan	Mansfield B	17:11
14	G Comish	Sale Har A	15:23	78	B Ablitt	Grantham A	17:18
15	D Norman	Altrincham A	15:26	79	S Fitzpatrick	BlackburnH B	17:20
16	S Plummer	Soton RC	15:32	80	L Bartholomew	Lancaster A	17:22
17	A Kilding	CSheffield A	15:33	81	J Guvaya	Doncaster	17:25
18	P Tedd	Bingley B	15:35	82	B Dewhurst	PrestonH A	17:26
19	K Kyereme	Shaftesbury A	15:36	83	G Watson	Newham&EB B	17:29
20	A Rayner	Blackheath	15:36	84	M Raines	Nestle	17:31
21	D Middleton	Barnsley A	15:38	85	P Townsend	Leeds City C	17:33
22	C Lamb	ChesterLSA A	15:39	86	C Heys	Sale Har C	17:38
23	B Raeside	Notts A	15:40	87	P Downie	Newark	17:38
24	A Tanner	Bedford B	15:40	88	I Paramore	Barrow A	17:43
25	T Doe	Lincoln W A	15:41	89	J Rogers	EastHH A	17:48
26	S Overall	Windsor A	15:42	90	J Farquharson	Mansfield C	17:49
27	B Moreau	Aldershot B	15:43	91	D Kennedy	Aldershot C	17:51
28	K Lamb	Tipton A	15:46	92	G Wilkinson	EastHH B	17:58
29	M Johnson	Mansfield A	15:53	93	R Parkin	Derby AC C	18:04
30	W Cockerell	Belgrave B	15:54	94	G Johnston	Nth Fylde A	18:10
31	J Ward	Hallamsh'r A	15:56	95	M Atkins	Westbury B	18:12
32	M Jones	CityOStoke	15:57	96	S Giles	KetteringT A	18:19
33	D Swinburne	Morpeth B	15:58	97	A Brook	HarrogateH	18:23
34	C Leigh	Trafford A	15:59	98	G Slys	KirkHAC B	18:26
35	R Kay	Morpeth C	16:00	99	M Gardner	Lancaster B	18:27
36	M Hutchinson	Trafford B	16:00	100	P Budd	Salford H C	18:28
37	S Robinson	KirkHAC A	16:04	101	D Priest	NeneVH C	18:30
38	D Milliken	Salford H B	16:07	102	M Plint	CSheffield C	18:31
39	M Tilloston	Notts B	16:08	103	B Swindell	RipleyRC B	18:31
40	J Pike	NeneVH A	16:11	104	M Anderson	Lincoln&DR A	18:33
41	A Wetherill	Redhill RR A	16:12	105	M Wareham	RipleyRC A	18:34
42	S Baldwin	C.Norwich B	16:15	106	P Jackson	Birchfield B	18:43
43	N Gamester	Enfield&H	16:16	107	I Cockayne	Suttn Ashf A	18:57
44	K Ritchie	Leeds City B	16:18	108	B Adams	Northbrook A	18:58
45	D Yates	MatlockAC	16:20	109	B Devlin	Harborough B	19:05
46	G Keight	Hallamsh'r B	16:22	110	T Foreman	Suttn Ashf B	19:07
47	P Evans	Tipton B	16:26	111	S Edge	Harborough C	19:12
48	P Swaine	Harborough A	16:28	112	G Daniels	KetteringT B	19:19
49	C Smales	KingstonUH A	16:29	113	S Foster	Barnsley B	19:42
50	J Quint	C.Norwich A	16:30	114	B Usher	ChesterLSA B	19:58
51	S Gascoyne	Chesterfld	16:30	115	N McGuinness	Redhill RR B	20:15
52	A Ellis	ValeRoyal A	16:31	116	G Moore	WeshamRR B	20:22
53	R Gordon	Westbury A	16:32	117	T Hayball	Lincoln W B	20:40
54	B King	Bristol A	16:33	118	D Atherton	Oldham&RH B	21:20
55	M Nolan	Solihull	16:35	119	P Manning	RipleyRC C	21:22
56	S Gregory	HolmeP	16:37	120	D Wood	Nth Fylde B	21:25
57	E Combstock	CoventryGH B	16:39	121	A Barker	Barrow B	21:49
58	D Ragan	SheffieldH	16:41	122	G Churchill	Grantham B	21:54
59	M Hammer	BlackburnH A	16:42	123	P Shreeves	Charnwood B	24:18
60	J Lilley	Severn AC	16:43	124	R LeeSmith	Lincoln&DR B	26:56
61	D Battersby	Bedford C	16:46				
62	S Heaton	East Chesh	16:48				
63	S Carmichael	(KingstonUH B)	16:49				
64	S Ralph	RoySutCold A	16:50				

Senior Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain									
1	S Barden	Belgrave A	14:46	29:42	+ 1	68	M Green	Harborough A	17:56	34:24	- 20			
2	G Tromans	CoventryGH A	14:46	29:53	+ 4	69	G Thompson	ValeRoyal A	17:55	34:26	- 17			
3	E Wander	Birchfield A	14:50	30:05	+ 6	70	LidgateTaylor	Solihull	17:53	34:28	- 15			
4	M Morris	Morpeth A	15:09	30:12	0	71	P Parker	RoySutCold A	17:45	34:35	- 7			
5	M Skinner	Blackheath	14:39	30:15	+15	72	S Still	Luton ac	17:44	34:49	0			
6	D Deed	Bedford A	15:10	30:16	- 1	73	S Mitchell	Leeds City C	17:34	35:07	+12			
7	S Major	Newham&EB A	15:25	30:27	- 4	74	N Adams	Newham&EB B	17:43	35:12	+ 9			
