

AAA of England National 6 DStage Road Relays at Sutton Park, Birmingham on Saturday 25th October 2003

6 Stage Stage 1 - Final Results

Pos	Name	Club	Leg Time			
1	P Richardson	Charnwood	17:18	35	M Burrett	Leeds City 18:27
2	C Livesey	Preston Ha	17:21	36	N Edwards	Leamington 18:30
3	P Freary	Belgrave H	17:26	37	K Kyereme	Shaftesbur 18:32
4	A Bowden	Harrow AC	17:30	38	A Hilton	York Acorn 18:33
5	T Ranger	Morpeth H	17:31	39	M Jones	Stoke 18:33
6	M Whitehouse	Birchfield	17:32	40	R Burney	Liverpool 18:34
7	M. Draper	Windsor, S	17:35	41	A Kilding	Sheffield 18:35
8	D Norman	Altrincham	17:36	42	S Jones	Cardiff AA 18:35
9	R McLeod	Elswick Ha	17:37	43	B Whitworth	Norwich 18:35
10	A Morgan-Lee	Salford Ha	17:37	44	M Feighan	Exeter Har 18:39
11	M Watson	Bingley Ha	17:38	45	T Neill	Kingston U 18:43
12	G Lee	Nuneaton H	17:44	46	A Fulford	Swindon Ha 18:48
13	M Buckingham	Holmfirth	17:45	47	T Warrinder	Wolverhamp 18:51
14	I Boneham	Notts AC	17:45	48	L Reilly	Kent AC 19:01
15	E Jackson	Aldershot	17:46	49	I Salisbury	Trafford A 19:02
16	J Downes	London Iri	17:49	50	I Bowles	Bolton Uni 19:03
17	I Mitchell	Tipton Har	17:52	51	P Curran	Medway & M 19:03
18	N Mapp	Owls AC	17:54	52	S Heaton	East Chesh 19:04
19	M Lole	Coventry G	17:54	53	C Powner	Cannock & 19:05
20	A Hennessy	Wells City	17:58	54	A Walker	Woodford G 19:15
21	G Davenport	Bristol AC	17:59	55	M Clapp	Redhillroa 19:17
22	L Gunn	Derby AC	17:59	56	P Muller	Horwich Rm 19:18
23	W Smith	Keighley &	17:59	57	P Miller	Barrow & F 19:23
24	S Major	Newham & E	18:00	58	M Bristow	Brighton & 19:25
25	D Agustus	Sale Harri	18:01	59	J Worthington	Wigan Phoe 19:26
26	R Finch	Southampto	18:02	60	J Lilley	Severn AC 19:37
27	A Rayner	Blackheath	18:04	61	S Angus	(Border Har) 19:38
28	M Janes	Bedford &	18:05	62	A Wright	Tamworth A 19:44
29	M Palmer	Westbury H	18:06	63	M Clay	Halesowen 20:03
30	A Weir	Thames Har	18:15	64	E O'Neill	Sphinx AC 20:09
31	P Makepeace	Leicester	18:16	65	M McGeoch	Les Croupi 20:21
32	T Lowe	Cheltenham	18:18	66	D O'Keefe	Mansfield 20:41
33	M Flint	Telford AC	18:21	67	R Gray	Birmingham 20:42
34	J Heap	Hallamshir	18:24			

