

The NoEAA Womens Road Relay Championship at Birchwood Park, Warrington on Saturday 27th September 2003



Northern 4 Stage Stage 1 - Final Results



Pos	Name	Club	Leg	Time			
1	B Jenkins	Salford H	A	10:59			
2	Helen Lawrence	Wirral AC	A	11:00			
3	Jayne Spark	Altrincham		11:22			
4	Penny Thackray	Wakefield	D A	11:44			
5	Ruth Brown	Chester	LS& A	11:47			
6	Sarah Willmot	Blackburn	H	11:51			
7	Jane Raffell	Wigan	P A	12:02			
8	B Taylor	Darlington		12:07			
9	Alison Dixon	Chester	LS& B	12:10			
10	S Marshall	Wakefield	D B	12:15			
11	R Robinson	Kendal	AAC	12:16			
12	S Singleton	Liverpool	H A	12:16			
13	Kerrie Wood	Stockport	H A	12:18			
14	C Murphy	Liverpool	H B	12:19			
15	C Robbins	Blackpool	& A	12:22			
16	Louie Crawford	North	FAC A	12:23			
17	E Stevens	Derby	LAC A	12:25			
18	E Canwell	Leeds	CAC A	12:26			
19	Nicola Bird	Ellesmere	P	12:28			
20	Emma Deakin	Preston	H&A A	12:29			
21	Vicky Russell	Elswick	H	12:34			
22	P Atkinson	Macclesfie	A	12:38			
23	Sharon Taylor	Bingley	H&A A	12:41			
24	P McCrea	Gateshead	H	12:41			
25	Debra Curley	Wigan	P B	12:45			
26	Wabilah Salihi	Spectrum	S A	12:46			
27	Anette Bell	Lincoln	WAC	12:47			
28	Stella Boam	ECH&TAC		12:51			
29	K Farquhar	Holmfirth	H A	12:58			
30	V Marot	Leeds	CAC B	12:59			
31	Lizzi Ranger	Morpeth	H&A B	13:02			
32	Donna Allen	Bury	AC	13:05			
33	Rachel Crowe	Lytham	SARC	13:06			
34	Nicola Hills	Macclesfie	B	13:07			
35	Sue Cariss	Bingley	H&A B	13:08			
36	Danielle Watts	Morpeth	H&A A	13:09			
37	Claire Fowler	Loftus	AC	13:10			
38	Vicky Barrett	North	FAC B	13:12			
39	Zoe Strong	St	HSAC	13:18			
40	Chris Carrier	Salford	H B	13:26			
41	Joanne Dawes	Sale	HM A	13:32			
42	Julie Harrison	Manx	H	13:34			
43	K Roberts	Helsby	A	13:34			
44	Nicky Archer	Vale	RAC	13:42			
45	A Bligh	Blackpool	& B	13:53			
46	Pamela Thurtle	Penny	LS	13:54			
47	Barbara Murray	Macclesfie	C	13:55			
48	Susan Sharp	Barrow	&FSA	13:58			
49	H Whitelam	Hallam	shir	14:03			
50	Alison Pye	Sale	HM B	14:12			
51	B Hoyland	Holmfirth	H B	14:13			
52	Helen Walch	Stockport	H B	14:13			
53	Unsworth	Chorley	H	14:32			
54	Jennie Ormerod	Hull	AAC A	14:37			
55	Brigid Walsh	Longwood	HA	14:49			
56	Linda Owen	Spectrum	S B	14:49			
57	Anne Rosbottom	Wirral	AC B	14:52			
58	K Culshaw	Wigan	P C	14:57			
59	Christine Hart	Wigan	P D	15:14			
60	Karen Dunford	North	FAC C	15:22			
61	Linda Gabriel	Trafford	AC	15:33			
62	B Jefferson	Barrow	&FSB	16:38			
