



# Peter Lowe Memorial Hollins Green 5k

Part of the 5k Grand Prix

A Spectrum Striders RC event



## The 9<sup>th</sup> Peter Lowe Memorial Hollins Green 5km Road Race



**Saturday, 5<sup>th</sup> June 2010 at 4:30 pm**

Race venue: **The Black Swan at Hollins Green, between Warrington & Manchester**  
(just off the A57, 2.5 miles East from M6 Junction 21, grid ref 697912, WA3 6LA)

**Also incorporating Race 4 of the seven race Cheshire Grand Prix 2010**

On-day entries & parking at Hollins Green Community Hall, across the road from the pub.

Please share cars if possible as parking is limited.

Run under UKA rules –License 2010-0061 - Minimum age 13 years - accurately measured course on roads

Prizes to first 3 finishers, men's and women's teams & veteran categories in this race

*Also this is Race 2 in **Spectrum Striders and Altrincham & DACs 5-race Grand Prix (4 to count)***

Race 1 Dunham Massey Pk Fri 28<sup>th</sup> May, Race 2 Hollins Green Sat 5<sup>th</sup> June, Race 3 Bowdon Thu 10<sup>th</sup> June,  
Race 4 Dunham Massey Pk Thu 17<sup>th</sup> June, Race 5 Lymm 15:30 Sat 26<sup>th</sup> June, see website for a series entry form

Entry fees: £5 affiliated, £7 unaffiliated (£1 extra on the day)

**Cheques payable to Spectrum Striders Running Club & include a Stamped Addressed Envelope**

Send entries to: Hollins Green 5 Km, 7 Smithills Close, Locking Stumps, Warrington, WA3 7LT

**Telephone enquiries: 07527 571637 or 01925 818807 (or [julian@spectrumstriders.org.uk](mailto:julian@spectrumstriders.org.uk))**

Or visit Spectrum Striders' website at <http://www.spectrumstriders.org.uk>

Closing date for receipt of postal entries: 29<sup>th</sup> May 2010



### Peter Lowe Memorial Hollins Green 5k - Entry Form

Surname: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode: \_\_\_\_\_ Telephone no.: \_\_\_\_\_

UKA Affiliated Club (if any): \_\_\_\_\_ UKA Registration No: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Male or Female: \_\_\_\_\_

**Entry fee enclosed: £ \_\_\_\_\_ and a 9" x 6" Addressed Envelope with appropriate stamp.**

I declare that I am an amateur as defined by UKA rules. I am medically fit to take part and I accept that the organisers will not be responsible for any, loss, damage, illness or injury sustained as a result of taking part in the race.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Please remember your Stamped Addressed Envelope – or you will have to pick-up your number on the day**