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>

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6 Stage Stage 4 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	M Miles	Belgrave H	17:09	1:09:14	0	40	A O'Gorman	Sheffield	19:13	1:16:36	+ 5
2	J Brown	Salford Ha	17:51	1:10:48	0	41	P Davies	Southampto	19:39	1:16:36	- 2
3	G VanHest	Bedford &	17:01	1:11:16	+ 10	42	R Cole	Liverpool	19:44	1:16:39	- 4
4	M Morris	Morpeth H	18:01	1:11:25	+ 1	43	G Melvin	(Border Har)	20:32	1:16:45	- 12
5	C Warburyton	Notts AC	18:14	1:11:31	- 2	44	T Ellis	Bolton Uni	19:27	1:16:46	- 1
6	S North	Sale Harri	18:05	1:11:48	+ 1	45	C Maud	Charnwood	19:32	1:16:47	- 3
7	A Swearman	Birchfield	18:15	1:11:56	- 1	46	C Birchall	East Chesh	18:19	1:16:57	+ 10
8	M Steinle	Blackheath	17:32	1:12:10	+ 9	47	A Brown	Woodford G	19:44	1:17:13	0
9	S Deakin	Leeds City	17:50	1:12:16	+ 5	48	C Winward	Barrow & F	17:53	1:17:15	+ 13
10	J Creane	London Iri	19:05	1:12:26	- 6	49	P Illott	Brighton &	19:29	1:17:44	+ 4
11	B Whitby	Windsor, S	18:27	1:12:32	+ 1	50	M Turner	Kingston U	20:13	1:17:52	- 2
12	S Ablitt	Aldershot	18:51	1:12:39	- 4	51	T Sugden	Nuneaton H	20:37	1:18:00	- 5
13	C Rimmer	Telford AC	18:54	1:12:45	- 4	52	B Matthews	Leamington	20:18	1:18:01	- 3
14	B Royden	Medway & M	17:46	1:12:55	+ 10	53	M Laithwaite	Wigan Phoe	19:49	1:18:25	+ 2
15	C O'Neill	Owls AC	18:55	1:12:59	- 4	54	A Neary	Horwich Rm	20:16	1:18:32	0
16	C Morris	Wells City	18:13	1:13:12	+ 5	55	M Greenwood	Tamworth A	19:55	1:18:34	+ 2
17	M Jennings	Cardiff AA	18:10	1:13:15	+ 5	56	P Goble	York Acorn	19:25	1:18:41	+ 4
18	R Jones	Westbury H	18:32	1:13:17	0	57	L Hubbard	Norwich	20:45	1:18:46	- 7
19	P Nicholls	Tipton Har	17:59	1:13:32	+ 8	58	N Cobb	Redhillroa	20:49	1:18:53	- 7
20	A Magnall	Shaftesbur	18:36	1:13:34	0	59	D Smith	Wolverhamp	19:48	1:19:34	+ 3
21	D Teasdale	Hallamshir	18:59	1:13:36	- 5	60	C Harvey	Severn AC	20:35	1:19:40	- 1
22	N Adams	Newham & E	19:07	1:13:39	- 7	61	D Quinlan	Mansfield	20:38	1:19:42	- 3
23	M McIntosh	Harrow AC	19:55	1:13:58	- 13	62	G Patton	Sphinx AC	21:13	1:21:45	+ 1
24	J McKeown	Coventry G	19:32	1:14:45	+ 1	63	B Johnston	Les Croupi	21:33	1:22:32	+ 1
25	J Cordingley	Bingley Ha	18:39	1:14:50	+ 5	64	D Turvey	Halesowen	20:15	1:23:44	+ 1
26	M Dickinson	Bristol AC	19:32	1:14:53	0	65	M Easter	Birmingham	20:21	1:24:07	+ 1
27	B Dewhurst	Preston Ha	20:16	1:15:06	- 8	Fastest runners over stage 4:					
28	J Bell	Elswick Ha	20:05	1:15:10	- 5	1	G VanHest	Bedford &	17:01		
29	M Dewhirst	Holmfirth	19:39	1:15:18	- 1	2	M Miles	Belgrave H	17:09		
30	J Scragg	Swindon Ha	19:07	1:15:44	+ 6	3	M Steinle	Blackheath	17:32		
31	A Kennis	Thames Har	19:34	1:15:57	+ 3	4	B Royden	Medway & M	17:46		
32	J Mays	Kent AC	17:48	1:15:59	+ 20	5	J Mays	Kent AC	17:48		
33	R Weir	Derby AC	18:54	1:16:02	+ 7	6	S Deakin	Leeds City	17:50		
34	M Hutchinson	Trafford A	18:57	1:16:06	+ 7	7	J Brown	Salford Ha	17:51		
35	A Jones	Keighley &	19:32	1:16:16	+ 2	8	C Winward	Barrow & F	17:53		
36	M Warley	Cheltenham	20:02	1:16:19	- 4	9	P Nicholls	Tipton Har	17:59		
37	P Hodgkinson	Stoke	20:21	1:16:20	- 8	10	M Morris	Morpeth H	18:01		
38	J O'Keefe	Exeter Har	20:11	1:16:29	- 5						
39	R Mason	Leicester	19:57	1:16:32	- 4						