63	Coral Parton	North	FAC D	16:40			

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Northern 4 Stage Stage 2 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	C McIlroy	Wirral AC A	12:18	23:18	+ 1	35	Julie Brooks	BlackburnH	15:28	27:19	- 29		
2	Maria Lowe	Salford H A	12:34	23:33	- 1	36	Jane Champion	ValeRAC	13:39	27:21	+ 8		
3	Gemma Phillips	KendalAAC	11:33	23:49	+ 8	37	Sharon Caile	Macclesfie C	13:50	27:45	+ 10		
4	Lucy Wright	LeedsCAC A	11:29	23:55	+ 14	38	Lyn McEvoy	ManxH	14:16	27:50	+ 4		
5	Sarah Beevers	WakefieldD A	12:14	23:58	- 1	39	Vana Griffiths	Helsby A	14:19	27:53	+ 4		
6	Kathryn Waugh	ChesterLS& A	12:20	24:07	- 1	40	A Titterington	NorthFAC B	14:46	27:58	- 2		
7	Rachel Nathan	LincolnWAC	11:21	24:08	+ 20	41	Joanne Hoyland	Barrow&FSA	14:01	27:59	+ 7		
8	Emma Ford	LiverpoolH A	12:04	24:20	+ 4	42	Janet Redpath	SpectrumS A	15:16	28:02	- 16		
9	Lynne Clough	WiganP A	12:19	24:21	- 2	43	Nicola Lee	PennyLS	14:18	28:12	+ 3		
10	Lisa Palmer	DerbyLAC A	12:03	24:28	+ 7	44	T LewisJones	EllesmereP	15:48	28:16	- 25		
11	Alison Raw	Darlington	12:26	24:33	- 3	45	Vicki Robinson	StockportH B	14:25	28:38	+ 7		
12	Vicki Perry	Altrincham	13:18	24:40	- 9	46	Heather Wells	LythamSARC	15:59	29:05	- 13		
13	Meryl Dodd	BingleyH&A A	12:14	24:55	+ 10	47	Angela Shaw	HolmfirthH B	14:53	29:06	+ 4		
14	Karen Watkin	Blackpool& A	12:37	24:59	+ 1	48	Diana Fulstow	HullAAC A	14:31	29:08	+ 6		
15	H Singleton	WakefieldD B	12:44	24:59	- 5	49	Sarah Bennett	ChorleyH	14:36	29:08	+ 4		
16	Catherine Hare	Loftus AC	11:55	25:05	+ 21	50	Carole Hesketh	WiganP C	14:43	29:40	+ 8		
17	Jill Rothwell	LiverpoolH B	12:47	25:06	- 3	51	Helen Allison	Wirral AC B	14:50	29:42	+ 6		
18	Suzanne Morton	ElswickH	12:37	25:11	+ 3	52	J Dix-Baker	SpectrumS B	15:26	30:15	+ 4		
19	Alison Hartopp	Macclesfie A	12:35	25:13	+ 3	53	Karen Mitchell	LongwoodHA	15:48	30:37	+ 2		
20	Jackie Newton	StockportH A	12:59	25:17	- 7	54	Leah Brock	TraffordAC	15:12	30:45	+ 7		
21	C Betmead	NorthFAC A	12:59	25:22	- 5	55	R Calderbank	NorthFAC C	15:46	31:08	+ 5		
22	Rachael Moore	WiganP B	12:48	25:33	+ 3	56	Janice Delaney	NorthFAC D	16:58	33:38	+ 7		
23	Lorna Carson	ECH&TAC	12:43	25:34	+ 5	57	Susan Thompson	Barrow&FSB	17:34	34:12	+ 5		
24	E Spencer	HolmfirthH A	12:37	25:35	+ 5	Fastest runners over stage 2:							
25	Donna Riding	SaleHM A	12:07	25:39	+ 16	1	Rachel Nathan	LincolnWAC	11:21				
26	Carley Wilson	MorpethH&A A	12:48	25:57	+ 10	2	Lucy Wright	LeedsCAC A	11:29				