8	A MorganLee	Salford H A	15:27	30:35	- 1	75	P Barrett	Oldham&RH A	18:24	35:16	- 10			
9	B Stopher	Aldershot A	15:20	30:36	+ 1	76	D O'Keefe	Mansfield C	17:32	35:21	+14			
10	G Reid	Trafford A	14:44	30:43	+24	77	A Madge	Grantham A	18:07	35:25	+ 1			
11	C Cariss	Bingley A	15:23	30:45	+ 2	78	S Medhurst	NeneVH B	18:23	35:29	- 5			
12	J Gilby	Derby AC A	15:29	30:46	- 1	79	D Waywell	WeshamRR A	18:28	35:32	- 8			
13	I Mitchell	Tipton A	15:06	30:52	+15	80	M Lavis	Westbury B	17:21	35:33	+15			
14	M Bowser	Lincoln W A	15:15	30:56	+11	81	G Murfin	Burton AC	18:36	35:34	- 13			
15	G Hull	Leeds City A	15:40	30:58	- 3	82	A Dyson	KetteringT A	17:16	35:35	+14			
16	C Warburton	Notts A	15:19	30:59	+ 7	83	C Ireland	CSheffield B	18:31	35:38	- 7			
17	G Raven	Sale Har A	15:36	30:59	- 3	84	N Hume	Nth Fylde A	17:30	35:40	+10			
18	B Farquharson	Mansfield A	15:13	31:06	+11	85	R Smith	Barrow A	17:57	35:40	+ 3			
19	R Ward	Belgrave B	15:31	31:25	+11	86	I Grewar	EastHH A	17:55	35:43	+ 3			
20	J Cordingley	Bingley B	15:51	31:26	- 2	87	P Stockburn	HarrogateH	17:43	36:06	+10			
21	C Sampson	Morpeth B	15:37	31:35	+12	88	M Smedley	Derby AC C	18:08	36:12	+ 5			
22	J Maskell	Soton RC	16:05	31:37	- 6	89	R Morley	Bedford C	19:29	36:15	- 28			
23	A Williams	Shaftesbry A	16:03	31:39	- 4	90	S Buchan	DISQUALIFIED	19:30	36:19	- 27			
24	D McCarthy	Aldershot B	15:57	31:40	+ 3	91	M Higginbottom	Salford H C	17:53	36:21	+ 9			
25	A Oldham	Stockport	16:47	31:40	- 24	92	J Kallhauge	CSheffield C	17:56	36:27	+10			
26	J Boxell	Barnsley A	16:05	31:43	- 5	93	E Rex	EastHH B	18:35	36:33	- 1			
27	R Powell	Bedford B	16:11	31:51	- 3	94	P Wharton	Charnwood A	19:35	36:36	- 24			
28	K Hope	Notts B	15:52	32:00	+11	95	N Luke	Suttn Ashf A	17:44	36:41	+12			
29	S Penney	Chesterfld	15:32	32:02	+22	96	F McTominay	Lancaster B	18:22	36:49	+ 3			
30	M Murray	Trafford B	16:05	32:05	+ 6	97	S Couldwell	Birchfield B	18:11	36:54	+ 9			
31	D Teasdale	Hallamsh'r A	16:16	32:12	0	98	N Holmes	Northbrook A	17:59	36:57	+10			
32	A O'Gorman	CSheffield A	16:40	32:13	- 15	99	J Smith	NeneVH C	18:33	37:03	+ 2			
33	M Bishop	Hallamsh'r B	15:52	32:14	+13	100	R Phillips	RipleyRC A	18:32	37:06	+ 5			
34	C Birchall	East Chesh	15:27	32:15	+28	101	A Shepherd	Lincoln W B	16:38	37:18	+16			
35	G Richards	Salford H B	16:09	32:16	+ 3	102	P Hardern	Newark	19:42	37:20	- 15			
36	A Toward	Morpeth C	16:18	32:18	- 1	103	D Bishop	RipleyRC B	18:55	37:26	0			
37	S Mitchell	Enfield&H	16:08	32:24	+ 6	104	A Marriott	KirkHAC B	19:03	37:29	- 6			
38	B Whitworth	C.Norwich A	15:55	32:25	+12	105	R Toone	Harborough B	18:32	37:37	+ 4			
39	N Porter	OWLS	17:14	32:27	- 31	106	D Pickering	Suttn Ashf B	19:24	38:31	+ 4			
40	N Davison	C.Norwich B	16:17	32:32	+ 2	107	R Robb	BlackburnH B	21:27	38:47	- 28			
41	A Ford	Altrincham A	17:09	32:35	- 26	108	J Davies	Lincoln&DR A	20:16	38:49	- 4			
42	J Rogers	Sale Har B	15:46	32:39	+24	109	A Urwin	Barnsley B	19:21	39:03	+ 4			
43	P Williams	SheffieldH	16:05	32:46	+15	110	J Davidson	ChesterLSA B	19:34	39:32	+ 4			
44	J White	CoventryGH B	16:08	32:47	+13	111	D Giles	Redhill RR B	19:41	39:56	+ 4			
45	S Stone	Windsor A	17:06	32:48	- 19	112	P Young	KetteringT B	21:04	40:23	0			
46	I Aunger	NeneVH A	16:38	32:49	- 6	113	A Fordham	Harborough C	21:15	40:27	- 2			
47	A Mawdsley	CityOstoke	16:54	32:51	- 15	114	M Midgley	WeshamRR B	20:08	40:30	+ 2			
48	S Cotter	Leeds City B	16:34	32:52	- 4	115	P Shaw	RipleyRC C	20:51	42:13	+ 4			
49	G Thraves	ChesterLSA A	17:21	33:00	- 27	116	A Spenser	Barrow B	21:52	43:41	+ 5			
50	S Watterson	Westbury A	16:30	33:02	+ 3	117	P Mensley	Charnwood B	19:51	44:09	+ 6			