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6 Stage — Team Results — Final (nn) is team position after the appropriate stage.

1 Belgrave Harriers			1:45:22			14 Telford AC			1:51:05		
1	P Freary	(3) 17:26	2	D Anderson	(1) 17:14	1	M Flint	(33) 18:21	2	C Davies	(2) 16:25
3	S Barden	(1) 17:25	4	M Miles	(1) 17:09	3	D Lewis	(9) 19:05	4	C Rimmer	(13) 18:54
5	M Dent	(1) 18:28	6	S Sharp	(1) 17:40	5	D Mansbridge	(16) 19:34	6	T. Bailey	(14) 18:46
2 Salford Harriers			1:46:21			15 Tipton Harriers			1:51:13		
1	A Morgan-Lee	(10) 17:37	2	N Wilkinson	(3) 17:24	1	I Mitchell	(17) 17:52	2	S Cotton	(20) 18:34
3	W Burns	(2) 17:56	4	J Brown	(2) 17:51	3	P Moore	(27) 19:07	4	P Nicholls	(19) 17:59
5	A Jones	(2) 17:34	6	T Abyu	(2) 17:59	5	A Keene	(20) 19:13	6	M Williams	(15) 18:28
3 Bedford & County AC			1:47:21			16 Hallamshire H Sheffield			1:51:27		
1	M Janes	(28) 18:05	2	H Lobb	(8) 17:41	1	J Heap	(34) 18:24	2	O Williams	(32) 18:41
3	N Miller	(13) 18:29	4	G VanHest	(3) 17:01	3	J Ward	(16) 17:32	4	D Teasdale	(21) 18:59
5	D Deed	(3) 18:08	6	S Body	(3) 17:57	5	M Bishop	(19) 19:01	6	A Dyson	(16) 18:50
4 Morpeth H & AC			1:47:25			17 Westbury Harriers			1:51:34		
1	T Ranger	(5) 17:31	2	D Samuels	(13) 18:21	1	M Palmer	(29) 18:06	2	M Shore	(16) 18:02
3	N McCormick	(5) 17:32	4	M Morris	(4) 18:01	3	MO'Doherty	(18) 18:37	4	R Jones	(18) 18:32
5	T Wall	(6) 18:32	6	M Hudspith	(4) 17:28	5	R Gordon	(21) 19:48	6	S Everington	(17) 18:29
5 Birchfield Harriers			1:47:36			18 Shaftesbury Barnet Harriers			1:51:42		
1	M Whitehouse	(6) 17:32	2	M Bouldstridge	(18) 18:47	1	K Kyereme	(37) 18:32	2	M Hula	(26) 18:15
3	R Birchall	(6) 17:22	4	A Swearman	(7) 18:15	3	E Malloch	(20) 18:11	4	A Magnall	(20) 18:36
5	E Wander	(4) 17:31	6	P Hinch	(5) 18:09	5	J Trapnore	(13) 18:06	6	E Mayers	(18) 20:02
6 Sale Harriers			1:48:10			19 Newham & Essex Beagles			1:52:04		
1	D Agustus	(25) 18:01	2	S Bailey	(14) 17:55	1	S Major	(24) 18:00	2	M Warmby	(9) 17:47
3	P Green	(7) 17:47	4	S North	(6) 18:05	3	B Hellmers	(15) 18:45	4	N Adams	(22) 19:07
5	G Raven	(5) 18:06	6	G Comish	(6) 18:16	5	A Barber	(18) 18:51	6	A Ali	(19) 19:34
7 Windsor, Slough Eton & Hounslow			1:48:21			20 Harrow AC			1:52:17		