27	H Stratford	ChesterLS& B	14:11	26:21	- 18	3	Gemma Phillips	KendalAAC	11:33				
28	Rachel Woodnut	LeedsCAC B	13:45	26:44	+ 2	4	Catherine Hare	Loftus AC	11:55				
29	Sally Youden	GatesheadH	14:07	26:48	- 5	5	Lisa Palmer	DerbyLAC A	12:03				
30	Elizabeth Wild	Macclesfie B	13:44	26:51	+ 4	6	Emma Ford	LiverpoolH A	12:04				
31	Rebecca Adams	MorpethH&A B	13:53	26:55	0	7	Donna Riding	SaleHM A	12:07				
32	Stacey Fahy	BuryAC	14:07	27:12	0	8	Meryl Dodd	BingleyH&A A	12:14				
33	Barbara Dix	PrestonH&A A	14:46	27:15	- 13	9	Sarah Beevers	WakefieldD A	12:14				
34	Louise Casey	StHSAC	13:59	27:17	+ 5	10	C McIlroy	Wirral AC A	12:18				

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Northern 4 Stage Stage 3 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Morag McDonald	ChesterLS& A	11:25	35:32	+ 5	35	Jackie Taylor	BlackburnH	14:17	41:36	0
2	Jenny Clague	LiverpoolH A	11:20	35:40	+ 6	36	Amanda Calvert	Macclesfie C	13:59	41:44	+ 1
3	Gill Keddie	LeedsCAC A	12:00	35:55	+ 1	37	Shirly Roberts	BuryAC	14:56	42:08	- 5
4	Amanda Hewitt	Wirral AC A	13:33	36:51	- 3	38	C Fitzsimons	StHSAC	14:54	42:11	- 4
5	Jill Burke	DerbyLAC A	12:24	36:52	+ 5	39	A McDonald	EllesmereP	13:55	42:11	+ 5
6	C Entwistle	WiganP A	12:33	36:54	+ 3	40	Julie Cruse	NorthFAC B	14:18	42:16	0
7	A Tomkinson	WakefieldD A	12:57	36:55	- 2	41	Rachel Arnold	Helsby A	14:29	42:22	- 2
8	A Parkinson	SaleHM A	11:21	37:00	+ 17	42	S Thomas	StockportH B	14:21	42:59	+ 3
9	Joanne Alpin	Salford H A	13:34	37:07	- 7	43	Jane Morley	HullAAC A	14:33	43:41	+ 5
10	Jo Short	Darlington	12:51	37:24	+ 1	44	C Carson	PennyLS	15:48	44:00	- 1
11	Sarah Coates	LincolnWAC	13:21	37:29	- 4	45	Helen Pettit	HolmfirthH B	15:08	44:14	+ 2
12	Jenny Murray	StockportH A	12:19	37:36	+ 8	46	G Thompson	Barrow&FSA	16:28	44:27	- 5
13	Wendy McMillan	KendalAAC	13:52	37:41	- 10	47	Carole Scholes	ChorleyH	15:36	44:44	+ 2
14	Gail Ellershaw	Blackpool& A	12:43	37:42	0	48	Helen Lally	Wirral AC B	15:55	45:37	+ 3
15	Sheryl Reason	Altrincham	13:16	37:56	- 3	49	L Johnson	TraffordAC	15:11	45:56	+ 5
16	Allison Dargie	ElswickH	12:51	38:02	+ 2	50	Sue Ashton	NorthFAC C	14:48	45:56	+ 5
17	Ruth Whitehead	BingleyH&A A	13:09	38:04	- 4	51	Rosemary Reid	LythamSARC	17:09	46:14	- 5
18	Ann Carr	Macclesfie A	12:56	38:09	+ 1	52	Carole Green	SpectrumS B	16:26	46:41	0
19	E Calderbank	NorthFAC A	12:53	38:15	+ 2	53	Joyce Gent	WiganP C	17:31	47:11	- 3
20	C Bacon	WakefieldD B	13:17	38:16	- 5	54	S Pickersgill	LongwoodHA	16:53	47:30	- 1