51	P Whitelam	Hallamsh'r C	16:11	33:10	+18	118	J Page	Grantham B	22:53	44:47	+ 4			
52	S Monk	BlackburnH A	16:31	33:13	+ 7	Fastest runners over stage 2:								
53	Martin Slys	KirkHAC A	17:14	33:18	- 16	1	M Skinner	Blackheath	14:39					
54	A Sheppard	Bristol A	16:49	33:22	0	2	G Reid	Trafford A	14:44					
55	G Clarkson	KingstonUH A	16:58	33:27	- 6	3	S Barden	Belgrave A	14:46					
56	J Teece	Matlock AC	17:09	33:29	- 11	4	G Tromans	CoventryGH A	14:46					
57	T Smith	Redhill RR A	17:20	33:32	- 16	5	E Wander	Birchfield A	14:50					
58	S Hale	Severn AC	16:51	33:34	+ 2	6	I Mitchell	Tipton A	15:06					
59	M Blunden	Notts C	16:48	33:55	+16	7	M Morris	Morpeth A	15:09					
60	S Smith	PrestonH A	16:31	33:57	+22	8	D Deed	Bedford A	15:10					
61	G Moffatt	HolmeP	17:26	34:03	- 5	9	B Farquharson	Mansfield A	15:13					
62	R Wiseman	Aldershot C	16:16	34:07	+29	10	M Bowser	Lincoln WR A	15:15					
63	A Leck	Lancaster A	16:48	34:10	+17									
64	D Ridout	Derby AC B	17:06	34:13	+10									
65	C Ryde	Doncaster	16:49	34:14	+16									
66	M Jenkins	Mansfield B	17:04	34:15	+11									
67	A Burt	Nestle	16:50	34:21	+17									

Senior Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	P Freary	Belgrave A	15:12	44:54	0	63	J Husband	Lancaster A	18:02	52:12	0
2	P Riley	Trafford A	14:25	45:08	+ 8	64	M Gore	Harborough A	17:53	52:17	+ 4
3	N McCormick	Morpeth A	15:03	45:15	+ 1	65	S Nicholls	Solihull	18:00	52:28	+ 5
4	G Deacon	CoventryGH A	15:47	45:40	- 2	66	M Eadie	Nth Fylde A	16:51	52:31	+ 18
5	A Swearman	Birchfield A	15:48	45:53	- 2	67	N Wigmore	Oldham&RH A	17:17	52:33	+ 8
6	N Anderson	Aldershot A	15:21	45:57	+ 3	68	M Sweeting	ValeRoyal A	18:12	52:38	+ 1
7	J Brown	Salford H A	15:26	46:01	+ 1	69	M Page	Doncaster	18:31	52:45	- 4
8	S Herring	Bedford A	15:57	46:13	- 2	70	T Lawes	Nestle	18:28	52:49	- 3
9	J Hayden	Notts A	15:28	46:27	+ 7	71	B Norman	WeshamRR A	17:24	52:56	+ 8
10	S Hughes	Sale Har A	15:41	46:40	+ 7	72	D Nuttal	CSheffield B	17:38	53:16	+ 11
11	A Barber	Newham&EB A	16:13	46:40	- 4	73	S Davies	Mansfield C	18:01	53:22	+ 3
12	I Holmes	Bingley A	15:59	46:44	- 1	74	A Short	Grantham A	17:59	53:24	+ 3
13	R Soos	Mansfield A	15:40	46:46	+ 5	75	J Nash	NeneVH B	18:01	53:30	+ 3
14	J Blackledge	Belgrave B	15:22	46:47	+ 5	76	P Kenney	RoySutCold A	18:59	53:34	- 5
15	M Burrett	Leeds City A	15:50	46:48	0	77	P Kidd	Leeds City C	18:40	53:47	- 4
16	S Murphy	Shaftesbry A	15:27	47:06	+ 7	78	T McKee	DISQUALIFIED	17:40	53:59	+ 12
17	R Finch	Soton RC	15:33	47:10	+ 5	79	G Avenell	EastHH A	18:23	54:06	+ 7
18	B Hussain	Stockport	15:33	47:13	+ 7	80	M O'Shea	Northbrook A	17:12	54:09	+ 18
19	T Wall	Morpeth B	15:39	47:14	+ 2	81	R Hooper	Westbury B	18:47	54:20	- 1
20	J Convery	Bingley B	15:49	47:15	0	82	D Askew	HarrogateH	18:15	54:21	+ 5
21	J Knibb	Derby AC A	16:41	47:27	- 9	83	M Winstone	KetteringT A	19:04	54:39	- 1
22	M Hager	Tipton A	16:36	47:28	- 9	84	G North	Barrow A	19:06	54:46	+ 1
23	S Bell	Lincoln W A	16:48	47:44	- 9	85	C Fletcher	Burton AC	19:16	54:50	- 4
24	M Boucher	Aldershot B	16:21	48:01	0	86	P Whittingham	Suttn Ashf A	18:16	54:57	+ 9
25	S Burton	Notts B	16:06	48:06	+ 3	87	S Perry	Lancaster B	18:10	54:59	+ 9
26	A Dyson	Hallamsh'r A	15:56	48:08	+ 5	88	M Dell	RipleyRC A	17:58	55:04	+ 12
27	J Jackson	Salford H B	15:53	48:09	+ 8	89	G Fallon	Derby AC C	18:53	55:05	- 1
28	S Ellis	Barnsley A	16:49	48:32	- 2	90	R Fittall	Birchfield B	18:27	55:21	+ 7
29	J McMahon	Bedford B	16:47	48:38	- 2	91	G Wright	Lincoln W B	18:19	55:37	+ 10
30	S Shelton	Chesterfld	16:37	48:39	- 1	92	T Ware	EastHH B	19:50	56:23	+ 1
31	R Goose	C.Norwich A	16:28	48:53	+ 7	93	G Brown	RipleyRC B	19:01	56:27	+ 10