1	M. Draper	(7) 17:35	2	S Overall	(5) 17:57	1	A Bowden	(4) 17:30	2	D Branfoot	(17) 18:48
3	P Wicks	(12) 18:33	4	B Whitby	(11) 18:27	3	A Baddeley	(10) 17:45	4	M McIntosh	(23) 19:55
5	C Bannon	(9) 18:23	6	S Haughian	(7) 17:26	5	M Bryant	(22) 19:32	6	D Leggate	(20) 18:47
8 Aldershot Farnham & District			1:48:27			21 Medway & Maidstone AC			1:52:29		
1	E Jackson	(15) 17:46	2	J Ellis	(11) 18:05	1	P Curran	(51) 19:03	2	M Coleman	(22) 17:33
3	E Robinson	(8) 17:57	4	S Ablitt	(12) 18:51	3	A Thomas	(24) 18:33	4	B Royden	(14) 17:46
5	N Anderson	(8) 17:59	6	R Vint	(8) 17:49	5	T Alexander	(23) 20:53	6	G Williams	(21) 18:41
9 London Irish AC			1:49:33			22 Wells City Harriers			1:52:45		
1	J Downes	(16) 17:49	2	P Byrne	(10) 18:00	1	A Hennessy	(20) 17:58	2	F Tickner	(28) 18:55
3	J Brooks	(4) 17:32	4	J Creane	(10) 19:05	3	B Tickner	(21) 18:06	4	C Morris	(16) 18:13
5	R Maddams	(14) 19:23	6	D Wardle	(9) 17:44	5	E Richards	(17) 19:13	6	R Parfitt	(22) 20:20
10 Notts AC			1:49:36			23 Bingley Harriers & AC			1:52:56		
1	I Boneham	(14) 17:45	2	N Talbot	(4) 17:28	1	M Watson	(11) 17:38	2	P Tedd	(19) 18:48
3	J Hayden	(3) 18:04	4	C Warburton	(5) 18:14	3	A Johnson	(30) 19:45	4	J Cordingley	(25) 18:39
5	M Wakefield	(7) 19:03	6	K Hope	(10) 19:02	5	MacDonald	(24) 19:08	6	J Convery	(23) 18:58
11 Leeds City AC			1:50:01			24 Kent AC			1:53:13		
1	M Burrett	(35) 18:27	2	G Hull	(25) 18:19	1	L Reilly	(48) 19:01	2	P Lazo	(59) 20:30
3	M Hilton	(14) 17:40	4	S Deakin	(9) 17:50	3	A Dunwoody	(52) 18:40	4	J Mays	(32) 17:48
5	D Bilton	(11) 19:20	6	M Roscoe	(11) 18:25	5	N Pollock	(27) 18:33	6	K Ouou	(24) 18:41
12 Cardiff AAC			1:50:09			25 Preston Harriers			1:53:15		
1	S Jones	(42) 18:35	2	R Kinsey	(34) 18:32	1	C Livesey	(2) 17:21	2	E Simpson	(15) 18:36
3	A Jones	(22) 17:58	4	M Jennings	(17) 18:10	3	M Livingstone	(19) 18:53	4	B Dewhurst	(27) 20:16
5	N Lane	(12) 18:23	6	J Thie	(12) 18:31	5	S Hallas	(26) 19:14	6	S Smith	(25) 18:55
13 Owls AC			1:50:34			26 Blackheath & Bromley HAC			1:53:18		
1	N Mapp	(18) 17:54	2	R Faulkner	(7) 17:44	1	A Rayner	(27) 18:04	2	B Foster	(37) 19:13
3	R Bromley	(11) 18:26	4	C O'Neill	(15) 18:55	3	M Skinner	(17) 17:21	4	M Steinle	(8) 17:32
5	V Schmitt	(15) 19:02	6	P Miles	(13) 18:33	5	J Atkinson	(10) 19:20	6	K Daniel	(26) 21:48