21	L McDermott	LiverpoolH B	13:15	38:21	- 4	55	Helen Jolly	NorthFAC D	17:28	51:06	+ 1
22	Aiveen Fox	MorpethH&A A	12:35	38:32	+ 4	56	Maxine Baron	Barrow&FSB	18:49	53:01	+ 1
23	Yvonne Roll	Loftus AC	13:38	38:43	- 7	Fastest runners over stage 3:					
24	R Dunnington	ECH&TAC	13:24	38:58	- 1	1	Jenny Clague	LiverpoolH A	11:20		
25	L Robertson	HolmfirthH A	13:51	39:26	- 1	2	A Parkinson	SaleHM A	11:21		
26	Susan Waterson	WiganP B	14:21	39:54	- 4	3	Morag McDonald	ChesterLS& A	11:25		
27	Kay Sargison	GatesheadH	13:27	40:15	+ 2	4	Gill Keddie	LeedsCAC A	12:00		
28	Sarah Graham	MorpethH&A B	13:22	40:17	+ 3	5	Jenny Murray	StockportH A	12:19		
29	Cal Partington	ManxH	12:47	40:37	+ 9	6	Jill Burke	DerbyLAC A	12:24		
30	Anna Martin	LeedsCAC B	14:12	40:56	- 2	7	C Entwistle	WiganP A	12:33		
31	Seonaid Murray	Macclesfie B	14:12	41:03	- 1	8	Aiveen Fox	MorpethH&A A	12:35		
32	Jill Beswick	PrestonH&A A	13:53	41:08	+ 1	9	Gail Ellershaw	Blackpool& A	12:43		
33	Penny Thorn	ValeRAC	13:49	41:10	+ 3	10	Cal Partington	ManxH	12:47		
34	Caroline Jones	SpectrumS A	13:21	41:23	+ 8						

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Northern 4 Stage — Team Results — Final (nn) is team position after the appropriate stage.

1 Chester Le Street & Dist AC 'A' 46:51				16 Wirral AC 'A' 50:56			
1 Ruth Brown (5) 11:47	2 Kathryn Waugh (6) 12:20	1 Helen Lawrence (2) 11:00	2 C McIlroy (1) 12:18	3 Morag McDonald (1) 11:25	4 Diane (4) 13:33	4 Clare Hawkes (16) 14:05	
Henaghan (1) 11:19							
2 Liverpool Harriers & AC 'A' 47:53				17 Kendal Amateur Athletic Club 51:03			
1 S Singleton (12) 12:16	2 Emma Ford (8) 12:04	1 R Robinson (11) 12:16	2 Gemma Phillips (3) 11:33	3 Jenny Clague (2) 11:20	4 E Egan (2) 12:13	3 Wendy McMillan (13) 13:52	4 C Handforth (17) 13:22
3 Leeds City Athletic Club 'A' 48:06				18 Lincoln Wellington AC 51:12			
1 E Canwell (18) 12:26	2 Lucy Wright (4) 11:29	1 Anette Bell (27) 12:47	2 Rachel Nathan (7) 11:21	3 Gill Keddie (3) 12:00	4 Celia DeMaria (3) 12:11	3 Sarah Coates (11) 13:21	4 Kathy Warhurst (18) 13:43
4 Sale Harriers Manchester 'A' 48:20				19 Wakefield District H & AC 'B' 51:15			
1 Joanne Dawes (41) 13:32	2 Donna Riding (25) 12:07	1 S Marshall (10) 12:15	2 H Singleton (15) 12:44	3 A Parkinson (8) 11:21	4 K Gillibrand (4) 11:20	3 C Bacon (20) 13:17	4 Eileen Mannion (19) 12:59
5 Wigan Phoenix 'A' 48:57				20 North Fylde AC 'A' 51:22			