32	V Wilson	Morpeth C	16:36	48:54	+ 4	94	N Scoggins	Charnwood A	19:52	56:28	0
33	M Farran	Leeds City B	16:06	48:58	+ 15	95	R Church	NeneVH C	19:45	56:48	+ 4
34	S Riley	Trafford B	16:55	49:00	- 4	96	R Piggott	KirkHAC B	19:28	56:57	+ 8
35	J Cox	Hallamsh'r B	16:48	49:02	- 2	97	T Harrison	Harborough B	19:40	57:17	+ 8
36	I Weatherall	Sale Har B	16:26	49:05	+ 6	98	R Orgill	Newark	20:10	57:30	+ 4
37	D Vaughan	East Chesh	16:55	49:10	- 3	99	A Waters	Barnsley B	19:25	58:28	+ 10
38	P Shaw	CSheffield A	17:04	49:17	- 6	100	T Wood	BlackburnH B	19:52	58:39	+ 7
39	B Cole	CityOStoke	16:47	49:38	+ 8	101	C Jones	Suttn Ashf B	20:28	58:59	+ 5
40	L Barton	BlackburnH A	16:32	49:45	+ 12	102	M Lancaster	Lincoln&DR A	20:32	59:21	+ 6
41	R Scotter	C.Norwich B	17:15	49:47	- 1	103	B Olpin	Redhill RR B	20:00	59:56	+ 8
42	C Clarke	NeneVH A	17:09	49:58	+ 4	104	B Porter	WeshamRR B	20:59	1:01:29	+ 10
43	T Kingsnorth	Bristol A	16:36	49:58	+ 11	105	B Elliott	KetteringT B	21:28	1:01:51	+ 7
44	D Kibey	SheffieldH	17:26	50:12	- 1	106	K Tietz	RipleyRC C	19:52	1:02:05	+ 9
45	N White	CoventryGH B	17:32	50:19	- 1	107	P Leach	Harborough C	22:38	1:03:05	+ 6
46	R Wallis	Westbury A	17:18	50:20	+ 4	108	D Eldridge	Grantham B	20:34	1:05:21	+ 10
47	S Tanner	Aldershot C	16:16	50:23	+ 15	109	W Thomson	Charnwood B	21:12	1:05:21	+ 8
48	D Londer	Severn AC	17:15	50:49	+ 10	110	P Osbourne	Barrow B	22:55	1:06:36	+ 6
49	D Winfield	Luton ac	16:03	50:52	+ 23	Fastest runners over stage 3:					
50	S Wells	ChesterLSA A	18:02	51:02	- 1	1	P Riley	Trafford A	14:25		
51	D Doyle	OWLS	18:41	51:08	- 12	2	N McCormick	Morpeth A	15:03		
52	M Turner	KingstonUH A	17:47	51:14	+ 3	3	P Freary	Belgrave A	15:12		
53	S Jennings	Notts C	17:22	51:17	+ 6	4	N Anderson	Aldershot A	15:21		
54	C Taylor	Hallamsh'r C	18:12	51:22	- 3	5	J Blackledge	Belgrave B	15:22		
55	R Atkin	Matlock AC	17:57	51:26	+ 1	6	J Brown	Salford H A	15:26		
56	Matt Slys	KirkHAC A	18:12	51:30	- 3	7	S Murphy	Shaftesbry A	15:27		
57	M McHale	Redhill RR A	17:59	51:31	0	8	J Hayden	Notts A	15:28		
58	P Stafford	Mansfield B	17:19	51:34	+ 8	9	B Hussain	Stockport	15:33		
59	H Torry	Derby AC B	17:36	51:49	+ 5	10	R Finch	Soton RC	15:33		
60	K Hesketh	PrestonH A	17:55	51:52	0						
61	A Robinson	Newham&EB B	16:46	51:58	+ 13						
62	M Moore	HolmeP	18:08	52:11	- 1						

Senior Men Stage 4 — Final Results

Fastest runners over stage 4:		
1	C Thompson	Aldershot A 14:18
2	D Anderson	Belgrave A 14:42
3	M Watson	Bingley A 14:49
4	D Mitchinson	Newham&EB A 14:58
5	M Hudspith	Morpeth A 14:59
6	O Williams	Hallamsh'r A 15:03
7	A Jones	Salford H A 15:04
8	S Deakin	Leeds City A 15:08
9	I Boneham	Notts A 15:09
10	D Dalmedo	Bedford A 15:17

Senior Men — Team Results — Final **(nn) is team position after the appropriate stage.**

1 Belgrave Harriers				'A' 59:36				17 Morpeth H & AC				'B' 1:03:16			
1	S Sharp	(2)	14:56	2	S Barden	(1)	14:46	1	D Swinburne	(33)	15:58	2	C Sampson	(21)	15:37
3	P Freary	(1)	15:12	4	D Anderson	(1)	14:42	3	T Wall	(19)	15:39	4	G Sharp	(17)	16:02
2 Morpeth H & AC				'A' 1:00:14				18 Shaftesbury Barnet Harriers				'A' 1:03:20			
1	T Ranger	(4)	15:03	2	M Morris	(4)	15:09	1	K Kyereme	(19)	15:36	2	A Williams	(23)	16:03
3	N McCormick	(3)	15:03	4	M Hudspith	(2)	14:59	3	S Murphy	(16)	15:27	4	A Symonds	(18)	16:14
3 Aldershot Farnham & Dis AC				'A' 1:00:15				19 Southampton RC				1:03:26			
1	E Jackson	(10)	15:16	2	B Stopher	(9)	15:20	1	S Plummer	(16)	15:32	2	J Maskell	(22)	16:05
3	N Anderson	(6)	15:21	4	C Thonpson	(3)	14:18	3	R Finch	(17)	15:33	4	I Robertson	(19)	16:16
4 Salford Harriers				'A' 1:01:05				20 Bingley Harriers AC				'B' 1:03:30			
1	N Wilkinson	(7)	15:08	2	A MorganLee	(8)	15:27	1	P Tedd	(18)	15:35	2	J Cordingley	(20)	15:51