27 Thames Hare & Hounds			1:53:33	41 City Of Sheffield AC			1:56:48
1 A Weir	(30) 18:15	2 L Matthews	(48) 19:51	1 A Kilding	(41) 18:35	2 J Cordwell	(31) 18:28
3 N Altmann	(34) 18:17	4 A Kennis	(31) 19:34	3 I Hough	(45) 20:20	4 A O'Gorman	(40) 19:13
5 D Symons	(35) 19:59	6 P Sly	(27) 17:37	5 J Kallhauge	(46) 21:05	6 S Millward	(41) 19:07
28 Trafford AC			1:53:54	42 City Of Norwich AC			1:57:11
1 I Salisbury	(49) 19:02	2 M Sawrey	(42) 18:45	1 B Whitworth	(43) 18:35	2 W Lincoln	(54) 19:59
3 C Doyle	(41) 19:22	4 M Hutchinson	(34) 18:57	3 N Hodge	(50) 19:27	4 L Hubbard	(57) 20:45
5 C Leigh	(28) 18:39	6 M Murray	(28) 19:09	5 C Jones	(51) 19:22	6 C Hobson	(42) 19:03
29 Coventry Godiva Harriers			1:54:03	43 East Cheshire H Tameside AC			1:57:16
1 M Lole	(19) 17:54	2 J White	(33) 19:12	1 S Heaton	(52) 19:04	2 G Matthews	(50) 19:23
3 G Deacon	(25) 18:07	4 J McKeown	(24) 19:32	3 E Shaw	(56) 20:11	4 C Birchall	(46) 18:19
5 I Jones	(25) 19:34	6 M Taylor	(29) 19:44	5 A Schofield	(43) 20:19	6 D Vaughan	(43) 20:00
30 Woodford Green & Essex Ladies			1:54:32	44 Keighley & Craven AC			1:57:43
1 A Walker	(54) 19:15	2 T Snow	(47) 18:44	1 W Smith	(23) 17:59	2 C Loftus	(38) 19:27
3 C Reynolds	(47) 19:30	4 A Brown	(47) 19:44	3 L Helliwell	(37) 19:18	4 A Jones	(35) 19:32
5 K Murphy	(33) 18:34	6 M Shone	(30) 18:45	5 L Spencer	(41) 20:34	6 L Broadley	(44) 20:53
31 Holmfirth Harriers AC			1:54:36	45 Leicester Coritanians			1:57:47
1 M Buckingham	(13) 17:45	2 S Pickering	(27) 19:07	1 P Makepeace	(31) 18:16	2 M Geele	(24) 18:21
3 M Pierson	(28) 18:47	4 M Dewhirst	(29) 19:39	3 M Axton	(35) 19:58	4 R Mason	(39) 19:57
5 P Yates	(29) 19:31	6 J Heywood	(31) 19:47	5 J Masterson	(45) 20:54	6 C Austin	(45) 20:21
32 Charnwood AC			1:55:04	46 City Of Stoke AC			1:57:59
1 P Richardson	(1) 17:18	2 S Mears	(29) 19:37	1 M Jones	(39) 18:33	2 R Whalley	(6) 17:00
3 D Guess	(42) 20:20	4 C Maud	(45) 19:32	3 A Prophet	(29) 20:26	4 P Hodgkinson	(37) 20:21
5 R Brown	(38) 19:45	6 T Hartley	(32) 18:32	5 J Prince	(44) 20:58	6 A Thiemicke	(46) 20:41
33 Swindon Harriers			1:55:15	47 Kingston Upon Hull AC			1:58:12
1 A Fulford	(46) 18:48	2 R Karn	(43) 19:04	1 T Neill	(45) 18:43	2 C Scrowston	(53) 19:50
3 A Hawkins	(36) 18:45	4 J Scragg	(30) 19:07	3 C Smale	(48) 19:06	4 M Turner	(50) 20:13
5 S Paddock	(32) 19:57	6 M Harris	(33) 19:34	5 J Frost	(49) 20:08	6 A Wileman	(48) 20:12