1 Jane Raffell (7) 12:02	2 Lynne Clough (9) 12:19	1 Louie Crawford (16) 12:23	2 C Betmead (21) 12:59	3 C Entwistle (6) 12:33	4 Gill Bacon (5) 12:03	3 E Calderbank (19) 12:53	4 Andrea Smith (20) 13:07
6 Wakefield District H & AC 'A' 49:15				21 E Cheshire H & Tameside AC 51:30			
1 Penny Thackray (4) 11:44	2 Sarah Beevers (5) 12:14	1 Stella Boam (28) 12:51	2 Lorna Carson (23) 12:43	3 A Tomkinson (7) 12:57	4 S Griffiths (6) 12:20	3 R Dunnington (24) 13:24	4 J Carson (21) 12:32
7 Darlington H & AC 49:22				22 Salford Harriers 'A' 51:50			
1 B Taylor (8) 12:07	2 Alison Raw (11) 12:26	1 B Jenkins (1) 10:59	2 Maria Lowe (2) 12:34	3 Jo Short (10) 12:51	4 S Rutherford (7) 11:58	3 Joanne Alpin (9) 13:34	4 A Saunders (22) 14:43
8 Derby Ladies Athletic Club 'A' 49:33				23 Liverpool Harriers & AC 'B' 52:04			
1 E Stevens (17) 12:25	2 Lisa Palmer (10) 12:03	1 C Murphy (14) 12:19	2 Jill Rothwell (17) 12:47	3 Jill Burke (5) 12:24	4 W Roethenbaugh (8) 12:41	3 L McDermott (21) 13:15	4 Alison Draper (23) 13:43
9 Altrincham & District AC 49:44				24 Loftus AC 52:35			
1 Jayne Spark (3) 11:22	2 Vicki Perry (12) 13:18	1 Claire Fowler (37) 13:10	2 Catherine Hare (16) 11:55	3 Sheryl Reason (15) 13:16	4 V Conneely (9) 11:48	3 Yvonne Roll (23) 13:38	4 J Hutchinson (24) 13:52
10 Bingley Harriers & AC 'A' 50:00				25 Holmfirth Harriers AC 'A' 53:12			
1 Sharon Taylor (23) 12:41	2 Meryl Dodd (13) 12:14	1 K Farquhar (29) 12:58	2 E Spencer (24) 12:37	3 Ruth Whitehead (17) 13:09	4 Lisa Mawer (10) 11:56	3 L Robertson (25) 13:51	4 Jean Shotton (25) 13:46
11 Elswick Harriers 50:14				26 Preston Harriers & AC 'A' 53:42			
1 Vicky Russell (21) 12:34	2 Suzanne Morton (18) 12:37	1 Emma Deakin (20) 12:29	2 Barbara Dix (33) 14:46	3 Allison Dargie (16) 12:51	4 Judith Nutt (11) 12:12	3 Jill Beswick (32) 13:53	4 Philippa Walsh (26) 12:34
12 Blackpool & Fylde AC 'A' 50:17				27 Wigan Phoenix 'B' 53:43			
1 C Robbins (15) 12:22	2 Karen Watkin (14) 12:37	1 Debra Curley (25) 12:45	2 Rachael Moore (22) 12:48	3 Gail Ellershaw (14) 12:43	4 G Titterington (12) 12:35	3 Susan Waterson (26) 14:21	4 Yvonne Wyke (27) 13:49
13 Stockport Harriers & AC 'A' 50:25				28 Morpeth Harriers & AC 'B' 53:52			
1 Kerrie Wood (13) 12:18	2 Jackie Newton (20) 12:59	1 Lizzi Ranger (31) 13:02	2 Rebecca Adams (31) 13:53	3 Jenny Murray (12) 12:19	4 Michela Stepto (13) 12:49	3 Sarah Graham (28) 13:22	4 Nicola Duggan (28) 13:35
14 Macclesfield Harriers & AC 'A' 50:45				29 Manx Harriers 54:01			