3	J Brown	(7)	15:26	4	A Jones	(4)	15:04	3	J Convery	(20)	15:49	4	S Macdonald	(20)	16:15
5 Trafford Athletic Club				'A' 1:01:09				21 Lincoln Wellington AC				'A' 1:04:23			
1	C Leigh	(34)	15:59	2	G Reid	(10)	14:44	1	T Doe	(25)	15:41	2	M Bowser	(14)	15:15
3	P Riley	(2)	14:25	4	I Salisbury	(5)	16:01	3	S Bell	(23)	16:48	4	R McWilliam	(21)	16:39
6 Bedford & County AC				'A' 1:01:30				22 Derby AC				'A' 1:04:35			
1	M Janes	(5)	15:06	2	D Deed	(6)	15:10	1	R Jefferies	(11)	15:17	2	J Gilby	(12)	15:29
3	S Herring	(8)	15:57	4	D Dalmedo	(6)	15:17	3	J Knibb	(21)	16:41	4	G Worrall	(22)	17:08
7 Bingley Harriers AC				'A' 1:01:33				23 Notts AC				'B' 1:04:53			
1	M Whitfield	(13)	15:22	2	C Cariss	(11)	15:23	1	M Tilloston	(39)	16:08	2	K Hope	(28)	15:52
3	I Holmes	(12)	15:59	4	M Watson	(7)	14:49	3	S Burton	(25)	16:06	4	S Sutton	(23)	16:47
8 Notts AC				'A' 1:01:36				24 Stockport Harriers & AC				1:04:58			
1	B Raeside	(23)	15:40	2	C Warburton	(16)	15:19	1	S Vernon	(1)	14:53	2	A Oldham	(25)	16:47
3	J Hayden	(9)	15:28	4	I Boneham	(8)	15:09	3	B Hussain	(18)	15:33	4	J Loxam	(24)	17:45
9 Newham & Essex Beagles				'A' 1:01:38				25 Aldershot Farnham & Dis AC				'B' 1:05:01			
1	M Warmby	(3)	15:02	2	S Major	(7)	15:25	1	B Moreau	(27)	15:43	2	D McCarthy	(24)	15:57
3	A Barber	(11)	16:13	4	D Mitchinson	(9)	14:58	3	M Boucher	(24)	16:21	4	J Smith	(25)	17:00
10 Leeds City AC				'A' 1:01:56				26 City Of Norwich AC				'A' 1:05:08			
1	M Hilton	(12)	15:18	2	G Hull	(15)	15:40	1	J Quint	(50)	16:30	2	B Whitworth	(38)	15:55
3	M Burrett	(15)	15:50	4	S Deakin	(10)	15:08	3	R Goose	(31)	16:28	4	R Sales	(26)	16:15
11 Coventry Godiva Harriers				'A' 1:02:02				27 City Of Sheffield AC				'A' 1:05:31			
1	M Lole	(6)	15:07	2	G Tromans	(2)	14:46	1	A Kilding	(17)	15:33	2	A O'Gorman	(32)	16:40
3	G Deacon	(4)	15:47	4	M Almond	(11)	16:22	3	P Shaw	(38)	17:04	4	S Millward	(27)	16:14
12 Mansfield Harriers AC				'A' 1:02:08				28 Tipton Harriers				'A' 1:05:40			
1	M Johnson	(29)	15:53	2	B Farquharson	(18)	15:13	1	K Lamb	(28)	15:46	2	I Mitchell	(13)	15:06
3	R Soos	(13)	15:40	4	L Garrett	(12)	15:22	3	M Hager	(22)	16:36	4	B Mills	(28)	18:12
13 Belgrave Harriers				'B' 1:02:10				29 Barnsley Athletic Club				'A' 1:05:44			
1	W Cockerell	(30)	15:54	2	R Ward	(19)	15:31	1	D Middleton	(21)	15:38	2	J Boxell	(26)	16:05
3	J Blackledge	(14)	15:22	4	T Watson	(13)	15:23	3	S Ellis	(28)	16:49	4	J Broom	(29)	17:12
14 Sale Harriers				'A' 1:02:14				30 Sale Harriers				'B' 1:05:46			
1	G Comish	(14)	15:23	2	G Raven	(17)	15:36	1	M Hatch	(66)	16:53	2	J Rogers	(42)	15:46
3	S Hughes	(10)	15:41	4	D Agustus	(14)	15:34	3	I Weatherall	(36)	16:26	4	G Kirk	(30)	16:41
15 Birchfield Harriers				'A' 1:02:46				31 Morpeth H & AC				'C' 1:05:54			
1	M Whitehouse	(9)	15:15	2	E Wander	(3)	14:50	1	R Kay	(35)	16:00	2	A Toward	(36)	16:18
3	A Swearman	(5)	15:48	4	R Burman	(15)	16:53	3	V Wilson	(32)	16:36	4	J Lisiewicz	(31)	17:00
16 Hallamshire Harriers Sheffield				'A' 1:03:11				32 Hallamshire Harriers Sheffield				'B' 1:05:59			
1	J Ward	(31)	15:56	2	D Teasdale	(31)	16:16	1	G Keight	(46)	16:22	2	M Bishop	(33)	15:52
3	A Dyson	(26)	15:56	4	O Williams	(16)	15:03	3	J Cox	(35)	16:48	4	S Marsden	(32)	16:57

33 Salford Harriers				'B' 1:06:02				50 Mansfield Harriers AC				'B' 1:08:25			
1	D Milliken	(38)	16:07	2	G Richards	(35)	16:09	1	D Quinlan	(77)	17:11	2	M Jenkins	(66)	17:04
3	J Jackson	(27)	15:53	4	S McMyler	(33)	17:53	3	P Stafford	(58)	17:19	4	B Suter	(50)	16:51
34 Bedford & County AC				'B' 1:06:06				51 Luton AC				1:08:35			
1	A Tanner	(24)	15:40	2	R Powell	(27)	16:11	1	A Stowe	(72)	17:05	2	S Still	(72)	17:44