34 Liverpool Harriers & AC			1:55:58	48 Wigan Phoenix			1:59:11
1 R Burney	(40) 18:34	2 J Horman	(41) 19:12	1 J Worthington	(59) 19:26	2 M O'Neill	(56) 19:25
3 P Walsh	(38) 19:09	4 R Cole	(42) 19:44	3 R Howarth	(55) 19:45	4 M Laithwaite	(53) 19:49
5 R Shearer	(36) 19:17	6 A Clarke	(34) 20:02	5 M Manir	(55) 20:20	6 P Derbyshire	(49) 20:26
35 Derby AC			1:56:11	49 Wolverhampton & Bilston			1:59:19
1 L Gunn	(22) 17:59	2 A Pilcher	(44) 19:54	1 T Warrinder	(47) 18:51	2 I Grindley	(60) 20:58
3 T Lawrence	(40) 19:15	4 R Weir	(33) 18:54	3 D Foley	(62) 19:57	4 D Smith	(59) 19:48
5 P Bains	(37) 20:24	6 R Wilson	(35) 19:45	5 N Share	(54) 19:07	6 C Edem	(50) 20:38
36 Bolton United Harriers & AC			1:56:12	50 Bristol AC			1:59:22
1 I Bowles	(50) 19:03	2 C Iddon	(45) 18:51	1 G Davenport	(21) 17:59	2 N Leighton	(23) 18:37
3 H Hammond	(43) 19:25	4 T Ellis	(44) 19:27	3 D Awde	(26) 18:45	4 M Dickinson	(26) 19:32
5 I Selby	(40) 20:02	6 D Shaw	(36) 19:24	5 P Parry	(31) 20:43	6 S Reynolds	(51) 23:46
37 Southampton Running Club			1:56:22	51 Brighton & Hove City AC			1:59:38
1 R Finch	(26) 18:02	2 J Maskell	(36) 19:14	1 M Bristow	(58) 19:25	2 R Shannon	(51) 19:03
3 M Toomey	(39) 19:41	4 P Davies	(41) 19:39	3 D Boyce	(53) 19:47	4 P Illott	(49) 19:29
5 I Robertson	(34) 19:19	6 M West	(37) 20:27	5 J Painter	(52) 20:35	6 S Dabson	(52) 21:19
38 Barrow & Furness Striders AC			1:56:28	52 York Acorn			1:59:50
1 P Miller	(57) 19:23	2 D Shaw	(63) 21:09	1 A Hilton	(38) 18:33	2 A Burt	(52) 19:59
3 R Parrington	(61) 18:50	4 C Winward	(48) 17:53	3 M Raynes	(60) 20:44	4 P Goble	(56) 19:25
5 C Brogan	(42) 19:58	6 R Atkinson	(38) 19:15	5 A Normandale	(57) 20:35	6 R Duncan	(53) 20:34
39 Exeter Harriers			1:56:37	53 Nuneaton Harriers			2:00:25
1 M Feighan	(44) 18:39	2 B Rigler	(40) 18:58	1 G Lee	(12) 17:44	2 D Boughey	(35) 19:26
3 M Cowan	(33) 18:41	4 J O'Keefe	(38) 20:11	3 C Talbot	(46) 20:13	4 T Sugden	(51) 20:37
5 M Barrett	(39) 20:05	6 T Jones	(39) 20:03	5 G Sears	(56) 20:48	6 N Wilson	(54) 21:37
40 Elswick Harriers			1:56:45	54 Redhill Road Runners			2:00:27
1 R McLeod	(9) 17:37	2 S Horn	(12) 18:15	1 M Clapp	(55) 19:17	2 A Wetheerill	(49) 19:01
3 I Ellis	(23) 19:13	4 J Bell	(28) 20:05	3 T Smith	(51) 19:46	4 N Cobb	(58) 20:49
5 M McLeod	(30) 20:07	6 M Ketley	(40) 21:28	5 L Stubbs	(58) 20:28	6 M McHale	(55) 21:06