1 P Atkinson (22) 12:38	2 Alison Hartopp (19) 12:35	1 Julie Harrison (42) 13:34	2 Lyn McEvoy (38) 14:16	3 Ann Carr (18) 12:56	4 Rachel Pleeth (14) 12:36	3 Cal Partington (29) 12:47	4 Diane Lawrence (29) 13:24
15 Morpeth Harriers & AC 'A' 50:50				30 Gateshead Harriers & AC 54:02			
1 Danielle Watts (36) 13:09	2 Carley Wilson (26) 12:48	1 P McCrea (24) 12:41	2 Sally Youden (29) 14:07	3 Aiveen Fox (22) 12:35	4 Sian Ellison (15) 12:18	3 Kay Sargison (27) 13:27	4 Helen Patton (30) 13:47

31 Spectrum Striders		‘A’ 54:27		48 North Fylde AC		‘C’ 1:01:35	
1 Wabilah Salihi (26)	12:46	2 Janet Redpath (42)	15:16	1 Karen Dunford (60)	15:22	2 R Calderbank (55)	15:46
3 Caroline Jones (34)	13:21	4 Claire Davies (31)	13:04	3 Sue Ashton (50)	14:48	4 Liz Routledge (48)	15:39
32 Vale Royal AC		54:35		49 Wigan Phoenix		‘C’ 1:03:20	
1 Nicky Archer (44)	13:42	2 Jane Champion (36)	13:39	1 K Culshaw (58)	14:57	2 Carole Hesketh (50)	14:43
3 Penny Thorn (33)	13:49	4 Helen Fowles (32)	13:25	3 Joyce Gent (53)	17:31	4 D Stanford (49)	16:09
33 Macclesfield Harriers & AC		‘B’ 54:42		50 Spectrum Striders		‘B’ 1:03:26	
1 Nicola Hills (34)	13:07	2 Elizabeth Wild (30)	13:44	1 Linda Owen (56)	14:49	2 J Dix-Baker (52)	15:26
3 Seonaid Murray (31)	14:12	4 Sally Pattison (33)	13:39	3 Carole Green (52)	16:26	4 Sue Southern (50)	16:45
34 Macclesfield Harriers & AC		‘C’ 55:43		51 Longwood Harriers AC		1:05:59	
1 Barbara Murray (47)	13:55	2 Sharon Caile (37)	13:50	1 Brigid Walsh (55)	14:49	2 Karen Mitchell (53)	15:48
3 Amanda Calvert (36)	13:59	4 Cheryl Kershaw (34)	13:59	3 S Pickersgill (54)	16:53	4 Linda Norgate (51)	18:29
35 Leeds City Athletic Club		‘B’ 56:35		52 Lytham St Annes Rr Club		1:06:22	
1 VMarot (30)	12:59	2 Rachel Woodnut (28)	13:45	1 Rachel Crowe (33)	13:06	2 Heather Wells (46)	15:59
3 Anna Martin (30)	14:12	4 J Harrison (35)	15:39	3 Rosemary Reid (51)	17:09	4 Dawn Lock (52)	20:08
36 Bury AC		56:46		53 North Fylde AC		‘D’ 1:06:46	
1 Donna Allen (32)	13:05	2 Stacey Fahy (32)	14:07	1 Coral Parton (63)	16:40	2 Janice Delaney (56)	16:58
3 Shirly Roberts (37)	14:56	4 AnneM Rampley (36)	14:38	3 Helen Jolly (55)	17:28	4 Jackie Blight (53)	15:40
37 Stockport Harriers & AC		‘B’ 56:53		54 Barrow & Furness Striders A‘B’		1:10:50	
1 Helen Walch (52)	14:13	2 Vicki Robinson (45)	14:25	1 B Jefferson (62)	16:38	2 Susan Thompson (57)	
3 S Thomas (42)	14:21	4 J Hallinan (37)	13:54	17:34	3Maxine Baron (56)	18:49	4