3	J McMahon	(29)	16:47	4	T Burke	(34)	17:28	3	D Winfield	(49)	16:03	4	P Farmer	(51)	17:43
35 City Of Norwich AC				'B' 1:06:37				52 Severn AC				1:08:36			
1	S Baldwin	(42)	16:15	2	N Davison	(40)	16:17	1	J Lilley	(60)	16:43	2	S Hale	(58)	16:51
3	R Scotter	(41)	17:15	4	B Gibson	(35)	16:50	3	D Londer	(48)	17:15	4	S Kinsey	(52)	17:47
36 East Cheshire & Tameside AC				1:06:40				53 Nestle Rowntree Ac York				1:08:37			
1	S Heaton	(62)	16:48	2	C Birchall	(34)	15:27	1	M Raines	(84)	17:31	2	A Burt	(67)	16:50
3	D Vaughan	(37)	16:55	4	M Shaw	(36)	17:30	3	T Lawes	(70)	18:28	4	A Hilton	(53)	15:48
37 Blackburn Harriers				'A' 1:06:45				54 Kirk Hallam AC				'A' 1:08:40			
1	M Hammer	(59)	16:42	2	S Monk	(52)	16:31	1	S Robinson	(37)	16:04	2	Martin Slys	(53)	17:14
3	L Barton	(40)	16:32	4	R Barton	(37)	17:00	3	Matt Slys	(56)	18:12	4	G Bostock	(54)	17:10
38 Nene Valley Harriers				'A' 1:06:55				55 Notts AC				'C' 1:08:43			
1	J Pike	(40)	16:11	2	I Aunger	(46)	16:38	1	D Potter	(75)	17:07	2	M Blunden	(59)	16:48
3	C Clarke	(42)	17:09	4	S Beard	(38)	16:57	3	S Jennings	(53)	17:22	4	L Gisby	(55)	17:26
39 City Of Stoke				1:07:10				56 Aldershot Farnham & Dis AC				'C' 1:08:45			
1	M Jones	(32)	15:57	2	A Mawdsley	(47)	16:54	1	D Kennedy	(91)	17:51	2	R Wiseman	(62)	16:16
3	B Cole	(39)	16:47	4	P Hodgkinson	(39)	17:32	3	S Tanner	(47)	16:16	4	S Sheard	(56)	18:22
40 Trafford Athletic Club				'B' 1:07:14				57 Vale Royal				'A' 1:09:10			
1	M Hutchinson	(36)	16:00	2	M Murray	(30)	16:05	1	A Ellis	(52)	16:31	2	G Thompson	(69)	17:55
3	S Riley	(34)	16:55	4	C Ball	(40)	18:14	3	M Sweeting	(68)	18:12	4	G Williams	(57)	16:32
41 Chesterfield & Dist AC				1:07:17				58 Redhill Road Runners				'A' 1:09:12			
1	S Gascoyne	(51)	16:30	2	S Penney	(29)	15:32	1	A Wetherill	(41)	16:12	2	T Smith	(57)	17:20
3	S Shelton	(30)	16:37	4	A Williams	(41)	18:38	3	M McHale	(57)	17:59	4	L Stubbs	(58)	17:41
42 Bristol AC				'A' 1:07:20				59 Preston Harriers				'A' 1:09:34			
1	B King	(54)	16:33	2	A Sheppard	(54)	16:49	1	B Dewhurst	(82)	17:26	2	S Smith	(60)	16:31
3	T Kingsnorth	(43)	16:36	4	P Parry	(42)	17:22	3	K Hesketh	(60)	17:55	4	G Wilson	(59)	17:42
43 Leeds City AC				'B' 1:07:22				60 Newham & Essex Beagles				'B' 1:09:46			
1	K Ritchie	(44)	16:18	2	S Cotter	(48)	16:34	1	G Watson	(83)	17:29	2	N Adams	(74)	17:43
3	M Farran	(33)	16:06	4	P Steel	(43)	18:24	3	A Robinson	(61)	16:46	4	Undeclared	(60)	17:48
44 Sheffield Hallam University				1:07:39				61 North Fylde AC				'A' 1:09:57			
1	D Ragan	(58)	16:41	2	P Williams	(43)	16:05	1	G Johnston	(94)	18:10	2	N Hume	(84)	17:30
3	D Kibey	(44)	17:26	4	R O'Too, e	(44)	17:27	3	M Eadie	(66)	16:51	4	G Davies	(61)	17:26
45 Westbury Harriers				'A' 1:07:54				62 Lancaster & Morecambe AC				'A' 1:10:04			
1	R Gordon	(53)	16:32	2	S Watterson	(50)	16:30	1	L Bartholomew	(80)	17:22	2	A Leck	(63)	16:48
3	R Wallis	(46)	17:18	4	J Newsom	(45)	17:34	3	J Husband	(63)	18:02	4	P Worthinton	(62)	17:52
46 Matlock AC				1:08:08				63 Solihull & Small Heath AC				1:10:42			
1	D Yates	(45)	16:20	2	J Teece	(56)	17:09	1	M Nolan	(55)	16:35	2	Lidgate Taylor	(70)	17:53
3	R Atkin	(55)	17:57	4	K Webster	(46)	16:42	3	S Nicholls	(65)	18:00	4	S Howes	(63)	18:14
47 Hallamshire Harriers Sheffield				'C' 1:08:11				64 Derby AC				'B' 1:10:49			
1	S Dale	(69)	16:59	2	P Whitlam	(51)	16:11	1	B Dyson	(74)	17:07	2	D Ridout	(64)	17:06
3	C Taylor	(54)	18:12	4	A White	(47)	16:49	3	H Torry	(59)	17:36	4	A Harries	(64)	19:00
48 Kingston Upon Hull AC				'A' 1:08:13				65 Harborough AC				'A' 1:11:04			
1	C Smales	(49)	16:29	2	G Clarkson	(55)	16:58	1	P Swaine	(48)	16:28	2	M Green	(68)	17:56