55 Leamington C & AC 2:01:12
 1 N Edwards (36) 18:30 2 C Edwards (46) 19:28
 3 J Muddeman (49) 19:45 4 B Matthews (52) 20:18
 5 S Kinson (50) 20:06 6 R Hancock (56) 23:05

56 Horwich Rmi Harriers 2:02:08
 1 P Muller (56) 19:18 2 A Selby (55) 19:28
 3 C Rigby (54) 19:30 4 A Neary (54) 20:16
 5 B Bolland (60) 23:07 6 P Dewhurst (57) 20:29

57 Cheltenham & County Harriers 2:03:18
 1 T Lowe (32) 18:18 2 J Wilkie (30) 18:44
 3 C Hughes (32) 19:15 4 M Warley (36) 20:02
 5 D Jordan (47) 21:26 6 B Cox (58) 25:33

58 Sphinx AC 2:03:37
 1 E O'Neill (64) 20:09 2 S Boon (61) 19:55
 3 A Bagley (63) 20:28 4 G Patton (62) 21:13
 5 L Timms (61) 21:03 6 C Stokes (59) 20:49

59 Severn AC 2:05:33
 1 J Lilley (60) 19:37 2 S Hale (58) 19:51
 3 D Lander (59) 19:37 4 C Harvey (60) 20:35
 5 A Brown (59) 21:19 6 R Cytla (60) 24:34

60 Halesowen A & Cc 2:06:44
 1 M Clay (63) 20:03 2 N Hazelwood (65) 21:22
 3 R Bradley (65) 22:04 4 D Turvey (64) 20:15
 5 A Turvey (63) 20:51 6 S Millington (61) 22:09

61 Birmingham Rowheath AC 2:06:52
 1 R Gray (67) 20:42 2 H Fowler (66) 21:24
 3 P Hurcombe (66) 21:40 4 M Easter (65) 20:21
 5 N Price (64) 21:54 6 E McGrath (62) 20:51

62 Les Croupiers 2:09:09
 1 M McGeoch (65) 20:21 2 N Dukes (64) 20:45
 3 P Cook (64) 19:53 4 B Johnston (63) 21:33
 5 D Coles (62) 21:36 6 J Crofts (63) 25:01

Disqualified -

Border Harriers 1:58:09
 1 S Angus (61) 19:38 2 J Scott (62) 20:42
 3 DISQUALIFIED (31) 15:53 4 G Melvin (43) 20:32
 5 C Borthwick (48) 21:15 6 J Douglas (47) 20:09

Incomplete Teams:

Tamworth AC 1:38:31
 1 A Wright (62) 19:44 2 P Moores (39) 17:49
 3 T Orton (57) 21:06 4 M Greenwood (55) 19:55
 5 P Tasker (53) 19:57

Mansfield Harriers 1:55:14
 1 D O'Keefe (66) 20:41 2 L Garrett (57) 18:27
 3 M Jenkins (58) 19:56 4 D Quinlan (61) 20:38
 5 K Wilson (65) 35:32

Cannock & Stafford 57:21
 1 C Powner (53) 19:05 2 T Humphries (21) 17:30
 3 B Taylor (44) 20:46

Altrincham & District AC 17:36
 1 D Norman (8) 17:36

Fastest of all legs — Final

1 G Thompson	DISQUALIFIED	15:53
2 C Davies	Telford AC	16:25
3 R Whalley	Stoke	17:00
4 G VanHest	Bedford &	17:01
5 M Miles	Belgrave H	17:09
6 D Anderson	Belgrave H	17:14
7 P Richardson	Charnwood	17:18
8 M Skinner	Blackheath	17:21
= C Livesey	Preston Ha	17:21
10 R Birchall	Birchfield	17:22