38 Blackburn Harriers & AC		56:54		Gail Black (54)		17:49	
1 Sarah Willmot (6)	11:51	2 Julie Brooks (35)	15:28	Incomplete Teams:			
3 Jackie Taylor (35)	14:17	4 Rachel Holt (38)	15:18	Ellesmere Port		42:11	
39 Helsby (Bicc) Running Club		‘A’ 57:07		1 Nicola Bird (19)	12:28	2 T LewisJones (44)	15:48
1 K Roberts (43)	13:34	2 Vana Griffiths (39)	14:19	3 A McDonald (39)	13:55		
3 Rachel Arnold (41)	14:29	4 Lisa Griffiths (39)	14:45	Wirral AC		‘B’ 45:37	
40 North Fylde AC		‘B’ 57:30		1 Anne Rosbottom (57)	14:52	2 Helen Allison (51)	14:50
1 Vicky Barrett (38)	13:12	2 A Titterington (40)	14:46	3 Helen Lally (48)	15:55		
3 Julie Cruse (40)	14:18	4 J Hodgkinson (40)	15:14	Chester Le Street & Dist AC		‘B’ 26:21	
41 St Helens Sutton AC		57:45		1 Alison Dixon (9)	12:10	2 H Stratford (27)	14:11
1 Zoe Strong (39)	13:18	2 Louise Casey (34)	13:59	Bingley Harriers & AC		‘B’ 13:08	
3 C Fitzsimons (38)	14:54	4 C Dempsey (41)	15:34	1 Sue Cariss (35)	13:08		
42 Hull Achilles AC		‘A’ 57:51		Salford Harriers		‘B’ 13:26	
1 Jennie Ormerod (54)	14:37	2 Diana Fulstow (48)	14:31	1 Chris Carrier (40)	13:26		
3 Jane Morley (43)	14:33	4 Lisa Tomlinson (42)	14:10	Blackpool & Fylde AC		‘B’ 13:53	
43 Penny Lane Striders		58:35		1 A Bligh (45)	13:53		
1 Pamela Thurtle (46)	13:54	2 Nicola Lee (43)	14:18	Hallamshire Harriers Sheffield		14:03	
3 C Carson (44)	15:48	4 Susan Cain (43)	14:35	1 H Whitelam (49)	14:03		
44 Chorley Harriers		58:55		Sale Harriers Manchester		‘B’ 14:12	
1 Unsworth (53)	14:32	2 Sarah Bennett (49)	14:36	1 Alison Pye (50)	14:12		
3 Carole Scholes (47)	15:36	4 AnnaM Crabtree (44)	14:11	Wigan Phoenix		‘D’ 15:14	
45 Holmfirth Harriers AC		‘B’ 59:16		1 Christine Hart (59)	15:14		
1 B Hoyland (51)	14:13	2 Angela Shaw (47)	14:53	Fastest of all legs — Final			
3 Helen Pettit (45)	15:08	4 J Pierson (45)	15:02	1 B Jenkins	Salford H	A	10:59
46 Barrow & Furness Striders AC		1:00:07		2 Helen Lawrence	Wirral AC	A	11:00
1 Susan Sharp (48)	13:58	2 Joanne Hoyland (41)	14:01	3 Diane Henaghan	ChesterLS&	A	11:19
3 G Thompson (46)	16:28	4 Denise Wilson (46)	15:40	4 Jenny Clague	LiverpoolH	A	11:20
47 Trafford Athletic Club		1:00:55		= K Gillibrand	SaleHM	A	11:20
1 Linda Gabriel (61)	15:33	2 Leah Brock (54)	15:12	6 Rachel Nathan	LincolnWAC		11:21
3 L Johnson (49)	15:11	4 Susan Exon (47)	14:59	= A Parkinson	SaleHM	A	11:21
				8 Jayne Spark	Altrincham		11:22
				9 Morag McDonald	ChesterLS&	A	11:25
				10 Lucy Wright	LeedsCAC	A	11:29