3	M Turner	(52)	17:47	4	A Wileman	(48)	16:59	3	M Gore	(64)	17:53	4	A Wilkinson	(65)	18:47
49 Chester Le Street AC				'A' 1:08:15				66 East Hull Harriers				'A' 1:11:15			
1	C Lamb	(22)	15:39	2	G Thraves	(49)	17:21	1	J Rogers	(89)	17:48	2	I Grewar	(86)	17:55
3	S Wells	(50)	18:02	4	D Cheshire	(49)	17:13	3	G Avenell	(79)	18:23	4	C Hodgson	(66)	17:09

67 Doncaster & Stainforth AC				1:11:20	84 Derby AC				'C' 1:14:08
1 J Guvaya	(81) 17:25	2 C Ryde	(65) 16:49		1 R Parkin	(93) 18:04	2 M Smedley	(88) 18:08	
3 M Page	(69) 18:31	4 R Wright	(67) 18:35		3 G Fallon	(89) 18:53	4 S Perdesi	(84) 19:03	
68 Northbrook AC				'A' 1:11:35	85 Oadby & Wigston Legionaires AC				1:14:19
1 B Adams	(108) 18:58	2 N Holmes	(98) 17:59		1 R Faulkner	(8) 15:13	2 N Porter	(39) 17:14	
3 M O'Shea	(80) 17:12	4 R Barry	(68) 17:26		3 D Doyle	(51) 18:41	4 T Daron	(85) 23:11	
69 City Of Sheffield AC				'B' 1:11:41	86 Lincoln Wellington AC				'B' 1:14:24
1 P Lennon	(76) 17:07	2 C Ireland	(83) 18:31		1 T Hayball	(117) 20:40	2 A Shepherd	(101) 16:38	
3 D Nuttal	(72) 17:38	4 N Kent	(69) 18:25		3 G Wright	(91) 18:19	4 H ElGarti	(86) 18:47	
70 Wesham Road Runners				'A' 1:11:42	87 Birchfield Harriers				'B' 1:14:36
1 C Pass	(71) 17:04	2 D Waywell	(79) 18:28		1 P Jackson	(106) 18:43	2 S Couldwell	(97) 18:11	
3 B Norman	(71) 17:24	4 P Dunkerley	(70) 18:46		3 R Fittall	(90) 18:27	4 O Ticasell	(88) 19:15	
71 Mansfield Harriers AC				'C' 1:11:43	88 Kirk Hallam AC				'B' 1:15:31
1 J Farquharson	(90) 17:49	2 D O'Keefe	(76) 17:32		1 G Slys	(98) 18:26	2 A Marriott	(104) 19:03	
3 S Davies	(73) 18:01	4 R Smith	(71) 18:21		3 R Piggott	(96) 19:28	4 D Barker	(89) 18:34	
72 Holme Pierrpoint				1:11:51	89 East Hull Harriers				'B' 1:15:33
1 S Gregory	(56) 16:37	2 G Moffatt	(61) 17:26		1 G Wilkinson	(92) 17:58	2 E Rex	(93) 18:35	
3 M Moore	(62) 18:08	4 M Robinson	(72) 19:40		3 T Ware	(92) 19:50	4 G Jensen	(90) 19:10	
73 Grantham AC				'A' 1:12:00	90 Ripley Running Club				'B' 1:15:35
1 B Ablitt	(78) 17:18	2 A Madge	(77) 18:07		1 B Swindell	(103) 18:31	2 D Bishop	(103) 18:55	
3 A Short	(74) 17:59	4 P Davidson	(73) 18:36		3 G Brown	(93) 19:01	4 M Walker	(91) 19:08	
74 Nene Valley Harriers				'B' 1:12:15	91 Harborough AC				'B' 1:16:26
1 D Houlton	(73) 17:06	2 S Medhurst	(78) 18:23		1 B Devlin	(109) 19:05	2 R Toone	(105) 18:32	
3 J Nash	(75) 18:01	4 R Ferris	(74) 18:45		3 T Harrison	(97) 19:40	4 P Tomlinson	(92) 19:09	
75 Royal Sutton Coldfield AC				'A' 1:12:26	92 Charnwood AC				'A' 1:17:16
1 S Ralph	(64) 16:50	2 P Parker	(71) 17:45		1 R Brown	(70) 17:01	2 P Wharton	(94) 19:35	
3 P Kenney	(76) 18:59	4 G Kerr	(75) 18:52		3 N Scoggins	(94) 19:52	4 J Carruthers	(93) 20:48	
76 Harrogate Harriers				1:12:35	93 Barnsley Athletic Club				'B' 1:18:11
1 A Brook	(97) 18:23	2 P Stockburn	(87) 17:43		1 S Foster	(113) 19:42	2 A Urwin	(109) 19:21	
3 D Askew	(82) 18:15	4 I Rowbotham	(76) 18:14		3 A Waters	(99) 19:25	4 P Cunliffe	(94) 19:43	
77 Sutton In Ashfield Harriers AC				'A' 1:13:08	94 Sutton In Ashfield Harriers AC				'B' 1:18:55
1 I Cockayne	(107) 18:57	2 N Luke	(95) 17:44		1 T Foreman	(110) 19:07	2 D Pickering	(106) 19:24	
3 P Whittingham	(86) 18:16	4 S Bird	(77) 18:11		3 C Jones	(101) 20:28	4 P Wilbraham	(95) 19:56	
78 Kettering Town Harriers				'A' 1:13:19	95 Newark AC				1:18:57
1 S Giles	(96) 18:19	2 A Dyson	(82) 17:16		1 P Downie	(87) 17:38	2 P Hardern	(102) 19:42	
3 M Winstone	(83) 19:04	4 T Toseland	(78) 18:40		3 R Orgill	(98) 20:10	4 G Bagguley	(96) 21:27	
79 Lancaster & Morecambe AC				'B' 1:13:39	96 Redhill Road Runners				'B' 1:19:52
1 M Gardner	(99) 18:27	2 F McTominay	(96) 18:22		1 N McGuinness	(115) 20:15	2 D Giles	(111) 19:41	
