

WIGAN PHOENIX
www.wiganphoenix.org.uk

THE HAIGH HALL 4 MILE ROAD RACES 2010

(UNDER UK ATHLETICS RULES PERMIT APPLIED FOR) www.realbuzzrunbritain.com

KINDLY SPONSORED BY SWEATSHOP AND WAIN HOMES

WEDNESDAY - 12th MAY /9TH JUNE/14th JULY /11th AUGUST AT 7.30PM

**REGISTRATION AT: WIGAN RUGBY UNION CLUB, WINGATES RD, OFF LEYLAND MILL Ln,
OFF WIGAN Ln, (A49) WN1 2SJ (SEE LOCATION MAP ON REVERSE) or from 7.15 AT THE LATE
ARRIVALS DESK AT THE START OFF HALL LANE**

COURSE ALL WITHIN THE PARK - MAP ON REVERSE

COURSE RECORDS: TOM BOARDMAN (U/A) 20.40; KATIE INGRAM (HORWICH RMI) 23.59

**PLEASE NOTE - DUE TO A CLASH WITH 'RACE FOR LIFE' THE JUNE RACE WILL BE A TRAIL
RACE STARTING AND FINISHING AT WRUFC**

RUNNERS OF ALL STANDARDS WELCOME

*****MORE PRIZES!*****

First 5 men

First men's team (4 to count)
1st /2nd male vet over 40/45/50/55/60/65
1st male junior (Under 18)

First 3 ladies

1st ladies' team (3 to count)
1st /2nd lady vet over 35/40/45/50/55/ 60
1st female junior (Under 18)

Series prizes for the 1st & 2nd man & lady plus 1st/2nd vet in each category

Free results on the night - Bar & refreshments - Changing and shower facilities.

ENTRY FEES (Minimum age 16)
£4 per race /£6 unattached (£1 extra on the night)
4 RACE SERIES - ONLY £12 /£16 U/A (£2 extra at first race)
All series entries get a free T-shirt
Cheques payable to Wigan Phoenix

Postal entries to: Paul Carroll
21 Pilgrims Way, Standish, Wigan
WN6 0AJ
Send 9 x 6 SAE or collect on night
01257 426166 (evening/week-end)
paul.carroll@wiganphoenix.org.uk

Haigh Hall 4 Mile Series/May/June/July/Aug (Please circle)

Name _____ M/F _____ D.O.B. _____ Age _____

Address _____

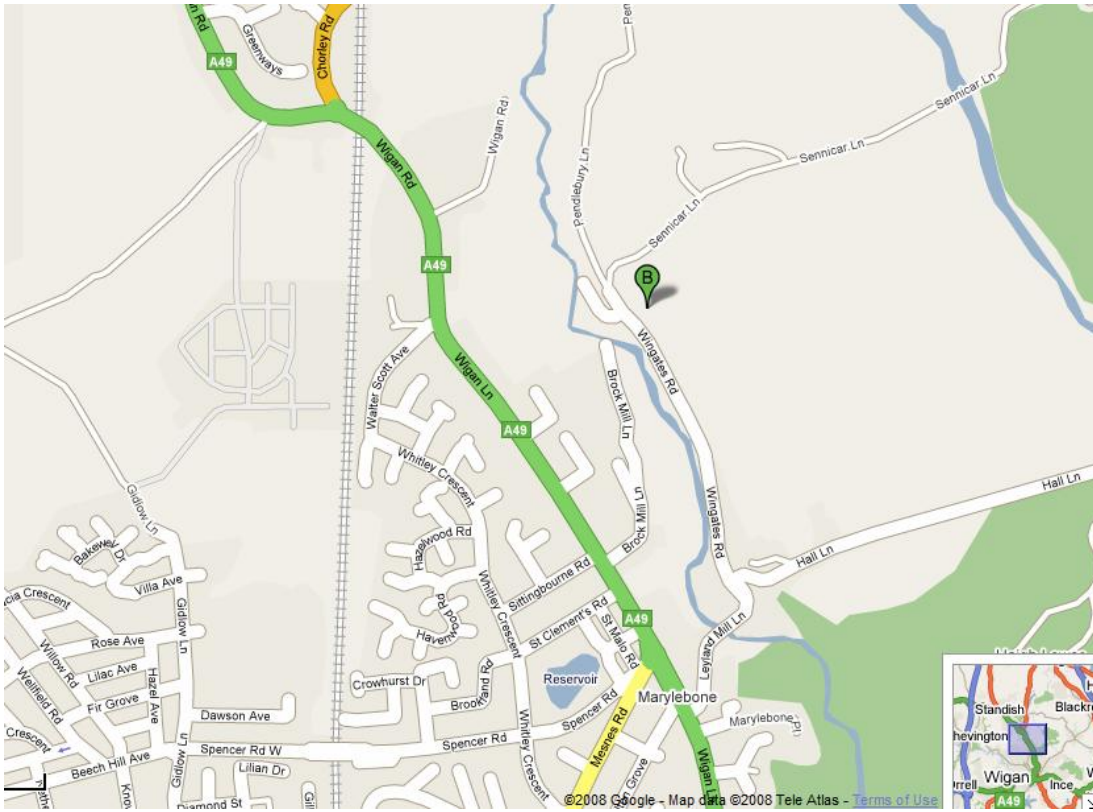
Postcode _____

UKA Club _____ UKA Reg No. _____

I am an amateur as defined by UKA laws and rules. I agree to participate entirely at my own risk. I declare that I am medically fit to run & agree to be bound by the UKA rules.

Signed _____

LOCATION MAP



COURSE MAP

HAIGH HALL 4