3 S Perry	(87) 18:10	4 B Gardner	(79) 18:40		3 B Olpin	(103) 20:00	4 C Greyson	(97) 19:56	
80 Barrow				'A' 1:13:40	97 Lincoln & District Runners				'A' 1:22:04
1 I Paramore	(88) 17:43	2 R Smith	(85) 17:57		1 M Anderson	(104) 18:33	2 J Davies	(108) 20:16	
3 G North	(84) 19:06	4 M Lawrence	(80) 18:54		3 M Lancaster	(102) 20:32	4 R Parker	(98) 22:43	
81 Burton AC				1:13:53	98 Kettering Town Harriers				'B' 1:22:15
1 P Mathie	(68) 16:58	2 G Murfin	(81) 18:36		1 G Daniels	(112) 19:19	2 P Young	(112) 21:04	
3 C Fletcher	(85) 19:16	4 P Smith	(81) 19:03		3 B Elliott	(105) 21:28	4 B Wake	(99) 20:24	
82 Ripley Running Club				'A' 1:13:56	99 Ripley Running Club				'C' 1:23:30
1 M Wareham	(105) 18:34	2 R Phillips	(100) 18:32		1 P Manning	(119) 21:22	2 P Shaw	(115) 20:51	
3 M Dell	(88) 17:58	4 M Tomlinson	(82) 18:52		3 K Tietz	(106) 19:52	4 N Shaw	(100) 21:25	
83 Westbury Harriers				'B' 1:14:05	100 Wesham Road Runners				'B' 1:24:18
1 M Atkins	(95) 18:12	2 M Lavis	(80) 17:21		1 G Moore	(116) 20:22	2 M Midgley	(114) 20:08	
3 R Hooper	(81) 18:47	4 T Jefferies	(83) 19:45		3 B Porter	(104) 20:59	4 D Buckley	(101) 22:49	

101 Barrow			‘B’ 1:25:43			Altrincham & Dis AC			‘A’ 32:35		
1	A Barker	(121)21:49	2	A Spenser	(116)21:52	1	D Norman	(15) 15:26	2	A Ford	(41) 17:09
3	P Osbourne	(110)22:55	4	J Rees	(102)19:07						
102 HarboroughAC			‘C’ 1:26:23			Windsor Slough & Eton AC			‘A’ 32:48		
1	S Edge	(111)19:12	2	A Fordham	(113)21:15	1	S Overall	(26) 15:42	2	S Stone	(45) 17:06
3	P Leach	(107)22:38	4	D Reid	(103)23:18						
103 GranthamAC			‘B’ 1:26:38			Bedford & County AC			‘C’ 36:15		
1	G Churchill	(122)21:54	2	J Page	(118)22:53	1	D Battersby	(61) 16:46	2	R Morley	(89) 19:29
3	D Eldridge	(108)20:34	4	J Ellerby	(104)21:17	Salford Harriers			‘C’ 36:21		
						1	P Budd	(100)18:28	2	M Higginbottom	(91) 17:53
Disqualified -						City Of Sheffield AC			‘C’ 36:27		
Kingston Upon Hull AC			‘B’ 1:14:33			1	M Plint	(102)18:31	2	J Kallhauge	(92) 17:56
1	S Carmichael	(63) 16:49	2	DISQUALIFIED	(90) 19:30	Chester Le Street AC			‘B’ 39:32		
3	DISQUALIFIED	(78) 17:40	4	J Ireland	(87) 20:34	1	B Usher	(114)19:58	2	J Davidson	(110)19:34
Incomplete Teams:						Tipton Harriers			‘B’ 16:26		
Coventry Godiva Harriers			‘B’ 50:19			1	P Evans	(47) 16:26	‘C’ 16:55		
1	E Combstock	(57) 16:39	2	J White	(44) 16:08	Kingston Upon Hull AC					
3	N White	(45) 17:32				1	A Lyons	(67) 16:55			
Oldham & Royton Harriers			‘A’ 52:33			Sale Harriers			‘C’ 17:38		
1	A Martin	(65) 16:52	2	P Barrett	(75) 18:24	1	C Heys	(86) 17:38			
3	N Wigmore	(67) 17:17				Oldham & Royton Harriers			‘B’ 21:20		
Leeds City AC			‘C’ 53:47			1	D Atherton	(118)21:20			
1	P Townsend	(85) 17:33	2	S Mitchell	(73) 17:34	North Fylde AC			‘B’ 21:25		
3	P Kidd	(77) 18:40				1	D Wood	(120)21:25			
Nene Valley Harriers			‘C’ 56:48			Lincoln & District Runners			‘B’ 26:56		
1	D Priest	(101)18:30	2	J Smith	(99) 18:33	1	R LeeSmith	(124)26:56			
3	R Church	(95) 19:45				Fastest of all legs					
Blackburn Harriers			‘B’ 58:39			1	C Thonpson	Aldershot	A	14:18	
1	S Fitzpatrick	(79) 17:20	2	R Robb	(107)21:27	2	P Riley	Trafford	A	14:25	
3	T Wood	(100)19:52				3	M Skinner	Blackheath		14:39	
CharnwoodAC			‘B’ 1:05:21			4	D Anderson	Belgrave	A	14:42	
1	P Shreeves	(123)24:18	2	P Mensley	(117)19:51	5	G Reid	Trafford	A	14:44	
3	W Thomson	(109)21:12				6	S Barden	Belgrave	A	14:46	
Blackheath & Bromley			30:15			=	G Tromans	CoventryGH	A	14:46	
1	A Rayner	(20) 15:36	2	M Skinner	(5) 14:39	8	M Watson	Bingley	A	14:49	
Enfield & Haringey			32:24			9	E Wander	Birchfield	A	14:50	
1	N Gamester	(43) 16:16	2	S Mitchell	(37) 16:08	10	S Vernon	Stockport		14:53	